

Community  College

# CAMPUS NEWS

Serving Hometown Colleges Upstate, in New York City, and on Long Island.

Volume 1, Issue 7

Wow! Free on Campus!

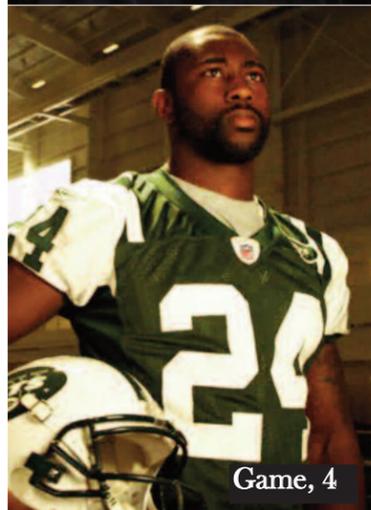
August 2010

|                     |          |
|---------------------|----------|
| <b>On Stage</b>     | <b>3</b> |
| <b>Summer Films</b> | <b>4</b> |
| <b>TV Previews</b>  | <b>4</b> |
| <b>New DVDs</b>     | <b>5</b> |
| <b>Cartoon</b>      | <b>6</b> |
| <b>Classifieds</b>  | <b>7</b> |
| <b>Adelphi</b>      | <b>8</b> |

Visit us at [cccnews.info](http://cccnews.info)



Bauer, 3



Game, 4



Bored, 4

Special Summer Run!

## Being a Freshman, 101

Christine Barton  
*Campus News*

Starting college offers the opportunity to begin the next chapter of your life with a clean slate. Having the opportunity to start fresh does not come along all that often. The decisions you make, the steps you take in your first year of college can set the stage for the rest of your college career. It doesn't matter what you were like in high school or who liked you or who didn't, college offers the opportunity to redo all of this. Of course with any new endeavor you have to take the good with the bad.

Students are faced with a multitude of decisions from the time they even begin their senior year in high school. The senior year holds many important decisions. Deciding if college is the best option, choosing the colleges to apply to and then patiently awaiting to see if you have been accepted can be exhausting. After that is over begins the next step; narrowing your choices, visiting colleges doing the work and then finally, graduation from high school and the anticipation of awaiting that new chapter in your life. All of this in addition to finishing high school while still focusing on grades, friends, family and possibly a summer job. By the time the first year of college even begins, most new freshman are well versed in decision making and multitasking, both are important tools for any college student.

The nice thing about college is that regardless of what your social or academic history was during high school you can reinvent yourself. Successful students will want to continue on the right path in college. Students who were not so academically versed can opt to buckle down and develop the habits that will help them to become



A new billboard at Suffolk CC in Selden.

the students they weren't in high school.

Kim Shannon a graduate from Paul Smith's College in New York recalls her first year at the college as both "exciting and difficult. ... Living away from home not having your parents tell you what to do is great, but it can also get you into trouble if you don't find the right balance between freedom and responsibility."

Every freshman should know that college is not easy. Freshman year is difficult on most people. The transition from high school to college is one that is weighted with emotion because it is such as major lifestyle change. Some freshmen

think that they will just slide into a new life at a new school without any bumps in the road. Some are able to do this, but not most. Most of the freshman population struggle during the first few weeks to get used to the academic demands, the environmental changes and the feelings of being overwhelmed. Knowing that it won't be easy is the first step towards getting through the roadblocks of freshman year.

### Preparation Begins in High School

MetLife, one of the leaders in insurance and financial services has taken an active interest in

continued on page 6

## 'Fagbug': Art Beats Hate

Laura Tucker  
*Campus News*

"Fagbug" came to me via different means. Instead of coming through PR, it came from my family via the filmmaker/subject herself. Some of my family and friends had been at Gay Pride in Chicago a few weeks back. My sister bought the movie from the filmmaker at Pride, then after watching it, was telling me how good it is and what a profound effect it had on her and the others who were watching it with her.

After "Fagbug" was passed along to my niece's friends, I finally got my hands on it. I'm now compiling a list of all the people I need to pass it off to as well. I think it touches everyone in a different way. Sadly, most of us know someone who has been victimized in

some way, if not having it happen to us directly. While you would think in 2010 we're long past the point of discrimination, sadly this documentary proves we're not.

Erin Davies came out to her car, a grey Volkswagen Beetle, one day and found someone had spray painted in red "Fag" on the driver's side window, and "u r gay" on the hood of the car. Since the insurance company had considered the car drivable, it took them five days to come out and see the car and take a report. In the process, Erin seemed to go through a whole range of emotions with the experience, and getting support from strangers, as well as family and friends. By the time the insurance company came out, they only attached \$350 on to the price of the claim, but Erin's deductible was \$500.

