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College  Paper



Volume 17, Issue 4 FREE!

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How to be Internet famous

Ryan Walsh
Campus News

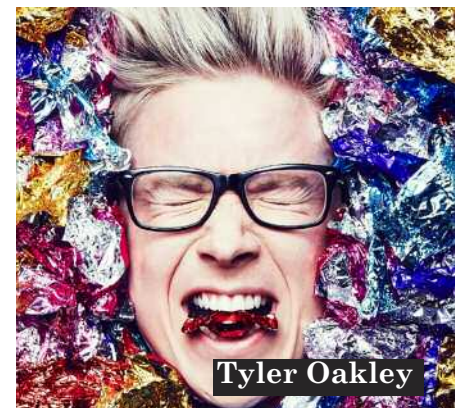
Anyone who uses social media has thought to themselves at least once or twice about what it would be like to be an internet star. Whether it's the gateway into the world of celebrities or the opportunity to generate a lifetime of wealth, it's no secret that being famous often comes with a number of perks. There are those who wish to influence others and make a change in the world, and also those who merely crave attention.

The truth is that whatever the reason may be, you're interested,

otherwise you probably wouldn't be reading this. But the question is how? How could an ordinary human being like you possibly stand out among the millions of other people? The answer is simple: Learn from someone who has already done this successfully.

**Let's face it.
We all want to be
popular online.
An influencer
tells us how.**

Famous YouTuber Tyler Oakley started out no more ordinary than me or you. As an undeclared freshman at Michigan State University, Oakley had no intentions of achieving fame when he began uploading videos in 2007 to keep his friends updated on his life. After his channel gradually increased in



Tyler Oakley

popularity, Oakley saw this as an opportunity to start conversations that he felt deserved more attention, including topics like suicide prevention and LGBT rights. Now over ten years later Oakley has gained over 7.8 million subscribers on his YouTube channel and has been recognized by many influential people, ranging from talk show host Ellen DeGeneres to former president

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Juggling school, work and life

Prof. John DeSpagna
Campus News

HELP! I have so much studying to do, I am working 20-30 hours a week, I want to be able to socialize with my friends and I am so tired. Does this sound familiar?

Going to college and trying to juggle all your activities into a single day can create a challenging situation. The transition from high school to college is a big step. Being able to balance your time to get everything done is something you can do when you properly plan out your semester and not try to do too much. Let's go through a few things you can do to address this.

When I advise students, I listen first and then ask questions to properly advise. The first

question that I ask is, "How many hours a week will you be working?" Many times the response is along the lines of, "I am going to be working 30 to 40 hours a week and I want to take 15 credits." Stop. You are trying to do too much and then the wheels start to fall off.

Signing up for a full-time schedule of 15 credits is time consuming enough. Adding on 30-40 hours of work per week on top of that is too much to do. How are you going to go to class and do all your reading, writing and studying with all of this on your schedule? Yes, it is important to get in the hours at work so you can meet your financial obligations of car payments, insurance, college tuition and so many other areas. Please don't try to do too much.

You also need to manage your

time so you can use it efficiently and effectively. If you are a manager and have too many tasks at hand, you have to prioritize and do what is most important for you. Go through your anticipated activities during the semester. Prioritize what is most important to do and focus on those tasks. At this stage, college success should be on the top of that list.

As you are going through the semester, you need to set aside some time blocks each week for studying. One idea is to try and set aside two-hour time blocks to study in. This can be during breaks from work or family obligations. The two-hour time block will also enable you to concentrate and work in other activities. Try and schedule as many of these into your weekly schedule. They are not too long and can keep you focused.

When your term projects, labs and other written assignments are coming due, don't wait to the last minute to complete them. Let's try another approach. If you have a five page paper to complete, break it down and write out an outline two to three weeks before the due date. When you get to within a week of the due date, complete writing the paper. This will leave you a week to

revise and make corrections. This avoids the whole wait until the last minute approach and a rushed paper, which may not be your best work.

Another point that I can offer to help get you through the semester is to get enough sleep. You need to rest and recharge so

'Don't try to do too much, and get enough sleep.'

you can be at your best. Working double shifts is going to tire you out, and you will not be

at your best when it comes to your studies. Getting regular exercise will also help you to stay healthy.

It is important for you to earn good grades and be successful in college. We all face the challenge of not having enough time to accomplish all that we want along with our responsibilities outside of school. Try and plan out your semester and work in some of the points made in this article to help you have a successful semester.

John DeSpagna is Chair of the Accounting and Business Administration Department at Nassau Community College in Garden City, N.Y.



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From college student to NY Times

Gianluca Russo
Campus News

In January, The New York Times announced that its editors were on the lookout for college and recent graduates to contribute to The Edit, a newsletter that began few years back. The callout stated that The NYT was looking for five—yes, only five—young adults to contribute. The posting stated, “We want to explore issues that you and your friends would like to see in The Times. We want to provide a platform for your stories and perspectives. To accomplish both of these goals, we need more of, well, you!”

The application opened, enthusiasm roared, the application deadline was extended, and, when it closed on February 2, over 20,000 people had applied.

“We were definitely not expecting 20,000,” said Lindsey Underwood, editor of The Edit. “We definitely were surprised but I was [also], not so long ago, trying to get my start in journalism as a writer...I know there are a lot of college students and recent grads who are hungry for opportunities like this, and so we’re glad that we’re able to provide one.”

In a time when younger Millennials and Generation Zers are standing up for their beliefs and fighting back against the stereotypes and forces being used against them, The Edit’s editorial shift to include young contributors is incredibly timely. As a newsletter that is intended to address the concerns, obsessions, and issues faced by college students, there’s no better way

to create relevant content than to have it crafted by the students themselves.

“We thought that there was probably an opportunity to embrace the format of it more, and it made sense that we would use it as a platform to elevate the voices of these readers,” Underwood said. “We are so excited that we heard from people from all corners of the U.S. as well as around the world and hope that we can bring a lot of the different issues and ideas that are on their minds into the newsletter.”

The NYT did not require applicants to be journalism majors or have prior media experience.



Lindsey Underwood

Instead, potential contributors were asked to briefly introduce themselves and to respond, in 500 words or less, to one of four questions.

“One of the questions that we asked was about what are your

continued on next page

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Underwood (cont.)

frustrations with how your generation is written about usually in the media or discussed, and [with] that one, I would say we're seeing a lot of common themes. It's interesting to me how some stereotypes about Millennials and Gen Z have really permeated, like that article about how Millennials are poor because they spend all their money on avocado toast. It's something that really struck a chord it seems with a lot of the applicants and many of them disagree with that sentiment."

Other applicants took the opportunity to express their thoughts on more political and social issues such as gender equality and workplace culture. Underwood also mentioned that, as the application process opened around the same time as the rise of the #MeToo, many wrote about sexual harassment and issues surrounding the movement.

But The Edit is not just political. It is intended to be intriguing to all college students, whether or not they have an interest in the current social climate or administration. When asked to talk about their current obsessions, Underwood recalled receiving a wide array of responses about topics like Ultimate Frisbee, Pokemon, Carly Rae Jepsen, popcorn, and Charli XCX.

"I think that we have a really awesome opportunity to take on weightier issues and politics and social justice and foreign relationships and things like that that are on the minds of many of these students and recent graduates that we see. But I also want to explore issues of culture and things that might be going on in their lives, navigating the transitional period of being a student and joining the workforce, and relationship issues;

All kinds of things. We don't really need to stay in one lane. I'm sure there will be moments when there will be things going on in the culture and the world that we can't ignore...but I think that there's also a chance to write about people's obsessions and memes and internet culture."

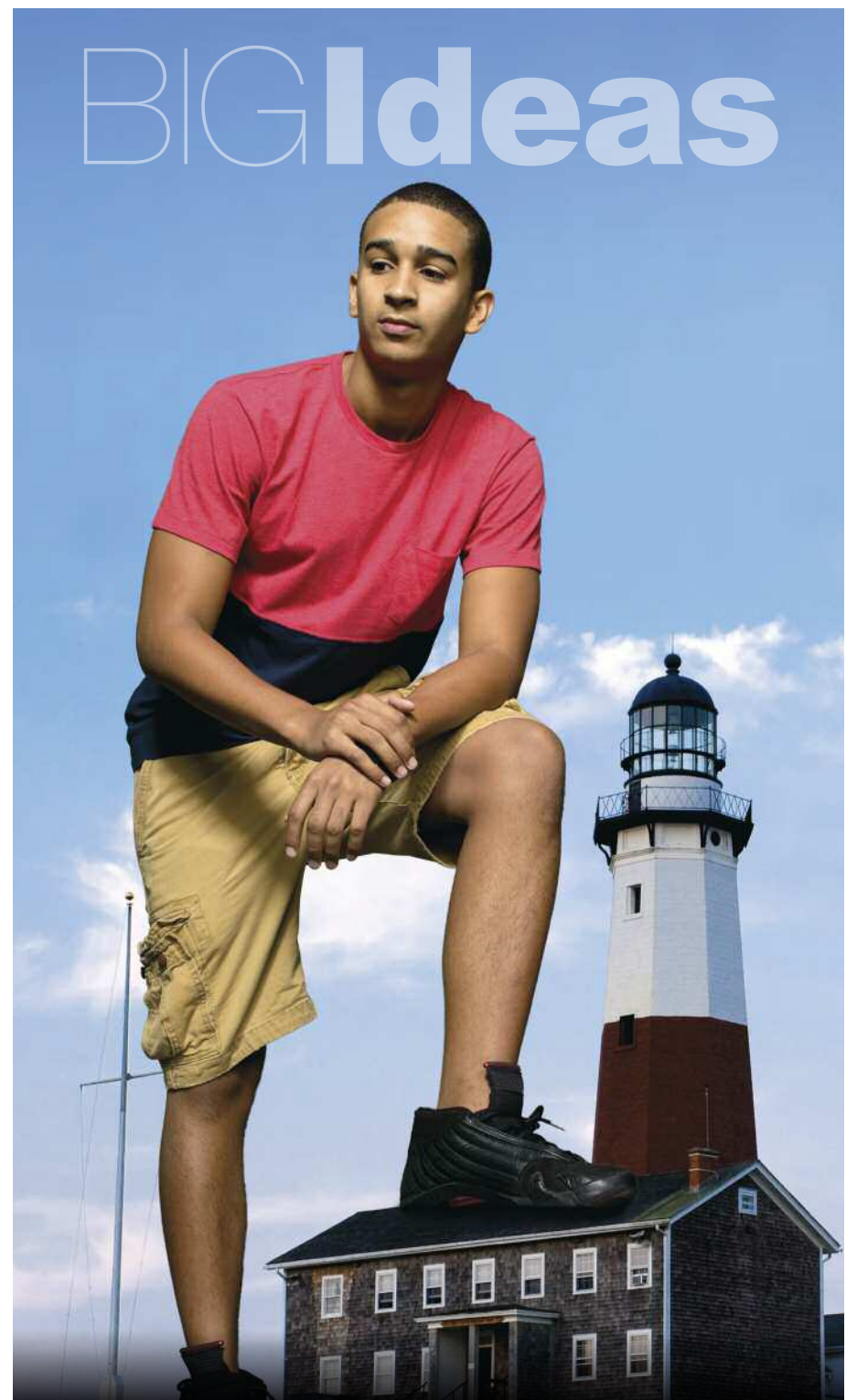
Due to the immense number of applicants, more than five contributors will be hired. Underwood was unsure of an exact number but explained that more information would be revealed shortly. In the meantime, she was elated to continue to work her way

**'Over 20,000
student writers
applied.'**

through applications and to find unique, diverse voices to represent in The Edit.

