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Local fire departments look to teen programs to replenish numbers

Local fire companies report membership rosters 30-50% below full staffing in many cases. How are they addressing it? One solution is a summer camp to train teens. The program includes a rescue helicopter demonstration, water safety lessons and even search-and-rescue dogs. The young recruits are eager to help.

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J. A. Barkley Hose Co, Argyle, Cadince Younes, age 17

Greenwich Fire Department, Liam Curley, age 15

Cossayuna Fire Department, Evan Smith, age 19

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Local fire departments face shortages

Robin Lyle
Journal & Press

Imagine your house is on fire and no one comes to help. Fortunately this is a rare event. Our nation has a long tradition of volunteers ready to respond in minutes when the worst happens. Men and women who dedicate hours to training, spend time each week reviewing and readying equipment, and are willing to drop whatever they're doing, day or night, to face danger. Twenty years of declining volunteerism, however, may put this long tradition in jeopardy.

Fire Departments in Washington County are feeling the effects of this decline. Membership rosters are 30-50% below full staffing in many cases. Even though the personal rewards are reportedly great, recruitment is challenging.

What is causing the shortage in volunteers? People have other interests, busy families with little free time, and declines in volunteerism nationwide, exacerbated by Covid, are some of the causes, according to Glenn Bristol, Washington County's Fire Coordinator. Chief Craig Hansen, of the Easton Volunteer Fire Company, agrees. "We used to have farmers who volunteered and local employers used to let people leave to help with a fire. Now a lot of people work out of town and employers don't allow that anymore." Past Chief of Cossayuna Fire Department, Pat Donahue, says they have only half the firefighters they need with 12 active members. "The shortages started about 20 years ago. We used to have a big membership roster. The fire department was a social thing and there weren't a lot of fire calls – about 5 per year."

All three men also point to changes in firefighting itself that create barriers for many volunteers. Increased oversight at the state level and training and equipment mandates require more from the volunteer. At the same time, each leader found the training valuable, resulting in better skills and knowledge and improved safety. Fire Coordinator Bristol arranges training for Washington County. "Most firefighters have to have Basic Exterior Fire-

fighting Operations training (BEFO). Most departments would want that before you can do anything. Also a yearly physical and OSHA training," Bristol said. The BEFO course, alone, requires 80-100 hours of training, typically conducted one evening per week over a 6 month period.

BEFO trains volunteers on "firefighter personal protective equipment (PPE), self-contained breathing apparatus inspection and cylinder changing, fire department communications, building construction and fire behavior, modern fire control research, portable fire extinguishers, rope and knot tying, ground ladders, forcible entry, tactical ventilation theory, water supply, hose and fire streams, loss control, orientation to fire origin and cause determination, fire prevention and life safety initiatives, confined space aware-

'They may have only three or four volunteers available for a daytime fire.'

ness, overview of first aid and buddy care, and Hazardous Materials First Responder Operations," according to NYS Fire Prevention and Control. Most firefighters will eventually also take Interior Firefighting Operations (IFO), and many other specialty courses also exist.

So far, local fire departments are still



File photo – Schuylerville FD

able to respond within minutes to every call. This doesn't mean the impact of fewer firefighters isn't being felt. Easton's Chief Hansen says they may have only three or four volunteers available for a daytime fire. Because of this shortage, fire departments from neighboring towns are frequently called in to assist. "With a lot of daytime fires you'll see a lot of trucks from different fire departments trying to get enough firefighters there," says Bristol, referring to the practice of mutual aid. Pressure on the individual firefighter, especially on those available during normal work hours who are being called out more frequently, is the result.

Finding Solutions

How can fire departments increase their active membership? Recruiting new volunteers is challenging. "Is There A Fire In You?" is the tagline for Recruit NY, a statewide recruitment event to be held at local participating fire departments this year on April 13-14, 2024. Even with the media ex-

Please read more on the next page

(cont.)

posure this event enlists, the local departments haven't felt a large impact from it. Easton's recent investment in a billboard, likewise, yielded little response. Cossayuna focuses on inviting community members into the building – free WiFi always available from the parking lot was a draw during Covid. Along with a food pantry, Tai Chi classes and space for community meetings and family celebrations, residents begin to see the fire department as more than a resource they hope they never need.

Legislation that allows active firefighters to receive a discount on their property taxes or a yearly stipend is also meant to encourage participation. Both programs are small in scope, however, and are not available to every volunteer.

All three leaders noted that their best hope may lie with community youth. Young men and women can join the ranks while still in high school. "We do have some junior firefighters. We didn't have it when I was a kid and I loved to hang out at the fire department. I love the program. Kids can come in at any age and hang around. If they want to wash the truck or just hang out with us... Of all the students we've had join us, by age 16, they're excellent firefighters," past Chief Donahue said.

Argyle's J.A. Barkley Hose Company's location across from the school benefits the fire department, says Bristol, who is a past Chief and active member of the Argyle squad. The fire department's apprentice firefighter program is attracting the nearby students, who only have to cross the street to participate. "The way we look at it is maybe we can train them and maybe they'll go to college and move away. But they may join a fire department in their new community. And, in turn, other young men and women who trained elsewhere may move here and join our department."

Chief Hansen finds youth involvement beneficial for all – the young person, the fire department and the community. He remembers a girl in high school who joined their program when she began to feel the effects of isolation during Covid. As Hansen tells it, "She got out of bed one morning and said, 'I'm going to join the fire de-



J. A. Barkley Hose Co, Argyle, Cadince Younes, age 17

partment.' She went on to take her EMT. By helping the community, she was ready to serve in the armed services. I saw her mother recently, and she told me, 'You don't know how much of an impact you had on my daughter.'"

It was Ben Franklin who founded America's first volunteer fire company in 1736. Before that, fire companies only helped their paying members. Hopefully, young people will show us how to revive that spirit of volunteerism. Past Chief Donahue's final remark touched on this hope: "When Ben Franklin first started volunteer fire departments, pretty much everybody in the com-

'Of all the students we've had join us, by age 16, they're excellent firefighters.'

munity would help. That's where we're at. If someone has a fire, we need the community."

Finding Solutions

Local fire companies reported membership rosters 30-50% below full staffing in many cases. Recruitment is challenging. Capt. Mike Genevick, President of the Greenwich Fire Department, says that "a



Greenwich Fire Department, Liam Curley, age 15

decent amount of the recruitment tools that the state is pushing are definitely helping. They have recruitment and retention grants to address the problem. These help with just getting the word out there that everybody needs help. They offer open houses, too, which is a great tool, but it takes people to run them. The way we look at it around here is, members only have so much time to give, so in which category are they going to give it? And, if it has to be in recruitment then fundraising suffers, or training suffers. Getting somebody like Liam [Curley] in through the Explorers? That's great because that gives him two years to be here around people and learning stuff."

The Greenwich Fire Department was a beehive of activity on this cold Tuesday evening in February. On Tuesdays, firefighters gather to catch up on departmental communications and check and ready equipment. Batteries are charged, gas tanks filled, chain saws oiled, and air packs double checked, repairs are made, training is planned or provided, and important information is passed along.

On this particular Tuesday, I sat in the fire department's overheated office with Explorer Scout Liam Curley and treasurer/chaplain of the Greenwich Fire Department, Jim Alheim. Volunteer firefighters breezed in and out, quickly checking mailboxes and exchanging greetings, before heading on to the next task. Liam and Jim

Please read more on the next page

(cont.)

represent two ends of the spectrum of the volunteer firefighter. Liam, 15, joined the team a year ago through the Scout's Explorer Post, whereas Jim is a veteran firefighter, 38 years with the department.

Jim started the department's Explorer post 30 years ago and it has been an important conduit for bringing in new volunteers. Jim rattled off names of active firefighters, now in their 30s and 40s, who attended the early camps – Chief White, Capt. Genevick, and a couple others – explaining it promotes a very positive leadership skill.

The summer program is held in August, led by Lt. Clayton Wren. It's a free, half-day camp for boys and girls throughout southern Washington County. Volunteer firefighters take vacation time to run the camp and enrollment is capped at 20. The program includes a rescue helicopter demonstration, water safety, search and rescue dogs, and a tour through the county's 911 Communications Center bus which can travel to the site of an emergency to coordinate the response.

Jim is enthusiastic as he describes the final day of camp. "It's a week-long adventure basically, and it ends on Friday with all of the things that they learned. It's almost like an expo, where the kids actually do six or seven skills, including climbing the ladder, gear dressing race, bucket brigade, and it ends with them "advancing a line", it's a hose line that they aim at a mock house fire. They're showing off their skills and team work. The families are invited and get to see everything they've learned."

Liam Curley attended Summer Fire Camp before entering the Explorers program. His father, step-father and brother are all active in the Greenwich Fire Department. Soon to be 16, Liam is looking forward to moving

from the Explorer program to taking on the mantle of full fledged firefighter. Until then, he provides an important service to the department by assisting with the Tuesday night equipment checks and attending training.

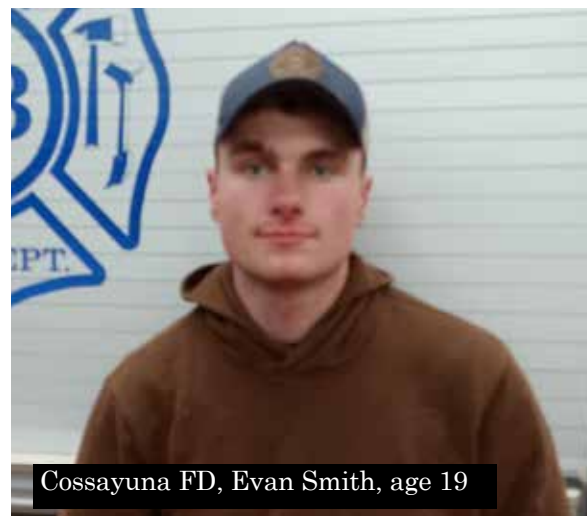
Cadince Younes, of Argyle, is already a full fledged firefighter at the age of 17. She also has family and neighbors who are active firefighters. In fact, she joined Argyle's J.A. Barkley Hose Company right after her 16th birthday when her Dad and neighbors helped her sign up. Since she was already 16, she was able to jump right into the Basic Exterior Firefighting Operations (BEFO) class that summer. "It was difficult sometimes because it was all class work. I like the hands-on stuff. It was done at a local fire department, about 50 people were in the class. It was on the weekends – sometimes, we went both weekend days, but usually it was Saturday at 9:00 until late afternoon. We had to practice how to put our gear on, the knots we had to do, and the tools we had to use."

Since joining up, Cadince has gone out on many 911 calls, but only two have been house fires. "[W]hen I joined it was mostly like car accidents and stuff like that. I've been out on several calls. I get really nervous when I respond to a fire call, my energy, adrenaline, boosts up because I know that I have a job to do to help." Cadince continues to learn new skills such as water and ice rescue and roof rescue and plans to take the Interior Firefighting Operations (IFO)

course as soon as she can.

Cossayuna Fire Department Chief Jason Fedler introduced me to one of their newest firefighters. At 19, Evan Smith already has four years of experience and training, having started at age 15 as a Junior Firefighter.

It wasn't so much family tradition that



led Evan to become a firefighter, although his grandfather had been Chief of the Argyle Fire Department many years before. Rather it was the feeling that came from being of service to his community. When Evan was 15, his neighbor lost control of a small brush fire that quickly engulfed two acres when left unattended for a few minutes. Just as the Cossayuna Fire Department arrived on the scene, so did Evan, who rushed over to help. The firefighter on the scene asked Evan to help pull the hose. The very next Tuesday, Evan went to the fire department to volunteer.

Since then, Chief Fedler said, Evan has taken "Firefighter 1 which consists of basic exterior firefighting (BEFO), interior firefighting (IFO), hazmat awareness and many other aspects of fireground operations. When he reached the age of 18, he was already certified and prepared to work as an interior firefighter. He has also trained in pump operations, ice rescue technician, water rescue technician, and very soon will be certified as a swiftwater rescue technician as well."

"I wish I had 10 more just like him," Fedler says, "[b]ut the sad reality is that we do not. We are short staffed much like everyone else in the fire service. I'm sure glad we have Evan."

What do Liam, Cadince and Evan have in common? They each present as confident, disciplined, and committed young people who have dedicated themselves to helping others. They each experience the fire companies they are a part of as supportive environments, like another family, that helps them to learn who they are and what they are capable of. They are each exactly the person you'd want to see in an emergency.



A recruitment flier

FROM THE PUBLISHER'S DESK

If you got this paper for free...

Darren Johnson
Publisher

We're splitting up.

In your hands may be a free edition of this paper, or perhaps you have a paid edition of it.

We're now full color and 48 pages, either way, but to save money at the printer, some pages are the same. Including this page, page 5.

Other pages in this paper are different, depending on whether you paid for this paper via subscription or at a store in Greenwich, or if you picked it up via one of our new free racks outside of town.

Here's a run-down of why this is happening:

The Paid Paper

The Greenwich Journal is 182 years old and has always been a paid circulation paper. The vast majority of paying readers are in Greenwich, or at least shop in Greenwich and pick up the paper here.

A paid circulation paper – albeit they are a dying breed – carries with it some perks: It can be an “official” paper and qualify for the USPS periodical postage rate. Also, people tend to take a paid circulation paper more seriously; we are subscribed to by schools and libraries and archived forever on historical sites.

The Greenwich Journal will cover Greenwich more closely, and most Greenwich stories won't appear in our free edition.

The Free Paper

At the same time, readership outside of Greenwich has fallen over the years and as these towns have lost mom-and-pop businesses, there aren't a lot of places for us to sell our paper outside of Greenwich.

Too, other free papers exist, but they

aren't very good. They have weak editorial content and mostly take away advertisers who would advertise with us, if we had a higher circulation. Now with the free paper – which is branded Journal & Press – we will have a bigger print run and can perhaps get back our advertising.

To start off on the right foot, we're offering full-page color ad spaces for only \$99. Own a business? Contact us to get that rate.

A Weekly Paper Again

Here's how this evolved:

A few years ago, when I bought this paper, I looked at the books and realized it couldn't go on as a weekly paper. So I made it twice-monthly but added more journalism than there was before. Essentially, readers were getting more content, but not as frequently as before. But that meant I didn't have a weekly print and postage bill, so could save in that regard. This frugality helped the paper survive the pandemic, when small businesses were shuttered and advertising dried up.

But now I feel like we can have this hybrid paid/free model. The paid paper will hit the 1st and 15th of each month; the free paper the 8th and 22nd.

In essence, we are a weekly paper again!

So Why Subscribe?

Right now, the two papers have some shared content, but eventually the two papers will become more and more distinct. As more advertising comes in, we can afford to pay for more unique pages to be made at the printer.

But even now, the paid Greenwich Journal will have the content *first*, and government coverage will more often be in this paid edition.

We also will bolster our digital efforts and add an exclusive e-newsletter. That way, subscribers are truly getting a VIP experi-

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HAPPY HOLIDAYS!
JAN. 15-31, 2023

Area's newest mayor

Darren Smith ran a write-in race and won in Argyle

Darren Smith, 37 is a personal trainer who took office in the Village of Argyle last year. Asked if he has any regrets about running for mayor, he responds, "No, so far I love it! I love thinking of the problems of the village and how to resolve them. I think we're a great team that's really used to work with the village clerk and board. I really like the energy."

Please read more on page 5

Final days on Main St.

The sprawling consignment shop at 115 Main St. in Greenwich no longer is running hot, as owner Peggy Macmillan is trying to cut costs. On Facebook earlier this month, she announced, due to the overall economy, the store will close.

Please read more on page 4

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Addressing a park on the Hudson

Darren Johnson
Journal & Press

Nestled on 3.3 acres in the less populated, eastern part of town in the hamlet of Clarks Mills, is Greenwich's Hudson Riverside Park, a property the town acquired for \$149,500 in 2017 – having belonged to a former preparatory school, and, before that, property owned by former state Governor John Alden Dix – on a steep ledge overlooking the Hudson River, with a circa 1945 barn, a dilapidated greenhouse slated to be razed, and a curious classroom building that is brimming with possibilities.

The acquisition really hasn't cost the town much if anything, because various grants have come in to turn the property into an attractive and accessible park that town residents and visitors could enjoy.

In particular, the Town received a \$250,000 grant designated for the purchase and upgrade of the property and buildings through Assemblywoman Carrie Woerner and a \$100,000 grant for grounds and landscaping through then State Senator Betty Little. Both grants are administered through the Dormitory Authority of NYS, which oversees financing and construction for the state (DASNY).

However, some of the grant money is about to expire – and perhaps further grant money could be applied for – so the town council held a special workshop on Feb 21



The classroom building, left, and the barn

to discuss next steps.

"They told me use it or lose it," town supervisor Jim Nolan said regarding the DASNY funding. "We've already had two extensions. ... We have \$100,000 we have to spend wisely on the park."

While the workshop was just for the board to come up with a gameplan, the discussion will be opened up to the public at a March meeting.

