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The art of tracking lost dogs

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A pet goes missing; it's time to act fast

Any agency working with dogs over the years is likely to have a dog become missing at some point. When this happens at Our Best Friends Rescue, they often do look to Facebook for help locating the animal. But, it can take much more than social media to get a dog back home safely. Cooperation from the dog's foster or adoptive family is important and a phalanx of volunteer searchers is critical.

Please read more on pages 3-4



Also:

Revving up village elections – 14-15





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Town of Hebron's new garage

Robin Lyle Journal & Press

After twenty years of seeing the need, the Town of Hebron expects to have a new highway garage by the end of 2024. Hebron Supervisor Brian Campbell becomes quite animated when he talks about town plans for a new building on the site of their current garage. That building was constructed around 1960 and was fine for single axle trucks that the town used exclusively then. Increasingly, the town is purchasing tandem trucks. These longer trucks don't fit into the existing facility when the snow plow is attached.

Currently, the highway department prepares for an impending snow storm by filling the trucks with sand and placing them in the garage to keep the load dry. When the crew arrives to clear the snow, they first have to take the truck out of the garage and attach the plow. This creates a delay in plowing, when time is critical.

Now the town will be able to build. Due to increases in funding, along with methodically building their fund balance over the years, the project can go forward. During Covid, Biden's American Rescue Plan Act (ARPA) gave money to municipalities to address revenue shortages due to the pandemic. Hebron's share of ARPA came to \$182,000.

"ARPA makes it easier," Campbell explains. "The problem was you can't put anything out to bid and get a price until you've done all the engineering. You're left in the dark. You have to go through all these stages just to get the bid. So, we were thinking, 'wow!', that's enough to do all the preliminary work to figure this out. We had to first go out to bid the feasibility and engineering studies. By the time these bids are back, we'll be out about \$70,000. So, if it wasn't for that ARPA money, you'd have to use the funds you had on hand."

Meanwhile, the state has increased monies available to towns for road maintenance. The longstanding CHIPS program (Consolidated Local Street and Highway Improvement Program) has provided most

of the state aid in the past. But over the last seven years, the state added three new funding programs to improve local roads. A program called POP, for Pave our Potholes, gives each municipality an amount proportional to the amount of CHIPS money they receive. Combined two other new programs - Extreme Winter Recovery (EWR) and PAVE NY - municipalities are receiving significantly more money for roads.

Annually, Hebron receives about \$240,000 in CHIPS funds, and the three newer funds add an additional \$145,000. Since Hebron's highway department only has the capacity to complete about \$150,000 worth of paving and other improvements every year, the town was able to roll over the remaining funds into the next budget year creating a fund balance. The board realized they could use the fund balance to begin construction of the building and have it paid for over the next two years without going to local taxpayers to fund it.

"We have nearly a million in the fund balance at the moment, so we've been saving the money to get there. But the way CHIPS works, is you have to put your money out to get the CHIPS money back. So in the first year we'll be fine because we can put out the \$700,000 from the fund balance and get the \$700,000 back from CHIPS. But the next year will be tight because the money is going out and you're waiting for it to come back."

Hebron's initial plan was to construct a building with three double bays, each ac-



ing two
t a n d e m
trucks for a
total of six
trucks. But
when the
bids came

back at a cost of \$1.8 million, the town rejected those bids and scaled back the project. A revised plan consisting of two double bays for four trucks is already out for bids. They can still keep their single axle truck and large pickup trucks in the old facility, along with the highway superintendent's office.

The new building will be constructed alongside the current structure on Chamberlain Mills Road. An artesian well has already been drilled. Campbell expects the new building will be completed and in use by the end of 2024. "We're hoping everything will be ready to go by April 1st. We cut the size by a third...that won't quite cut it by a third of the price, but we're hopeful."

Tracking lost dogs is a complicated art

Robin Lyle Journal & Press

How are pet dogs that wander off or go missing brought back home again? Heartfelt postings on Facebook pleading for information on missing pets certainly help. According to Tracy Snell from Our Best Friends Rescue, social media is an important tool when searching for a lost dog.

Our Best Friends Rescue is a dog rescue agency based on Long Island. Dogs are brought to the Long Island facility from as far away as Texas. They are transported on a specially equipped vehicle called the "love bus." A large group of volunteers in Washington County in Upstate New York help the Long Island agency by finding foster and adoptive homes for their animals in this area.

Some of the rescued dogs were born into puppy mills. According to Wikipedia: "[t]he Veterinary Medical Association of the Humane Society...defines the main characteristics of a puppy mill as 'emphasis on quantity over quality, indiscriminate breeding, continuous confinement, lack of human contact...and minimal to no veterinary care."

Other rescued dogs come from pet hoarding situations. In both cases, the dogs have had little human contact and may be quite fearful of people. Not all of the dogs at Our Best Friends Rescue endured such traumatic conditions, rather they could be voluntarily given up by an owner, brought in by family when an owner dies, or brought in wandering and lost.

Any agency working with dogs over the years is likely to have a dog become missing at some point. When this happens at Our Best Friends Rescue, they often do look to Facebook for help locating the animal. But, it can take much more than social media to get a dog back home safely. Cooperation from the dog's foster or adoptive family is important and a phalanx of volunteer searchers is critical. And, sometimes, especially for a dog that's been gone more than a few days, extra help comes from consulting with an expert in dog behavior and tracking lost dogs.

Tracy Snell, from Our Best Friends Rescue in Washington County, has called on Sarah Winslow, of Salem, for help in difficult missing dog situations. Sarah is an "excellent human being," Tracy said, noting that "she doesn't take any money for her help and doesn't want any attention for it either. That's her brand."

It's not a surprise, then, that Sarah was reluctant to talk with this reporter. She protested she was too busy to talk as she spent the day making holiday wreaths for local charities. Fortunately, she did share a quick outline of how she became interested in this unusual field and key elements of dog behavior when under stress.

It all began for Sarah eight years ago when her daughter's dog went missing. Sarah and her daughter searched

for 68 days straight. In the process they found five other missing dogs, but not her daughter's. It wasn't until two years later, through a lead on social media, that they learned the dog had been stolen and were able to finally retrieve him.

When a dog is lost, not stolen, "they typically leave out of fear" according to Sarah. "You have to understand dog behavior. In 24 hours they become feral and within 48 hours they're in 'survival mode'." Most lost dogs are going "somewhere," she said.

Just this past September, Tracy Snell of Our Best Friends Rescue contacted Sarah Winslow for help finding "Lulu." Lulu had been in her new adoptive home only one day when she went missing, apparently scared

This beauty was running down Kenyon Hill Road just now in Cambridge ... we tried to get the dog to come to us but kept running away. Please share



by clanging pots and pans. She had just been adopted by an older couple in Battenville. Our Best Friends Rescue was alerted two days later when someone spotted the lost dog posting on Facebook.

The Rescue's volunteers posted information on Facebook, hung posters, and went door-to-door to let people know the dog was missing and provided a phone number to call if they saw her. Sightings of Lulu, new ones received every day Lulu was missing except one, came from a fairly remote area between her owner's home and Hedges Lake.

Concerns led the Rescue to contact Sarah Winslow for help. "Sarah has good instincts

Please read more on page four

Dog tracker (cont.)

on what dogs will do," Tracy said. Lulu came to the Rescue from a puppy mill and she was not used to being around people. This led Sarah to advise that Lulu would feel more comfortable with dogs than people and would gravitate towards other dogs. Several reports from community members who spotted Lulu confirmed this.

Further, Sarah believed that the "somewhere" Lulu would head for was either back to her new home or a return to her foster home. Sightings bore this out as they showed Lulu approaching her foster home and then doubling back towards her new home.

Information gleaned from almost daily sightings let the searchers and owners know that she was not only still alive but in pretty good shape, indicating she had found a reliable source of food.

As sightings of Lulu came closer to her new adoptive home, her owner was given instructions. "The worst thing to do is go towards a lost dog and try to catch it," Tracy said. A fearful dog in survival mode is likely to flee and Lulu wasn't used to being around people.

The owner was told to place a bowl of food in the yard and then retreat into the house where Lulu couldn't see her. Each time, the food was placed closer to the house with the owner out of sight. Eventually, food was placed just outside the door from which Lulu had fled. This time, the owner remained where the dog could see her. The final step was to move the food inside the house with the door open, reuniting Lulu with her adoptive family at last.

Lulu had been missing for a total of eight days. Throughout that time, numerous volunteers from Our Best Friends Rescue were hard at work. As each sighting of Lulu was received, volunteers arrived to search for Lulu and talk to neighbors. When the dog returned to the area of her new home, the new owners followed their instructions perfectly.

Unfortunately, things don't always go this smoothly. About a year prior to the search for Lulu, a different dog went miss-



ing; this time from the Easton area and in the middle of winter. This dog, a Portuguese Podengo, came to Our Best Friends Rescue from a pet hoarding situation and was eventually adopted.

Unlike in Lulu's situation, in this case, the owners "did the exact opposite" of their instructions. Responding to a sighting of the dog, the owner chased it with an ATV which actually drove the dog further away.

With temperatures well below zero, the dog was in a very dangerous situation. The longer it was lost, the worse the outlook for its survival became. At this point, the Rescue decided to stop working with the owners in order to improve their chances of recovering the dog. They also enlisted Sarah's help.

As sightings in Easton dwindled, Sarah determined that the dog had crossed the Hudson River on ice. The entire search operation was then moved to the west side of the Hudson as volunteers fanned out through Mechanicville and Schaghticoke with posters and outreach.

This dog was comfortable with children, but wary of adults. This behavior led the volunteers to concentrate on areas with young families. Thirteen days after the dog first went missing, a call was received from Mechanicville. The caller's daughter was playing outside with a dog that looked like the one reported missing. As instructed, the girl's mother said, "Honey, come inside and bring your friend with you." That worked like a charm and the dog has since been rehomed.

Helpful Advice

When a dog does go missing, acting quickly to find the dog increases the odds of bringing it back home safe and sound. Waggish.com's advice includes these key steps to finding a lost dog:

- Post flyers in the area the pet went missing, as well as where local people gather (post office, library, convenience store, etc). Include a contact number.
- Use social media and ask people to call as quickly after a sighting as possible.
- Contact neighbors, the local animal control officer, shelters and vets.
- If you see your lost dog, don't chase it.
 Doing so can cause a stressed animal to retreat further.

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SCHOOL NEWS

Students given a 'Reality Check'

Darren Johnson Journal & Press

The Greenwich Parent-Teacher-Student Association (PTSA) held Reality Check, an immersive and educational event designed to empower students with essential life skills, taking place on March 12 during the school day at the Greenwich High School Media Center. Reality Check billed itself as "a captivating journey into the realm of financial literacy and career exploration."

Reality Check isn't your typical class-room experience; it's a dynamic "Game of Life" that challenges students to navigate through real-world financial scenarios while honing their money management and budgeting skills. Developed by the Greenwich PTSA, this simulation game aims to equip students with practical knowledge that extends far beyond traditional academic subjects.

Participants encountered a mix of anticipated situations and unexpected twists, mirroring the complexities of real-life financial decision-making. From managing expenses to seizing lucrative opportunities, students engaged in hands-on learning that aimed to prepared them for the challenges of adulthood.

Reality Check also offered students the opportunity to explore various career paths by engaging in conversations with local business owners and professionals.

"We're excited to present Reality Check as a unique learning experience that goes beyond textbooks and classrooms," said Tara Graves, communications for Fort Miller Group and member of the Greenwich PTSA. "In today's rapidly changing world, financial literacy and career readiness are more important than ever. Reality Check provides students with the tools and confidence they need to navigate the complexities of the modern economy."

This is the second time the PTSA has hosted this event, but last year's event was held on a Saturday and was not well



attended by students. This year, the event was bustling and the two dozen or so local businesspeople who manned tables were kept very busy by inquisitive students.

Greenwich CSD superintendent Jennifer Steimle said: "I'm super proud of the kids, and I love watching how respectful they are to our community partners. I'm exceptionally thankful for our PTSA. This was a huge undertaking for them, helping us do this for our kids."

Graves said that they may now have the winning formula for this event, as

students, faculty, staff and the local business leaders who helped out all gave the event praise.

"It's really about financial literacy," Graves said. "Hopefully students take a great life lesson away with them."

The event largely

consisted of two aspects for students — the game, where students were given a fictional job and salary and then had to develop a budget based on that, judged by local business people from the financial realms, like banking, grocery store management and real estate; and a career-fair aspect, where they were given stars and raffle tickets for chatting up local business people in fields the students may be interested in, ranging from veterinary science to manufacturing to graphic design, the law, publishing, radiology and much more.

"I'm very happy with how it turned out. Last year's event was great, but this was even better," Steimle said. "By doing it during the school day, we could capture entire grade levels of kids. We may even need a bigger space and more time next year."

She said that the event indeed was a "reality check" for the students, who were unaware of what typical salaries are in fields they may be interested in vs. what items like groceries and rent may cost.

The superintendent noted that while such practical training isn't required by the state, "Greenwich feels like it's a must-do for our kids."