"I think The Times should aim to have as broad of a range of coverage as it can and if we are not representing or covering the issues that are important to a portion of our potential audience, then we're cheating them and we're cheating ourselves. So when we hear from different parts of our audience, this one being college students and recent graduates, that they think that something is missing, we sit on that and try and correct."

Regular contributor Gianluca Russo is a freelance writer who attended Schenectady County Community College and now attends UAlbany.



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Student vet leads the charge

MassBay Community College student veteran Bradley Moffitt of West Roxbury has been selected by the Boston Athletic Association (B.A.A.) to run in the 2018 Boston Marathon Military Relay and represent the Town of Wellesley. The commemorative military relay will be a team of sixteen active and retired military personnel who will run throughout each of the eight cities and towns on the Marathon course. These



sixteen runners, representing five branches of the military, will run in pairs of two passing a baton along the race route in recognition of the B.A.A.'s Year of Service. Moffitt, an Army Veteran and current Army Reservist, will be paired with Wellesley Firefighter Ben Hampton and will run the course from the Wellesley Free Library to the area near Newton-Wellesley Hospital.

"I am excited to be selected to participate and run in Boston Marathon Military Relay," said Moffitt. "I can't wait to use this amazing platform to honor our Veterans, current service members, military families, and our country. I've watched the marathon since I was kid, and this beyond fulfills a childhood dream of participating in it."

The 2018 military relay will commemorate the relay that kept the Boston Marathon going a century ago. As a result of America's involvement in World War I, the 1918 Boston Marathon was held as a military relay race, unlike its traditional footrace format.

Ten-man teams representing various military branches ran from Ashland to Boston, passing batons along the course. The relay served as a unifying moment for community and country, and has not been replicated since. The 1918 relay format preserved the continuity of the Boston Marathon, and today the race is the world's oldest annual marathon.

Moffitt is an Army Veteran and currently serves as an Army Reservist, who is majoring in Business Administration. While on active duty, he was stationed in Kansas and deployed to Iraq, Jordan, Kuwait and Djibouti. Moffitt will graduate with an Associate degree in May and will be transferring to Webster University in St. Louis, MO to pursue a Bachelor degree in Business Management. He currently lives in West Roxbury with his wife and two dogs.

Cheer on Moffitt and all the Boston Marathon runners on Monday, April 16, 2018.

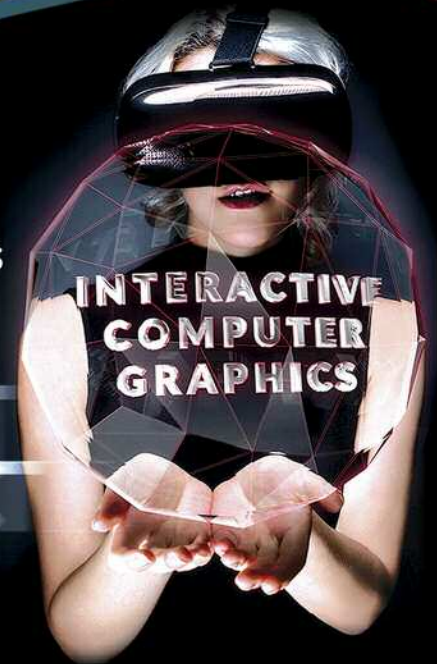


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Preparing to transfer to a 4-year college

Telijah Patterson
Campus News

Admission season is hot on our heels and it has some of our fingertips tingling with anxiety as they tap keys in front of blue screens so we can beat application deadlines. The last round of transfer admissions applications typically ends around April, so now is the last sprint till the finish line. If you are one of the many community college students slated for graduation after the Spring 2018 semester, do not lose hope; you can still pull through with some extra effort and land an acceptance letter into a good four-year university. There are several considerations you will need to keep in mind however.

The Right Guidance Before You Start. It is important

to be sure you are on the right path. Most community colleges have transfer services offices or advisors who you can speak to about your plans. These professionals are experts in the transfer process, and they would know which schools might best fit you. Some even provide application fee waivers.

The Time. In order to be a competitive applicant there really are no shortcuts. You have to invest time in your future. It may be helpful to take a few days off to focus on your applications. Get a head start by writing a list of items needed; some of these may include recommendation letters, official transcripts and essays.

The List. By now you probably already have an idea of which schools you want to at-

tend. An easy way of organizing these schools is by putting them into categories such as safety, target, and reach. Aim to have at least two schools in each category. Safety schools are colleges with high acceptance rates and that you are quite certain you will be able to get into. Target schools are colleges in which you might have a fifty-fifty chance of getting into. You are a competitive applicant and meet the general admissions qualifications. This type of school should be your preferred school with a lower acceptance rate than your safety schools. Reach schools are colleges that you may be slightly less qualified for in terms of academics and curricular activities. They are often highly selective. Generally hovering in the 30% range or lower. Once you have completed

your list, write the deadlines for each school's application near them. It's helpful to put them into a spreadsheet for better organization.

The Essay. This is arguably the most important aspect of your application because it is your voice, as it adds color to an otherwise black and white sheet of paper lacking personal touch. Your essay is like a window into your thought process. It reveals how you meet challenges, interact with others who are different from you, and whether you would be a good fit on campus. The LaGuardia Community College Transfer Guide notes, "The goal of a personal statement is to persuade the readers to select you over other qualified candidates in the applicant pool. Part

Continue reading on page 9

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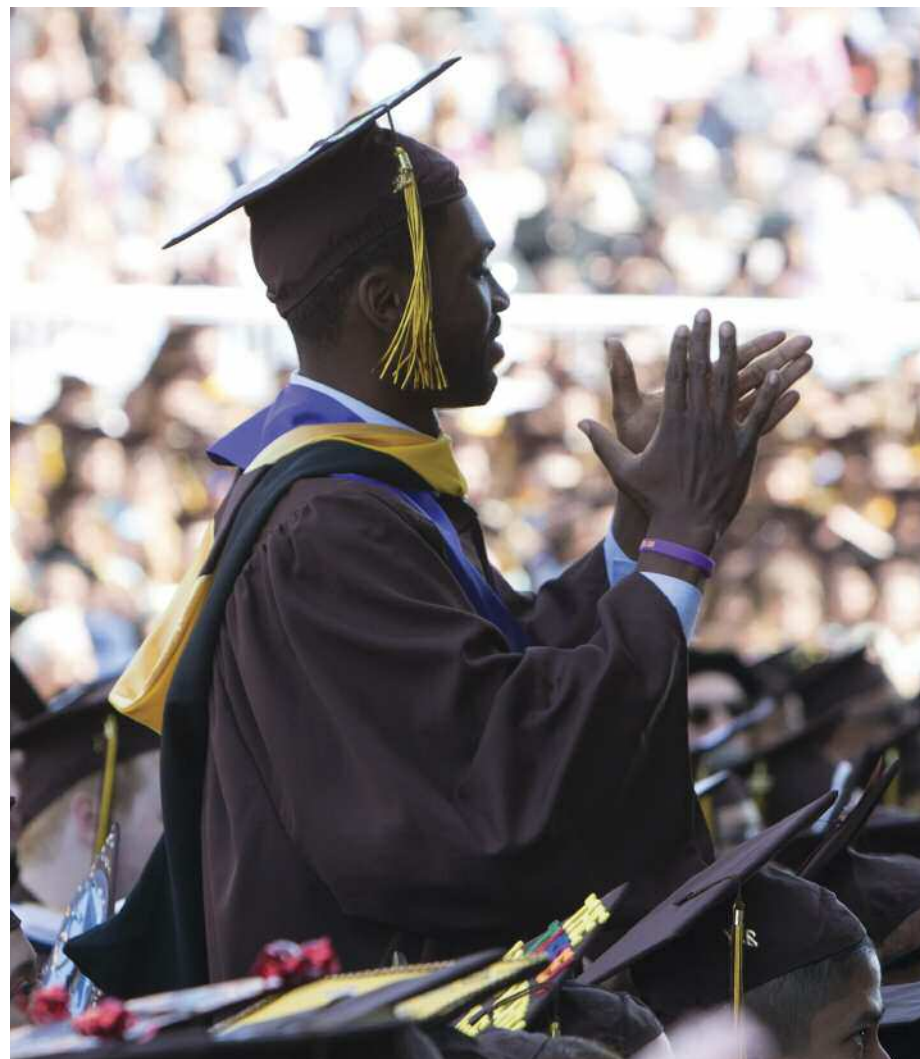
Come to one of our transfer events or schedule a visit to meet one-on-one with your transfer admissions counselor. On your visit, you can:

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Non-credit courses

Berkshire Community College's (BCC) spring slate of business workshops continues at its South County Center on Main Street in Great Barrington. These are slated for Wednesday mornings from 10:00 a.m. – 12:00 p.m. at a cost of \$35.

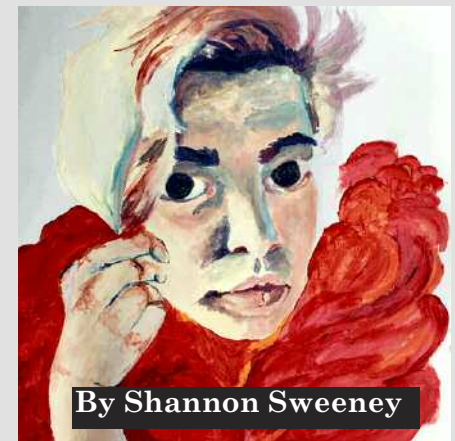
Technology consultant, Rob Horner, will offer "Cyber Security" on Wed., April 18. Learn the most important computer security practices, what to do if your computer or email gets hacked, how to secure your email and browser, common types of malware and anti-malware techniques, other tips and tricks to prevent security issues and identity theft.

Hannah Van Sickle, local freelance writer, will offer "Telling Your Story" on Wed., May 16. Van Sickle will present strategies about how to create a profile and a hook, capture the reader's attention, manage chronology, and tie it all together to craft a compelling story for your nonprofit's fundraising and communications needs.

Additional spring workshop titles include "iPad Tablet," "Write Your Memoir – Here's How!," "Food & Wine" and more. For BCC's full schedule of offerings and online registration, visit www.berkshirecc.edu/workshops or call 413-236-5202.

Spring exhibit at SCCC

The spring Eastern Campus Student Fine Arts Exhibit is a lively salon-style show highlighting exceptional art work created by students from Suffolk County Community College's Eastern Campus. The spring student exhibit displays works created in fine art disciplines including Drawing, 2D Design, and Art Appreciation and will feature more than 60 works in a variety of media and sizes.



