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JOURNAL & PRESS

Of Southern Washington County, Est. 1842

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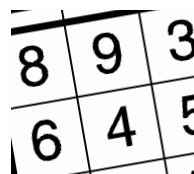
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Protests everywhere

From Minneapolis to New York City to Our Towns Upstate

In this edition, we cover protests in the aftermath of the George Floyd death from various perspectives. Our Greenwich-based writer Annabel Gregg goes down to Manhattan while our other writers and photographers visit rallies throughout our coverage area. Locally, the events were well-attended and peaceful, sparking an important dialogue on this national issue.

Please read more starting on page 3



-david doonan photo

The summer of nothing

See you next year! That's the refrain we keep hearing from the dozens of local events organizers – large and small – in the midst of the COVID-19 crisis. The latest to call it quits: The Washington County Fair and The Turning Point Parade. And how can local small businesses survive when anchor events are closed?

Please read more inside this issue



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You can also pay by credit or debit card or PayPal via JPsubs.com. E-mail editor@journalandpress.com for requests and more information.

Free PR/marketing classes

Darren Johnson, Publisher of The Journal & Press and a longtime communications professional, will offer free online PR and marketing conversations for local small business owners and their staff once a month, starting online Wednesday, June 24, at 10 a.m.

Talks will cover low-cost and effective ways businesses can promote themselves in these trying times. Johnson was the lead PR/marketing communicator for several colleges. To register and to get the link to the conversation, send a note to marketing@journalandpress.com.

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Local protests for BLM, police reform

Darren Johnson
Journal & Press

A Walk for Justice rally and march supporting Black Lives Matter attracted nearly 300 people, starting at the Saratoga Town Hall building in Schuylerville and marching down Broad St., to the village green at the edge of the village, where people knelt on one knee for 8 minutes and 46 seconds to remember George Floyd, who had died in Minneapolis in that time frame as a police officer had a knee on his neck.

Before the march, Matthew Geiling, a Schuylerville native and recent law school graduate, took to a bullhorn to rally the crowd.

“Whose lives matter? Black lives matter!” he said as fellow protesters repeated the phrase in unison and cars driving by beeped. “In these types of communities, we’re not going to be fooled into thinking that saying that is controversial.”

He suggested that small businesses could set up days where they donate a portion of their sales to groups like the ACLU, the NAACP, George Floyd’s family or Brianna Taylor’s legal fund. Taylor is an African-American woman recently killed in a no-knock police raid in Louisville.

“We have to have a tough conversation. If you’ve got racism in your police department, that’s not a safe community,” he added. “If you’ve got racism on a school board or your local government, that’s not a safe community. You have to take a stand, and vote those people out,” he said.

It wasn’t lost on Geiling that their setting was near a famous Revolutionary War landmark, where the British relented to Continental forces after the Battles of Saratoga. “We actually fought to have that right that we fought for in 1777!”

Schuylerville Chamber of Commerce leader Dave Roberts, who helped organize the event, mostly promoting it through Facebook, said there was a lot of resistance and negative comments on the site, but he was heartened that the real turnout at the march was positive and well-attended. Considering we’re still in a COVID-19 pandemic, practically everyone wore masks, he noticed. Because the group only used sidewalks and public property, no permits were needed, but local police were informed of the rally so that they could manage traffic while protesters crossed streets.

Chelsie Henderson, who owns Rural Soul Studio in the village and led a drumming trio at the event, said after in an email to the Schuylerville Small Business Association: “This town of 1,300+ (of which around 92% are white) saw around 300 people come out holding signs regarding the cause, chanting the names of those black lives taken in the hands of police and demanding justice and peace, all while wearing masks and respecting space around one another. ... When the climate around a topic seems controversial, it is hard to stand up, even when you know it is right. I understand this. But what I have to say is this: racial inequality and the need to end prejudice policing is a human rights issue. If you don’t speak up, you are part of the problem. Period. As a white cisgender female educator, small business owner, farmer, mother who grew up and again lives in rural, Upstate New York it is my duty to listen, learn, educate and STAND UP.”

She and Roberts both thanked a very professional and accommodating Saratoga County Sheriff’s Department and State Police presence and noticed there was only one citizen who was acting aggressively toward the protesters. The critic was kept at bay.



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MKT-P0108

Agricultural and retail workers

Natalie Jew
Journal & Press

In a NY-21 COVID Zoom meeting, on May 27, local officials and business owners talked about the new normal for agricultural producers and retail workers as we are all starting to move again in this pandemic.

The application for the Coronavirus Food Assistance Program, which will give all eligible participants direct relief, is open now from May 26 through Aug. 28, for any farmer who has seen their prices drop from coronavirus.

The commodities that fall under the Coronavirus Food Assistance Program include non-specialty crops, wool, livestock and specialty crops. (As of now, nursery products, aquaculture products and cut flowers will not get compensation from the program.) The payments will be made in two installments: the first is 80% of the benefits and then 20% at a later time.

In the conference, Credit Manager Julie Forbes of CaroVail Fertilizer talked about opening up her business in the pandemic with all the safety measures that were put into place.

“We’re putting a lot of the

safeguards in place [such] as limiting the visits from any outside personnel, we have deliveries that are all contactless and we’re going out and picking up deliveries at the plants, no farm visits,” Forbes said. “We’re making it work so we can get farmers supplied with crop inputs and we’re busy with the season.”

There have been a lot of customers, according to owner Laurie Griffin, at Saratoga Sod (a supplier of sod grass) because people have nothing else to do but go outside during the pandemic.

“Getting up and going a couple of months ago was a little rocky, but now we’re finding [that] people are just clamoring for something to do. Those types of things have really spiked for us and it’s honestly a little crazy,” Griffin said. “But we’re busy, our guys are healthy and we see every week being a little busier (a lot of pent up demand).”

To Senator James Tedisco, all we can do is keep going.

“I certainly appreciate hearing the optimism and the hard work and innovation that illustrate what our agriculture and farming industry does to keep us with the sustenance we need,” Tedisco said.

Missed an issue?

Subscribers to the Journal & Press can now see full PDFs of every single paper since the start of the new year at journalandpress.com.

Go to the site and click on “e-editions,” then type in jandp1842 as password. We’ll change this password occasionally; and, for those who get the print edition by mail, we’ll print the new password on your mailing label. We also plan to put some exclusive content on the site. Enjoy!

Salem HS names Top 10

Salem Central School District is pleased to announce the class of 2020 top ten graduates. They are:

Valedictorian Lily Gallagher graduates with an Advanced Regents diploma with honors and mastery in science and math. Lily's work ethic and kind spirit contribute to her many successes in academics and contribute to her many successes in academics and in life. Most recently, Lily was chosen as Salem Central School's top student for the 34th Annual Scholars Recognition Program, sponsored by the Capital Area School Development Association; and as the nominee for a PEO Star Scholarship, which recognizes outstanding female high school seniors. Lily is also the recipient of the President's Education Award, the Bausch and Lomb Honorary Science Award, and a New York State Scholarship for Academic Excellence. Lily plays an important role in many clubs and activities, including National Honor Society, mock trial, the math team, soccer, and track. One of Lily's many gifts is her musical ability, which she shares through her participation in the school's drama club performances, All-County Chorus, band, jazz band, NYSSMA, the Battenkill Chorale, and Dorset Playhouse productions. Finally, Lily gives freely to others as a friend, and mentor, and she volunteers in many local organizations including her church. Lily plans to pursue environmental studies at Franklin and Marshall College this fall. Lily is the daughter of Michael Gallagher and Karen Gallagher of Salem.

Salutatorian Lillian Butler graduates with an Advanced Regents diploma with mastery in science. She has re-

ceived several honors, including the Frederick Douglass and Susan B. Anthony Award, and the New York State Scholarship for Academic Excellence. Lillian's tenacity has earned her leadership roles in drama club, yearbook club, mock trial, Mind's Eye Magazine, zodiac club, student council, and as the president of the National Honor Society. She also competes in the weightlifting club. Many of Lillian's greatest achievements are in the area of music. She is an incredibly gifted singer, song-writer, and leader in the Salem Drama Club, NYSSMA, All-County Band, jazz band, and chorus. She performs at the Dorset Playhouse, was chosen for the All-State Choir, and the Carnegie Hall Honor Choir. Lillian's talent and optimism also lend itself to her work as a role model with younger students during the summers at the local Courthouse community program. This fall, Lillian plans to continue sharing her beautiful voice at Binghamton University, in the fine arts in music program. Lillian is the daughter of Richard Butler and Tammy Butler of Salem.

Dorothy Moffitt graduates third in the class with an Advanced Regents diploma. She earned a New York State Scholarship for Academic Excellence, and the President's Award for Educational Excellence. She's a member of the yearbook club and field hockey team. Dorothy volunteered as a scorekeeper and videographer for the varsity wrestling team, volunteers at the annual Carl Lufkin Memorial Pull for the Cure, and with the youth field hockey program. She will pursue a veterinary science degree at SUNY Canton. Dorothy is the daughter of Steven Moffitt and Joan Moffitt of Salem.

Mikayah Rushinski graduates fourth in the class with an Advanced Regents diploma. She earned the President's Award for Academic Excellence, is a member of the National Honor Society, and vice president of the Salem FFA. She is a member of the varsity soccer and basketball teams, and this year was recognized as a first team all-star for soccer, and received a scholar athlete award. She will pursue a degree in physical education and health education at Springfield College. Mikayah is the daughter of Justin Rushinski and Theresa Rushinski.

Serena Wilk graduates fifth in the class with an Advanced Regents diploma. She earned the President's Award for Academic Excellence, is a member of National Honor Society, member of Mock Trial, and class treasurer. Serena is a member of the varsity field hockey team, and was a first-team all-star in the Wasaren League for two years. Serena earned an honorable mention at The Hyde Collection's annual High School Juried Show. She will pursue a degree in Spanish education at SUNY Cortland. Serena is the daughter of Scott Wilk and Robyn Wilk.

Kaia Haskell graduates sixth in the class with a New York State Regents diploma. She earned the President's Award for Academic Excel-



Lily Gallagher



Lillian Butler

lence, is a member of the National Honor Society, mock trial, literary magazine, drama club, yearbook club, and math team. She is a member of the varsity soccer and varsity track teams. Kaia is a scholar athlete as well as a record-breaking member of the weightlifting club, where she met and surpassed goals in multiple events. She will pursue a degree in childhood education at Saint Rose. Kaia is the daughter of Jack Haskell and Rosalind Haskell.

Jack Thrasher graduates seventh in the class with an Advanced Regents diploma. He is the recipient of the Modern Woodmen Scholarship; earned the President's Award for Academic Excellence, and was selected as a delegate for the Hugh O'Brien Youth Leadership program. He was a mem-

continued on page 11

From Greenwich to NYC protests

Annabel Gregg
Campus News

Each day, we put together our all-black outfits and masks, packed our bag with hand sanitizer and water, and diligently checked organizer updates to figure out where the groups were. We spent at least an hour each day navigating the streets and the subways, following minute-to-minute updates from the Justice For George NYC Instagram account, trying to get to one of the quick-moving marching groups. Once we'd finally find them, we'd shuffled ourselves into the crowd, finding ourselves only a few feet away from the hundreds to thousands of other protestors – thousands of others just as angry, confused, and eager as we were.

Originally, we weren't going to go.

We had been deeply disturbed by the death of George Floyd, both of us had watched the video of a man who allegedly forged a 20 dollar bill being choked to death by an officer's knee. As the days went on, we watched protests from our small kitchen, standing and staring at the TV for hours at a time, watching images of protests happening just a few blocks from us, feeling helpless. For me, it felt like we were part of the problem – two young, completely able-bodied, privileged Americans who could easily be out on the Manhattan streets lending our voice to the cause. But we just didn't know what to do.

Both of us have family members in my Upstate hometown of Greenwich that are in the high-risk category for COVID, so this was no easy decision. Over that weekend, after hours-long deliberations, we decided it might be best to not go, to do what we can from the apartment, so we could go home and see our family the next week.

We sat with that decision for a few days. It didn't sit right. We kept coming back to the idea that we should be out there and we could be out there, that this issue of fighting racial injustice and showing solidarity with the movement was worth fighting for and worth risking our health for. We kept watching the protests from the safety of our home, our resentment towards ourselves heightening.

After days of long deliberations, we eventually decided it was time. We called our families and told them we probably wouldn't be home for a little while, just to make sure that if we got the virus, we wouldn't be spreading it to our loved ones. We decided it was time to use our voices, lend a hand to the movement, and show solid solidarity.

Reflecting upon about a week of protesting, I can safely say deciding to protest was the right decision to make. Being a part of this moment - doing everything we could to be a part of this moment - was eye-opening and important. Each day we marched, protested, chanted, listened, kneeled, screamed, held hands, smiled, held back tears.

There were parts that were scary. I've never seen more police than I have the past few days. As

'There were parts where we felt brave; parts where we felt angry.'

we walked down 8th avenue one day, we marched by one of the local police precincts. Each street entrance for the next five blocks or so was blocked off by at least forty officers packed behind a metal barrier fence, watching us with intimidation as we silently marched past. Walking by Port Authority on another day, I found



myself staring directly at each of the officers lined up outside the building entrance, catching the eyes of some. My nerves instantly spiked when we'd make eye contact, but I'd hold steady. I was never the one to look away first. I never felt like these people were there to actually protect us.

