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BRIDGE WORKS 2



A HORSE TALE 28



OUR GRANDMA 11



MASKS 6



SOLVE 21

OUR BRANDS

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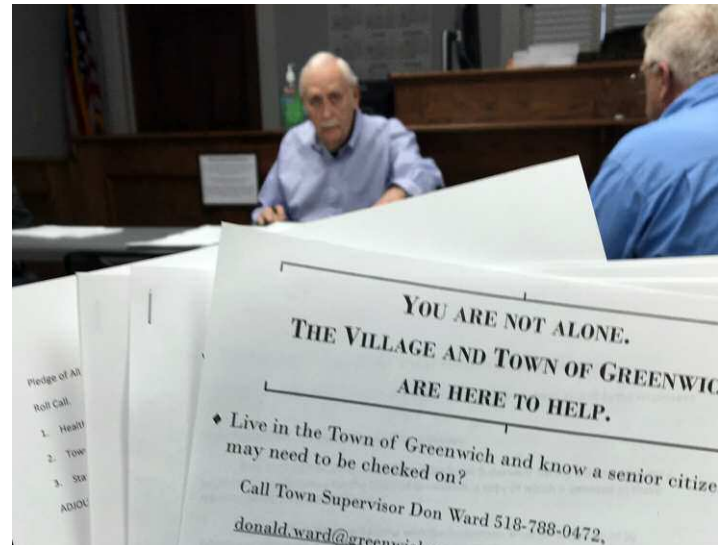
JournalandPress.com

You are not alone

**Municipalities go virtual,
but officials step up to
help those in need.**

Greenwich Town Supervisor Don Ward declared a State of Emergency amid the current COVID-19 pandemic at a special council meeting on March 20. Other area municipalities have done the same, allowing them to work virtually. But Ward, along with Greenwich Mayor Pam Fuller, and other local leaders want residents to know help is available. Don't be afraid to call.

Please read more on page 25



Back from the brink

People dressed as T-Rex dinosaurs have been seen individually visiting local eateries and grocery stores in this sudden age of social distancing. And then three of them met at once – along with three dogs – at the Greenwich Tractor Supply on a recent Saturday, reminding us that COVID-19 is not necessarily an extinction event.

Please read more on page 7



FIND US IN THESE STORES:

The Schuylerville
Turning Point



OUR
REGION'S
HISTORY
- TODAY

Route 29 bridge now may get sidewalk

The Greenwich Town Council called together a special meeting on March 20 to declare a state of emergency for the town. This may sound dire, but really it's a formality, as well, during this current COVID-19 crisis so that employees can work flexibly and away from each other and still get paid. The board can now meet virtually to make necessary decisions. Property tax checks can be mailed or left in a safe box outside the building. Town Hall will be closed but supervisor Don Ward and clerk Kimberly Whelan will be inside and available by appointment. "I think it's important that we wave the flag and not close shop," Ward said.

The meeting only lasted about 25 minutes and chairs were separated six feet apart. Only DPW chief Stan Mattison, town health officer Julie Mosher – detailing sanitary best practices – and this

reporter were in attendance, along with the whole board who voted 5-0 to enact the state of emergency.

The highway department is helping local residents, by request, and performing senior safety checks, and working alternate days to avoid personal contact with each other.

The topic of the Route 29 Bridge came up. This paper detailed the controversy around that in its March 16 issue. After that article, Easton Supervisor Dan Shaw said the DOT had reconsidered and will add a sidewalk, but Mattison said that he had not heard that and reiterated that the town would not maintain a sidewalk, if built. Currently, no heavy work has been done on the bridge but a one-way robotic light is now directing traffic.

-dj



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Website aims to help local businesses

Darren Johnson
Journal & Press

Electronically, I connected with the Greater Greenwich Chamber of Commerce's Kelly Stephen Eustis and asked him about the wonderful new website he created in the midst of our current crisis. Check it out at BattenkillStrong.com. Our chat:

J&P: *Wow. You were able to get up this site right away. How long did it take you? It's very impressive.*

KSE: From concept to launch, it was about 24 hours to get the site up and running. I started it on Sunday morning and was able to let the public know on Monday morning. Domain was registered, research done, layout designed, and sent out via email and Facebook. It was inspired by other chambers around the country who are doing whatever they can to provide resources to their members, local businesses, and the community at large. Originally we had our list of restaurants on an updated spreadsheet but this did not suffice as a way of getting pertinent information out to the public.

J&P: *What are some key elements of the site?*

KSE: One of the main elements is our list of businesses that provide food and beverages called "Social Distance Dining" that gives a link, phone, and address of each business and shows



Kelly Stephen Eustis

whether they are open or not during the restrictions. Other available resources are categories as business-related or community and health related, along with the general information on the virus itself. Contacting us is important so there is a form to let us know of any updated information that people would like to have added. A goal is to expand into more focused areas like non-profits, who have been greatly affected, and agriculture. Updates are done continuously as every day brings a new development and the government response is ever-changing.

J&P: *For those businesses staying open, is there a common theme? How are their sales going?*

KSE: Our membership is made up of retail, manufacturing, non-profits, and agriculture so we have an array of how this crisis has affected them, some more than others. Based on impact survey results, only 25% of our members had an emergency operations plan. Event cancellations, visitor declines, and supply chain concerns have affected a majority of our businesses and organizations. Almost half have had to lay off employees and a majority are seeing reduced revenues. About 75% have stated they look to the chamber for resources and crisis communications, especially with the ongoing changes.

J&P: *How has reaction to the site been?*

KSE: We've received numerous positive email responses. Anything we can do to get information out there has been the mission of Battenkill Strong. There can be confusion among business owners, organizational leaders, and community members – having a one-stop re-

BATTENKILLSTRONG



**GREATER GREENWICH CHAMBER OF COMMERCE
COVID-19 RESOURCE CENTER**

Battenkill Strong is a project of the Greater Greenwich Chamber of Commerce to provide information and resources to businesses and residents of Southern Washington County, New York with developments and impacts relating to the Coronavirus (COVID-19). We are all in this together. #BattenkillStrong

Business owners and organizational leaders: please take this survey so we know what your most pressing needs are and how we can help connect with you available resources to help keep business running as normal as possible.

The BattenkillStrong.com homepage

source center with a local focus helps with that.

J&P: *Overall, it's pretty apparent some businesses may not survive this crisis. What are some tips you have to help businesses weather this?*

KSE: The crisis has certainly caused a large disruption in daily life and small business owners are feeling that affect profoundly. Many are doing what they have not done before in order to continue operating, whether it be working with limited hours, changing how orders can be done such as online platforms, and switching to pick-up and delivery not previously offered. My tip would be focusing on ways to grow your business, not just for this period of time, but for the future that can produce multiple revenue streams. Thinking outside the box and finding ways to work with other local businesses to cross-market your products or services will go a long way for reputation and growth.

J&P: *In times like these, why is it helpful for a business owner to be involved with a*

Chamber of Commerce?

KSE: It is important to be a chamber member! Our organization exists to better the community and business environment of our area. Many of the businesses and organizations we are promoting during this time are not members and I hope they find some value in what we are doing. The marketing capabilities of the chamber are growing, especially by email and social media, which equals more exposure for a member.

J&P: *Any parting thoughts?*

KSE: What happens after seems to be the focus and discussion of recovery efforts are going to be key. Getting through the restrictions will be tough but after we need to do whatever it takes to promote, market, and drive business. Ideally I'd like to create more of an alliance with other local chambers as there is power in numbers. Working together, pooling resources, and becoming more centralized would only benefit our communities, especially in times like these.

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MKT-P0108

Need help? Call Shopping for Seniors

Former Greenwich Town Supervisor Sara Idleman and local college student Annabel Gregg, with the help of the Greenwich Lions Club, have formed a new group called Shopping for Seniors.

If you are a senior citizen who needs a shopper to hit local stores for you during this crisis, they are here to help, and they have several volunteers.

"I am a member of the Greenwich Lions Club and wondered in beginning what that group might be able to do to help out," Idleman said. "Because the Lions are a service organization, the idea of shopping for seniors seemed like a good way we could contribute. Annabel and I have worked together from the beginning. We put out a call for volunteers; 13 have signed up so far. Her idea was to create a buddy system with a volunteer and senior working together.

That seems to be working. We have used social media to spread the word and given out our cell numbers for seniors to make the initial contact."

Seniors will be assigned a buddy, who will check in with the senior by phone at least weekly. To make this safe, considering seniors are most vulnerable to COVID-19, volunteers get a new, reusable grocery bag, disposable gloves to wear, and a prepaid gift card to purchase the groceries with. They shop for the senior and, to minimize contact, leave the groceries outside the senior's residence, calling and telling him/her that the items are there. The senior then can write a check for the amount to the Lions.

For more information or to team up with a volunteer, call Idleman at 518-727-1269 or Gregg at 518-925-7027. -dj

Bottskill Baptist News

During these very difficult times, Bottskill Baptist has put together a number of resources to keep communication, education and worship flowing to its church family. Pastor Sandra will be recording a worship devotion each Wednesday afternoon until the church is open again for regular worship.

Weekly Worship Devotional: Available each Wednesday evening. Find the groups on Facebook: "Greenwich, NY Bottskill & Lakeville Churches" or via the website www.bottskillbaptist.org.

Sunday School resources links are found on www.bottskill.org on the Sunday School page. Parents should note that these links will take children to outside websites. Please review the sites before allowing your children to visit them independently.

For high schoolers, Amazon Prime has *The Bible Ministries* available. *Peanut Butter Falcon* (PG13) is newly released and has a wonderful message. Netflix and Amazon Prime have many Christian themed movies.

Pastor Sandra is available for your pastoral care needs. Call her at 518-692-0284.

The 'We Care' Page

Send a note to a local senior!

The Journal & Press is working with the administration at a local senior home, Slate Valley Center in Granville, to get residents germ-free messages from the community. Follow the directions below, and we'll get your message out to all the residents there!

Write and/or draw your message in the box below, and then either:

*** Take a photo of the page (and with the artist (*optional*))**

and text it to 518-879-0965 or email to editor@journalandpress.com;

OR * Clip and mail this page to 39 Cty. Rt. 70, Greenwich, NY 12834, and we'll scan and send it in electronically! We'll also print some in our next issue!

From (Your Name): _____

Your Town/Village/School: _____

**JOURNAL
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Est. 1842

Local group sews masks for crisis

Annabel Gregg
Journal & Press

There's a Mister Rogers quote that pops up whenever there's a tragedy or crisis; whenever he'd see something scary on the news he would repeat: "My mother would say to me, 'Look for the helpers. You will always find people who are helping.'"

Medical workers have been working non-stop as a result of the novel coronavirus outbreak, as thousands of patients around the country have been infected, and hundreds have died. Supplies of much-needed materials like face masks, ventilators, and hospital gowns have been severely depleted in medical centers everywhere, and until the federal government steps in to help provide these supplies, facilities have been forced down a dangerous path. They either have to reuse these materials — which essentially renders items like face masks and gloves useless — or ask for donations from the public.

That's where the Mask Angels come in. A Facebook group of about 70 individuals has shown that they are the helpers that Mister Rogers was talking about. The group has been sewing together handmade surgical face masks and donating them to friends, family, nurses, and medical facilities all around the area. Aside from Greenwich seamstresses, the group has individuals from all over, some from as far away as Florida or Arizona. "We've got people over in Glenville and Wilton, and we're kind of all just trying to do what we can," says group organizer Judy Doonan.

About two weeks ago, Doonan started this project to



get surgical face masks to the people who need them. She saw another Facebook post from a newspaper in Indiana, calling for mask donations as medical centers around the country desperately need them. After reading that post, she went to work. Her job as an independent contractor sales representative has slowed due to the virus, like many of the other group members', and she decided to use her increased time at home for good.

The group members have spent hours each day sewing together face masks from fabric and elastic ties. "The mask is made of 100% cotton, the fabric is pleated over, but there's also a pocket so you can put a filter in it, so it actually becomes pretty darn effective," she explains.

'It's 100% cotton and actually becomes pretty darn effective.'

The funny part is, Judy doesn't sew herself. "I'm not the sewer, I just got this started!" Her husband David helped her get the Facebook page up

and running, and now "I'm just coordinating everything. I have a lot of very talented friends [who sew]." But not sewing doesn't mean she isn't working. "Every day this is what I do now," she says, "I'm washing cotton fabric donations, answering questions, making sure people have what they need."

Doonan reiterates how dire the need for masks is in medical centers around the community. "We'll never be able to do it all, but hopefully we're able to get some people protected," Doonan explains. "It's going to be a while before they get what they need."

The group has made nearly 200 masks to date, and plans to continue making them as fast as they can for as long as they're needed.

The Mask Angels are actively looking for people who can sew to help with the effort. They also are looking for donations of seam binding to make the ties for the masks and braided elastic for the mask ear hooks. If you are interested in joining or donating, please personal message the Mask Angels Facebook page.



A Mask Angel (via Facebook)

Get college credits online

Registration has begun at SUNY Ulster for Summer Session 2020. There are three summer sessions from which to choose with online classes.

SUNY Ulster welcomes visiting students who may transfer credits back to their main institution. Summer session I runs from May 18 – June 29. Summer Session II runs from either May 18 – July 14 or May 18 – July 27. Summer Session III runs from July 6 – August 13. Over 70 courses are being offered. Included are many general education courses needed to complete both an associate degree as well as a bachelor degree. Cost is \$180 per credit for in-state residents. Payment plans are available and students may be eligible for financial aid.

Visit sunyulster.edu/summer.

It's Jurassic World at local shops

Darren Johnson
Journal & Press

Several people donning costumes have been spotted in the Greenwich area of late, since the Coronavirus outbreak. Photos have been appearing online of a Spider-Man and perhaps a unicorn – the footage was rather fuzzy; it could have just been an ordinary pink and blue horse – but most common has been a seven-foot-tall T-Rex dinosaur.