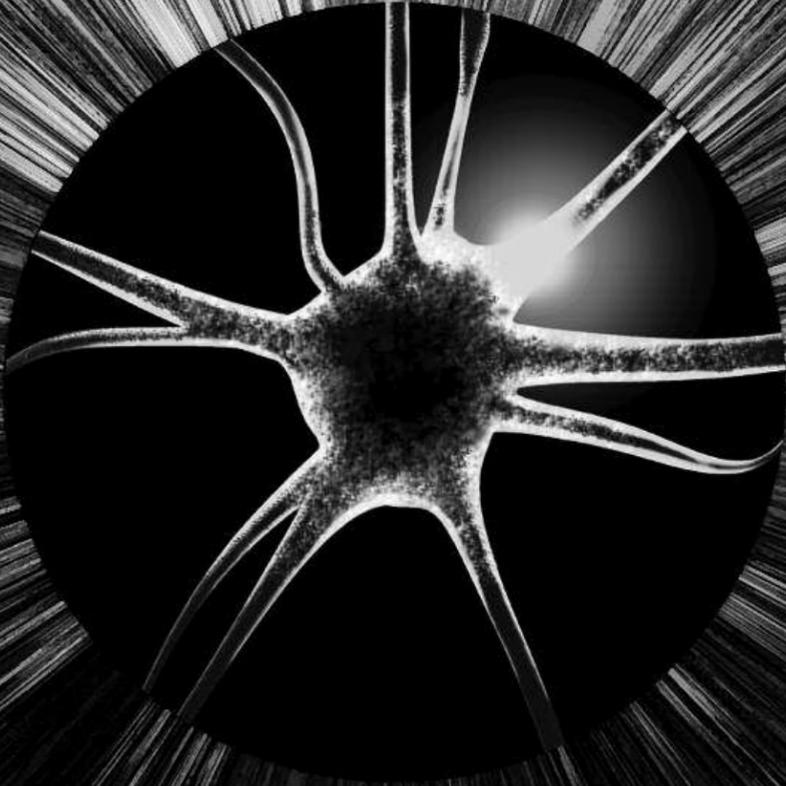
Buoyed by the support she was already feeling, Erin decided to take her car, which was now being called "Fagbug," out on the road and film the experience. I think what came out of it was learning by everyone involved, including Erin herself. The people who heard her story were touched by it, and learned some acceptance, and how they could possibly change their own perspective. Erin asked questions from everyone she met to get the conversation going. One of the questions was how different this might have turned out if it was a man driving the "Fagbug."

Although the police were hesitant to think of this as a hate crime, Erin was still connecting to it in that way. The police didn't want to see it like that because they think the car was vandalized because of a rainbow sticker, and that it wasn't

vandalized because of Erin's lifestyle, per se. Nevertheless, on her trip across the country, she stopped and saw the family and friends of some of the victims of hate crimes that ended in murder from the time directly before and after her car was vandalized. It was a very somber reality of what the victimization of a car could lead to.

As I said, everyone is touched by "Fagbug" in a different way. For me, it reminded me of a situation with my daughter that until now I never thought of as a hate crime of sorts. She has just "graduated" middle school, and last year, back in 7th grade, a couple girls were calling her gay and saying that she had put her hand down one of the girl's shirts. My daughter vehemently denied doing this. She asked what she should do to get the taunting to

continued on page 3



OPEN YOUR EYES TO A  
**DEGREE IN THE SCIENCES.**

The perfect place for transfer students. A science degree from University of the Sciences could be your next step to a rewarding career! We offer 25 different undergraduate programs in the natural sciences, health sciences, and the business of science, including physics, medical technology, environmental science, exercise science and wellness management, pharmaceutical marketing and management, and computer science. Our school is small enough that we can offer you the kind of personal attention to make your academic program planning easier. And we offer scholarships and financial aid. Visit [www.usp.edu/transfer](http://www.usp.edu/transfer) and see how a transfer to University of the Sciences could be the right move for you.

Apply for FREE online at [www.usp.edu/transfer](http://www.usp.edu/transfer)

An in-depth science education.  
Hands-on research.  
In-demand graduates.

**USP** UNIVERSITY OF THE  
SCIENCES IN  
PHILADELPHIA

# Catch Chris Bauer in Sag Harbor

**Amy Tangel**  
*Campus News*

Chris Bauer plays Sheriff Andy Bellefleur on HBO's hit show "True Blood," and this August he's hitting the stage in "Romance" at Bay Street Theatre in Sag Harbor.

David Mamet's "Romance" is a hilarious, witty comedy that requires you to leave your political correctness at home. "It is just the most outrageous, memorable, therapeutic hour and fifteen minutes," said Bauer.

"Romance" is a farce that takes place in a courtroom in which all characters throw any protocol that is required out the window. This all star cast includes "Curb Your Enthusiasm" star Richard Kind, "SNL's" Darrell Hammond, Tony award nominated Reg Rogers, Joey Slotnick, Matt McGrath, and Joe Pallister. Under the direction of award winning director Lisa Peterson, the cast of "Romance" has been tirelessly rehearsing Mamet's tightly written dialogue, and Bauer has been enjoying every minute.

"You can't ask for a more accomplished, devoted cast," Bauer shared as he commented on how much fun he's had rehearsing with cast members like Rogers who he has been close to for over fifteen years.

"Reg and I who are best friends have done a movie together, but we've never done a play together," he continued to say, "Richard Kind is so funny in this part, and Darrell Hammond who is one of the great comedians. ... This production is so lucky to have him playing this part."

Bauer also credits Hammond wanting to be a part of this production shows how great the play really is.

Bauer, who spends six months of the year in L.A. filming "True Blood," truly values his time when he's home here on Long Island. His family is his first priority. Love for the theater runs in his family. His wife Laura is an accomplished costume designer with a long list of

credits, and she is signed on to be costume designer for "A Life In The Theatre" by Mamet. The show will premiere on Broadway this October and will star Patrick Stewart and T.R. Knight.