There were parts that made us angry. I've never been angrier at the police system than I am now. One day, during a larger march, we found ourselves only a few feet away from officers guarding Trump Tower outside Columbus Circle. We didn't say a thing - our parents had already warned us not to confront the police. But

many others did. The march came to a complete stop as we all watched at least fifty or sixty officers stand guard out front the building, this symbol of the system we were protesting against. A young man right next to us started yelling, pouring his heart out to the nearest policeman. "You should be ashamed of yourselves!" he cried. The cop turned to his nearby partner and laughed, both of them shaking their heads. I can remember few times where I have been filled

with that much immediate anger, watching that officer stand in full riot gear laugh behind a metal barrier, as a protestor begs him to empathize with this genuine movement.

There were parts where we felt brave. One night we found ourselves at the front of the pack, hundreds of young people trailing close behind us as we took over the streets of the West Side. We ended up in front of the Museum of Natural History, which shockingly was lined with dozens of armored officers. Before we knew it, we were kneeling alongside the hundreds of protestors, taking over all of 81st Street, facing the line of officers head-on. We all stared silently at the police, lowered to the ground, fists in the air. Curfew was coming. We could hear their radios buzzing with other officers' commentary. But these cops didn't laugh or smile. They just stood there, watching us. After a few minutes of solitary silence, we sang a somber Happy Birthday to Breonna Taylor, a woman shot by police in her own home a few months ago, who would have been 27 that day. Then, collectively, we stood up, turned away from the line of officers, and left.

continued on next page

In Greenwich, too

The Village of Greenwich, as well, saw a large turnout at Mowry Park on June 6 for a gathering in support of George Floyd and Black Lives Matter.



-david doonan photos

Protesting (cont.)

Finally, there were parts where we felt hopeful. I have never felt such a strong sense of unity than I have in the past week. Thousands of people of every race, of every age, of every gender, found their place in this movement and in these demonstrations, standing in solidarity with Black Americans and empathizing with their struggle for justice. There were people over 80 risking their lives to march beside us, and parents pushing their kids in strollers. Everyone felt a need to be a part of this movement. I believe this will go down as a historic moment of American unity. I saw dozens of individuals with backpacks full of supplies, donning signs advertising “Ask me for water!” or “I have masks and hand sanitizer!” to give to their fellow marchers. We walked past a mom-and-pop pizza place in Downtown Manhattan, whose

employees stood on the sidewalk with over 20 stacked pizza boxes, handing out free pizza to hungry demonstrators. We saw families with cars pull over on street corners to hand out cold water and snacks to hot protestors. We walked in-between thin spaces through lines of cars trapped on busy streets, who honked their horns and cheered for us in solidarity despite having to wait an hour stuck in traffic. We danced and clapped in rhythm with thousands of others through Union Square, following John Batiste and his band of a dozen or so musicians as they bopped through the narrow streets, all of us chanting songs of hope and peace together.

This was a week of action, a week of unity, and a week of change. Although this moment stemmed from racism, hatred, systemic oppression, and murder,



-ag photo

I now know that there will be change as a result of it. Everyone is and should be looking for ways to be a part of this – whether that be protesting, supporting the protestors, donating, petitioning, engaging in civic activism, educating themselves, having tough conversations. This week made me proud of my country,

and hopeful for what we can do to bring about true change. I am hopeful. I hope you are too.

Annabel Gregg is a Greenwich resident studying Political Science at Hunter College.

Driving across the USA, Part IV

Liv Thygesen
Journal & Press

The information center was completely void of any life. I walked around the snowy sidewalks looking to a ranger or some information about the park. There was a small group of tourists standing in front of a land marker. As I approached them, I could feel the wide-open expanse of something great in front of me. As I walked closer, the vast openness and fresh air increased. According to the sign, I was standing at the edge of the Canyon. However, there was nothing to see but think pea soup fog. I looked down over the wooden railing. Nothing. Nothing but dense fog. The air was chilled as I shiv-

ered. My soul crushed. I had come all this way and persevered car repairs, icy roads and limited gas funds, to find a canyon filled with fog. The vast expanse of the canyon could be felt through the thick fog, but not a rock or a crater could be seen. As empty as my heart felt, the spirit of the canyon filled my soul as I stood there, eyes closed to imagine what it must look like. How could fog be so thick? So dense? I came all this way only to feel the canyon and not to see it?

As I turned, shoulders slumped to walk back to my car, a park ranger appeared out of the mist. “When does the fog usually lift?” I asked him; my heart beginning to lift. “Oh not until 1 or 2pm if you’re lucky.” I cannot stay around here until then. I need to be close to Yuma by that time to stay on schedule. In that one moment, my hopes truly crashed. I will never get to see the Grand Canyon. I cannot believe that I came all this way for FOG. Fog! Who fills the Grand Canyon with fog on your only chance to see it?! In the middle of the sidewalk as I walked back to my car, was a small snowman. His smile was crooked and his twig arms were lopsided. I snapped a photo of him. At least I got a picture

of something that made me smile at the Grand Canyon that day.

The significance of this experience did not have meaning for many years. I spent years of blood sweat and tears to put myself through undergrad and grad school at a single parent. I sacrificed everything to become a Spanish teacher. At the end of a school year I decided that it was not the field for me. When I decided to leave the teaching field, I was shaken to the core as to what would happen, yet I knew it was the correct direction to take. The anxiety of change was as immense and expansive as the Canyon. The outcome of my decision was as mottled and unclear as the pea soup fog that filled the Grand Canyon that day. I could feel the expanse of the Canyon, but completely blind of its potential and beauty. Career change decisions are not made lightly. They are often terrifying and intense. They are as large as the Grand Canyon and as unclear as the fog that filled it.

‘But I came all this way to see the canyon.’

Liv Thygesen has been a marine, educator and community advocate. She owns Sip & Swirl in Greenwich.



Turning Point Parade nixed

Byron Peregrim, Chairperson of the Turning Point Parade Committee, reported on June 8:

“In light of the spread of COVID-19, the Turning Point Committee has been closely monitoring CDC recommendations, updates to the New York State on PAUSE executive order, and recommendations of state and local health authorities as they pertain to large event gatherings scheduled for the summer-

time. Based on this guidance and careful consideration, the committee has made the difficult decision to cancel the 26th Annual Turning Point Parade and the 16th Annual Turning point festival scheduled for August 1st and 2nd, 2020.

“It truly saddens us to do so, but now gives the committee an ample amount of time to plan the 2021 parade and festival.

“From our families to yours, please stay healthy and safe.”



Fires Along Main Street, Part IV

Sandy McReynolds
Gill Room Historian

We'll start with a two-story structure known by several names through the years – The Follett or Wilson Block; and for something a bit more recent — Champoux's. If you recall, the buildings to the left of this were destroyed in the 1896 fire, though the work of the firemen kept the flames from this particular building. However, five years later, the building wasn't so fortunate.

On Dec. 24, 1901, as the employees were opening the shop for the day at around 9, an adjustment of the Christmas display in the front window inadvertently caused contact between electric lights and cloth decorations, igniting the storefront and ultimately destroying the entirety. The men in the shop were able to escape — one running through the flames in the front of the store and the other from a second-story window.

Like with many fires of the past, water was an issue. There wasn't a handy supply nearby and what the firemen were able to get with the low pressure — it took half an hour until a full stream could be used against the flames.

Bosworth's, on the left, was once again in danger of being taken by fire, but happily, little damage was done to the store.

Wilson's store was quickly rebuilt to serve the clothing needs of the men and boys of the town. Currently, the store sits vacant, with paper covering the windows.

As we continue to make our way down Main Street, this brings us to what is generally referred to as the Ciotti or Battie's Block, where there have been three fires over the decades. Originally, a wooden structure sat here known as Mechanics Row/Corey's Row, this is where the massive 1866 fire originated in the early morning hours of June 26, which turned out to be the hottest day of the year with temperatures said to be nearing 100.

The fire began in the basement where the Long Boys Saloon was located. The Billiard's Room occupied the first floor, and above that — apartments, the fire spread quickly throughout the wooden frame.

Winds that day carried the hot embers primarily south, where the flames jumped to Cozzen's Tin & Hardware store, on the right, totally destroying the structure. In a race to stop the progression of the conflagration, the next building containing S.L. Stillman's dentist office, was blown up. It didn't work.

The fire continued its path south, the residence of H.K. Cornell was the next to succumb to the unrelenting blaze. Across the alleyway stood the milliner shop of Mrs. Braun. As the embers cascaded upon the men, it was time to attempt to end this once and for all—explosives were set and the shop was blown up. However, where they had failed the last time,

**'June 26, 1866,
was the hottest day
of the year.'**

this effort was a success.

Those buildings to the north:

Follett's brick construction with slate roof suffered little to no damage while Bosworth's wood frame structure took great effort to keep it from alighting as the scorching embers spewed from Mechanic's Row, however, the barn in the rear was a total loss.

Mechanic's Row remained in a pile of rubble for nearly seven years until Mr. Joseph Beattie constructed the three storefront configuration in 1873. A mere seven years after the replacement building was erected, fire once again struck. In the early morning hours of June 8, 1880,

the fire alarm was sounded. The second-story walls were blown out in the back — the location of Mr. Beattie's undertaker practice. Also affected included Rice & Rouse's grocery store, Sonn & Rosenberg ready-made clothing and gents furnishings and Benjamin Delevergne's meat market in the basement. Structures on each side — Cozzen's & Follet's were both on fire several times, but the buildings were saved with little damage.

The third fire struck in April 1908 slightly before dawn under suspicious circumstances in the rear of the building. This was a much smaller fire compared to the previous ones as it was contained in the southernmost of the three stores, which held C. Celestria's fruit store and an apartment above, gutting this section completely. The other two sections of the block — H.H. Wallace Dry Good Store in the center and W.G. Phillips store occupying the north section were damaged by smoke and water.

Over the years, there have been many stores that have worked from this location: Lyttle's Market — later to become Lyttle & Little's, The Boston Candy Kitchen, Fred Ciotti Shoe Repair and the Clover Club. The current residents are Pound Foolish, EMH Photography, and Sweet Beet Bistro. In the 1970s, the exterior of the building was modified, changing the entire look of the historic brick building and causing some controversy. In later years, it was removed and the building has returned to its natural look.

Salem Library News

The Bancroft Library is open for curbside pick-up. All materials must be requested in advance, in one of the following ways:

- Online, through the library catalog.
- By email: slm-director@sals.edu.
- By phone: 518-854-7463.

There will be no interlibrary loans at the present time.

A staff member will contact you when your materials are ready and schedule a time for you to pick up your materials. Please make sure you've been in contact with a staff member before arriving at the library.

Oh, the places COVID will go!

Cody Fitzgerald
Journal & Press

I did say that I was going to refrain from corona talk, but I have noticed that there has been a lack of communication about corona to children. Today, I'd like to inform the younger generations on what's happening and speak their language to do so. So, in the style of Dr. Seuss, here is some information on corona for a younger crowd.

Have you seen?
Oh, Have you heard?
The virus that's spreading
Around the world?

We watched the world wait out
the wave,

They warned the states on why
they should behave,

We witnessed the weight of
what Corona gave,

But we wanted our Whoppers
and we wouldn't be saved.

It arrived so quick, just like
they said

It spread. It spread, and
spread and it spread!

Some places spread fast, some
places spread slow.

Some cases were high, some
cases were low.

We shut down quick, we had
sealed our fate.

Closing one state, two states,
red states and blue states.

We listened to the government,
We heard plenty of surprises.

So was our summer now ru-
ined?

Political egos grew three sizes.

People were locked inside star-
ing at their clocks,

Panicked, your great uncle sold
all of his stocks.

We were allowed in Price
Chopper but only in blocks,

We're out of toilet paper, time

to change your locks.

All the schools closed, no
spring sports for the jocks,

Facebook was the only way to
see your church flocks,

At least Dish Network stopped
arguing with Fox,

Why is the President telling
me to drink Clorox?

Times are weird,
So we have to ask,

"How do I eat Green Eggs and
Ham,

If I'm wearing a mask?"

Six Feet! Six Feet! This rule it
is not sweet,

But if incomplete then we have
to repeat!

This rule is concrete, if we to
try delete,

Then all that we've done is just
obsolete!

So please take a seat and do
not retreat,

If you go and greet Pete or
start trying to cheat,

Compete on the street, use a
paper receipt,

or if you share all of the food
that you eat,

or if you try and gather in the
hot heat,

then you my friend, are simply
not a treat.

So what did we teach,
And what did we learn?

You heard my speech,

And now it's your turn.

I don't mean to be formal,

I don't mean to be a bummer,

Let's get back to normal,

Let's have a fun summer.

*Cody Fitzgerald is a
Schuylerville
(NY) High
School junior as-
piring to become
a screenwriter
and comedian.*



Battenkill Community Services adapts, grows

Battenkill Community Services has been conducting Virtual Day Habilitation programming since the beginning of April.