The town board discussion recapped the steps that got the town to this point and the concerns about the parcel; for example, there is approximately 300 feet of river frontage, but over the steep ledge, currently with just orange snow fencing as a warning. Permanent fencing would be a top priority. The town, working with consultants Barton & Loguidice, has early quotes for \$11,110 and \$16,380 for a chain-link, green, three to four-foot fence with a gate or two, respectively. Why the gate(s)? Eventually access to the river may be made safer, including for activities like kaya-

king from there.

A good deal of discussion was about the barn. While the idea was broached that, if restored, it might be nice to have for weddings and other events, Nolan said that the barn had no particular historical significance and it might be better to raze, keeping its concrete floor and placing a 20x50 foot picnic pavilion there. The estimates of the cost of creating that vary widely, from \$8000 for a kit pavilion to closer to \$100,000 for something more custom made. Board members said that those numbers would have to be fleshed out further before the next meeting on the subject.

Other things grant money could be spent on include locks and replacement doors for the classroom building, as the doors have warped over time. The building is otherwise clean, though furnishings are antiquated, and problems like asbestos and vermiculite had been abated previously. Some sheet-rock replacement is needed due to damage to walls. Nolan noted that sidewalk work and a handicapped bathroom accessible to park patrons with a separate entrance than the main part of the building could add to



LOCAL NEWS



A former classroom



The view of the Hudson



A corridor



The classroom building

(cont.)

the utility of the building.

Landscaping also has to be done. In the past year, a property owner has erected a home and large garage next to the park property. According to its deed, the town is responsible for creating a privacy hedgerow between the two properties, though that

may obscure the homeowner's view of the Hudson.

What will become of the classroom building was up for discussion. It was noted that nearby Saratoga Town Hall rents out space for local community groups at an affordable rate.

Outside the classroom building, there is approximately 2500 square feet of dirt and gravel where park patrons can park. That could be paved using funds from the grant.

A dog park previously had been proposed for the property, but that idea has been dropped due to liability reasons, it was said at the meeting.

The discussion also bandied about ideas including a potential playground, barbecue pit, a river viewing area with seating, security cameras and detailed signage for the site that may denote the unique history of the location, similar to the signage at nearby Hudson Crossing Park on the other side of the river in Saratoga Town.

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Health care scholarship

Since 1990, the Saratoga Hospital Volunteer Guild has offered scholarships to high school seniors in the Saratoga County area interested in pursuing a career in health care.

This year, the Guild is offering up to five \$2000 scholarships. Eligible students must be accepted into college for September of 2024, have at least a 3.0 GPA, and must complete an application by the deadline. In

prior years, the Volunteer Guild has looked for a documented record of community service, especially in a health care environment. Given reduced community involvement opportunities during the applicants' high school years, newly revised essay questions will focus on how the applicants' high school careers have been challenged, how students approached these challenges, and how such challenges played into their

decisions to enter the medical field.

The application deadline is March 31, 2024. Volunteer Guild Scholarship Chairperson Irma Somich will personally contact recipients upon the decision of the Scholarship Committee. Recipients will be formally announced and honored at the Guild Dinner in May, with details to follow.

Description, requirements, and application forms are available through local high school guidance offices and online at www.saratogahospital.org/classes/volunteering.

Historic Book Club to meet

Washington County Historical Society's Local History Book Club will meet from 12 PM until 1 PM on Friday, March 8, at the society's headquarters, 167 Broadway, Fort Edward. Historical society membership is not required.

Attendees are asked to read "An Introduction to Historic Resources in Washington County, N.Y.," published in 1976 by the Washington County Planning Board. Published during the country's bicentennial, survey teams selected photographs and maps to indicate important places and events in each town's history. The preface

was written by Sally Brillon, local historian now living in Hebron.

Each of the 17 towns in Washington County has a chapter with an old map of the town and interesting facts about the town's origins. Black-and-white photos show important buildings, some of which have significant architectural features and some of which are no longer standing.

The book club meets regularly on the second Friday of the month at 12 PM, usually at the Historical Society in Fort Edward. The April meeting is entitled "Don-

keys, Horses, and Mules, Oh My!" and will include discussion of the book "Saving Simon" by local author Jon Katz, as well as use of mules on the Champlain Canal, George Washington's role as Father of the Mule in this country, and the use of donkeys in farming.

Future sessions of the club will include books about the larger Adirondack area as well as works by local authors. Proposed topics include the temperance movement in our area, agricultural fairs in Washington County, and the county poorhouse. For additional information, email Connie Harris Farrington at connieandlee@roadrunner.com.

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More funding for schools

New York State United Teachers, local lawmakers and education officials held a roundtable discussion in Schuylerville Feb. 16 to discuss the impacts proposed Foundation Aid cuts would have on the district and the community.

Schuylerville stands to lose more than 17% of its Foundation Aid under the executive budget proposal, amounting to nearly 6% of last year's budget. "This presents a very challenging circumstance, and a very definitive and large gap for Schuylerville's 2024-25 budget," said Schuylerville Assistant Superintendent for Business Christine Burke. "The projected loss in Foundation Aid is a major change in revenue for the district."

"These cuts cannot go through," said NYSUT President Melinda Person. "There's a common thread that I've heard in every district I've met with, it's that we don't want to go backwards, we want to move forward.

To pull the rug out from districts who have done the right thing is unconscionable."

"We can't build a budget off the backs of students, their education and local taxpayers. The Governor's budget is slashing the hold harmless funding for the education of students across the state including \$2.18 million here in Schuylerville as well as cutting funding for every school in the 44th Senate District. That's totally unacceptable. It's clear there's bi-partisan agreement that the legislature will not let this stand," said Senator Jim Tedisco, Ranking Member of the Senate Education Committee.

Assemblywoman Carrie Woerner said, "The governor's school aid budget would shatter the finances of rural schools like the Schuylerville Central School District. Therefore, I'm committed to pushing for full funding and making sure our schools have the resources they need to be successful."



Sen. Jim Tedisco

"While we are facing an unprecedented loss in aid, our hope is for our legislators to hear our message and realize the major potential impact not restoring Foundation Aid will have," said Schuylerville Superintendent Gregg Barthelmas.

Lawmakers and NYSUT officials also toured classrooms and programs that could potentially be at risk if these cuts are not reversed, including Career and Technical Education programs, agriculture programs, woodworking, engineering, 3D printing classrooms and several others.

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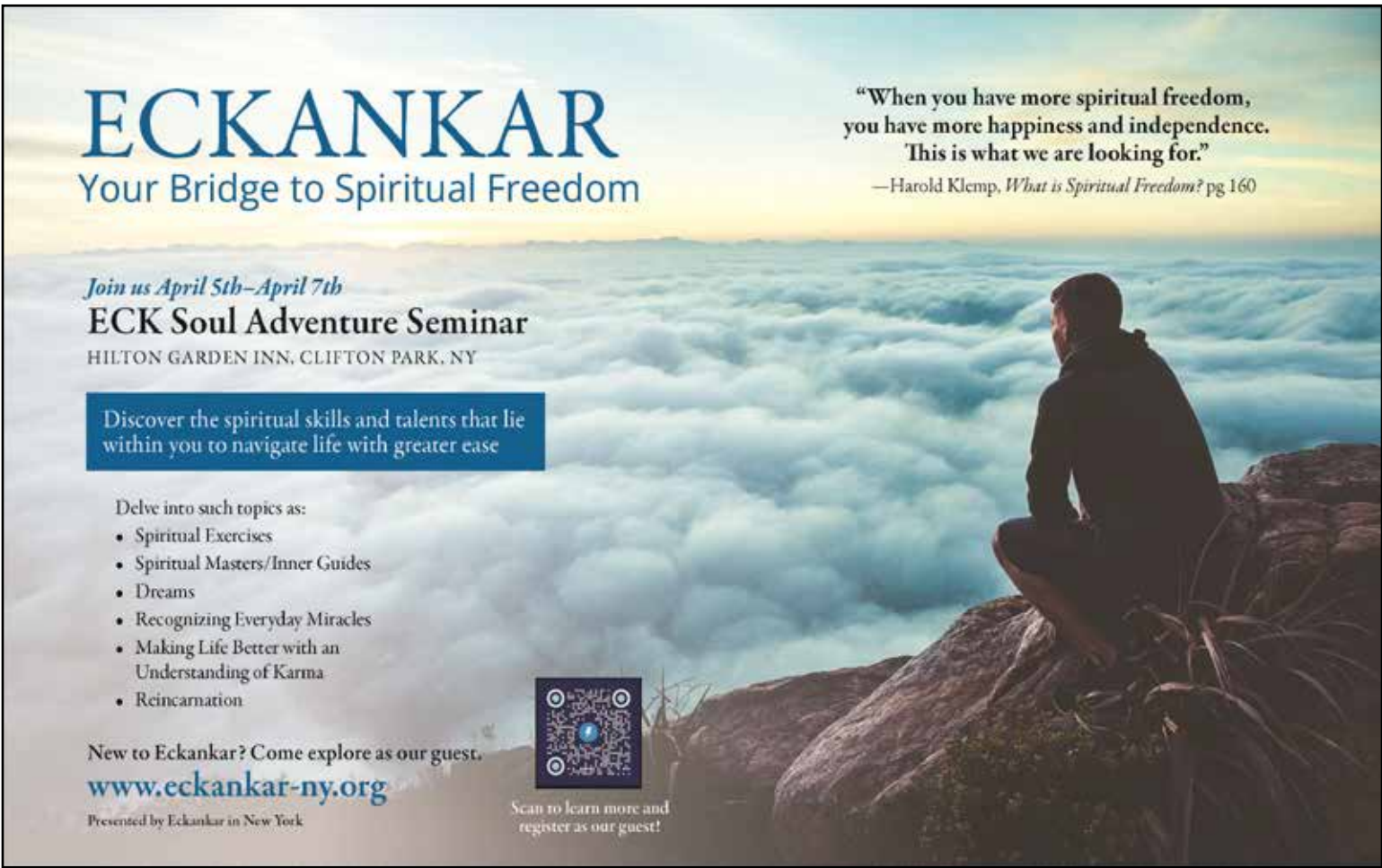
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—Harold Klemp, *What is Spiritual Freedom?* pg 160



Scan to learn more and register as our guest!

Martindale is down home on the farm

Darren Johnson
Journal & Press

I met up with Hebron-based local children's book author Dani Martindale at a Valentine's popup market Feb. 10 at Gather 103 in Greenwich and was impressed by the quality of her work on display. She was selling her hardcover, beautifully written and illustrated, professionally bound books and signing copies for those interested in a purchase. They are priced at \$20 each.

Martindale's books encourage young readers with bright illustrations, fun rhyming verse, and of course, cute farm animals.

"The Frisky Finn" series is ideal for kids ages 4-8 and features a dynamic horse character inspired by Martindale's real-life horse. Each book features a different life lesson for kids to learn. The first book, "Frisky Finn Meets His Match," helps kids understand that even if they don't win, they can gain something just as valuable. "Frisky Finn Makes a Friend," focuses on themes of diversity and bullying.

Martindale is 32 and a graduate of Queensbury High School and then Cazenovia College, earning a Bachelor of Professional Studies in Management with a Concentration in Equine Business Management. She's currently a digital marketing strategist and the Chief Operating Officer for Mannix Marketing.

Why focus on writing children's books? Martindale says, "Books shaped a large part of my childhood. In a world full of cell phones, tablets, and video games, I hope to encourage a future generation of readers."

What is next for Dani Martindale? A third children's book, "Yes, Molly Can," will be released in the Spring of 2024. This book features Molly, a three-legged German Shepherd, and helps encourage kids with disabilities to follow their dreams.

I followed up our brief meeting at the Gather 103 event with a Q&A. Here it is:

How did you discover your knack for children's writing?

My parents were big readers, so they got



me hooked early. In fourth grade I'd be reading things like "Call of the Wild." "Whatever my parents were reading, I wanted to read. That passion led to an interest in writing a story as great as the ones as I was reading. I'd spend hours writing stories in gel pen, of course!. I remember in fifth grade we had to do a presentation on our favorite author. I did it on myself. My classmates were quick to point out that I wasn't actually an author, but my teacher was very encouraging. In fact, I had lots of encouraging teachers over the years. I published my first poem in an Equestrian magazine in middle school at the urging of my English teacher at the time. In high school I took a creative writing class with Mrs. Prostko. She was a published poet and was just really fantastic at encouraging us to hone our writing skills. She had a huge influence on my writing career.

Over the years I wrote a lot of poems and short stories that only select few ever saw.

Eventually when I became an aunt, I grew interested in writing children's books. Reading had such a big impact on me growing up, and I wanted my nieces and nephews to have that same experience, which is tough in the age of cell phones and tablets. So I combined my love for animals with writing children's books, because what little kid doesn't love animals?

What are the steps in the process to publishing your books?

I self-published so I can only speak to that process. When you self-publish you are doing the legwork that a publishing company would traditionally do. You pay an editor to go through your manuscript so it is as polished as can be. After that you choose what company to publish with. There are several out there. Amazon's KDP and IngramSpark

Please read more on the next page

(cont.)

are the two most popular. I went with IngramSpark because it allows my books to be listed on multiple online retailers instead of just Amazon. Then for children's books you pay an illustrator and work with them to bring the visuals to life and format your book based on the specs given by your chosen company. You also have to purchase an ISBN number for each format of the book you plan on publishing, and deal with things like copyrighting your work. Another important step is marketing your book. This should happen well in advance of its release date, as well as after the book is released. This is where my marketing background certainly gives me an advantage.

How do you work with illustrators?

So, after selecting the illustrator, I send them the manuscript along with art directions for each page. Then the illustrator and I go back-and-forth via email. She will sketch out a spread and see what my thoughts are and once I approve, she adds color. After that I get a final look at the spread and approve it. The process typically takes several months from start to finish.

Do you do public readings to children? How do those turn out.

Because of my busy schedule I haven't had the opportunity to do public readings yet, but I do have some on the books for this year. My first one is in March, to a group of 500 students in grades K through second grade at Queensbury Elementary School. I am excited to spread the love of reading and maybe even encourage some future authors.

What was your first book and what was the reaction?

My first book was "Frisky Finn Meets His Match." It is a story where the main character, Frisky Finn, thinks he is the fastest animal on the farm and sets out to prove it by racing different animals. In the end, Frisky Finn learns that sometimes you don't have to win to gain something valuable. It is a great book for young kids, who struggle with

the concept of losing. It also is great for teaching kids to recognize different animals.

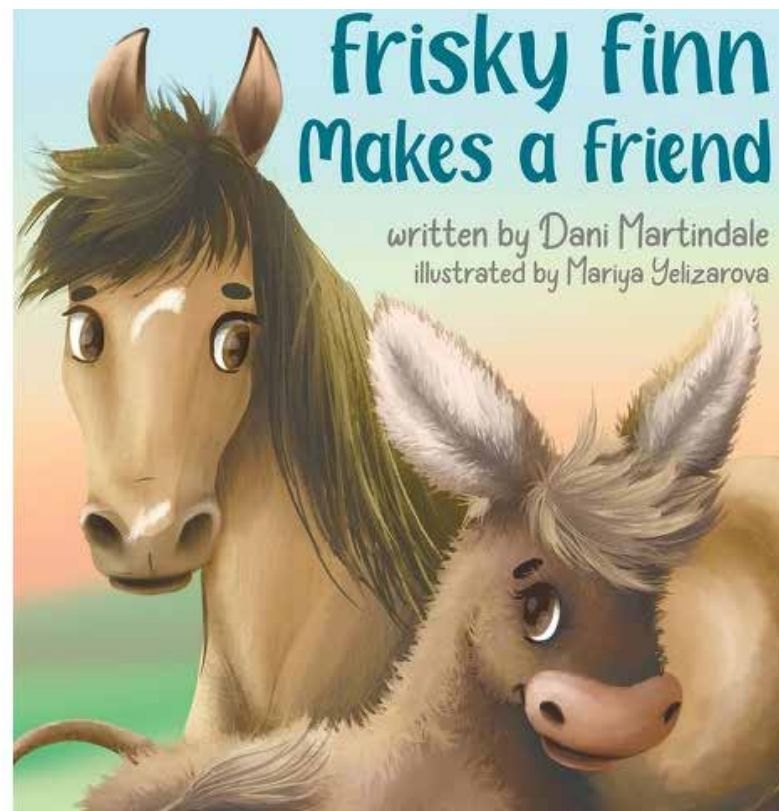
The first book had a great reaction. The first thing people notice are the beautiful illustrations. This is why finding the right illustrator is so important. Then they fall in love with the cute rhymes and the lesson learned at the end of the story. I have had several kids tell me it is now their favorite book, which is just the best reaction I could hope for.

When did you decide to write a second book?

I actually had the second book written before I ever published the first. I wrote the books and then had some serious self-doubt about whether they were good enough to publish. My husband wound up convincing me to give it a shot, and I am so glad that he did. So, after seeing the reaction from the first book, I got to work with the same illustrator to publish the second.

A lot of people think writing children's books is easy, but the good books actually require a lot of thought and planning. Tell us about that.