At first, I thought it was just one person donning the costume, but, apparently, at least four people have this costume ready to go. It's enclosed with a separate ventilation system, rather like a hazmat suit, so organizers feel safe.

Through Facebook, Suzette Kuzmich of Greenwich told The Journal & Press that she and her son Heath, have been doing dinosaur appearances since 2015. They also have appeared as Spider-Man. On March 28, Suzette donned a T-Rex costume to help hand out free milk from 5 Acres Farm in Kmart Plaza.

But later that day, three other T-Rexes were seen at Tractor Supply, with dogs. They then headed to Dunkin Donuts and Hannaford.

I met up with them in person and they identified as Dee Brandt from Sushan, Holly Harris of Greenwich and Flo Myrick of Sushan.

By day as a school district employee, Brandt also delivers school lunches to Cambridge children home since the outbreak wearing the T-Rex costume. She was with Augie, a great dane who also is a therapy dog. "I can't bring the dog with me as I deliver lunches," she said. "But the kids really look forward to seeing the T-Rex," she said.

Lucas Irwin and his daughter Addie, 4, of Greenwich, were shopping in Tractor Supply at the time of the dinosaurs' visit and got a kick out of them. Addie, in particular, seemed to enjoy the giant, well-behaved dog. Lots of other shoppers also stopped to take photos. One shopper yelled at the dinosaurs for not social distancing (though the suits are essentially a bubble). Hundreds of people online, though, liked my photos of the dinosaurs and agreed it was harmless fun to let off steam during



these otherwise tense times.

The Tractor Supply appearance was the first time these three women had gotten together. "We love doing this," Harris said. She's also the owner of Windy Hill C-B-D. "It's a really great way to practice social distancing. We're contained, so we're not going to be exposed to anything, and it also puts a smile on everyone's faces. And we also now put the dogs with it. It makes everybody happy."

Myric, a farmer, was with her border collies Tyler and Poppy. Two weeks earlier, she was seen in Hannaford as the T-Rex, shopping for her horses in the produce aisle. A video was taken that went viral, even appearing on "Good Morning America."

People in Greenwich assumed it was Harris, because they knew she owns a T-Rex costume. She then contacted Myric via Facebook, who knew about Brandt's efforts, and the three agreed to appear as a trio.

"We're safe in these costumes, we're not sneezing on anyone, and it's funny," Myric said, "and it's a safe way for us to go into town. Plus, there's also the irony of dinosaurs' extinction."

Myric and Brandt had first gotten the



Lucas and Addie Irwin –dj photos

costumes for Halloween. "And then we thought we could snowmobile in them, but we realized we'd have no visibility," Myric said.

Where will the T-Rexes appear next? Who knows? But the Journal & Press will stay on this developing story!

Squirrely kids

Liv Thygesen
Journal & Press

Our yard growing up was home to a giant old sugar maple tree. The kind of ancient maple with the grey peeling bark and the large three-pointed leaves. The deep-rooted tree was now the honorary holder of our swings. Made of wood and hung with great care on the two lowest branches, the swings were the source of many a joyous afternoon in our youth. The curvature of these lowest branches shaped an “L.” My brother and I would swing for hours and if we got high enough, we could kick our feet into each other and giggle endlessly.

The weathered maple in our yard was also home to many bugs and furry beasts. Cicadas, “ear pincers” and squirrels also resided within its branches and leaves. We looked forward every year to the transformation of the buzzing cicadas. the exoskeletons that they would leave behind on the jagged bark were great to collect and study. Of the many insects and animals that also enjoyed our tree, the squirrels were the most prevalent. They would scurry up and down the wide trunk all year long. Burying and digging up their nuts, acorns and other goodies required to get themselves through the winter. “Wouldn’t it be great” my brother and I thought, “if we could catch one of these squirrels and train it!” “He could find all kinds of buried treasure and gold!” added my brother. “YEAH!” we dreamed aloud.

We began the next morning collecting all of the necessary squirrel catching materials and mapping out our plan. We

walked down to the local market in search of the perfect box. On the curb in front of the store, we spotted the perfect cardboard box. It was a sturdy produce box with no flaps. Flaps would prevent the box from sealing to the ground. This box was perfect, and we brought it home. Second, we had to fashion the perfect stick to a long piece of rope. We scoured the neighborhood for a thick enough twig. Three-quarter of an inch and one and a half foot long. We used our jack knives to whittle it down and notch the tip to better house our twine. Cordially, we asked my father for 20 feet of thin rope and secured it to the notched tip of the twig.

‘It lifted the box, sneered at us and ran off!’

At long last, we had all of the pieces to our squirrel trap! All that was missing was the bait. Into the pantry we stole, grabbed a handful of saltless saltines and a jar of peanut butter and set out to make the best squirrel bait ever. Once the bait was ready, we used our perfectly designed stick to prop up the box next to our maple tree and between our two swings. The long length of twine was stretched out as far as it would reach. At the far end of that twine, we set up camp. Two lawn chairs and some glasses of lemonade. I held the twine in one hand and my brother held the extra bait in his. Together we sat all afternoon. Watching. Waiting. Silent. Any movement would scare the squirrels. To-

gether we sat so still. So silent.

The morning had turned into afternoon and still no squirrels had been remotely interested in our perfectly prepared squirrel bait. Patiently we sat. Finally, an unwitting squirrel was sniffing around our box! He sniffed closer. His head poked under the tilted edge of the box. His shoulders next were inside. Then his entire tail was inside! I yanked the string as hard as I could! The twig, still attached to the twine, went sailing into the air. “Flop!” went the box over the squirrel. We squealed with glee! We had done it! We captured our Squirrel! Just then the slick furry beast lifted the box as if it were a feather. He lifted it over his head, sneered at us and ran off! We had not planned on an iron man competitor for a squirrel. Although we had not successfully captured the squirrel, we had successfully set a trap that albeit,



temporarily apprehended the furry beast. If our maple could speak, I’m sure he’d comment on the squirrely nature of kids and their ingenuity.

Liv Thygesen has been a marine, educator and community advocate. She owns Sip & Swirl in Greenwich.



Battlefield closed

The National Park Service recently announced the suspension of operations at Saratoga National Historical Park (NHP), effective Wednesday, March 18. All facilities and buildings at the Battlefield Unit and Schuylerville Site are closed. The grounds are open sunrise to sunset and to be used at your own risk as there is no emergency staff on site.

The Park urges our visitors to do their part when visiting a park and to follow CDC guidance to prevent the spread of infectious diseases by maintaining a safe distance between yourself and other groups.

For updates check our website at www.nps.gov/sara or Facebook and Twitter: @SaratogaNHP.

A library without walls

Annie Miller
Journal & Press

Q. What is the library when the doors are closed? **A.** An important community resource for Greenwich.

The wonderful books, with their weight and smells and satisfying page-turning, are resting quietly on the shelves – along with the music and book CDs and the movie DVDs – but the Greenwich Free Library website is growing every day as we add resources, reliable information and new ways to access them. Our Facebook pages are bursting with updated health news, activities for families and fun posts to take your mind off your troubles. Our open WiFi is on 24/7. You can sit (alone) on our back porch or bring your new mobile office (car) to our parking lot any time you need to

connect.

If you haven't been to our website lately, take a moment to look it over. Go to our new menu category, Digital Library, if you need a card or can't remember your card number. Digital Library is also where you'll find a growing list of links to many newly available online resources. The Home page is where you'll find ebooks /audio-books and databases. We have redirected resources to add titles to those collections in the last few weeks. We are currently in the process of getting Kanopy, a streaming movie service, that will allow our cardholders to watch without joining a subscription service. So check back.

We've had questions about why we closed and why we aren't lending any physical books and movies. Shutting the

doors and knowing that there are plenty of our friends and neighbors who can't get online has been heartbreaking for us. There are people we see – and love to see – every week or every day. We miss talking with them about books and everything else. We are glad to be there for people who pop in for a fax, to get a document notarized or because their printer broke down. We recently added to our public meeting spaces because we know how important they are to community groups and individuals. Our own programs had waiting lists. The library is a basic element of community infrastructure that fills many needs for people of all ages.

Serving our community is the basis of our mission and the best way to do that right now is to shut down a potential point of transmission. And until we get

a definitive answer about how long the virus lives on books, we can't in good conscience circulate them throughout the community. We are monitoring the situation and will leap on any good solution to this problem as soon as we find it. In the meantime, we hope that the folks who can't get online have a stack of "books I'll get to someday" to finally get to.

We do have one request. Please check in with your neighbors – even if you aren't friends. One of the important functions of the library is social. After a week in the house, a lot of people are feeling the lack of connection. A phone call or a socially-distanced conversation can really brighten someone's day.

*Annie Miller
is director of
the Greenwich
Free Library.*



Garden plots available

Registration for individual garden plots is now open. Located on Bleecker Street next to St. Joseph's Church, the garden enjoys full sunlight and great soil. It is a fully fenced area with its own water, wash station, compost bins, and community tools. There are 16 individual plots plus four Pantry plots that all produce an array of vegetables, fruits, herbs, and flowers. Plots are available in 10' x 20', 10' x 14' and 10' x 10' dimension. This gives gardeners a range of sizes to choose from when planning out how much space they want to commit to for the season. 10' x 20' plots are \$25 for the season; 10' x 14' and 10' x 10' plots are \$12.50 for the season.

The community garden season runs from May 2nd to October 31st. The community space provides an opportunity to garden together - sharing tips, recipes, produce - and to meet new people while you're growing.

To reserve your garden plot for this year, go to our website: comfortfoodcommunity.org. Under "Services," you will find "Community Garden" in the drop down menu. You can download the

application and mail it to Comfort Food Community, P.O. Box 86, Greenwich, NY 12834. Checks should be made out to Comfort Food Community with Community Garden on the memo line.

Garden plots are assigned on a first come first serve basis. As space is limited, please contact Devin Bulger, at devin@comfortfoodcommunity.org, to find out if there are still available plots before sending in your application and fee. Register today for a summer of productive fun!



Help an ACC student

Beginning March 23, SUNY Adirondack students started accessing all of their courses using internet connections and appropriate devices.

If you know a SUNY Adirondack student who might not have access to the internet and/or a device and can help provide access, please help us in helping our students.

The college will assist every student it can to identify ways to gain access and/or loan a device, but the community's help would be greatly appreciated.

Want to help? Please email community@sunyacc.edu to offer any assistance.

Staying active: A guide for local teens

Cody Fitzgerald
Journal & Press

With the recent news that we're supposed to be staying in our houses and social distancing, it can be hard to stay on top of your day to day schedule. If you're anything like me, you've exhausted every episode of "The Office." and you can only name so many twigs on your lawn before it becomes weird.

Unfortunately my relationship with Pop Tarts has progressed to serious levels, preventing me from becoming a fitness expert. However, after some extensive research, discussions with trainers and an intense staring contest with a bottle of Powerade, I have composed a list of things you can do to stay active during the quarantine.

Go For a Walk. My go-to,

not-physically-demanding-yet-very-healthy exercise is going for a walk. Throw in some earbuds, or don't. and take in nature as you go. As a professional walker (been walking since age one; my crawling skills have slowly faded unfortunately), I must advise that if you are listening to music, you check your surroundings and make sure there is no other life in your radius before you start singing the song. Not that this has happened to me.

Go For a Run. On the contrary, you can go for a run. This is a really rewarding and fun activity to partake in, or if you're anything like me, you have a thirty second run, thirty minute walk system. Fun fact, I unofficially hold the world record for fastest cramp (13.4 seconds). Long story short, water is your friend.

Clean the Lawn. This is usually disregarded as a chore but lack of allowance may immediately discredit this as a leisure activity — and there is some fun in it. Pick up some sticks, bring out the lawn chairs and inevitably rush them all back into the garage when we get our monthly surprise snow storm.

Play an Active Video Game. Admittedly, my video game knowledge ends with Candy Crush, but I have heard of several active video games that you've probably got stuffed away just like me. I haven't touched a video game since elementary school but within thirty minutes I was dancing to "Promiscuous" on my old Wii, and letting go of the remote during the bowling game nearly shattering my television.

Work on Your Breathing. I'll admit, I initially thought breathing exercises wouldn't do much for me but they help a lot. Although I struggled initially with the counting up to ten aspect, you can very easily record your breathing on the in-two-seconds, out-four system that I definitely did not come up with myself.

These are just a few ideas of things to keep you busy during the quarantine. Remember to stay safe, wash your hands and remember your Netflix password.

Cody Fitzgerald is a Schuylerville High School junior aspiring to become a screenwriter and comedian.



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Our greatest artist: Grandma Moses

Jim Nolan
Journal & Press

Born Anna Mary Robertson on September 7, 1860, in Greenwich, Grandma Moses was one of the most famous folk artists of the twentieth century. She grew up as one of ten children on her parents' farm. Leaving home at age 12, Moses went to work as a hired girl for a nearby farm. She married Thomas Moses in 1887, and the pair settled in Virginia's Shenandoah Valley. There they ran a farm and raised five children.

In 1905, Moses returned to the area with her family. She and her husband operated a farm in Eagle Bridge, New York. Moses later began dabbling in painting, creating her first work on a fireboard in her home in 1918. She occasionally painted after that, but she did not devote herself to her craft until much later. She was a member of the Society of Mayflower Descendants and Daughters of the American Revolution. Moses suffered a great loss in 1927 with the death of her husband, and she sought ways to keep busy in her grief.

By the mid-1930s, Moses, then in her seventies, devoted most of her time to painting.

Her first big break came in 1938. She had some of her works hanging in a local store, and an art collector named Louis J. Caldor saw them and bought them all. The following year, Moses had some of her paintings shown at the Museum of Modern Art in New York City in an exhibition of unknown artists.



Moses often drew from her memory for her captivating scenes of rural life.

