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THIRTY-TWO PAGES!
JAN. 16-31, 2022

A new Greenwich board



VARSIY PICS 2



J&P UPDATE 27



Rev. Chris Dungan leads a prayer. -dj

Supervisor Nolan says he will offer transparent, nonpartisan leadership.

A new Greenwich town board is sworn in to start the year. Two days later, they meet, but do not reverse the previous board's Dec. 14 decision to opt-out of allowing marijuana dispensaries or cafes here. Instead, local residents are circulating a petition that may lead to a referendum on the matter.

Please read more on page 7

Wintertime activities

Now that the cold weather has settled around us, some might start to wonder how to make the most of the outdoors. Our local region offers plenty of opportunities to get outside and enjoy the season, including Hudson Crossing Park, Willard Mountain, and Schuylerville's new ice rink.

Please read more on page 17



-hudson crossing park photo



PUZZLES 24



HILDA 26

HISTORIC IMPRINTS

The Greenwich Journal

The Salem Press

The Schuylerville Standard.

The Fort Edward Advertiser.

OUR REGION'S HISTORY - TODAY

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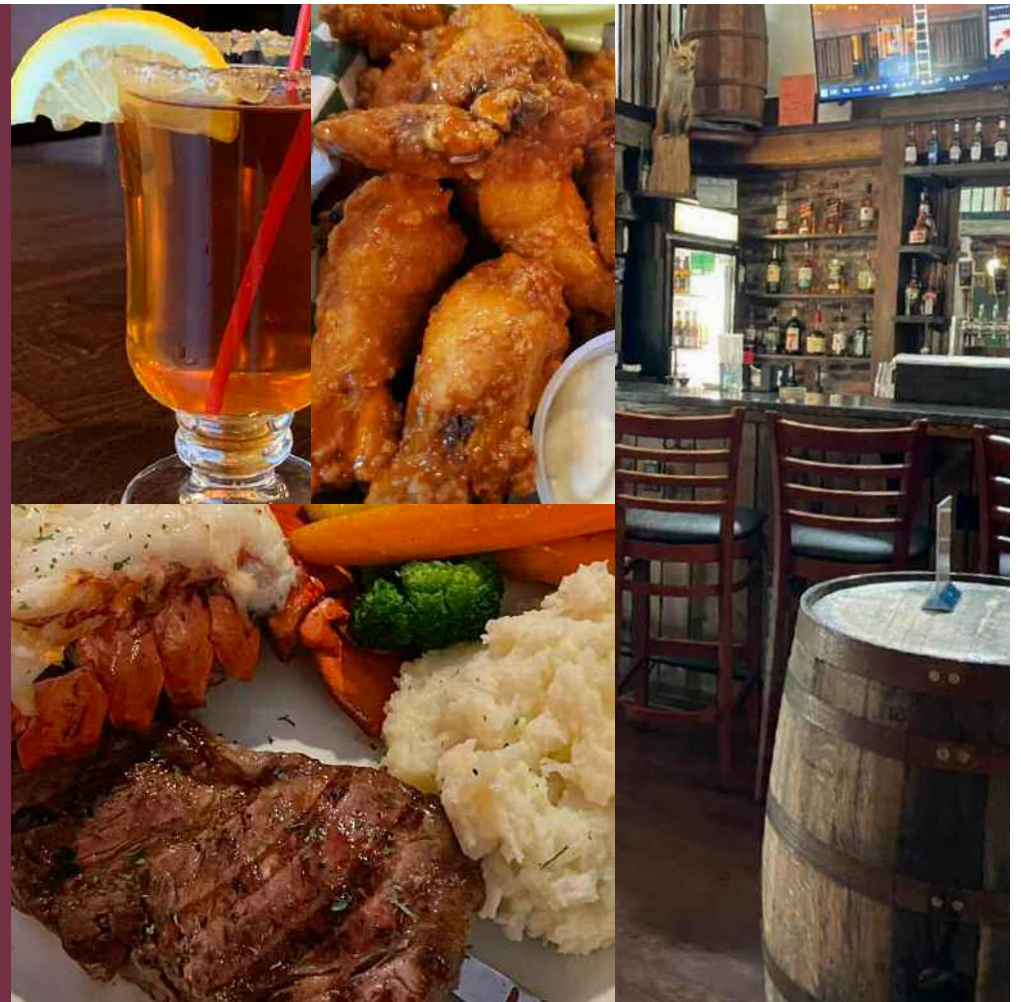
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School Sports