Arts Exhibit from April 19 - May 15. An opening reception will be held on Wed., April 25 from 4 p.m. to 6 p.m. Gallery hours are Monday through Thursday from 10 a.m. - 7 p.m., Friday from 10 a.m. - 4:30 p.m. and Saturdays from 11 a.m. - 4 p.m.

Prospective students are encouraged to attend the exhibit to see the high proficiency attained by enrollees in Suffolk's Eastern Campus Art Department.

The Lyceum Gallery located on the Eastern Campus of SCCC in Riverhead will present the Fine

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Transfer (cont.)

of this task of persuasion is to offer concrete evidence that you are likely to persist and successfully receive your bachelor's degree in the normal amount of time. You also need to make clear that given your background and life experience, you can make good use of the support services and financial aid provided by the scholarship." It is advised to focus on a specific event instead of your entire life story. Avoid negative information unless you can effectively demonstrate how you had overcome your challenges. When doing so, it is always a good rule of thumb to focus more on the process of triumph than on the problems. It is best to work with a faculty mentor in this process. If you can't think of anyone, visit your writing center for help.

The Recommendation Let-

ter. Requesting a letter of recommendation can be scary, but keep in mind that professors expect that some students will need one. When reaching out, be sure to explain you need the letter for your application and list reasons why you make a good candidate for the school. Be sure to give the professor plenty of time to draft your letter; at least three weeks notice. It would also be helpful to provide them with the colleges you are applying to, your resume, examples of your work, list of goals, and your intended major. Once you have received your letter of recommendation, don't forget to express your gratitude. Send a thank-you note immediately.

The Money. One of the most common factors discouraging students from applying to their dream colleges is money! How-

ever, if you are diligent, you can apply for and receive a number of scholarships. Many schools award scholarships and grants from their own private foundations. Call the school and ask what types of grants or scholarships you may qualify for and what you need to do to apply. If you are applying to a private institution keep in mind that they may ask you to submit extensive financial information through an application called CSS. Do not despair though; although it can be arduous process, you don't want to miss out on free money!

The Interest. If you feel like you may need a competitive edge at the last minute try visiting the school. Some schools add points to your application for demonstrated interest. Many students apply to schools they have never visited. Taking the initiative in this way shows your commitment to the school. If the

school is too far for you to visit, call the admissions office and speak to someone, or you can email them questions. Nothing shows interest like well-thought out, meaningful questions.

The Social Life. Once you are accepted into your transfer college and you jump the bureaucratic hurdles like paper work, there's really only one thing to do besides take your classes, and that's getting acclimated to the college. This is best done by establishing a social life. You can kick start this by taking the initiative to speak to people at orientation. Try looking up clubs at the school.

By the time your fall term comes around you will be walking through the front gates of your transfer college; and these words and the stress involved in this process will be a thing of the past. Right now it is crunch time though. With just a little bit of work, this will all pay off!

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The top apps for college students

Telijah Patterson
Campus News

There was a time when the saying “we’ve got the whole world in our hands” was simply a metaphor, but what was once just flowery speech is now a reality. With our cell phones we literally have the whole world in our hands through the internet and various applications. There are many digital tools a student can use to enhance and help them excel in their education. Here are some of the best apps for college students you’ve probably never heard of:

Photomath - Pointing your phone at a math problem and the answer appearing on the screen might sound like a clever magic trick, but it’s actually a real thing. The app Photomath not only provides answers to your math problems, but also teaches you how to do similar problems step-by-step. The only drawback is that photomath is best suited for algebra or remedial math problems involving decimals and fractions. If you’re taking a more advanced math course such as calculus, **Fx Calculus Problem Solver** works similarly with more complex problems!

You Need A Budget - Spend your money on lavish meals and bar hopping on the weekend, but end up eating ramen noodles Monday through Friday because you can’t afford anything else through the week? You need a budget, no pun intended, but you really do and you’re not alone because most college students struggle with managing their money. The app You Need A Budget might just become your new best friend. In addition to creating a budget for you, it allows you to enter transac-

tions in real time and it syncs with your mobile phone and desktop computer.

HealthyWage - Make money by losing weight, it almost sounds like a scam, but it’s totally bonafide. You basically bet against yourself to commit to lose a specific amount of pounds within a specific time frame, that you determine yourself. What’s even better, you can add some morale by getting your friends in on the action and multiply your earnings by losing weight as group.

Don’t Break the Chain - The famous Greek philosopher Aristotle once said “We are what we repeatedly do. Excellence, then, is not an act, but a habit.” We all aspire to form new, healthy habits like going to sleep at a certain time, eating at a certain time, or exercising regularly. Consistency is hard living in a world full of distraction. Don’t Break the Chain is a productivity app that helps you to form and maintain habits through tracking, alerts, and intrinsic incentives.

‘Point your phone at a math problem and the answer appears on your screen.’

Duolingo - In an increasingly globalized world it is more important than ever to learn another language, but learning a new language is time intensive and most of us just don’t have the luxury of attending a class each week. With duolingo, the classes come to you in a super fun, simple, easy to understand



format. The modules on Duolingo only take about 15 minutes to complete and utilizes research based memory techniques to help you advance, not to mention the mascot is super cute. There are so many language courses to choose from, from high powered languages like Spanish, French, Japanese and Chinese to super niche languages like Klingon and Esperanto.

Honey - Remember the last time you shopped online and were asked during checkout if you had a coupon code? You might have felt like you were being cheated out of a good deal knowing there was a coupon out there that you didn’t have. Well, gone are the days of finding your own coupons because Honey automatically finds and applies coupons for you! Now isn’t that sweet?

Quizlet - Pictures. Check. Pronunciation tools. Check. Game based learning. Check. Digital Flashcards. Check. Quizlet is an online learning community where you can create your own digital learning set to study for your courses. It easy, straightforward, and rapidly be-

coming a hit among students.

Docscan - Faxing documents is so yesteryear, scanning requires expensive equipment that isn’t always accessible, and taking a photo of a document often leads to low quality resolution. Docscan pairs your phone camera with high tech scanning software to create high quality documents you can save as PDF documents and send right from your phone!

With so many learning and lifestyle enhancement aids at our disposal, these are exciting times to be a student. Whether in desperate need of financial help or in desperate need of a system to help you memorize new concepts, there is an app out there that could help you! Which new app are you downloading?

Telijah Patterson is a full-time student at La Guardia Community College majoring in International Studies.



A celebration of illustration Upstate

Yesenia Coello
Campus News

Looking for something to do during the weekend of April 13-15th? Well, how about taking a field trip to the Catskills? If you're a fanatic for popular culture, then you may be interested to know that the area is holding a pop culture convention of its own.

SUNY New Paltz holds a yearly convention celebrating anime, manga, comic books, video games, and everything in between. It's a quaint little convention, so it's not like there's pressure to throw your paycheck and sanity away to tailor your finest cosplay.

In addition to the standard fanfare, SUNY New Paltz will be holding its first Animation Festival, an event where atten-

dees can attend animation-centric panels and participate in workshops to hone their creative skills. Oh, and did I mention it will be chock-full of guests from the likes of Fred Seibert and a slew of surprise guests?

Fortunately, I was able to conduct an interview with Rebecca Snyder, the header organizer of NPC as well as Greg Bray and Kayla Gleeson, the organizer and co-coordinator of the Animation Festival, respectively.

"New Paltz isn't exactly a metropolitan area, so conventions here have always been smaller than ones you'd see in New York City or other cities. However, I believe we use our smaller size to create a more relaxed and friendly environment," said Snyder. "We have put more focus this year on activities that can be enjoyed at a more leisurely pace. For example, we are having a casual gaming room where people can go and play video and board games with their friends or even strangers. We are also hosting a library and craft room where people can go to relax and just have a fun time reading and making small crafts. Or someone can go to our anime and cartoon viewing rooms to see new and familiar shows. Oh, and we have a Maid Cafe and Tavern where people can go grab food and drinks! And... well, you get the idea! We will still be hosting panels and larger events, but I feel that NPC's draw is that there is a lot of stuff one can just go and do when they feel like it, rather than being limited to a schedule. And, of course, the free admission is also a draw!"

Added Bray: "Our long term goal is to build into something more akin to a festival, with multiple film screenings, a possible award ceremony at the end of it – but for now, we're jumping in and getting our feet wet. There are so many possibilities with how this kind of event can serve as a blueprint for future collaborations. And the roster is impressive! Lee Hunt is introducing Fred Seibert as our Friday night kick off, and Saturday we're seeing independent animator and design professionals including Mike Saz, and Joy + Noelle."

Ultimately, it's about location. "New

Paltz is an amazing town with an equally amazing college and community. None of this would have been possible without the amazing faculty and organizations on campus," Gleeson said. "Above all, the artistic and fun-loving vibe of the students makes this a perfect place to have a celebration about cartoons."

"I feel that running events like these on campuses is especially helpful in spreading awareness about more 'geeky' interests/cultures. NPC is going to be in one of the main event buildings on campus, and many students will be walking through the building during the convention. Our hope is that people who otherwise

'Featuring anime, manga, comics, video games, and everything in between.'

would not have exposure to anime/cartoons/gaming/etc. will see us and become more ... well, open-minded or at least less hesitant about geek culture! I feel like the internet has done something similar, with people who in the past might not even know what anime was now at least knowing that anime is 'cartoons from Japan,'" Snyder added.

Bray noted that "geek" culture is now mainstream culture: "There are so many different ideas around this. Part of it stems back to community building. When I was younger, people into comic book and animation beyond a certain age were looked upon, with furrowed eyebrows. But it was an escape. And more than that, it (more times than not) was good storytelling with fantastic art. I began really collecting at the time of 'Crisis on Infinite Earths' in DC, 'Secret Wars' in Marvel, so you needed to dive into back issues to figure out how all the elements connected. And once you got into the worlds of story, it felt like a clubhouse. And then if you met someone else who was into the same thing, the clubhouse expanded. Today, it's unbelievable.

For more information about this festival, visit the NPC Facebook group titled "Animation & Design Celebration at SUNY New Paltz."