According to the New York Times, she once said that "I'll get an inspiration and start painting; then I'll forget everything, everything except how things used to be and how to paint it so people will know how we used to live." Some of her images, such as "Applebutter Making" (1947) and "Pumpkins" (1959), brightly depict the labors involved in agricultural life. Others, such as "Joy Ride" (1953), showcase a moment of fun and play.

Sometimes referred to as an American primitive artist because she was self-taught, Moses developed a devoted following. In the mid-1940s, her images were reproduced on greeting cards, which introduced her to a wider audience. Moses won the Women's National Press Club Award for her artistic achievements in 1949. She went to Washington, D.C., to collect this honor and met with President Harry Truman during her visit. Moses soon switched from the paintbrush to the pen, writing the 1952 memoir "My Life's History."

Her works have been shown



"Sugaring Off" (1955)

and sold in the United States and abroad and have been marketed on greeting cards and other merchandise. Moses' paintings are displayed in the collections of many museums. "Sugaring Off" was sold for \$1.2 million in 2006.

To celebrate her 100th birthday, New York governor Nelson Rockefeller declared September

'In her 70s, she began, creating 1500 works of art.'

7, 1960, as "Grandma Moses Day." He repeated the honor the following year to mark the artist turning 101. By this time, however, Moses was in ill health. She passed away on December 13, 1961, in a medical center in Hoosick Falls. She is buried there in Maple Grove Cemetery.

During her career, Moses created about 1,500 works of art. Her paintings still remain popular today and provide a

glimpse into America's pastoral past. Many of her paintings can be seen at the Bennington, VT Museum. Her son, Forrest, became a well-known folk painter in his own right. Fourth generation Will Moses has developed a wide following as a painter and maintains a studio and gallery in a 200 year old farmhouse in Eagle Bridge, call Mt. Nebo Gallery.

This reporter had the privilege of seeing Grandma Moses riding in a car in the 1958 Troy Memorial Day parade. I asked my father, "Who is that?" His reply, "That's Grandma Moses. Someday you can tell your children you saw her."

A resident of Greenwich, Jim Nolan is a Professor of Business Analytics at Siena College and serves on several Greenwich area nonprofit boards.



Making bananas into a frozen treat

Wolfgang Puck
Special to Journal & Press

I know fans of frozen desserts that will go out in a snowstorm for a scoop of their favorite flavor. If you love ice cream, you'll eat it no matter what the weather is like. So, even though summer is still months away, it's ice cream season now (and always).

The same doesn't always go for ice cream flavors based on fruit. Sure, you can go into the supermarket or a big-chain ice cream shop and get strawberry or cherry ice cream any time of year, even though those flavors depend on late-spring or early-summer fruit. But, for the best homemade fruit-flavored ice cream, I prefer to use fresh, in-season produce.

One particular fruit, though, is reliable virtually any time of year: the banana. Grown in the humid tropics, bananas are always in season and almost never disappoint you; unless, that is, all you can find are green bananas, which will still ripen to brown-speckled yellow skins within three to four days.

I love to use bananas to make ice cream, because the fruit itself has a smooth, creamy consistency already very much like that of the frozen dessert itself. And they become so sweet when fully ripened that you need to add very little sugar to sweeten the ice cream mixture itself. In fact, the bananas even benefit from a hint of sour tanginess from a generous dollop of sour cream to balance out the fruit's sugars

To get the fullest, sweetest banana flavor in the recipe for my banana sour cream ice cream, you must make ab-

solutely certain that you use very ripe bananas; so ripe, in fact, that their skins are uniformly brown, with barely a hint of yellow. Start by buying the ripest-looking bananas you can find in the market. To speed up ripening, detach those you plan to use from whatever bunch you've purchased, and put them in a loosely closed brown paper bag at room temperature. The bag will contain the ethylene gas bananas naturally emit as they ripen, speeding up the process. You can even boost the process by adding to the bag an apple or a tomato, both of which also give off ethylene.

In addition to the sour cream in my recipe, I also enhance the banana flavor by including touches of two other compatible flavors: mellow honey and earthy, slightly astringent walnut extract. The result is a surprisingly complex-tasting yet still mild, even soothing treat.

What could be better? Add to each serving a generous drizzle of my simple bittersweet chocolate sauce. The result is like having a fantastic chocolate-covered frozen banana in a bowl!

BANANA SOUR CREAM ICE CREAM

Makes about 1 1/2 quarts (1/2 L)

- 8 large egg yolks
- 1/2 cup (125 mL) sugar
- 2 cups (500 mL) milk
- 2 cups (500 mL) heavy cream
- 1 vanilla bean, carefully split lengthwise with a sharp knife
- 4 overripe bananas, skins very covered in brown spots
- 1/4 cup (65 mL) sour cream



- 2 tablespoons mild honey
- 1 teaspoon walnut extract
- Simple bittersweet chocolate sauce (recipe follows)

In a large mixing bowl, whisk together the egg yolks and sugar.

In a medium saucepan, combine the milk, cream and vanilla bean. Bring to a boil over medium-high heat, then remove from the heat. While whisking the egg yolk-sugar mixture continuously, slowly pour about a third of the hot milk-cream mixture into the yolk mixture. Then, stir in the remaining milk-cream mixture.

Return the mixture to the saucepan and place over low heat. Cook, stirring constantly, until the mixture thickens enough to coat the back of a spoon.

Rest a fine-meshed wire sieve over a large, cold bowl. Pour the hot cream-yolk mixture through the sieve.

In a food processor fitted with the stainless-steel blade, combine peeled bananas, sour cream, honey, and walnut extract. Process until smoothly pureed, stopping as needed to scrape down the bowl. Pulse in a little of the cream-yolk mixture to liquefy the banana mixture; then, stir the banana mixture into the cream-yolk mixture until smooth. Cover the bowl and refrigerate until cold, 1 to 2 hours.

Transfer the mixture to an

ice-cream machine and freeze following the manufacturer's instructions. Serve with simple bittersweet chocolate sauce.

SIMPLE BITTERSWEET CHOCOLATE SAUCE

Makes about 3 cups (750 mL)

- 2 cups (500 mL) heavy cream
- 10 ounces (300 g) good-quality bittersweet chocolate, 65-70 percent cacao, chopped

Pour the cream into a large saucepan and bring just to a boil over medium-high heat, stirring frequently and taking care not to let the cream boil over.

Put the chocolate in a heat-proof mixing bowl. Pour the boiling cream over the chocolate. Let stand so the hot cream softens the chocolate, about 1 minute. Carefully stir with a whisk to blend the sauce, carefully scraping down the bowl sides occasionally.

Use the sauce immediately. Transfer any leftover sauce or all of it, if you like, to a covered container and refrigerate for up to several days. Rewarm gently in a double boiler or in a heavy-bottomed saucepan over very low heat.

Wolfgang Puck is a renowned chef who writes for Tribune Content Agency.



Online classes: An old dog, new tricks

Jim Nolan
Journal & Press

I am a professor at Siena College. I have been teaching there for 38 years. I know what you're thinking: "Why hasn't he retired?" The truth is, I love what I am doing and still relish the challenge of interacting with young men and women in the classroom. To this day, I am still learning as much from them as they are from me.

Our Spring Break started on March 9. Classes were set to resume on March 16. COVID-19 cases started appearing in different areas of New York State. Out of an abundance of caution, the Siena administration suspended classes for the week of March 16 – 20. When Governor Cuomo justifiably closed state colleges until April 15, Siena College did the same thing.

The decision to extend the student absence from campus started "operation distance learning." Although we use a course management system called CANVAS at Siena College, we have very few distance learning classes. Like many liberal arts colleges, our forte has always been in-person teaching with small class sizes. This is one of the many reasons I love teaching at Siena.

Practically overnight, we faculty members had to learn how to use distance learning software and technology as well as change our mode of instruction

to accommodate this new form of interaction.

It turns out, I had experience in distance learning. Forty years ago, I taught courses for Empire State College, New York State's first distance learning educational institution. However, distance education forty years ago meant mailing papers and tests back and forth and using the phone for consultations. I certainly didn't think this distance learning experience from long ago was going to help me this time around!

On-campus classes were

'Something very important is missing.'

scheduled to teach us faculty members the distance learning capabilities of the CANVAS course management system as well as how to record lectures, use web cams, and a product called Zoom to hold live virtual classes. Frankly, it was overwhelming. But I knew it was imperative to learn a new mode of teaching so as to not short change my students.

An old dog can learn new tricks. My nearly ten year old black lab, Laddie, is living proof. Although I absorbed the information presented to me in the instructional classes, I had and

still have great trepidation. Nevertheless, we started full-fledged distance learning on March 23. In the middle of that week, Siena College announced it was going to close the campus for the rest of the Spring 2020 semester.

How is it going? Reading material and videos can be shared, homework assignments can be graded, and quizzes can be administered. While young men and women who are motivated to learn can advance their knowledge of a subject through use of distance learning technology, something very important is missing. Face to face interaction, not through electronic means using an admittedly amazing software product like Zoom, but rather being physically in the same room, is vital to "deep" learning.

The real-time interplay between students when discussing

topics in person, the instructor's ability to seamlessly guide the discussion in new directions, the facial expressions one sees as students stretch their minds to present new viewpoints, and the student or two who says "Thank you" as they leave the class, is missing.

All of us professors are working extremely hard to give our students the best educational experience possible given these new circumstances. However, my belief in the value of in-person small class teaching and learning has only grown since the onset of COVID-19 related changes in the educational environment.

I long to meet face-to-face with my students once again. I know I can't. I truly miss them. But using my distance learning experience from forty years ago, they are only a phone call away. The calls start this week.

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College students back early, reflective

Annabel Gregg
Journal & Press

If you had told most of us two weeks ago that we'd be locked up in our houses, moved out of our dorms, and out of school for the rest of the semester, we would've called you crazy.

As COVID-19 slowly sweeps the country, nationwide school closings have become the norm for many college students. Greenwich alum have been forced to move back to their hometown early as many universities move to online "distance learning" for the remainder of the spring semester. Sports, clubs, and most extra-curricular activities have been widely canceled for the spring season to prevent the spread of the virus on campuses.

Governor Andrew Cuomo made the call to cancel all CUNY and SUNY in-person classes on March 11. Some CUNY schools, like John Jay College in Manhattan, had already canceled before the call was made because of confirmed cases on campus. "When we were notified of a student who tested positive, the campus shut down," explained Jamie Haskell, a sophomore at the college.

CUNY Baruch sophomore Sam Grimmke recounts the chaotic nature at his school when the news came out about canceling in-person classes. He says there was certainly a lack of communication between the students and administration. "I remember I was at Whole Foods when I got the Tweet notification – not an email from my school or anything, just a tweet." Grimmke says he didn't get an official email from his college for over 24 hours after @CUNY's tweet was sent out, leading to a lot of panic and confusion during the interim.

Other non-CUNY/SUNY schools followed a similar suit of canceling. "It was really sudden and that meant everyone just had to kind of adapt on the fly ... it was a bit confusing," recounts freshman Madison Loveland, who had just transferred to Adirondack Community College at the beginning of the semester. "To be fair, though, New York had to make a game-time call on the virus, and I feel like they did a good job."

As most colleges move to online classes for the remainder of the spring, most students have found it a difficult transition. "This change hasn't been easy, that's for sure, because there is a huge difference between in-class lectures and online lectures," says Saint Peter's University freshman Courtney Fraher.

GPA's may take a hit because of this switch. "I think my chances of doing well this semester have diminished because all my finals are 10-20 page papers, and my ADD is terrible at home," explains Connecticut College sophomore Chloe Littell.

Canceling sports has had a particularly upsetting impact on college students. "What broke my heart was all the hard work myself and my team has put in during the off-season in preparation for our regular season. We all

felt as if it was for nothing," says Fraher, whose rookie softball season got cut short at SPU. "But we must take this time to recoup and regain the mindset to bounce back better as ever next year. Same goes for every athlete going through this."

Most students talk about how their emotional health has taken a hit since the coronavirus situation became serious. "I went from being able to go and see pretty much whatever I wanted to forced isolation," says

Haskell, who had just moved to the Big Apple this past fall. "The situation has definitely taken a toll on my mental health." He is now back home in Easton, waiting until the alarming status of the virus in the City has died down.

Students are scared, confused, and worried about what to do with the rest of their school year. And, not to mention, worried about the virus itself. "Things are tense," says Littell. "I'm scared. This is a scary time."

But college kids stuck at home have found creative ways to deal with the self-isolation imposed by the virus. "I knit a lot," Littell describes, "and my friend and I have started a virtual writer's retreat, where we try and write something from a different genre each day, and then send it to each other to review."

The transition for college kids coming back to Greenwich has not been easy, and students will have to continue to adapt to online learning, canceled sports seasons, and maintaining mental health. But it's important to know that each of us is experiencing the same unique and frustrating situation.

"People have to find a way to keep their spirits high in a pretty bleak time like this," urges Haskell. "Any way where you could safely see and talk with friends or family is probably important. Support local businesses; they are going to be hit hard. People have to know that this time sucks for a lot of people so they're not alone."

We're all in this together, even if we still have to stay six feet apart.

Annabel Gregg is a Greenwich resident studying Political Science at Hunter College



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The fires along Main Street, part III

Sandy McReynolds
Gill Room Historian

We're back. Wow, a lot has certainly transpired around the world – and locally – in the last month, that's for sure. So to take you out of the present for a few moments we're heading into the past...to the Bosworth Fire.

It was a cold and bitter night 124 years ago on Sunday January 5, 1896, and it was ranking up to be one of the coldest nights of the year with strong winds and the temperature dipping to a frigid eighteen below zero. The alarm was given around ten that night when fire was spotted coming from the second story of the Crandal building (where the 111 annex is now), and the three fire companies did not hesitate, all arriving within moments of one another. The Unions, Hooks, and Roughs worked through the frigid night battling the blaze until three in the morning.