You are so right. On the surface it does seem easier because there are far less words in a children's book than in a novel. But it is just as hard, only the challenges are just different. First, you have to say what you want in roughly 200-500 words. This sounds easy but trust me, it is not. There's often a lot of trimming down stories and cutting out unnecessary words. Then, speaking of words, you have to use words that are age appropriate for your audience, and that they can understand. I also decided to rhyme my children's books, which brings a whole new level of complexity into the mix. You also have to consider what lines go on what pages, and break them up in a way that encourages kids to continue to the next page.



What advice would you give to people who would like to write and publish children's books?

My advice is to read a lot of children's books and also do research into what the standards are. There is a ton of free information out there for those who choose to look. Also, I highly recommend surrounding yourself with other children's book authors. I joined the Society for Children's Book Writers and Illustrators, and it was one of the best decisions I made. And lastly, enjoy the journey! It is not an easy one, but it is so worth it to see the look on a kid's face when they enjoy your book.

Anything else you'd like to add?

My next book, "Yes, Molly Can," will be out Spring 2024. The book is based on our real life three-legged German Shepherd, and encourages kids with disabilities to follow their dreams.

Martindale can be seen with the real life Frisky Finn in tow visiting local events and schools, promoting the love of reading. Interested in learning more about the school visit programs Martindale offers? Visit her website at danimartindalebooks.com.

THROUGH THE DECADES

Ordering him to be a family man

Here's our regular look at articles the appeared in The Journal from decades past...

100 Years Ago

March 12, 1924

Henry Dorance of Fort Miller, formerly of this vicinity, got in trouble with authorities because of his fondness for beverages with a kick. On the complaint of his wife, he was arrested Saturday night by a Fort Edward officer. It was charged that he failed to provide for his wife and nine children.

Arraigned before Justice of the Peace, Willard Robinson in Fort Edward on Monday, Dorance admitted that he had been in the habit of securing quantities of lemon extract and drinking it. When intoxicated, he would spend his time in bed and neglect his job at the Fort Edward paper mill, leaving his family to shift for themselves.

District Attorney Bascom was in court and reminded Dorance that in 1917, he had been charged with abandoning his family, and had been saved from a prison term because the authorities accepted his promise to provide for his family.

It was finally decided to give the man another chance, and Justice Robinson imposed a sentence of six months in Salem Jail, which sentence shall be suspended, as long as Dorance pays his wife \$15 from his wages each Tuesday night.

90 Years Ago

March 14, 1934

Several business men in this village, a greater number in Salem and a group in Saratoga Springs, were sold about ten days ago on a plan to broadcast a "community program" weekly from Station WGLC, Hudson Falls, in which local speakers were to orate for local musicians to dispense harmony interspersed with advertisements and announcements of the parties who agreed to "sponsor" the programs to the tune of eight dollars each. It appears that last Friday, one of the Salem men tuned in to get the program at the hour he had understood it was to be given. He did not get it, and telephoned the station.

He was told that WGLC did not know anything about such a program.

Saturday, the story was given publicity in newspapers, and Saturday evening, Ralph E. Wakeman, 48, who gave his address as Claremont, N.H., was arrested in Troy as he was talking to a merchant in an endeavor to interest him in a plan to sponsor a "prosperity hour" he claimed to be arranging to be broadcast over WHAZ, the Rensselaer Polytechnic Institute radio station. Wakeman was taken to Saratoga Springs, where he was arraigned in city court on the charge of receiving money under false pretenses.

F

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DORNELLA
S H E T L A N D
T Y P E
A L L - W O O L
E N S E M B L E S



The last word in dash and swank, this ensemble, exclusive with Fears in Troy. The new stitched panel on both the coat and suit adds a note of elegance and chic, and gives it an individually unmatched this season. 3-button Suit, \$35.00; Matching Coat, \$35.00.

Fears Fashion Floor
The Second

Ads on this page are from 80 years ago.

80 Years Ago

March 15, 1944

The fear and worry experienced by Mr. and Mrs. Frank Roberson and their friends when they received a telegram from the War Department on March 3rd, telling that their son, Cpl. William G. Roberson of the marines, was injured in action, which has been much alleviated this week by a letter from Corporal Roberson himself, written from a base hospital. Bill's injuries were evidently not too serious, and he writes in a very cheerful vein. His letter follows:

Dear Folks,

It has been quite some time since you have heard from me, so I imagine you have been wondering how I am. We left where we were last month and went quite a ways out. I did

Please read more on the next page

WANTED

Girls experienced on all kinds of sewing machines. Steady work.

Learners Are Now Accepted

Come to see us. We have good opportunities and offer good pay.

Apply at Mill Office

We work from 7:30 to 4:30 -- 40-hour week and 8 hours overtime—Time and a half

The Greenwich Company

Mill Hollow, Greenwich

Phone 158

THROUGH THE DECADES

The last snow day of the year

not stay there very long and am back here again. I wrote you one very short letter from down there and hope you received it. I did not have much time to write, as we were all pretty busy down there.

I am in the hospital back here, as you will know by my new address. There is nothing very serious wrong with me, and I will enjoy a good rest. I am up and around all the time. It is nice here and the food is very good, much better than what we had down there.

I hope you all have been well and everything is going all right. I have not had any mail since last month, but do not expect any soon, as I moved around so much. Someday I will probably get a large stack at once. Will have to close now, as there is not much more to say.

Love to all,
Bill

60 Years Ago

March 5, 1964

The women's committee of the Washington county Farm Bureau is sponsoring a bus tour to the International Flower Show in New York City as a service for its members and their friends. The one day tour will take place on Wednesday, March 11.

The 1964 theme of show is World's Fair of Flowers, and will be held in the coliseum. More than 1,000,000 rare and familiar flowers and plants from all parts of the world will be featured. There will also be many landscape gardens and special exhibits, including a 900-foot daffodil garden, a New Orleans garden at Christmas, a woodland scene using plant material native New York state and plantings typical of Great Britain, The Netherlands, Japan, and California.

40 Years Ago

March 15, 1984

The look of Kelly Kirk's face says it all for this Wednesday morning. Mrs. Kirk, of Hill Street, was persuaded to stop and pose long enough for a photo while she was in the midst of shoveling her car out Wednesday. We knew an abundance of snow was expected, but the 19-24 inches of snow found around Greenwich was a little more than expected. It was amazing the number of school age children that could be found outside as early as 7:00 a.m. enjoying the probable last snow day

Join us at  **DELI** 692-7400

...for **Lunch** serving our huge "deli" sandwiches, homemade soups and our own desserts.
...for **Dinner**

THURSDAY
Hot Turkey Sandwich

FRIDAY
Fettucini Alfredo or
Alfredo w/Chicken or Shrimp


Mon.-Wed. 10 A.M.-3 P.M. Thurs. til 8 P.M. Fri. til 9 P.M.

Sunday Morning Country Breakfast
8 a.m. 'til Noon




59 Main St., **Eat at Steve's** Greenwich
Corned Beef 'n' Cabbage

Mon.-Fri. 6 a.m.-2 p.m. Thursday, March 17 Sat. & Sun. 6 a.m. til 7

 **MANE STREET FAMILY HAIR CARE**
Color and TANNING Cut
Perms Roller Sets
20% OFF Products
Greenwich 692-2079

Booksmith at Livery Square
Opening March 14, 1994

 Hours: Monday — Saturday 9:30-5:00
Sunday Noon-5:00
Closed on Wednesday

Livery Square Shoppes 2 Washington Square
Greenwich 692-2034

'POPS' Concert/Celebrity Auction
presents Standing Room Only

Friday & Saturday
March 18 & 19 at 7 p.m.
Come Early and Browse
Coffee or Soda and Homemade Pie served
Reservations Only

Donation: Adults - \$5; Seniors & Under 12 - \$4
2-Night Special: Adults - \$7; Seniors & Under 12 - \$5
Benefit: Music Department, Greenwich Central School

of the school year and helping neighborhood working adults free their cars from the snow, so that they could get to their jobs.

—Compiled by Kaylee Johnson

 **Wallie's** of Greenwich

March Specials

Wed.—Sat. 10 oz. Sirloin Steak \$10.95
10 oz. Sirloin Steak w/Lobster Tail \$12.95

These are complete Dinners & are served all evening

Friday Happy Hour beginning Friday March 1 thru
Free Hors d'oeuvres & Reduced Drink Prices at bar 4 p.m.-7 p.m.

Also Early Bird Specials
On Sundays 12-4, also Wed.-Sat. 4-6
Only \$7.95
Complete Dinners Soup to Dessert
6 Choices Every Day

Take-Out Available
692-7823

Ads on this page are from 30 years ago.

Ancient wisdom for modern times

MaryAnne Brown
Journal & Press

Have you ever let your mind wander into thoughts and spaces and then wonder how you ever arrived? This happens to me now and again and recently, I have been thinking about the quote from Micah 6:8 - “to do justice and to love kindness and to walk humbly with your God.” Stay with me, now. I promise that I am not lapsing into some kind of sermon. I merely want to share some thoughts about this ancient wisdom.

As I read more about the prophet, Micah, I learned that he was a local artisan or perhaps a herdsman or farmer whose profound care for the poor was ever-present in his role of service. I think he would find the farmland and rural living in this region quite to his liking. The word “Micah” actually means, “Who is like God/Jehovah?” Apparently this became his constant question everywhere he went. He would ask “Who is like God? Who is like God?” until people began to call him this. What would I ever say to someone asking me that question on Main Street in Greenwich?

As a biblical prophet, Micah was fiercely committed to the community of Judah and intensely concerned with the current events that affected the moral and spiritual lives of his people. He challenged the people of his time who thought that their God could be appeased by proper conduct and a fitting, exceptional sacrifice. I once thought that I was doing well to pray, pay and obey, but over the years, I have come to realize that truly living an ethical, selfless, good life, takes continual reflection and attentiveness to healthy growth.

The quote from Micah is a rather fine summary of how all of us are to live an honorable life but to do so leaves us with a number of questions:

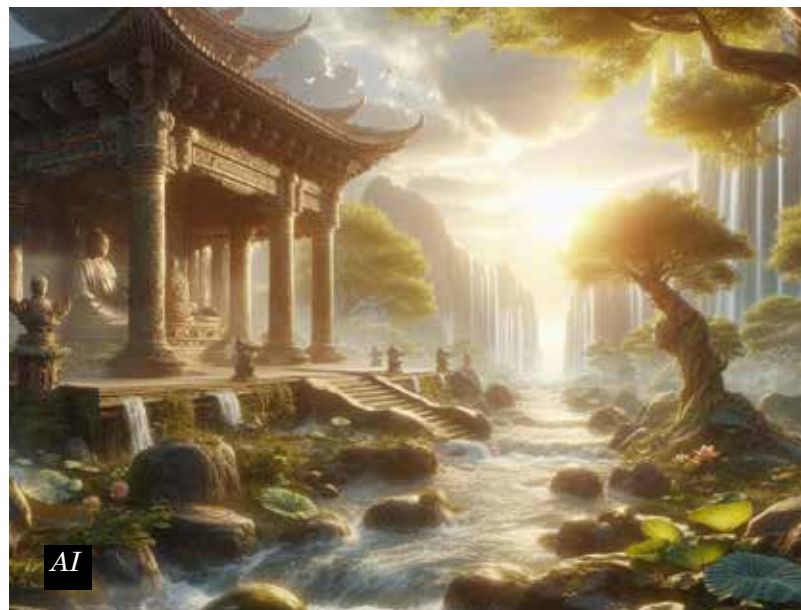
- If I am “To do justice” am I fair in how I honor my family, work, and community commitments, in how I earn and spend my money, in how I consume

the earth’s resources?

- If I am “To love kindness” do I respect and honor my family, friends, and strangers? How will I curb my busy nature? How can I influence my community in a clearly positive way?
- If I am “To walk humbly with my God” what steps do I take to develop a healthy spirituality.

The influences of the world are relentless, and we are all too often charmed by its flashy attractions and irreverent spirit. How easy it is to be caught up in what is “cool” and seemingly smart. If one takes spirituality and/or faith in God seriously, there is less risk of slipping into the idolatries that follow when one neglects the message of Micah. As we seek simplicity of heart, we will become more compassionate toward those who are suffering and more willing to extend our love and support.

One can sense the love in a home, the atmosphere in a workplace, the warmth of a village, the sincerity of a faith community, by the honor conveyed to the people within these settings. The caring response of our Greenwich community to those in crisis is remarkable and never-ending. As I witness this village in action, I believe that many people have already caught on to Micah’s wisdom. Our spiritual nature helps us open our hearts to the importance of each person. Then our honor,



respect and kindness streams forth and we change our corner of the world.

“That your love be gentle and your lives be just and humbly walk along with me.”

MaryAnne Brown, RN, BSN, MA is a music minister at St. Joseph’s Church and has a special interest in spirituality and health. She serves on the Retreat Team at Dominican Retreat and Conference Center in Niskayuna and provides grantwriting services.



Seeking director

The Board of Trustees of Bancroft Public Library, Salem, New York, announced its search to fill the position of Library Director. Using the following URL, interested parties should sub-

mit a resume and letter of interest by March 22, 2024: <https://www.bancroftlibrary.org/news/bancroft-public-library-seeks-new-director-2>.

News from local churches

Roman Catholic Churches

Mass at Holy Cross Catholic Church on Sunday is at 8:15 AM; at St. Patrick's at 11:30 AM and offers the 'Children's Liturgy of the Word'; and at Immaculate Conception in Hoosick Falls on Saturday at 4 PM and Sunday at 10 AM. Holy Cross offers a coffee and fellowship after Mass on the 1st Sunday of the month to which all are invited. Raffle tickets for the corned beef dinner are still available after Mass. (The corned beef was donated by Yushak's). Proceeds help Holy Cross's finances. Please remember the rice bowls during Lent. St. Patrick's invites all to pray the Stations at 5 PM on Fridays and will hold a St. Patrick's Day Dinner on Sunday, March 17 after the 11:30 Mass.

The next Salem Lenten luncheon is February 29 at Salem Fellowship, then March 7 at Hebron United, the 14th at Holy Cross, and the 21 at Salem Methodist. Cambridge area church luncheons will be held on Tuesdays at 11:30 and Hoosick Falls on Wednesdays. Immaculate Conception has Lenten Fish Frys on Fridays at 5-7, St. Patrick's from 4:30 - 7. Immaculate Conception has Friday free luncheons at 11:30.

Reconciliation Services will be held March 2 at 2 PM at Immaculate Conception, the 10th at 2 PM at Holy Cross, and the 12 at 6:30 PM at St. Patrick's.

CDA of America Court 396 of the Battenkill Cluster will meet on Thursday, March 7 at 6 PM at St. Joseph's Parish House in Greenwich. New members are always welcome. For more information, please call Regent Lois Patrick (518 920 4672).

Battenkill Lifelong Faith Website: A Different Kind of Fast explores different types of fasting other than giving up food. More details can be found on the lifelong faith website which also contains Lenten prayer resources.

The Salem food pantry is especially in need of tuna fish, coffee, cereal, pancake mix and oil. The Cambridge Food Panty is in need of boxed cereal, oatmeal, tuna, chicken soup and jam or jelly.

Coila Church

Join Coila Church for a four-Sunday event in March where you will hear from three speakers as they share their personal journeys: "The Heart of Anxiety," Dan Davala, (March 3rd); "My Journey with Depression," Luke Olson (March 10th); and "Freedom from Addiction," Peter Bailey (March 17th). There will be a panel discussion for the final Sunday (March 24th). Time: 6:30-7:30PM. Location is at Coila Church (93 State Route 372, Cambridge, NY 12816). A time of refreshments will be provided after each session. For more information, call 518-677-8101.

Bottskill and Lakeville Baptist Churches

All are welcome to the Bottskill Baptist Church Sunday Ser-

vice starting at 9:15 and the Lakeville Baptist Church starting at 11:00. You are invited to join us as we celebrate our Christian faith led by Pastor Lydia Widbin. Sunday School Classes will be held at the Bottskill Church during the morning service. The Lakeville Church is located at 625 Co Rte 49, Cossayuna, NY and Bottskill's location is at 26 Church Street in Greenwich.

During March, retired international music teacher and church family member, Susan Barbur will be leading the Sunday School with a special Drumming and Worship Series. Kids will learn how drums are used in worship services around the world and in different cultures. Anyone is welcome to attend the two Bible Study Classes hosted at the Bottskill Church. A Bible Study, led by Steve Morse, will be held on Saturday, March 9 and 23. Also, on every Tuesday morning at 10:30 Pastor Lydia will be leading a Bible Study discussion.

The next Bottskill Men's Group Coffee Hour is scheduled for March 2 at 9:00AM.

Palm Sunday Service on March 24 will include a Special Worship Service and a Palm Sunday Brunch following in the Fellowship Hall.

On March 28th at 6:30 a special Maundy Thursday Service will be held at Bottskill entitled "A Place at the Table" a last Supper and Presentation Program. Easter services will be March 31st

Hebron United Presbyterian Church

The Hebron United Presbyterian Church is offering our eighth Free Community Dinner, Tuesday, March 12th. Mark your calendars for this scrumptious international dinner at the historic East Hebron church facility, 6559 State Route 22. Come alone, bring a friend, get the family, bring the kids. We have a delicious sit-down dinner and dessert between 4:00 and 6:00 PM. Some dishes are plant based and others include meat. Fresh veggies, g-f cornbread, desserts, fresh fruit, and apple cider are on the menu. Meet your rural neighbors and learn about programs at our church and other community programs in the area. Come as you are; no need to bring anything. Our facility is handicapped accessible. Snow date is Wednesday March 13th. Carpool if possible, as we have limited parking space. We look forward to eating with you!