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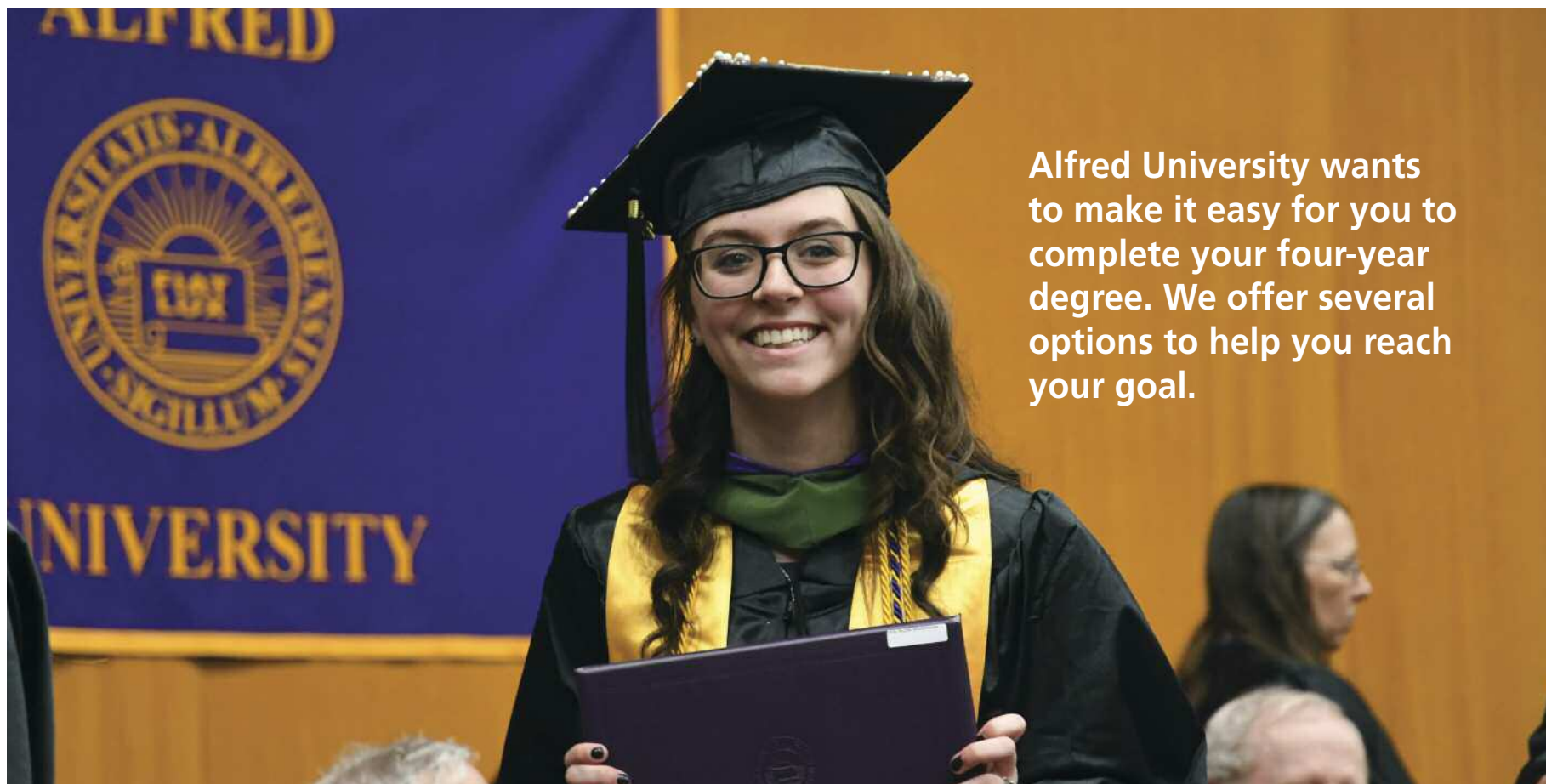
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Tree-mendous!

The Arbor Day Foundation recently recognized Suffolk County Community College's three campuses as 2017 Tree Campuses USA, a national program created in 2008 by the Arbor Day Foundation to honor colleges and universities for effective campus forest management and for engaging staff and students in conservation goals. Suffolk's 192-acre Eastern Campus, in the core of Long Island's pristine Pine Barrens preserve was also recognized with the award in 2016.

"It's a tremendous honor to be recognized as a Tree Campus USA," said Suffolk County Community College President Dr. Shaun L. McKay. "We have beautiful campuses due to the commitment to care for and nurture the diverse collection of trees on our campuses," McKay said.

Suffolk County Community College campuses achieved the title by meeting Tree Campus USA's standards, including maintaining a tree advisory committee, a campus tree-care plan, an Arbor Day observance



and student service-learning project. There are 344 campuses across the United States with this recognition.

Free speech on campus

As part of the Nassau Community College Spring 2018 Cultural Program Speaker Series, "Censorship in Public Colleges and Universities" with Don Parker will take place on Wed., April 11 at 9:30 a.m. in CCB 252. Students, faculty members and administrators in public institutions of learning are guaranteed their constitutional First Amendment rights. Nonetheless, incidents of censorship include administrative control of the student press, prohibition of lectures by faculty, refusal to recognize a student organization, and attempts to ban the performance of a controversial play. Parker is an organizer of the Long Island Coalition Against Censorship.

The college will host other events throughout the month of April. To read about them go to our site, www.ccn.us.



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Is it OK to substitute audiobooks?

Darren Johnson
Campus News

You're assigned a big, classic book to read, and you may think you only have two options — find time to read it or try to figure out through Sparknotes and similar sites what the book is about. And while I wouldn't recommend the latter, as it's cheating, there is a third option you may not have considered, which I do not consider to be cheating — audiobooks.

I drive a lot and find that I'm able to really expand my books-read resume by filling in the gaps with these files. And you may be able to get them cheap or free.

Let's address the various questions you may have about them:

How do you get free audiobooks?

Many books have had their copyrights expire, and kind posters put them on the web; either on dedicated sites that you can find via Google or on YouTube.

How do I download them?

Usually a right-click will allow you to download these mp3 files, and you can play them on any device that can play music, including your smartphone. If the audiobook is



9 to 5 by Harley Schwadron



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on YouTube, there are “YouTube to mp3” conversion sites, where you can copy the YouTube URL into a form field, hit submit, and an mp3 file is created. I actually burn them to re-writable CDs and play them in my car. The car's CD player remembers where I left off each time I turn it on.

Why aren't audiobooks cheating?

You are listening to the exact words the author intended for you to hear. It is important to focus and “read” the words in your head for them to stick. It takes practice to get to this level of focus, but eventually you will get used to it. If you find your mind starting to wander, it means you're getting tired. Stop the player and take a break. Maybe listen to some music in between chapters.

What are some tricks to stay focused when listening to audiobooks?

I find the hardest part is keeping track of all the characters. With a printed book, it's easy to go back and research

who a certain character is. But with an audiobook, that's not convenient — especially if you are driving. I go to Wikipedia and look at a list of the book's characters to help me know who is who (be careful not to read spoilers on Wikipedia).

How are audiobooks better than printed books?

Aside from convenience for people who are in, say, cars, or on an elliptical machine, many audiobooks have excellent readers who use inflection and different voices to really make the dialogue come to life. For example, the late Frank McCourt reads the excellent Irish immigrant classic “Angela's Ashes” himself, inserting all the appropriate accents and brogues.

What books work best in audio form?

Books with lots of dialogue where the actor performs all the voices are the most riveting. Also, the books should have a definitive plot — for example, genre books like detective and crime novels.

Audiobooks (cont.)

What books don't work?

Sometimes the readers aren't very good. Also, books with endless description — think "Moby Dick" (25 hours!) — lull me into daydreams. If driving, I may fall asleep at the wheel and veer off the road!

Which specific audiobooks are recommended?

I have read the paper versions of Dashiell Hammett detective books "The Maltese Falcon" and "The Thin Man" and recently downloaded the audio version of "The Glass Key," which is different than his other works. The detective is not a real detective — he's a

gambler and a political henchman doing a murder investigation for a New York political boss — but the boss may be one of the suspects. This is an interesting and prescient look at governmental corruption in the

'Frank McCourt read his book like an actor.'

Empire State. I'd also downloaded Agatha Christie's "The Murder of Roger Ackroyd," which is well known for its surprise ending — but I found it a bit gimmicky.

I wouldn't say that audiobooks are necessarily better than paper books, and I still

read plenty of those, but for certain types of works, they're fine. You just have to be prepared for seven or so hours of highly focused listening — sometimes paper books can be finished in less time because many people read faster than the spoken word.

Listen to a sample before you download to determine if this book's reader and content work for you. Be aware of abridged versions of audiobooks — only download the full, unabridged versions. Happy listening!

Darren Johnson has an MFA in Writing and Literature from Southampton College of Long Island University and teaches an occasional English course.

Remote cures

On April 10, SUNY Ulster will be hosting "Ethnobotany and the Search for New ALS & Alzheimer's Drugs in Island Villages," a lecture by ethnobotanist Dr. Paul Alan Cox. The lecture will be held at 2:00 p.m. in the College Lounge, Vanderlyn Hall 203. The lecture is presented as part of the Elizabeth Gross Lecture Series sponsored by the Ulster Garden Club and the Ulster Community College Foundation, Inc. This event is free and open to the public.



Dr. Paul Alan Cox received his doctorate from Harvard University, where he twice was awarded the Bowdoin Prize, a feat earlier achieved by Ralph Waldo Emerson.

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Everyone looking down is a downer

Prof. Jack K. Mandel
Nassau Community College

I may be old-school but...

I don't understand what's going on with college students today. It's obvious that they have changed so much since I started teaching at Nassau Community College in 1978. There is less and less verbal and face-to-face communication with one another! People always look down, never ahead, and do not smile as much. But why?

In a word ... smartphones!

You see, although students stand in a hallway in close proximity to each other (probably inches away), there is no facial or communicative recognition of each other. They are probably in the same class waiting for it to begin – but they would never know it. I call it being in a “personal time zone warp.” And, unfortunately, this is what has become the norm, not only in colleges, but in the workplace, the playground, the library, in a restaurant, and the mall – EVERYWHERE!

Look, we will never be back to the days of rotary phones. In fact, landlines may become extinct in another decade or two. Only those of us 40 and over can appreciate a public pay phone and the privacy it gave an individual. Today, if you talk on your cell,

YOUR business is now MY business. No one seems to care about privacy.

And I don't seem to get it. It's almost like an addiction. Students in high schools and colleges need to be told over and over again to put their mobile devices away – again and again.

And don't think it is totally appropriate to text a “thank you” after a job interview. NO, NO, NO. A phone call or a written (huh?) letter is far more meaningful and shows greater thought and interest!

It's almost like the SPOKEN word has lost its place in society. I have to laugh when I think back to my early days of teaching at NCC in the early 1980s. Everyone talked and a class would be told to “calm down” so I could take attendance. Today, I walk in to TOTAL SILENCE as each student is in “his or her personal time zone warp.” I surmise this is the end-product of a high-tech society (sarcasm). Readers, what do you think?

Have a great summer! And please, when you come back to class, speak up a little more! LOL!



Jack K. Mandel is celebrating his 40th year as a professor of marketing at Nassau Community College in Garden City, NY. He is recipient of the prestigious Outstanding Teacher Award conferred by the NYS Association of Two-Year Colleges.



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How to succeed in online classes

Kaylee Johnson
Campus News

Initially, online classes seem like convenient easy A's, but they can be deceiving. First and foremost, online classes are not meant for all learners. Students who have a history of poor time management skills should probably stick to traditional classes. But for alternative learners, and students with busy schedules, online classes are revolutionary and flexible. Online classes almost always appear remedial on the surface, but as the semester starts to become challenging, many students forget about their online class. I will admit that I often have to remind myself to check my online class, because I am not reminded of it every day. But it is important to stay on top of all of your classes, even the ones that seem easy or less demanding. Never underestimate a course during the beginning of the semester, because they could become challenging at any time.