When it was discovered the hydrant in front of the Hamilton House (White Swan Hotel, now Trustco Bank) was frozen, it was the community that pulled together and brought hot water to unthaw the johnny pump, making it usable to battle the fire. There was also a report of two firemen, George Alliger and Isaac Kinnin, needing to be chopped free of the shed roof they were lying on behind the Huggin's Block. They had been directing the stream of water from their hose and in doing so, had become frozen to the surface. Many firemen of the various companies, suffered with frozen fingers, feet, and ears as the winds continued to batter ranks. It didn't help that the water that emerged from the hoses was blown back, covering them.

The women of the community provided hot coffee to the firemen as well as the bystanders, while the store of Mealy & Balch opened their doors for the firemen to warm themselves by the stove. The Greenwich Bakery and the dwelling of H.C. Hill were also opened for the men to rest, warm-up, get something to eat, and have a hot drink.

Many businesses were affected by the fire, including the Post Office, which at the time was housed in the Ryan building (Just Meats). Mail was saved along with some of the larger equipment and the office was relocated to the Hamilton House. As goes the un-

official postal motto, "Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds" — and apparently fire, nothing stops the mail. The mail left on the train as scheduled Monday morning.

Bosworth's was totally destroyed. Nothing was saved from his store that featured groceries and hardware on the ground floor, and an empty apartment on the second story. The Folett Block, which was next door and housed Fleming's store only suffered some smoke and water damage; the four story Crandal block was to the left of Bosworth's and was also a total loss. Some merchandise from Crandal's clothing and shoe store was able to be removed but only a small amount.

Tefft's block (111) suffered no damage to the store or stock, though items were removed as it was feared the fire was heading there next. Only some cosmetic damage was done as it was alongside Crandal's building. At the Ryan building (Just Meats, Washington Square Deli) where the post office was located, the rear half was destroyed; and Huggin's block only suffered slight damage.

A couple of the buildings had an odd layout, as described by Sheldon Gill: "The top two floors of the Crandal building were an apartment, with the entrance through the hall of the W. Ryan building. The cellar of the Crandal building was half the cellar under the W. Ryan building. There was a porch extending along the second floor of the W. Ryan building, joining the Crandal building, and was for the use of the tenant in the Crandal building."



Amazingly, there was no loss of life on this glacial night in 1896.

Okay, a lot of building names have been tossed around, let's see if we can try to explain it a bit clearer here: Beginning on Salem Street: the long brick building: Burkin Block or Huggins Block. The current Just Meats (aka Washington Square Deli; Perkin's Grocery) has been known as the Gibson, then the Ryan Block. That brings us down to the corner — that we all know as the former 111 (One One One), or for those a wee bit older — Powell's: that was Tefft's Corner block. Continuing down Main Street, next we have the annex of 111: aka Crandal (or Crandall — depending on which history you're reading) Block. Which then brings us to Bosworth's — the current Gather. Then on to the Folett Block — later Wilson's.

Until next time — stay safe.

How to survive during bleak times

Jill Schlesinger
Special to Journal & Press

The coronavirus health pandemic has become a full-fledged financial pandemic. Already, tens of thousands of workers are being laid off, especially in the airline, hotel and hospitality sectors.

The situation became acute when thousands of laid off workers crashed unemployment websites in several states.

Economists believe that virus-related job losses could soar to 3 million by this summer, according to an estimate from the Economic Policy Institute, and the unemployment rate will likely to peak at 6% to 8%. (As a point of reference, the unemployment rate peaked at 10% during the Great Recession, with nearly 9 million jobs lost.)

What makes this situation so scary is the suddenness with which it enveloped us. The economy essentially came to a dead stop in March and is probably about to enter - if it is not already in - a recession. The question now

is how long will it last and how deep will it be?

JPMorgan Chase is forecasting that the U.S. economy will shrink by 14% in the second quarter. If so, that would be far worse than the worst quarter of the last recession, when in the final three months of 2008, the economy contracted by 8.9%.

Other economists are not as downbeat, with estimates ranging from a drop of 5% to 8% in Q2, followed by a less severe fall off of 2 to 4 percent. Of course, these are just early estimates, but you get the gist: Things are going to get ugly - and fast. When the dark times loom, it's best to get back to basics. Start by assessing what's coming in and more importantly, what's going out. Typical expenses on this list should include: food, shelter, utilities, car payment, insurance, medical/pharmaceutical expenses, dependent care costs and debt payments (student loans, credit cards, etc.)

Paying for food and shelter should come first. After that,

everything is up for grabs. Several cities and states are banning utility shutoffs during this national emergency, so you may not have to worry if you are late and/or can't pay that expense. Additionally, many Internet service providers are suspending data caps, waiving fees and have committed to not disconnecting service to those who can't pay their bills because of the coronavirus outbreak.

As far as debt, the FDIC issued a statement "encouraging financial firms to take prudent steps to assist customers and communities affected" by coronavirus by:

—Waiving certain fees, such as ATM fees, overdraft fees, and late payment fees on credit cards and other loans.

—Increasing credit card limits for creditworthy borrowers.

—Offering payment accommodations, such as allowing borrowers to defer or skip some payments or extending the payment due date.

The FDIC also suggests that fi-

nancial institutions "work with all borrowers, especially borrowers from industry sectors particularly vulnerable to the volatility in the current economic environment and small businesses and independent contractors that are reliant on affected industries."

The key is that you have to let them know that you are one of those who might be impacted. Instead of hiding, be honest with lenders and companies that you deal with and see if they might modify the terms on existing loans so that you have a little breathing room.

Try not to tap retirement accounts and preserve the money in your savings, because we don't know how long this will last.

Jill Schlesinger, CFP, is a CBS News business analyst. She welcomes comments at askjill@jillmoney.com.



Have to work? How to be safe.

Daneen Skube
Special to Journal & Press

Q: You are a public worker. How are you handling COVID-19 concerns in your career?

A: As a disclaimer, I am not an expert on global infectious diseases. I am a professional who also is reading and watching global events unfold that are frightening. Because of the internet, it's increasingly hard to hide data. As I study this situation broadly, I am not personally worried right now.

Obviously with our flu season in full swing, doing the basics like getting a flu shot, eating well, exercising and getting plenty of rest makes sense. A

new virus is never good news but does not signal global doom for humanity either.

The trouble with our news cycle is we can always find an article agreeing with our views. If we are not willing to read broadly, consider the credentials of people quoted and read material that makes us uncomfortable, we end up poorly informed.

I find it impressive that China and the world actually have worked together so well to take intelligent and quick action to limit exposure and treat the virus. Humanity can be brilliant when we set aside our interpersonal and cultural differences to act for the bet-

terment of all of us.

Your worries are reasonable given the reality of permafrost melting (old viruses emerging that we have no immunity to), antibiotic resistant strains emerging and the increasing virulence of viruses. Eventually we may as a species have to face down a true pandemic and everything that is going on right now is an important trial run for that challenge.

The last time we faced a serious pandemic was the Spanish flu in 1918-1919 that killed up to 100 million people worldwide. If you review history, you'll notice how lax the response was in some cities to this serious virus. Public meetings, schools and

workplaces remained open for a time in some places.

The good news is we learned from the Spanish flu to take these threats seriously.

In a world that even in a crisis often cannot get over conflict to cooperate, the response to the coronavirus reminds us what we can achieve when we work together.

Daneen Skube, Ph.D., executive coach, trainer, therapist and speaker, also appears as the FOX Channel's "Workplace Guru" each Monday morning. Contact her on www.interpersonaledge.com.



Enjoy the arts from the safety of home

Kaylee Johnson
Journal & Press

The arts have taken a hit during the rattling COVID-19 pandemic. People are stuck at home as libraries, art museums, galleries, theatres, dance studios, writing workshops, colleges, and performing arts troupes shut down. Luckily, many institutions and creative geniuses are making resources accessible virtually, so that the public can access them during the lull madness of quarantine. Here are some ways you and your entire family can support the arts and incorporate them into your day during this reclusive time. All of these activities can also be used as homeschooling instruction for all age groups:

1. Take a virtual kitchen counter ballet course with ballerinas from the English National Ballet – no experience or leotards required. The free YouTube ballet courses are perfect for all age groups and activity levels. They can also serve as a funky rotation in your quarantine fitness routine or an alternative to your child's gym class!

2. Esteemed museums across the world are offering virtual tours including, but not exclusive to, the National Gallery in London, Musée d'Orsay in Paris, the Vatican Museums in Rome, and The Metropolitan Museum of Art in New York City. Scrolling on a smart phone or laptop may not be quite as impactful as standing in a gallery, but at least you will expose yourself to movements and artists that you are not informed about!

3. This one is easy – **start a journal.** If you haven't heard it from me, you have heard it from your therapist or nosy parent. But the hype is justified. Journaling anytime, but especially during a time of social isolation and anxiety, can be extremely soothing and a very positive creative outlet. Fill your journals with your thoughts, poems, favorite stories, pictures and lists. For even more comfort, set a time each morning or evening to journal over a cup of coffee or tea.

4. While libraries and most booksellers are closed right now, you can still **pick up the unread books on your bedside table or download e-books.** Here are three of my recent favorites, if you have no idea where to start: 1. *On the Road* and *Big Sur* by Jack Kerouac 2. *Yokohama, California* by



Toshio Mori 3. *Fahrenheit 451* by Ray Bradbury. Also remember to support your local newspapers and magazines during this time. They need your support now more than ever!

5. If you refuse to get out of your joggers and yoga pants during this quarantine, plan **classic film movie nights.** Most of the great classics are available on the popular streaming services for free or low rental rates. If you aren't into the classics, support an indie filmmaker.

6. Many universities are offering **free**

'Most of the great classics are available on streaming services.'

courses online at this time – including Yale and its "Happiness" course. If you are a college student or aspiring college student with a lot of extra time on your hands, now would be a great time to delve into areas of curiosity!

7. My **quarantine playlist** is strangely focused on the sunshine era of California and Laurel Canyon talent; The Mamas & the Papas, Joni Mitchell, and Tandy Almer. Curate your own COVID-19 playlist and use it as a coping mechanism for whenever you are feeling stressed or anxious. Also use this time to support your musician friends and discover underrated artists.

8. This one might not be for everybody, but there is great power and permanence in **painting.** Sit outside on a sunny day and paint whatever has been surfacing in your mind. It does not have to look professional, or even visually appealing, but the act of painting and mixing colors is often immensely therapeutic. This would also work as a great alternative to traditional homeschooling lessons.

9. Shakespeare plays performed at London's Globe Theatre are now available online. These resources are great for high school and college educators looking for educational material. These plays are performed by talented actors and actresses who know how to emulate the emotion intended in the writing, and the shows themselves have breathtaking spectacle and gorgeous costuming.

Everybody is struggling with the transition from working to being quarantined and unable to engage in routines. Now is the time to step out of your comfort zone and take on new hobbies or rediscover old ones. The arts are always looking for promising new recruits.

Kaylee Johnson is a senior Education major at the College of Saint Rose in Albany. She lives in Greenwich.



Helen Robinson, 89, mother, mentor

Helen Marie Lovelace Robinson, 89, succumbed to ALS Thursday, March 12, 2020, at Wesley Health Care Center in Saratoga Springs.

Helen was born September 12, 1930, in Clinton Corners, NY where she grew up on her parent's farm and attended elementary school at the one room schoolhouse. She was a member of the Friend's (Quaker) Community in Clinton Corners. She attended Pine Plains Central School, Pine Plains, NY, where she excelled at all subjects and enjoyed playing trumpet in the band. She was valedictorian of the class of 1947.

It was in Pine Plains where she met the love of her life, Peter Robinson. Helen and Pete were married in 1949 while they both attended college in Albany. Helen graduated with a bachelor's degree in math and science from SUNY Albany in 1951. After graduation, she and Pete settled in Pine Plains and Helen continued to work on her master's degree in physics at SUNY Albany; her first child was born just prior to her graduation. Four more children followed soon after, and Helen devoted herself to full-time care of her family. She was an energetic Mom, immersed in helping each of her children to reach their full potential. She nurtured the love of music, math, science and exploration in all of the children she interacted with. Helen's love of children led her to becoming a Girl Scout leader for 20 years, and a Sunday school teacher for many years. In her free time, she tutored in Math and helped many students to pass the high school Algebra, Geometry and Trigonometry regents.

Later in life, Helen worked at the Pine Plains Pharmacy until she was 77 years old; she loved

the social aspect of her work. In her free time she was an active square dancer and loved to knit. She continued to practice and play her trumpet, occasionally with the community band. Helen was an active communicant at the First United Presbyterian Church in Pine Plains and eventually, the United Church of Greenwich. Helen was proud to live according to the Quaker traditions she learned as a child; she always recognized and respected the better part of humankind in each individual, and strived to solve differences with peaceful and courteous discussion.

In 2007, Helen and Pete moved to Greenwich, NY to be closer to children and grandchildren. They continued to square dance, to sing with the Moreau Fun Band, and they volunteered at Washington Center. They enjoyed time with family, especially all of the activities of their grandchildren and great-grandchildren. When Pete began to suffer the effects of dementia, Helen guided him through; she tenderly kept him safe and happy until he passed away in 2018. After Pete died, Helen moved to Saratoga Springs. Helen could remain cheerful in the face of daunting challenges, and always looked forward to the next music, the next fiddler and the next dance. Helen's lifelong devotion to the spiritual gave her the strength to face her own surprising diagnosis of ALS with determination; she will forever remain an inspiration to her close family and friends.