SCENES FROM REALITY CHECK















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Parkers Jesigns Shows & Signs

- BANNERS
- VEHICLE GRAPHICS
- STICKER & DECALS
- CUSTOM T-SHIRTS & HATS
- WINDOW GRAPHICS
- LASER ENGRAVING
- SIGNS





Hunger hits harder here of late

Darren Johnson Journal & Press

The Cambridge Food Pantry has seen its usage numbers increase by 18.5% since January 2023. The food insecurity crisis in this area continues to grow. At Cambridge Central School, they have a poverty rate among the students of 47.53%. That is up 11.7% since 2016. So I interviewed Sarah Harrington, executive director of the Cambridge Food Pantry. Here is our conversation:

Journal & Press: As evidenced by the quickly growing number of students eligible for free lunch now in area districts, it's obvious more people are struggling. How are you seeing this play out locally?

Sarah Harrington: I am the new Executive Director at the Cambridge Food Pantry. We hear stories every day of the struggle that our neighbors have with providing food to their families.

J&P: What do you think some of the reasons are for the poverty?

SH: Many of the people we serve are elderly or disabled. We see a lot of families with young children. People do not have enough money to keep up with expenses and inflation. We had cases where we directed people to the Emergency Fuel Fund in Cambridge. In one situation, their electric was going to be shut off and they needed that to start their furnace. It was when the temperatures were in the negative.

J&P: Is it affecting certain age groups more than others?

SH: It is somewhat even between adults and seniors. Currently we have 538 families enrolled in our system.

J&P: How does this translate at the K-12 level?

SH: We serve the most to children because of our backpack program that gives an additional two meals to children for the weekend.

J&P: Is your pantry able to meet the demand?

SH: So far, yes. The pantry provides food to families three service times per week. There are currently 55 active volunteers that make this all happen. They do a wonderful job. I couldn't ask for more from them. In February, we brought in 28,891 pounds of food. It comes from Regional Food Bank, Hannaford in Greenwich, Comfort Food Community, food drives, local stores, and individuals. People are very generous.

J&P: What are some ways you help residents?

SH: We are able to provide meat, produce, canned goods, and baked goods that they might not otherwise be able to afford.

J&P: How do you get the word out about your services?

SH: We just put up new signage with hours, we have a Facebook page, and we are working on a new website. Most locals know about us from word of mouth. We have been a pantry for over 30 years at different locations in Cambridge.

J&P: What are your group's plans for the coming years?

SH: Since I began January 1st of this year, I have been working to streamline our ability to serve people and facilitate ways to connect with our community. We have a truck that is essential to our ability to get the food that has been towed

twice and needs replacing, so we are actively raising money for that project. There were many facility-related issues that needed addressing. We are in an old restaurant with all the issues that come with that. I have organized a youth work party for community service and we have some contractors that have generously offered their services to help us. My hope is to have a very welcoming and

comfortable experience for our neighbors when they come for a service. I'd like pantry area to appear more store-like and have a wide variety of nutritious options. I plan to partner with local farms and gardeners for fresh produce donations during the growing season. We just had a van donated by Regional Food Bank that will make it pos-



sible to do pick ups of donated produce. I'm excited about where we are headed.

J&P: Anything else you'd like to add?

SH: We do not turn anyone away that is in need. I've let first responders and the school know if there is an emergency situation regarding food, they can contact me, and I will do my best to help out. We had one situation with a student at school, where we were able to step up and provide food to a family in need at a moment's notice. We have that flexibility.

Also: Raffle for the Pantry

The pantry is trying to address these needs in the local community. They are holding a George Van Hook Painting Raffle. The drawing will be held at the Cambridge Food Pantry on April 27, 2024 at 6 p.m.

The winner will not need

to be present. You can see the original painting on display at the Glens Falls National Bank in Cambridge.

The beautiful painting, "Morning Cast on the Battenkill," is an oil-on-linen donated by Van Hook. It is the view of the Battenkill River near the Rt. 313 bridge in Cambridge.

The tickets are \$50 each and are available at the Cambridge Florist or by call/text at 518-683-6691. Money raised will go straight to helping local people in need.

FROM THE STACKS

Going book-clubbing

Sarah Murphy Greenwich Free Library Special to Journal & Press

At around four in the morning, on the party bus from the villa back to the city, I got invited to join a book club. It was May of 2015, and I was spending three days in Seville, Spain to celebrate the wedding of an old friend. It was a long way to travel, especially for a weekend, but I managed to get a cheap flight, and I am loathe to pass up a chance to explore a new city. I was traveling solo, and despite knowing the groom since high school, I knew very few others in attendance. But friends of friends make great friends, and—as it turned out—great readers.

A little more than a year earlier, Nick and Melanie, academics and artists living in upper Manhattan, had started a book club. From the beginning, this book club was a little unusual. For one thing, it had a name: the Novelly Unproductive Book Club, aka NUB Club. "Novelly" because the decision was to read only full-length fiction, and "Unproductive" because of the radical nature of reading for pleasure instead of giving in to the constant pressure to be hyper productive. Melanie told me that she was in the middle of a "publish or perish tenure grind" and that "taking the time to read for fun was actually a bit rebellious."

Of course this wasn't my first book club. There was the one with college pals centered around meals. One person would choose the book and a restaurant or a menu that was thematically connected. A great spot on Curry Row in the East Village to discuss White Teeth; sushi for The Wind-Up Bird Chronicle, and a tea party for Persuasion. This was tons of fun, but it was hard to keep the focus on the book with all the food and gossip flying. A few years later, I tried a book club hosted at my favorite local indie book shop. It was a way to connect with likeminded neighbors and read books I might not choose on my own, but the con-

versation—planned and led by one individual—felt stilted and forced.

I was lucky to spend several years hosting a book club for 4th grade boys and adult male caregivers and role models. My wonderful library colleague, Susan, started a "Guys Read" club with our third grade students, and I followed her lead once the first group moved on to grade 4. These conversations were magical; the kids blew the adults away with their insights, and the boys were able to see a side of their dads, uncles, and family friends that had previously been hidden.

By the time I attended my first NUB Club meeting, I had strong feelings about book clubs in general and what I wanted from them: basically a grad school lit seminar that I had to neither teach nor be graded on. I'm not sure what I said on that four AM bus ride

that got me the invite, but I knew this selfselective group was serious about literature. The book we discussed at my first meeting was Rachel Cusk's Outline, a short, meditative character study with beautiful writing and essentially no plot. It was generally liked by the group, but "did you like it?" was almost beside the point. The analysis was about what the author was trying to do. and whether and how she succeeded. Over the years, I have enjoyed book club discussions about books I've detested as much or more than those about books I've loved. The conversations are often debates and always riveting. I will frequently find that I like a book a little bit more after a spirited exchange.

In addition to its quirky title (and, for the record, this group is so un-unproductive that they've created an entire website cataloging and reviewing every single book read over ten years), there are a number of other factors that make NUB Club different from any other I've known or known about. Every month, anyone present can nominate as



many prose, fiction books as they wish, and then we vote using a system that has developed over time. The book with the most votes wins, end of story. The group meets in the same location—Nick and Melanie's apartment—every month. The group varies in size, but averages about seven or eight.

I'm frequently asked by patrons about book clubs at the library. My usual response is, would you like to start one? I hope someone takes me up on it, but I know how hard it is to make such an endeavor really work. But it's absolutely worth a try, because chatting, laughing, gushing, arguing, even yelling about books is among life's most enjoyable pursuits.

And if you're looking for a good book to start with, check out the short list at www. nubookclub.com

Sarah Murphy is Director of the Greenwich Free Library.



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Why is this fish a problem?

Hudson Crossing Park is a partner with the Historic Hudson Hoosic Rivers Partnership to raise awareness about the invasive fish the Round Goby. Together, they're working to educate the public on the dangers of this uninvited, invasive species and on strategies to contain it.

The Round Goby has made its way from the Great Lakes, through the Erie Canal, and into the Mohawk and Hudson Rivers. They pose an immediate threat to the native wildlife in the area, with voracious appetites that are leading them to outcompete and displace native species. This has a negative impact on the environment, fish and wildlife populations, and the economy.

Erin Vennie Vollrath from DEC-Region 5, and Ed Skorupski, from the Hudson River Estuary Management Council, Adirondack Conservation Council, and NYS Outdoor Writers Association, will lead the discussion at the Gateway Visitor Center on Tuesday, March 19th, from 6-7pm.

The Gateway Visitor Center is located at 30 Ferry Street, Schuylerville, NY 12871.



Donate blood

As spring approaches, the American Red Cross urges donors to give blood or platelets now to continue to strengthen the national blood supply. People of all blood types – especially those with type O blood – are critical to ensuring hospitals can meet the daily demand for lifesaving transfusions.

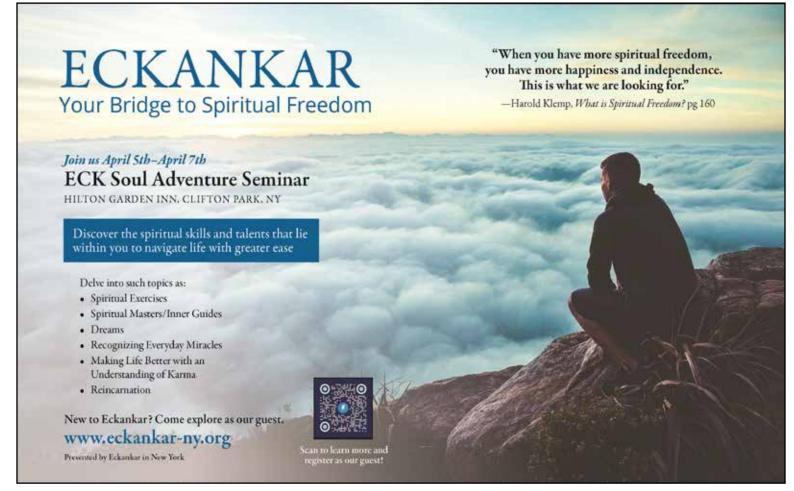
During Red Cross Month in March, the Red Cross celebrates the volunteers and blood

and platelet donors who are critical to ensuring those in need receive relief and care. Help can't wait – to book a time to give, visit RedCrossBlood.org, download the Red Cross Blood Donor App, or call 1-800-RED CROSS.

Upcoming blood drives:

Cambridge — 3/19/2024: 8:30 a.m. - 1:30 p.m., Cambridge High School, 24 South Park Street.

Saratoga Springs – 3/20/2024: 10 a.m. - 3 p.m., Saratoga Hospital at Wilton Mall.



It takes a village to get voter turnout

Darren Johnson Journal & Press

Typically, most villages in our region hold their elections in March. The Village of Greenwich elections, for example, are Tuesday, March 19, from 12 to 9 p.m., at the village hall.

(If you live in a different village, check your local government web site for election information.)

However, most villages now have trouble finding *any* candidates to run; Greenwich does have a full slate for an open mayor's seat and two trustee seats (see story, last issue, via JournalandPress.com), but the race isn't contested.

The Village of Greenwich has about 1600 eligible voters, but only 30 bothered to show up the last time there was a full election, albeit uncontested, in 2022.

A special election for a one-year term to cover a vacated seat was contested last spring between then-newcomer Willy Grimmke (who won and is running again this spring as an incumbent) and Liv Thygesen, but for that race only 134 people voted in total, or about 8% of the potential electorate.

I decided to ask various local leaders about this issue.

This is the question I posed: Village elections are coming up, but it seems local villages are having trouble finding people to run, and voter turnout for these elections has been declining. Do you think this model of governance is sustainable?

Here are their thoughts:



Dan Carpenter, Mayor of Schuylerville

The question of sustainability is indeed a pressing one given the recent election results in Schuylerville, where we saw a concerning level of voter apathy and a lack of competition among candidates. With only three individuals running unopposed and a turnout of just less than 5% of registered voters, it's clear we are at a critical juncture.

The model of governance we have relies fundamentally on active participation from our community—both in terms of leadership and engagement. The trends we're observing, notably the difficulty in finding candidates to run and the declining voter turnout, challenge this model's viability in its current form.

Is this model sustainable? Without change, without finding ways to reinvigorate community interest and participation in our democratic processes, its sustainability is indeed in question. This situation serves as a wake-up call, emphasizing the need for us, as a village, to critically evaluate how we can better engage our residents in the governance process.

The core of our village's governance model—community-based decision-making—remains a powerful and essential approach. However, the current challenges highlight a disconnect that must be addressed to ensure this model's future effectiveness and sustainability. It is a challenge I am acutely aware of and committed to understanding and addressing in my role as mayor.

Pam Fuller, Outgoing Mayor of Greenwich

It is undeniably difficult to recruit people who are willing to run for office and serve on Village boards of trustees, and especially for mayor. One of the reasons



is that we don't have a succession plan for the job of Mayor—people who are willing to serve as Trustees are often people who are retired and thus believe they have time to do it. But these same people don't feel they have the desire to put in the time and commitment to be Mayor. Trustees who are working generally feel that they can't squeeze enough time out of their schedules to take on the responsibilities. I believe, too, that the general public is unaware of how much effect on quality of life the Village boards have—how to increase awareness is a puzzle, since Dan Carpenter is correct—it's tough to get people to meetings unless they have a pet peeve to air. The other problem is that frankly the meetings can be tedious since we need to cover all the regular business and because of the open meetings law we only have the regular meetings in which to discuss issues. Maybe if more people understood the effect they could have, they would want to step up.

It seems like the same small group of people are the ones who are willing to volunteer, and they are tagged for multiple committees as projects and issues arise. For Village elected officials, a requirement is that they be Village residents, which narrows the pool of candidates.