For any class, it is important to be aware of due dates. This is

probably the most significant issue a lot of students face with online classes. They do not have physical professors to remind them that their papers are due, so they forget and end up failing or throwing together a last minute mess. Set alerts on your phone and make alerts in your planner, so you know about upcoming assignments. Also, if your traditional classes require you to sign up for any presentations, speeches, or debates, time those around all of your other assignments, so you don't feel bombarded by the workload. Designate a day or two per week to do all of your online homework. And please, do the assigned reading. A lot of online courses require you to post blogs and comment on your peer's postings, but I always can tell who did the reading and who did not. The nice thing about the flexibility of online classes is that you can complete the coursework from your couch, office, phone, or library at any time. Therefore, if you are a traveler, you can sometimes go ahead with your assignments so

you do not have to think about all of the work that you will have to complete while aboard an airplane.

Many students feel as if online classes don't offer additional support to strugglers and students with learning disabilities, but that's a myth. Most professors will invite you to their office hours if



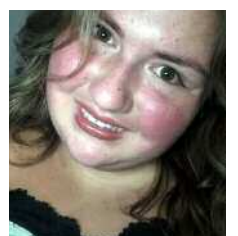
you shoot them an email explaining the circumstances. If not, they will probably send you clearer directions or links to helpful websites. Most online professors rely heavily on specific textbooks, so it is important to actually spend time reading them. All of your tests, blogs, and essays will probably be based on your assigned readings, so if you actually read them and take notes you will find the assignments much easier than if you skimmed or checked SparkNotes.

Community colleges are interesting in that students of all different ages from vastly different environments gather together to learn. Some older learners may struggle with the technological aspect of online classes. Don't be afraid to ask for help from peers, professors, or your college IT department. And if you see somebody struggling with technology, help them. Most community college online classes use a program called "Angel," and it is very difficult to navigate at first. Most of all, don't choose an online class in a subject area where you know you will need a lot of support. For instance, if you barely passed algebra in high school do

not take calculus online. You will lose yourself in the material instantly, and you probably don't remember how to use that super expensive calculator that you bought in high school. Choose online courses that seem attainable, based on your grades, schedule, and attention level.

Overall, online classes can provide flexible, enriching academic experiences for students who can handle them. They require heavy doses of independence, since you are responsible for all of the coursework and reading, but they open up your schedule and allow you to complete your work from any location with an Internet connection. If you feel that you put your all into every course, physical or online, and balance your time on assignments, you will be sure to succeed as a student.

Kaylee Johnson attends Adirondack Community College and the College of Saint Rose.



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SUNY students support protest

The Student Assembly of the State University of New York strongly supports the decision by universities across the country, including SUNY Oswego, to reassure prospective applicants that their participation in peaceful protest will not jeopardize their chances at admission.

“I believe we in SUNY need to stand by our prospective students who exercise their right to freedom of expression. These future agents of change should be welcome on all of our campuses,” said Dalton Bisson, Student Government President at the State University of New York at Oswego.

The students of the State University of New York are inspired by the advocacy and courage of the students of Mar-

jory Stoneman Douglas High School who have redirected the spotlight placed on their community by tragedy into an overdue call for action. Neither these brave students - nor the millions of students around the

‘These are future agents of change.’

country who have joined with them - should have to fear that their academic success will be endangered by the passionate exercise of their first amendment rights.

“We need action - and if this generation of leaders won’t engage, the next will,” said Student Assembly President and SUNY Trustee Marc J. Cohen.

“The students of SUNY stand with the strong young leaders marching across the country, advocating for reforms which would make our classrooms and communities safer. It is critical that SUNY system and each individual campus, evaluate the implementation of policies which would prohibit any admission penalties for students engaging in peaceful, constructive protests.”


The Student Assembly strongly urges all colleges and universities in the State of New York and around the country to follow SUNY Oswego’s example and adopt an admissions policy that does not penalize students for participation in peaceful protest and advocacy.

NanoDays

Mohawk Valley Community College will host its sixth annual NanoDays and STEM Fest from 10 a.m. to 2 p.m. Sat., April 21, in the Alumni College Center Snack Bar at the Utica Campus. The event is designed to inspire and encourage the scientists, technologists, engineers, and mathematicians of the future. The event is open to all ages, and admission is free.

For this event, MVCC’s Alumni College Center will be transformed into a showcase of STEM and nano, giving both children and adults a unique, hands-on opportunity to explore the worlds of science, technology, engineering, math, and nanotechnology.

For more information about the event, visit www.mvcc.edu/nanodays.




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Regional NJCAA college sports wrapup

Peter Briguglio
Campus News

Basketball season is officially over, and one Region XV team managed to bring home the hardware as National Champions while a slew of others made noise in their respective NJCAA tournaments. Before we shift focus to the upcoming spring sports, we'll take a look back at the highlights from the winter season.

DIII Women's Basketball

After being ranked #1 in the country most of the season, the Hostos Caimans entered the NJCAA DIII Women's Basketball tournament as the #2 seed. The team from the Bronx proved that ranking was incorrect as they topped #1 seed Rock Valley 58-52 in the NJCAA title game, earning the team's first ever National Championship. It's the second national title in Hostos history after the men achieved the feat back in 2005.

Kayla Wilson was named tournament MVP and led the charge for the Caimans over the defending NJCAA champions after scoring 22 points while

grabbing 13 rebounds. With the performance, Wilson ended the 2017-18 season with 20 straight double-doubles. In the three-day tournament, the freshman averaged 27.3 points and 17.0 rebounds.

Rock Valley led by eight at the end of the first quarter, but Hostos bounced back and outscored the Golden Eagles 18-8 to go into intermission with a 31-29 edge. The teams played to a virtual tie after three quarters, but in the final stanza, Hostos regained its composure and outscored Rock Valley 15-8 on the Golden Eagles' home floor to win the Championship

Hostos' free-throw shooting was the determining factor, as the Caimans drained 19 free-throws compared to Rock Valley's 8.

The Caimans ended their season on a 23-game winning streak.

DIII Men's Basketball

The #2 seeded Nassau Lions began their title quest with a win over Massasoit to continue their 10-game win streak. In the Semi-Finals, they took on #6

ranked Montgomery. Nassau was hot right off the bat and cruised to a 95-81 victory.

The Championship game featured a showdown between Nassau and #1 seed Brookdale. The Paul Gerry Fieldhouse at host Sullivan Community College was electric as both teams took the court. Brookdale was undefeated the entire season and came out with brute force. The Lions gave up a fair fight, but weren't able to keep up with the Jersey Blues. They fell 70-57.

The Lions finished the season 28-5, one of the best seasons they have had in the past few years during Head Coach AJ Wynder's 20-year career.

DII Men's Basketball

Ulster qualified for the National tournament, winning the Districts in thrilling fashion, but drew the toughest first-round matchup of the year as the #16 when they faced #1 seed and eventual National



Champion Triton. The Senators suffered a 107-59 defeat to end their season.

DI Women's Basketball

ASA Brooklyn earned a berth into the NJCAA tournament after an undefeated regular season. The team suffered its first defeat of the year in the District C championship game, losing a 75-65 decision to Harford, but the team still qualified for a bid to Nationals.

In the 24-team tournament, #24 seeded Avengers only had one upset in them. They knocked off #9 seed Salt Lake 60-59 in the opening round before falling in heartbreaking fashion to #8 New Mexico in the second round, dropping a 62-59 contest in overtime and ending their miraculous 22-2 season.

1000 points!

Tanisha Edge, a sophomore at Columbia-Greene Community College from Cementon, N.Y., was lauded by the National Junior College Athletic Association after banking her 1,000th career point.

Edge reached the milestone during a Wednesday, Jan. 24, game against Fulton-Montgomery Community College, earning the point on a three-pointer in the third quarter. She was formally recognized at the C-GCC Twins' home game on Saturday, Feb. 10, receiving an honorary, personalized Spalding basketball and a video message from NJCAA Executive Director Christopher Parker.

This is just the latest in a stellar season for Edge, who was named National NJCAA Division III Women's Basketball Player of the Week in January, and also notched her seventh all-time NJCAA Division III Regional Female Athlete of the Week distinction in the same month – her third of the 2017-2018 season.



Fighting for disability justice

Disability justice advocate Lydia X. Z Brown will present, in partnership with Northern Essex Community College, the White Fund lecture titled “They Must Not Stamp Us Out: Why We Need Disability Justice” on Thursday, April 12.

The lecture, which is free and open to the public, will run from 11:30 a.m. until to 12:30 p.m. in The NECC White Fund Room, at 78 Amesbury St. in Lawrence, Mass. It will also be telecast to the Harold Bentley Library on the Haverhill campus in room A112. This is one of several events scheduled in recognition of “All Abilities Week” which celebrates individuals with disabilities.

“We are sick, disabled, mad, wobbly, lopsided, flappy,” according to Brown. “We are

everywhere — working, loving, playing, laboring for liberation, yearning for community. ...working for disability justice and freedom...Disability oppression is deeply connected with all forms of violence...We are constantly erased and forgotten, but this is not the way things have to be. Disability does not have to be something scary, broken, or sad. Disability justice challenges us to imagine and build a world where each one of us is valued for all of our humanity.”

Brown is a disability justice advocate, organizer, and writer whose work has largely focused on violence against multiply-marginalized disabled people, especially institutionalization, incarceration, and policing.



She is a founding board member of the Alliance for Citizen-Directed Services, a stakeholder representative to the Massachusetts One Care Implementation Council overseeing health care for Medicaid/Medicare dually-eligible individuals, and board member of the Autism Women’s Network. She is the lead editor and visionary behind “All the Weight of Our Dreams,” the first-ever anthology of writings and artwork by autistic people.

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How to be Internet famous (cont.)

Barack Obama.

On March 27, Oakley sat down in front of students at the University at Albany to discuss his experiences with internet fame. Throughout the event, he offered sets of advice to those seeking an effective presence on social media.

Everybody has a platform.

Many beginners give up before they even try to obtain stardom online because they don't think they have what it takes to become famous. Oakley, however, believes everyone has the potential.

"My first video got 5 views," he said. "And then the second video got like 10 views, and I was like please, no autographs." For Oakley, humor was a huge element that helped him find his voice on YouTube, though it still took lots of time and lots of learning before he developed his platform. He repeated several times that it doesn't matter whether you have 10 followers or a million followers. "You have a platform, whether or not you call yourself a YouTuber or an influencer."

He also thinks it's important to acknowledge the different tools that the internet offers you and use them to your advantage instead of limiting yourself to one outlet. "Sometimes with a YouTube video I'm like 'how do I articulate all of my feelings into 8 minutes?' On the podcast, I have 30 minutes to really dive into something. For a lot of the things that were a little heavier, I opted into talking about them in my book." Combining all of these methods is a very practical way to build

yourself up, so start experimenting with what works best for you.

Content matters most.

Once you find your platform and discover what works best for you, prepare effective ways to establish it. After all, people only follow you because they want to see the content you put out.

"I really try to think of content that I would have benefited from," Oakley said. He loves making his videos "funny and idiotic," but often times touches upon subjects that he feels are important. "What isn't out there that I think people need to have conversations about?"

Oakley has dedicated a large portion of his platform for activism for LGBT rights and other social issues including education, mental illness, and healthcare. Whatever your passions may be, explore them and people with similar interests will be drawn to your content, but don't try to copy what anyone else is doing.

YOU are essential to your

'My first video got 5 views. The second got 10 views, and I was like please, no autographs.'

own platform.