BCS is best known for its day hab. program for individuals with disabilities. But also each day staff would head out across the area with a small group of individuals. They would perform at nursing homes for the residents, work with the local food pantry to pick up food from the Albany distribution center, host luncheons, musical jam sessions, trips to the library,

meal planning & shopping for culinary, hikes in local parks, gardening, among many other activities.

When Covid-19 caused the closing of their physical location on March 13th, the staff set in motion a plan to open Virtual Day Hab on April 9th.

Thanks in part to a grant from the Community Foundation for the Greater Capital Region as well as other foundation grants the agency was able to purchase tablets for individuals who did not have access to the

online platform.

Also, since March 16th BCS staff has been delivering just under 400 meals a week to students from the Greenwich Central School.

The Virtual Day Hab starts off with morning chat, a place friends gather to visit and review the schedule for that day as well as a look to the week ahead. Options range from exercise, to book club, drama including puppet theater and set building. Groovy Tuesdays are one of the more popular seg-

ments. Arts and Crafts are offered, music, line dancing, learning sign language are just a few of the great selections.

BCS has a Facebook Virtual Garage Sale happening soon, and currently collecting donations from the area. If you are interested in donating items, go to tinyurl.com/ybndogav. To donate, go to givebutter.com/BCS_garage_sale. Learn more on their Facebook Page: fb.com/BattenkillCommunityServices.

History Happened Here

The Industrial Revolution and Greenwich

Jim Nolan
Journal & Press

The Industrial Revolution was a time of transition from human-powered methods of production to machine-powered production. Britain was the birthplace of the Industrial Revolution, in particular, the demand for cotton cloth spurred British inventors to develop machines that could be used to produce more and higher quality cloth. The inventions that followed include the flying shuttle in 1733 and soon after the power loom and the spinning jenny.

In the United States, after the Revolutionary War, the population was growing and there was increased demand for textiles. In 1793, Samuel Slater came from Britain to the United States and established the first successful water-powered cotton spinning mill in the nation on the Blackstone River

in Pawtucket, Rhode Island. This was the birth of the American Industrial Revolution.

In 1804, Job Whipple, a Quaker from Rhode Island, along with his son-in-law, William Mowry, established New York State's first water-powered cotton mill along the banks of the Battenkill River. This partnership marked the advent of what was to become a village first known as Whipple City, later incorporated as Union Village in 1809, and finally renamed Greenwich in 1867.

By 1807, the Mowry-Whipple Mill was thriving.

Yarn was farmed out to housewives in the surrounding area to be woven into cloth. Sawmills and gristmills became a part of the mill complex on the Battenkill River. The Industrial Revolution had come to what is now Greenwich.

The Mowry-Whipple Mill closed in 1845 and became the

location of a flax mill during the 1850s, and years later, The Eddy Plow Works. The Battenkill Knitting Mill was formed in 1862. It operated for two years before a fire damaged its machines and facilities. It was rebuilt and in 1870, the mill was incorporated as Pleasant Vale Mills. Unfortunately, through the next few years, prices fell so low that the knitting mill was closed.

'McMaster & Co. employed 200 local workers.'

However, in 1899, Edwin Groat leased the mill and refurbished and increased the number of machines to once again create a prosperous knitting mill along the Battenkill.

The Dunbarton Flax Spinning Company opened in Greenwich in 1879. This mill housed the American branch of the Ireland manufacturer Dunbar McMaster & Co., Ltd. The

Company manufactured flax threads, yarns and twines. They employed about two hundred local workers. The products manufactured here were sent to all parts of the world. The mill closed in 1951.

As mills producing linen thread, knitted garments and paper were developed, immigrants arrived in the Greenwich area to work in the mills. Many of these immigrants were of Irish descent. Descendants of these Irish remain in the community today.

Some of the mill sites along the Battenkill in the Village of Greenwich are currently being studied for possible development.

A resident of Greenwich, Jim Nolan is a Professor of Business Analytics at Siena College and serves on several Greenwich area non-profit boards.



Salem HS names Top 10 (cont.)

ber of the varsity soccer and track teams, and achieved scholar athlete status. He will attend Union College, and at this time his major of study is undeclared. Jack is the son of John Thrasher and Susan Ceglowski.

Sage Beagle graduates eighth in the class with an Advanced Regents diploma. She earned the President's Award for Academic Excellence, literary magazine, drama club, senior band and chorus, jazz band, and the Washington County Band. She is also a member of mock trial, where she earned awards as best witness and best lawyer. Sage is an advocate and am-

bassador for New York Civil Liberties. She will pursue a degree in health science at Hudson Valley Community College. Sage is the daughter of Charles Beagle and Jeanna Lundgren-Beagle.

Brady Nichols graduates ninth in the class with an Advanced Regents diploma. Brady is class president, vice president of the National Honor Society, mock trial president, and captain of the varsity soccer and basketball teams. In his junior year, Brady was awarded the George Eastman Young Leaders Award, and named a Student Sage Scholar. He will pursue pre-medical studies at Russell Sage College.

Brady is the son of Ben Nichols and Krista Sullivan. He also has the support of his step-father Bob Sullivan.

Jacob Robbins graduates tenth in the class with an Advanced Regents diploma with mastery in science. He is a member of the National Honor Society, mock trial, math team, track team, Future Business Leaders of America, band, jazz band, chorus, All-County Chorus, and the Washington County Band. He will pursue a double major in finance and computer science at Siena College. Jacob is the son of Amy Robbins.

Car Caravan against racial violence

Pam Fuller
Journal & Press

The tipping point that spurred people across the country to demonstrate against race-based disparity, abuse and murder hit the Village of Greenwich last Thursday, June 4, in the form of a caravan demonstration. The demonstration was planned quickly with no time to approve a parade permit. So the organizers agreed that they would obey speed limits and traffic signals in order to avoid blocking traffic.

The caravan convened in the former K-Mart parking lot, with the lead car moving further forward as more cars joined the line. Before they began driving the route around the Village, the line of cars encircled the outer perimeter of the parking lot. As they drove, more cars joined them. Rio Riera Arbogast, lead organizer of the action, led off the caravan by communicating via a Zoom call to explain the game plan to participants.

It was difficult to get an accurate count, but a video taken as the line moved up Gray Avenue showed over 70 vehicles. The cars displayed signs advocating changes in the ways our country thinks and acts regarding our history, the inequities in our society, and particularly racism and the pattern of systematically treating people of color unfairly.

Arbogast, a resident of Salem Street in the

Village, told me that they had been trying to think of some way of organizing the community that allowed people to plug into the issues and show up together, even with COVID-19 and the need to socially distance. The caravan offered that opportunity, and since the line of cars moved through the Village and parts of the Town, people who might not have been aware that it was happening found out about it.

Arbogast said that the organizers were inspired by the group Showing Up for Racial Justice (SURJ), an organization with chapters across the country whose goal is to mobilize and organize white people to join with the missions of the Black Lives Matter movement as allies. SURJ had asked specifically for small, majority-white population villages and towns to organize events to end white silence on these issues.

Although signs displayed on the cars voiced anger, frustration and sorrow about the current state of affairs, people we talked to were excited and happy to be there with each other. People used words like “inspired” and “energized” to describe their feelings. And they said that it was really good to realize how many Greenwich folks agree about the urgency of the problems that we all face as a society.

Two days later, a second demonstration took place in Mowry Park in the center of the Village. The loosely organized event came together largely through the efforts of two people with similar ideas who joined forces for the 10 a.m. gathering in Greenwich. Word about the demonstration

‘People used words like “inspired” and “energized.”’



spread through social media. Over 170 people from Greenwich and surrounding areas peacefully displayed their opinions through signs, chants and drumming. As of this writing, more demonstrations are planned for Greenwich and Schuylerville as well as surrounding communities.

Pam Fuller is Mayor of the Village of Greenwich.



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County Dems hold online convention

Natalie Jew
Journal & Press

On June 4, there Democratic Convention Forum Zoom meeting for Washington County. These are the Democratic candidates in this year's election.

Claudia Braymer of Glens Falls for Assembly 114th Dist.

Each summer, growing up, Claudia Braymer would spend weeks in the Adirondacks. It was her love of upstate New York and the natural environment of the Adirondacks that made her want to stay (and later be in the running for Assemblywoman of the 114th District). But before she was an Assembly candidate and a working mom, she went to Pennsylvania State University, took a year off to play rugby in two World Cups and then went to law school.

Top three priorities:

“For me, It’s really making sure that we bring affordable and sustainable living to everyone in the district (and that means the affordable Peete Housing piece), affordable and accessible broadband for everyone and ensuring that we take action on climate change.”

Final Statement:

“I want to mention to Washington County my connection to land banks and the work that I have done for those particular organizations like the Agricultural Stewardship Association, protecting the land, as well as protecting those small farmers’ ability to keep their farms and keep them going. That’s something that’s really important to me and I will continue to work on that as a legislator in Albany in 2021. For more information go to www.claudiabraymer.com.”

Tedra Cobb of Canton, NY for 45th Senate District

“How many of you think that Washington is working just exactly the way it should be right now,” was what Tedra Cobb said in her opening statement of the Democratic Convention.

Washington isn’t working the way it should be according to Cobb.

“If we keep sending the same people back, will we keep getting the same results?” asked Cobb. “I think so too, and that’s why I’m running for Congress. I’ve spent 30 years working with our community and with northern New York families to make our lives better. And right now, Washington is dysfunctional.”

Seneca Falls is where her story starts, as one of 11 children (nine of whom were adopted, not including the many foster children her family took care of), so Cobb’s life was all about learning to compromise and being part of a community.

As a volunteer firefighter, Cobb has always asked what else she could do for her community and as she put it, “When the alarm rang, we didn’t stop to ask whether it was a Democrat or Republican in the House, we just put the fire out because that’s the way it should work.”

To get away from the polarizing partisan government, according to Cobb, we must elect the right candidates.

“In short, I’ve spent my life expanding access to health care. [Congresswoman Elise] Stefanik has spent her career in Washington trying to take it away,” Cobb said. “I have had disagreements with colleagues from both sides of the aisle. We put disagreement aside and we solve problems for our community because that’s the way it should work.”

Kimberly Davis of Plattsburgh for 45th Senate Dist.

From phone coverage to pro-choice, Kimberly Davis is running for Senate to give others a voice through her own. “I only have a voice. I don’t have a legislative vote [yet],” Davis said. “And when I looked at the person who believes that he is the heir apparent to that Senator seat, I could not stand by and let that go unchallenged.”

To Davis, the Senator should be someone who takes everyone into account.

“You run for Senate because you want to help the people. That’s what you’re there to do, the people’s work,” Davis said. “I have made it very clear that when people come into my office, you’re going to be treated exactly the same as anyone else, regardless of



Claudia Braymer

the letter that is next to their name and that’s the way that the government should run.”

Final Statement:

“What I think is the number one issue is poverty in our area. I remember what it’s like when bill collectors called. One of the things that is not addressed a lot is poverty, deep poverty. I’ll wrap up

continued on next page



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County Democratic nominations (cont.)

by saying that I'm going back to my roots and working two jobs. I want to do a great job for you and everybody else and be a representative in the Democratic majority and to find out more or to volunteer. Please go to davisforstatesenate.com."

Patrick Nelson of Stillwater for 43rd Senate Dist.

At the end of his opening statement, Patrick Nelson read Dr. Martin Luther King Jr.'s letter from the Birmingham Jail, in honor of the Black Lives Matter movement, until his time was up.

"I want to talk about the situation in which we find ourselves. It's been stressful for me as a white man who's not directly impacted by the situations that we are seeing around the country for the past 10 days, [which is] a single percent of what people of color have been experiencing on this land for the last 400 years," Nelson said. "I stepped forward to ensure that that record was challenged."

He has done almost everything from custodial work at Stillwater United Church to founder of two nanobiotechnology companies, and now candidate for the 43rd Senate District. He believes that everyone should have a voice which is why, as a member of the NYS Democratic Committee, Nel-

son hoped to shorten party enrollment deadlines and was part of the efforts to change voting requirements during the pandemic.

Brittany Vogel of White Creek for Assembly 107th Dist.

There is no one else on the voting ticket this year like Brittany Vogel. As an assistant manager of a grocery store, Vogel doesn't have political experience but instead has been shaped by a working-class life.

"There aren't enough people that come from my background, come from my experience," Vogel said. "I'm not from money. I don't come from wealth. My family is a working-class family, and they still live paycheck to paycheck."

With her real-life experiences, she feels she knows what needs to be done for Washington County.

"I learned on my own how to make my way up through the working class despite everything that was pushed against me. There's so much that we need to do, between climate change, between food and security, between poverty and all of the things that I've dealt with my entire life," Vogel said. "[These are] things that if we don't tackle right now, we might not have a future to give our future generations."

Carrie Woerner of Saratoga Springs for Assembly 113th Dist.

"My friends, you don't drown because you fall in the water. You drown because you stay there," Assemblywoman Carrie Woerner said. "For many of us, [there is] that sensation of having fallen into a deep, swirling pond of dark cold water where our feet don't touch the ground and all we can do is just paddle as hard as we can to try and reach the edge."

As Assemblywoman, she hopes to get everyone's feet back on the ground again.