With all these problems, when I decided not to run for another term, a group of residents formed a committee to recruit good candidates, and we compiled our ideas and talked to people who we thought would be assets. While most people said no, we ended up with an excellent slate that we are very happy and enthusiastic about. I can't explain why they have no opponents—I thought some of the people who criticized our actions would have stepped forward. I ran unopposed in both of my mayoral

Amanda Hurley, Running Unopposed for Mayor of Greenwich

elections.

I had raised my hand for the Village Board of Trustees and then was approached



about running for Mayor. We live in a community that relies heavily on volunteers in almost all aspects of our function, youth sports, library, fire department, etc. It's generally either the same people who opt

Please read more on the next page

(cont.)

in and their time is spread incredibly thin or people shy away due to the contentious political climate/have the belief that local politics can't influence change. I was really inspired when Reed Anderson ran for Town Board. I'm hoping that we can start pulling a younger generation into the municipality to help communicate the importance of being involved locally and build upon the awesome community we have all called home and the comprehensive plan the current Village Mayor and Town Supervisor have put together.

The needs and expectations of village residents differ from our Town counterparts. While both entities share common ground, the intricacies of village life demand a tailored approach. The significance of having dedicated local leadership specifically representing the village lies in its ability to singularly address and prioritize the concerns unique to the village residents.

Lance Wang, White Creek Supervisor and Clerk, Village of Cambridge

Is this model of governance sustainable? It has to be. That said, interest in politics waxes and wanes. As temperatures rise, and the electorate feels that their government no longer represents them, this pushes some toward local. The 2018 election brought a lot of interest in local government and running for local office, largely driven by national politics. The inter-

est has waned, although I suspect national politics can change that again at any time.

A couple of other thoughts:

First, the process of running for office has become more and more unpalatable as the social contract fails and campaigns have become more personal and less based on issues. This reduces the number of candidates who want to enter the arena, and causes mainstream people to turn away from government.

Second, there is always an element among

us who want "set it and forget it government." They want to elect people that they can trust so they do not have to get involved in politics or take time out from busy lives to attend meetings. It's just a fact of life. Not everyone has the time. Either way, it reduces the number of candidates and mainstream participation in local government.

Carman Bogle, Mayor of Cambridge

Village election turnout has alot to do with

what is going on in the village at the time. Some years there are multiple candidates on the ballot for seats. For instance last year in the Village of Cambridge there were three candidates for the trustee seats and two running for Mayor. The 2023 election



had one of the highest voter turnouts as well.

Local government is critical for providing the services residents count on everyday such as police, fire protection, local roads

> and infrastructure. Sustainability relies on residents being actively engaged in those everyday decisions, and their voices truly do matter at this level.

Jake Ashby, New York State Senator

Challenges and difficult circumstances often push great people to rise to the occasion and embrace leadership positions they might not have considered before. I'm confident that

if citizens are dissatisfied with their government, they'll pick up a clip board, get the signatures they need to run for office and do something about it. That's what America is all about. I have too strong of a belief in the importance of local government to ever give up on it. It's not just sustainable, it's essential. I also



believe that good leaders will find ways to engage voters. If they're unopposed because residents are satisfied with their job performance and the race is low profile, that's also its own kind of referendum. Am I open to the idea of consolidating local governments where residents of both communities are amenable to it and it makes financial sense? Sure, but that's a logistical question. This is almost a spiritual question that digs to the bedrock of the American experiment – self governance. We can never move on from that.

Liv Thygesen, 2023 Village of Greenwich Candidate

It takes a lot to put oneself out there to run for something. And then you have to feel the other side of it all when it goes your way or



not your way. But I found that it has been tough to get people to run, across the board. And then, talking with people in other townships, finding people interested, but willing to stick their neck out for it.

And you have to get the voters motivated to get out, and most people think it's not worth it. I also think it hurts that the village election is only open from 12 to 9. What if people are working during that time?

Most of our area is blue collar workers. These people work from five in the morning. They can work till nine o'clock at night ... or lots of people work outside the county, and they can't get here to vote when the polls are open.

You're disenfranchising the majority of the voters with the times that these polls are open. And that includes school elections as well.

The other aspect are cliques and how the national parties are now trying to infiltrate the local level. Village elections are supposed to be non-partisan and independent. But if a major party has a political advantage, they can steer their candidates to victory. So this creates apathy and people who aren't in the in-crowd saying why bother?

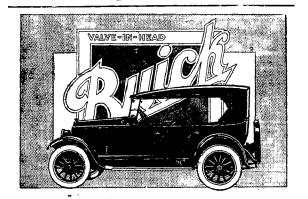
THROUGH THE DECADES

These are really good cough drops

Here's our regular look at articles the appeared in The Journal from decades past...

180 Years Ago March 28, 1844

TO THE INHABITANTS OF UNION VILLAGE: You are hereby summoned to be and appear at the store of the agents for the same of Pease's Horehound Candy in the town of Greenwich, and if you have a cough or cold, or are in any way consumptive, and you have purchased and made the fair trial of a small quantity of this Horehound Candy, to show cause, if any you have, why your cough is not cured, if in fact it's not cured, depend upon it you have not followed the directions which accompany each package. You have only read the following testimonials from clergymen, to be convinced of its virtues.



The Greatest Tribute to Buick

Wherever you go, people take Buick quality for granted. They accept it, like any established fact. There is an excellent reason for this. For twenty years Buick cars have given thoroughly dependable, satisfying and economical performance to Buick owners everywhere. Let us give you first hand knowledge of Buick quality by a demonstration in the model of your choice.

MARK A. PETTEYS

GREENWICH, N.Y.

WHEN BETTER AUTOMOBILES ARE BUILT, BUICK WILL BUILD THEM

We, the undersigned, have used Pease's Horehound Candy, and truly recommend it to those suffering from coughs, colds or consumption as an excellent remedy.

Rev. Mr. Lindsay, pastor, M.E. church, Second St.; Elder Knapp; Rev. Mr. Crawford, pastor, M.E. church, Forsyth St.; Rev. Mr. Luckey, recent P.E., New York Conference; Rev. Mr. Hark, 521 Pearl St. of Baptist church, Gow St.

The following are a list of our only authorized agents in Washington county:

Charles H. Moores, Union Village; John Gale, Galesville; M&W Freeman, Salem; M. Robertson, East Greenwich; WW White, Battenville; A. Worth, Easton.

170 Years Ago March 16, 1854

We don't like to joke at the expense of bachelors, but this story told by the Mansfield Herald is too good to be lost:

"A morning or two since, cries for assistance, were heard proceeding from the room of a highly respectable bachelor. On bursting open the door he was found froze fast in a tub of water! Having been troubled with a bad cold, he thought to take a bath in a tub of warm water, the night before, and felt so comfortable while sitting in it that he fell asleep and did not wake until morning. He was of course unable to stir and was compelled to call for help. To his great horror, the first person rushing to him was an old maid who had felt a partiality toward him. She, supposing he intended a joke upon her, broke into the street again, her countenance filled with indignation and wounded vanity, and threw her hands violently about, exclaiming, 'O, the heartless villain!' His continued cries, however, brought our friend speedy assistance when, by chopping him out with a hatchet and turning him round like a spit



On the Greatest Super-Six Chassis Ever Built



before the fire, he soon was thawed out, He wishes us to say he is now a candidate for matrimony."

160 Years Ago March 31, 1864

At a town meeting held at Sandy Hill on the 22nd instant, the following resolution was passed without a dissenting voice:

Resolved, that a bounty of \$300 be paid by the town of Kingsbury to each volunteer credited upon the quota of said town under the last call for 200,000 additional men, dated March 14th, 1864, and \$50 additional to each volunteer so credited who shall select and be mustered into the 123rd NY S.

Please read more on the next page

THROUGH THE DECADES

Tale of a bad tipper

Vols — our county regiment — the money to be raised by the Board of Supervisors of the County, at a special meeting held at Argyle on the 14th of March instant.

After the passage of the resolution, a number of wealthy men of the place stepped forward and united in signing a note for the whole sum required, and the First National Bank immediately advanced the money. The other towns are taking similar action. In fact, there is no county in the state which has poured out its blood and treasure in support of the country more freely than Old Washington.

... "If any man attempts to haul down the American Flag, shoot him on the spot!"

—John A. Dix.

100 Years Ago March 19, 1924

Liberal Tip, If Found — A mean man ate a good meal at a restaurant and then, when he had finished, dropped a half crown on the floor.

RubberBoots AND Rubbers REPAIRED

We guarantee them to stick

SAM'S

Quick Repair Shop Hamilton House Basement "Waiter," he said, as he paid his bill, "I just dropped two half crowns. Find them for me, will you?"

The waiter disappeared under the table and in a short time emerged very red in the face.

"I've found one of them, sir," he said.

"Thanks," said the man as he pocketed the coin and rose. "When you find the other keep it for yourself — tip, you know."

80 Years Ago March 29, 1944

The draft board for southern Washington County has changed the classification of several young men, formerly deferred because of agricultural occupation, to class 1-A, which means they will be called for pre-induction physical examination within the next few months. However, a much longer list of farmers is reported this week continued in that deferred group. Since the recent selective service order increasing the units necessary for farm deferment, the board has been receiving the cases of all those in that class... Four people have registered with the board this past week. They are Wallace R. Bishop of Argyle and Albert J. Arcuri of Fort Edward, who are 18, and Ciceron A. Granger and Sherman A. Hammond of Fort Edward, who also registered. Christie E. Lyttle of Greenwich has been commissioned an ensign in the navy, the board reports.

20 Years Ago March 25, 2004

Auditions had to be extended to a second night when over 60 aspiring stars showed up to try out for a role in "Greenwich: The Musical!" ... "There is a hidden talent in this community," said Marilyn Boyd, coproducer, "a lot of it."

Spring and Summer 1924

Made-to-Measure CLOTHES

By J. L. Taylor and

The Royal Tailors

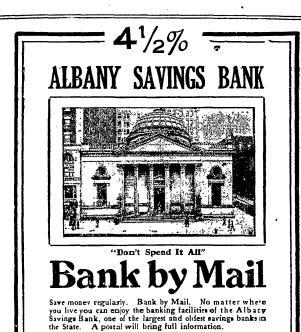
From **\$26.50** Up

Order Soon so you will get proper attention before the rush season.

W. J. SEEDS

Main Street

GREENWICH, N. Y.



Albany Savings Bank Corner Maiden Lane & N. Pearl St.

Deposits and Surplus Over Forty Million Deliars

Roles include those of farmers, shopkeepers, students, teachers, historical figures and local legends. Many roles require the actors to sing, and musical director Bob Warren was pleased with the turnout.

-Compiled by Darren Johnson

IN GOOD FAITH

The Celtic Spirit

MaryAnne Brown Journal & Press

March is the month for noticing all things green. Nature shows signs of new life with a crop of wee green grass popping up and sprays of green leaves hugging early flowers. Many of us celebrate St. Patrick's Day with green beer, green shamrocks, and the wearing of the green. Did you know that 31.5 million Americans report having Irish ancestry? (2021 U.S. Census) No wonder so many of us are drawn to keeping the Irish spirit lively and merry on and around St. Patrick's Day! My study of all things Irish drew me deeply into Celtic Spirituality.

What is often ignored in daily life is the fact that we are Spiritual Beings, searching for wholeness, indeed searching for a connection to God, to a Great Spirit, to the Holy. Since the beginning of humankind, we have had physical, emotional, and spiritual needs. In early history, it was natural for communities to care wholistically for those who were ill or in pain. Gradually, formalized medicine shifted its treatment philosophy and separated the body, mind, and soul. As a result, physicians were schooled to leave matters of the mind to the psychology professionals and secrets of the soul to the clergy. However, more recently, there is a growing recognition that wholeness of body, mind and spirit has a profound influence on health and healing.

A key component in this attitude of wholeness is spirituality. Over the years, the response to the spiritual has often been formalized into specific denominations. While this fixed approach has served many believers, it can be somewhat restrictive and perhaps even unhealthy for others. Whether we seek the Divine through Buddha, Allah, Christ, or a Greater Power, many individuals yearn for a method that allows one to step beyond a specific religious framework and engage with others who are seeking a spirituality that brings real meaning to their everyday lives.

Those who have this holy longing, who seek the welcome of community, who honor the earth and its creatures with great sincerity may feel quite at home within the Celtic spiritual tradition which presents a natural pathway to wisdom and balance. Though the Celts were an ancient people, their tradition of belief seems to incorporate many of the principles that we strive for today on our journey toward wholeness. The Celtic people respected the harmony of body, mind, and spirit. They linked the

cycles of time, season and growth to the life-progress and journey of our very soul. We form our soul by moving through the seasons of cold and darkness, warmth, and rain. We may seek guidance from an Anam Cara (Soul Friend) about how best to weed and prune so that we grow strong and attentive, and when maturity comes, we may harvest and extend the fruits of our Spirit to others.

In this 21st century, our search for meaning can put faith and courage to the test. The noise of the world distracts us from our need to listen to the quiet voice of God. Immersed in an environment of disorder, we may lose courage to look in on our spirit. We may wonder about our beliefs, and we may lose sight of the inner call of the heart. Yet the ancient Celts relied on a tried and true formula that kept them grounded in wholeness. The Celts:

- 1. Relied on poetry, music and story provided by wisdom figures in their world.
- 2. Used imagination to sense the blending of time and space, past and present. This mystical outlook comforted them as they sensed their late ancestors lived on as companions on the journey.
- 3. Respected their heroes and leaders and were committed to equality in their society.
- 4. Had a profound love and a healthy respect for nature and creation.