People follow your content and subscribe to your pages because of YOU. The biggest advantage you have over everyone else online is your own unique personality: your experiences, your stories, your opinions.

"The more authentic I was



and honest I was with what I was going through, the more universal it actually appeared to be," Oakley said. "Now, having gone through sharing those things, I am more comfortable doing it because I know from experience that it hits home and helps." As you become more relaxed in your own personality, your audience will find you.

Be sure to highlight what separates you from everyone else and figure out how to incorporate that into the content you post. Oakley's experiences as a gay millennial caught the attention of millions of people, but his story is only one of many unique narratives. "There's not just one type of person. There are so many variations of what you might label as all the same. Once you dig a little deeper you'll find that there are so many different ways to be gay, or to be black, or to be Muslim, or to be whatever you are."

Don't overdo it.

"You don't have to change the entire world in one moment," Oakley said. Making change requires a certain level of patience tied together with a great deal of determination. Before you decide to use your platform to speak out, you should ask yourself what your motives and intentions are. Oakley has a mental checklist that he follows:

"Is this something I should say? Is this something I should say? Is this something I should say right now? Is this important for me to use my platform to say? Or is this something I should let somebody else say? Am I even qualified to even be talking about this? If it passes all those tests, I'll jump in."

However, Oakley has learned over the years that there are many topics that aren't within his territory for input. So in-

continued on next page

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Tyler Oakley builds an audience (cont.)

stead, he's used his platform to support or promote others. "More often than not, it is not my place and so I just kind of favorite tweets that I agree with or quote tweet things and say 'read this thread because it's important.'"

Be responsible.

The internet can be an amazing tool for opportunities, but it can also be a very dangerous place. Especially in the public eye, your mistakes have the potential to be seen and judged by millions of people within seconds.

"I want to do my best, and I don't want to disappoint people. One slip up of anything regardless of intention can and will have an impact, and it doesn't matter what your intentions were if you negatively impact the world like that." Oakley thinks that mistakes are inevitable, but learning from them and correcting yourself can be a learning experience for not only you but those in your audience too.

"I'm going to mess up. Everybody is," Oakley said. He believes that patience and leaving room for growth are an essential part of being responsible. "I try to be as patient with people as I can because I would want to be granted the same patience if the



roles were reversed."

Start now.

"If you're thinking about starting, start today because a year from now you'll wish you started a year ago," Oakley said. "You will suck at first. Your videos will be terrible, but you will get better and better."

'I want to do my best and not disappoint people.'

Even as a professional, Oakley continues to make mistakes every day, but just like you and me, he is human. "Recognize the power you have. There is so much that you are capable of doing."

Before leaving his seat on stage, Oakley shared one last piece of advice:

"Do the damn thing."



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TUTOR – NYS TEACHER & WRIT-



By David L. Hoyt and Jeff Knurek


INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
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- 8 letters = 10 points
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YOUR BOGGLE RATING

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Double Word Score

3rd Letter Triple

RACK 1

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RACK 4

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PAR SCORE 265-275
BEST SCORE 334

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 4th Edition. **SOLUTION p.30**

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06-29

Bound & Gagged by Dana Summers



Filbert by LA Bonté



By: L. A. Bonté

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JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

GUGOE

TUCOL

NEBOMA

UMLOVE

Answer: A

THAT SCRAMBLED WORD GAME by Mike Argirion and Jeff Knurek

How was your day? Dinner's almost ready. Do you have a lot of homework? Say something!

WHAT A CONVERSATION WITH A TEENAGER CAN TURN INTO.

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answers: Jumbles: GOUCE CLOUT BEMAN VOLUME | Answer: What a conversation with a teenager can turn into — A MONOLOGUE

More community college sports shorts

Hall of Famers

Mohawk Valley Community College's Foundation inducted four new members to the MVCC Hall of Fame during a ceremony recently on the Utica Campus.

This year's inductees, who have made significant contributions that have a lasting effect on the development, progress, and success of MVCC, are: John D. "Jack" Plumley (posthumously); Mark E. Radlowski, MVCC administrator and professor emeritus; Colleen Peterson Wallace, the most decorated student athlete in MVCC history; and Donald C. Willner, MVCC dean and professor emeritus. Biographical information on each inductee is available at halloffame.mvcc.edu.

Youth Sports Camps

For the 23rd year, Tompkins

Cortland Community College is once again offering weeklong summer sports camps. The basketball camp for boys will run from July 9 to 13 followed by the basketball camp for girls from July 16 to 20. Soccer camp for boys and girls will run July 23 to 27. All are day camps for ages 8 to 15. Each camp runs Monday through Friday from 9 a.m. to 4 p.m. The camps cost \$175 per week. The fee includes a camp T-shirt and the opportunity for swimming in the College pool each afternoon. More information and registration forms are available by contacting apd@tompkinscortland.edu.

Coach of the Year

Former Mohawk Valley Community College student-athlete Gary Broadhurst Jr. won the 2018 North Eastern Athletic Conference Women's Basketball

Coach of the Year Award. Broadhurst graduated from MVCC in May 2007 and went on to Springfield College. He is the head coach of Keuka College's women's basketball team.

This season was Broadhurst's first as the women's basketball head coach, and the team earned 19 wins and the No. 2 seed in the NEAC Final Four. The team's win percentage for the season was the best in the conference at .792.

More Hall of Famers

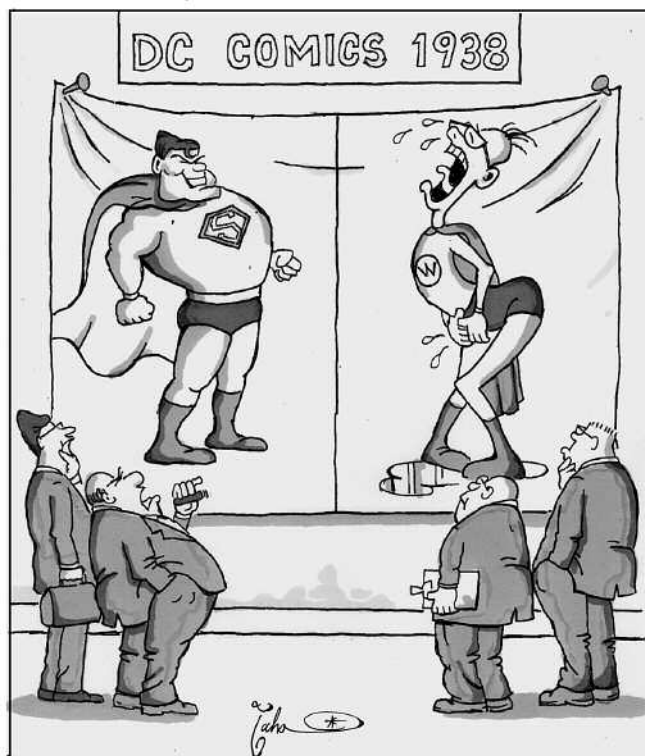
The Columbia-Greene Community College women's basketball team has been placed in the C-GCC Athletic Hall of Fame, and were surprised with the honor by C-GCC President James Campion at an on-campus celebration on March 22.

The induction recognizes the

team's achievements during the 2017-18 season, which included earning the Mountain Valley Conference and National Junior College Athletic Association Region 3 Runner-up awards and being ranked fifth in the nation among Division III teams in a NJCAA poll. These accomplishments are even more notable, Campion said, because the current women's basketball program at C-GCC is still new.

"The Twins women's basketball team was resurrected at C-GCC in 2016 after a 10-year hiatus, and we've known all season that this team was something special," he said, adding that the team was presented with the honor just two weeks after their final game of the season, marking the fastest turnaround for any inducted team or individual in C-GCC history.

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L. Taha



...and proposal #2, "Wimp Man". When the villain show up he screams, starts crying, wets himself, and faints. Hmm.. I still like the, "Superman" one better.

Campus News to publish year-round

Community College Campus News – the popular student newspaper widely distributed to 37 community colleges in the New York/New England/New Jersey Region and beyond – will become a full-fledged monthly paper in the 2018-19 academic year.

Begun on February 1, 2010, Campus News has seen steady growth these past eight-plus years, while other papers have either shrunk or completely disappeared.

The paper traditionally took two months off in the summer, but, considering that campuses have all become year-round with a wide array of summer courses, the demand for the

paper has also grown to 12 months a year.

Even in this digital era, Campus News has maintained a high pickup rate with its print edition by being colorful and truly relevant to its audience. Its success is proof that college students will indeed pick up print publications, if they are specifically geared toward them.

The paper uses student writers and faculty for content and provides useful stories that promote student success, as well as inform and entertain. To get involved with Campus News for the 2018-19 academic year, contact publisher Darren Johnson at cccn@cccn.us.

CAMPUS NEWS

is published once or twice monthly during the school year and distributed to over 37 New York, New England and New Jersey two-year colleges.

Regular Writers: Writers are usually college students, very recent grads or staff/faculty, including Telijah Patterson, Prof. John DeSpagna, Peter Briguglio, Gianluca Russo, Prof. Jack Mandell, Laura LaVacca, Jonathan Lopes, Kaylee Johnson, Ryan Walsh, Yesenia Coello, Dave Paone and Prof. Steven Levine. Additional writers include the publisher/editor, the occasional student freelancer and college interns working for the Scripps Howard Foundation Wire.

Publisher/Editor: Darren Johnson.

Original Layout Template: Thomas Johnson.

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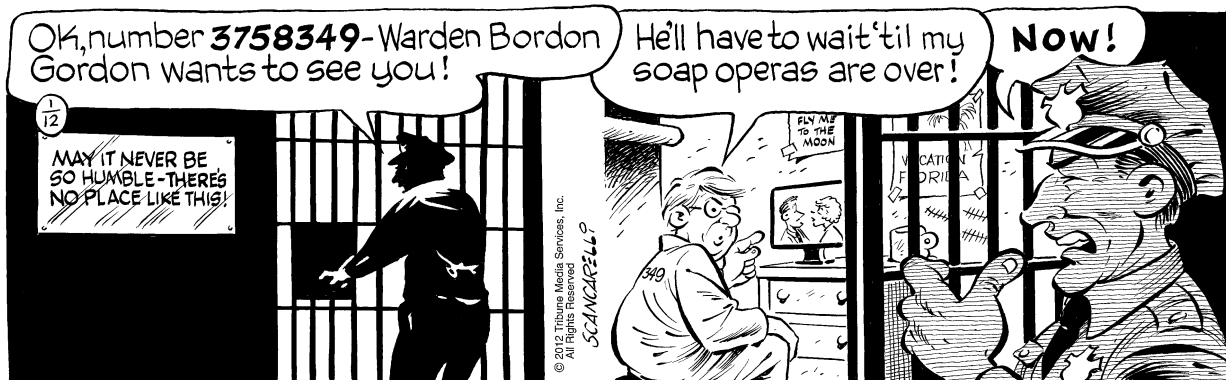
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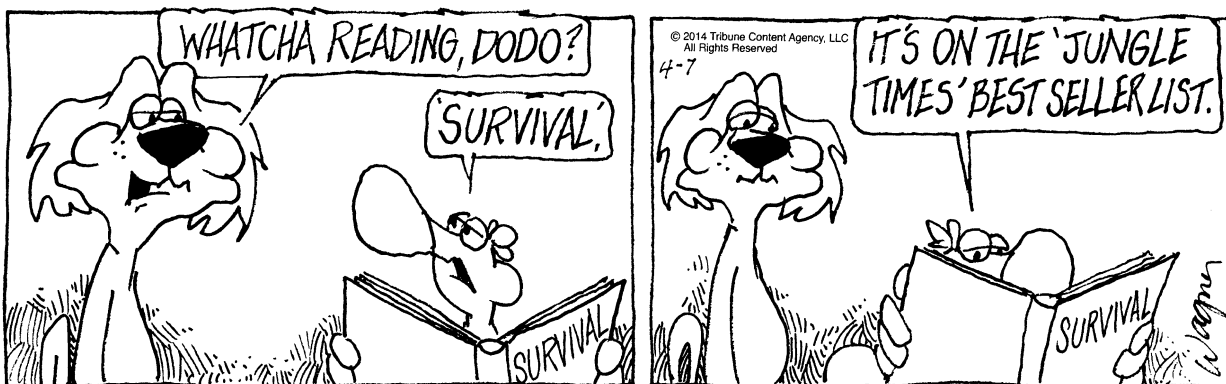
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Campus News is really rockin' Instagram.