To be able to play this role, be home with his family, work with his best friend, and ride his bike to work instead of flying cross country has left him feeling truly blessed.

"I never thought I would be on camera for two seconds before I turned 45; I thought I was going to do theater exclusively for the longest time," Bauer said as he shared that one day he would like to return to the theater full-time.

He began his acting career on the stage, and is thrilled to be returning to his roots this summer. He is a member of the Atlantic Theatre Company, which Mamet founded with actor William H. Macy, and for him to be a part of this production is a dream come true.

"Mamet is such a conscious author that ten minutes in, you know exactly what you're in store for," he commented.

Whether Bauer is working on the set of "True Blood," performing on stage, or making a film, there is one essential quality that he looks for in the people he works with.

"The creative people who commit to stuff that enhances your life are the people I admire and whom I want to work with."

Although Bauer plans on enjoying family time this fall that doesn't mean you won't be seeing him in the near future. He just finished filming a movie called "The Conspirator," in which he plays Major Smith. The plot is based on the trial of a woman named Mary Surratt played by Robin Wright who is charged as being a co-conspirator in Abraham Lincoln's assassination. The film was directed by Robert Redford and also stars "True Blood" co-star Evan Rachel Wood and James McAvoy. "In the hands of Robert Redford, it's very human," commented Bauer.

Bauer has been a regular on



-Tangel photo

"True Blood" since season one and will continue on the show in season four. When asked about what's to come in the upcoming episodes of season three, he could only say that we should expect to see a lot of drama.

"True Blood" works best like a graphic novel, like a comic-book.

You turn the page, and you just buy what's happening right there," he said when discussing how just when you think you know what's going to happen on the show, you're wrong.

"Romance" opens August 10th and runs through September 5th at Bay Street Theatre in Sag

Harbor.

"Literally it's one of the funniest plays I've ever seen in my life," declared Bauer.

You be the judge. For tickets call 631-725-9500, or visit [www.baystreet.org](http://www.baystreet.org). "True Blood" airs Sundays at 9 p.m. on HBO.

## 'Fagbug' (continued from cover)

stop, and I ignorantly told her to just ignore it, thinking the game these other girls were playing wouldn't keep playing out if they weren't getting a reaction of any sorts.

I was wrong. My daughter came home one day in tears telling me she was being suspended. This is a girl who has never gotten in trouble before. She also has a learning disability. She doesn't always understand every conversation that is going on around her. From her perspective, the three other girls, the same ones who had been taunting her, cornered her in the locker room and were calling her gay again. They were kicking her, and she fell down and hit her head on a locker. Coming back up, she slapped one of the girls to defend herself and get away. She was now suspended for three days, and the other girls for less time.

Without going on a total rant, I pursued this with the school district, why the others had received less punishment when they were the aggressors, and did get the suspension taken off my daughter's record. But the other girls were never reprimanded for the bullying. And regardless of any punishment, the damage had been done. Friends of these girls continued to taunt my daughter at school. By the time 8th grade started, I hoped it would all be forgotten, but my daughter broke down in tears a few times during the school year telling me people were constantly coming up to her and asking her if she was gay and if she was a lesbian. Again, there's a learning disability, so she asked me what a lesbian was. I had never taught her about differences



in people.

Yet that's where this all comes together for me. I didn't teach my daughter hatred or differences, but due to what happened to her at school, she now sees differences in people. She didn't see a difference in races and would call most other races "brown" people. I decided not to correct her, as it was like saying that person with the red hair. But now, she sees differences. The girls that attacked her are of a different race, and now my daughter fears all people of different races. She also doesn't want to be connected in any way with someone who is gay. She lives in fear that she'll be called that again. I understand. I was called ugly in 8th grade, and honestly, that label still haunts me.

Yet we're never going to change the middle school girls of this world until we change the adults. With this behavior being al-

lowed to continue, they'll grow to be the type of people who paint "fag" on someone's car. Their behavior is directly reflective of the schools that allow it and their parents who assumably do as well. It doesn't matter what I say or do to help my own kids, as there is hatred being taught to others. It will take brave individuals like Erin Davies to go on personal crusades trying to change people's opinions. Perhaps with that it will change adult lives, and that will someday be brought into the schools and to more homes. Maybe someday schools will see that calling people names is sometimes just as hurtful as a slap in the face.

"Fagbug" now is available on Netflix, Barnes and Noble, Amazon, and iTunes.

This article is reprinted with permission from [filmmonthly.com](http://filmmonthly.com).

## CAMPUS NEWS

is published monthly and distributed to 15 downstate New York college campuses.

**Publisher/Editor:** Darren Johnson.

**Web/Kindle:** Thomas Johnson.

**Writers:** Laura Tucker, Christine Barton and Amy Tangel.

**Photos:** Darren Johnson, unless otherwise noted or PR photos.

**Cartoons:** Bill Charbonneau.

**Subscriptions (\$35/year):**

CCC News, PO Box 2352,

Aquebogue, NY 11931

or [cccn@twinforks.com](mailto:cccn@twinforks.com)

**Web:** [www.cccnews.info](http://www.cccnews.info).

**National Advertising:** Media Mate.

[www.MyMediaMate.com](http://www.MyMediaMate.com)

**Regional Advertising:** Contact CCCN. Phone: 518-290-4270.

# Football in prime time marks summer's end

**Laura Tucker**  
Campus News

It sounds cliché, but where did the summer go? It seems like we say that every year, but this year it seems it's more true than ever before. The Back to School things are out in the stores, Fourth of July seems like a distant memory, and above all, it's football time again. During August, our Sunday afternoons are still free, but football is invading our Monday nights, as well as assorted others.