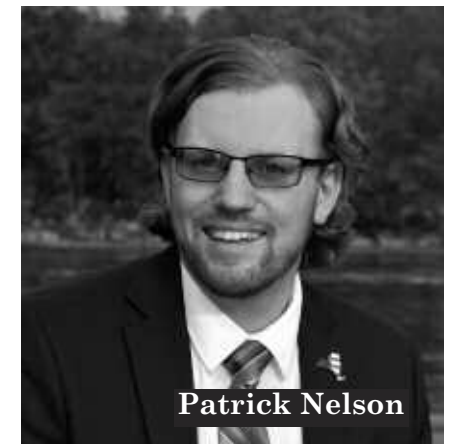
"It is more important than ever that we all work together as a unified government, as a unified community, to build a bridge to safety, to get as many people as we can back to solid ground and to not stop until we have everybody on solid ground," Woerner said.

In the past weeks, Woerner has been looking at what this pandemic has revealed, from the unemployment it caused to the issues in the national food supply chain.

"I've been working with our chambers of commerce [and] with businesses in the area to think about how do we change what we do?" Woerner said. "This is a moment in which we need to be focused on these bigger questions."



Carrie Woerner



Patrick Nelson



Brittany Vogel

Historical gossip

What harrowing rescue attempt took place on the Champlain Canal and Saratoga Falls? What do Easton Quakers and feathers have to do with each other? And what 1878 Northumberland murder has been compared to the OJ Simpson trial?

Find out the answers to these and other historical questions on Thursday, June 18, 2020 at 5 p.m., as Hudson Crossing Park presents "Folklore, Heritage,

Mysteries...and a Little Bit of Historical Gossip." This history talk, which is free, will take place via the videoconferencing tool Zoom.

The talk will be presented by Hudson Crossing Park's local history expert Mike Bielkiewicz and will focus on historical events in Saratoga and Washington counties, including the Greenwich, Easton, Schuylerville, and Northumberland areas—

everything from local commercial espionage and murder to canal history. And these will be the stories you don't read about in the history books!

This event is sponsored by Erie Canalway National Heritage Corridor. Access the Zoom videoconference on June 18 by going to hudsoncrossingpark.org. The meeting ID number is: 889 0384 3395. You can also dial in using the following number: 929-205-6099. For more information, email info@hudsoncrossingpark.org.

Busted for booze and stolen goods

Kaylee Johnson
Journal & Press

The Journal & Press has had several iterations. At one point there were separate papers called The Greenwich Journal and The Salem Press. And for decades, the newspaper owned other historic papers, The Fort Edward Advertiser and The Schuylerville Standard, but dropped that from the masthead. You can find archives of these papers and more in the Greenwich Public Library's excellent Gill Room or online at nyshistoricnewspapers.org.

Here are some snippets from past editions from late Junes many decades ago:

100 Years Ago **June 30, 1920**

Seven cent fares went into went into effect yesterday on the Hudson Valley railway. The increase was authorized by the public service commission after a hearing at which the railroad company presented evidence to show that the receipts from operation of their road fall short of paying current expenses. Previous to yesterday the fare was six cents for each fare unit, the distance for which the before-the-war fare was five cents. Under the new rate the fare from Greenwich to Thomson is 21 cents, and

to Schuylerville 28 cents.

90 Years Ago **June 25, 1930**

Charged with possessing intoxicating liquors, Joseph Collins of Whitehall waived examination and was held for the federal grand jury arraigned before United States Commissioner H. W. Thomas in Keeseville last Thursday. Collins was ordered to appear before Commissioner Thomas following a raid on an establishment at Putnam, a few miles away from Whitehall, Tuesday.

The agents claimed that they found three one-half barrels of beer, thirteen quarts of bottled beer, eleven quarts of Scotch, three quarts of rye, three quarts of gin, one case of Canadian ale, and seven and one-half quarts of alcohol.

80 Years Ago **June 26, 1940**

A couple of Salem schoolboys got in trouble last week when they "borrowed" two cars belonging to members of the Salem board of education for a joy ride around the track on the athletic field in the rear of the school building. Owners of the cars, Walter Marshaisen and Mark Abrams, were attending a

meeting of the board of education at the high school Thursday night. They had left the keys in their car when they parked at the rear of the school.

70 Years Ago **June 28, 1950**

The Battenkill Bathing Beach is now officially open, but it has been a popular spot for a few days now as the hot weather has made swimming one of the most pleasant recreations. This morning, however, the beach officially opened and the two lifeguards went on duty.

Starting immediately, swimming instruction will be given to beginners, intermediates and adults. Anyone wishing to enroll in a class is asked to do so today, or Friday of this week if possible.

60 Years Ago **June 22, 1960**

The Vacation Bible School will open next Monday morning, sponsored again this summer by the Greenwich Ministerial Association. The school will continue through July 8, and the theme will be The Church. All boys and girls in the community are invited to attend.

40 Years Ago **June 26, 1980**

To conclude the June Dairy Month festivities, Aviation Mall will host the Washington County Dairy Princess, Michelle Stannard and her alternates on Saturday, June 28.

Miss Stannard and alternates Shelli Greeno and Kris Stewart will dispense samples of cheese and meet with chil-

dren in the Caldor mall area. In addition, a live Ayshire cow will be on hand for children to see.

A special event will be a milking contest between 6-6:30 p.m. with Miss Stannard and Congressman Gerald Soloman participating.

30 Years Ago **June 21, 1990**

A team of 10 police divers will continue the search for stolen merchandise at the bottom of the Hudson on Friday.

Approximately \$5000 worth of stolen or missing property was found last Sunday during a search for stolen bicycles near the mouth of the Battenkill in Clarks Mills, according to Sergeant George Bell of the Washington County Sheriff's Department.

Cash registers, chainsaws, generators, dental instruments and bicycle parts were hauled onto the Route 70 bridge by two trucks. Two iron safes, a boat motor, an upright vacuum cleaner and more are still at the bottom of the river and will be recovered on Friday.

20 Years Ago **June 15, 2000**

Lemonade and cookies will be available at the Greenwich Free Library on Sunday, June 18, from noon until 4 p.m., when Cliff Oliver Mealy will be present to visit with people about Greenwich's past and present.

Anyone with such stories are urged to stop by and share them with Cliff. Veterans are also asked to join him and share their stories. Bring along old photographs to share!

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Graduating in a recession

Jill Schlesinger
Special to Journal & Press

As colleges conclude their virtual graduation ceremonies, young workers are confronting the grim reality of an awful labor market. We are living through the worst employment landscape since the Great Depression, with millions of Americans sidelined, due to the global health and now, financial, pandemic. While many of the jobs lost will return in the coming weeks and months as parts of the country reopen and lockdowns recede, the employment outlook has changed substantially. The National Bureau of Economic Research (NBER) expects “that COVID-19 is a major reallocation shock,” which will mean a staggering 42% of the recent layoffs will become permanent ones. Based on springtime employment reports, that translates into 11.6 million jobs permanently lost.

This is a problem for all workers, but especially for new en-

trants into the labor force, who now must compete with millions of more experienced job seekers, vying for a shrinking number of available positions. The National Association of Colleges and Employers, which was predicting a robust job market a few months ago, now finds that more than one in five employers are considering yanking offers that have already been made to the class of 2020.

A somewhat bright bit of news for new grads is that data still shows that those who earn the degree are likely in better shape than those who do not. Through April, the unemployment rate for those with at least a bachelor’s degree was 8.4%, compared to 21.2% for people without a high school diploma. The bad news is that those who graduate into a recession make less money in the early part of their careers. NBER quantified the damage in a 2006 paper *The Career Effects Of Graduating In A Recession*, which found “graduating in a recession leads to large initial earn-

ings losses.” These losses, which amount to about 9 percent of annual earnings in the initial stage, eventually recede, but slowly.

A more recent accounting by the New York Federal Reserve Bank examined the fallout from the Great Recession for new graduates. “Those unlucky college graduates who started their careers in the aftermath of the Great Recession struggled to find jobs, let alone jobs that utilized their degrees,” which prompted many recent grads to become underemployed--that is, working in jobs that typically do not require a college degree. The underemployment rate for recent college graduates, which “hovered at around one-third for at least the past 25 years,” soared to more than 46% after the Great Recession, as many graduates took any job they could.

Contrary to popular perception, most underemployed recent college graduates were not working in low skilled service jobs after the Great Recession. Many found

decent-paying positions in information processing, sales, as well as in office and administrative support jobs. It is true that while many of the jobs such graduates took may have technically not required a college degree, they “appeared to be more oriented toward knowledge and skill when compared to the distribution of jobs held by young workers without a college degree.”

The best news for the class of 2020 from may be this: according to the New York Federal Reserve Bank empirical analysis “suggests that underemployment is a temporary phase for many young graduates when they enter the labor market, as it often takes time for newly minted graduates to find jobs suited to their education.” As the virus recedes, recent grads should be able to slowly regain their footing in the labor market.

Jill Schlesinger, CFP, is a CBS News business analyst.



Do I need therapy?

Daneen Skube
Special to Journal & Press

Q: *I'm thinking of starting therapy to cope but have heard from friends that all therapists do is paraphrase them and ask how they feel. I want some tools, and solutions as I have no idea how I am going to problem solve what is happening. Is what I am seeking called life coaching, counseling, or psychiatry?*

A: Yes, counseling, like all services or products, has differing levels of quality and results. Psychiatry is a medical doctor specializing in brain chemistry. Life coaching is someone with no license or formal education that is inexpensive. An executive coach generally has a business degree

and does not typically combine business and counseling. Counseling varies from counselors that see 40 people a week and paraphrase to counselors that educate and help you create solutions and see a small number of clients.

As a counselor and executive coach (combining business expertise and a Ph.D. in counseling) I can see we have a mental health crisis brewing right now. You are not alone in feeling overwhelmed with issues about family, work, depression, anxiety and new conflicts. We have all heard the term, “unprecedented,” to describe this time which merely means there are no road maps historically that can help us make a plan.

In ancient times when voy-

agers looked at the edge of the mapped world there was the warning, “There be dragons.” The edge of our known world is always fraught with novel dangers. Now we find ourselves reluctant explorers thrust off our known maps and facing our own unique “dragons.” Unfortunately, most of us keep solving problems in the same way we solved problems in the past.

My recommendation is to schedule appointments with various professionals. Apply what they tell you and see if their advice improves your situation. Be wary of people offering free introductory sessions. Consider this: If they don’t value their time will they value yours? Ask questions like, “How many years of weekly therapy have you personally had?” You don’t want a guide into inner space that has spent little

time in their own inner world.

Be willing to talk to people around you. Unlike friends a therapist should be willing to make you mad and tell you what you need to hear, not just tell you what you want to hear.

Lastly, realize the stigma of “needing” therapy is no longer relevant. I am eternally grateful to all the wise counselors that changed my life with their tools, advice, and affection. There’s courage, intelligence, and a lot of self-love involved in being willing to seek out a worthy teacher!

Daneen Skube, Ph.D., is an executive coach and appears on FOX's "Workplace Guru" each Monday morning.



I need Harvard Medical School to reopen – stat!

Greg Schwem
Special to Journal & Press

Incoming college freshmen, fresh people, first years, plebes or whatever name you give yourselves, let me say I'm as nervous as you are.

But for entirely different reasons.

You anguish over the possibility that your first semester, perhaps your first year, of college will be conducted virtually due to the ongoing COVID-19 crisis. Rather than hanging out in dorm rooms, meeting new friends and walking with those friends to lecture halls filled with fellow students, you'll be forced to sit, alone, in your childhood bedrooms, watching professors drone on about American literature, African history and God knows what from God knows where.

Not exactly the college experience you were hoping for, correct? Raise your hand if you want to pledge a virtual sorority and attend

an online keg party?

While some schools are determined to open this fall — so far, it's full speed ahead for the University of Iowa — other schools are wavering. California State University, the nation's largest four-year, public university system, announced all 23 of its campuses would remain empty for the start of the 2020 term.

On a more alarming note, Harvard Medical School has made the same decision. This fall first year students in its medical, dental and graduate programs will be learning the basics of their crafts virtually. Which is precisely why I'm so nervous.

Wouldn't you be? Knowing your future heart surgeon, orthopedist or endodontist may have acquired his or her, uh, skills, via Zoom?

As I write this column, I hearken back to my first year at Northwestern University, where I learned the rudimentary skills of journalism, including how to correctly use words like "hearken" and "rudimentary." The adrenaline rush I felt as a class full of budding journalists pounded out story after story in hopes our work would be finished before our professor yelled, "TIME!" provided a taste of the deadline pressures I faced daily in my first newspaper job. When my editor screamed, "Schwem, I needed that copy five minutes ago," from across the newsroom, I knew he was serious.

Were that same editor to scream at me from a small window on a computer screen, I probably would have clicked "mute" and kept writing, oblivious to time constraints.

Now imagine undergoing an operation and seeing not a team of medical personnel, but a lone physician staring down at you.

While trying to connect to a Zoom meeting.

I hope the anesthesia kicks in quickly, so I don't have to hear the following dialogue:

"Hello everybody. Dr. Linden here. We are set to perform bypass surgery on male patient Schwem. I'm excited to be working with all of you. I just realized we all went to Harvard. How cool! Is everybody on? Nurse O'Malley?"