Greewich varsity boys and girls hoops continued their winning ways since our last edition. Pictured (L-R): Jacon Ziehm, Ryan Skiff, Deontae Bennett and Nora Niesz. See more pics via our Facebook and Instagram accounts. —dan pemrick photos

A time to rest

Kate Sausville
Journal & Press

“I wonder if the snow loves the trees and fields, that it kisses them so gently? And then it covers them up snug, you know, with a white quilt; and perhaps it says, “Go to sleep, darlings, till the summer comes again.”—Lewis Carroll.

This time of year often feels bare. The trees have lost all of their leaves, snow covers gardens and fields. The colors of the world are muted. The holidays are over, and the decorations are (mostly) put away. The space they took up seems empty, waiting for something else to come and fill it. The holiday parties are done, and even the mail slows down as all the cards and gifts have been delivered. In our area snow and bitter cold can make being outside challenging. Travel can be treacherous making it impossible to leave the home at times.

It is no wonder that in prehistoric times, people felt abandoned during the winter season. Fire could heat a home, but it could also be dangerous, burning out of control. Food was difficult to come by, and a bad harvest could mean starvation. Stories of evil beings such as goblins and trolls who could only be vanquished by sunlight were common in the northern hemisphere. To ward off evil spirits, people hung evergreens over doors and windows and used lights to keep the world bright until the sun returned.

In later times humans came to understand the cyclical nature of seasons and how to better

prepare for each one. The spring, summer, and fall, were busy times of planting and harvesting. Storing food for winter ensured survival and over time people created safer ways to do this. Better methods of lighting and heating homes reduced dangerous fires. Still we cling to the old ways in some respects, using lights and evergreen to ward off the darkness and keep us safe through the winter months.

Prior to the industrial revolution this time of year was one of rest. The farmer would use the time to plan for the new harvest and repair equipment needed, but the work was not necessarily the physically strenuous work that the

‘My commute reminds me how important our connection to the land is.’

warmer months required. There was time to sit by the fire and tell stories of trolls, witches, and fairies. Things have certainly changed. We now live in a 24/7 society that demands production at all times. We have become spoiled with cheap goods from foreign lands and get angry when not readily available. Rest is looked down upon as laziness, not the necessity it is.

My commute reminds me how important our connection to the land is. I am blessed to drive back country roads to get to work, with not a highway in sight. Each season brings a different perspective and view to my travels. Spring brings the buds back on the trees and the fields being planted. In the summer the leaves are full, and the corn gets taller. In the fall, the leaves change colors and the fields are being harvested. I see progress from my way into work and my way home, as the farmer moves down the rows. During the winter months I notice the silence.



—hudson crossing park photo

Fields have just a stubble left from the harvest. Snow and mud put a damper on sound. Occasionally I spot deer in the far end of a field hoping to find some leftovers.

The benefit of living in the country, where agriculture is still a large part of life, is the close relationship to the land and the cycles of the seasons. We do see some shift at farms using methods to produce during the winter, but generally winter gives the land a break from production. It is a physical reminder that just like the land, people need a time to rest. We know that in order for the land to produce at its best, it needs to lie dormant at times. People were not meant to be 24/7 and we pay the price of that lifestyle with greater bouts of anxiety and depression. The constant news cycle and social media bombardment seem to make us angry and disconnected. We fill our evenings and weekends with activities and outings and brag about how busy we are.