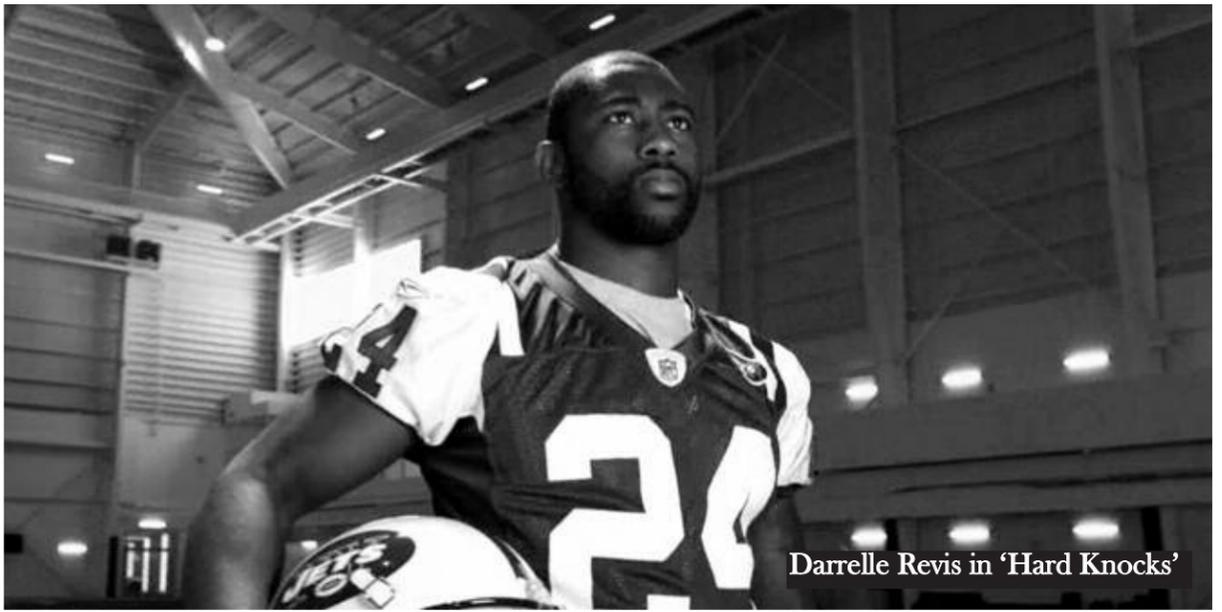
The big game of the month, of course, is "The Pro Football Hall of Fame Game" played in Canton, Ohio, site of the Pro Football Hall of Fame. It kicks off the entire season on August 8. In this premiere game on NBC, the Dallas Cowboys will be representing the NFC and the Cincinnati Bengals the AFC. Watch Tony Romo vs. Chad Ochocinco. The football greats being added to the Hall of Fame this year are Russ Grimm, Rickey Jackson, Dick LeBeau, Floyd Little, John Randle, Jerry Rice, and Emmitt Smith. Immediately preceding the event will be "Madden NFL 2010 Pigskin Pro-Am."

After this event kicks it all off, we'll have preseason pro football games throughout the rest of August, starting with "Monday Night Football" on ESPN August 12, where we'll see the Carolina Panthers take on the Baltimore Ravens. This is followed by another showing of "Monday Night Football," this time on August 16 as the New York Giants play the New York Jets, again on ESPN. Preseason football will also pop up on some Fridays and Saturdays. You can follow the preseason with HBO's "Hard Knocks: Training Camp With the New York Jets" as they follow the team that came in second place in the AFC last season.

August will also see the season finale of two of Fox's summer reality series, "Hell's Kitchen" and "So You Think You Can Dance." It's hard to imagine any of Chef Ramsay's candidates leading a kitchen, yet he'll be nonetheless choosing a winner on August 10. Nigel Lythgoe seemed like he was jumping the shark on this season of "So You Think You Can Dance," making so many format changes it put fear into fans that it wouldn't resemble the same show, yet any of the dancers still standing on the show will make a fine champion. The extreme changes worked and will hopefully be inserted into the 2011 season as well, with this season announcing its winner on August 12.

We'll see even more excitement when "Criss Angel: Mindfreak" makes its return to A&E on August 4. The illusionist will return with another season of mind-blowing stunts, including a jump over the Grand Canyon he'll perform on the season premiere. He'll be riding a higher performance hybrid motorcycle and will make the jump, and either reappear in a locked cage dangling from a hovering helicopter, or fall 4,200 feet to his death. Expect to see him in the cage.