"I'm here."

"Nurse, turn your phone horizontally so

you get a wider view of the patient's heart. There you go. Is the surgical tech on?"

"I'm here. Hang on, let me shut my office door so my dog doesn't interrupt."

"Please hurry. We've already started the anesthesia. Maybe I should have initiated the meeting first. My bad."

"Doctor, can you move closer to your computer's microphone? I didn't hear the last part of that sentence."

"I said, 'My bad.'"

"What? What's bad?"

"Never mind. OK, I'm going to make the first incision. Can everybody see?"

"You need to screen share, Doctor."

"Stand by. Better?"

"Much."

"Doctor, I'm looking at the monitor behind you. It appears the patient's heart rhythm is falling."

"No, I just checked. It's fine. Maybe you need to adjust your screen resolution."

"Stand by."

"Doctor, from what I'm seeing, it seems the patient is losing a large amount of blood."

"I concur. But I've got it under control. We all learned about blood transfusions at Harvard, right? Well, we learned it virtually but at least we learned it."

"Virtual blood transfusions. Awesome class!"

"Oh no, I've lost him."

"Who? The patient?"

"No, the surgical tech. Can you ping him and get him to dial back in?"

"Stand by."

Greg Schwem is a corporate stand-up comedian and author of two books: "Text Me If You're Breathing: Observations, Frustrations and Life Lessons From a Low-Tech Dad" and the recently released "The Road To Success Goes Through the Salad Bar: A Pile of BS"



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The long road back to American exceptionalism

Lance Allen Wang
Journal & Press

Every now and then I hear the term “American Exceptionalism.” One commonly used definition of American Exceptionalism states that we have a certain place in the world and in its history because of our Constitution – we have created an American ideology based on the rights of man, equal justice, representative government and so on and so forth. Lincoln said that we had a mission to ensure that government of the people, by the people and for the people, shall not perish from the earth. There is a sense in American Exceptionalism that we are “better” than other nations because of the values we espouse.

We’re not the only ones who felt that we were better. The gift of the Statue of Liberty was a tribute to our exceptionalism. British author H.G. Wells trumpeted American Exceptionalism. I remember I was in Sweden not long after the Iraq War broke out. I remember talking to a friend there, and it was clear at this point that there were no major caches of Weapons of Mass Destruction to be found. But her reaction was not anger – her emotion and that of many of her friends were profound “disappointment.” They expected better than this because we were America. Other nations didn’t submit to American leadership solely because we were the strongest – other nations followed our lead because we also had a fundamental moral clarity, if not certainty.

Of course in retrospect, we had a moral certainty which meant more on paper than it meant in practice. Our “original sins” – slavery and wars of annihilation against Native Americans – were conspicuous through America’s first century. It was well into our second century before we started to give women the rights that they were justly entitled to. But the fact was that our framework, the one the Founding Fathers gave us, offered us the philosophical and legal basis to form a “More Perfect Union.” Because we understood the Constitution was imperfect, we amended it. We enacted a Bill of Rights. We ended slavery. We gave women the vote. We

looked to the Constitution to legislate subjective moral decision-making and enacted Prohibition. We got smarter. We repealed it.

Values, if not practiced, are but words on the sharp edge on a blade of sarcasm, pointing out our hypocrisy. I’m a veteran. I served my country in peace and war. I believe in American Exceptionalism based upon our stated values. That’s what the flag on my shoulder meant to me for over two decades. I believe in the dream of the Founding Fathers. To quote someone who has practically become a mentor without ever knowing of me, General James Mattis: “The Founders – most of whom were military veterans – knew

‘Other nations followed our lead because we had moral clarity.’

that the nation they were forming was an experiment, a test of the idea that people could live together and rule themselves, guided by the spirit of cooperation.”

No wonder other nations have followed the experiment so carefully. No wonder those nations who also cherished individual freedom and democratic values thought we were exceptional. No wonder those nations who do

not believe in individual freedom, such as Russia, look for opportunities to destroy the spirit of cooperation. Russia puts a great deal of effort into exploiting social media such as Facebook and Twitter to sow dissent and widen political fracturing, which has rapidly become one of our greatest vulnerabilities.

The Founding Fathers were mere men. Yet still, in the history of nations, they did something remarkable – a nation founded not just in blood, but also upon principles and values. In that sense we stand on the shoulders of giants. That was our exceptionalism. We are reaching a crossroads. We will have to decide again, as we chart our political future, whether we will be able to govern ourselves with a “spirit of cooperation,” and whether our nation is going to be one that lives its stated values as written in our founding and governing documents. Or will it be one which turns its back on the responsibilities that come with proclaiming our “exceptionalism”?

We were not exceptional because we merely exist or because we said we are. Talk is cheap. We were exceptional for how and why we exist. If we don’t frame our policies around our values, we are just another country.

Lance Allen Wang is a Councilman in the Town of White Creek who is also an Iraq Veteran and retired Army Infantry officer. He lives in Eagle Bridge, N.Y., with his wife Hatti.



Hudson Crossing gets \$3K

Hudson Crossing Park has received \$3,000 from Stewart’s Shops/Dake Family for COVID-19 relief. This contribution is part of Stewart’s Shops overall commitment to give back to the communities that support them. Stewart’s Shops will contribute \$2.5 million with two related family foundations each contributing an equivalent amount.

“The majority of our summer programming and fundraising events have been canceled due to the pandemic, while park use has increased dramatically,” Park Director Kate Morse said. “Stewart’s Shops/Dake Family have always been incredibly generous supporters to Hudson Crossing, and, while many things have been put on hold during COVID-19, our expenses have not. These funds will be used towards administrative expenses and park maintenance, and will help HCP to continue to serve a vital role in the community during these stressful times.”



New videos now available

Jay Bobbin

Special to Journal & Press

Stuck at home? Here are some new video releases:

“HARLEY QUINN: THE COMPLETE FIRST SEASON”: The title DC Comics character has had a big workout lately, thanks to two movies in which she was played by Margot Robbie, and also to this decidedly adult animated series made for the DC Universe streaming service. In what was her first major project after “The Big Bang Theory,” Kaley Cuoco supplies the voice for the dangerously independent Harley, who assembles her own crew of questionable purpose after she separates from The Joker. Diedrich Bader (“American Housewife”) and James Wolk (“Zoo”) are heard as Batman and Superman respectively, and additional members of the impressive voice cast include Lake Bell (“Bless This Mess”), Jason Alexander, Tony Hale (“Veep”), Alan Tudyk, J.B. Smoove, Giancarlo Esposito, Rhea Perlman, Sean Giambrone (“The Goldbergs”), Sanaa Lathan, Wanda Sykes and Alfred Molina.

“EXPEDITION WITH STEVE BACKSHALL: SEASON ONE”: Dangerous treks are all in a day’s work for adventurer Backshall, who’s more or less England’s answer to Bear Grylls, in this PBS series that comes to home video just after finishing its broadcast run. Backshall manages to make his way out of some harrowing situations ... and very particularly in the case of a subterranean cavern rapidly filling with water, which makes for some extremely tense and intense footage. The aim is to explore areas of the world that remained untouched by people until Backshall and

his associates ventured there, with the Himalayas and the arctic among the destinations. The indigenous people and wildlife of the showcased regions are featured.

“URBAN COWBOY”: Marking its 40th anniversary with its debut on Blu-ray, director and co-screenwriter James Bridges’ drama was one of the films that cemented John Travolta’s movie stardom. The actor plays new-to-Houston oil-refinery worker Bud, whose relationship with the willful Sissy (Debra Winger) has more than its share of ups and downs. Madolyn Smith and Scott Glenn portray others the two respectively become involved with. Among the extras here are a retrospective documentary and an interview with country-music veteran Mickey Gilley, whose famed honky-tonk club — with its mechanical bull — basically is a character in the story. The score was an enormous success of its own, doing much for the country genre in general and spawning hits for Gilley, Johnny Lee, Anne Murray, Kenny Rogers and Boz Scaggs. Notably, this was the first movie choreographed by Patsy Swayze, Patrick’s mother.



Debra Winger in “Urban Cowboy”

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alone
but I’m
never alone.*

*I have
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Cambridge Crossword

(solution page 24)

Across

- 1 Correct
 6 Dr.'s visit
 10 "No ___":
 "Piece of cake"
 14 Farewell
 that's bid
 15 Societal woes
 16 Weapon in
 Clue
 17 It's "down at
 the end of
 Lonely Street,"
 in an Elvis hit
 20 Horse hair
 21 Online mar-
 ketplace
 22 City in upstate
 New York
 23 Business
 baron
 25 Liver secre-
 tion
 27 Practice box-
 ing
 28 Oil well out-
 put, in slang
 33 Hindu teacher
 34 Fútbol fan's
 cry
 35 Fencing
 weapon
 36 Malleable
 metal
 37 Historic
 events at Gettys-
 burg and Vicks-
 burg
 41 Sister of Zsa

Zsa

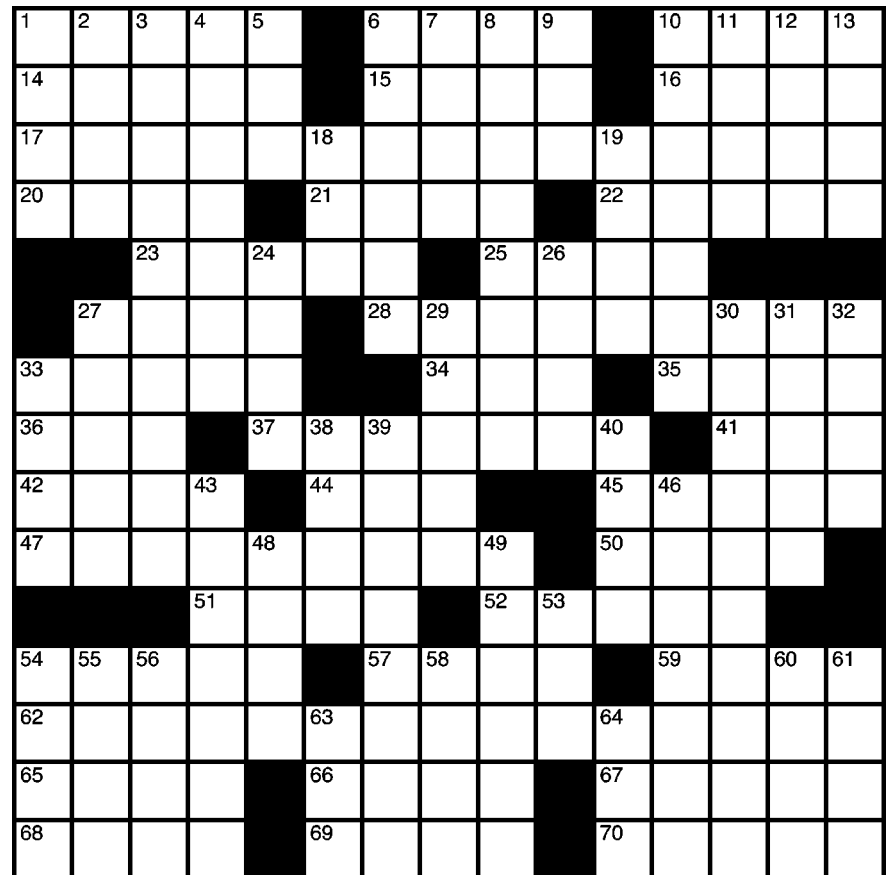
- 42 Ye ___ Shoppe
 44 Spoil
 45 Word with cir-
 cle or tube
 47 Miracle-Gro,
 e.g.
 50 Flower usu-
 ally sold by the
 dozen
 51 Ivory source
 52 Upper crust
 54 NFL Hall of
 Famer Bart
 57 Dreaded high
 school spots?
 59 Baker's amts.
 62 Part of an
 Aretha Franklin
 refrain about
 fools ... and a
 hint to the ends
 of 17-, 28- and
 47-Across
 65 Swiss river
 66 Congres-
 sional confi-
 dante
 67 Florida city
 on the Gulf
 Coast
 68 Waitstaff re-
 wards
 69 Post-combat
 affliction, briefly
 70 Sharply in-
 clined

Down

- 1 Chicago mayor
 Emanuel
 2 Thought
 3 Big bamboo
 muncher
 4 "Peekaboo!"
 5 Boy king
 6 Online service
 for booking
 rooms with local
 hosts
 7 Guilty, for one
 8 Ump's cry be-
 fore the first
 pitch
 9 "For shame!"
 10 Mentored
 person
 11 Roast, in Dijon
 12 Oil cartel
 acronym
 13 Actor Lugosi
 18 Arthur of
 "Maude"
 19 "Incredible"
 superhero
 24 Chicago daily,
 familiarly
 26 Frozen drink
 brand
 27 Sty supper
 29 Keno kin
 30 Ali Baba's
 magic words
 31 "Drove my
 Chevy to the
 ___": "American

Pie" lyric

- 32 Luv
 33 "Knock it
 off!"
 38 Kennel ca-
 cophony
 39 Suffered fi-
 nancially
 40 iPhone's
 voice-activated
 app
 43 Postings in
 ledgers
 46 "Please, any-
 thing else!"
 48 Right or left,
 while driving
 49 Didn't admit
 53 Sportscaster
 Berman
 54 Ella's expert-
 ise
 55 Spicy Asian
 cuisine
 56 Boomers' lob-
 bying group
 58 Scoundrels
 60 Water carrier
 61 "Just like
 that!" fingers
 sound
 63 Put a limit on
 64 Dol.'s 100



9 to 5 by Harley Schwadron



Olde Saratoga Word Find

By Frank J. D'Agostino (solution page 30)

Find these words that are associated with Independence Day!