Helen was predeceased by her former husband and companion Peter E. Robinson, her brother Paul Lovelace, her brothers-in-law Herbert Robinson II and Gwen Parliman, and her daughter Susan Robinson and long-



time family friend Marie Ford Conklin. Helen is survived by brother, Ralph Lovelace of Los Gatos, CA; brother-in-law; Ron (Judy) Parliman of Pine Plains; a sister-in-law Marge Parliman of Lancaster, KY; children: Herbert (Mei Xie) Robinson III of Newton Highlands, MA; Diane (Mark Claverie) Robinson of Saratoga Springs; Tim (Jill Skellie) Robinson of Greenwich; Jim (Becky Sandford) Robinson of Glens Falls and unofficial adopted son Lester Conklin of Patten, ME; grandchildren: Liv Thygesen, Tellef Thygesen, Genevieve Claverie, Warren Robinson, William Robinson, Cheyenne Robinson, and Leah Robinson; great-grandchildren: Julianna Gonzales, Esmeralda Alvarado, Marion Doonen, Owen Wilbur, Eila Robinson, Max Thygesen, Cora Thygesen and Leo Thygesen. She is also survived by nieces; Debora Nearman, Patricia Lovelace, Lynn Parliman Tirey, Lori Ann McGhee and Heather Parliman Oliver;

nephews David Lovelace, Jeff Robinson and Brian Parliman.

The family wishes to thank the staff at Wesley Health Care, the Community Hospice and the ALS Center for their kind and tender care and support during Helen's illness. In support of medical science, Helen donated her body to Albany Medical Center for research. A memorial to Helen's life will be held at 2 p.m. on May 3 at United Church of Greenwich, 37 Salem St. Greenwich, NY 12834 at 2:00 p.m. with a reception following in the fellowship hall. Contributions in Helen's memory may be directed to any of the following of Helen's favorite charities: United Church of Greenwich, 37 Salem St. Greenwich, NY 12834 or The Community Hospice, 310 South Manning Blvd, Albany NY 12208 or The Wesley Foundation, 131 Lawrence St, Saratoga Springs, NY 12866 or St. Peter's ALS Regional Center, 19 Warehouse Row Albany, NY 12205.

New videos now available

Jay Bobbin

Special to Journal & Press

Stuck at home? Here are some new video releases:

“BOMBSHELL”: If you don’t think this recent triple Oscar nominee is the stuff of drama, consider that its story also did much to fuel a cable series before the movie was released. It’s the tale of the sexual harassment at Fox News that ultimately deposed the late Roger Ailes as the chief of the organization ... and though he’s played by the ever-excellent John Lithgow, this is even more the story of female employees who fought back, some of them very visible Fox stars. One was Megyn Kelly, and it is absolutely astonishing how much Charlize Theron looks like Kelly here. It’s not just the hairstyle (which won an Oscar, along with the makeup) or the posture, it’s a matter of capturing everything about her to perfection. Nicole Kidman plays former morning-show co-anchor Gretchen Carlson, and Margot Robbie has a composite character based on several other Fox News employees who were in Ailes’ orbit. It’s a strong cast, indeed, also with Allison Janney, Kate McKinnon (“Saturday Night Live”) and Malcolm McDowell — but Theron is the member whose work here will long be remembered. DVD extras: seven “making-of” documentaries.

“CHARLIE’S ANGELS”: The hit 1970s series about female detectives has had a strong afterlife, with movie versions, a television reboot and this feature-film take on the premise directed by Elizabeth Banks ... who also wrote

the script. This time, Kristen Stewart, Naomi Scott and Ella Balinska play the trio now supervised for unseen boss Charlie by several Bosleys — one of them portrayed by Banks herself — and determined to keep a technological innovation from falling into the wrong hands. Patrick Stewart also appears, in a role he filmed prior to his return as Picard of “Star Trek” lore, as do Djimon Hounsou and Sam Claflin. The late Leonard Goldberg, who produced the original show with Aaron Spelling, was an executive producer here (along with Drew Barrymore, a star and producer of the first two movies). DVD extras: four “making-of” documentaries; deleted scenes; outtakes; music video.

“UNCUT GEMS”: He’d made the occasional stab at drama earlier, but Adam Sandler surprised many people with his widely acclaimed performance in siblings Josh and Benny Safdie’s tale — executive-produced by Martin Scorsese — about a jeweler in New York’s famed Diamond District who intends to use a rare opal to pay off his outstanding gambling debts by using it to make a very big bet. Things don’t work out quite as planned, though, leaving the mean in great personal jeopardy as related complications mount. Newcomer Julia Fox is quite impressive with the heavy lifting she has to do opposite Sandler; Lakeith Stanfield, Kevin Garnett, Idina Menzel, Eric Bogosian and Judd Hirsch also appear, but in the end, this surely is Sandler’s show. DVD extra: “making-of” documentary.”

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alone*

*but I’m
never alone.*

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even when you can’t reach a phone.

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Cambridge Crossword

(solution page 24)

Across

- 1 Took a powder
- 5 Wake-up call alternative
- 10 Real estate ad abbr. after 2 or 3, commonly
- 14 Golfer Aoki
- 15 Blender button
- 16 "Wonder-filled" cookie
- 17 One of a daily three at the table
- 19 ___ colada: cocktail
- 20 Heart rate
- 21 Tempo
- 22 Tar Heel State university
- 23 Hunting dog
- 25 Israeli currency
- 27 ___ out a living
- 29 Fiber-___ cable
- 32 Temperate
- 35 Jinx
- 39 Tokyo, long ago
- 40 Drink cooler
- 41 Ten-spot
- 42 Ga. neighbor
- 43 Voting mo.
- 44 Ditching

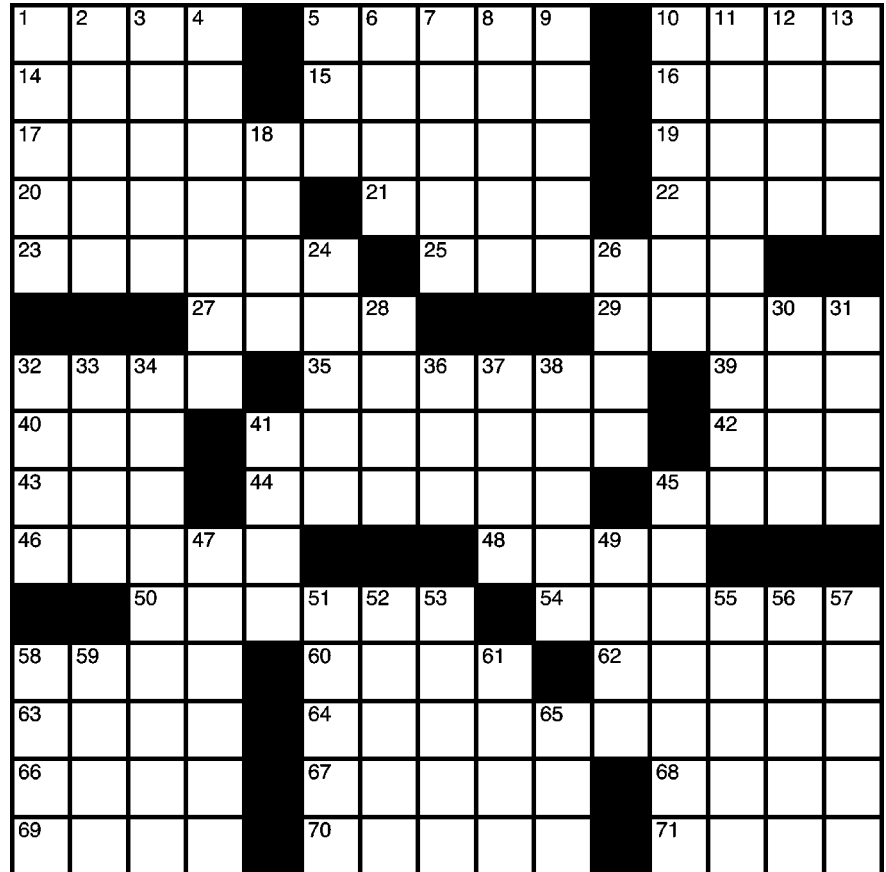
class, say

- 45 Visa rival, for short
- 46 Mournful toll
- 48 Former OTC market regulator
- 50 Trendy, with "the"
- 54 NFL team that moved from St. Louis in 2016
- 58 Perfume that sounds forbidden
- 60 Foes of us
- 62 "The Bourne Identity" star Matt
- 63 Universal donor's blood type, briefly
- 64 Reality show hosted by rapper M.C.
- 66 "Golly!"
- 67 Suggest
- 68 Salinger title girl
- 69 Aardvark fare
- 70 Affectionate nickname
- 71 ___-Pei: wrinkly dog

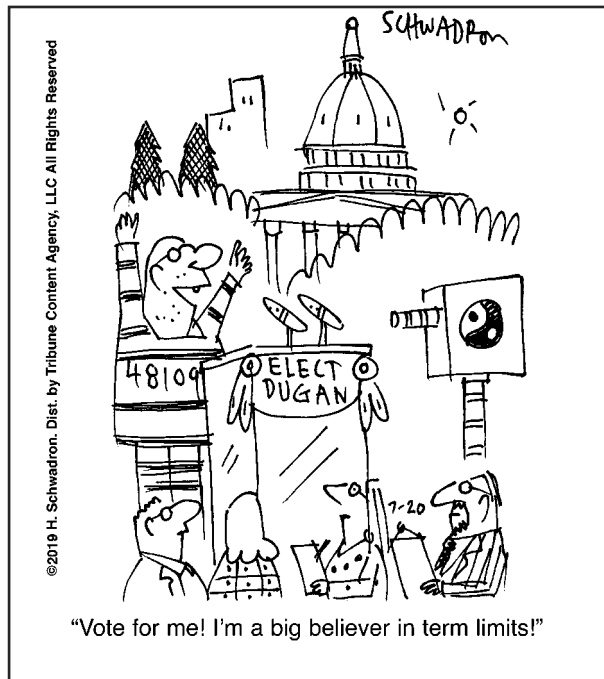
Down

- 1 Talks like Sylvester
- 2 Suffix with arab
- 3 San Andreas ___
- 4 Like much breakfast bread
- 5 Jungle chest-beater
- 6 Sugar cube
- 7 Real estate calculations
- 8 Gunslinger's "Hands up!"
- 9 Brawl
- 10 Girl with a missing flock
- 11 Military marching unit
- 12 Gambling town northeast of Sacramento
- 13 Sound of pain
- 18 Smell bad
- 24 Halfway house activity
- 26 Oddball
- 28 Spreads, as seeds
- 30 Sitting around doing nothing
- 31 Win over gently
- 32 Luxurious fur

- 33 Twitter's bird, e.g.
- 34 Utmost effort
- 36 Brit. honor
- 37 Brooks' country music partner
- 38 In base eight
- 41 Fries sprinkling
- 45 Costs for sponsors
- 47 Guffaws or giggles
- 49 Iraq's ___ City
- 51 Code of conduct
- 52 SeaWorld orca
- 53 Entice
- 55 Horse-and-buggy-driving sect
- 56 Mother's nickname
- 57 Lip-curling look
- 58 Frat party robe
- 59 Very shortly, to Shakespeare
- 61 Mid-21st century date
- 65 Cornea's place



9 to 5 by Harley Schwadron



Olde Saratoga Word Find

By Frank J. D'Agostino (solution page 30)

Find these words that are associated with trains in New York State!

Airtrain
Albany

Amtrak
Buffalo
Coach
Empire
Fare
Foliage
Grand Central
Harlem

Hudson
Jamaica
Line
Long Island
Metro-North
New Haven
New Rochelle
Penn

Rail
Scenic
Staten Island
Stony Brook
Stop
Subway
Syracuse
Tours

Train

Find Mr. D'Agostino's puzzle books on Amazon.com.

Salem Sudoku

(solution page 30)

	8		6	7		4	
6			1				8
	4					3	6
	6	1			2		
		8				4	
			5			2	9
	3	6					5
2					8		4
	5		3		9		7

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.

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Money for runners

The Batten Kill Valley Runners (BKVR) announces the release of applications for its scholarship program available to local high school seniors and college students.

Each year the Batten Kill Valley Runners issues scholarships to deserving high school and college students with an interest in running. The amount of these awards varies from year to year but may range from \$250 to \$5,000 depending on the applicant's qualifications and the number of applicants. The program is open to students within southern Vermont and southern Washington County, New York.

Applicants must complete the application form that is found on the BKVR website at www.bkvr.net and must submit all required documents to the BKVR by April 30, 2020. Copies of the application form are also available through school guidance counselors and career centers or by e-mailing a request to bkvrpresident@gmail.com.

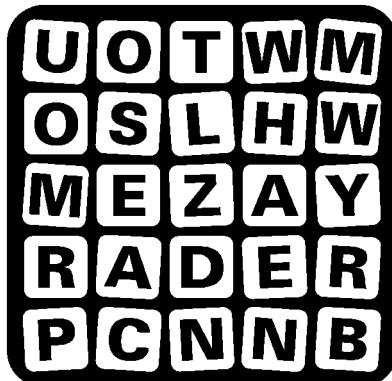
Award winners receive their scholarship grants in early January of the following year once they complete the fall semester and submit a copy of their transcript to the BKVR indicating that they successfully completed an academic semester of college.



Salem Tavern is open 7 days a week for take out and delivery! Regular menu and nightly dinner specials are available. Find us on Facebook.

Boggle
BrainBusters!

By David L. Hoyt and Jeff Knurek



**BUPH
WOIS
GOKE
AGLM**

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 31-60 = Gamer
- 21-30 = Rookie
- 11-20 = Amateur
- 0-10 = Try again

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT FIVE-LETTER MAMMALS in the grid of letters.

Answers to Boggle BrainBusters: HYENA WHALE PANDA MOOSE SLOTH MOOSE ZEBRA CAMEL

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Check out our  for entertainment!

Stuck at home? Consider ‘Spenser.’