See what we are up to in cyberspace. Follow [Campus_News](https://www.instagram.com/campus_news) – don't forget the underscore!

Scholarships for DREAMers

The DREAM Foundation recently announced its 2018 scholarship competition for immigrant students on Long Island at Nassau Community College. The scholarships will be awarded to immigrant students who have outstanding academic records and have contributed to their communities. State and county officials, Long Island community leaders, and representatives from local schools and colleges attended the news conference.

The DREAM Foundation will grant a total of \$50,000 in scholarships to incoming or

current college students from Long Island who do not qualify for federal grant and loan assistance due to their immigration status. Eligible students include DACA and TPS beneficiaries.

“As a Cuban immigrant, I am so proud of the contributions that immigrants make to this country. An important part of the mission of Nassau Community College is to assist its newly arrived neighbors achieve the American dream through higher education. The Dream Foundation’s scholarship program for un-

documented students helps fill an economic gap that federal grant and loan assistance programs do not. It is fitting that the Dream Foundation announces its scholarship program on the campus of Nassau Community College where Latino/Latina students make up a growing segment of the student population,” said Dr. Jorge Gardyn, Chair of Nassau Community College Board of Trustees.

“This program will make the dream of higher education available for students who otherwise would be shut out from

this important American dream because of their immigration status. These scholarships go a long way in bridging the gap and providing critical opportunities for these students,” said Dr. W. Hubert Keen, President of Nassau Community College.

Last year, the foundation awarded \$40,000 to nine exceptional immigrant students from Long Island, N.Y. More than 60 applicants from Haiti, Peru, Belize, El Salvador, Philippines, Germany, Spain, etc., participated in this competition.

All SUNY campuses may add pantries

The State University of New York launched its Food Insecurity Task Force of higher education leaders and students from across the university system, along with experts in the fields of diet and nutrition, campus food service, financial aid, food waste prevention, nutritional research scientists, among others. The group will build resources and support in alignment with Governor Andrew M. Cuomo’s “No Student Goes Hungry Program,” a comprehensive program to provide all students with access to healthy, locally sourced meals from kindergarten to college.

“Food insecurity continues to pose a formidable challenge across the United States and for many of our students, to the point of impacting their ability to achieve academic success,” said SUNY Chancellor Kristina M. Johnson. “I applaud Governor Cuomo for leading key stakeholders across New York

State to commit resources and form partnerships to solve this issue through his ‘No Student Goes Hungry Program.’ As the largest system of higher education, SUNY has resources in place and expertise to develop a sustainable food source program for our students. Today, 70% of SUNY campuses provide food security through food pantries, other resources for food on site, or strong community partnerships. We will make it 100%.”

Monroe Community College President Anne M. Kress and Food Bank Association of New York State Executive Director Anita M. Paley will co-chair the task force. This month the group will convene and begin work on three initial goals: scale up existing best practices amongst SUNY campuses, leverage corporate and private resources and support, and launch a comprehensive, multi-year campaign to build aware-

ness of SUNY resources.

President Kress said: “SUNY’s Food Insecurity Task Force is focusing on a critical issue that impacts students’ retention and success every day: hunger. At Monroe Community College alone, over half of students responding to a recent Wisconsin HOPE Lab study reported skipping meals and almost 40% reported being hungry but not eating because of cost. SUNY’s leadership on addressing food insecurity will help assure these students—and so many others—can focus fully on succeeding in and completing college. I appreciate the leadership of Governor Cuomo and SUNY in bringing attention to this growing challenge, and am honored to serve on a group dedicated to identifying system-wide solutions.”

Executive Director Paley said: “The Food Bank Association of New York State is pleased to be working beside

SUNY to build upon their demonstrated efforts to resolve student food insecurity on campuses. Food insecurity does not discriminate, it brings with it a hidden shame and a great deal of stress to those who experience it. The students who suffer are often the ones who are working to put themselves through school and may not have access to any other resources to make ends meet.”

The Task Force is being coordinated by Associate Provost of Student Affairs Dr. John L. Graham and will include representatives from SUNY’s 64 campuses and the following organizations: Food Bank Association of New York State, University Faculty Senate, auxiliary service corporations, Regional Food Bank of Northeastern New York, City Harvest, SUNY Student Assembly, and SUNY Board of Trustees Student Life Committee.

After you go, I will follow you ... online

Darren Johnson
Publisher, Campus News

I have taught lots of courses over the years. Often, I have upper level sections and students about to graduate. By this time in the spring, as the weather brightens, their minds are elsewhere – thinking of caps and gowns, or their next college or about getting a “real” job, and I allow that, not burdening them with mundane multiple-choice tests or other busy work. Instead, I try to give them sage advice for this point in their lives. We go over their resumes and LinkedIn presences. Everything is about to change radically for them.

At this point in my life, things have been about the same for a while. My radical changes happened 26 years ago, when, I, too, was a graduating student. I’d be the veritable Mr. Chips – in it for the long haul – if the colleges I’d taught for were more financially secure and not in radical transitions themselves; or, at least, if I’d been luckier. But I’ve pretty much had the same job for the past two decades, just at different colleges.

Toward the end of a spring semester with students about to leave the college, I tell them: “I will follow you on Facebook, or LinkedIn, or whatever social media will be in vogue in the

years ahead.”

It probably won’t be Facebook. But I will follow them. I do follow them after they leave my class and the college. Hopefully the next big social media company will allow me to transfer my contacts smoothly from Facebook and LinkedIn.

Students I taught 20 years ago now are mid-career. They look more like me now than actual traditional age students of today. They may have school-age kids. They usually have mortgages. They may be contemplating trips to Disney World. They have late-model reliable cars. Usually the jobs they have are relatively secure, though with boring titles – not



the stereotypical jobs we people in academia think you’ll land. For example, you thought you’d be a journalist – plain and simple – but

you’re an associate account manager for a mid-sized brokerage firm. Fine, just who could have predicted that?

Students I advised 10 years ago may or may not have babies. Their posts become less and less light-hearted in their 20s. They aren’t having as much fun anymore. I notice far fewer group photos, of them with people their age. They are turning into professionals, and they will work a lot.

Some form students meander a bit through their 20s, still posting about video games and



baby goats, still happy-go-lucky, and then something clicks in their mid- to late-20s and all of a sudden they have a job that looks rather interesting. They move from Facebook to LinkedIn. I hit “congrats.”

All of these students end up just fine. They join the struggle. The years start to go by faster and faster. There are setbacks. Parents pass away. Divorces. But there also are births/adoptions for those who choose to have children, and their social media lights up again, but in a different way.

In retrospect, the sage wisdom I gave them in their final days at the college was kind of silly. In reality, they are the ones moving – playing the game – and I’m watching from the sidelines at this point. Having learned my humble lesson, I won’t pontificate anymore. I should just say, “Have fun!”

And I should try to take that advice, as well. After a couple of decades of hard work, I want to have fun, too, instead of playing the role of wannabe sage. But the problem is, if one has too much fun – and posts it on social

media – they may get fired from the job that gives them the money to have fun. That’s not good. So, perhaps that’s why my former students’ posts have become sedate.

If you are one of those students about to move on, I won’t offer you any sage wisdom. It turns out, aside from the subject matter I teach, I don’t know much. What I have realized is by completing your education, you now can move on to a much more complicated phase in your life, and you will end up fine, sooner, or later. When you are ready. Just don’t ... wait, scratch that. I was about to pontificate. ...

... Just have fun.



Darren Johnson hopes you’ll follow him via

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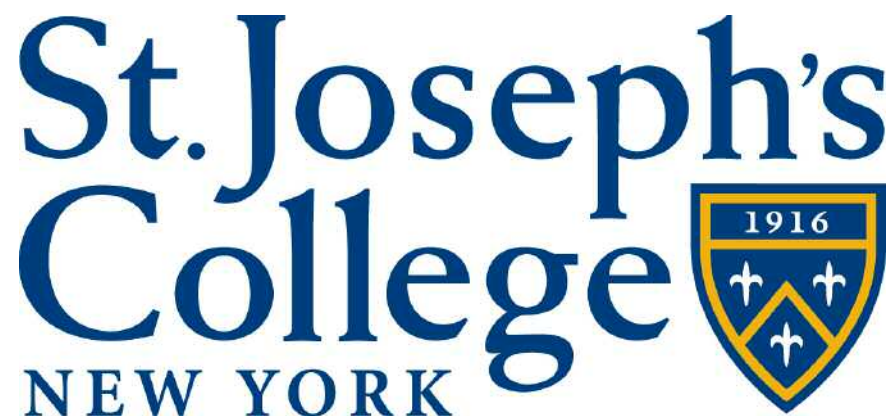
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Mercy helps 2-year students transition

Laura LaVacca
Campus News

Transitioning to a new campus after graduating from a community college or even after completing high school can be a nerve-wracking experience for any student. The decision of where to apply, what paperwork to fill out and what credits will transfer can be overwhelming.

Mercy College, with its main campus located in Dobbs Ferry, New York, is a private liberal arts college. Founded in 1950, Mercy offers more than 90 undergraduate and graduate degree and certificate programs within five schools: Business, Education, Health and Natural Sciences, Liberal Arts and Social and Behavioral Sciences.

“Mercy is the #1 choice for transfer students looking to complete their degree at a private college. We transfer in approximately 1400 students a year,” Anne Gilligan-Evans, Director of Transfer Recruitment, explains.

The College’s mission is to provide educational access for traditional and nontraditional students. These include students those who have serious financial needs or perhaps those who are first generation-college students.

Small class sizes paired with affordable tuition rates makes Mercy a popular choice and viable option for students seeking an affordable, but good, college experience. Part time undergraduate credits are \$761 each while a full course load is \$9042 per term. Tuition rates are comparable to CUNY schools and financial aid packages and generous scholarships are available.