Ancient Celtic wisdom is for the world of today. Though matters of the Spirit may seem particularly remote, the Celts teach us to satisfy our own spiritual hunger by making each day sacred. As "everyday mystics", the Celtic people were keenly aware of the splendor of creation and using their five senses they could experience the spiritual in the everyday.

As in other traditions, the Celtic practice fosters healthy wholeness. If we tend our bodies with nourishing food, adequate rest, and conscientious exercise, we will respect the gift of the physical. If we care for our minds by honoring our feelings, we will respect the gift of passion. If we magnify our spirits through prayer, holy books of wisdom and self-care, we will treasure the greatest gift of creation, which is the essence of our temple.

So, when you celebrate all things Irish this year, lean into these secrets of the Celtic Spirit. Relish the joy and security of newfound wellness. Meanwhile, I wish you all Good Health/Cheers in Irish... Slaente!

MaryAnne Brown, RN, BSN, MA is a music minister at St. Joseph's Church and has

a special interest in spirituality and health. She serves on the Retreat Team at Dominican Retreat and Conference Center in Niskayuna and provides grantwriting services.



News from local churches

Roman Catholic Churches

Mass at Holy Cross Catholic Church on Sunday is at 8:15 AM; at St. Patrick's at 11:30 AM and offers the 'Children's Liturgy of the Word'; and at Immaculate Conception in Hoosick Falls on Saturday at 4 PM and Sunday at 10 AM. Holy Cross offers a coffee and fellowship after Mass on the 1st Sunday of the month to which all are invited. Please remember the rice bowls during Lent. St. Patrick's invites all to pray the Stations at 5 PM on Fridays and will hold a St. Patrick's Day Dinner on Sunday, March 17 after the 11:30 Mass.

Upcoming Lenten luncheons will be held March 14 at Holy Cross and March 21 at Salem Methodist.

Reconciliation Services will be held March 10 at 2 PM at Holy Cross, and the 12th at 6:30 PM at St. Patrick's.

The Holy Week schedule is as follows: Holy Thursday, March 28 at 6 PM, Mass with Pot Luck dinner to follow at Holy Cross; March 29, 12 PM Station of the Cross at Holy Cross and at 12 PM Way of the Cross in Hoosick Falls at Immaculate Conception and at 6 PM, Good Friday Service at St. Patrick's.

The Easter Vigil will be at Immaculate Conception on Saturday, March 30 at 8 PM. Easter Sunday will be the regular schedule at each church.

All are welcome to join the "Set Free" Conference at the Coila Church during Sundays in March at 6:30-7:30 PM. Three speakers will share their personal journeys of Anxiety, Depression, and Addiction. The last week will be a panel discussion of "Our Wives". Refreshments will be provided. For more information call 518-677-8101 and ask for Deneen.

Lenten Reflection Series presented by the Catholic Community of the Holy Family will be held on Tuesdays in March beginning the 5th at 6 PM. "Woman at the Well" will be presented by Jeff Peck at Notre Dame-Visitation.

The Salem food pantry is especially in need of tuna fish, coffee, cereal, pancake mix and oil. The Cambridge Food Panty is in need of dry, boxed cereal, oatmeal, tuna fish, chicken noodle soup and jam or jelly. Thank you for your continued support.

Coila Church

Join Coila Church for a four-Sunday event in March where you will hear from three speakers as they share their personal journeys: "The Heart of Anxiety," Dan Davala, (March 3rd); "My Journey with Depression," Luke Olson (March 10th); and "Freedom from Addiction," Peter Bailey (March 17th). There will be a panel discussion for the final Sunday (March 24th). Time: 6:30-7:30PM. Location is at Coila Church (93 State Route 372, Cambridge, NY 12816). A time of refreshments will be provided after each session. For more information, call 518-677-8101.

Bottskill and Lakeville Baptist Churches

All are welcome to the Bottskill Baptist Church Sunday Service starting at 9:15 and the Lakeville Baptist Church starting at 11:00. You are invited to join us as we celebrate our Christian faith led by Pastor Lydia Widbin. Sunday School Classes will be held at the Bottskill Church during the morning service. The Lakeville Church is located at 625 Co Rte 49, Cossayuna, NY and Bottskill's location is at 26 Church Street in Greenwich.

During March, retired international music teacher and church family member, Susan Barbur, will be leading the Sunday School with a special Drumming and Worship Series. Kids will learn how drums are used in worship services around the world.

Bottskill will be celebrating the Easter Season with three special Services.

The Palm Sunday Service, will include a Palm Sunday Brunch after the service hosted by the Sunday School Teachers and Student in the Fellowship Hall. On Maundy Thursday March 28th, starting at 6:30 PM Bottskill will be presenting "A Place at the Table". The special evening service will be a presentation of a meal and customs similar to the last supper with Jesus. Dr R. Bryan Widbin and Lydia Widbin will be leading the presentation. Reservation can be made by calling—518-692-0284. A Good Friday Service will take place at the Lakeville Church starting at 6:30. On March 31st the Bottskill and Lakeville churches will be holding their traditional and wonderful Easter Services.

Hebron United Presbyterian Church

Holy Week Worship Services at Hebron United Presbyterian Church:

March 24 10:30 am Palm Sunday Service

March 28 6:00 pm Potluck Supper; Maundy Thursday Service

March 29 6:00 pm Good Friday Tenebrae, service of shadows

March 31 6:30 am Easter Sunrise Service on front porch of church, followed by a potluck breakfast held in Fellowship Hall

March 31 10:30 am Easter Celebration Worship

Join them for Sunday worship services at 10:30 a.m. at 3153 County Route 30, West Hebron. For more information, please call Rev. Dr. Bill Crawford at 518-854-3729.

Have a local church announcement? Send it to editor@journalandpress.com.

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I just wanted to take a minute to introduce myself! I was born and raised in Easton, graduated from Greenwich CSD in 2002 and built a home on a piece of my family's property here in Easton! I have two sons who are in and 4th grade at Greenwich. My husband and I have owned a successful plumbing & contracting company for the last 11 years. I am also Secretary of the Greater Greenwich Chamber of Commerce Board of Directors. In my spare time I enjoy spending time with my family, skiing, reading and playing with our two Boston terriers! When it comes to Real Estate, it's vital to have an agent you trust, who cares about you and knows your community. Whenever you're ready, give me a call! I would love to get to know you!

Why Work With Me?



SCAN ME

- I specialize in helping sellers get their home ready to sell with the help of my contracting company through our "Spruce Up & Sell" program. You will also have access to expert knowledge of home improvement from a contractor, licensed home & building inspector.
- I hold 3 specialized credentials where I took additional education beyond becoming a REALTOR®. I am a certified Military Relocation Professional (MRP), a Seniors Real Estate Specialist (SRES) & I hold The Graduate REALTOR® Institute designation.
- I believe my background in education (former middle/high school science teacher) equips me with the proper skills to walk my clients through the selling process.

I hope you have learned a bit about me and what fuels me to continue to represent my clients in the best possible manner. I am dedicated to educating my clients throughout the entire real estate process. I would love the opportunity to get to know yo<mark>u and your real estate needs. If you have any questions about the real estate market</mark> or your neighborhood, I would love the opportunity to be a great resource for you!

Warm Regards,



Stephanie Woodard



Branding

Kate Austin knows the importance of building a brand. As founder, owner and CEO of Advokate, she has crafted a career in helping clients capitalize on what makes them unique.

In "Tell Your Story," hosted by SUNY Adirondack's Business Club at 12:30 p.m. Monday, March 18, Austin will share what she has learned promoting companies, nonprofit organizations and artists.

"Being able to highlight your achievements and emphasize your strengths are essential skills in building a resume and, eventually, a career," said Robert Bullock, Business professor and co-advisor of SUNY Adirondack's Business Club. "Ms. Austin will provide accessible ways to discover and present one's brand."

Austin, an award-winning marketing professional, is co-founder of Glens Falls Arts District.

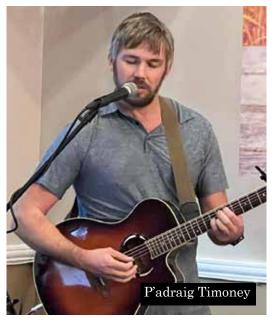
Irish music in Easton

Easton Library will host Tim O'Shea and friend P'adraig Timoney, who will be preforming an Irish Folk music concert at Burton Hall on Saturday, March 23rd from 4-6 PM. Tim is now on his US Spring Tour in the Saratoga region and he will bring his songs and tunes from the stunning southwest of Ireland steeped in the Irish Folk Tradition.

Tim is a native of Killarney, Co. Kerry. He has traveled the world wide, playing and performing for over 30 years from India, Europe, Australia, New Zealand to the United States. Tim plays the medieval Baroque Harp, the native Irish drum (the Bodhrán), the guitar, and you will hear contemporary folk songs. Tim has recorded six CDs to date, and has recorded for others also. His latest CD was released in 2017, "Another Skin Too Few", is a tribute to local Kerry musicians no longer with us. He will per-

form many of the tracks from the CD.

Joining Tim is Dublin city native



P'adraig Timoney. P'adraig, a multi-instrumentalist himself, plays the fiddle, guitar and sings a song or two. He was raised in the urban Irish Folk Tradition. Expect songs from the Dubliners and Clancy Brothers, as well as lively fiddle dance tunes from all over Ireland.

The Chamber of Commerce for Washington County



Greenwich Chamber

Dedicated to the economic vitality of our region through resources, advocacy, and support for member businesses and organizations.

Join Us! greenwichchamber.org/join

6 Academy Street, Greenwich, NY 12834 518.692.7979 | info@greenwichchamber.org

Pop-up art show

As construction on Jacob Houston's future art gallery continues, Jake will be holding his first Pop Up Art Show of 2024 in the usual place, at 2432 State Route 29, Greenwich. Jacob is a re-

gional artist known for his colorful, highly detailed paintings. The show will be held from 11am until 4pm on Saturday, April 6th and Sunday, April 7th. Stop in to look over his beautiful selection of original paintings, limited edition prints, framed prints, beautiful greeting cards, note cards, and postcards.



While you are here, take the opportunity for Jake to show you the progress that has been made so far on his future gallery.

LOCAL THEATER

'Into the Woods' at Fort Salem Theater

Prepare to be transported into a world where fairy tales collide and wishes come with unforeseen consequences as Fort Salem Theater proudly presents "Into The Woods." From April 5th to the 14th, audiences are invited to join Cinderella, Jack, Little Red Riding Hood, and a host of beloved characters as they journey through the enchanted forest in search of their desires.

Penned by the legendary duo Stephen Sondheim and James Lapine, "Into The Woods" delves into the aftermath of "happily ever after," exploring the complexities of love, family, and the pursuit of dreams. As Cinderella pines for the ball, Jack tends to his cow, and a baker and his wife grapple with a curse from a witch, audiences are drawn into a magical tale where familiar stories intertwine in unexpected ways.

Leading the cast is Elizabeth Sherwood-Mack as The Witch, alongside Henry James as The Baker and Courtnie Harrington as The Baker's Wife. Iris Rogers takes on the

34th Annual Greenwich FFA

Farm Toy Show and Auction

Snow White & understudy Baker's Witch. ty & understudy

to Little Red, Florinda, Lucinda, Rapunzel, Granny, The Giant.

Under the expert direction of Brian Clemente and musical direction of John Norine Jr., this production promises to enchant audiences of all ages. The creative team, including Stage Manager Margo Hatzel, Assistant Stage Manager Melanie Magri, Costume Designer Gina Kowalski, Hair Designer Courtnie Harrington, Lighting

Designer Brian Clemente, Sound Designer Dante Gijanto, Technical Director John Norine Jr, Properties Designer JJ Paul, and Producer Kyle West, ensures a stunning experience that brings the whimsical world of fairy tales to life on the Fort Salem Theater mainstage.

Iris Rodgers

Tickets for "Into The Woods" are available now at FortSalem.com, ranging from only \$20-\$36. Don't miss your chance to journey into the depths of the forest and discover what happens after the fairy tale ending.



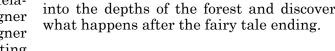
Wife, Cinderella, Jack's Mother, Stepmother, Cinderella's Mother. and Tara Fox as Sleeping Beau-

Saturday, March 23, 2024 Toy Show 9am - 2pm **HUGE Toy Auction 2pm**

Hosted by Greenwich FFA Greenwich High School 10 Gray Ave, Greenwich NY

Admission \$5 Kids under 5 free FREE Children's Pedal Tractor Pull and Drag Races at 12 noon

Check out the auction list on our facebook page! "Greenwich Ag Ed and FFA"





RANDOM THOUGHTS

A mile of runway

Michael Levy Journal & Press

The "\$100 hamburger" is aviation slang for when a general aviation pilot flies somewhere for a quick bite to eat. A \$100 hamburger trip typically involves flying a short distance, perhaps less than an hour one way, eating at an airport restaurant, and then flying home. The concept is somewhat facetious, because most airport hamburgers are not worth the cost of flying to the restaurant and back, after factoring in fuel, maintenance, and other expenses. Despite the humorous connotation, the phrase reflects the enjoyment that pilots derive from the journey itself as well as the camaraderie of sharing aviation experiences with fellow enthusiasts. Of course, this phrase was created a long time ago and with the inflation that we have experienced since, it probably now should be called the \$200 hamburger.