The highly touted "Bachelor Pad" makes its debut on ABC August 9. It's the ultimate



Darrelle Revis in 'Hard Knocks'

in recycling as the rejects from "The Bachelor" and "The Bachelorette" come together to try and find the romance they didn't find the first time around. We'll see plenty of favorites, as well as plenty of villains. They forget they're looking for love here and seem to start playing "Survivor," looking for immunity and voting out one of their own. They could win a quarter of a million dollars in the end, or they could find love this time ... or both. Directly after this series will be the season two debut of "Dating In the Dark." Singles will choose their dates without consideration of looks as they meet and court each other completely in the dark.

It will be interesting to see what they can get away with on Comedy Central on August 15 when they air the special "The Comedy Central Roast of David Hasselhoff." These roasters always like to push the boundaries, and there's plenty to lampoon with the Hoff, from "Baywatch," to his music career, to his time on "America's Got Talent," to his alcoholism. Seth MacFarlane will be the Roast Master, and the Roasters will include Pamela Anderson, Whitney Cummings, Greg Giraldo, George Hamilton, Hulk Hogan, Lisa Lampanelli, Jeffrey Ross, and Jerry Springer.

What better way to wrap up this month than with the "Primetime Emmy Awards" airing on NBC August 29? Hosted this year by Jimmy Fallon, it's the 62nd showing of the awards and about a month earlier than they are usually aired. Maybe if Steve Carell wins an Emmy for his role on "The Office," it will convince him to stay on the show. I'm not sure if we'll see that, just as I'm not sure if we'll see Andre Braugher win for his role on "Men of Certain Age," but it would definitely be well-deserved. Also well-deserved are every single one of the fourteen nominations for "Modern Family." Hopefully the series will walk away with something to show for it.

## Roberts takes on ennui

**Laura Tucker**  
Campus News

At some point, I think we've all felt like Liz Gilbert, Julia Roberts' character in the new film "Eat Pray Love." She knows what she's supposed to be looking for out of life, a husband, house, kids, a career, and not necessarily in that order. Yet after a divorce, she becomes lost and confused and wonders if there's really something else out there she's looking for. That's what appeals to everyone with this film. At some point in our lives we all wonder what we're actually looking for.

Liz Gilbert looks for the answers to her questions by leaving her life behind and traveling around the world. She eats in Italy, prays in India, and reaches that point of inner peace and true love in Bali. Based on a Elizabeth Gilbert's bestselling memoir by the same name, "Eat Pray Love" finds its way to theaters on August 13, and is rated PG-13 for brief strong language, some sexual references, and male rear nudity. It seems like this film will have the same impact Roberts' last biographical film, "Erin Brockovich," had.

Roberts isn't the only outstanding actress leading a film this month. Drew Barrymore stars with her on-again off-again boyfriend, Justin Long, as a couple who have immediate chemistry with each other and start a summer fling, not expecting it to last, since they live on different sides of the country. Yet once it comes time for her to go back to San Fran-

cisco, they aren't as ready as they thought they'd be to end their relationship. They also have to battle through his friends and her family who don't want to see the two of them together. "Going the Distance" will premiere in theaters August 27, and is rated R for sexual content including dialogue, language throughout, some drug use, and brief nudity.

Let's not count the male stars out of this, though. It seems every man who has ever starred in an action movie at least has a cameo in this film. It stars Sylvester Stallone as the leader of a group of mercenaries who are hired to infiltrate a country in South America and overthrow the dictator, yet the mercenaries get caught in mess they never expected to and leave someone behind, meaning certain death. Not able to get past the failure of the mission, they return to rescue their friend they left behind and finish what they started. It also stars Jason Statham, Jet Li, Dolph Lundgren, Eric Roberts, Randy Couture, Steve Austin, Terry Crews, and Mickey Rourke, and has cameos by Arnold Schwarzenegger and Bruce Willis. "The Expendables" blows into theaters August 13 and is rated R for strong action and bloody violence throughout, and some language.

Of course if we're discussing those guys, we also have to discuss "The Other Guys." While it's an action movie just as "The Expendables" is, it's on the complete other side of the spectrum. Will Ferrell stars as a forensic accountant who prefers paperwork to ac-



Julia Roberts in 'Eat Pray Love'

tual detective work. He gets paired with a detective (Mark Wahlberg) who is demoted to investigating cases alongside Ferrell's character because of an embarrassing incident with his quick trigger finger. Eva Mendes, Michael Keaton, Samuel L. Jackson, Dwayne Johnson and Damon Wayans, Jr. also star. "The Other Guys" hits theaters on August 6 and is rated PG-13 for crude and sexual content, language, violence and some drug material.

There are also a few other movies this month that could be worth a look or two.

"Scott Pilgrim vs. the World" stars Michael Cera as a bass guitarist for a garage band who meets his dream girl, but has to battle her seven evil exes before he can court her. It debuts on August 13 and is rated PG-13 for stylized violence, sexual content, language, and drug references. "Vampires Suck" is an obvious parody of the "Twilight" movies, and stars Ken Jeong. It lands in theaters August 18 and is rated PG-13 for crude sexual content, comic violence, language, and teen partying.

# DVDs - 'Elvis on Tour'

Laura Tucker  
Campus News

To commemorate the anniversary of Elvis Presley's death over thirty years ago on August 16, two separate DVDs are being released, one a documentary, and the other a celebration of the seventy-five years since his birth in Tupelo, Mississippi. "Elvis on Tour" is a remastered video of his 1972 tour covering fifteen cities in fifteen nights. There are twenty-five songs played throughout the tour including rock, gospel and ballads.