Besides Free Community Dinners, our church currently hosts several community programs: Tuesdays – We Recover Together – recovery coaching and peer support groups for individuals and families struggling with addiction; Hebron Preservation Society programs and meetings; Puppet Club, and Story Time, Osteobusters, and bible study groups. To learn more or to help with any of these programs, contact Rev. Bill Crawford 518-854-3729.

Have a local church announcement? Send it to editor@journalandpress.com.

The indigenous who lived here

The Greenwich Easton Historical Association will hold its Annual Meeting Sunday March 10, 2024 at 2:00 PM in the community room of the Greenwich Free Library located at 148 Main Street (at the corner of Academy and Main Streets) in Greenwich, NY. Doors will open to the public at 1:45 PM. Beginning at 2:00 PM there will be a brief business meeting followed by an engaging, informative, and entertaining program entitled “First Nations, The History and Traditions of the Indigenous People of the Greenwich-Easton Area”.

This will be presented by Dr. Joseph Bruchac, Storyteller & Executive Director of the Ndakinna Education Center in Greenfield Center, NY.

Dr. Bruchac was raised in Greenfield Center by his maternal grandparents. He received his BA from Cornell University, Masters from Syracuse University and a PhD in Comparative Literature from Union Institute and is a citizen of the Nulhegan Band of the Coosuk Abenaki Nation.

Named 2023-2025 Poet Laureate of Saratoga Springs, NY, he is a prolific poet and author with over 180 books published. He is the founder of the Greenfield Review Press which has published over 150 contemporary books and anthologies giving voice to the otherwise voiceless and marginalized.

There is no charge for this program. It is open to the public. Donations will be accepted.



Greenwich Central School District

It's time to enroll your child in PreK and Kindergarten!

Pre-register online at www.greenwichcsd.org, the [pre-registration](#) link.

Please contact Tracy Dennis at 518-692-9542 Ext. 6100 or tdennis@greenwichcsd.org for PreK information.

PreK Enrollment

- ★ Eligible students turn four years old on or before December 1st
- ★ Limited to 40 in-district students - 20 per classroom
- ★ Lottery to occur if enrollment surpasses 40 students
- ★ Screening of all students will occur in June

Kindergarten Enrollment

- ★ Eligible students turn five years old on or before December 1st
- ★ Unlimited enrollment
- ★ Students attending Greenwich PreK will be automatically enrolled in Kindergarten
- ★ Students *not* attending Greenwich PreK need to pre-register online
- ★ Ready, Set, Kindergarten to be held in April
- ★ Ready, Set, PreK to be held in May
- ★ Screening of new students will occur in May

34th Annual Greenwich FFA Farm Toy Show and Auction

Saturday, March 23, 2024
Toy Show 9am – 2pm
HUGE Toy Auction 2pm

Hosted by Greenwich FFA
Greenwich High School
10 Gray Ave, Greenwich NY



Admission \$5
Kids under 5 free

FREE Children's Pedal
Tractor Pull and Drag
Races at 12 noon

Check out the auction list on our facebook page!
“Greenwich Ag Ed and FFA”



stephanie woodard
REAL ESTATE

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REALTY



I just wanted to take a minute to introduce myself! I was born and raised in Easton, graduated from Greenwich CSD in 2002 and built a home on a piece of my family's property here in Easton! I have two sons who are in 2nd and 4th grade at Greenwich. My husband and I have owned a successful plumbing & contracting company for the last 11 years. I am also Secretary of the Greater Greenwich Chamber of Commerce Board of Directors. In my spare time I enjoy spending time with my family, skiing, reading and playing with our two Boston terriers! When it comes to Real Estate, it's vital to have an agent you trust, who cares about you and knows your community. Whenever you're ready, give me a call! I would love to get to know you!



SCAN ME

Why Work With Me?

- I specialize in helping sellers get their home ready to sell with the help of my contracting company through our "Spruce Up & Sell" program. You will also have access to expert knowledge of home improvement from a contractor, licensed home & building inspector.
- I hold 3 specialized credentials where I took additional education beyond becoming a REALTOR®. I am a certified Military Relocation Professional (MRP), a Seniors Real Estate Specialist (SRES) & I hold The Graduate REALTOR® Institute designation.
- I believe my background in education (former middle/high school science teacher) equips me with the proper skills to walk my clients through the selling process.

I hope you have learned a bit about me and what fuels me to continue to represent my clients in the best possible manner. I am dedicated to educating my clients throughout the entire real estate process. I would love the opportunity to get to know you and your real estate needs. If you have any questions about the real estate market or your neighborhood, I would love the opportunity to be a great resource for you!

Warm Regards,



Stephanie Woodard



Maple tree tapping ceremony

New York's maple season is fast approaching! Some producers have already gotten started and performed a few early-season boils! To celebrate the season NYS Commissioner of Agriculture Richard Ball will be attending a ceremonial tree tapping on Friday, March 8th at 10:00 A.M. This year's ceremony will take place at Hop City Maple located at 340 Hop City Road in Ballston Spa. This annual event is hosted by the Upper Hudson Maple Producers Association (UHMPA).

Fellow sugar makers and any who are interested are invited to attend. Several local dignitaries and Ballston Spa area farmers will be in attendance. Following the ceremony, Hop City Maple will be offering maple apple pie to attendees courtesy of Mourningkill Bake Shop.

"We are excited to host the Commissioner for the tapping ceremony and looking for-

ward to the upcoming maple season," said Hop City Maple co-owner Emilia Medick.

Owned and operated by John and Emilia Medick, Hop City Maple is an up-and-coming sugarhouse that has transformed from a backyard hobby into a fully-fledged maple business. After starting in 2013 with just a few tapped trees and syrup that was boiled over an open pan, the Medicks have steadily grown Hop City Maple which now has around 750 taps and produces several grades of maple syrup, maple cream, maple candies, and maple sugar. Hop City Maple was recently designated as a NY Grown & Certified producer.

This year's New York State Maple Weekends are March 16-17 and 23-24. During these weekends maple producers will be opening their sugarhouses for tours, tastings, demonstrations and more. To find a participating sugarhouse from the Upper

Hudson region, visit the UHMPA website at www.upperhudsonmaple.com.

About the Upper Hudson Maple Producers Association: The Upper Hudson Maple Producers Association is a trade organization representing over 60 maple producers, including sugaring operations ranging from less than 100 taps to over 10,000. The group works together to raise consumer awareness of pure maple syrup made in the Upper Hudson Region – Columbia, Fulton, Hamilton, Montgomery, Rensselaer, Saratoga, Warren, and Washington counties.



The Chamber of Commerce
for Washington County



Greenwich Chamber

Dedicated to the economic vitality
of our region through resources,
advocacy, and support for member
businesses and organizations.

Join Us!

greenwichchamber.org/join

6 Academy Street, Greenwich, NY 12834
518.692.7979 | info@greenwichchamber.org

American Red Cross

Give blood. Help save lives.



**Blood Drive
Salem FD**

53 S Main Street, Salem, NY 12865
Conference

**Wednesday, March 13, 2024
12:00 p.m. to 5:00 p.m.**

To schedule an appointment, please contact 1-800-RED CROSS or visit redcrossblood.org and use sponsor code: SALEMNYFD



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Fort Salem debuts with ‘Agnes of God’

Fort Salem Theater is ready for the kickoff of its highly anticipated 2024 season with the gripping drama “Agnes of God” written by John Pielmeier. Scheduled to run from March 1 to March 10, 2024, this production promises an intimate and immersive in-the-round experience in the Cabaret Room, setting the stage for a thought-provoking and captivating theatrical journey.

Directed by Fort Salem’s Artistic and Executive Director Kyle West, the play revolves around court-appointed psychiatrist Dr. Martha Livingstone, portrayed by the remarkable Emmy Award winner, Benita Zahn. Joining her on stage are accomplished actress Siri Allison as Mother Miriam Ruth and the exceptionally talented Dorothy Slim Van Pelt in the role of Agnes. The play debuted on stage at the Eugene O’Neill Theater Center in 1979, but is perhaps best known as the Golden Globe winning film, which featured Jane Fonda, Anne Bancroft and Meg Tilly.

“We are delighted to launch our 2024 season with this moving play on our cabaret stage,” shared Kyle West. “This space was originally the chapel built in 1882 and still has its original stained glass windows, providing a perfect backdrop for this drama. The incredible 3-woman cast is also a match made in heaven, pun intended, for this thought-provoking production.”

“Agnes of God” unfolds as Dr. Martha Livingstone is summoned to a convent to assess the sanity of young postulant Sister Agnes, who is accused of murdering her newborn. Mother Miriam Ruth determinedly keeps young Agnes from the doctor, further arousing Livingstone’s suspicions and leading to a re-examination of faith and the power of love. The play builds to a dramatic and compelling climax, exploring profound questions about life and belief.

In the role of Dr. Martha Livingstone, Benita Zahn brings not only her Emmy-Award winning talent, but also over four decades of news anchoring (WNYT) and professional acting. A certified health and

wellness coach, Benita has recently transitioned her career, making guest appearances in theater, film, and TV, including a recent role in “The Marvelous Mrs. Maisel” on Amazon Prime. A proud member of Actors Equity Association, Benita’s diverse theatrical background includes performances with Park Playhouse, Capital Repertory Theater, and various independent films. At Fort Salem Theater, she has appeared in “Steel Magnolias,” “They’re Playing Our Song,” and “Getting My Act Together and Taking it on the Road.” She is also well known for her performances with the “The Singing Anchors.”

Playing Mother Miriam Ruth, Siri Allison, a Salem resident, started her acting journey at the age of 12. With a notable career in New York City, Siri joined two repertory companies in the 1980s and performed off-Broadway in productions like “The Second Man,” “Honor Bright,” “Tartuffe,” and “Romeo and Juliet.” Locally, Siri is a member of the Story Circle of the Capital District, and her extensive repertoire includes performances with Hubbard Hall, The Footlighters, and the annual touring group “Whispering Bones.” At Fort Salem Theater, she has appeared in “The Savannah Disputation” (Margaret), “Grease” (Miss Lynch), and “Footloose” (Betty Blast), and recently assistant directed “A Midsummer Night’s Dream.”

Starring as Agnes is Dorothy Slim Van Pelt, who made her stage debut only 2 years ago as the title character in Fort Salem Theater’s “The Diary of Anne Frank.” For her performance, Nippertown Magazine raved, “You could not want more from someone playing Anne than Dorothy Slim Van Pelt. The theater and this production



Benita Zahn, Siri Allison and Dorothy Slim Van Pelt

are blessed by her presence.” Dorothy is a senior at Greenwich High School, applying to the top theater schools in the country to pursue her craft. She was also recently seen in Fort Salem Theater’s “Steel Magnolias” (Annelle) and “A Midsummer Night’s Dream” (Hermia). Her other stage work includes “Twelfth Night” (Antonio), and a script she co-created and performed that advocated for Social Justice among climate change and the BLM movement. Dorothy spent two semesters studying Meisner and Stanislavski techniques for monologuing at the Saratoga Performing Arts Center School of the Arts.

Joining the aforementioned Kyle West as director are Fort Salem Theater Artistic Associates Courtne Harrington and John Norine Jr. as Production Stage Manager and Technical Director, respectively. Julia Steidle serves as Assistant Stage Manager and Jared West as Vocal Director.

Tickets for “Agnes of God” are currently on sale at www.FortSalem.com. However, due to the intimate in-the-round setting in Fort Salem Theater’s Cabaret Room, seating is limited. Don’t miss the chance to witness this powerful and thought-provoking production.

Parks, quiz shows, McCarthyism, airplanes and other things

Michael Levy
Journal & Press

Random thoughts come sometimes at a furious pace. One looks for patterns as the mind fills with seemingly unrelated trivia, facts, and reflections. This is why everyone should avoid reading the archives of the 180-year-old Greenwich Journal and Salem Press found online at nyshistoricnewspapers.org. Ignore my advice at your own risk. I descended down this rabbit hole, not sure what I was looking for. There is an old saying that “if you don’t know where you are going, you will end up someplace else.” This is where I ended up. But let me share a few of my “discoveries” in this column. Perhaps a few will be incorporated in future editions of this column?

Crime

On March 1, 1942, a body was discovered crammed into a nailed shut box, under a pile of mattresses, in the shed of a dilapidated cottage three miles north of West Hebron. The building had not been occupied for two years. The new tenant, annoyed with the smell coming from the shed, removed the box to the lawn. After several days, he pulled its lid and found inside the remains of Charles Barrett, age 55. Barrett was identified by a gold-plated ring that he usually wore. Barrett’s skull had been crushed and his six-foot body had been folded into the box, which was thirty-

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one inches long, eighteen inches wide, and twenty inches deep. Barrett had lived in 1939 at the house with George Hall and his daughter, Mrs. Beulah Shaler. At the end of May, a Grand Jury ruled that Hall, who was eighty-six at the time, had killed Barrett “after a long period of ill feeling” between the two. Hall had died previously however, long before the body was found.

Frank L. Sprenz managed to get his name on the FBI’s 10 most wanted list after he broke out of a jail in Akron OH in 1958. He was dubbed “The Flying Bank Robber,” and J. Edgar Hoover himself is said to have taken a personal interest in his capture. “Using a variety of aliases, stealing more than two dozen cars, and crisscrossing the country, Sprenz proved elusive,” the FBI said. “At one point, he traveled to Washington state, where he took flying lessons using the proceeds from one of his thefts.” The robberies continued with a similar pattern. He would steal a car, rob a bank, drive to an airport, steal a plane, then fly to a distant city.

On February 13, 1959, Sprenz stole an airplane in Scranton PA and flew in it to Burlington VT where he crashed the next day. Unscathed, he went on foot where he visited a used car dealer and obtained a vehicle for a test drive. His test drive took him all the way to Salem there after he parked the car. He attempted to engage a taxi to take

him to Arlington VT to catch a bus to Boston. The stolen car from Vermont was reported to local Patrolman Clyde Gillis who called the State Police, who in turn called the FBI, who initiated an extensive search in the Salem area.

Sprenz eventually decided to make a break for Cuba in another stolen plane. He was spotted near the border in Texas before jumping the border into Mexico. “Sprenz had refueled and was taking off for Cuba when fate intervened, and he was ultimately apprehended by the FBI. “A cow stepped in front of his plane, causing him to swerve and hit a tree,” the FBI said. He was sent to Alcatraz at some point afterwards. He was paroled in 1970 but later returned to his life of crime, and, ultimately, died in prison.

Greenwich Parks

Baptist Park became Memorial Park on May 30, 1946, during Memorial Day activities. Located across Church Street from the Bottskill Baptist Church in Greenwich, the park was formally presented to the village on that day by the trustees of the church. The park was dedicated as a memorial to veterans of the Second World War. The deed to the village was said to be specific that the park might contain ONLY a flagpole. If any building, monument, benches, shrubbery, or any other artificial creation other than the flagpole gets added to the park, its

ownership is supposed to revert to the church. Presumably, the Bottskill Church folks have not seen the benches that are currently installed in the park!

Halloween evening, 1974 - A crowd of about two hundred young people massed in Mowry Park in Greenwich and began pelting vehicles with vegetables, eggs, stones, and bricks. Five cars were damaged including the village police car. A tire was rolled out onto the street and set afire. The sheriff and state police were called to the scene. A large number of young people marched up Church Street to Memorial Park, where the flagpole was snapped off its base. Another group headed up to the Greenwich Central School and went after the school’s guards who were inside a van. The youngsters began rocking the van and threatening to overturn it. Then someone spread manure from a plastic bag inside and outside of the van. The guards had already been attacked with vegetables and bricks. The aftermath - a Trooper was knocked down and suffered a dislocated shoulder. A sheriff’s deputy was knocked down and kicked, suffering broken ribs and multiple contusions. Four of the youngsters were arrested for disorderly conduct and for resisting arrest. All were held in jail until someone posted bond for them.

Local airplane crashes

On May 30, 1953, more than

Please read more on the next page

RANDOM THOUGHTS

(cont.)

one thousand people were drawn to Schuylerville to see a plane which had crashed in the Hudson River just below the Easton-Schuylerville bridge on Route 29. The plane which has been observed flying low over Fort Edward southward, contacted a high-tension wire next to the bridge. Struck with 34,500 volts of electricity the plane which had carried the two men from Schenectady, plunged thirty feet into the river. Schuylerville was without power for hours the plane was after a couple of hours dragged to the eastern bank of the river from it the bodies of the two men aboard were removed. They had been electrocuted.

On June 4, 1957, a gypsy moth spray plane was attempting to land at the O.K. Butcher Farm in Shushan when the engine stopped. The airplane lost its wings when it flew through the tops of the trees located at the edge of the field. It then nosedived into the ground. The pilot survived with just a cut to his nose.