“Mercy’s tuition is comparable to CUNY tuition rates with many students with low EFC attending Mercy for less than \$1,500 a year – many being first

generation students. Many of our transfer students work full time to support their families and are adults looking to complete their degrees and move ahead with their careers,” Gilligan-Evans adds.

Scholarship opportunities include those for athletics, education majors, accounting students, those applying to the health professions and those enrolled in Honors College. The complete list can be found on Mercy’s website. The website also outlines the transfer process, necessary paperwork and articulation agreements that Mercy has with many surrounding schools.

“We have articulation agreements with community colleges throughout the New York region that guarantees a seamless transfer of credits. We also have transfer orientations at all our campuses,” Gilligan-Evans explains.

Worried about the lengthy process? She continues, “At Mercy we have a fast turnaround for evaluating credits. Students should know exactly how their credits are applied to their majors, not just know that they are accepted by the college. We accept up to 75 credits from a two-year college and up to 90 credits from a four-year college. Students can get all this information in one visit as well as register for classes.”

Mercy strives to be generous with the transfer credits they take. They acknowledge that students have worked hard at other institutions and that shouldn’t just be erased. “We try to take as much as we can,” Deirdre Whitman, Vice President for Enrollment Management states.

When students register, they are assigned a PACT advisor “to mentor and coach them in navigating the academic, student life, career preparation and financial



aid aspects of college.” These coaches are the point people students go to when any questions or issues arise. In addition to college life, they track academic progress to help students develop necessary career skills that can help them attain an internship experience or even a job after college.

It is this constant attention and engagement with faculty that results in high retention rates. “The national average of students meeting with an advisor is two times per semester,” Whitman, offers, “At Mercy, it’s 20 times a semester.”

Furthermore, students work with their PACT mentor and faculty advisor to complete a portfolio of their career experience for which credits can be awarded. “Many adult students returning to college complete our Organizational Management degree in Business. The core courses for this degree program (39 credits) are completed in one year over three terms and can be taken online,” Gilligan-Evans adds.

“We have great campus locations in Manhattan, the Bronx, Dobbs Ferry and Yorktown as well as distance learning classes!”

The campus is also very easy to navigate and commute to: “The campuses are very accessible to all forms of public transportation,” Whitman notes. “We make sure that we make everything very streamlined for commuter students.”

The campuses also house many gym facilities and cafes that commuters can access when not in the classroom. Those choosing to dorm will have a chance to take in the scenery. Residential halls are along the Hudson and offer amenities ranging from meal plans to computer labs with free printing.

In addition, upon completing construction of a new building with more study areas, there’s also a student commons that includes a convenience store, Starbucks café and a 5000 square foot fitness center. There’s also a newly constructed pedestrian quad and exterior gathering areas.

So, why Mercy? Simply put, “Individual attention from award winning faculty and staff, small class sizes, affordability, generous scholarship and need based financial aid packages,” Gilligan-Evans states. “Our students have the drive and grit to succeed.”

Two great locations: Transferring to St. Joseph's College in New York

Laura LaVacca
Campus News

With a large transfer population, St. Joseph's College welcomes students coming from other colleges with open arms. SJC is a transfer-friendly institution with about half of new students enrolling from other colleges. With two campuses, located on Long Island and in Brooklyn, students can choose to commute or dorm. Dorming is available at the Brooklyn campus. With classes having ratios of 15:1 and the wide range of undergraduate majors and minors, master's degrees and certificate programs, St. Joseph's is a great place to find a major that suits any student. There are online courses, dual degree programs and study abroad opportunities.

Transfers are attracted to SJC's flexible credit policies, affordable tuition, and strong academics. Vice President for Enrollment Management, Gigi Lamens acknowledges that the campus "recognizes that transfer students bring valuable learning experiences with them to our campus community and they enrich our student body."

Lamens explains that SJC strives to "keep the transfer process as seamless as possible." For example, students may apply online and use our online transfer credit system to review how their credits will transfer to SJC. Therefore, students have a leg up on knowing which classes are accepted and which they will have to enroll in. Furthermore, staff is always around to help with any issues that arise throughout the admissions and financial aid processes. Lamens also encour-



Brooklyn campus

ages students to visit the campus and meet one on one with counselors "to plan the pathway to their degree."

A plethora of information about the process is available on their website. For example, SJC Brooklyn will accept up to 64 credits from a regionally accredited two-year school, and up to 90 credits from a regionally accredited four-year school. They will also accept comparable courses in which a grade of C- or higher was earned but some courses require a higher grade point and students should inquire further about specific subjects.

There are also quite a few special programs for transfer

students. All new transfer students take a one semester class called SJC 200 which is designed to facilitate a smooth transition. This course introduces students "to the mission and goals of St. Josephs Col-

Ranked by US News & World Report as one of the country's most affordable colleges.

lege." Lamens continues, "Additionally students explore learning and research skills, opportunities for campus and community involvement, and the nature of the liberal arts as envisioned by SJC."

Transfer students are also

offered the opportunity to enroll in dual BS/MS or BA/MS programs.

They also have a special honors program in place—"in fact, former Congressman Tim Bishops teaches one of the honors courses," Lamens proudly shares. As per their website, selected students will take courses with dynamic faculty, have the opportunity to travel both abroad and in the United States. They will develop skills to help them excel in graduate school and their future careers.

Lamens wants prospective students to know that there are a multitude of reasons to consider SJC. "SJC has the highest graduation rate of any college on Long island—public or private." Contributing to this could be the small class sizes

(cont.)

and the mentoring relationships that exist between professors and students. All classes are taught by professors, “never a graduate or teaching assistant,” she emphasizes. SJC strives to offer a full college experience both in and out of the classroom from student activities, to community service opportunities to athletics—even internships.

“Our focus is, and always has been, on student success and achievement which is why our graduation rate is so high and why our graduates are successful in gaining employment and obtaining entry into graduate and professional schools.”

The campus has also won many awards. In addition to being ranked by U.S. News & World Report and Forbes as one of the nation’s best colleges to offer affordable tuition, expert faculty, programs and small classes, the Washington Monthly ranked SJC in the top



Long Island campus

10 of their “Best Bang for the Buck” colleges in the Northeast. Military Times and GI Jobs Magazine recently listed the college as a Best for Vets and US News rated their online programs among the best for

2017.

Changes to the campus are on the horizon with resident halls planned for fall 2018 as well as new nursing labs opening in the fall of 2017. A new student center was just com-

pleted.

For more information, check out St. Joseph’s website www.sjcnj.edu or connect with them on Facebook, Twitter or YouTube.

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Molloy has perfected the art of transfer

Laura LaVacca
Campus News

Winning awards for its excellence is nothing new for Molloy College. Located in Rockville Centre, NY, the college is consistently named one of the top academic institutions in the Northeast by Princeton Review and US News & World Report. However, Dean of Admissions Marguerite Lane is most proud to share that most recently “Money magazine has selected Molloy as the #1 Value All-Star in the Nation!” The rankings were based on student retention, graduation rates, early career earnings of graduates and low loan default rates.

Dean Lane continues, “What this means is that students who come to Molloy stay at Molloy and graduate from Molloy. When our students graduate they succeed in their careers. In fact, in a Georgetown University survey, starting salaries of our graduates were among the highest in the country.”

The college has over 50 academic programs to choose from and many internship experiences. Programs ranging from education to nursing to business all have low faculty to student ratios of about 10:1. Just last year, the College opened the Hagan Center for Nursing, designed to support its nationally-ranked nursing program. The



Hagan Center features the latest technology in classrooms and laboratories. Each of the seven laboratories houses approximately 20 high-tech simulator “men, women and children” that students practice clinical procedures on. This will help prepare them for real-world experiences in hospitals and other medical facilities.

“Molloy was named the #1 college to study Health Professions by College Factual,” Dean Lane adds.

Putting these accolades aside, Dean Lane is adamant about the community at Molloy and cites the personal attention students receive as a reason for their close-knit community and success as an institution.

Transfer student Jan Mark Casco concurs, “Molloy’s campus is smaller and more beautiful [than other campuses on Long Island]. I do like that it’s basically in the middle of a residen-

tial area and that it’s open; it blends into the community, which adds more to the home-like feel.”

Casco, like so many other Molloy students, transferred to the campus after a community college or experience at another four-year school. Molloy has many programs in place to help such students.

There are different welcome programs including different orientations for different types of incoming students, “We have an orientation for transfers. They are a different population than those who are 18-year-old incoming freshmen from high school. Instead, they may be 20 or even 60-year-old students from different backgrounds,” Dean Lane explains. There is also a transfer day event and welcoming committee to help students adjust and receive mentoring.

“Being a transfer, I would give others a strong suggestion to take a proactive stance in everything from the application process to financial aid and coursework,” Junior Randy Gliebe offers. “Particularly with Molloy, the process was smooth and welcoming. If you have a question, either the person helping you will gladly assist or they

will redirect you to someone who can more effectively.”

Molloy has numerous articulation agreements with such colleges as Nassau Community, Suffolk Community and Queensborough to make transferring a smooth and easy process. Students who transfer to Molloy with an AA, AS, or

**The college
boasts over 50
programs and a
10:1 faculty ratio.**

AAS degree have their General Education requirements waived as well. The college website has a section devoted to incoming students and a

multitude of resources. Admissions counselors are available to sit with students and evaluate credits, program choices and help incoming freshman students on their educational journeys.

Transfer students should explore the website to be prepared about the process and make sure all requirements are met. For example, all accepted nursing students are required to take the Nelson-Denny Reading Test and a writing test in composition. These results are used to determine a student’s eligibility to take certain nursing and science classes.

Don’t forget to fill out financial aid and apply for scholar-



(cont.)

ships. There are even specific monies for transfer students.

“Molloy is one of the most affordable private colleges on Long Island. We offer Transfer Scholarships, Phi Theta Kapa Scholarships and we are a Yellow Ribbon Participant,” Dean Lane emphasizes. Transfer scholarships range from \$1500-5000. To be considered, scholarships are awarded to full-time undergraduate transfer students who have completed at least 30 credits of full-time

Molloy has transfer agreements with regional community colleges.

course work at a previous college and have a cumulative GPA



Molloy College

of at least 3.0. For nursing majors, the requirement is at least a 3.3 GPA. The Yellow Ribbon Scholarship is awarded to veterans, and more information is available on the website.

Aside from academics, the campus offers a vast opportunity for students to get involved in from extracurriculars to Greek life. With over 60 clubs and organizations, there is something for everyone. The American Sign Language Club, Business & Accounting Club and Club Italia are just a

few. Students may also choose to participate in student government or be a student orientation leader.

Dean Lane notes, “We have a vibrant student life which will help transfer students to become engaged and transition to our campus.”

“Be sure to integrate as much of yourself into the environment as possible for the sake of networking, socializing, and individual growth. Ask questions, to everyone,” Gliebe urges.

In addition to the many re-

sources and events on campus, the location of Molloy is also a plus. Students are in a great locale for internships and careers, being under an hour away from Manhattan. There are also many community-based internship opportunities.

Molloy strives to give students a solid education while also giving them real-world experiences.

For more information about the transfer process, please visit: www.molloy.edu/admissions/transfer-admissions.

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