But if you're a true fan of Elvis', you're going to want to buy "Elvis 75th Anniversary (Ultimate Collector's Edition)." This seventeen-disc set by Warner Home Video includes seventeen of Elvis' films, including "Jailhouse Rock," "Kissin' Cousins," "Viva Las Vegas," "Girl Happy," "The Trouble With Girls," and more. It even includes "Elvis on Tour" mentioned above. Alongside the films, there are also a commemorative concert photo book and ten reproduction memorabilia pieces, which include studio correspondence and signed Elvis Presley checks.

With the fame Miley Cyrus and her alter ego Hannah Montana have, they know a little of what Elvis must have gone through. She's trying to shed a little of that image and getting into more meatier acting roles, the first of which is starring in the film adaptation of Nicholas Sparks novel "The Last Song." She's a troubled teenaged piano prodigy who gets sent along with her little brother to spend the summer with her estranged dad. She strikes up a friendship, and later a romance,

with a local guy, and it ends up being support that she desperately needs with the trouble that lies ahead of her. Greg Kinnear stars as her dad. "The Last Song" is being released on DVD August 17.

Another teenage daughter exists in the family on the sitcom "The Middle," but instead of being troubled, she's just very socially awkward. The complete first season will be available on DVD on August 31. If you haven't caught this ABC series yet, you might want to take this opportunity to catch up with Sue Heck and the family. The series follows the middle-class family and stars Patricia Heaton and Neil Flynn.

It's an awkward teenage boy who works really hard to change his life around in "Kick-Ass." Geeky Dave Lizewski, who wonders why real people don't try to become superheroes, tries to do it himself, creating his own costume and training himself. He finds himself a cause and a bad guy to go after, and after one of his superhero acts is caught on a youtube video, he attracts the attention of others, including a dad and his young daughter who act as vigilantes and end up saving Dave when he gets in over his head. Aaron Johnson, Nicolas Cage, and Christopher Mintz-Plasse star in "Kick-Ass," hitting the DVD shelves on August 3.

Steve Carell and Tina Fey play a married couple in "Date Night," and they're also looking for a little excitement. They steal the dinner reservation at a swanky restaurant, only to be pursued by hitmen looking to take out the real Triplehorn. This DVD will be in stores on August 10.

## Subscribe!



\$35/year - snail mail; \$36/Kindle.

Contact [ccn@twinforks.com](mailto:ccn@twinforks.com)  
or mail: CCCN, POB 2352,  
Aquebogue, NY 11931.

## Poetry Corner: 'To the Janitor Whistling "Somewhere Over the Rainbow" as He Buffers the Floor'

Steven T. Licardi  
West Islip, NY

Your aging face is

Reflected in the freshly polished slates,

Diluted by their faded colors,

Glinting, like anxious eyes.

As the purr of the antiquated buffer

Echoes, the metal gashed,

Chinked as an abandoned quarry is

Stripped of its bounty,

You whistle.

Your crooning notes combat the monotony,

Floundering beneath the revolving pad

As it drones.

Yet the perfection wrought

In bringing an intoxicating luster

To fruition upon the sickening linoleum

Is for naught. For those things

Which have found their place beneath the feet of others

Are bound to tarnish

With time.

# Start Your Future At... *It's Not Too Late To Apply!* **Five Towns College**

**New & Transfer Students Welcome**

## Enrollment Week

**August 16 to August 26 10 am - 4 pm**

**Classes Start  
August 26!**

**• Bring your Transcripts with you! • No Appointment Necessary! • Meet with Admissions & Financial Aid Representatives! • Application Fees Waived on these Days! • Scholarships & Financial Aid are Still Available!**



**• AUDIO RECORDING TECHNOLOGY • BROADCASTING • BUSINESS • ELEMENTARY TEACHER EDUCATION • FILM/VIDEO • JOURNALISM  
• MASS COMMUNICATION • MUSIC TEACHER EDUCATION • MUSIC BUSINESS • MUSIC PERFORMANCE • THEATRE ARTS**

**631.656.2110**

**305 N. Service Road Dix Hills, New York 11746 email: [admissions@ftc.edu](mailto:admissions@ftc.edu)**

**[www.ftc.edu](http://www.ftc.edu)**

# How to be a freshman (cont. from cover)

education. This organization shows its support for education by sponsoring the MetLife Survey of the American Teacher. This is a series of surveys that seeks to create grants based on some of the findings from the survey results that pinpoint certain needs in the area of education. This survey series has been going on since 1984. The second part of the three reports recently done by MetLife is called Student Achievement. The report collected views of educators and students about goals and factors that would improve student success in academia. The real preparation for college begins in high school. Without proper preparation, the likelihood that students will drop out of college greatly increases. The survey was conducted in late 2009 and has provided the following findings as they relate to preparedness for college.

- 64% of teachers and 69% of principals agree that students should have one year or more of post-secondary education after high school to be prepared for a career.
- The standards for students are not

always very high. Teachers who have a large number of low income students believe that the standards are lower than those that teach fewer low income students.

- 84% of teachers believe they have the ability to enable their students to succeed academically. 36% of teachers say that all of their students have the ability to succeed. 71% of secondary school teachers say that the students in their schools do only enough work to get by.