Odd Trivia for those who are into the obscure:

In Eagle Bridge, a two-headed Holstein calf was born in 1952 but only lived 48 hours.

On June 18, 1956, sodium fluoride treatments were first offered locally to preschoolers.

Motor vehicle inspection began in 1957 for all used cars and automobiles more than four years old period in February, models that were made during 1938 or before were the first to be inspected. There were

thirteen inspection stations in Washington County at the time which may be more than we have in 2024.

The Fifties: Washington County's Role in the Decade of McCarthyism and Quiz Show Scandals

Harold Craig, a Granville NY farmer, won a total \$106,000 on the quiz show "Twenty-One" in 1957. He was hailed as America's "Most Famous Dairy Farmer." He made eighteen appearances on "Twenty-One." In contrast, Charles van Doren the program's biggest star and winner, had appeared on the show only fourteen times before losing. By September 1958, most people were aware that a District Attorney in New York City was investigating the alleged fixing of several of television's popular quiz shows at that time. On September 27, 1958, he was questioned in New York for three hours by an assistant to DA Frank Hogan. Afterwards, he was subpoenaed to testify before a grand jury about his "Twenty-One." Craig said that he received no help on the show, had not known the categories of the questions he might be asked, and that he had not received any hints of any kind to help him on the show.

On August 3, 1948, Whittaker Chambers, a former US Communist Party member, testified under subpoena before the House Un-American Activities Committee (HUAC) that Alger Hiss had secretly been a communist while in federal service. Felix Inslerman of Center Cambridge, whom Whittaker Chambers identified as one of his photographers, held out for several years but confessed in



Harold Craig as pictured in Life Magazine, September 15, 1958.

1954, stating that he had been sent to the USSR, trained in photography, and sent back to the United States, where he worked for the GRU (the Soviet Union's Main Intelligence Directorate) and specifically functioned as a photographer of the stolen government documents. These documents, also referred to as the "Pumpkin Papers" were a set of typewritten and handwritten documents, stolen from the US federal government by members of several Soviet spy networks in Washington, DC, during 1937-1938, and withheld by courier Whittaker Chambers from delivery to the Soviets as protection when he defected. These papers featured frequently in the criminal proceedings against Alger Hiss. Inslerman's testimony about these photos had helped convict Alger Hiss for lying under oath, sending him to jail for 3 years and 8 months. This conviction, which may not have transpired without Inslerman's testimony, also launched the career of an obscure California Congress-

man named Richard Nixon, provided the background for Senator Joseph McCarthy's infamous Communist scare tactics, and marked the beginning of a conservative and political movement that continues to the present day.

It is often said that a newspaper is the "first rough draft of history." Another saying for your consideration is, "Those who forget their history are condemned to repeat it." The archive of this long-published newspaper serves both truisms. Washington County's people, places, and the chronicle of events that happened here are more than mere footnotes of history, they are history. What a great random thought that ties everything together!

Michael Levy is a retired government manager residing in Greenwich NY and is employed now as a technical consultant.



Good things are green

Shirley Renauld
Journal & Press

Nick has grown up in a snowmobiling family, so it's natural that for his Eagle Scout project, he would do a related one: He chose to organize the building of a unique bridge for a snowmobile trail in Easton. It reuses a tractor trailer bed as the bridge deck. We thank the Houser family, the property owners, for allowing this building and use. It is finished in time to enjoy the snowfalls we get at the end of Winter and to hopefully see the Northern Lights when they appear on the night of the Spring Equinox, the first day of Spring on Mar 19. As you Scouts say, "Be Prepared."

Perhaps a first green we are seeing are the uniforms of Girl Scouts who are selling their cookies. Along with our favorites, the new choice for this year is Raspberry Rally.

Our local maple producers are having an interesting maple season. With above freezing temps, the sap started to "run" early. Then when temps went below freezing, it stopped. With these changes, will they get us enough maple syrup this year before the leaf buds start to open? Would someone try to "tap" another variety of tree (birch?) to get sap on its way up to the leaf buds? How would it taste? We need syrup for our pancakes, sugar, candy, ice cream--and maple cotton candy at the fair. We read "M Is for Maple Syrup..." as we learn "...A Vermont Alphabet".

Does your family have a tradition of Saturday morning "Pancakes for Breakfast," as in Tomie de Paola's picture book? Are they made by Dad or Grandpa? If you're called on to help by getting some of the ingredients, what would they be and where would you get the freshest? If your favorite is Buttermilk Pancakes, let the cow's milk set for the cream to rise to the top, then shake that cream to make the butter and use the buttermilk for the pancakes. After enjoying them, write two stories about making the pancakes: one to go with the pictures in the book and the other of your family making them. Would the two stories

be the same or different?

Gr Ralph squeezes fresh orange juice for the family breakfast. If you still have some of those FFA juice oranges left, you better do likewise to use them up because their rind is getting wrinkly and hard.

Most of all, we're looking for green now. It's time to pack up your red decorations for next year, while you get out the green ones. Look for green in nature: The barnyard animals are already nibbling on green plants they find. Notice your lawn, cover-crop fields, deer management plots and even the hayfields that were last cut in the Fall. When there's no snow on them, there's a hint of new green. Keep watching in your flower garden where you have Spring bulbs planted for the first leaves of Snowdrops or Crocuses poking through the soil or even the snow.

Inside, you are watering your houseplants and turning their pots to make sure that all sides of the plant get any sun we have. Do your geraniums give you continuous blossoms? Does your coleus grow flower spikes that you leave on or break off?

Are you using the leaves of herbs in the pots at your kitchen windows to season your cooking?

When you find shamrocks in your lawn, dig up the whole plant and pot it for your indoor seasonal table decoration.

For those of us who are getting anxious for vegetable gardening, we can do some indoors:

- We can grow greens using the sun's light captured in plastic. Layers of trays wrapped in a clear plastic grow tent give us the most. It's a mini-greenhouse.

- We can grow salad greens, beet plants for their leaves, even cherry tomatoes or small strawberry plants, in containers under grow lights.

- Watch the seeds sprout and grow in soil.

- Use hydroponics, growing the plants in nutrient-enriched water.

The time of the potato famine in Ireland was also when canals were being built in our area, so Irish families migrated here. Some families settled in the Schuylerville-Victory area and worked to dig and build our local canals. They built the Visitation Church for their community. Scottish families, too, migrated and found the Argyle-Salem area soils to be good for growing potatoes so they became potato farmers. They built Presbyterian churches in their communities which remain active with the current generations: We hear the instrumental music and singing of the Niles and Bailey families and their fellow parishioners at their Coila Church.

Your school would close for potato harvest season so you could help. Potatoes were sold directly at the farm (as your family can get yours now) and when the canals were finished, barge loads were sent to NYC to sell. The Irish and the Scots were doing well and were glad they had migrated. It was time to celebrate. And for us, too. What shall we do for St Patrick's Day? When we hear that unique music, we know it's the sound of bagpipes, the highlight of parades. We watch the marchers: Each one is wearing a kilt, made of the plaid/tartan fabric in the colors of his/her Scottish clan. Each is playing a bagpipe by squeezing the air from the animal skin bag under an arm and playing the notes by covering the holes in the pipe. A bagpipe is difficult to play, but you fourth graders learn to play a recorder, a plastic "pipe" you blow into and cover the holes with your fingers to play the notes. You are soon playing "Twinkle, twinkle, little star..." to accompany singers doing the fingerplay. After the recorder, you move on to play a clarinet (as Lisa does) or a flute and be part of the woodwind section of a band. You're sounding like bagpipes!

While they are cooking, brown chunks of your favorite meat and put them into a slow-cooker or crock pot. Drain the vegetables so their water can simmer in the meat's pan to get that flavor. Add the vegetables, their water and seasonings to the pot to slow-cook while you're at the parade.

When you return home, taste the broth. Do you need to add bullion for more flavor? Thick-

Please read more on the next page

(cont.)

en it with flour or cornstarch and water to make a gravy. You're ready to eat and enjoy--especially with the Irish Soda Bread you made and Irish Tea. Then it's time to relax, so with Irish music in the background, read Kylie Logan's, "Irish Stewed."

Especially since St Patrick's Day is Sunday this year, your family could work together on a traditional Irish dinner of Corned Beef and Cabbage. Some people cook the whole piece of corned beef in a pressure cooker, along with the seasonings that came with it, for quicker cooking. At the end, add those vegetables. No corn; that's just the name the Irish gave for preserving the meat in salt brine before they had freezers. But you will add cabbage, cut into wedges. For dessert, Gr Vesta would make Bread Pudding, serving it with fruit--and a white chocolate sauce drizzled over the top.

But maybe we'll save the dessert for after we come back from outdoor exercise. A week ago, Daylight Savings Time started. Since we did "spring ahead", we have an extra hour of daylight. After a meal like that, we need to get outside, and the dog wants to go, too. Look at the weather and the ground conditions to decide what to do. Shall we do creative dance as with Ms Lily, do the Irish jig or try step dancing if Mom brings out her fiddle, hike and pretend as in "We're Going on a Bear Hunt", parade and make up our own story as we go. We can always be leprechauns--but do only good shenanigans. Then it's back inside for that dessert!

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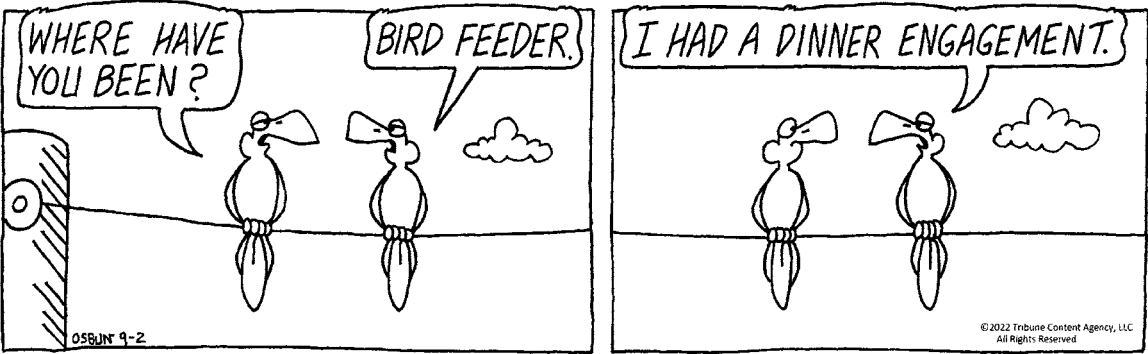
Sponsoring wise financial planning

Thanks to the sponsorship of several local donors, the Ramsey Foundations in Personal Finance Curriculum is being used in the Greenwich Junior/Senior High School. The GCS students receive financial literacy lessons starting in 8th grade in Ms. Saunders' FACS class. Juniors and seniors then get additional financial literacy in Mrs. Hall's Financial Apps Class and Mrs. Belden's Business & Personal Financial Math Class as well as in the senior Economics class with Mrs. Slater. This personal finance curriculum has been a great addition to the current curriculum being offered at the school. The program is a comprehensive course designed to provide students with sound financial knowledge. It covers a wide range of topics, from budgeting basics to investing and retirement. The sponsors are: Farm Credit East – Country Living; Fort Miller Group; Breanna L. Lundy, CFP®, CEPA® Financial Advisor with Edward Jones; Windy Hills Golf Course; Tara Nolan, CPA; Evelyn Eidem, CPA; Rulyn Graves and Clifford Oliver.

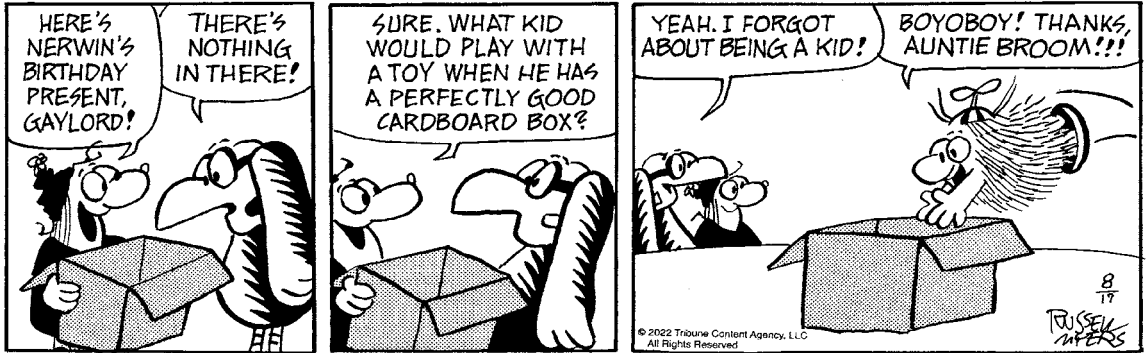


FUN & GAMES

Animal Crackers by Fred Wagner



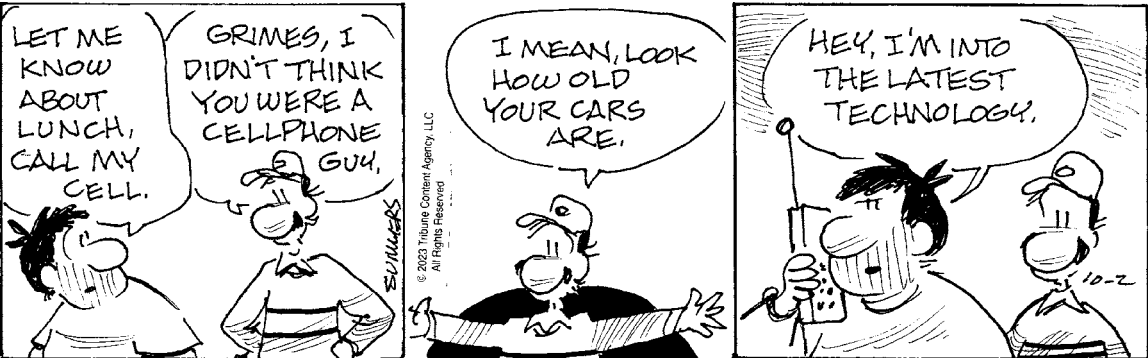
Broom Hilda by Russell Myers



Gasoline Alley by Jim Scancarelli



The Middletons by Dana Summers



9 to 5 by Harley Schwadron



Word Play Answers Page 30

JUMBLE

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

CNHIP

NLADB

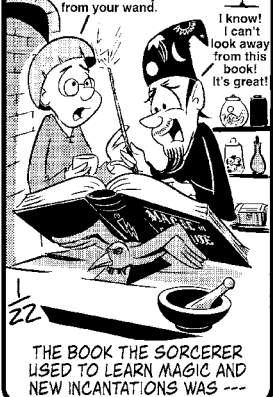
NCAGEL

SIALHV

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THAT SCRAMBLED WORD GAME

By David L. Hoyt and Jeff Knurek

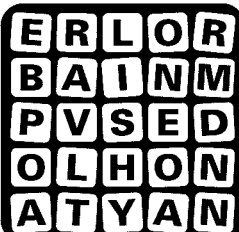


Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

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Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

3 letters = 1 point	151+ = Champ
4 letters = 2 points	101-150 = Expert
5 letters = 3 points	61-100 = Pro
6 letters = 4 points	31-60 = Garner
7 letters = 5 points	21-30 = Rookie
8 letters = 10 points	11-20 = Amateur
9+ letters = 15 points	0-10 = Try again

Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST SEVEN EUROPEAN CAPITAL CITIES in the grid of letters.