We pay a steep price for our busy lives. Heart attacks, stroke, and other ailments thrive when we fail to give ourselves what we need. Just as eating well and exercise play large parts in our health, allowing ourselves the rest we need gives our bodies time to heal and recover. Maybe it is time to stop looking for ways to be more productive and filling our days with “stuff.” We would be better served by taking a cue from the land and giving ourselves rest.

Kate Sausville is a resident of Greenwich.



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Join '100 Resilient Drummers'

Rural Soul Music Studio is again calling upon "100 Resilient Drummers" of all ages and experience levels to learn – remotely – West African-inspired music with the goal of coming together in an outdoor space in May 2022 to share in the

grooves.

In this 2022 2.0 version, led by Chelsie Henderson with support by Wayne White, participants will drum, move and sing their way into Spring in a high quality live, remote learning setting. "We won't let the wintry weather conditions get in our way," Hendserson said.

Here's how "100 Resilient Drummers" works:

Live Virtual Classes will happen on Sundays from 3:30-4:15 p.m. via Zoom. The classes will run from Sunday, January 23 through May 1. "Classroom time" is where the musical background, rhythms, dance steps and songs will be introduced. (These sessions will be recorded and shared with all participants.)

Live Virtual Classroom Sessions will be on Tuesdays from 5:45-6:30 p.m. via Zoom. The practices will run from Tuesday, January 25 through May 3. "Practice room time" is where the music introduced in the classroom time is developed. (These sessions will also be recorded and shared with all participants.)

"A Gathering of All Participants and Special Workshops With a Guess Master



**Chelsie Henderson
and Wayne White**

Drummer/Teacher" will be enjoyed on Saturday, May 7 at Hudson Crossing Park. Time TBD.

The cost is \$100 per household for the entire program. To register, email ruralsoulmusic@gmail.com or call 518-805-8263.

Covid site

Beginning January 8, Washington County Public Health launched a web portal for those who receive a COVID-19 positive test result on an "At Home" Rapid Antigen test (provided the test is one that has received the FDA EUA). Washington County residents who receive a COVID-19 positive test result on an "At Home" Rapid Antigen Test will report their information on our HIPAA compliant web portal and attest to the information provided as well as agree to the instruction to isolate in accordance with the NYSDOH - New York State Health Department Guidelines for Isolation and Quarantine. The portal may be found on the Coronavirus information site at washingtoncountyny.gov/coronavirus.



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Town officials sworn in; dispensary talk

Darren Johnson
Journal & Press

The Greenwich Town Board held an inauguration on Jan. 3 to swear in newly elected members – supervisor Jim Nolan, councilmen Jim Mumby and Tom Graves and highway superintendent Jeff Derby – and reelected Town Clerk Kimberly Whelan. Two days later, the new board held a brief organizational meeting. A handful of local residents attended via Zoom.

Nothing unusual was approved – seemingly the same agreements as last year were moved forward – but Nolan read a Supervisor’s Report, which included:

“I would like to focus on how we will operate as a board and as your town government. Each of us elected officials are here to serve you, the citizens of the Town of Greenwich. There is no place for partisan politics in Town government. Yes, we may differ in opinion on certain issues, which is not a bad thing as different perspectives allow each of us to see an issue from all sides. But in the end, the deciding factor in making decisions should always be ‘What is best for the citizens of Greenwich?’

“Citizen input is extremely important in determining priorities and helps shape the operation of Town government. This administration is committed to providing the citizens of Greenwich ample opportunity to provide input into issues that come before the board. Public Comment sessions at each monthly meeting are an important part of obtaining citizen input. In addition, there are times when Public Meetings dedicated to an issue should be held. I assure you they will be.

“Transparency in all Town government actions will be a major goal of this administration. This can only be achieved by providing information in a timely manner and providing ample opportunity for

questions to be answered. There may very well be instances when dedicated Information Sessions need to be held in order to explain a process and answer questions. This will happen.”

One topic Nolan expanded upon was cannabis. The previous town board, on Dec. 14, voted for the town to opt-out of allowing the state to register either marijuana dispensaries or cafes in the town.

However, the Village of Greenwich has opted in, so in essence the town voted not to accept the sales tax revenue a marijuana business would generate in the village.