- Teachers expect that an average of only 50% of their students will attend college after high school.

Nearly half of all freshmen drop out before earning their degree and one in every four college students leaves school before completing their sophomore year, according to statistics from American College Testing (ACT). High school educators have a responsibility to set high expectations and encourage students by setting high standards and raising the bar of excellence. There is a direct link between high expectations and the

number of high school students who enroll in college and successfully complete a degree program.

## Don't Be a Statistic

Even if you were one of the students who was not well prepared for college in high school, this doesn't mean you are destined to fail. It just means that you will have to take a crash course in adjusting to life as a college student. Remember, college is an opportunity to reinvent yourself. Get prepared by knowing what you are up against and stay away from some of the common triggers that can sabotage your college career. The more you know about what to expect from freshman year, the less likely you will be to become one of the ones who doesn't make it.

According to a variety of different sources, there are a few very common reasons why students drop out of school.

- Prioritizing fun over classes and grades.
- Homesickness.
- Unprepared for college.

- Lack of money to afford expenses.
- Lack of guidance, advice from academic professors about the demands of college.
- Employment demands.
- Feelings of not fitting in or isolation from college peers.

There are valid reasons why students drop out of college; some are due to unpreventable circumstances such as finances or employment demands. Two of these seven reasons have to do with a lack of preparedness for college. Being prepared is within your control. The preparation before college begins and the first few weeks into the semester are crucial for the new freshman. It is not uncommon for college freshmen to experience feelings of homesickness, unpreparedness or feelings of being "in over their head." These feelings are normal and will go away unless you let them get the best of you first. "I recall feeling homesick," said Shannon, "but it really does get easier." Every college freshman should be armed with a few tips to get through those first transitional weeks.

continued on next page

## SMALL MARKET SPORTS



www.smallmarketsports.com

©2010 Bill Charbonneau.

*I am living a dream.*

### About to Graduate? Explore St. Joseph's College.

At St. Joseph's College we are preparing leaders for this new and changing world, both inside and outside the classroom through our academics and affordable tuition. No wonder St. Joseph's College is ranked as a Top-Tier Comprehensive College in the North, by *U.S. News & World Report* once again in 2010.

Come visit us and meet with an Admissions Counselor to discuss financial aid options and how you can transfer up to 64 credits. For more information, visit [www.sjcnyc.edu](http://www.sjcnyc.edu) or call our Admissions Office at **631.687.4500** (Long Island) or **718.940.5800** (Brooklyn).

### Join us for Transfer Days

**Long Island Campus**  
Tuesdays, 11 a.m. – 3 p.m.  
O'Connor Hall

**Brooklyn Campus**  
Tuesdays and Wednesdays  
10 a.m. – 3 p.m., Burns Hall

**St. Joseph's**  
**College**  
NEW YORK



Transforming lives—  
one student at a time.

LONG ISLAND CAMPUS: PATCHOGUE • BROOKLYN CAMPUS: CLINTON HILL

**A Few Things College Freshmen Should Know**

**Attend Orientation.** Orientation can be boring and seem unnecessary but it does acquaint you with your new surroundings and prepares you for your upcoming semester. Freshman orientation is even more important because it prepares you for the culture of the school and tells you what freshmen need to know. Aside from the logistical information, it links you up with others who are also freshmen. Learning your way around campus and locating your classes helps you to feel less unprepared. Attend all of the orientations and campus tours that are offered to you. You will be grateful that you did.

**Connect with Others.** If you are living on campus, get to know your roommate and others in your residence dorm. Isolating yourself contributes to feelings of homesickness. Meeting people through the organized events that are set up through the college is the best way to get to know others on campus.

Colleges, especially community colleges, offer the same networking opportunities for commuters. Just because you do not live on campus does not mean that you don't need to get to know others. Most college classes require students to participate in events, do group work and work with others on projects; this requires you to build relationships with fellow students. Isolation is

the quickest way to take the fun out of the college experience.

Even non-traditional aged students and returning students should work to develop a network of friends and resources on campus. Not only does it make the experience better, but you may need to call on your on-campus friends someday to work on a project or to explain your homework assignment to you. Take advantage of the opportunities to meet others.

**Get Organized and Stay Organized.** Whether you are living in the dorms or have books stacked in your backseat because you are a commuter, organization is key. Being in college means that you will be responsible for organizing yourself and your assignments. Your professors will not remind you about due dates or projects; they will expect that you will be responsible enough to know when your assignments are due. The quickest way to become overwhelmed is to let yourself be disorganized. Keep a planner and write down due dates and projects, and then arrange a system to remind you of your assignments with enough time to begin working on them in advance. Organization is the key to ensuring productivity.

**Enjoy Being a Freshman, But Not Too Much.** College is a mix of social and academic opportunities and responsibilities. Finding a balance between these things is essential for being successful at both. You

want to be social, make friends, party and get involved; however this should not be at the expense of your studies. On the flip side, you want to get good grades, but you don't want to turn into a hermit that graduates with no friends and no college memories because you locked yourself in the library to study. Finding a balance between social and academia is the key to having a well rounded freshman year. It will also set the stage for years to come.