Answers to Last Sunday's Boggle BrainBusters:

MOUSE, MOOSE, CAMEL, PANDA, WHALE, TIGER, HYENA

FUN & GAMES

More Word Play Answers Page 30

SCRABBLE

G

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F

A

E

O

U

G

R

C

RACK 1

RACK 2

RACK 3

RACK 4

RACK 5

1st Letter Triple

Double Word Score

PAR SCORE 260-270
BEST SCORE 320
FIVE RACK TOTAL
TIME LIMIT: 25 MIN
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. SOLUTION TOMORROW

Word Find By Frank J. D'Agostino

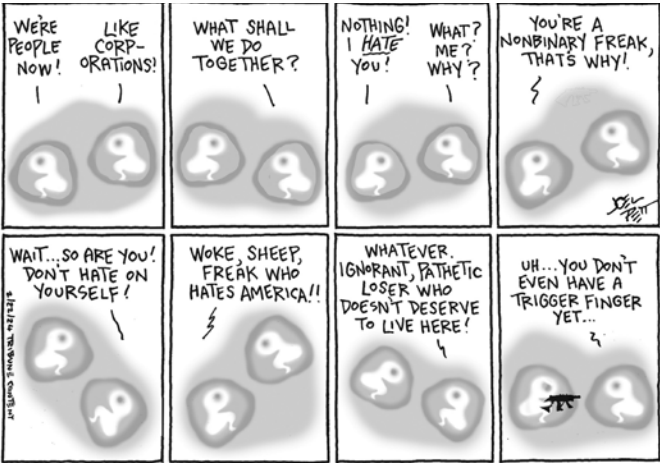
Find these words associated with a money, (and find Frank's acrostic books on Amazon):	Average Banker Bond Broker Buyout Controller Cost Credit Debit Deficit	Depreciate Escrow Fees Funds Gross Income Ledger Loss Payment Rates	Revenue Sales Savings Taxes Teller Wages Yield
--	--	---	--

S	A	L	E	S	B	Z	T	S	O	C	E	R
A	V	B	E	B	D	R	W	A	G	E	S	A
V	E	U	C	D	O	E	O	G	X	F	Z	U
I	R	Y	D	O	G	N	F	K	R	E	A	D
N	A	O	E	I	N	E	D	I	E	O	S	I
G	G	U	P	G	P	T	R	N	C	R	S	T
S	E	T	R	S	E	A	R	C	L	I	E	S
R	E	V	E	N	U	E	Y	O	F	O	T	L
U	W	T	C	T	K	X	I	M	L	E	S	N
O	A	S	I	N	B	M	E	E	E	L	E	S
R	C	B	A	T	E	L	L	E	R	N	E	S
C	E	B	T	F	U	N	D	S	X	Y	T	R
D	C	R	E	D	I	T	E	S	C	R	O	W

Filbert by LA Bonté



Political Cartoon of the Month by Joel Pett



Campus Crossword

Across

1 Fail to interest
5 Bundle of papers
10 Needs no hemming, say
14 "My life, My card" card co.
15 World Heritage Site in Jordan
16 Law school newbie
17 *Hunting-and-fishing official
19 Just good enough
20 Sport that made its Olympic debut in 2021
21 Personal histories
23 Supermarket conveniences
24 *End a relationship
27 Poses a question
28 Tire filler
30 Boot tip
31 Filmmaker Craven
32 ATM key
34 Like voices after a loud party
35 *Slouch
37 Audition hopeful
40 Lots and lots
41 Mont. neighbor
44 Reacted to head scratches, maybe
46 Most junk mail

Down

1 Duffel or tote
2 Sushi experience curated by the chef
3 Comments
4 Applies, as influence
5 Petty quarrel
6 Attendance answer
7 Liftoff approx.
8 Tapas corn-cake
9 Tribute pieces by devotees
10 Shoes
11 Glands in squids and cuttlefish
12 Sweet
13 Crafty

47 Amanda Gorman creation
48 *Adorn with lots of bling
50 "In what way?"
51 Pandemonium
52 Lots and lots
54 Start of a story
56 "How clever of you!," and a hint to the first words of the answers to the starred clues

Sudoku

Each column/row must contain the numbers from 1 to 9, without repetitions. The digits can only occur once per block. The sum of every single row, column and block must equal 45.

	4		1	5	3			
1			3		5			
3	7				9	4		
						8		
	2	6		9	1			
3								
8	1				4		9	
	3		6				7	
	6	9		7		1		

- 59 Like kids at a magic show
60 Luxury watch
61 Romance novelist Roberts who writes mysteries as J.D. Robb
62 "Let It Go" singer in "Frozen"
63 Bicycle part
64 Jury

Down
1 Duffel or tote
2 Sushi experience curated by the chef
3 Comments
4 Applies, as influence
5 Petty quarrel
6 Attendance answer
7 Liftoff approx.
8 Tapas corn-cake
9 Tribute pieces by devotees
10 Shoes
11 Glands in squids and cuttlefish
12 Sweet
13 Crafty
- 18 "Now, where ___ I?"
22 Mail map units
23 Crow's call
24 First word in many a baking recipe
25 Sharp bark
26 "Harriet the ___": kid-lit classic
28 Novelist Patchett
29 Symptom targeted by an oatmeal bath
32 "Mystery solved!"
33 Street
35 Cinnamon-y rice milk drink
36 Corp. execs
37 Just right
38 Mean mutt
39 Upper arm muscle
41 Words of gratitude
42 Sweet course
43 "Yo te ___"
45 Some a cappella singing
47 Central European country
49 "I'm here to help"
50 "Good" cholesterol initials
52 "Black Widow" actress Kurylenko
53 Iridescent stone
54 Rage
55 ___ makhani: lentil dish
57 Acted as tour guide
58 Calendar square

Remembering Bruno

SUNY Adirondack is honoring the late Bruno LaVerdiere, a longtime adjunct professor who died in 2022, with an exhibition of his works, “Rites of Passage: Bruno LaVerdiere,” which runs through April 18 in the college’s Visual Arts Gallery.

“Bruno’s cool teaching style and approachability made him popular among students throughout his more than 30-year tenure,” said Rebecca Pelchar, director of SUNY Adirondack’s Visual Arts Gallery and assistant professor of Art History. “We are fortunate to have several of Bruno’s artworks in the collection to enhance the campus for our students and community.”

“Rites of Passage” chronicles LaVerdiere’s career, beginning with his time as an artist-monk in the 1950s and ’60s, following his career to artist-bohemian, artist-archaeologist and, finally, artist-mystic. Featuring dozens of works of art, the exhibition highlights sculpture, drawing and print.

LaVerdiere started his artistic career at St. Martin’s Abbey in Olympia, Washington, where he practiced liturgical arts as a Benedictine monk for 14 years. There, he apprenticed with Henry Takemoto, who introduced him to the American Studio Craft movement. LaVerdiere later studied at the Art Students League in New York from 1965-67, after which he began teaching as “Brother Bruno” at Greenwich House Pottery in New York and Penland School of Crafts in North Carolina.

He left the monastic order in 1969 to establish a reclusive sculpture studio in

the Adirondack Mountains, where he lived and worked the rest of his life. LaVerdiere taught at Rochester Institute of Technology, Pennsylvania State University, the University of Georgia in Cortona, Italy, and the NYU Steinhardt studio program. He held a 31-year adjunct professorship at SUNY Adirondack.

His artwork has been exhibited with Franklin Parrasch and John Elder galleries in New York, and is included in the collections of American Craft Museum, Columbus Museum of Art, Everson Museum of Art, The Hyde Collection and J. Patrick Lannan Foundation, among others.

LaVerdiere received artists fellowships from the National Endowment for the Arts



and New York Foundation for the Arts. He traveled through England, Scotland and Wales to study stone circles, dolmens and ancient churches. He was awarded a residency grant from La Napoule Art Foundation in southern France.

LaVerdiere is recognized for his megalithic ceramic sculptures, stoneware horns,



Softball clinics

SUNY Adirondack’s softball coaches and players invite players in grades 6 to 12 to step up to the plate for Prospect Softball Clinics at the college March 3.

Players in grades 6 to 8 will play from 8 to 10 a.m., with a focus on fundamentals. Preregistration is required and is \$50 per

player. Grades 9 to 12 will play from 11 a.m. to 2 p.m.; preregistration is \$75.

To learn more or to register, visit www.sunyadktimberwolves.com/sports/sball/clinics/2024 or email softball@sunyacc.edu with questions.

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FROM THE PUBLISHER'S DESK

Historic region's historic newspaper

You might be new to this paper, but the paper itself is quite old.

The Journal & Press started a very long time ago — maybe your great, great, great grandparent was just a little kid when our first issue hit; Abraham Lincoln was just an

unknown Midwestern legislator; he wasn't even married yet — the Civil War would still be 18 years in the future. Time is a funny thing.

In any case, yeah, we know, everyone says print newspapers are dead, but, then, how does this thing even exist?

We'll tell you how — because we actually *care* about making The Journal & Press. We care about the words and images on these pages, and we care about communicating with *you*. Each issue is a one-on-one communicate specifically with *you*. That's how this ancient form of communication works. It's why it's special.

Yeah, there are these things called smartphones. We here at Journal & Press use them too — too much, actually. Our screentime keeps going up, up, up!

But that doesn't mean smartphones are the only way to be informed and entertained. There's nothing wrong with also trying out other mediums, like newsprint — *old can be new again*.

In that regard, we have read the books on what's called Visual Culture, and

JOURNAL & PRESS
of Washington County, NY, est. 1842

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JOURNAL & PRESS

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Story hour in Hebron

Debi Craig and Dorothea Craig Casey are retired music teachers (and sisters!) who want to bring the joy of reading, music, and movement to children in the He-

bron area. A story time will be offered for 3- to 8-year-old children on March 2 at 10 a.m. in the "Upper Room" at Hebron United Presbyterian Church.

How to handle a know-it-all

Dr. Daneen Skube

Tribune Content Agency

Special to Journal & Press

Q: *I have an employee who's smart, arrogant, and tolerates no correction. He recently blew up in a staff meeting, yelled insults and swear words at me, and stormed out. I feel like crap as I've worked hard to help him. How do I handle this?*

A: You were most likely on the receiving end of rage from a person with a borderline personality disorder. These people are not psychotic but they're quite mentally ill. If you trigger their shame, they may flip from idealizing you to raging against you. They also may simply rage at you and skip the idealizing part.

We all have moments where we feel embarrassed. People with normal psychology do not enjoy shame, but use it to learn. Borderline personalities, if they feel shame, will evacuate all their shame into the person who triggered them. You're right now carrying around rotten feelings that don't even belong to you!

What your employee did amounts to a mental health problem. You didn't suddenly become a terrible manager. Look at all the "normal" people who appreciate you, the people who love you and your track record. Don't let this person leave all his shame in your heart and head.

The reason people with this dynamic are considered to have a borderline personality

disorder is that their behavior is between normal and psychotic. As you witnessed, your employee acted nuts. Much of the time people with this issue seem perfectly normal... unless they feel shame.

Be aware that it's not your fault that your employee felt shame. Any observation, correction, or coaching can result in a blow up. You might be comforted to know that even private practice therapists try hard to avoid these people. We know it's just a matter of time until they dump all their shame on us and treat us like crap.

Even talented counselors with years of experience feel awful after these events. We can take days to regain our peace of mind. If you realize that this behavior is never OK and is about your employee's mental health, you'll recover more quickly.

This employee will likely never take responsibility for his own behavior. You have to realize that his bad behavior is what he showcases for everyone. Do not expect him to be accountable.

Most likely, you're going to need to move this employee off your team. The easiest way to do that is to have a meeting with him (make sure you include a human resource person). Then agree that you're not giving him what he deserves. Validate his competency, intelligence, and sense of entitlement. Let him know you now see that this position, and you as his manager, are not good fits. Start the process of letting

him go.

Make darn sure you include, in addition to a human resource person, legal folks as borderlines are likely to sue. The reason you want to validate his self-esteem, regardless of how badly he behaved, is so he can have as a goal feeling proud of himself. If you help repair his self-esteem as you help him out the door, he's less likely to come after you.

No human being deserves to be the repository of the shame of others. It might help you to know that this employee lives in a worse hell — with himself — than in the state you are in now. All your employee really did was to reveal his illness to others. You're now free to move him out and get on with your high-quality life.

The last word(s)

Q: *I just got my first job. I receive an hourly wage and want to make myself stand out. Is there a way to show my boss that I'm valuable?*

A: Yes, as Jim Rohn (1930-2009), an American entrepreneur and author, rightly noted, "You don't get paid for the hour. You get paid for the value you bring to the hour."

Seek ways to contribute more than you're paid and you'll rapidly be in a class all by yourself.

Daneen Skube, Ph.D., executive coach, trainer, therapist and speaker, also appears as the FOX Channel's "Workplace Guru" each Monday morning. She's the author of "Interpersonal Edge: Breakthrough Tools for Talking to Anyone, Anywhere, About Anything." You can contact Dr. Skube at www.interpersonaledge.com, or 1420 NW Gilman Blvd., #2845, Issaquah, WA 98027.



Party hosts Trivia Night

Join the Washington County Democratic Committee for Trivia Night, Sunday, March 3, 6-7:30 pm, at The Railyard, 209 Broadway, Whitehall, NY 12887. Tickets \$25 per person or \$100 for a team of 5. If you don't have a team, we'll hook you up.

Come early and purchase a delicious dinner. Sign up at bit.ly/3NYeWNY.

For more information, contact Phyllis Cavanagh, Events Committee, pca-van48@gmail.com.

Women can bridge the retirement gap

Breanna Lundy
Journal & Press

March 8 is International Women's Day, a day for celebrating all the accomplishments of women around the globe. But many women still need to make up ground in one key area: retirement security.

Women's challenges in achieving a secure retirement are due to several factors, including these:

- **Pay gap** – It's smaller than it once was, but a wage gap still exists between men and women. In fact, women earn, on average, about 82 cents for every dollar that men earn, according to the Census Bureau. And even though this gap narrows considerably at higher educational levels, it's still a source of concern. Women who earn less than men will likely contribute less to 401(k) plans and will ultimately see smaller Social Security checks.
- **Longer lives** – At age 65, women live, on average, about 20 more years, compared to almost 17 for men, according to the Social Security Administration. Those extra years mean extra expenses.
- **Caregiving responsibilities** – Traditionally, women have done much of the caregiving for young children and older parents. And while this caregiving is done with love,

it also comes with financial sacrifice. Consider this: The average employment-related costs for mothers providing unpaid care is nearly \$300,000 over a lifetime, according to the U.S. Department of Labor — which translates to a reduction of 15% of lifetime earnings. Furthermore, time away from the workforce results in fewer contributions to 401(k) and other employer-sponsored retirement plans.

Ultimately, these issues can leave women with a retirement security deficit. Here are some moves that can help close this gap:

- **Contribute as much as possible to retirement plans.** Try to contribute as much as you can afford to your 401(k) or similar employer-sponsored retirement plan. Your earnings can grow tax deferred and your contributions can lower your taxable income. (With a Roth 401(k), contributions aren't deductible, but earnings and withdrawals are tax free, provided you meet certain conditions.) At a minimum, contribute enough to earn your employer's matching contribution, if one is offered, and try to boost your contributions whenever your salary goes up. If you don't have access to a 401(k), but you have earned income, you can contribute to an IRA. Even if you don't have earned income, but you have a spouse who does, you might be eligible to contribute to a spousal IRA.

- **Maximize Social Security benefits.** You can start taking Social Security at 62, but your monthly checks will be much bigger if you can afford to wait until your full retirement age, which will be around 66½. If you are married, you may want to coordinate your benefits with those of your spouse — in some cases, it makes sense for the spouse with the lower benefits to claim first, based on their earnings record, and apply for spousal benefits later, when the spouse with higher benefits begins to collect.

- **Build an emergency fund.** Try to build an emergency fund containing up to six months' worth of living expenses, with the money kept in a liquid account. Having this fund available will help protect you from having to dip into your retirement accounts for large, unexpected costs, such as a major home or car repair.

It's unfortunate, but women still must travel a more difficult road than men to reach retirement security. But making the right moves can help ease the journey.

A Greenwich business owner, Breanna Lundy is a Certified Financial Planner and Exit Planning Advisor with Edward Jones at 2 Church St. Inspired by her unique upbringing on her family's 5th generation farm, she works with successful entrepreneurs and individuals on their journey to live a life they love through financial independence. She believes her impact can reach far beyond her work, with a vision to improve lives and financial security in Greenwich, by supporting causes like the "Paint the Town Purple" event she started to raise awareness and revenue for Alzheimer's on The Longest Day in Greenwich each year. Contact her at breanna.lundy@edwardjones.com or (518) 692-2649.



Keith honored

Salem Central School District announced Trudy Keith was selected from the sophomore class to represent Salem at the Hugh O'Brian Youth Leadership Seminar this spring. The purpose of the seminar is to bring together a select group of high school sophomores who have demonstrated leadership abilities within their school and community. This program is sponsored by the Salem Area Women's Club. Trudy and last year's recipient, Socrates Fronhofer II, attended the HOBY luncheon hosted by the women's club on Wednesday, February 14.



Yes, Virginia, we do have a democracy

Lance Allen Wang
Journal & Press

Dear Editor:

I am eight years old.

Some of my little friends say that we don't live in a Democracy.

Papa says that if you see it in the Journal and Press, then it is so.

Please tell me the truth; are we a Democracy?

—Virginia O'Hanlon

For some strange reason, there's been a lot of messaging coming from the far right pointing out that America is a republic, not a democracy. It seems unusual that something like that would be the drawing of a battle line. First of all, it's something that doesn't necessarily need emphasis or repeating. Anyone who has said the Pledge of Allegiance would recall "... and to the Republic for which it stands," so this is not strange news. Second of all, it's not in the least bit true.

Rather than lead up to it as a grand, and obvious conclusion, let's dispense with this up front — yes, we are a democracy. A democracy simply means that we utilize a system of "one man, one vote, by secret ballot." That's the definition. So if some of our folks on the right are emphasizing that this is not so, it means they are trying to redefine something that is taken from Democracy 101 back from the days of the Greeks. I don't know about you, but that puts up a red flag in my head.

Most of these messages about Democracy point it out that we are a Constitutional Republic. I'll give partial credit for this answer.

Actually, we are a Federal Constitutional Republic if we're going to split hairs. We are "Federal" because we have semi-autonomous states each with their own democratically elected government. We are "Consti-

tutional" because our Constitution is the rule of the land. And we are a Republic in that the bar hews closer to primacy of the Constitution rather than the pure "voice of the people" Democracy. As the concepts of democracy and republic are related, Thomas Jefferson best described their distinction in 1816:

"We may say with truth and meaning, that governments are more or less republican as they have more or less of the element of popular election and control in their composition."