Peter Debruge
Variety
Special to Journal & Press

“Man, you get beat up a lot,” an aspiring boxer tells the eponymous punching bag/pulp-fiction private eye Mark Wahlberg plays in “Spenser Confidential.” “And I’ve noticed every single time you get your face pushed in, you come back with just a little bit more information.” That’s a pretty apt description of Spenser’s modus operandi, and one of several self-aware winks that makes this genre-bruising made-for-Netflix action vehicle a lot more fun, if not nearly as respectable, as Wahlberg’s four previous collaborations with director Peter Berg.

In those films – which include a trio of panic-attack true-story thrillers, “Lone Survivor,” “Deepwater Horizon” and “Patriots Day” – Wahlberg and Berg seemed to be reaching for some kind of awards-season legitimacy. Here, on the other hand, they’re just cutting loose,

Conceived by author Robert B. Parker, the Spenser character first appeared on-screen around the same time as those films, via the “Spenser: For Hire” TV show. Though actor Robert Urich played him cool at the time, there’s not much connection – apart from the Boston backdrop and a sidekick named Hawk (the Winston Duke character quoted above) – between the ‘80s series and this movie, which screenwriters Sean O’Keefe and Brian Koppelman have loosely based on “Wonderland,” a latter-day Spenser novel penned by crime journalist Ace Atkins (who inherited the series from Parker’s estate). The version of Spenser that Wahlberg embodies – a former boxer and belligerent ex-cop whose righteous code of honor was a bad fit for the Boston Police Department – was stripped of his badge and sentenced to five

years in prison for assaulting a crooked BPD captain (Michael Gaston). It’s a familiar cliché for such movies to show the territory-establishing fight that greets a tough guy’s arrival behind bars, but “Spenser Confidential” picks up on the day its title character is meant to be released, and it’s only then that he’s set up by a soft-spoken fellow inmate (rapper Post Malone, unnerving in a small role) and jumped by the biggest goons in his block.

Thus, Spenser reenters the free world with a shiv to the side and a cut to the face – the first scars in a collection of mementos of his colorful run-ins with disgruntled ex-colleagues, machete-wielding gang members and one very persistent German shepherd. Dodging his crazy ex-girl-

‘Based on the TV show, the film pokes fun at itself.’

friend Cissy (comedian Iliza Shlesinger), Spenser meets former boxing coach Henry (Alan Arkin, typically sardonic) at the prison gates, swearing that he plans to leave Boston and become a trucker halfway across the country. That seems like a pretty radical career change – really just an excuse to introduce a monster semi truck named Black Betty for the finale – but before he can get packed, the BPD superior he assaulted all those years earlier turns up dead in a grisly hit.

Spenser would be an obvious suspect, if whoever’s responsible hadn’t pinned the murder on another good cop. And since the police department doesn’t seem particularly motivated to solve the case, Spenser vows to inves-



tigate it himself, extracting clues the painful way: one beating at a time. Other detectives could surely proceed without needing quite so many stitches, but it’s part of Wahlberg’s hardheaded charm that he seeks out confrontation. Spenser already knows that the dead captain relied on a thug named Tracksuit Charlie (James DuMont) to do his dirty work, but he endures a mauling just to be sure. And that in turn leads him to interactions with Bokeem Woodbine and Marc Maron, both creepily off-kilter in supporting roles.

Wahlberg comes to any project with a Southie swagger and unshakeable Boston accent, which other directors have molded to their advantage (most memorably in “The Fighter”). In their most relaxed collaboration yet, Berg allows the star’s natural charisma to define the character, adapting Spenser to Wahlberg’s persona rather than the other way around. The actor’s good at playing overgrown Boy Scouts, men with a clear notion of what’s right; his strange sing-songy way of speaking somehow agrees with the way Spenser talks to dogs; and of course, fans can count on his shirt coming off, revealing the chest that launched his career all those decades ago.

Spenser lands so squarely within Wahlberg’s limited range that the movie finds room to have some fun with the genre, the way Amazon’s “Goliath” leaned into Billy Bob Thornton’s persona when covering similar ground. In both cases, there are enormous institutional conspiracies lurking beneath the surface. As it happens, Helgeland wrote one of the all-time great Boston movies in Dennis Lehane adaptation “Mystic River.” Here, he presents a far less cynical view of the city, one that suggests deep-rooted police corruption can be solved by a citizen’s arrest – when the citizen in question is an ex-cop of Spenser’s caliber.

The film even pokes fun at itself in the process, fully aware that “Spenser Confidential” isn’t meant to be taken as seriously as Wahlberg’s last few movies – and just as well, since irreverence plays well on Netflix. In one scene, staking out the mani-pedi salon his suspect uses as a front, Spenser describes the guy as an “Irish mob throwback, back when the Irish mob existed outside all those sh–ty movies.” It’s an amusing dig coming from an actor who appeared in “The Departed,” although no one would argue Berg has made a better film.

COVID-19's surprising hero

Lance Allen Wang
Journal & Press

It is normally in a high pressure situation where the qualities that someone has are tested, and we get to understand the true mettle of a person. When a military unit gets orders to deploy to war, it is sometimes surprising to see who tries to find a way to avoid it. When the unit gets there, there are moments when the leaders people thought they could count on disappoint, and quiet people they might have not noticed before step to the fore.

Governor Andrew Cuomo is hardly a quiet person I have not noticed before. As a matter of fact, I've noticed him a lot. I don't like the way he has governed. I don't like the way upstate seems to get treated as the sixth borough of New York City. I didn't like his bogus "message of necessity" and the way he pushed through the ineffective SAFE Act, nor did I think it was good legislation. I don't like the way he took the grain of a good idea, justice reform, and created a rotating door which releases some dangerous folks back onto the streets. I don't like the vanity and political games.

With all of that said, I am willing to set aside my typical animus for the Governor

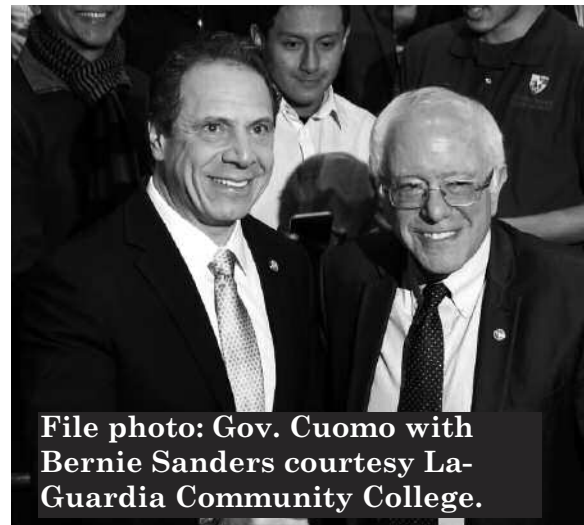
and applaud his leadership during the COVID-19 crisis.

Federal leadership has been shaky since this began. That has been reflected by the mixed messages and recriminations between the scientific community and the Oval Office. The administration only capitulated to the facts that the scientific community was laying out in the past week. A couple of days ago, The New York Times published an article showing that the federal government war-gamed a pandemic in 2019. It showed there would be a shortage of surgical masks and ventilators.

I had the privilege of training and evaluating leaders in the Army. I've had the privilege of command. One of the most basic precepts of military leadership is "When in command, take command." Another one is that the Commander is "Responsible for all his/her unit does or fails to do."

Governor Cuomo has stepped up, provided clear and direct verbal guidance, projected an even-tempered authority and competence, maintained focus and explicitly taken responsibility.

When this is over, and it surely will be, I may very well return to my previous opinion of the Governor and he may return to being



File photo: Gov. Cuomo with Bernie Sanders courtesy LaGuardia Community College.

the imperious and vindictive man I've observed him to be. And I'll surely call him on it. And I'd surely look forward to my party running a gubernatorial candidate of the quality that Congressman Chris Gibson could have offered us.

But today, I offer a salute to the Governor for running a clinic on crisis leadership.

Lance Allen Wang is a Councilman in the Town of White Creek who is also an Iraq Veteran and retired Army Infantry officer. He lives in Eagle Bridge, NY with his wife Hatti.



Downstaters asked to self-quarantine

During this current COVID-19 crisis, many downstaters – where there is a high occurrence of the virus – have been coming upstate, where they may own second homes.

Town of Argyle Supervisor Bob Henke issued a two-page memo titled "Corona Virus

Guidelines for Seasonal Residents," and Washington County as a whole and neighboring counties have done similar.

It's reported that, as of press time, all nine of the COVID-19 cases that have resulted in quarantines in Washington County have come from people with downstate ties.

"Even those who are asymptomatic can be carrying the virus and must be careful not to spread it," Henke said.

Another problem is many second homeowners are hitting stores that already have short supplies. Also, as Washington County doesn't even

have a hospital, medical services here are already rather spartan, so added off-season residents may tax the system, it's feared.

Local counties are discouraging downstaters from relocating here right now. But for those who do, they are suggesting they bring their supplies with them, make sure they have items like medications and pet food, and self-quarantine for 14 days. That is how long the virus typically may be communicable.

The Washington County Public Safety site is updated daily. Visit washingtoncountyny.gov/347/Public-Safety for the latest information.

"We are all in this together and will get through it together," Henke said. "If everyone takes the same degree of care and precaution and thinks of the welfare of their neighbors as well as themselves, the end of this emergency situation will come much sooner." –dj

Courthouse closed

The Historic Salem Courthouse will close operations until further notice due to the COVID-19 pandemic.

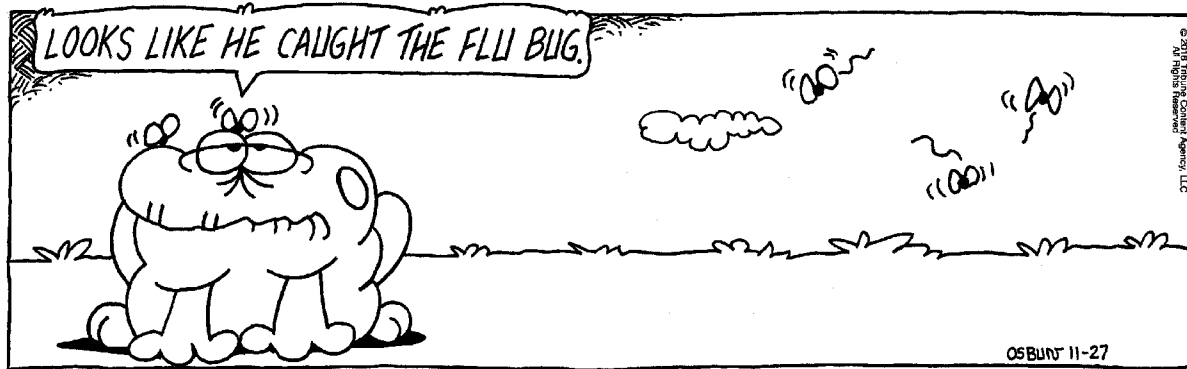
All future programs have been canceled. "We cannot confirm we will be able to run our 5 week Lunch, Learn & Play program, which is slated to begin on Monday, July 6th, but

we are hopeful and are still accepting registration packets. You can access a registration form on April 1st at saalem-courthouse.org," the group reports.

If you have any immediate concerns or issues, reach out to Robert Akland, President of HSCPA, at 518-692-2387.

The Funny Page

Animal Crackers by Fred Wagner



Gasoline Alley by Jim Scancarelli



Bound & Gagged by Dana Summers



Broom Hilda by Russell Myers



SCRABBLE GRAMS

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A ₁	E ₁	U ₁	R ₁	N ₁	S ₁	C ₃		RACK 1
A ₁	I ₁	I ₁	R ₁	M ₃	C ₃	N ₁		RACK 2
A ₁	I ₁	U ₁	H ₄	V ₄	S ₁	G ₂	1st Letter Triple	RACK 3
A ₁	O ₁	U ₁	T ₁	P ₃	M ₃	C ₃	Double Word Score	RACK 4
A ₁	E ₁	E ₁	E ₁	V ₄	L ₁	T ₁		RACK 5

PAR SCORE 265-275
BEST SCORE 328
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. SOLUTION PAGE 30
For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com

JUMBLE THAT SCRAMBLED WORD GAME

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

DURED	Want to trade places?	Not a chance. I can't believe I get paid to do this.
GYOGS	THE QUALITY CONTROL PERSON AT THE CUSHION FACTORY LIKED HER	
CLAJAK	Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.	
SOBPHI		

Print your answer here:

○	○	○	○	○	○	○
---	---	---	---	---	---	---

○	○	○	○
---	---	---	---

Jumbles: UDDER SOGGY JACKAL BISHOP
Answer: The quality control person at the cushion factory liked her — CUSHY JOB

L	E	F	T	A	L	A	R	M	B	D	R	M	
I	S	A	O	P	U	R	E	E	O	R	E	O	
S	Q	U	A	R	E	M	E	A	L	P	I	N	A
P	U	L	S	E	P	A	C	E	E	L	O	N	
S	E	T	T	E	R	S	H	E	K	E	L		
	E	K	E	S		O	P	T	I	C			
M	I	L	D	H	O	O	D	O	E	D	O		
I	C	E	S	A	W	B	U	C	K	A	L	A	
N	O	V	A	B	S	E	N	T	A	M	E	X	
K	N	E	L	L	N	A	S	D					
	L	A	T	E	S	T	L	A	R	A	M	S	
T	A	B	U	T	H	E	M	D	A	M	O	N	
O	N	E	G	H	A	M	M	E	R	T	I	M	E
G	O	S	H	I	M	P	L	E	S	M	E		
A	N	T	S	C	U	T	I	E	S	H	A	R	

You are not alone – call for help

At the March 20 special meeting of the Greenwich Town Council, the following flier was handed out. If you live in Greenwich Town or Village and need this help, use the numbers below:

**YOU ARE NOT ALONE.
THE VILLAGE AND
TOWN OF GREENWICH
ARE HERE TO HELP**

Live in the Town of Greenwich and know a senior citizen who may need to be checked on?