“As most people know, New York State has legalized the possession and use of cannabis. This must be emphasized – growing, possessing and using cannabis will be legal. With respect to smoking and vaping, cannabis will be treated the same as tobacco,” Nolan said.

He added that approximately 30% of towns in the state have also voted to opt-out. It’s unclear how

many of those towns have a village within their borders that have opted in.

Local residents have until Jan. 28 to gather 209 signatures of registered voters in the town to force a permission referendum, which could overturn the town board’s opt-out. Residents who would like to sign a petition to hold a referendum can do so at Greenwich Vape or Windy Hill C-B-D.

Interestingly, Village of Greenwich voters may vote in such a referendum, so it might be in their best interest to vote against opting-in, to keep all of its share of potential sales taxes related to pot sales. Otherwise, the village would have to split sales tax revenues with the town, even if a dispensary or cafe is within village borders, local mayors told this paper



Scenes from Jan. 3’s Greenwich Town inauguration ceremony. Pictured (L-R) new councilman Tom Graves, new highway superintendent Jeff Derby, new supervisor Jim Nolan, new councilman Jim Mumby and returning clerk Kimberly Whelan. Town Justice Leo Flynn swore in the officials. –dj photos



continued on next page

PTSA fundraiser is a big success

In an interesting turn from the standard “ho hum” fundraiser, the Greenwich Parent Teacher Staff Association (PTSA) rallied around a new idea – partnering with local businesses to sell gift cards. “Our plan was to ask students and their families to buy/sell \$25 gift cards for local businesses for our Fall fundraiser” said PTSA president Erin Elkins.

The fundraiser ran from mid-October to mid-November with 14 local businesses participating in the event. Sales totaled \$8,900, raising donations of \$1,790 for the PTSA. “A portion of each sale was donated by the businesses to help support PTSA sponsored activities like senior scholarships, career day, teacher appreciation gifts, guest speakers, and in pre-Covid times more social activities for the students,” said PTSA Vice President Tara Graves.

“As we take a look back at PTSA fundraisers, we have been successful with many different vendors through the years, but none have been as meaningful as having the opportunity to support local businesses. This year, we thank our families and community for a tremendous team effort to support the Greenwich PTSA,” added Amy Wise Foster, Former PTSA President and current Director of Operations.

Participating businesses included: Burger Den, Em’s Art Shack, EMH Photography, El-

sasser’s Beim 111, Country Peddler Shoppes, Hand Melon Farm, Just Because, Journal & Press, Muddy Trail Jerky Co., Parker MX, P.R.I.D.E. Taekwondo, Wallie’s of Greenwich, and Willard Mountain.

Meghan and Marco Baratto, Owners of Burger Den in Cambridge, said: “As the owners of Burger Den Restaurant, we were very pleased to participate in the PTSA fundraiser. Our kids attend school in Greenwich and our business is in nearby Cambridge. We thought it was a great idea to support other local businesses in the community. And were honor to be a part as residents of Greenwich.”

Emily Crawford, who runs Crawford Island Art, added: “I loved the concept and would totally do it again. I started Em’s Art Shack to teach clay to local kids, and I wanted to specifically promote two of my latest offerings, Teen Taco Throwing

Tuesdays and my Adult ClayDates and Clay-Mates, both aimed to give people the experience of throwing pottery for a night.”

Tara Graves, PTSA Vice President, said: “Greenwich is a wonderful community of individuals, families, and businesses. Together, we can work to build a brighter and better future for our youth.”

Give a gift card this holiday season!

Local Experiences Local Meals Local Shopping Local gifts that keep on giving

Greenwich (cont.)

in previous editions.

At least, that is the interpretation most people have of the law. Nolan said that there is still time for the town to reconsider, but more facts need to be gathered.