**Maintain Contact with Your Academic Advisor.** You will be assigned an advisor as a freshman. Your advisor will help you plan your education, semester by semester. Get to know your advisor. Don't limit your contact to just once a semester when you need to plan your courses. Keep in touch via email or voicemail. You want to attend your appointments as scheduled but also maintain some contact with them through the year so that you are comfortable asking questions, seeking advice or just working through a course conflict. Your advisor should be a trusted resource who is there to help you map out your college future.

**Get to Know Your Professors.** Just as your academic advisor is someone you should speak with regularly, your professors are also key resources in your academic community. Don't just go to class and leave; rather, get to know your professors and let them know you. Ask questions, participate in class and seek them out for clarifi-

cation on an assignment. Your professors will serve as professional references for you in the future and also have a wealth of experience to offer. You don't want to just be a name on the class roster but someone who actively participates in his or her education.

**Don't Judge College in Your First Three Weeks.** Let's say you have had a horrible first few weeks of college. It happens. Vow to yourself that you will not let the transitional period form your opinion about the rest of the year. Commit to getting through the first semester. After the first few weeks you will have become more familiar with your surroundings and gotten your freshman sea legs. The first few weeks will be overwhelming. College is a big adjustment from high school and one that takes time to get used to. Judging your college experience by the first, most chaotic weeks can bring you to a decision that will affect your future. Give it a chance. If things are that bad they can only get better.

**A National Initiative**

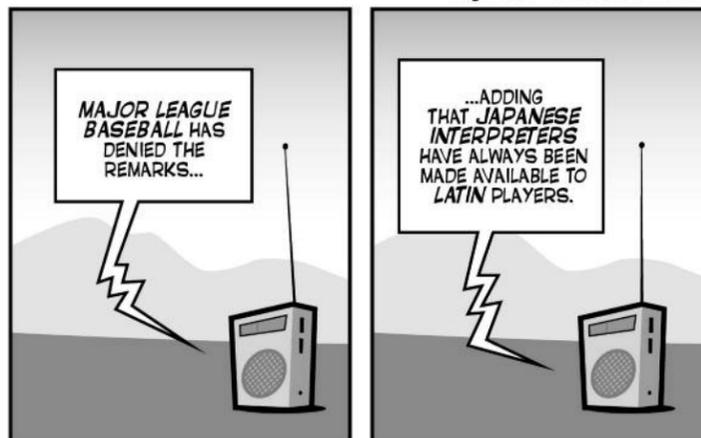
According to information provided by Rick Love, Program Manger at MetLife Foundation, the MetLife Foundation Initiative on Student Success was established in 2001 with a goal of working with community colleges to identify and describe the kind of learning experiences and support services that lead to increased retention and ultimately success of diverse community college students.

**SMALL MARKET SPORTS**



www.smallmarketsports.com

**by Bill Charbonneau**



©2010 Bill Charbonneau.

**Robert L. Olson**  
**Private Investigator**  
 Licensed in NYS  
 UJD Number 11000151541  
 Insured and Bonded  
 POB 212, W'hampton Bch., NY 11978  
 cell: (631) 965-9234  
 e-mail: Bobby01011@aol.com

**How to buy a classified ad...**

1. Write your ad.
2. Send it to the address below with \$1.50 per word (minimum 10 words). Check, cash, MO.
3. Deadline is the 20th of each month.

Send to CCC News,  
 PO Box 2352,  
 Aquebogue, NY 11931.

**Classifieds**

ENGLISH PROFESSOR offering instruction for ACT, CAAR and CPE exams. Help available for research and internship papers (Grammar and Essay Writing). 646-319-3873.

J & L Writing Studio--Specializing in resumes, websites, business writing, letters and more! E-mail for estimate: JandLWritingStudio@gmail.com.

1999 FORD EXPLORER. 4WD, 4-door, 156k miles, new starter, alternator, battery, tranny. Could use a new muffler. Solid shape. \$2950. Contact SUV@twinfork.com for pics or call 518-290-4270.

GREAT '80s Music - 631Radio.com; office-friendly.

**Interested in a Career in Film/TV?**

*Mickey Rooney Was Right*

is required reading for film students and anyone interested in the entertainment industry.

Available through  
**www.AuthorHouse.com**

**Mickey Rooney Was Right**

How I Spent My Lifetime Following a Dream When Logic and Those Around Me Said to Stop



**D. W. Paone**



# Where Transfer Students Succeed



College of Arts and Sciences

Gordon F. Derner Institute of  
Advanced Psychological Studies

Honors College

School of Business

Ruth S. Ammon  
School of Education

School of Nursing

School of Social Work

University College

## Find the right fit at Adelphi University

Adelphi's transfer counselors will work with you to transfer the maximum number of credits, and guide you through the application and financial aid process. Our generous transfer scholarships are just one reason why we were named a "Best Buy" for the fifth consecutive year by the *Fiske Guide to Colleges*. Once you're an Adelphi student, you'll understand why over 80% of our transfer students return for a second year.

To find out more, call (516) 877-3050  
or email [transfer@adelphi.edu](mailto:transfer@adelphi.edu)

[adelphi.edu](http://adelphi.edu)



[youtube.com/adelphiuniv](http://youtube.com/adelphiuniv)



[twitter.com/adelphiu](http://twitter.com/adelphiu)



[facebook.com/adelphiu](http://facebook.com/adelphiu)



HAUPPAUGE ■ GARDEN CITY ■ MANHATTAN