Our government represents the tension between that pure "voice of the people" and the boundaries of law and control. Utilizing the common definitions of democracy, we are an indirect, electoral, and representative (in that elected legislators are empowered to act on their electorate's behalf), liberal (in that we protect individual liberty and property by rule of law), and presidential (in that an elected President is also head of state with his own branch of government) democracy. There are other types — defensive democracies limit certain rights and freedoms to protect their institutions. Indeed, Putin's Russia is still technically a democracy, but we've seen its return to an authoritarian state through legislation, and open opposition to their head of state is considered high-risk behavior.

But why the sudden insistence about the nature of our government? Naturally, my first inclination is that since some of the messaging — election denialism, defense of seditionists from January 6 — is itself anti-democratic, as it is meant to undermine the basis and credibility of free and fair elections, their first line of defense is to gainsay the argument and simply question whether we are a democracy at all.

Sure, democracy is not mentioned explicitly in the Constitution. It didn't need to be. It was self-evident when we established representative democracy in Article I — establishing our Senate and House of Representatives first. We have developed a whole system of laws to protect the people's right

to choose their elected officials, and by definition, our indirect, electoral, representative, liberal, presidential democracy. Which is part and parcel of our federal, constitutional republic. Throughout our history, our presidents have waxed philosophic, soldiers have been sent to war, and America has been held up as a symbol, all in the name of democracy. For the far-right end of our political spectrum to treat the idea of it so dismissively demonstrates a lack of knowledge about who we are, and also comes off as profoundly cynical.

In some ways, much like little Virginia's letter about Santa Claus over a hundred years ago, the reassuring answer is the true one.

Is there a Santa Claus? Well, at least figuratively, yes, the editors wrote, "As certainly as love and generosity and devotion exist," and further advised that "Nobody can conceive or imagine all the wonders there are unseen and unseeable in the world."

Are we a democracy? Literally, yes, on multiple levels, as I've explained. Figuratively? Well, yes on that account as well — "as certainly as love and generosity and devotion exist." Nobody can conceive or imagine what our country has yet to achieve once we realize that we were born into a country that has a long political tradition of it largely being okay to "agree to disagree" on many issues.

Our democracy works best when we accept and harness that constructive tension. Where it becomes destructive is when we confuse people with issues, rumor with fact, and surrender to easy answers and bumper sticker sloganeering. The work of democracy is tough, if it's done right, and there's no way around it. An easy democracy? Well, I'm afraid that's right up there with a literal Santa Claus.

Lance Allen Wang is an Iraq Veteran and retired Army Infantry officer who lives in Eagle Bridge, NY with his wife Hatti.





Is Your American Flag Made in the U.S.A.?

The “Make American Flags in America Act” is a bipartisan & bicameral bill, introduced by Congresswoman Stefanik in 2023. This legislation requires American flags displayed on federal property or procured by federal agencies to be manufactured completely in the United States of America.

The online marketplace has created an arena where many consumers are deceived & fall victim to the illegal tactics of foreign manufacturers selling and distributing counterfeit “American” flags online (*ie: via Amazon*).

This Bill addresses the problem by requiring the Federal Trade Commission to conduct a study on the enforcement & violations of country-of-origin labeling requirements for American flags sold in the U.S.A., to ensure the integrity of American-made products.

*The Make American Flags in America Act is proudly endorsed by
The National Independent Flag Dealers Association, The Flag Manufacturers Association of America & Saratoga Flag Company.*



CALL TO ACTION: FLAG ADVOCACY CHALLENGE

A Fun Way to Bring Awareness to The Make American Flags in America Act.

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Learn how to make these fancy eggs

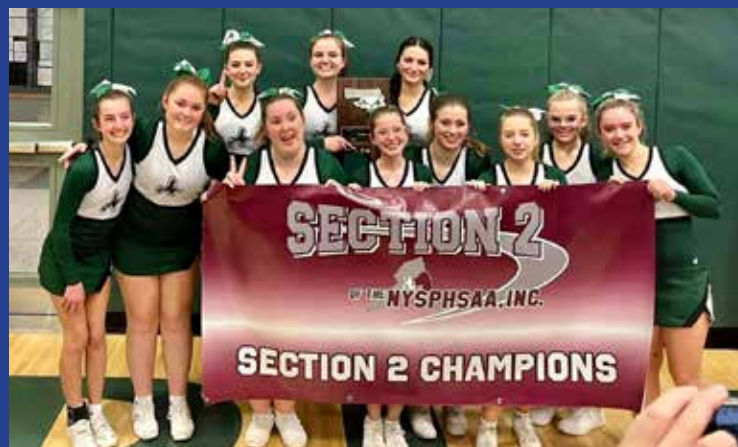
Greenwich Free Library's After-School Studio program presents local artist Christine Levy for a class in the art of Ukrainian egg painting, or pysanky. The workshop will be offered from 3:00-5:00 pm on Tuesday, March 19th, in the library's Community Room. This program is open to adults and kids ages 12 and up. Admission is free and all materials will be provided.

Found in many Eastern European cultures, the colorful painted eggs known as pysanky originated in ancient times and are highly symbolic, with designs, colors, and motifs representing the release of the earth from winter's chill and coming of spring. Levy will teach workshop participants how to create a pysanky using bee's wax resist and a batik dyeing process. The design is revealed at the end, when all of the wax is melted from the egg.

Second-generation Ukrainian American Christine Levy is a self-taught artist who works primarily in pysanky and ceramics. Her work has been exhibited at galleries, museums, and juried shows in New York and Vermont. The Greenwich Free Library currently has an exhibit of Levy's eggs on display in the circulation area. Her pysanky are also included in the Crandall Library Folk Life Center's permanent collection. She is a member of the Valley Artisans Market co-operative and participates with the Ukrainian community in sharing the tradition of pysanky with students of all ages. More information is available at <http://christinelevy.com>.



Cheering to finals



The Greenwich Varsity Cheer team won their second consecutive Sectional title in February. They will represent Section 2 at States on March 2 in Binghamton.

Bottom Row: Peyton Colby, Sophia Boice, Sara Douglas, Morgan Colby, Mia Sausville, Alexis Bell, Hailey Kelleher, and Madison Genevick.

Top Row: Abigail Myers, Kelsy Smith, Sophia Tomeczak

Coaches: Bonnie Boddery, Emilee English, and Nicole Herrington .



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New park execs

Hudson Crossing Park announced the appointment of two new Directors to its leadership team. Wendy DeLaCruz joins the park as the Director of Education and External Relations, while Julie White assumes the role of Director of Programs and Facilities. They will be working closely with Executive Director Kate Morse to further the mission and vision of Hudson Crossing Park, which is to tie environmental responsibility to economic revitalization, and to engage people of all ages in making informed choices for a sustainable future.

Wendy DeLaCruz brings a wealth of experience in education and community outreach to her new role as Director of Education and External Relations. With many years of experience in environmental education at the park and a passion for fostering connections between people and nature, Wendy is poised to lead Hudson Crossing Park's educational initiatives and strengthen relationships with external partners, community organizations, and stakeholders.



Julie White, the new Director of Programs and Facilities, brings extensive experience in special events programming and facility operations. With a commitment to creating inclusive and accessible recreational opportunities, Julie will oversee the development of Hudson Crossing Park's programs and events as well as the maintenance of the park's facilities to ensure a welcoming environment and enjoyable experiences for all visitors.

"We are delighted to officially welcome Wendy and Julie to our leadership team," said Kate Morse, Executive Director of Hudson Crossing Park. "Their diverse skills, passion for the park, and commitment to community engagement will be invaluable as we continue to grow and expand our impact."





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**Battenkill Hydro Associates
Project Nos. 6904-043
6903-037**

NOTICE OF APPLICATION TENDERED FOR FILING WITH THE COMMISSION AND SOLICITING ADDITIONAL STUDY REQUESTS AND ESTABLISHING PROCE- DURAL SCHEDULE FOR RELICENSING AND A DEADLINE FOR SUBMISSION OF FINAL AMENDMENTS

(February 13, 2024)

Take notice that the following hydroelec-
tric applications have been filed with the
Commission and are available for public
inspection.

- a. Type of Applications: Subsequent
Minor License
- b. Project Nos.: 6904-043
6903-037
- c. Date filed: January 31, 2024
- d. Applicant: Battenkill Hydro Associ-
ates (Battenkill Hydro)
- e. Name of Projects: Upper and
Middle Greenwich Hydroelectric Projects
(Upper Greenwich Project and Middle
Greenwich Project)
- f. Location: On the Batten Kill in the
Village of Greenwich in Washington Coun-
ty, New York.
- g. Filed Pursuant to: Federal Power
Act 16 U.S.C. §§ 791(a)-825(r).
- h. Applicant Contact: Sherri Loon,
Coordinator – Operations USA, Kruger
Energy, LP, 423 Brunswick Ave., Gardiner,
ME, 04345; (207) 203-3026; sherri.loon@
kruger.com or Lewis Loon, General Man-
ager – Operations and Maintenance USA,
Kruger Energy, LP, 423 Brunswick Ave.,
Gardiner, ME, 04345; (207) 203-3027;
lewis.loon@kruger.com.

- i. FERC Contact: Chris Millard at
(202) 502-8256, or christopher.millard@
ferc.gov.
- j. Cooperating agencies: Federal,
state, local, and Tribal agencies with
jurisdiction and/or special expertise with
respect to environmental issues that wish
to cooperate in the preparation of the
environmental document should follow
the instructions for filing such requests
described in item l below. Cooperating
agencies should note the Commission's
policy that agencies that cooperate in the
preparation of the environmental docu-
ment cannot also intervene. See 94 FERC
¶ 61,076 (2001).
- k. Pursuant to section 4.32(b)(7) of
18 CFR of the Commission's regulations,
if any resource agency, Indian Tribe, or per-
son believes that an additional scientific
study should be conducted in order to form
an adequate factual basis for a complete
analysis of the applications on their merit,
the resource agency, Indian Tribe, or per-
son must file a request for a study with the
Commission not later than 60 days from
the date of filing of the applications, and
serve a copy of the request on the appli-
cant.
- l. Deadline for filing additional study
requests and requests for cooperating
agency status: April 1, 2024.
The Commission strongly encourages
electronic filing. Please file additional
study requests and requests for cooperat-
ing agency status using the Commission's
eFiling system at <https://ferconline.ferc.gov/FEROnline.aspx>. For assistance,
please contact FERC Online Support at
FERCOnlineSupport@ferc.gov, (866) 208-
3676 (toll free), or (202) 502-8659 (TTY).
In lieu of electronic filing, you may submit
a paper copy. Submissions sent via the
U.S. Postal Service must be addressed to:
Debbie-Anne A. Reese, Acting Secretary,
Federal Energy Regulatory Commission,

888 First Street NE, Room 1A, Washing-
ton, DC 20426. Submissions sent via
any other carrier must be addressed to:
Debbie-Anne A. Reese, Acting Secretary,
Federal Energy Regulatory Commission,
12225 Wilkins Avenue, Rockville, Mary-
land 20852. All filings must clearly iden-
tify the project name and docket number
on the first page: Upper Greenwich Hydro-
electric Project (P-6904-043) or Middle
Greenwich Hydroelectric Project (P-6903-
037).

m. The applications are not ready for
environmental analysis at this time.

n. Project Descriptions:
The Upper Greenwich Project consists of
the following existing facilities: (1) an
11.5-foot-high, 203-foot-long concrete
gravity spillway dam topped with 2-foot-
high flashboards; (2) a reservoir with a nor-
mal water surface area of 20 acres and a
gross storage capacity of 70 acre-feet at a
normal water surface elevation of 334 feet
mean sea level (MSL); (3) two 12-foot by
7.5-foot intake gates; (4) a 200-foot-long,
40-foot-wide, and 10-foot-high earthen
power canal; (5) 60-foot-wide, 11-foot-
high, 1-inch clear trash racks angled at 45
degrees to the flow and toward a 3-foot-
wide fish passage sluice; (6) a 53-foot-
long, 14-foot-wide, concrete and steel
powerhouse containing two turbine-gen-
erator units with a rated capacity of 300
kilowatts (kW) each for a total installed
capacity of 600 kW; (7) a tailrace channel;
(8) a 150-foot-long transmission line; and
(9) appurtenant facilities.

The Middle Greenwich Project consists
of the following existing facilities: (1) a
10-foot-high, 235-foot-long concrete grav-
ity spillway dam; (2) a 9-acre reservoir with
a gross storage capacity of 80 acre-feet at
a normal water surface elevation of 318
feet MSL; (3) a 150-foot-long, 20-foot-wide,
and 10-foot-high power canal; (4) 24-foot-
wide, 11-foot-high, 1-inch clear trash

LEGAL NOTICE

racks angled at 45 degrees to the flow and toward a 2.5-foot-wide fish passage sluice; (5) a 15-foot-long by 19.5-foot-wide concrete and steel powerhouse containing one turbine-generator unit with a capacity of 300 kW; (6) a tailrace channel; (7) a 150-foot-long transmission line; and (8) appurtenant facilities.

The Upper and Middle Greenwich projects are operated in a run-of-river mode and release a minimum flow to the bypassed reach of 80 cubic feet per second (cfs) and 20 cfs, respectively, or inflow, whichever is less. A 20-cfs attraction flow is conveyed through the fish passage sluice to the bypassed reach at each project. Battenkill Hydro is not proposing any new project facilities or changes to the operation of either project.

From 1999 to 2009, average annual generation at the Upper and Middle Greenwich projects was 146 kilowatt-hours (kWh) and 78 kWh, respectively.

o. A copy of the applications can be viewed on the Commission's website at <http://www.ferc.gov>, using the "eLibrary" link. Enter the docket number, excluding

the last three digits in the docket number field, to access the document (P-6904 or P-6903). For assistance, contact FERC at FERCOnlineSupport@ferc.gov, or call toll-free, (866) 208 3676 or (202) 502-8659 (TTY).

You may also register online at <http://www.ferc.gov/docs-filing/esubscription.asp> to be notified via email of new filings and issuances related to these or other pending projects. For assistance, contact FERC Online Support.

The Commission's Office of Public Participation (OPP) supports meaningful public engagement and participation in Commission proceedings. OPP can help members of the public, including landowners, environmental justice communities, Tribal members and others, access publicly available information and navigate Commission processes. For public inquiries and assistance with making filings such as interventions, comments, or requests for rehearing, the public is encouraged to contact OPP at (202) 502-6595 or OPP@ferc.gov.

p. Procedural schedule and final

amendments: The applications will be processed according to the following preliminary schedule. Revisions to the schedule will be made as appropriate.

MILESTONE TARGET DATE

Issue Deficiency Letter (if necessary)
April 2024

Request Additional Information April 2024

Issue Acceptance Letter July 2024

Issue Scoping Document 1 for comments
August 2024

Issue Scoping Document 2 (if necessary)
November 2024

Issue Notice of Ready for Environmental Analysis November 2024

Final amendments to the applications must be filed with the Commission no later than 30 days from the issuance date of the notice of ready for environmental analysis.

Debbie-Anne A. Reese,
Acting Secretary.

Footnotes:

1. The Commission's Rules of Practice and Procedure provide that if a filing deadline falls on a Saturday, Sunday, holiday, or other day when the Commission is closed for business, the filing deadline does not end until the close of business on the next business day. 18 C.F.R. § 385.2007(a)(2). Because the 60-day filing deadline falls on a Sunday (i.e., March 31, 2024), the filing deadline is extended until the close of business on Monday, April 1, 2024.

2. Project operation occurred intermittently from 2009 to 2013. Both projects are currently offline and have not operated since June 2013 (see Battenkill Hydro's letter filed November 7, 2022).

How is this newspaper made? Hear the podcast.

Ever wonder how this newspaper is made, and all of the journalistic decisions that come with managing a small-town newspaper?

Then listen to publisher Darren Johnson's Weekly Newspaper Podcast. You can find it on your favorite podcast app or go to WeeklyNewspaperPodcast.com.

Johnson mixes talk about the business of small-town newspapers with national journalism trends, often using *The Journal & Press* as an example.

Johnson is also a Visiting Professor of Multimedia Journalism at Massachusetts College of Liberal Arts.



Newman should never be marked down

Greg Schwem

*Tribune Content Agency
Special to Journal & Press*

I have never been a fan of restaurants owned by, or associated with, celebrities. I could be if, while dining, the celebrity whose name is on the door and the menu were sitting near me or, preferably, being told the wait is “over an hour, since you don’t have a reservation.”

So far, that hasn’t occurred. I’ve never spotted Michael Jordan devouring a T-bone at Michael Jordan’s Steak House; never saw Jimmy Buffett – may he rest in peace – working the blender at Margaritaville or encountered Robert De Niro dunking tuna sashimi into soy sauce at Nobu. During Oprah Winfrey’s six-year run as a partner in Chicago restaurant The Eccentric, I visited one evening and pointedly asked the waiter if Oprah was really in the kitchen, whipping up a side dish known only as “Oprah’s Potatoes.”

She wasn’t.