“Most towns stated they opted out by New York State’s December 31, 2021 deadline because they didn’t have enough relevant information from the state,” he said. “... Alternatively, the

town board can vote at any time to opt in to allowing cannabis dispensaries and/or onsite consumption lounges. ... I believe this is an issue that requires more information from New York State, more input from the citizens of the Town of Greenwich, and consideration of all the implications of each possible course of action. In the coming months, this issue will be addressed again after we gain more input.”



Relected Clerk Kimberly Whalen being sworn in

When contemplating a gift for men, look only from the neck up

Greg Schwem

Special to Journal & Press

NOTE: My editor's INSISTENCE that she be allowed to take time off during Christmas break forced me to write a post-holiday column one week before the holiday actually occurred.

And yet, gentlemen, I still know what you all received under the tree this year.

Beard trimmers and neck massagers.

How do I know this? Let's start with the fact that men, according to women worldwide, are "impossible."

"Guys have everything," my wife falsely said to me two weeks before Christmas. "You wear the same shirt every day, you don't accessorize, you don't care if your clothes match. Guys are impossible."

"We like hot sauce," I feebly replied.

"I know. I got you a six-pack of it last year," she said. "There are still three unopened bottles in the pantry."

"That's only because you nixed the 'Butt Burnin' Turkey' recipe I found online. I was planning to make that for Christmas dinner. Your parents are still coming, right?"

As the calendar hurdles past Christmas and toward birthdays or other holidays that require presenting men with gifts, panicked women turn

to the internet for ideas. They fire up Amazon and type "gifts for men" in the search box.

Know what appears? You guessed it. Beard trimmers and neck massagers.

OK, that's not entirely true. Apparently, guys, we all like caviar, as evidenced by the Olma Regal Caviar gift set that popped up on my screen. Not only would \$289 fetch five tins of caviar including the (wait for it) SIBERIAN OSETRA AURORA

brand, but I could shovel it in my mouth with the included Mother of Pearl caviar spoon!

I have no idea how this item made it onto the list. I have never eaten caviar and have never seen it served at any "guy-centric" events like football games. Does it taste good with hot sauce?

Naturally, the number one item was the Viktor Jurgen neck massage pillow. For just \$49.99, the pillow promised a Shiatsu deep heating massage. I could even use it on my abdomen or feet, but it seemed clearly designed for the neck. The web page included a photo of a 30-something dude using the pillow, with a facial expression that said, "Now my life really is complete."

Except it isn't, as evidenced by his three-day scruff of facial hair. He needs the No. 2 item on the list, the Brightup beard trimmer.

Even guys without beards no doubt received this product en masse for Christmas because it tackles so much more than facial hair. Brightup promises men can style their "beard, hair, body, private, mustache, nose, ear, facial (or) groin to 'any desired look.'"

Bros, who among us hasn't thought about



styling our privates to a desired look? That alone makes the product a steal at \$38.99.

I truly hope all men reading this column received, at the very least, the neck massager. At least you were comfortable while your wife or girlfriend opened the variety of presents you bought her after searching "gifts for women." What did she try first? The bath salts? The cotton socks? The jewelry? The wine glasses? The bangle watch? No caviar under her tree. All you could do was smile and silently contemplate when would be an appropriate time to trim your nose hairs.

Thankfully for my wife, my birthday is not until September, so she has nine months to think of a gift not designed for the neck, face or groin. If she just scrolls a little further on Amazon, she will definitely find something. I know because I have already done so.

Eventually she will discover guys also like leaf blowers.

Greg Schwem is a corporate stand-up comedian and author of "Text Me If You're Breathing: Observations, Frustrations and Life Lessons From a Low-Tech Dad" and "The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian."



'My wife has until September to think of a gift not designed for my face or groin.'

Donate Blood

The American Red Cross blood supply is at historically low levels. If more donors don't come forward to give blood, some patients requiring a transfusion may potentially face delays in care. One place where you can donate is at the Salem Fire Department on Wed., Jan. 19, from noon to 5:30 p.m. Visit RedCrossBlood.org or call 1-800-RED CROSS to learn more or find a donation site.

Where have all the marksmen gone?