Call Town Supervisor Don Ward 518-788-0472 or donald.ward@greenwichny.org.

The Town Highway Department will conduct safety checks on seniors during their normal work day.

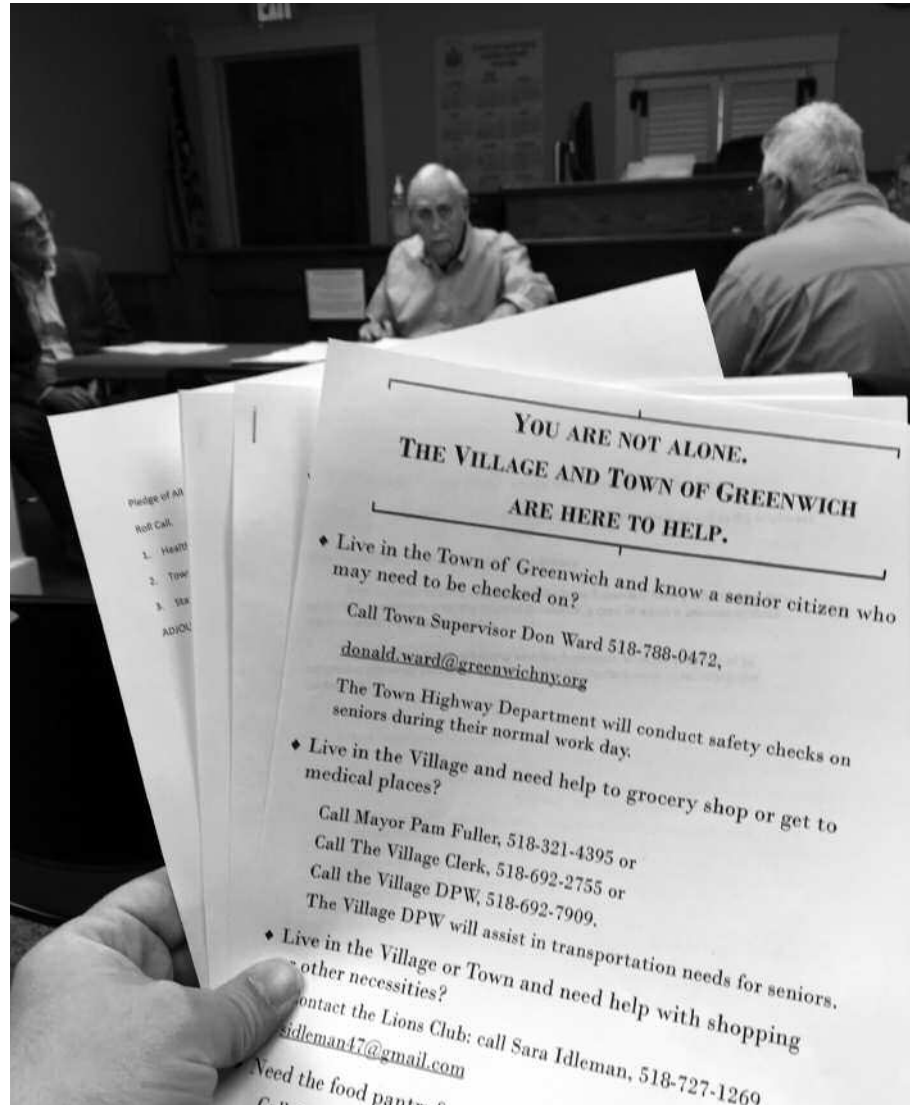
Live in the village and need help to grocery shop or get to medical places?

Call Mayor Pam Fuller, 518-321-4395; or

Call the Village Clerk, 518-692-2755; or
Call the Village DPW, 518-692-7909.

The Village DPW will assist in transportation needs for seniors.

Live in the Village or Town and need



help with shopping or other necessities

Contact the Lions Club: call Sara Idleman, 518-727-1269 or Sidleman47@gmail.com.

Need the food pantry?

Call Comfort Foods 518-692-3082 or info@comfortfoodcommunity.org.

Cambridge Village services

Status of Village of Cambridge services as of print time due to COVID-19:

- Youth Center, Library, and Playground behind the Village Offices are CLOSED until further notice.

- DPW is operating at 50% manpower, still maintaining vital services.

- Police and Fire Department continue to operate at full capacity.

- Village Clerk will continue to maintain regular window hours.

ular window hours.

- Village Court is currently CLOSED based upon State guidance. Messages for the court can still be left at (518) 677-8297. They will respond.

- Mobile DMV services are CLOSED until further notice.

REMEMBER, information is available on the Village Webpage including guidance from County and State.

Coronavirus prevention

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus.

Symptoms:

For confirmed coronavirus cases, reported illnesses have ranged from mild symptoms to severe illness and death. Symptoms can include:

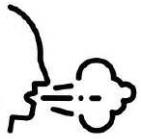


- Fever
- Cough
- Shortness of breath
- Headache



Prevention:

• Avoid close contact with people who are sick.



• Avoid touching your eyes, nose, and mouth.

• Stay home when you are sick.

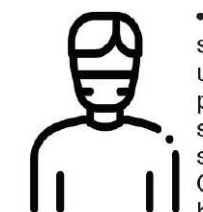
• Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



• Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



• Wash your hands often with soap and water for at least 20 seconds.



• Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).

Source: CDC
Graphic: Staff, TNS

Letters: Be counted and LEDs

Don't Ignore the Census

To the Editor:

In spite of the pandemic, the 2020 Census has started. Households should have received their census forms already in the mail. As the Census happens by law every ten years, it's easy to forget its importance. Here's a simple reminder:

Who: Every person living as of April 1.

What: "Count every person once, only once, and in the right place."

When: From now until July.

Where: The entire US.

Why: The decennial Census is mandated by the Constitution. It is important and it will impact every person in the US. The number of members of the House of Representatives from each state is determined by the state's population and legislatures will redistrict based on the count. An accurate Census is also the basis for the distribution of more than \$675 billion annually to states, counties, and communities. These monies impact housing, education, transportation, employment, health care, and public policy.

How: The easiest and most secure way to respond to the 2020 Census is online at my2020census.gov. You will need the 12-digit Census ID found on your mailer. It's the

most conservative way to respond as it saves natural resources and taxpayer money. Barring that, you will be sent a paper version in a few weeks, with a prepaid envelope. The next step is to be contacted by a Census enumerator.

In order to keep our community members and the census enumerators as safe as possible, please fill out your Census questionnaire online or by mail.

For those of you with students at home, there are some great online videos: The U.S. Census and the Amazing Apportionment Machine, and 2020 Census PSA: Census Made Simple.

Perhaps now more than ever, this is a time to stand up and be counted. Literally. Please do your civic duty.

MaryLou Stern

Greenwich

More on LEDs

To the Editor:

Across New York State, numerous municipalities have installed LED streetlights. This seems a uniquely bad moment in history to expose broad swaths of the population to the sleep disruption, immune system impairment and elevated cancer risk this technology imposes. Medical research identifies even low level light

exposure during sleep as a factor in childhood leukemia rates. LED lighting has up to five times the impact on circadian rhythm as the bulbs they replace.

It's also a bad time to undermine our agricultural sector with pollinator depletion, and spring's the worst time to destabilize and damage the health of our natural systems. There's a reason artificial light is classified as a pollutant.

A typical response to community complaints about LEDs is to lower the color temperature of the bulbs. This addresses limited aspects of the discomfort people experience, merely reducing the harm the new bulb introduces, not removing the harm.

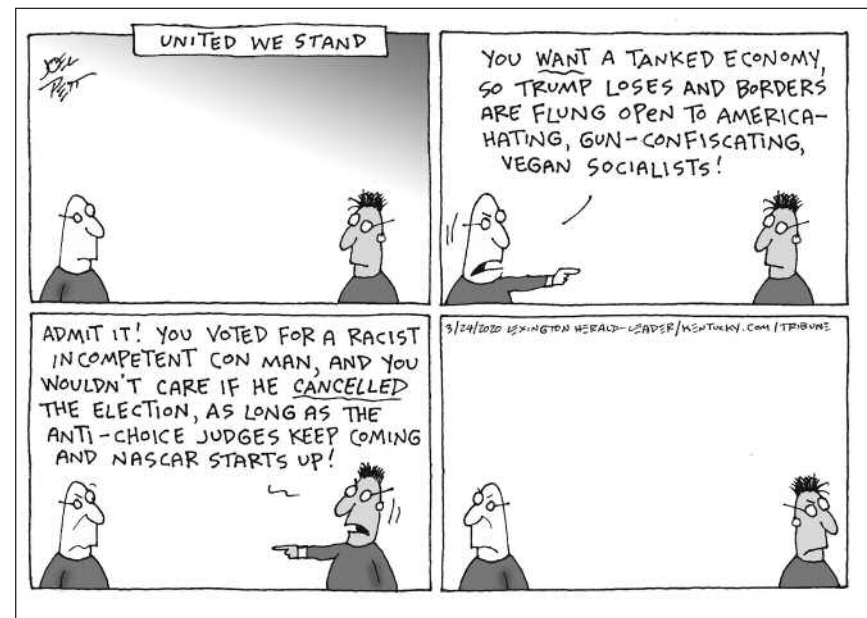


The consequences of LED streetlighting are not being adequately shared with the public. It's hard to imagine any community that was fully informed and involved in the decision to install LEDs would choose cheaper lighting over the threat to their health and their environment.

MarieAnn Cherry

Cambridge

Political Cartoon of the Week by Joel Pett



Letters policy

Letters to the Editor should be 300 or fewer words and emailed to editor@journalandpress.com. They must be signed and written by local residents about local issues. Letters by or about political candidates are discouraged. Please buy an ad instead. Otherwise, we welcome your opinions!

Write stories. Get published.
Reach people.



Contact editor@journalandpress.com with your story!



Obituaries

David B. Beayon, 52, 'The Computer Guy'

David B. Beayon, 52, went to be with his lord and savior Jesus Christ, Wednesday, March 25, 2020, at his sisters' home in Hoosick Falls after a very strong and valiant battle with brain cancer.

He was born on October 5, 1967 in Rutland, Vermont.

David graduated from Rutland High School in 1985 and went on to St. Joseph's College in Maine and graduated with an associate degree in environmental conservation. David was a self-taught computer genius who used his talents to run a successful business, The Computer Guy in Greenwich.

He loved playing poker, bowling, fishing, listening to heavy metal and traveling to any place with sunshine and warmth. Sports was a passion of his and he was a diehard fan of the Red Sox, Bruin's and

Buccaneer's. David was a people person, give him two days somewhere and he ended up knowing everyone. Every restaurant waitress seemed to fall in love with him especially those at his favorite restaurant Johnny Boy's in Rutland.

God and his family meant everything to him, he loved his parents, siblings and especially his two boys who he was proud of. David will be missed by all who knew him, but he will be remembered for his funny wit and the ability to brighten any moment.

In addition to his mother he was predeceased by his sister Thalia Jean Beayon.

Survivors include his father Richard Beayon; his step-mother, Dorothy Beayon; children Samuel and Joshua Beayon of Greenwich; siblings, Brenda (Tony Perrotta) Peets

of Hoosick Falls, Donna Barrow of Greenwich, Nancy (Frank) Munger of Gansevoort, Carolee (Kevin) Brockway of Greenwich, Rick Beayon II of VT, Daniel (Tina) Hall of MD, Ted Beayon of ME and Laurence (Lynn) Gardephe of PA; special friends Shelly Beayon and Jennifer Wrage; several aunts, uncles, nieces, nephews and cousins.

A visitation followed by a memorial service will be held at a later date at the Flynn Bros. Inc. Funeral Home, 80 Main St, Greenwich, NY, 12834. Interment in the Greenwich Cemetery will follow the service.



Donations in David's name can be made to Foley Cancer Center, 160 Allen St, Rutland, VT 05701.

Online condolences and messages to the family may be made at flynnbrosinc.com.

Derek Wilkinson, 29, husband, welder

Derek Wilkinson, 29, a resident of Derby Rd in Greenwich, passed away following a brief illness at his home.

He was born in Albany, NY, on November 18, 1990, to Peter and Lee Ann (Derby) Wilkinson.

Derek was a 2009 graduate of Greenwich Central School and achieved his NYS certification in welding in 2010. He was employed by the Fort Miller Group

in Greenwich working in their Fab 3 plant. Derek was a true outdoorsman he had a passion for hunting, fishing, and four-wheeling in his Jeep. He loved hiking in the mountains of Lake George especially Black and Buck Mountain.

He married Tina Durst on August 15th, 2015, on the family property in Greenwich. Derek was an affectionate man who

cared for his family and others. He could light up the room with his funny, always joking attitude. He will be remembered for making others laugh and when you asked him "So?" – he would reply "Sew buttons on ice cream!"

He was predeceased by his paternal grandparents, Lyle Sr. and Jackie Wilkinson; and brother-in-law Zachary Durst.

In addition to his parents, he is survived by his wife Tina Durst Wilkinson; poodle Sophie; dachshund Ozzy; grandparents Theodore and Barbara A. Derby; aunt and uncle Jeff and Trina Derby; cousins Heather and Stephen Burkhart and family, Jessica and Shane Brophy and family, Kassie Derby and family,

Cameron Derby, David Derby, and Rebecca and Jillian Wilkinson; sisters-in-law Jillian (Brian) Cogan and their children Evan and Brooklyn, Erica Durst, Jacqueline Durst, Angelina Durst and Loren Durst; close friends Bryce Leone, Derek Rogers and Ryan Huser and his co-workers at FAB3.

Services will be private at the convenience of the family.

Donations in Derek's name may be made to SAVE, Suicide Awareness Voices of Education at www.save.org – "Everyone's life matters, Life is precious value it!" Online condolences and messages to the family may be made at www.flynnbrosinc.com.