In addition to serving as a launching point for many \$100 hamburger trips, general aviation airports in Washington County, New York offer opportunities for recreational flying, flight training, and aviationrelated events such as airshows and fly-ins. They serve local aviation enthusiasts and provide educational opportunities for aspiring pilots. But our airports could serve this county to an even greater extent and be the catalyst for economic growth throughout the county. Sadly, they are not.

Last October, New York Governor Kathy Hochul announced that thirty-six public-use air-

ports across New York State will receive approximately \$49 million for strategic infrastructure enhancements that will enhance safety, facilitate innovation, leverage existing resources, advance business development, and promote sustainability and resiliency.

"A strong investment in our airports is a meaningful investment in our communities and the future of the Empire State," Governor Hochul said. "Airports are gateways to communities large and small across New York State and these grants will serve as a launchpad to springboard many of these facilities into the 21st century and beyond."

Administered by the New York State Department of Transportation, projects funded through the Aviation Capital Grant Program include the construction and rehabilitation of new and existing hangars, electrification, and carbon reduction programs, new and upgraded snow removal equipment, and updated security systems. These investments will serve to make the surrounding communities more economically competitive with neighboring states.

This area received \$11.1 million of these grant monies. And here is how it was allocated –

- Albany International Airport, Albany County \$1.6 million toward the rehabilitation, safety overhaul, and energy efficiency modernization of existing elevators located in the existing terminal area and north parking garage elevators.
- Columbia County Airport, Columbia County \$2.4



million toward terminal building upgrades addressing the existing facilities' age and energy inefficiencies by rehabilitation and replacement improvements to many of the existing components within the terminal area space, hangar, and pilots' lounge.

- Saratoga County Airport, Saratoga County \$1.5 million toward an emergency back-up generator to be run off the existing natural gas line.
- Schenectady County Airport, Schenectady County - \$0.9 million toward the procurement of snow removal equipment (SRE), specifically a dual engine high speed snowblower vehicle.
- Floyd Bennett Memorial Airport, Warren County \$2.3 million toward the removal of an existing dilapidated T-hangar and the construction of a new six-unit T-hangar in the same location.

• South Albany Airport, Albany County - \$2.5 million toward addressing the demand for covered hanger space including the construction of a pre-engineered metal T-hanger as well as the installation of a pre-engineered, covered shade hangar.

The Governor's October 2023 press release says, "These investments will serve to make the surrounding communities more economically competitive with neighboring states." New York State Department of Transportation Commissioner Marie Therese Dominguez said, "These targeted investments will support projects that will have a positive, long-lasting impact on the local communities while improving the resiliency of our transportation infrastructure."

The Albany International Airport is served by several major airlines and the Schenectady

A true-to-life Last Supper event

The Bottskill Baptist Church Fellowship Hall will host "A Place at the Table – a Last Supper Meal and Presentation" on Thursday, March 28, 6:30 PM. Presenters are R. Brian Widbin and daughter Lydia Widbin.

In a press release issued by the church, it states, "Have you ever wondered what it would have been like to dine with Jesus and his disciples at the last supper? What the meal was all about? What the foods and the table customs would've been? Or maybe you're wondering why any of this should be at all important for us today?

"If so, you will want to be part of a very special evening with us as we journey back to the early first century for a first-hand experience in the last supper, just as it would've been celebrated in Jesus' day. Unlike the contemporary Passover Seder, which mixes in early and late medieval elements, we present the meal from within the ancient Greco-Roman and Jewish world in which it emerged. For the gospel writers, it was that ancient Last Supper, not the modern Seder that holds important clues for understanding of the nature of Christian faith today. This will be an evening of fun and fellowship, filled with history and learning, and of deep understanding of the death. and resurrection of Jesus."

R. Bryan Widbin has a PhD in Hebrew Bible and Ancient Near East Studies from Brandeis University. He is professor of Hebrew Bible and Semitic Languages Emeritus at Alliance University's Theological Seminary, having served previously as vice president and academic dean from 1995 to 2003. He has been has pastored at churches in Arkansas, has held ranked faculty positions at Brandeis University and at King College, and served as visiting seminary professor and international worker in the Philippines under the Christian and Missionary Alliance with whom he has held ordination credential since 1993,

Since 1988, Widbin has guided many groups in Israel, and is a noted speaker and presenter on topics related to the Bible and the world and cultures of the biblical peoples. Since 1996 he been has been affiliated with

REALIS in Ukraine, an evangelical organization devoted to civic engagement and social responsibility, first as educational consultant and now is faculty member and guest lecture in Bible and Political Theology. The father of two adult children and grandchildren of two he currently resides in Rockland County, New York, with his spouse, Karen Hansen Widbin.

He looks forward to teaming up with his daughter Lydia to offer this special presentation and meal at Bottskill Baptist Church this Maundy Thursday. Contact the church at 518-692-2378 or at bottskillbaptist.org for more information.

(cont.)

County Airport is the home of the 109th Airlift Wing of the New York Air National Guard. Any money spent at these two airports helps Washington County directly and indirectly, for a multitude of reasons which I will not elaborate upon here.

The South Albany Airport is privately owned while both the Columbia County, Saratoga County, and Warren County Airports are publicly owned. The money being allocated for strategic infrastructure enhancements at these airports will benefit their neighboring residents "bigly." General aviation airports, such as these, attract businesses to the area, as they provide convenient access for corporate travel. They can also serve as hubs for flight training schools, aircraft main-

tenance facilities, and other aviation-related businesses. creating jobs and boosting the local economy. General aviation airports become bases for medical evacuation flights, search and rescue operations, and other emergency services. They provide a vital lifeline during natural disasters, medical emergencies, and other crises by enabling rapid transportation of personnel, equipment, and supplies. And local airports can attract visitors to the area by facilitating access to local attractions, scenic destinations, and recreational activities such as golf courses, resorts, and outdoor adventures. They serve as gateways to explore the region and can contribute to the local tourism industry. If you do not believe me on the latter point, head out to the Saratoga Airport during the Belmont Stakes or on Travers Day to see for yourself. And while you

are there, look at the construction of the new, state-of-the-art, energy-efficient terminal building being built with \$27 million awarded by the state in 2022. It will be genuinely nice once it is completed.

And how much of the Aviation Capital Grant Program went to Washington County? Any answer above \$0 would be wrong. We received nothing and that means that Washington County residents are being deprived of the benefits that their friends in surrounding counties are getting, unless of course those friends live in Rensselaer County, who also seemed to have been left out.

I am not sure of the who, the why, and the how, but it is clear to me that we missed the boat on this opportunity that could lead to a better Washington County. I will be looking into this to get some answers soon.

There is another old pilot saying that "a mile of road only takes you so far, but a mile of runway takes you anywhere." This phrase highlights the freedom and versatility that aviation offers compared to ground transportation. I am rewriting this saying to state that "a mile of runway in Washington County, NY will bring in better jobs, more tourism, improved emergency services, along with immeasurable benefits for our local population." My random thoughts for this issue!

Michael Levy is a retired government manager residing

in Greenwich
NY and is
employed now
as a technical
consultant.
He is also a
Commercial
Pilot and a



Ham Radio operator.

FOR KIDS (AND PARENTS, GRANDPARENTS...)

It's time to decorate those eggs

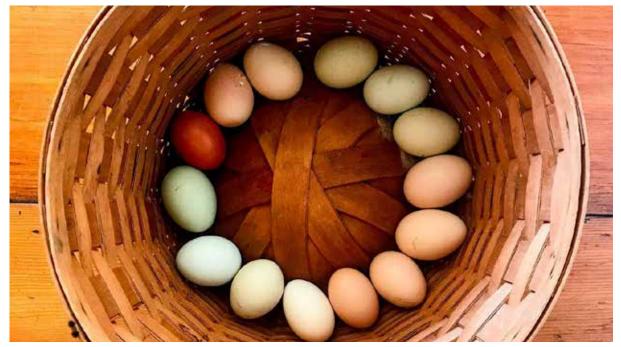
Shirley Renauld Journal & Press

It's time to think about coloring Easter eggs. We see so many colors around us, but they all start from only three: red, blue and yellow, the primary colors. To prepare to dye your eggs, first prepare your work area because food coloring stains: assemble glass containers or the bottoms of milk cartons so vou don't color your good containers, cover your work surface with absorbent paper, use disposable stirrers and wear plastic gloves to not color your skin. In separate containers of water, make yellow, red and blue by making a drop at a time of food coloring into each and stirring. In other containers: Use some of the vellow and add enough red drops to make orange. In more of the yellow, make drops of blue to get green. In more of the red, drop enough blue to make purple. You have just made three new colors, the secondary ones. You are ready to color eggs!

For an egg tree, you remember how to blow out a raw egg. For an egg hunt using real eggs or for a basket, you will first hard-boil the eggs. Lower one egg or hollow shell at a time on a spoon into the water, turn it gently to not crack the shell. When it's the color you like, remove it to the paper. Roll it to dry.

We remember to always use white-shelled eggs for good color, so we thank the Thomas Poultry Farm for our being able to get them fresh, right from their farm--and see the assembly line of washing and packaging them.

But for Easter and Spring you want pastel colors and you might wish to paint the eggs. So instead of food coloring use paint, washable tempera or watercolor for indoors but for your outdoor egg tree or egg hunt, use non-washable acrylic or latex paint so it doesn't wash off. Again start by making primary colors into secondary ones, each in a separate space in a palette or other small containers, such as disposable cups. Each with its own brush and space, mix a little of each of the six colors into white* until you Page 26 | Late March 2024 | Journal & Press



get the pastel color you like. After painting the eggs, save the rest of the paint for creative use later--covering it so it won't dry out.

As we look at a rainbow, we see how nature makes the secondary colors as the sun shines through raindrops, separating the colors. Thank you Kate for the photo you took facing West over the Hudson during an unusual Nov morning rainstorm

Along with your work, look how color mixing is done in "Mouse Paint" by Ellen Walsh, "Mix It Up" by Herve Tullet and "little blue and little yellow" by Leo Lionni.

*It is said that white is the absence of color. Also that black is a mixture of all colors. When you are experimenting, try mixing the three primary colors to see if you get black. Mixing white with a little black gives you pastel (?) gray. Mix some black into orange to see if you get brown. These neutrals are included in boxes of even beginner crayons because you need them for coloring objects realistically. In her book, Patricia Hubbard says "My Crayons Talk to Me". Can you hear yours? Read and listen.

You, and everyone, will enjoy your work,

whether it's the colored shells on your egg tree or to eat the hard-boiled insides of others. As you make egg salad, do you see colors other than just the yellow of the yolk? Some of your food coloring seeped through the porous shell! Remember to crush those shells and give them back to your hens for calcium or compost them for your garden soil.

Perhaps you have hens that lay "Easter" eggs, shells that are laid green or blue. A common breed of hen lays eggs with shells that are shades of brown. We are told that shells of all eggs start as white as they are being formed in the hen's body and get the color just as they are being laid, making the color be just on the outside. As you shell those hard-boiled eggs, notice if that is true. We are also told that older chickens give eggs with lighter shades and JoAnne agrees from experience.

Would you be able to try coloring larger eggs, those of ducks, geese, turkeys? Ben, do your peacocks give you eggs? Elsworths, what do you do with your emu eggs? What wild animals, other than birds, lay eggs? Look for some as the Spring season comes

Please read more on the next page

(cont.)

along, even in pond water.

And which came first, the chicken or the egg? Will you have a chocolate one for Easter? Happy Easter!

Sorry, it's back to schooling on Mon. You do have Fri to prepare for Easter, but with it being early this year, we need to wait until next month for Spring Break. By then it should be Spring to stay though. If you have college students in your family, their Break will depend on the college, so good luck for a family vacation. We're also in the middle of Ramadan and our Muslim friends get no time off for religious observance.

Before Easter there is a demand for lambs and goat kids, both for meat for cultural meals and to raise on farms. Often the newborn males are sold and the females are kept if the owner wants to increase a herd. Many are sold at local auctions. Perhaps you raise some as a 4-H project and sell them directly from your farm. You might use your project as the topic of a 4-H Public Presentation, the last held at the 4-H building on the 23rd.

Amy is a fourth generation strawberry farmer in her family, so she chose the raising of strawberries as her topic. It's a coincidence that it's also the topic of this year's Ag Literacy book, "I LOVE Strawberries!" by Shannon Anderson. During Ag Literacy Week, 18-22, you second graders could have someone read the book to your class and lead you to do a strawberry related activity, leave the book for use in your classroom and then donate it to your local library.

In the book, Jolie learns how to grow a patch of strawberries. With frost still in the ground or at the surface on cold nights--or mud, it's too early to work the soil and plant outside, but Amy prepared her public presentation: On poster-size white cardstock, she made drawings and glued pictures from garden catalogs in numbered steps and made light guidelines for brief letterings which she detailed as she spoke. After her presentation, she answered questions from people in the audience, listened to her evaluator, received the evaluation sheet along with a ribbon and a 4-H T-shirt. She brought the poster home as a decoration and to follow it at planting time. Both Jolie and Amy look forward to eating and sharing their strawberries.

Also on the 23rd is that special local event, the annual GCS FFA Toy Show. It's fun to just look around there, more fun to sell or buy at the auction, most fun to participate in the pedal tractor pull and drag races. Who is going home with trophies? We thank Mr Chris for his years of teaching FFAers.