Michael Levy
Journal & Press

On April 4, 1966, a Monday night, a team of twenty traveled from Greenwich to Corinth. By the end of the evening, Greenwich trounced the existing champions. Greenwich cinched that season's championship with the Corinth win, even with two matches left to go. Greenwich dominated every other team in the league that year.

For many years, the Greenwich Fish and Game Club fielded one or more teams in the Adirondack Foothills Pistol League (AFPL). Over the long history of the AFPL, there have been other league teams from Washington County locales such as Salem. But as of today, no Greenwich or Salem teams are competing.

There were some close matches between Greenwich and Salem in the past. For example – during their last match-up of the year on March 30, 1970, Greenwich won in a squeaker. The final score was Greenwich 1317 and Salem 1315. The performance of these two teams was always high. Accordingly, it is no surprise to learn that in January 1977, the Greenwich team was tied for second place in the league with Salem as a close fourth.

So what is the Adirondack Foothills Pistol League? The AFPL is a league of pistol teams from local clubs who alternate between hosting home matches and traveling to away matches with the other teams in the league. Team members shoot 30 shots with each shot worth a maximum of 10 points. With 30 shots per competitor, the maximum score is 300 per Team member. The team's score is an aggregate of five shooters for a maximum of 1,500 points.

Each team member shoots a single Slow Fire string (10 shots in 10 minutes), two Timed Fire strings (five shot strings, 20 seconds per string), and two Rapid Fire strings (five shot strings, 10 seconds per string). On slow fire targets, the 10 ring is only 9/10th of an inch in diameter which also is the exact dimension of the X ring on both the timed and rapid-fire targets. All courses of fire are at a distance of 50 feet, shot indoors from a standing position, and

using a one-handed grip on .22 caliber target pistols. If one holds a three-pound weight in one hand with their arm extended, minimizes movement of that arm while aiming at a small 1-inch circle on a paper target placed 50 feet away, and do so 30 times during the match, one can easily gauge the skill level needed to get a winning score. This is a true precision sport that is practiced in a highly controlled and safe range environment.

For many years, this newspaper chronicled AFPL's weekly matches – listing the scores and standing of our local teams, especially as they competed against each other. And over the decades, this paper also proudly reported when Greenwich or Salem defeated rivals who were domiciled west of the Hudson River.

One can easily imagine the homegrown pride building as our local AFPL teams won their weekly matches while working towards the possibility of a season championship. But losing matches likely led to a bit of heartbreak that in many ways could be similar to the feeling that we had last November when the Moriah football team won the Class D semifinal matchup by defeating our very own Greenwich Witches by a final score of 28-14.

So how do competitions between different towns and villages become a source of local pride and why is it that we follow the scores of our home teams versus their opponents?

‘Greenwich and Salem teams no longer compete in the AFPL.’

It may go as far back as the Neolithic Revolution that occurred a few thousand years ago. This was a critical transition, taking Homo sapiens from scattered groups of hunter-gatherers to folks living in permanent agricultural settlements. Inevitably, one farming village would learn of another nearby. While developing a system of trade, a natural environment was created for competitions between them. Excluding the unpleasant disputes character-



ized as warfare, most competitions were played for basic entertainment purposes or maybe for simple bragging rights. That is why in modern times we follow the games of our Witches, Generals, Golden Hordes, and for the time being, Indians, with such great interest. It is part of our DNA!

This brings us back to the subject of the Adirondack Foothills Pistol League. The AFPL still not only exists, it thrives. The teams that are currently in the league are: Galway, Clifton Park/SaraSpa, Plattsburgh, Troy, North Troy, Glenville, GUAN HO HA, with Hudson Falls being the only team from Washington County. It is sad that teams from Greenwich or Salem no longer compete. It has been a while since they did!

Wouldn't it be great to hear once again of a team from Salem or Cambridge or Greenwich outscoring the teams from Saratoga or Schenectady County and earning the right to prominently showcase AFPL's perpetual championship trophy somewhere in southern half of Washington County?

And just in case anyone needs to know, the Salem Fish and Game Club still has the indoor range they built circa 1976. Just a random thought...