Also, a visit to a celebrity-owned restaurant invariably ends with a bill that could easily be paid by a celebrity but not us common folk. The same holds true in grocery or liquor stores. I’ll happily save a few bucks and not purchase the Guy Fieri barbecue sauce or the Nick Jonas tequila. My football tailgates won’t suffer.

And yet, I recently found myself feeling sorry for actor Paul Newman. And not because he’s dead.

Newman, star of classics including “The Sting,” “Butch Cassidy and the Sundance Kid,” and “The Color of Money,” not to mention the owner of steely blue eyes, launched a line of “Newman’s Own” salad dressings in 1982. According to newmansown.com, the line grossed \$300,000 in its first year. None of those profits came from me, for I remember picking up a bottle of Newman’s Italian dressing while in college, glancing at the price and immediately placing it back on the shelf. My date, who I promised to cook for, “Italian style,” had to settle for

generic dressing, which did its best to complement the other generic products that dotted the menu. Cash-strapped college students were not Newman’s target demographic.

Eventually Newman parlayed his success into other foods, including pizza, spices, olive oils and spaghetti sauces. It was the latter that caught my eye during a recent grocery visit. Newman’s Own Marinara, Tomato & Basil and Sockarooni (“so delicious it could knock your socks off,” the website proclaims) sauces were among the CHEAPEST on the shelves.

College students, there’s a SALE in aisle five! Paul Newman has been officially marked down!

How did Newman allow brands like Rao, Barilla and Classico to dominate the “too lazy to make your own sauce” market, charging upward of \$2 more for sauces? Sad to say, I think it’s because the name “Newman” no longer carries the relevance it used to. Cool Hand Luke died 15 years ago this month. The more time that elapses, the more likely shoppers will pick up a bottle of Newman’s Own and say, “Who?” before putting it back.

Yes, we are a celebrity obsessed culture, but we also want to feel like we have a connection with the celebrities we support. If Taylor Swift launched a line of gum and charged \$5 per stick, I am certain sales would still explode, for what young girl doesn’t want their breath to smell like Taylor’s?

Now fast-forward 15 years. Taylor will be 48. Probably married with a couple of kids. Maybe doing a 90-minute Vegas residency as opposed to a three-and-a-half-hour



stadium show. Will her gum still be a hot commodity? Or will it be alongside the gossip rags and the disposable lighters in the grocery checkout aisle while a new female singer, who probably is currently in preschool, is charging \$10 per stick. And making millions.

This time, I tossed two jars of Newman’s sauce into my cart, not because they were cheap but because I don’t want Paul Newman, whose films I still watch, to fade away. Besides, the labels say, “100% profits to help kids” and, as vague as that sounds, kids need all the help they can get these days.

Now I just have to find that college girl and invite her over for a dinner that will knock her socks off.

Greg Schwem is a corporate stand-up comedian and author of two books: “Text Me If You’re Breathing: Observations, Frustrations and Life Lessons From a Low-Tech Dad” and the recently released “The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian,” available on Amazon.



Who was Joseph Warren?

The Warren County Historical Society is pleased to announce an upcoming lecture focusing on the remarkable life and legacy of Dr. Joseph Warren, a pivotal figure in the American Revolution. The lecture will be presented by esteemed historians Dr. Stan Cianfarano and Teri Rogers, Co-Presidents of the Society, and promises to offer valuable insights into Dr. Warren's contributions to the founding of the United States.

Dr. Joseph Warren, a physician, and patriot, played a vital role in the early stages of the American Revolution, earning him a place of honor in the annals of American history. As a key figure in the events leading up to the Battle of Bunker Hill and a founding member of the Sons of Liberty, Dr. Warren's commitment to the cause of liberty and justice was unwavering.

Through this lecture, attendees will have the opportunity to delve into the life and times of Dr. Warren, exploring his role as a leader, strategist, and visionary. From his

stirring oratory to his courageous actions on the battlefield, Dr. Warren's story is one of courage, sacrifice, and determination.

Dr. Stan Cianfarano, Warren County Historian, and Teri Rogers, Co-President of the Warren County Historical Society, bring a wealth of knowledge and expertise to the discussion. They will shed light on Dr. Warren's lesser-known contributions and the enduring impact of his legacy on American history. Their talk will also preview the creation of a new museum dedicated to Joseph Warren on the society's site in Queensbury.

"We are thrilled to have Dr. Cianfarano and Ms. Rogers join us for this enlightening lecture," said Don Rittner, Executive Director of the Warren County Historical Society. "Dr. Joseph Warren's story is one that deserves to be remembered and celebrated, and we are honored to share it with our community."

The lecture will take place on Monday March 11 from 6-7:30 PM. The event will



take place at the Queensbury Masonic Historical Society, 15 Burke Dr., Queensbury, NY 12804. Admission is free. Seating is limited, so early registration is encouraged.

For more information about the lecture or to register, please contact the Society at 518 743-0734 or mail@wcnys.org, or visit the Warren County Historical Society Facebook Page at www.facebook.com/wchistorycalsociety.

Consider starting a shoebox program

Generosity throughout Greenwich contributed to a successful shoebox gift collection season at drop-off locations for the Samaritan's Purse project Operation Christmas Child. Across the U.S., the project collected 10 million shoebox gifts in 2023. Combined with those collected from partnering countries in 2023, the ministry is now sending over 11.3 million shoebox gifts to children worldwide, including many who are suffering from war, poverty, disease and disaster.

Through shoeboxes—packed with fun toys, school supplies, and personal care items—Greenwich area volunteers brought joy to children in need around the world. Each gift-filled shoebox is a tangible expression of God's love, and it is often the first gift these children have ever received. Through the continued generosity of donors since 1993, Operation Christmas Child has collected and delivered more than 220 million gift-filled shoeboxes to children in more than 170 countries and territories.

Across NY, shoebox packers often shop for deals on shoebox items throughout the year, and many serve at a deeper level by becoming a year-round volunteer. Information about ways area participants can get involved year-round can also be found at

samaritanspurse.org/occ or by calling 518-437-0690.

Although local drop-off locations for shoebox gifts are closed until Nov. 18 – 25, 2024, anyone can still be a part of this life-changing project by conveniently packing a shoebox gift online in just a few simple clicks at samaritanspurse.org/buildonline.

These simple gifts, packed with love, send a message to children worldwide that they are loved and not forgotten.





Live! Folklife Concerts

Free! 2024 Thursdays 7 pm (doors open 6:30)
(Second free show Fridays Historic Salem Courthouse)



March 14 Northern Resonance

Scandinavian string trio from Stockholm Sweden - Anna Ekborg
Hans-Ers (viola d'amore) Jerker Hans-Ers (Hardanger fiddle) Petrus
Dillmer (Nyckelharpa). northernresonance.se

March 21 Jocelyn Pettit & Ellen Gira

"A dazzling duo" on fiddle and cello with original tunes and a
repertoire from Scotland, Ireland, North America and Scandinavia.
jocelynpettit.com



April 18 Crossroads of Sound

5 musicians of diverse backgrounds sharing traditional and original music from
Turkey, the Balkans and the Middle East. volkanefe.com

April 25 Ukrainian Village Voices

A New York City-based collective singing in the polyphonic
village style, often focusing on songs of seasonal celebrations.
ukrainianvillagevoices.com



May 9 Joy Clark

New Orleans-born singer-songwriter, lyrical guitarist and composer.
joyclarkmusic.com



251 Glen Street, Glens Falls, NY 12801 www.crandalllibrary.org



Council on
the Arts

Live! Folklife Concerts are produced & recorded by the Folklife Center
at Crandall Public Library and funded in part by the NYS Council on
the Arts supported by the Governor's Office and the NYS Legislature.

SUNY Adirondack and medical careers

SUNY Adirondack recently announced Healthcare Pathways, a new program funded by a State University of New York (SUNY) Future of Work Centers grant that allows the college to develop career pathways and provide support to individuals pursuing careers in health care.

Recent reports show a critical need for health care workers in the greater Capital District and Adirondacks regions.

According to data provided by Warren County, health care is the job sector with the most openings. U.S. Department of Labor data shows the statewide need for home health and personal care aides will grow 39 percent by 2030, with more than 711,000 projected job openings.

“Given our regional data, it is crucial that we continue to strengthen the health care workforce pipeline,” said Diane Wildey, associate vice president for Academic Affairs. “SUNY Adirondack is proud to expand on the legacy work of our prior Health Professions Opportunity Grant (HPOG).”

According to the Capital Region Economic Development Council (CREDC), “The Capital Region’s health care industry is facing a five-alarm fire.”

The CREDC report shows need for health care workers in the greater Adirondacks region will continue to increase as the area’s population ages. The region is on pace to be the second-oldest population in the United States by 2025. In Warren County, 22 percent of the population is older than 65 — one of the highest percentages in the state. Warren County’s median age is 46.8 years old, compared to 36.9 statewide. In Washington County, the median age is 44.2 and

in Saratoga County, it’s 42.9.

The new Healthcare Pathways program will address health care workforce shortages by establishing health care pathways through credit and non-credit instruction, providing student support, offering professional development training opportunities for health care employees and hosting events with regional health care organizations.

To oversee the program and connect students to the grant resources, the college hired Kimberly Comisky as director, and Samantha Williams and Jeffrey Wright as program assistants.

Support is available for participants in non-credit training or degree programs, including those pursuing careers such as certified nurse aide (CNA), home health aide (HHA), and personal care aide (PCA), or those studying Health Education, Nursing or related fields at SUNY Adirondack.

This program allows SUNY Adirondack the flexibility to offer financial support in the way of books, uniforms, gas cards and technology, as well as access to emergency funds so students can overcome barriers to completion or employment retention.

“Our team has years of experience in health and human services and are well versed in our community’s challenges,” Comisky said. “We witnessed these challenges every day and are excited to engage with students and partner with community organizations to grow health care educational opportunities.”

About theTeam

- Director Kimberly Comisky is a dedicated advocate in human services with more than 20 years of experience. She earned a bachelor’s degree in Psychology from Siena College and completed a certificate in interdisciplinary teams and health care from Boston University. She was assistant director of a caregiver support program through SUNY Plattsburgh, for which she developed a wellness and respite care system with local health care organizations.



Kimberly Comisky



Samantha Williams

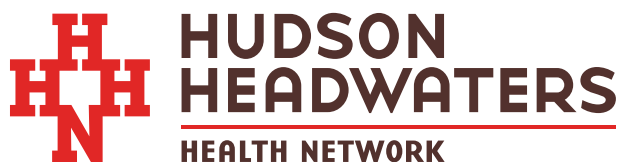
- Samantha Williams, program assistant, started her career as a home health aide supporting aging individuals. She earned a bachelor’s degree in Psychology from SUNY Empire State University. She served as a children’s health home care manager through Northern Rivers, connecting youth with beneficial services in their communities.
- Jeffrey Wright, program assistant, earned a bachelor’s degree in Business Administration from Husson University. He has experience in education admissions, workforce development and employment counseling. He most recently worked with Community Work, and Independence Inc. (CWI), helping individuals with intellectual and developmental disabilities secure employment and providing educational support for youth transitioning to life after high school.



Jeffrey Wright

Mobile Health For Everyone.

At Hudson Headwaters, we're making access to vital health services more convenient than ever. Our Mobile Health Center can be used as your primary care provider, or supplement your health care needs—including pediatric and adolescent medicine, and gynecology. All are welcome, regardless of your insurance or ability to pay. We're here for you—closer to home.



HHN.org

An evening of traditional folk music



Greenwich Free Library presents Kristoffer Andrew Ross and special guest Michael Raffel, for an evening of traditional folk music at 6:30pm on Thursday, March 7th, in the library's Community Room. Admission is free.

Kristoffer specializes in ballads from Ireland, Britain, New York, and New England. As a singer, guitarist, and concertina and bouzouki player, he performs throughout the region and lives on his family farm in Center Cambridge, NY. Michael is a familiar performer from Hubbard Hall theater and music productions, Cambridge Central School drama club, and as lead singer in the Men o' War Balladeers. He lives in the Village of Cambridge.

In addition to solo work, Kristoffer and Michael have sung and organized the Men o' War Balladeers, a vocal-harmony focused Celtic and Maritime Ballad band. The group produced two albums, including their 2019 release, *Low Lie the Fields*. More information is available at kristofferandrewross.com

Salem FFA winners

On Saturday, February 10, 2024, the Salem Central School District's FFA Chapter demonstrated their skills and knowledge at the New York FFA District 3 Leadership Development Event hosted by Schuylerville Central School District. Over 350 FFA members from the region participated in a day filled with spirited competition across various team and individual divisions. The Salem FFA Chapter made its mark with commendable performances across several categories, including:

Parliamentary Procedure Team: Josh

Harrington, Ethan Hickland, Oliver Hickland, Reagan Jackson, Anna Maxwell, and Mady Rea, secured an impressive second-place finish, showcasing their expertise in parliamentary proceedings and teamwork.

Conduct of Chapter Meeting Team: Richard Barbur, Erin Carney, Jackson Kirchner, Lucas Nolan, Sophia Pena, Charlotte Rishell, and Jack Sweenor clinched second place in the Conduct of Chapter Meeting category, highlighting their adeptness in conducting organized and effective meetings.

Individual members also showcased their skills and knowledge and earned accolades in various speaking categories:

- Sr. Extemporaneous Speaking: Anna Maxwell - 2nd place



- Jr. Extemporaneous Speaking: Lucas Nolan - 2nd place
- Jr. Prepared Speaking: Sophia Pena - 3rd place
- Jr. People in Agriculture: Lucas Nolan - 4th place
- Sr. Prepared Speaking: Josh Harrington - 5th place

The two teams and students will advance to the Eastern Region Sub-States Leadership Development event hosted by Windsor High School on Saturday, March 16, 2024.



Tax season is underway

Jill Schlesinger

*Tribune Content Agency
Special to Journal & Press*

Taxpayers, start your engines! The tax season officially opened January 29 and the IRS expects more than 128 million individual tax returns to be filed. To mark the event, here are some important facts:

Tax filing deadline

For most taxpayers, the deadline to file their personal federal tax return, pay any tax owed or request an extension to file is Monday, April 15, 2024.

Taxpayers living in Maine or Massachusetts have until April 17, due to the Patriot's Day and Emancipation Day holidays. Taxpayers who reside in a federally declared disaster area, also may have additional time to file.

Prepare now

Bookmark the IRS.gov website and check out the "Get Ready" section. You will need to gather all of your relevant information, like Social Security numbers and this year's Identity Protection Personal Identification Numbers (IP PIN).

Collect all income related documents, like W2s, 1099s, unemployment benefits received, dividends, pensions, annuities, or retirement plan distributions.

Use IRS Free File

This service lets you file your federal taxes at no extra cost either through electronic fillable forms or through IRS partnerships with private tax preparation services. It's open to taxpayers with Adjusted Gross Income (AGI) of \$79,000 or less in 2023. If your AGI is above \$79,000, you can use Free File Fillable Forms, the electronic version of paper forms.

Consider Direct File

The IRS is experimenting with a new way to file taxes called Direct File, which will allow taxpayers to file their 2023 federal tax return online, for free, directly with the IRS.

If you are eligible (you have to live in one of the 12 pilot states), it sounds pretty nifty: no software, mobile-friendly, easy to use, secure, accessible, and free.

Decide whether to engage a pro or go it on your own

It's tough to find someone to help with your taxes in April, so now's the time to figure out whether or not it is necessary. If you have a complicated financial life, consider paying up for a professional.

For example, small business owners and those who are self-employed may want someone who is familiar with Schedule C and who will let you know when you should file a Form 1099 to report any payments you made to others.

If you had a lot of investment activity, sold property, or have to file an estate tax return for a deceased family member, you may also want guidance. Check out the IRS website for tips on how to choose a tax professional.

Claiming the Child Tax credit (CTC)?

Don't jump the gun! If you have a child under the age of 17, you may be eligible to claim a tax credit of up to \$2,000 per child



when you file your tax returns.

The credit is available to single and head of household filers who earn less than \$200,000 and married filing jointly who earn \$400,000 or below.

There is a proposal in Congress that could help lower income families by increasing their CTC, but it's not clear whether the change will get through and if it does, whether it will be in time for this tax season.

Regardless of what happens with the proposal, by law, the IRS couldn't release a refund for a return for certain credits until mid-February at the earliest. (You can use the IRS Where's My Refund? tool to track your refund.)

Jill Schlesinger, CFP, is a CBS News business analyst. A former options trader and CIO of an investment advisory firm, she welcomes com-



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Next Issue Is Mar. 22 – 5x circulation!

The historic, est. 1842 Greenwich Journal will still publish and mail its paid-circulation paper the 1st and 15th of each month, but will now also publish a free newspaper titled Journal & Press, distributed to free racks outside Greenwich on the 8th and 22nd of each month.



Here are the rules:

- This is the 1x rate for small businesses/non-profits; you may extend it to 2-48x/year.
- A small business is 5 or fewer employees.
- This is the 12x/24x/48x rate for larger businesses and others with prepay.
- Art must arrive as a 9.5"x10.25" PDF 10 days prior to print date.
 - send to editor@journalandpress.com.
- Design help available for an added fee – ask!