As we think ahead to April, the big event we hear about is the Solar Eclipse on the eighth. It will be an historic event for us because we will be right in the path of it, a total solar eclipse. If we understand it, we can prepare for and enjoy it: Practice with your friends how the eclipse will happen: Use a flashlight to be the sun shining on a baseball to be the moon and a playground ball to be the Earth, positioning them as on a circular clock face: the flashlight where the hands fasten at its center, to shine on the "Earth" at the 12 this time of the year. Since the Earth and its moon move counterclockwise (opposite to the hands of a clock), as the "moon" enters between them, watch for it starting to make a crescent shadow on the "Earth", which will happen for us in the early afternoon of the eighth and last only a little more than four minutes (that's why we need to practice ahead). When all three items are in line, we would see some sun's light around the black circle because the moon is so small, and it would be very bright. The Earth and moon keep rotating and we see full sun again. We hope for a sunny day. We plan with our families: Where will you be during the Solar Eclipse? We all need to wear special "eclipse" glasses to protect our eyes from the strong sunlight. Get a pair. Our libraries have some available. Prepare to experience history.

For female vets

In celebration of International Women's Day, Willard's Mountain Chapter, Daughters of the American Revolution hosted Michelle Viola Straight, Executive Director of the Veterans and Community Housing Coalition, located in Ballston Spa, NY. Straight discussed the many programs offered to veterans, focusing particularly on the supportive housing programs available to unhoused female veterans. Guardian House is a transitional housing program for single female veterans that has been in existence for fifteen years. Currently, there is no hous-

ing for female veterans with children. Often, Veteran moms returning from service to our country must choose between giving up custody of their children to receive the support services she needs, or forgoing the support services many need while transitioning back to civilian life. The VCHC is filling that void with the establishment of "Foreverly House," to be completed later this spring. Foreverly House is the ONLY one of its kind in the

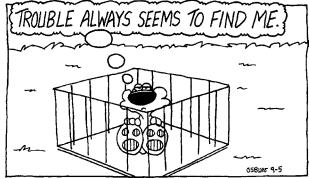


United States. No funds come from the VA for this program, so the VCHC depends on donations to build and maintain the house and related programs. The chapter and its members made both monetary donations and donations of needed items to help someone begin life in a safe, stable home. Straight is pictured with many of the chapter members after receiving their donations

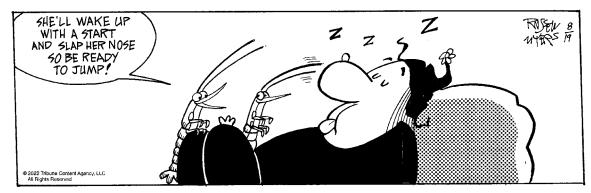
FUN & GAMES

Animal Crackers by Fred Wagner





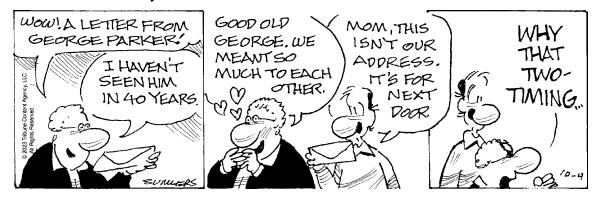
Broom Hilda by Russell Myers



Gasoline Alley by Jim Scancarelli



The Middletons by Dana Summers

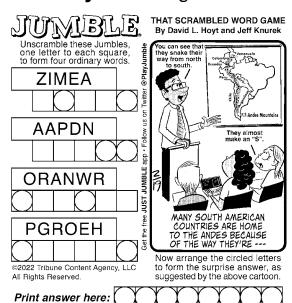


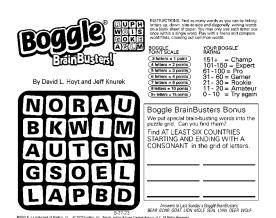
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9 to 5 by Harley Schwadron



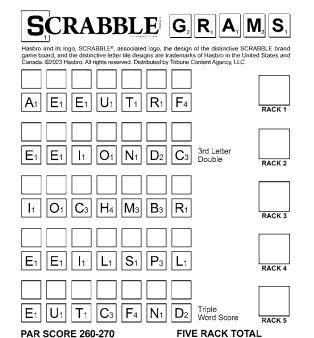
Word Play Answers Page 30





FUN & GAMES

More Word Play Answers Page 30



DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. **SOLUTION TOMORROW**

TIME LIMIT: 25 MIN

Word Find By Frank J. D'Agostino

BEST SCORE 336

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cafeteria (and find Frank's	Cookies	Omelet	Shrimp
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on Amazon):	Eggs	Pizza	Vegan Wra
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Bagel	Hot Soup	Rice	Yogurt
Banana	Hotdog	Roast Beef	
Danana	Ice Cream	Salad	



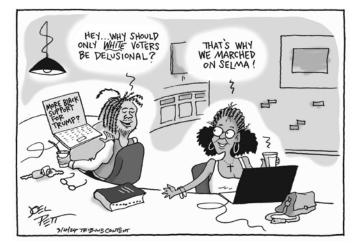
Filbert by LA Bonté







Political Cartoon of the Month by Joel Pett



Cambridge Crossword

with an orchestra? 51 Lose color

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61 Say grace, say 63 Sci-fi visitor 64 Gas holder 65 Quiche ingredients

Sudoku

Each column/row must contain the numbers from 1 to 9, without repetitions. The digits can only occur once per block. The sum of every single row, column and block must equal 45.

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66 Stately home 67 Laryngitis docs 68 Film spool

Down 1 Tax prep pro 2 Triangular stringed instru-ment 3 Voice above tenor 4 Aerospace employee who assesses new aircraft 5 Force 6 Run like the dickens "Nothing to 8 Blood component 9 Shows to be

10 Wear away African nation

12 Springfield Elementary bus

driver 13 "Help!" letters 21 Number of millimeters in a

30 American __: U.S the South Pacific 31 Disney mermaid 32 Streisand title role
36 Rap devotee
39 Tuscany three
40 Designate for a specific purpose, as foods
32 like triangles 43 Like triangles with unequal sides 48 " 48 "__ to Joy": segment of Beethoven's Ninth Symphony 49 Cancel out 50 Pitcher Seaver who won three 50 Pitcher Seaver who won three Cy Young Awards
51 Swatter's targets
53 Pepsi or Coke
54 Thor's father
55 "Dear Hansen": 2017 Best Musical Tony winner
56 Small change
57 Strong desire
58 Poultry herb
59 English muffin topper
62 Monogram of a French fashion house ion house

22 Altoids container 25 Father Christmas 26 Widely accepted truth 27 Five-time Wimbledon singles champion Williams 28 Dead Scrolls

: U.S. territory in

28 Dead Scrolls 29 No-frills

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Easton Library meeting

Join the Easton Library Association on Monday, March 25th at 6:30 pm for our Easton Library Annual Meeting and Dessert.

The Friends of Easton Library will provide dessert to all who attend the event. Sara Dallas, the Director of the Southern Adirondack Library System, will give a

short speech. Director Jennifer DeCarlo and Treasurer Peter Read will share their annual reports. One Trustee will be elected for a seven-year term. Mary Jane Connor, retiring board of trustee member, will be recognized for her many years of service to the Easton Library.

Everyone who utilizes the services of the

Easton Library and has an interest in this vital resource for the Easton community is encouraged to attend the Annual Meeting.

At 7:30 pm an organizational meeting will take place for election of officers for the board of trustees.

The financial report and infographics for 2023 are available in printed form at the circulation desk. Please call 518-692-2253 or email the director at jdecarlo@sals.edu with questions.

On exhibit at Tang

The Frances Young Tang Teaching Museum and Art Gallery at Skidmore College invites the public to its March programs, featuring tours, screenings, family programs, and special guests Karen Stevens '88 and Yvette Molina.

In conjunction with the exhibition "Yvette Molina: A Promise to the Leaves," Karen Stevens will present a "visible mending" workshop on Tuesday, March 19, at 6 pm, in which participants are invited to give a treasured item of clothing a second life. Registration is required.

The artist Yvette Molina, whose twoyear installation "A Promise to the Leaves" opened in October on the mezzanine, will be back on campus for a conversation with Adam Tinkle, Skidmore College Associate Professor of Media and Film, and Director of the John B. Moore Documentary Studies Collaborative (MDOCS), as part of the Dunkerley Dialogue series on Thursday, March 21, at 7 pm. The conversation will have ASL interpretation.

On March 28, the Tang screens director David Cronenberg's "Crimes of the Future," the first feature film in a series that explores our fascination with and revulsion to the fantasies of unconventional bodily alterations. Organized by Piper Ingels '24 as the capstone project for her 2023-24 Meg Reitman Jacobs '63 Endowed Internship,

the series is called Framing the Flesh and is inspired by the exhibition Abject Anatomy, which is the capstone project of Helen Branch '24, as part of her 2022–2023 Carole Marchand Endowed Internship.



All events are free and open to the public. For more information, contact the Tang Visitors Services Desk at 518-580-8080 or visit the Tang website at tang.skidmore. edu.

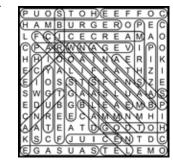
FUN & GAMES SOLUTIONS

Boggle: LAOS GABON NEPAL KUWAIT BELGIUM DENMARK

Jumble: MAIZE PANDA NARROW GOPHER

Final Jumble: ARRANGED

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FROM THE PUBLISHER'S DESK

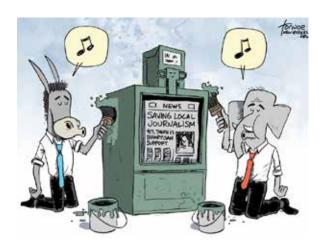
Imagine a future without local news

As objective and independent news writers and editors, we have an imperative to cover the issues most important to the people of Washington County. Every day, our team is on the ground questioning elected officials, uplifting the stories of community changemakers, and uncovering truths that some would rather keep hidden. But, amidst industry challenges, it is no longer unfathomable to picture a future when New York State is completely without local newspapers and other local news outlets.

According to the Medill School of Journalism at Northwestern University, two-and-a-half newspapers now close each week in the U.S. More than 3,000 newspapers have shuttered across the country since 2004, and New York has been particularly hard hit. In 2004, New York boasted 501 newspapers; today, it's only 260. In 2022 alone, 30 newspapers closed across the state. A quarter of New York's counties are news deserts—down to their last newspaper. Orleans County recently became the first in the state to have none. These closures have also resulted in thousands of lost journalism and newsroom-supporting jobs.

Local news matters. Studies show that when a community loses its source of local news, it experiences decreased voter turnout and civic engagement; increased municipal borrowing costs that lead to higher taxes; and decreased transparency among government and business officials, leading to increased waste, fraud, and abuse. As newspapers shutter, communities become more polarized, leaving us stuck in a neverending doom loop where we lose sight of our shared values. During this era of intense national partisanship, local news offers a path forward.

The time to act is now. That is why The Journal & Press has joined with over 150 other New York local newspapers to launch the Empire State Local News Coalition.



The Empire State Local News Coalition, comprising both print and online local newspapers, is advocating for sound public policy that ensures the important work of local news organizations can continue in our state. Through our independent journalism, we aim to serve, inform, uplift, and protect New Yorkers. Our coalition cares

deeply about our local communities as well as the future of New York's free press. However, market forces are making it nearly impossible for us to survive. So, together, we are sounding the alarm bell for our leaders in Albany to hear.

At the heart of our advocacy is the Local Journalism Sustainability Act. Sponsored by NYS Senator Brad Hoylman-Sigal and Assemblymember Carrie Woerner, with the bipartisan support of 55 co-sponsors, this bill provides tax credits to local news outlets for the employment of local news journalists. News organizations are incentivized to actually add jobs, returning reporters to many of the state's newsrooms, which are becoming increasingly desolate. Importantly, the bill is also content neutral, meaning that any legitimate local news outlet--left, right, or in between--can benefit from this bill. The objectivity of the bill's eligibility requirements means the legislation cannot be weaponized to penalize news organizations critical of government officials.

As New York loses talented journalists, lawmakers must act to ensure the industry is allowed not only to survive but also to thrive. Only local news outlets--with boots-on-the-ground journalists--can deliver the hyperlocal updates and investigations necessary to sustain a community's civic and financial well-being. Imagine no stories about the village board meeting or the school budget debate. No pictures of your granddaughter's first soccer goal. No obituary of your friendly (and eccentric) neighbor. No investigative reporting to hold public officials to account. And no trusted institution to convene the community around a family in need.

We need your help to save local news in New York. To get the Local Journalism Sustainability Act across the finish line, lawmakers need to hear from you about why our newspaper matters and why this bill is important to you. If you would like to help, reach out to Governor Hochul and your local representatives to let them know you stand with local news.

Meet the candidates

Village of Greenwich residents are invited to a Meet the Village Candidates Open House hosted by Tom and Rulyn Graves on March 17, from 2 to 4pm, at Gather, 103 Main Street in Greenwich.

Attendees can enjoy Irish-themed beverages and snacks while getting to know the candidates running for Village offices. Amanda Beekmann Hurley is a candidate

for Greenwich Mayor. Willy Grimmke and Donna Frank Moore are running for seats as Trustees on the Greenwich Village Board.