Michael Levy is a government manager residing in Greenwich. He is also a Commercial Pilot and a Ham Radio operator.



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Free photo course

Beginning Saturday, January 29th, the Community Learning Program at SUNY Sullivan — in partnership with Sullivan 180 and led by Margaret Helthaler, owner of Veggieprimer.com — presents *Basic Photography as a Mindful Practice*, a free four-week class for anyone interested in taking photos and having fun with their mobile, DSLR, or other type of camera. Helthaler is an artist, educator, and plant-based nutrition advocate, who has explored different kinds of photography as a student, instructor, and professional — including food photography for Veggieprimer.com, where she shares gluten-free vegan recipes, and landscape and nature photography for StandingImpressions.com, where

she imprints her work on ceramic tile.

Photography can encourage a moment-to-moment awareness that builds mindfulness. By the end of this four-week course, participants will be able to identify opportunities for mindful photographic practice, use manual settings and composition guidelines to create attractive images, and make editing choices to develop their own style. The one-hour course is being offered via Zoom over four Saturdays — January 29, February 5, 12 and 19 — from 10–11 am. For more information or to register, please contact wellness@suny-sullivan.edu.



Greenwich CSD December's Standout Student Awardees (L-R): Haily Briggs, Gabriel McFarren, Alexzander Rifenberg, Max Nichols, Rylee DeLuca, Harper McCarthy and Bridget Smith (Missing: Andrew Baptie)

Astronomy Club to gather

The Salem Astronomy Club will meet on Wednesday, January 19, 2022, at 7:00 pm at the Starfish Library 56 Gillis Hill Ln. They are a group of amateur astronomers who meet monthly to discuss and learn about astronomy. Anyone interested in astronomy, at any level, is welcome to attend. For more information, please contact Bill at wfrederi53gob@gmail.com.

DAR assists Comfort Food

Pictured are members of Willard's Mt. Daughters of the American Revolution with their collection of items for Greenwich Comfort Food. They collected 140 pounds of needed items and \$245 for additional purchases. This past year has been difficult for many families but with the many generous gifts of organizations, fund raisers, and private citizens this community has been successful in their goal of providing for families in need.



Adult knitting classes

The Historic Salem Courthouse will host "Adult Knitting and Crocheting" classes Tuesdays starting on Feb. 1 at 6:30 p.m. Sign up by email at hscpa@salemcourthouse.org or call 518-854-7053.

Legal Notice

The Greenwich Central School District is soliciting proposals from independent CPA's for its annual audit for fiscal years ending June 30, 2022, June 30, 2023, and June 30, 2024. The audit will include all funds of the Board. Opinions with financial statements, management letter, and

presentation of same are required. For further information or a copy of the RFP specifications, contact Troy Tyler at (518) 692-9542, proposals must be submitted no later than 2:00 p.m. on February 28, 2022 to Greenwich Central School District at 10 Gray Avenue, Greenwich, NY 12834.

Woerner reviews the State of the State

Assemblyperson Carrie Woerner (D-Round Lake) issued this statement after the Governor's State of the State address in Albany on Jan. 5:

Today Governor Hochul outlined her vision for New York State in the annual "State of the State" speech. The Governor acknowledged the challenges of COVID but rightly set her sights on the future. Her speech was expansive and touched on some issues I believe are critical for my constituents and for all residents of this state. I note these initiatives:

Healthcare:

The governor set forth a goal to increase health-care workers by 20% over the next five years and described incentives to help it happen. Direct financial support for the education of healthcare professionals, including tuition, stipends for those in school, and even support for ancillary expenses, such as childcare and transportation, will directly benefit our community and reinforces the value of existing programs, including those at SUNY Adirondack and HVCC in Malta.

Combined with a package of initiatives, such as retention bonuses, easing barriers that stand in the way of translating experience to educational credits or obtaining licensure, and examining traditional healthcare for opportunities to reach more people more easily, including through telehealth, the Governor has outlined a realistic and achievable route to provide more and better care.