America
 Barbecue

Baseball
 Beach
 Burgers
 Cherry Bomb
 Fair
 Fireworks
 Flags
 Fourth

Holiday
 Hotdog
 Ice Cream
 Independence
 July
 Parade
 Patriotic
 Picnic

Pool
 Roman Candle
 Salads
 Sausage
 Sparkler
 Summer

Find Mr. D'Agostino's puzzle books on Amazon.com.

Salem Sudoku

(solution page 30)

	2			3	5		8	7
		7		4	9	1		
6						2		
	4							2
			4		1			
5							7	
		5						4
		2	8	5		7		
3	8		9	7			5	

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.

Colleges may be in for a rough fall

Jim Nolan
Journal & Press

Returning and new college students are still unsure about the Fall 2020 semester course delivery and schedules. Governor Cuomo has not provided guidance yet on whether colleges can reopen as scheduled and whether regular, in-person classes can be held in the usual way.

This uncertainty leaves both colleges and students anxious about when and how instruction will be delivered. For colleges, state government guidelines may mandate all remote classes, delayed start to the semester with in-person classes, and/or in-person classes but with a limit on the number of students who can be in the classroom given the size of the room.

If the number of students in a classroom is significantly limited, say to half its usual size, it would be difficult for colleges to utilize their existing number of classrooms to offer twice as many in-person classes, not to mention the difficulty of finding such a large number of additional instructors.

Some colleges, anticipating smaller class sizes, are installing video streaming technology in classrooms so half of the students can be in the classroom and half can participate remotely. The students would switch up for the next class session and continue this way for the semester.

Another issue facing colleges is the expectation of a resurgence of COVID cases in November. Some colleges have alternate plans for earlier openings and/or longer class sessions

so they will finish the semester in mid-November.

Returning college students already experienced the sudden disruption of their Spring 2020 semester classes and the need to finish the semester remotely. Now they are unsure about Fall 2020 semester courses. All of this has upended the traditional student college experience.

Incoming first year students are experiencing the usual excitement and perhaps some anxiety about moving on to the college environment. This added uncertainty about Fall 2020 semester classes has taken some of the luster off of the beginning college experience.

Several colleges in the area report first year enrollment is up considerably from last year. Could this be that area college students are choosing to stay closer to home, whether as resident students or commuters? Regardless of the reason, this usually good news for area colleges makes planning for classes even more difficult.

As evidenced by the swift switch to remote learning last spring, colleges are adept at responding to change brought on by unforeseen circumstances. However, the set of circumstances they face at this time will be ever more challenging.



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INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 31-60 = Gamer
- 21-30 = Rookie
- 11-20 = Amateur
- 0-10 = Try again

By David L. Hoyt and Jeff Knurek



Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST EIGHT FOUR-LETTER WEATHER-RELATED WORDS in the grid of letters.

Answers on page 30

9-29-19

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'Glee' star raises ire, apologizes

Elizabeth Wagmeister
Variety
Special to Journal & Press

Lea Michele has broken her silence with an apology after her former co-star Samantha Ware accused her of “traumatic microaggressions” on the set of “Glee.”

“I apologize for my behavior and for any pain which I have caused,” Michele posted in a lengthy statement on Instagram. “One of the most important lessons of the last few weeks is that we need to take the time to listen and learn about other people’s perspectives and any role we have played or anything we can do to help address the injustices that they face.”

Michele posted a tweet on May 29 in support of the Black Lives Matter protests in the wake of George Floyd’s death at the hands of police.

“George Floyd did not deserve this. This was not an isolated incident and it must end. #BlackLivesMatter,” Michele tweeted.

In response to her tweet, Ware posted that when she worked on the show, Michele made microaggressions that traumatized her and made the job a “living hell.”

“Remember when you made my first television gig a living hell?!?! Cause I’ll never forget,” Ware tweeted in all caps. “I believe you told everyone that if you had the opportunity you would ‘s-- in my wig!’ amongst other traumatic microaggressions that made me question a career in Hollywood.”

In her apology on Wednesday, Michele responded,

“While I don’t remember ever making this specific statement and I have never judged others by their background or color of their skin, that’s not really the point. What matters is that I clearly acted in ways which hurt other people.”

She continued, “Whether it was my privileged position and perspective that caused me to be perceived as insensitive or inappropriate at times or whether it was just my immaturity and me just being unnecessarily difficult, I apologize for my behavior and for any pain which I have caused. We all can grow and change and I have definitely used these past several months to reflect my own shortcomings.”

Michele, who is pregnant, said she hopes to set a better example for her child.

“I am a couple of months from becoming a mother and I know I need to keep working to better myself and take respon-

‘Michele, who is pregnant, hopes to set a better example for her child.’

sibility for my actions, so that I can be a real role model for my child and so I can pass along my lessons and mistakes, so that they can learn from me. I listened to these criticisms and I am learning and while I am very sorry, I will be better in the future from this experience.”

Fallout was swift following Ware’s claims. HelloFresh terminating their partnership with Michele, citing the company’s zero tolerance policy towards “racism nor discrimination of any kind.”



The meal-kit brand said their relationship with Michele had ended immediately, stating, “We are disheartened and disappointed to learn of the recent claims concerning Lea Michele.”

Numerous former “Glee” actors sounded off on Twitter, sharing their personal stories of negative experiences on-set with Michele, seemingly establishing a pattern of the behavior that was called out by Ware.

One of “Glee’s” core stars, Amber Riley, posted a GIF of her sipping tea, signaling that she appears to agree with Ware. Alex Newell, who was on the show for four seasons, was also very vocal on social media, tweeting numerous times, including, “We ain’t got not a damn thing to lie about 6 years later!”

Melissa Benoist, who joined “Glee” in Season 4 and went on to star in “Supergirl,” liked the

posts made by Ware, Riley, and Newell.

“Community’s” Yvette Nicole Brown, who co-starred with Michele on ABC’s “The Mayor” in 2017, also weighed in on the controversy. “I felt every one of those capital letters,” Brown responded to Ware’s tweet. “Every person on a set matters. Every person on a set deserves respect. And it is the responsibility of every series regular to make every person who visits their home feel welcome. This dismissive attitude is what’s wrong in Hollywood and the world.”

“Glee” was Ware’s first TV role ever. She had a guest recurring role on the sixth season of “Glee,” playing Jane Hayward, appearing in 11 episodes in 2015. Michele was the top star of the show, garnering two Golden Globe nominations and one Emmy nomination for her role as Rachel Berry.

The ghost story of Duncan Campbell

Rachel Clothier
Journal & Press

My sons' Pokemon Go hunting near the Union Cemetery lead me to discover the Ghost Story of Duncan Campbell sign. That brief write-up left me wanting to know more. My research revealed there are variations in many of the details, but the core of the story is consistent. I am sharing the facts that I gathered from Robert O. Bascom's 1902 story "Legend of Duncan Campbell," and the historical genealogy compilations of Clan Campbell and Clan Stewart of Appin.

The Clan Campbell was one of the largest and most powerful in all of Scotland. The vast majority of the Clan Campbell supported the Royal Army. Because the British did not have enough manpower to enforce law and order throughout all the land, General George Wade recruited independent militias in the Highlands to fight crimes like cattle rustling and other civil disobedience. The Campbells made up three of the six West Highland militias that were better known as the Black Watch.

A rebel party known as the Ja-

cobites had been pushing back against British rule in Scotland. One of the Black Watch's duties was to quell their uprising. In 1742, Duncan Campbell was sent to Lorn of Argyleshire to "harry and distress" a crowd that had been protesting Prince Charles Edward. While on his way back home from the "unpleasant duty," he lost his way in the mountain pass and became separated from his militia. As he turned into a ravine, he was sprung upon by members of the Clan Stewart of Appin. Stewarts were largely supporters of the Jacobites, therefore enemies of the Black Watch soldier. The Stewart man demanded to know what Campbell was doing out in the woods. Campbell replied that he lost his way and needed a guide. Stewart agreed to have mercy on Campbell and brought him back to their camp for the night, and the next day showed him on his way. As Campbell departed, he pledged to return the favor to Stewart if given the opportunity in the future.

As fate would have it, Campbell was held to his word. The same Stewart came pounding on Campbell's door late one night seeking refuge from an angry



mob who was pursuing him for committing a murder. Swearing a blood oath of protection on his dirk, Campbell hid the perpetrator in the basement of his castle. To Campbell's dismay, the mob soon arrived with the news that the victim was a relative of his. The kinsman had been ambushed and struck with a blow from behind his back. That night, the freshly crossed-over ghost of Donald Campbell appeared before Duncan Campbell, warning him to not hide the murder. The first night the ghost said, "...blood has been shed, shield not the murder." Campbell partially heeded the warning and moved Stewart out of his castle and into a cave. The ghost, not being satisfied with the response, on the second night said, "...blood has been shed, blood must atone for blood, shield not the murder." On the third night, when Duncan Campbell did not surrender the criminal, the ghost appeared again and said, "...blood has been shed, blood must atone for blood, we shall meet again in Ticonderoga."

A decade later Campbell would learn what the strange word Ticonderoga meant. When the Seven Years' War broke out in 1756, the fierce and loyal 42nd

Royal Highlander regiment of the British Army accompanied by Major Duncan Campbell was sent to North America to fight against the French. Campbell's ghost story was well known by his peers. When they learned that the place they were marching toward on the northern point of Lake George was known to the natives as Ticonderoga (derived from an Iroquois word meaning where two waterways meet) they tried to keep the information from the Major, as to not rattle his composure. Campbell could not be fooled by his friends' attempts to hide the truth from him. He went into battle bravely knowing what was awaiting him there. As prophesized by the ghost that hunted him, Campbell was wounded in the arm at the Battle of Carillon, on July 8, 1758. He died from his injuries a short time later. His son Lt. Alexander Campbell was also wounded at Ticonderoga and succumbed to his injuries after returning to Inverewe, Scotland.

Rachel Clothier is a history buff and legal researcher, in the Village of Greenwich.



St. Joseph's News

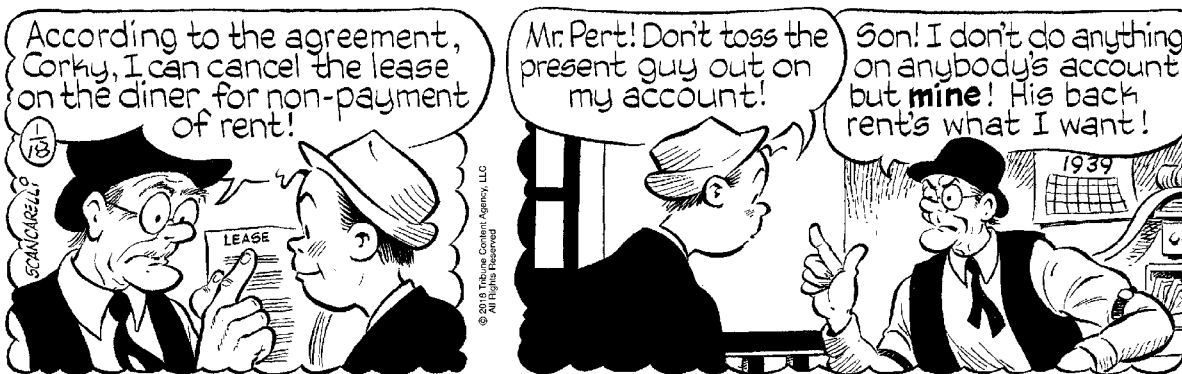
Bishop Edward B. Scharfenberger has announced that all regularly scheduled public Masses in the Roman Catholic Diocese of Albany may begin with a maximum of 25% of building occupancy attending. Prior to celebrating Mass, St. Joseph's is required to submit a compliance and safety plan to the diocese. Re-opening committees for St. Joseph's have been formed and our committees are working diligently to ensure the safety for all parishioners, Fr. Ed and our lay people. We are hoping to celebrate our first Mass on June 21st. Please be on the lookout for a letter that will be mailed to all parishioners this week with requirements for attending Mass. For those who feel more comfortable attending mass virtually, the Sunday celebration of Mass will continue to be available on YouTube at www.tinyurl.com/SJG-liturgies at 10:00 am each Sunday. Information will also be posted on our Facebook page Saint Joseph's Roman Catholic Church. We are so looking forward to celebrating as a congregation again!