The Village of Greenwich election is Tuesday, March 19. The polls are open from 12 to 9 p.m .at the Village Hall, 6 Academy Street.

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INTERPERSONAL EDGE

Office gossip that's peddling secrets?

Dr. Daneen Skube

Tribune Content Agency Special to Journal & Press

Q: One of my co-workers is the collector of secrets. He's always coming up to me and saying someone said something about me. I want to know and then end up mad. How can I shut down this cycle?

A: You can shut down this cycle if you realize his "secrets" are veiled attempts to undermine others. Shut down your curiosity for gossip, and you'll stop being mad about his secrets.

People have their own agendas for how and when they share gossip. Realize that if people want to tell you something about you, they'll tell you directly. Your co-worker is most likely not telling you accurately what anyone else said.

Office secret keepers enjoy making up content that serves their purposes. If they get you to start a fight, they probably think this helps their career in some way. In transactional analysis (psychological theory), there's a pattern called, "Let's you and him fight." People who play this game stir up conflict around them, so their own behavior is less visible.

Feeding into this human game is truly a case of "curiosity killed the cat." The satisfaction of knowing the secret will only make you upset, not satisfied.

When anyone sidles up to you and whispers seductively, "Hey, Joe said something

about you...do you want to know?" Your best response is a hard no, followed by this: "If Joe wants to tell me something I'm sure he'll do it directly." Then walk away.

Whatever your office secret peddler is selling, it's not worth buying. We're most vulnerable to these people when our self-esteem is shaky. Ironically, the content these people share will always make us feel worse.

If your office secret sharer won't take no for an answer tell him, "You know I can see you're concerned about my relationship with Joe. Would it help you if I go to Joe and let him know you're concerned"? After that sentence, he'll never bother you again. Secret sellers only gain power if the people they are quoting inaccurately are unaware of what they're doing.

People who need the shadows to operate hate having a spotlight on their own behavior. They'll scurry for the nearest rock and continue their game with someone more gullible. Develop an office brand that includes this motto: "What people think of me is none of my business." I coach my clients that self-esteem must be a dictatorship (what you think) and not a democracy (what others think).

Most adults have not done deep therapy to see themselves clearly, so how can they see you? If you care greatly about what others think, you're gazing into broken mirrors to try and get a glimpse of your reflection. Others can have valuable feedback that supports us in learning, growing, and challenging ourselves. None of these gems will emerge from the bag of the office secret peddler.

If you want effective feedback, look for people who rarely dole out advice. They are humble, they listen, and have looked deeply into their own souls. These are rare people who can reflect what you're doing in an accurate way. Avoid those that are arrogant, opinionated, and always talking.

If you yearn to know yourself, find an introspective path like meditation, therapy, or spirituality that challenges you. An effective personal growth path should push you out of your comfort zone, not tell you what you already know. Buying wisdom from within yourself will beat any product peddled by office gossip!

The last word(s)

Q: I really struggle to control my verbal outburst when I'm frustrated. Is there advice or a tool you provide to your clients?

A: Yes, as Gil Schwartz, an American novelist (1951-2020), summarized: "Anger is a condition where the tongue works faster than the mind." Take a time out when you're mad, so your brain catches up with your anger before you speak.

Daneen Skube, Ph.D., executive coach, trainer, therapist and speaker, also appears as the FOX Channel's "Workplace Guru" each Monday morning. She's the author of "Interpersonal Edge: Breakthrough Tools for Talking to Anyone, Anywhere, About

Anything." You can contact Dr. Skube at www.interpersonaledge.com.or 1420 NW Gilman Blvd., #2845, Issaquah, WA 98027. Sorry, no personal replies.



Pantry fundraising dinner

The Cambridge Food Pantry March fundraising dinner will be held Saturday, March 23, 4:30-6:30 p.m. The menu is old-fashioned shepherd's pie with lots of meat, vegetables and gravy. And to top it off, a choice of delicious homemade des-

serts and beverages. The Food Pantry is located at 59 South Park St., Cambridge, NY (Route 22 South.) The monthly dinners are sponsored by Cornerstone East Church. Diners can eat in or take home to enjoy. Price: \$17.

FINANCIAL FOCUS

Spring cleaning

Breanna Lundy Journal & Press

The other day I noticed our tulips popping out of the ground. Spring is here in Greenwich; which means it's time for some spring cleaning! This year, in addition to tidying your home and surroundings, you might want to consider sprucing up your financial environment, as well.

Here are some suggestions for doing just that:

- Improve your vision. Once the days are warmer and longer, you may want to get outside and clean all the winter grime and smudges from your windows, allowing you to see the world more clearly. And you may want to bring more focus to your financial vision by asking some key questions: Is my investment strategy still appropriate for my needs, goals and family situation? If not, what changes should I make? And am I prepared for changes in my life, such as health challenges or a need to retire earlier than planned? The answers to these and other questions can help you clarify where you are, in terms of your financial picture, and where you want to go.
- **De-clutter.** As you look around your home, you may find things such as expired

health care products, old prescriptions, ancient cleaning solutions, and so on, in addition to duplicate household items (how many blenders do you really need?) and non-working equipment — printers, extens at a Most records find that aliminates.

(how many blenders do you really need?) and non-working equipment — printers, laptops, etc. Most people find that eliminating this clutter gives them a good feeling — and more livable space. As an investor, you can also find clutter in the form of redundant investments — for example, you might own several nearly identical mutual funds. You might be better off selling some of these funds and using the proceeds to find new investments that can help you further diversify your portfolio. As you may know, diversification is a key to investment success, but keep in mind that it can't prevent all losses.

- Plant seeds of opportunity. Whether they're planting camellias and crocuses or carrots and cilantro, gardeners are busy in the spring, hoping their efforts result in lovely flowers and tasty foods. And when you invest, you, too, need to plant seeds of opportunity in the form of investments that you hope will grow enough to enable you to make progress toward your goals. So, you may want to review your portfolio to ensure it's providing this growth potential, given your individual risk tolerance.
 - Reduce dangers. You may not think

about it that much, but your home and surroundings can contain potential hazards. You might have ill-fitting caps on cleaning products with toxic chemicals, or sharp cutting instruments protruding from shelves in your garage, or heavy, cracked tree branches hovering close to your roof. Spending some time on a spring-cleaning sweep can get rid of these dangers — and devoting time to consider the possible threats to your financial security, and those of your family, can pay off, too. For starters, review your life insurance to determine if you've got enough. Your employer may offer some coverage as an employee benefit, but it might not be sufficient, so you may need private coverage. And the same is true for disability insurance, because if something were to happen to you, and you couldn't work for a while, you'd still want to protect your familv's lifestyle.

Spring is a great time for brightening your physical space — and your financial one, too.

A Greenwich business owner, Breanna Lundy is a Certified Financial Planner and Exit Planning Advisor with Edward Jones at 2 Church St. Inspired by her unique upbringing on her family's 5th generation farm, she works with successful entrepreneurs and individuals on their journey to live a life they love through financial independence. She believes her impact can reach far beyond her work, with a vision to improve lives and financial security in Greenwich, by supporting causes like the "Paint"

the Town Purple" event she started to raise awareness and revenue for Alzheimer's on The Longest Day in Greenwich each year. Contact her at breanna.lundy@edwardjones.com or (518) 692-2649.



Beginner birding

Greenwich Free Library invites the public to join Mark Silo and John Loz from Southern Adirondack Audubon Society as they present a Beginner Birding Workshop in the Community Room on Saturday, March 30, at 11:00am. They will discuss some readily available resources that can enhance your enjoyment of birding. A 20-minute presentation will showcase field guides, use of binoculars, birding locations and seasons, local clubs, some awesome new phone apps, and more, with

time to ask questions indoors. Attendees will then head outdoors with Mark and John to practice what they learned. The group will look for birds, practice using binoculars, and look for field marks on birds that help identify them. A limited supply of extra binoculars will be on hand to borrow, so participants should bring their own if possible.

This presentation is open to all, but registration is required. Visit www.green-wichfreelibrary.org or call 518-692-7157

ON THE SQUARE

A most successful treaty

Lance Allen Wang Journal & Press

In 1949, the United States joined with 11 other nations and created its first peacetime military alliance outside the Western Hemisphere, the North Atlantic Treaty Organization (NATO). In the turbulent post-World War II environment, where an expansionist Soviet Union was absorbing Eastern Europe's war-weakened nations behind what Winston Churchill called "The Iron Curtain," it was clear that only collective security could effectively deter the encroachment of totalitarian leader Joseph Stalin into Western Europe. This was the intention of President Harry Truman's "Truman Doctrine," which promoted international action against Russian aggression.

Alongside troops from original members Belgium, Canada, Denmark, France, Iceland, Italy, Luxembourg, the Netherlands, Norway, Portugal, and the United Kingdom, the United States and its NATO allies stood watch over the East/West German border and numerous other flashpoints with the Soviet Union and Warsaw Pact countries (the Soviets' alliance in response to NATO), waiting for, in military jargon, "the balloon to go up," that is to say, for war to break out.

NATO did its job of deterrence very well, evidenced by the fact that it never had to deploy forces for anything other than training during what was known as the "Cold War" from 1949 through 1990. However, as the Soviet Union fell and traditional power structures were upended, NATO was called upon to execute security and stability operations in Bosnia/Herzegovina and Kosovo. Following the 9/11 attacks on the United States by elements of the radical Islamist terrorist group Al Qaeda, staged with the support of another radical group, Afghanistan's governing Taliban, NATO invoked Article V which maintains that an attack upon one is an attack upon all, and supported operations in both Afghanistan and Iraq. In addition, during the post-9/11 peri-



od, NATO enforced freedom of navigation in the Gulf of Aden, a no-fly zone in Libya, and conducted air patrols to prevent the spillover of the Syrian civil war into Turkey.

Today, the world faces a do-over of the Cold War, if it ever really ended at all. The former Soviet Union is now ruled by a totalitarian leader, who has parlayed Russia's post-Soviet dreams of democracy into a police state, with its attempts at capitalism, as writer Thomas Friedman puts it, at best "a kleptocracy." Today's Russia is a land where dissent is punished in Siberian gulags, political opponents are assassinated, and reference to the two-year-old invasion of Ukraine as "a war," rather than "a special military operation" is a thoughtcrime punishable by prison.

Since the Russian Federation was formed in 1991, Russia has gotten involved in several border wars, primarily on its southern borders such as Chechnya (1991-2000) and Georgia (2008). Then in 2014, in violation of its own agreements and treaties with Ukraine, Putin invaded Ukraine, taking the Crimea, followed by a full-scale invasion in 2022.

Since 1949, the original dozen NATO nations have increased to 31, with membership becoming more sought after as Russian actions clarify their intention to remain a malignant presence on the world stage. I had the opportunity to serve as an evaluator during the training exercises which resulted in the admission of Estonia into NATO in 2002, working alongside a team of evaluators from Denmark. The Danes were tactically sound and knowledgeable troops,

Please read more on the next page

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(cont.)

and working with them to help a former Warsaw Pact army gain proficiency and interoperability alongside new allies was one of the more rewarding efforts during my service.

Since the invasion of Ukraine, two friends in Scandinavia who had maintained a careful neutrality since NATO was founded have seen the advantages to be gained through membership. With Finland now a member of NATO, despite Russian threats, and Sweden now on the cusp of membership, NATO's northern flank is secure. Strategically, tactically, and politically, this solidarity is a very good thing.

These alliances are very helpful for standardizing military jargon for planning and operations, weapon calibers and other standards for logistics, and most of all, bringing us closer to our allies while developing habitual training relationships.

The question remains, however, what happens should American political leadership turn its back on NATO. The reinvigorated strains of "America First" play right into Russian hands, with statements by former President Donald Trump calling into question Article V, basically making NATO "pay for play." If a member is behind on their payments to NATO, the former President states, "No. I would not protect you. In fact, I would encourage [the Russians] to do whatever the hell they want." In his world, NATO has nothing to do with shared values, and instead is strictly a transactional relationship. Never mind he is at best, oversimplifying, and at worst, wrong about members being behind on their "direct" and "indirect" financial obligations, he also is eroding one of the most fundamental underpinnings of collective security. He should consider that we, too, obtain significant advantage from our forward defense posture with NATO.

Should Mr. Trump find himself elected again, and should he turn his back on NATO in favor of Mr. Putin again, I suspect our allies will adapt, improvise, and attempt to overcome as they always have. During the first Trump administration, German President Angela Merkel showed a steady hand when she found herself thrust into the position of leader of the free world. The United Kingdom found itself in a similar position in 1939-1940, when the original "America

First" movement in the United States kept forcing our inaction on supporting England. Luckily, the British had a leader in Prime Minister Winston Churchill, and we had a leader in President Franklin Roosevelt. In the end, Pearl Harbor ended up sending "America First" into a richly-deserved descent into ignominy.

Nothing that I'm writing about here presents anything new or groundbreaking. Back in ancient China, a military general, strategist, and philosopher by the name of Sun Tzu spoke of the importance of strategy and alliances, as they led to what he considered the strongest victories, the ones achieved without fighting. How does one accomplish these victories? By attacking the enemy's strategy and his alliances, of course. Sun Tzu would be very proud of Vladmir Putin. He has Mr. Trump conducting the attacks against his own alliances.

Lance Allen Wang is an Iraq Veteran and retired Army Infantry officer who lives in Eagle Bridge, NY with his wife Hatti.