Obituaries policy

The Journal & Press does not charge for obituaries from the families of longtime subscribers. Please send to editor@journalandpress.com. They should be under 400 words. If schedules permit, we may be able to write an original piece. Contact us for that possibility. If you are going through a loss, we offer our sincerest condolences.

The best summer job

Irene Baldwin
Journal & Press

Shortly after my retirement from teaching English, I saw a brightly colored sign for Kimberly Farms Riding Stables in Shaftsbury, Vermont. I have had horses in my life since the age of twelve and was looking for a part-time job that included equines. I decided to follow the signs and inquire if a summer position was available. Val and Robert Shemeth are the owners of Kimberly Farms Horse Stables in Vermont. On this day Val was in the barn with the horses when I approached her about working at Kimberly. Little did I know, Val and I would become close friends and I would be working at Kimberly for all of my summers since our first meeting. The position I hold is that of Director of Arts and Crafts for all of the camp participants. This is the perfect

job for me – I love horses and I enjoy arts and crafts of all kinds.

The farm is home to between fifteen to seventeen various breeds of horses. The horses lead happy lives. They are ridden for lessons, arena work and trail riding mostly in July and August. I remember the first day I walked up the dirt and grass road bordered by white fencing to the top of the first hill on the farm. The view is simply breathtaking. Spread out in all their glories are farms, silos, fenced pastures, and the spire of the Bennington Monument rimmed by the blue and purple Green Mountains. The scene never grows old.

I have the pleasure of accompanying campers on a post-lunch hike each day Monday through Friday. Some of the campers complain because our walk is along hilly terrain, but I

never do. I understand the gift we are being given. The dome of blue sky stretches out above this part of the world, a ceiling to green pastures and the many colored and beautiful horses who graze contentedly in their fields. A profusion of wildflowers grows in clumps along the way as we make our way up, up the hill. We go by a sign that states this is the site of the oldest marble quarry in Vermont. If a hiker continues, she passes the farm's rustic cabin and eventually comes to a flat

'I never complain and understand the gift we are being given.'

meadow at the very top with another magnificent view. Here riders can rest their mounts and breathe in the fresh air and the beauty of a Vermont day.

Most of the campers are from New England states with a few coming from as far away as California or even a foreign country. The majority are females between the ages of five and sixteen. The overnight campers have beds to sleep in and a giant table for meals in The Bunkhouse. All of the girls are horse-crazy (an affliction I share with them). My two grandsons, who are day campers one week a summer, giggle when I tell them that the smells of horse poop and horse skin are like perfume to me. Who can explain the phenomenon? Once bitten by the horse bug, the obsession seems to stay through all of the days of a horsewoman's life.

My work takes place on picnic tables under the Arts and

Crafts Pavilion out of the sun, but in the outdoors and with a view of all that goes on at camp. I am free to devise projects that I believe campers will enjoy. We write in our handmade journals twice daily. I try to keep the writings horse-focused: haiku, trail and ring experiences as well as word snapshots of their special steeds. We paint and decorate horseshoes, create living terrarium horse homes, sketch, inquire, laugh, talk horse and become acquainted. Who could ask for a better time?

One of the perks of my summer job is that I can bring my thirty-year-old Palomino Quarter Horse with me to camp. Crical Jack climbs eagerly into my nephew's truck each June knowing he is going to his special place. Here,

he will be lightly ridden, fussed over, petted, painted with handprints, sprayed with a hose on hot summer days and reacquainted with old friends. His favorite pasture-mate is Sonny, a retired forty-year-old Quarter Horse. Crical loves to flirt with the few mares housed on the farm.

As another summer approaches, I hope that by camp time, the Coronavirus is under control. I pray that Kimberly will once again be the busy, active place it has been for campers for so many years. I look forward to fun days of sun, rain, horses, kids and crafts.

Irene Baldwin is a longtime resident of Cambridge. She is a writer and a retired teacher of English. She grew up and attended school in Salem.



Windy Hill C-B-D offers 4-20 special

Darren Johnson
Journal & Press

Holly Harris of Greenwich's Windy Hill C-B-D is having fun with the term "420" – a pot reference – as she has a special deal that lasts all month (which includes the famous stoner date 4/20). Buy four items – get two free (see ad page 2). And, while it's true CBD oil has a legally minute amount of THC, the active ingredient in marijuana, Harris said that there's a lot more to the product:

"CBD oil helps with anxiety. If you're feeling anxious or depressed, I tell people to try it," she said.

There isn't enough THC in it to trigger a drug test, she added.

"I try to support local. My plants come from New York State from certified growers.

The lab testing comes with it."

She not only sells the oils, but also related bath bombs, warming salves and roll ons.

"I swear by it. I had severe back pain and this worked; I absolutely loved it. But it was expensive, so I started my own company to make it affordable," she said.

Harris wouldn't suggest buying just any CBD oil. "Make sure you know who you are getting it from."

And what does it help with? "Anxiety — big time. Helping people sleep — amazing. Helping people with inflammation — huge," she said.

Harris has put together a pleasant, exacting formula, and also gives some to her dogs, which she says has notably helped their arthritis.



"I can't speak enough good things about what CBD oil has done for me," she said. "I love it!"

She's offering contactless

pickup as well. To learn more, go to www.windyhillcbdoil.com or call Harris at 518-232-6832. The buy-four, get-two-free offer ends April 30.

Legal Notice

NOTICE OF ANNUAL MEETING, BUDGET VOTE AND ELECTION ARGYLE CENTRAL SCHOOL DISTRICT COUNTY OF WASHINGTON, NEW YORK

NOTICE IS HEREBY GIVEN, that a public hearing of the qualified voters of the Argyle Central School District, Washington County, Argyle, New York, will be held in the school library in said District on Tuesday, May 12, 2020 at 7:00 PM, E.D.S.T., for the presentation of the budget. The budget will be available for review on May 5, 2020 at the Argyle Central School.

NOTICE IS HEREBY GIVEN, that the annual meeting of the qualified voters of the Argyle Central School District, Washington County, New York, will be held in the atrium of the Argyle Central School in said District on Tuesday, May 19, 2020 at 8:00 PM, E.D.S.T., for the transaction of such business as is authorized by Education Law.

AND FURTHER NOTICE IS HEREBY GIVEN that said vote and election will be on Tuesday, May 19, 2020 between

the hours of 12:00 PM (Noon) and 8:00 PM, E.D.S.T., in the atrium at Argyle Central School, at which time the polls will be opened to voting by ballot upon the following items:

1. To adopt the annual budget of the School District for the fiscal year 2020-2021 and to authorize the requisite portion thereof to be raised by taxation on the taxable property of the District.
2. To elect one (1) member of the Board for a five (5) year term commencing July 1, 2020 and expiring on June 30, 2025 and to succeed Thomas Genovese, whose term expires on June 30, 2020
3. To appropriate monies to the Argyle Free Library and to authorize the requisite portion thereof to be raised by taxation on the taxable property of the District.

AND FURTHER NOTICE IS HEREBY GIVEN that petitions nominating candidates for the office of member of the Board of Education shall be filed with the Clerk of said School District at her office in the School, not later than Monday, April 20, 2020, between 8:00 AM and 3:00 PM. Each petition shall be directed to the Clerk of the District and

shall be signed by at least twenty-five (25) qualified voters of the District, must state the name and residence of the candidate and shall describe the specific vacancy for which the candidate is nominated, including the length of the term of office, and the name of the last incumbent.

AND FURTHER NOTICE IS HEREBY GIVEN that applications for the absentee ballots (where applicable) will be obtainable between the hours of 9:00 AM and 3:00 PM Monday through Friday, except holidays, from the District Clerk. Completed applications must be received by the District Clerk at least seven (7) days before election if the ballot is to be mailed to the voter, or the day before the election, if the ballot is to be delivered personally to the voter. Absentee ballots must be received by the District Clerk not later than 5:00 PM, prevailing time, on Tuesday, May 19, 2020.

A list of persons to whom absentee ballots are issued will be available for inspection to qualified voters of the District in the office of the District Clerk on and the after May 15, 2020, between the hours of 9:00 AM 3:00 PM on weekdays prior the day set for the annual

election and on May 19, 2020, the day set for the election, and the day set for the election, and said list will be posted at the polling place at the election. Any qualified voter present in the polling place may object to the voting of the ballot upon appropriate grounds for making his/her challenge and the reasons thereof known to the Inspector of Election before the close of the polls.

AND FURTHER NOTICE IS HEREBY GIVEN, that the qualified voters of the School District shall be entitled to vote at said annual vote and election. A qualified voter is one who is (1) a citizen of the United States of America, (2) eighteen years of age or older and (3) resident within the School District for a period of thirty (30) days next preceding the annual vote and election. The School District may require all persons offering to vote at the budget vote and election to provide one form of proof residency pursuant to Education Law 2019-c. Such form may include a driver's license, a non-driver identification card, a utility bill, or a voter registration card. Upon offer to provide their signature, printed name and address.

KIMBERLY HUMISTON, CLERK OF THE DISTRICT

JOURNAL & PRESS

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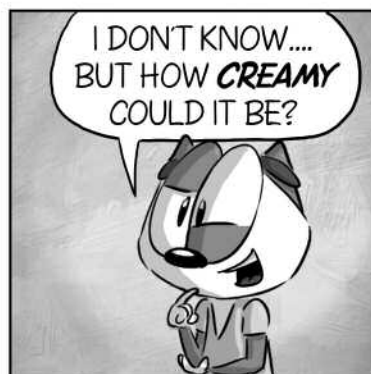
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Classified Ads

LEGAL NOTICE

The Washington County Co-Operative Insurance Company's Annual Meeting of the Policyholders, that had been scheduled for Tuesday evening April 14, 2020 at 7:30pm in the company office, 33-35 Main Street, Greenwich, New York, for the election of Directors and for the transaction of any business which may be properly come before the meeting, has been postponed due to COVID-19 until a later date.

James McClay
Secretary

LEGAL NOTICE/NOTICE OF FORMATION

The McNeice Family Farm LLC filed articles of organization with the Department of State on February 7th, 2020. Its principal office is in Washington County, New York. The Secretary of State of the State of New York has

been designated as agent upon whom service of process against the LLC may be served, and the address to which the Secretary of State shall mail a copy of process in any action or proceeding against the Company is 45 Edie Road, Greenwich, Washington County, New York. The purpose of the Company is to engage in any lawful activity for which limited liability companies may be organized under § 203 of the Limited Liability Company Act. 4/1, 4/16, 5/1

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Contact editor@30wire.com.

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Actually, now's a great time to advertise!

Darren Johnson
Journal & Press

You may have noticed that most of our local advertisers are gone from this issue. Stay-at-home orders are really hurting local businesses, and, frankly, some clearly are not going to recover. Some pulled their ads – even though our ad prices are pretty low to begin with. (Hey, we're a business, too!)

But some businesses are still trying to make a go of it, and we salute them. They are stepping up and offering takeout and delivery and contactless pickup. It shows that they really care about their businesses, and their customers, and after this social distancing thing is over, we'll all remember

their valor and ingenuity. I predict that the businesses operating during this crisis are building up so much goodwill that they will see a flood of customers when this is over. People will really want to support the true mom-and-pops.

The businesses that will fail are the soulless chains that haven't been able to pivot in this time of crisis. Cheesecake Factory, for example, recently announced they can't make rent on their properties. Even before this crisis, chains like Applebees and TGI Fridays had seen declines, as people want more authentic and healthful dining choices.

We've also seen local markets come to the rescue and get us the goods we need at affordable prices while Amazon Pantry collapsed amid price gouging and slow delivery times. Maybe Amazon isn't all that great?

Many mom-and-pops are doing a great job and will come out of this stronger and with a lot of respect.

For those businesses, now's the time to expand and not retract. Keep the good news coming. We consumers are paying attention!

And now's also the time to advertise. Not everyone's on Facebook, and not everyone on Facebook sees every post. People are home – they want to take a break from their devices and the bad news on TV. And, in their mail-

JOURNAL & PRESS

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What's new on Facebook?

The Journal & Press has the most popular Facebook media presence in our region, by far. Posts get thousands of views and sometimes hundreds of likes and dozens of shares.

Our presence is lively, upbeat and optimistic – no wonder why so many people follow us there. You can also find breaking news. The site is more curated than what you'd find in a Facebook group. See our photos in full color there, too.

And small-business advertisers get an extra bonus – if you buy a print ad, we'll also post it there for free for lots of added exposure.

Find our paper's Facebook page at www.Facebook.com/JournalPress.

We also find our Schuylerville Turning Point Newspaper Facebook page at www.Facebook.com/Schuylerville.

box arrives an edition of The Journal & Press, with something for everyone. Even the kids. How can an ad in this paper not be seen? And trusted?

This newspaper will weather this current crisis fine, thanks to a solid subscriber base who believes in "buying local."

If you would like to subscribe (or sign up your friends and relatives), send me an email at editor@journalandpress.com.

If you own a business and want a few more phone calls and visits, also contact me. Our rate card is listed above.

Everyone – stay safe, and help others, if you can.

And that's the last word ... for now.

Darren Johnson is publisher of this paper.



Health Day in limbo

The Salem Area Woman's Club is scheduled to present the 26th Annual Women's Health Day on April 25. Given the recommendations regarding the COVID-19 pandemic it may become necessary to reschedule or cancel the event. As soon as Chairman Lois Sheaff continues to receive reservations, and once the decision is made, people will be individually contacted.

Summer Editor-in-Chief

The Journal & Press is looking for a college journalism student to serve as Editor-in-Chief this summer. Stipend available. The right candidate will learn all aspects of newspaper work and must have a can-do attitude, writerly flair and desire to learn page layout. Contact editor@journalandpress.com if interested in this opportunity.

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