The Funny Page

Animal Crackers by Fred Wagner



Gasoline Alley by Jim Scancarelli



Bound & Gagged by Dana Summers



Broom Hilda by Russell Myers



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□	□	□	□	□	□	□	□	□
A ₁	E ₁	L ₁	L ₁	P ₃	C ₃	S ₁		RACK 1
□	□	□	□	□	□	□	□	□
A ₁	I ₁	U ₁	W ₄	L ₁	L ₁	F ₄		RACK 2
□	□	□	□	□	□	□	□	□
A ₁	O ₁	O ₁	C ₃	H ₄	L ₁	L ₁		RACK 3
□	□	□	□	□	□	□	□	□
A ₁	O ₁	U ₁	D ₂	T ₁	N ₁	S ₁		RACK 4
□	□	□	□	□	□	□	□	□
A ₁	O ₁	O ₁	N ₁	L ₁	R ₁	C ₃		RACK 5

PAR SCORE 255-265
BEST SCORE 335
FIVE RACK TOTAL
TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. SOLUTION PAGE 30
For more information on tournaments and clubs, email NASPA - North American SCRABBLE Players Association info@scrabbleplayers.org. Visit our website - www.scrabbleplayers.org. For puzzle inquiries contact scrgrams@gmail.com 03-15

JUMBLE THAT SCRAMBLED WORD GAME

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

VOLNE
EOGGU
WHOGTR
RIDHOA

Check out the new, free JUST JUMBLE app

SHE WANTED TO GET A NEW, MORE MODERN SCALE. THEY'D HAD THEIRS—

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

“○○○○○○○○” ○○○○ ○○○○

Answers on page 30

R	I	G	H	T	A	P	P	T	P	R	O	B		
A	D	I	E	U	I	L	L	S	R	O	P	E		
H	E	A	R	T	B	R	E	A	K	H	O	T	E	L
M	A	N	E	E	B	A	Y	U	T	I	C	A		
T	I	T	A	N	B	I	L	E						
S	P	A	R	B	L	A	C	K	G	O	L	D		
S	W	A	M	I	O	L	E	E	P	E				
T	I	N	B	A	T	T	L	E	S	E	V	A		
O	L	D	E	R	O	T	I	N	N	E	R			
P	L	A	N	T	F	O	O	D	R	O	S	E		
T	U	S	K	E	L	I	T	E						
S	T	A	R	R	A	C	N	E	T	S	P	S		
C	H	A	I	N	C	H	A	I	N	C	H	A	I	N
A	A	R	E	A	I	D	E	T	A	M	P	A		
T	I	P	S	P	T	S	D	S	T	E	E	P		

'The Mirror and the Light'

Annie Miller
Journal & Press

"The Mirror and the Light" arrived in our last delivery of books before we shut the library doors and went fully digital in March. This was a book I had been waiting for. Having read and loved Hilary Mantel's two previous award-winning novels, "Wolf Hall and Bring Up the Bodies," I couldn't wait to get back into the court of Henry VIII, as seen through the eyes of his trusted advisor and hatchet man Thomas Cromwell.

Mantel's Cromwell is a surprisingly sympathetic character with a fascinating life story, a formidable intellect and a clear sense of right and wrong that set him apart from the swirl of venality, self-serving pandering and casual violence that was life in the court of the English monarch; even as he participates fully in all of it. He guides, influences and enables the king as Henry upends and shakes the country over and over again in his quest to win wars and father a male heir. Cromwell also has his own set of agendas and he uses the power of his position to advance them, amassing wealth and influence every step of the way. And woe betide anyone who gets on his bad side. Holding onto grudges for years, he picks off his adversaries by implicating them in the kinds of intrigue that end on the rack and the block. And yet, when his own end comes in exactly the same way, it is shocking, sad and oddly – because this is a true story – unexpected.

Throughout the three books, Mantel creates a dreamlike atmosphere, writing in the present tense with shifts to the past in Cromwell's frequent forays into memory.

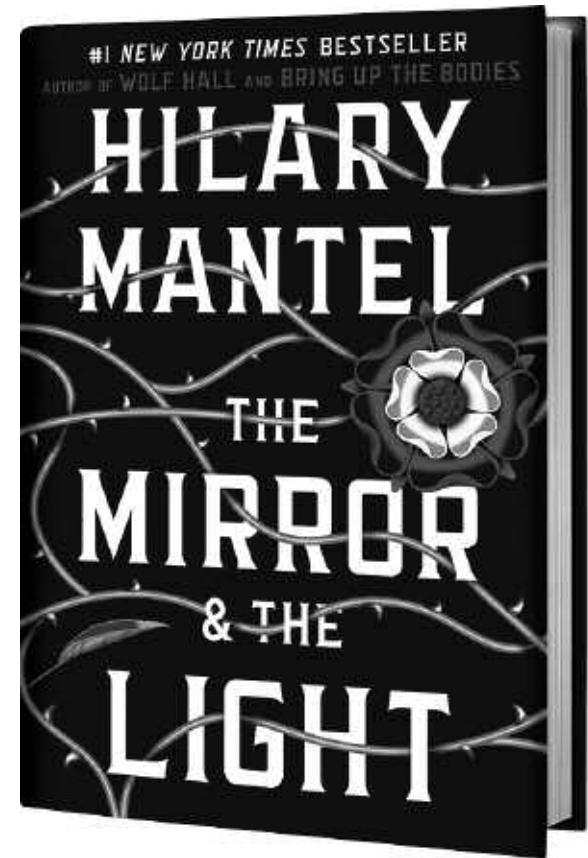
Some scenes recur multiple times throughout the series, a particular beating by his abusive father; the burning of a heretic he witnessed as a young child to bring us back to his origins and explain his values. Helped by people who see his potential, he wends his way through a chaotic Europe, moving ever farther away from his humble origins as a blacksmith's son to return to England and work his way up to the pinnacle of power. As he advances, his duties and obligations weigh heavily upon him, in part because no detail escapes his notice or his need to act. Even as he lays plans to ruin political opponents and religious dissenters, he finds homes for stray children and jobs for adults in dire straits.

And there is no shortage of strays and dire straits. Every walk down the streets of London is punctuated by the cries of beggars driven to the city by plagues, wars, the collapse of social structures and the takeover of their land. Hangings and burnings of religious offenders are regular public entertainments as the intentionally defiant and the unwittingly noncompliant are caught in the ever-shifting laws governing the acceptable practice of

'Life for people in that time was "nasty, brutish and short."'

Christianity. For people in that time and place, life is often "nasty, brutish and short." Pushed beyond tolerance, the common people sporadically rebel and march and riot.

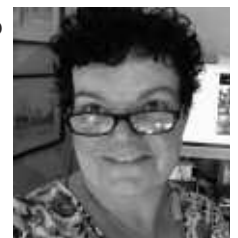
Meanwhile in the palace, the aristocrats are conniving and back-stabbing their way into favor, jockeying for position, shifting al-



liances and setting each other up to lose everything- up to and including their lives. A fickle narcissist, the ideas and people Henry VIII chooses to favor or condemn change daily, often dependent on who has most recently done the best job of telling him what he wants to hear. Some of the most hard-to-take scenes in a book that includes vivid descriptions of torture are those in which Henry is twisting scripture and law and decency into knots to justify his ruinous self-serving actions.

Tudor England is by turns fascinating, terrifying, revolting and mystifying. Mantel shows us the players in all their imperfect humanity, allowing us to draw a surprising number of parallels to the world we find ourselves in today. A number of other authors, including Phillipa Gregory (historical fiction) and C.J. Sansom (historical mystery) have chosen this setting for their work, so if you find yourself finishing "The Mirror and the Light" and wanting to stay there, you have a lot to choose from.

Annie Miller is Director of the Greenwich Free Library.



ACC helps students in prison

SUNY Adirondack is one of 67 schools recently selected by the U.S. Department of Education to be included in the Second Chance Pell experiment, a program designed to create more education opportunities for incarcerated students.

The college plans to partner with the New York State Department of Corrections and Community Supervision and Washington Correctional Facility, a medium-security correctional facility for men located in Comstock in Washington County.

"These Pell grants not only help the individuals at Washington Correctional Facility, they help their families and society as a whole," said John Jablonski, SUNY Adirondack vice president for academic affairs. "We're looking forward to a strong partnership with DOCCS and the staff at the facility."

Kudos to our local chambers

This is great!

Greenwich, Cambridge and Salem chambers of commerce have teamed up for “Yes! We’re Open” lawn signs for southern Washington County under the Battenkill Strong brand.

If you are a member of a local chamber of commerce, you can ask them for a double-sided corrugated plastic 18”x12” yard sign with stakes.

This is a great way to let the communities know which businesses are ready for us in these

pandemic times.

It’s also imperative for us to forego national chains and shop in truly local businesses. It seems like the system was heavily stacked against small businesses during this whole crisis. Here’s our chance to make things right.

Local business owners feed our local economy and employ local individuals in meaningful work. By supporting them you are saying you value our community.



The summer of our discontent

We were cooped up indoors in the spring and now the summer is here and most of our area’s signature events are cancelled. Don’t blame them. These events require months of planning and insane logistics. All of the uncertainty of the spring created a domino effect that has stifled our summer.

But it’s good to see people out and expressing their First Amendment right to protest. Some may disagree with their stances, but, the events have been peaceful and counter-protests nonexistent. It’s ideal to live in a place where people can safely agree to disagree.



Schuylerville –kj photo

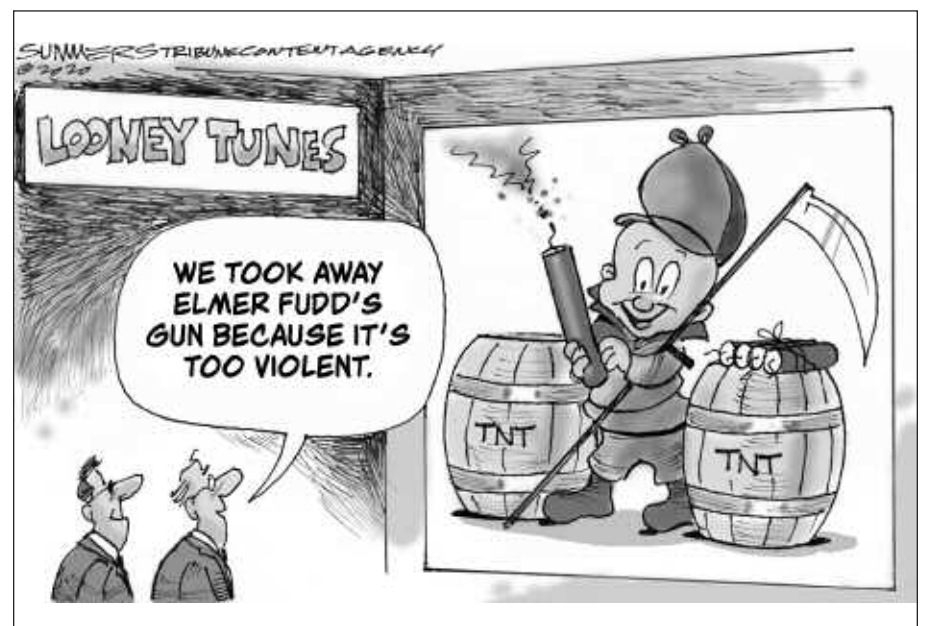
Obituaries policy

The Journal & Press does not charge for obituaries from the families of longtime subscribers. Please send to editor@journalandpress.com. They should be under 400 words. If schedules permit, we may be able to write an original piece. Contact us for that possibility. If you are going through a loss, we offer our sincerest condolences.

Letters policy

Letters to the Editor should be 300 or fewer words and emailed to editor@journalandpress.com. They must be signed and written by local residents about local issues. Letters by or about political candidates are discouraged. Please buy an ad instead. Otherwise, we welcome your opinions!

Political Cartoon of the Week by Dana Summers



Obituary

Mark Nolan, 67, of Schuylerville

Mark Nolan, superior first baseman for Hughes's Bar and Grill and The Theater softball teams, passed away on Sunday, June 7, 2020 at Glens Falls Hospital.

Mark was 67 years old and passed away from cancer. He leaves behind many friends from his childhood in Schuylerville to his final few years at the Stichman Towers in Glens Falls. Mark worked for many years at TV Data in Glens Falls. He also worked at the Pines Nursing Home and Rehabilitation Facility on Warren Street.

A self-taught guitarist and singer, Mark often could be found performing at the Park Street Tavern, among other venues. His favorite musicians were The Beatles. His faithfulness to the Boston Red Sox could not be measured.

His family will remember his quick wit

and ability to make friends easily, a function of being Irish and being the son of Mr. Nolan, his family says. Mark was predeceased by his mother and father, Betty and Mike Nolan. He was also predeceased by his oldest brother Michael, who was killed in action in Vietnam in 1969.

Mark is survived by his siblings John (Diane) Nolan, Mary Green, and Ann (Doug) Lamson. Also surviving are his nieces Elizabeth (Matt) Johnston, Andrea Green (Sebastian), Mariette, Julia and Nolan Lamson.

The outpouring of sympathy from his friends in Schuylerville and Glens Falls has given his family much comfort.

Donations in Mark's memory can be made to the Old Saratoga Athletic Association, PO Box 72, Schuylerville, NY 12871



Services are by M.B. Kilmer Funeral Home, and will be at the convenience of the family.

Financial coaching available

Cornell Cooperative Extension (CCE) of Washington County offers free One-to-One Financial Coaching to help provide residents with the resources needed to make sound financial decisions. The service is free and confidential.