OBITUARIES

Edward C. Waite, 74

Edward C. Waite, 74, passed away after a hard-fought battle with Pulmonary Fibrosis on Thursday, March 7, 2024, at his home in Greenwich, surrounded by his loving family.

He was born March 12, 1949, in Cambridge, NY, to the late Alfred and Ruth (McGrouty) Waite.

Ed graduated from Greenwich Central High School and went on to serve his country in the United States Air Force. He was a combat veteran during the Vietnam War. Following his return from service, he worked as a communications tech for Verizon. Edward was hardworking, fun loving and made friends anywhere he went. He loved to talk and was devoted to his family and friends.

Edward was a true outdoorsman; he enjoyed hunting, loved animals, and the beauty of the Adirondacks. When warm weather came, you could always find him at the pool sunbathing and swimming. Some of his happiest memories were watching the kids enjoying the same comforts in life he did. Edward honored his family and served this community, with everything he had. He was a member of the American Legion and lifetime member of the Greenwich VFW Post 7291 and served as its Quartermaster.

In addition to his parents he was predeceased by his son, Edward Brady Waite; brothers-in-law, William (Paula), Robert and Brian Myers; sisters-in-law, Elaine Myers Lindahl and her husband Robert, and Margaret Pett and her husband Bernhard; nephews, Jacob Pett, Robert and William Myers Jr. and niece, Trisha Myers, as well as many other beloved family and friends.

He is survived by his loving wife of 53 years, Cynthia (Myers) Waite; daughter, Noelle (Brian) Nilsen; daughter-in-law, Keegan Waite; brothers, Al (Dale) Waite, and Randy (Kathleen) Waite; sister, Debbie (Billy) Ives; sisters in law, Donna (Bob) Haney, Helen Myers and Ronnie Myers; brothers in law, Martin (Carol) Myers, Larry (Kathy) Myers and John (Carol) Myers; several beloved nieces, nephews, cousins and in laws.

A visitation for family and friends will be held from 4 to 7 pm on Tuesday, March 12, 2024, at Flynn Bros, Inc. Funeral Home, 80 Main St, Greenwich, NY, 12834.

A Mass of a Christian Burial will be held at 10 am on Wednesday, March 13, 2024, at St. Joseph's Church in Greenwich, Rev. Martin Fisher officiating. Burial will follow in St. Joseph's Cemetery.



Following his interment, family and friends are invited to the Greenwich VFW for a reception.

Donations in his memory may be made to the Greenwich VFW Post #7291, 63 Abeel Avenue, Greenwich, NY, 12834 or the ASP-CA.

Edward's family wishes to thank the Saratoga Community Hospice as well as many close relatives and friends for their endless visits and embraces of love and comfort.

Thomas J. Flynn, 77

Thomas J. Flynn, 77, a lifelong resident of Greenwich, passed away unexpectedly, Saturday, March 2, 2024, at Albany Medical Center.

He was born September 15, 1946, in Albany, NY, to the late Harold and Mary (Hoey) Flynn.

Thomas worked for many years as an C.P.A. at Flynn, Walker, and Diggin PC in Saratoga Springs. He was a loving husband and father.

His passions were smallmouth bass fish-

ing, the New York Giants, The New York Yankees, astronomy, and his grandchildren. He also loved his dog, Minnie.

In addition to his parents, he was predeceased by his sister Mary Ann Flynn.

He is survived by his loving wife Bette Ann (Buckley) Flynn of Greenwich, sons, Kevin (Jackie) Flynn of Greenwich and Brian (Jola) Flynn of Schenectady, grandchildren, Riley Flynn, Faith Flynn and Remy Flynn.

As per Thomas's wishes there will be no

services.

Donations in his memory may be made to the Easton Greenwich or Cambridge Valley Rescue Squad.



Online condolences and messages to the family may be made at www.flynnbrosinc.com.

OBITUARIES

Elsie Jackson, 98

Elsie Bell Jackson, 98, of Salem, passed away peacefully Monday, March 4, 2024 in the comfort of her home.

She was born September 1, 1925 in West Rupert the daughter of the late Clarence and Helen (Ayers) Norton.

Elsie had worked at Gotham Paper Mill in Salem in her early years and then worked for the Lewis Brothers in Rupert. She then worked at the Salem Courthouse and Jail cooking for the inmates. She worked there from 1965 until 1988.

Elsie was a longtime member of the Ladies Auxiliary of the American Legion. She had served as President, County Chair and Chaplain. She enjoyed marching in the annual 4th of July parade in Salem and was a member of the Grange and was a 4-H Leader. Elsie loved baking, cooking, decorating cakes, painting and showing her work at the Georgi Museum, the Salem Courthouse and the Washington County Fair.

In addition to her parents, Elsie was predeceased by her two husbands, John Rafter and Ronald Jackson; a daughter, Jolene Jackson; great grandchildren, Nikia "Ayden" Burdo & Carlybelle Goddard; siblings, Irene Mahoney, Theresa Cary, Willard Norton and Herbert Norton.

Elsie is survived by her two daughters, Diana Trulli (Randy Flewelling) of Salem and Nancy Fleming (David) of Hebron; grandchildren, Sandi Braymer



(Tim), Sonia Trulli (Ralph Yarter), Tonia Goddard (A.J.) and Timothy Burdo (Michele); great grandchildren, Bailey Fifield, Chailyn Fifield, Wyatt Fifield, Maddox Goddard, Jacob Burdo, Kienan Burdo, McKenzie Braymer, Cammeron Braymer, Alphonse Abdelaziz and many nieces & nephews.

Calling hours will be Saturday, March 9, 2024 from 2-5 pm at the McClellan-Gariepy Funeral Home, 19 East Broadway, Salem. A service will begin at the conclusion of the calling hours at 5 pm.

Memorial donations may be made to the Salem Rescue Squad, P.O. Box 360, Salem, NY 12865, the Salem Vol. Fire Dept., P.O. Box 449, Salem, NY 12865 or the Salem Fuel Fund, P.O. Box 412, Salem, NY 12865.

To offer condolences to the family, please visit www.gariepyfuneralhomes.com.



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RETIRE SMART

Stop the scam!

Jill Schlesinger

Tribune Content Agency Special to Journal & Press

Scams have been in our vernacular for hundreds of years. From confidence ploys (Charles Ponzi and Bernie Madoff) to the modern day telemarketing and advance fee schemes, the preponderance of crooks seeking to separate you from your money is dizzying.

The sheer volume and sophistication of these shady con artists has prompted the Social Security Administration (SSA) to raise public awareness of government imposter scams, with a "National Stop the Scam Day" (March 7), though every day could be labeled as such.

Today's criminals have become brazen in their schemes, impersonating people from the SSA or other government agencies, like the IRS, in an attempt to obtain personal information or money.

The scammers have upped their game because they sometimes use legitimate names of government employees, "spoof" official government phone numbers and websites (including local police departments) and often send official-looking documents as attachments.

These thieves use a variety of methods to ensnare you, but whether it is a call, a text, or a social media message, they rely on a (false) claim to be from the Social Security Administration or the Office of the Inspector General to lure you into their web.

"They might use the name of a person who really works there and might send a picture or attachment as 'proof," the SSA website says. This makes the recipient of the contact feel like the conversation is indeed legitimate.

To help you spot a fraudster, there are a few red flags to consider.

Scammers will often say there is a problem or a prize; exert pressure on you to "act now!"; and prompt you to pay them in a specific way (e.g. gift cards, prepaid debit cards, wire transfers, cryptocurrency, or by mailing cash).

If you are contacted by someone who appears to be from the SSA, keep in mind that Social Security personnel will NEVER:

- Threaten you with arrest or legal action because you don't agree to pay money.
- Suspend your Social Security number.
- Claim to need personal information or payment to activate a cost-of-living adjustment or other benefit increase.
- Pressure you to take immediate action, including sharing personal information.
 - Threaten to seize your bank account.
- Offer to move your money to a "protected" bank account.
 - Demand secrecy.
 - Direct message you on social media.

Your ability to spot a scam not only can save you time, but also money. Federal Trade Commission data show that consumers reported losing more than \$10 billion to fraud last year, a whopping 14 percent increase over reported losses in 2022.

To avoid being part of these growing statistics, keep your guard up, because even the most financially savvy can fall prey to tactics employed by these criminals. (I encourage doubters to read New York Magazine's financial-advice columnist Charlotte Cowles' harrowing experience as the victim of a scam.)

If you receive a communication that causes a strong emotional response, take a deep breath, try to remain calm, and dis-



engage from the conversation immediately.

Do NOT click on links or attachments and protect your personal information. Also be aware that artificial intelligence (AI) makes spotting a scam more difficult. Villains can use voice cloning and deep fakes to impersonate a loved one who claims they are in danger and need money.

In addition to these "Family Emergency Scams," AI makes it easy to operate bogus profiles on dating websites and social media platforms, which according to the government, can "simulate realistic conversation to build trust, with the goal of tricking the target into sending them money."

If you think that you have been a victim, report it immediately to the Office of the Inspector General at oig.ssa.gov/report.

Jill Schlesinger, CFP, is a CBS News business analyst. A former options trader and CIO of an investment advisory firm, she welcomes comments and questions at askjill@jillonmoney. com.



Salem fire department updates

The Salem Rescue Squad announced the election of its 2024 officers and director. The officers include President, Vincent Smith; Vice President, Jim Conety; Secretary, Eva Woodell; Treasurer, Dennis Campbell; Captain, Vicky Campbell; and Assistant Captain, Tim Phillips. Dean Hanks was elected as a member of the Board of Directors joining existing Board members Steve Snyder and Edward A. Donoghue.

March is the start of the Salem Rescue Squad annual fundraising campaign. The Salem Rescue Squad is not a government agency and as a volunteer organization, depends on the financial and in-kind donations to complete its mission of providing prompt, efficient and often life-saving pre-hospital emergency medical care to the residents of Salem, Hebron, Jackson, East Greenwich and Rupert. In 2023, thanks to the generous community contributions, they responded to 568 calls. This was a significant increase over past years where they averaged around 400 calls. The department envisions the number of calls may actually increase in future years, due to the aging population in the community and once the Salem Hudson Headwaters facility is operational. =

As is the case with most volunteer organizations, Salem Rescue Squad is facing diffi-

cult times with membership numbers that challenges in meeting our mission. Current members come from a variety of occupations. Some have day jobs some are retired. Members can help in a variety of ways including, but not limited to:



- Ambulance Drivers
- Attendants

If you can provide some time and the willingness to help, the Salem Rescue Squad will provide the training and uniforms.

The department would also like to remind readers to make sure that your 9-1-1 street address is clearly visible from the road so that they can locate you quickly during an emergency. Keep an up to date list of your medical history, medications and dosages,

A mural outside the department

and any allergies for yourself and family members.

For more than 50 years, the Salem Rescue Squad has provided emergency medical services to citizens and visitors in Salem, Hebron, Jackson, East Greenwich and Rupert. The Squad relies primarily on dedicated volunteers to serve as Emergency Medical Technicians (EMTs), drivers and assistants in answering calls. Salem Rescue Squad is in search of new members who can be a part of its team and contribute to its critical mission of providing emergency medical care to the community. Flexible schedules are easily accommodated due to their 24/7 schedule. For more information about Salem Rescue Squad call 518-854-7199 or email salem44ems@hotmail.com.

How is this newspaper made? Hear the podcast.

Ever wonder how this newspaper is made, and all of the journalistic decisions that come with managing a small-town newspaper?

Then listen to publisher Darren Johnson's Weekly Newspaper Podcast. You can find it on your favorite podcast app or go to WeeklyNewspaperPodcast.com.

Johnson mixes talk about the business of small-town newspapers with national journalism trends, often using The Journal & Press as an example.

Johnson is also a Visiting Professor of Multimedia Journalism at Massachusetts College of Liberal Arts.

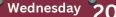


Lasagna!

A Lasagna Dinner will be served at Old Saratoga Reformed Church on Saturday, April 13, 2024 from 4-6 pm. Meat and vegetarian lasagna, salad, bread and brownie will be available. The cost is \$15 for adults, \$8 for children 8 years old and younger. The dinner will be take out with limited seating for eat in. Reservations suggested. Call Chris at 518-695-6638 for reservations.







Medical Night (Nurses, Doctors, Rx, PT/OT, Aids, Techs, Office Staff)

Food & Drink Specials Complimentary Snacks

Nightly Special Chicken Parm

Thursday

6:30pm

Nightly Chef's Special

Friday

Nightly Chef's Special

Saturday

Nightly Special:

Sunday

Roasted Turkey Dinner

Wednesday

Show Me the Money Night (Bankers, Accounting, Financial Planners)

Food & Drink Specials Complimentary Snacks Nightly Special Chicken Parm

Thursday

6:30pm

Nightly Chef's Special

Friday

Nightly Chef's Special

Saturday

Nightly

Chef's Special

Closed for lunch Open 4-9:00pm Nightly **Chef's Special**

Sunday

10 a m - 3 p m Reservations Recommended

Wednesday

All teams must contain kids & 6:00pm adults

Reservations Recommended

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54 Main St. • Greenwich, NY • 518-531-4573 Wed/Thu 4-8pm • Fri 4-9pm • Sat noon-9pm • Sun noon-7pm

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Prime Rib, Honey Baked Ham, Lemon Pepper Salmon, Dijon Chicken

Roasted Potatoes, Maple Carrots

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