"At a time when many people have had a significant change in either their income or expenses, we felt it important to re-advertise this long-standing, successful program," said Linda Law-Saunders, one of CCE's Family and Consumer Sciences Educators. "If you are

having difficulty making your personal budget work, please don't hesitate to reach out for confidential assistance."

CCE Washington County is committed to being a resource to residents in need of help. Through the One-to-One Financial Coaching program, participants can receive resources to help them identify assets and liabilities, track income and expenses, determine values and set financial goals, create a household

spending plan, manage credit and debt, identify ways to decrease spending, and identify options to increase income. For more information, call CCE Washington County at 518-746-2560 or email ls164@cornell.edu.

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Finding peace in the mundane of COVID

Kaylee Johnson

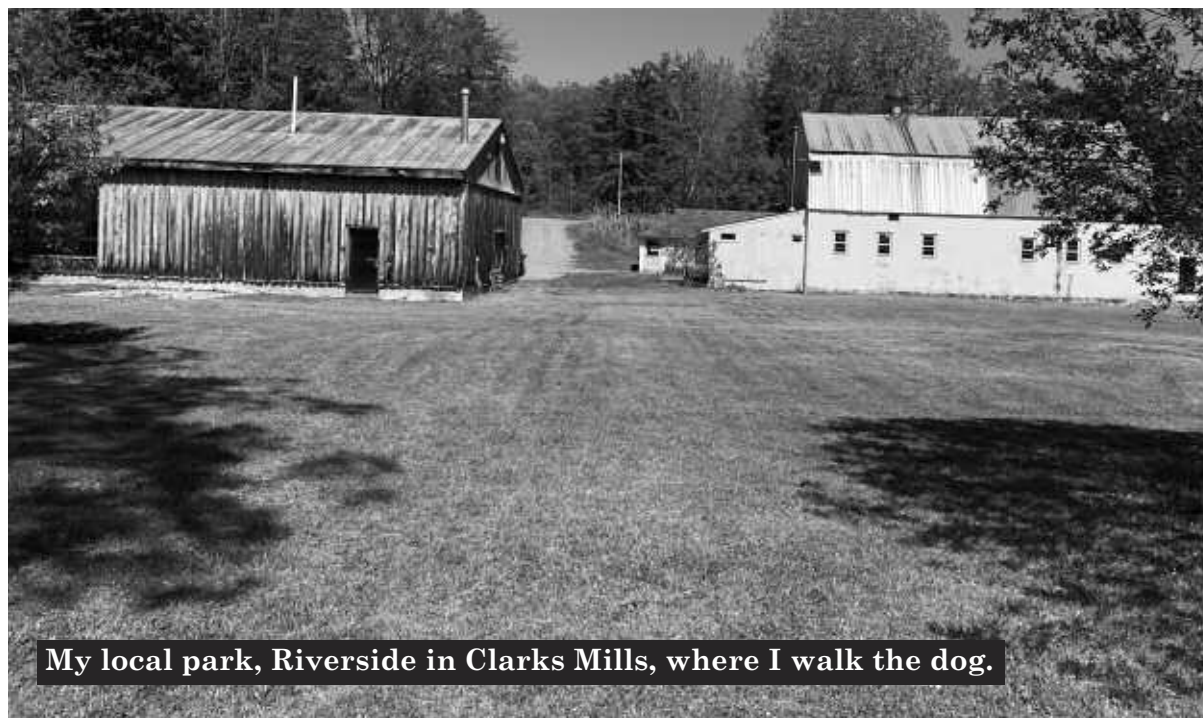
Journal & Press

A lot can be said for the art of self-regulation in quarantine. Prior to the pandemic, I was a person who thought I enjoyed the soothing nature of repetitive tasks, the unspoken and the mundane. Except, the nutritional heavyweights of my days have been removed and the mundane tasks have been promoted to the top of the mental food chain, and now there is quiet vigor in dog walks, showering and movie watching.

I was perhaps overscheduled, teaching full time and managing a life full of friendships and activities on my college campus. The lull of my days never lasted long and it was often as simple as a solo walk through an art gallery or an hour of reading before bed. People often told me I was overextending myself, but the thought of too much quiet time made me squirm. Business and agendas marked with red ink and sticky notes labeled “URGENT!” have always been my way of living and while it would not be too difficult to drop everything, delete social media, and enjoy my little river house and silent farm town for the humble, beautiful place it is, I never could. Self-care, and even self-awareness felt too Hallmark.

For the past few months, the meat of my days has been hiking with my senior dog, Molly. I take her down to the Hudson River, let her wade in the water, dig in the mud, sneeze after sniffing the lilac bushes and roll in the dandelion fields. Since timing and scheduling is no longer an issue, I don’t check the time when I’m out with her. Sometimes, allowing moments for meditation and mindfulness. It’s something I would have laughed at a few months ago, because the idea of being so idle and in the moment could not sync with the heft of my day to day life.

I recently cleaned out my pocket book, which hasn’t been used since quarantine began; coffee punch card for the shop on Madison, coffee punch card for the shop on Western, Advil, overly fragrant perfume with a pompous name, journal, dull pencils, teaching portfolio, a read-aloud about teamwork, manically marked up agenda, graduation paperwork, black dress that must have had intentions at one time, a



My local park, Riverside in Clarks Mills, where I walk the dog.

copy of “Fear and Loathing in Las Vegas,” a business card reminder for another person’s film screening, a Polaroid of me laughing with a group of women in the campus improv comedy troupe, an empty bottle of mascara, melted rose lipstick, mints in a Bob Ross tin from a closeout art store sale and, embedded in the pockets, pieces of a former personality. Just a few months ago, I purposely spilled the bag to get a man to help me pick up the fragments

‘Self-care, and even self-awareness, felt too Hallmark.’

of my reality, and then walked around my college campus with him, talking confidently about topics over my head. “Why does time move so differently for you than it does for me?”

I’m not having an epiphany, but I am starting to hear the music in the void. My old life was not more fulfilling, rather so busy that I did not have time to be uncomfortable. Productivity during a pandemic differs from person to person, day to day. I wrote a poem last night, at 3 a.m., after spending the day on the river with the dog, thinking about said poem. That’s all I did, and the Catholic in me wants to confess, get scolded and pay for my gluttony and

fixation on the show “Girls.”

Would it be better to throw out the entire pocket book and all of its little ecosystems; teacher, lover, friend, woman, student, daughter, personality A, personality B, personality C? There’s a clear bag that I have never used beneath the pile of jaded heels in the back of my closet. None of the pocket book’s contents are relevant anymore. The laundry is relevant. I know how to fold a fitted sheet now. Suddenly, I’m domestic and some past version of me is wagging a cigarette ricocheting between disgust and bittersweet maternal love. I wonder how it will feel when the world touches my bare shoulders aggressively again. Better keep that pocket book and sad black dress on hand; I used to know things, like how to self-regulate like an early Italian sculpture that kids scoff at for being naked in the MET. Now I just draw baths, read, walk in the woods and cook lavish meals; the eccentrics have been pushed into a forceful suburbia.

Kaylee Johnson recently graduated as a senior education major from the College of Saint Rose in Albany, NY.



Narcan training

Darren Johnson
Journal & Press

A bad batch of heroin laced with fentanyl recently resulted in four fatal overdoses in Southern Washington County.

So, on June 2 in Mowry Park in the Village of Greenwich a local group offered Narcan training and free kits for those interested. Narcan can help save the life of someone who has overdosed.

Katherine Chambers, Director of Restorative Services, at the Council for Prevention in Hudson Falls, led the event, which attracted three interested parties.



“Part of the Narcan training is overdose awareness,” she said. “We advertised this through the recovery community. The people who request the kits are usually the friends, family and loved ones of those who may be using.”

For Greenwich, Cambridge, Salem and Argyle, the Council offers off-site services.

Mary Hunter of Schuylerville, a volunteer for the Council, helped organize the event in Mowry Park.

She said people having been cooped up due to the pandemic, and now the introduction of bad drugs, have combined to cause this recent spike in drug-related deaths.



Event organizers Katherine Chambers Heather Mattison, Kendal Mattison, Ally Mullin and Mary Hunter.

“It’s killing my generation,” she said, adding that she knew one of the recent victims. “I didn’t want to sit idly by while friends of mine are dying.”

Hunter has been clean for four years, she said, and makes herself known in our local communities as someone people can come to if in crisis. She said that having Narcan in more trained hands will definitely save lives. She recently dispersed 15 kits in

Greenwich Town to people who have asked.

Chambers added: “The more awareness and the more access, the more of a chance a person will live to see another day, when they can find recovery.”

Need more information? Contact the Council for Prevention at 518-746-6059. All calls are kept confidential.

It’s a no-go for local county fair

Well, we all knew this was coming. From the Washington County Fair committee:

“Our Fair has been celebrating the agriculture industry in our community since 1890, this year the Washington County Fair would have been celebrating 60 years at our Old Schuylerville Road location. Sixty years of memories have been made by our fair community in the show ring, at the motorsports track, and even at the top of the Ferris Wheel.

“After planning for our 60th

anniversary, over the last year, we made the emotional and challenging decision to postpone the 2020 Washington County Fair. Our Fair is so special because of the people that visit our grounds year after year; whether you have been visiting us for sixty years or just one, we understand the disappointment you are feeling about August ending without a Washington County Fair.

“We ask that over the next few weeks as a year’s worth of planning is adjusted that instead of sharing just your frustration with us that you take this time to share with us your memories and the good times you have had at previous Washington County Fairs.

“We look forward to welcoming you back to the fairgrounds next year, August 23rd - August. 29th 2021.”



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JOURNAL & PRESS

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Filbert by LA Bonté



By: L. A. Bonté



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Classified Ads

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A ₁	L ₁	C ₃	O ₁	H ₄	O ₁	L ₁	RACK 3 = 68
A ₁	S ₁	T ₁	O ₁	U ₁	N ₁	D ₂	RACK 4 = 58
C ₃	O ₁	R ₁	O ₁	N ₁	A ₁	L ₁	RACK 5 = 59

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Answers

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WARM GUST

Jumble: NOVEL GOUGE
GROWTH HAIRDO

Final Jumble:
“WEIGH” TOO LONG

4	2	1	6	3	5	9	8	7
8	5	7	2	4	9	1	3	6
6	3	9	7	1	8	2	4	5
9	4	6	5	8	7	3	1	2
2	7	3	4	9	1	5	6	8
5	1	8	3	2	6	4	7	9
7	9	5	1	6	3	8	2	4
1	6	2	8	5	4	7	9	3
3	8	4	9	7	2	6	5	1

E	V	I	U	S	K	R	O	W	E	R	I	F
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L	J	H	M	S	A	U	S	A	G	E	R	R

Dairy farmers convene online

Natalie Jew
Journal & Press

While farmers are still milking their cows every day during this pandemic, there is almost nowhere for their dairy products to go.

Throughout this pandemic, dairy farmers have been dumping thousands of gallons of milk, and so in a New York 21 COVID-19 Zoom meeting on May 27, local officials had a conversation about how these farms should move forward.

“Unfortunately about the time where we saw that light at the end of the tunnel [for dairy farms], we saw this virus hit,” said GT Thompson, senior member of the agricultural committee.

There was a dairy farm of 220 cows in upstate New York, that wanted to close their doors, according to Agriculture Coordinator Jay Madison. However, no one would buy the cows and no meat processing plants would take them.

This was one of the stories of why the application for the Coronavirus Food Assistance Program opened from May 26 through Aug. 28. The program supports

any producer who has seen a 5% or more price decrease due to the pandemic.

For dairy farms, a payment will be made to those eligible, based off of two funding formulas (overall, it amounts to \$6.20/cwt. for a farm’s production in January through March of 2020). The USDA will make an initial payment of 80% of the participant’s benefits and then the rest at

‘When we saw the light at the end of the tunnel, the virus hit.’

a later date. There have also been considerations for seasonal producers, but nothing has passed yet.

Of the program, we will have to see how it all plays out according to President of the New York Farm Bureau David Fisher.

“As dairy markets turn around,

time will tell,” Fisher said.

To Jon Rulfs of Adirondack Farms, the payments won’t last forever.

It’s a short-term issue facing us today,” Rulfs said. “But it’s really a long-term issue.” He is talking about the uncertain future for most dairy farms after this pandemic.

The Agriculture Committee, however, hopes to do everything they can so dairy farms can stay open.

“We’re looking for any ideas that anyone might have that we can take forward and work with within the Agriculture Committee,” Thompson said. “In the end we want our dairy farm families to do well financially for this work that you do seven days a week, providing the nutrition that we desperately need.”


Meet the new curator

The Board of Directors of Cambridge Historical Society and Museum announced its new Curator for the museum, Amarise Orlemann Lynip. She is a graduate of Cambridge Central School, has an MA degree in Public History from Appalachian State University.

After many years of travel with her husband Keith and two daughters, living in such places as North Carolina, Montana and the Philippines, she returned to Cambridge eight years ago where she has developed an appreciation for the depth and richness of Cambridge’s history and the current community.

She says she is “excited for the opportunity to serve as Curator at the Cambridge Historical Society and Museum, and to delve more deeply into this area’s history alongside the many devoted members of the Historical Society team.”



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