I am also happy to see proposals that would expand access and coverage for mental health services, vulnerable seniors, and maternal health.

Workforce Development and Small Business:

Among the many proposals that will help workers and our economy, I applaud the Governor's mention of expanding access to apprenticeships. Apprenticeship programs are a direct route to well-paying and meaningful work. Supporting programs that offer apprenticeships and encouraging apprenticeships in more fields will benefit both employers and workers. I also appreciate the Governor's commonsense proposal that funding for workplace development programs should be tied to job placement.

Proposals related to improving access to quality, affordable childcare acknowledges and addresses the significant hurdle that childcare presents for

people going back to work.

On a completely different note, I am happy to see the Governor proposes to allow "cocktails to go" on a permanent basis, as many of my constituents have expressed their preference for this action.

Broadband:

The governor's infrastructure program includes a concerted effort to bring reliable broadband to rural parts of the state. This issue has been at the top of my list of priorities for our district. I heard from countless constituents about the difficulty of navigating the modern world, especially during COVID, because they didn't have access to reliable high-speed internet. In order for New York to progress, it is a simple fact that all who want access to this service should have it.

As I continue to focus to assure broadband service reaches every household and business in the state, I am grateful that the Governor will put \$1 billion toward this effort. I will, however, carefully watch this proposal to ensure that the expended funds don't end up flowing back to the state in the form of taxes and fees.

Housing:

The state of the state offered extensive areas to address and improving housing in this state.

Representing the county in New York State with the highest number of manufactured housing units in the state. In particular, reforms to the way manufactured homes are treated under existing law will benefit the owners of these homes and the communities in which they reside. The creation of thousands of units of new housing in the state, including supported housing for those who need it, and an emphasis on improving housing stock in rural communities recognizes that those who rent are not limited to urban apartment dwellers.

Agriculture:

In my eight years as a legislator, I have not heard issues related to agriculture even mentioned in the state of the state address. I was so gratified to hear Governor Hochul speak about supporting farmers and her recognition of the importance of New York producers to the food supply chain. I look forward to learning more about these initiatives and helping the Governor help our producers.

Stefanik on 1/6

Rep. Elise Stefanik (R-Schuylerville) issued the following statement regarding the events of Jan. 6, 2021, at the Capitol:

"On January 6, 2021, I strongly and clearly condemned the violence and destruction that occurred at the U.S. Capitol - just as I strongly condemned the entire year of violence and lawlessness that raged across our nation throughout 2020. Our nation owes a debt of gratitude to the U.S. Capitol Police for their bravery and heroism on that day and to those who sacrifice and serve in law enforcement every day across the country.

"It is unacceptable that one year later the American people still do not have answers as to why the Capitol was left so vulnerable and how to ensure it never happens again.

"Rather than focusing on improving the security of the Capitol and adopting all the recommendations from the U.S. Capitol Police, Nancy Pelosi and House Democrats are instead using their illegitimate partisan sham of a committee to shred Constitutional precedent and punish their political opponents. It is unprecedented,

and it is dangerous.

"The American people deserve to know that the ONLY office that is off limits to this investigation is the Speaker's office. The Speaker of the House oversees the Sergeant at Arms who, at her direction, has refused to turn over documents and communications related to January 6th. The fact is that Nancy Pelosi bears responsibility as Speaker of the House for leaving the Capitol so vulnerable despite multiple warnings and requests, and now she is responsible for the cover-up of that fact.

"As I stated on the House Floor as the Representative for New York's 21st Congressional District, I believe that the most precious foundation and the most sacred covenant of our Republic is the right to vote and the faith in the security of our nation's free and fair elections. I swore an oath to protect and defend the Constitution, and I stand by my objection to the electors of certain states based on the unconstitutional overreach by unelected state officials and judges ignoring state election laws. I am committed to working to strengthen our elections and rebuild that faith, so that our elections are free, fair, secure, safe, and most importantly, that they are according to the Constitution."

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A look back at the economy of 2021

Jill Schlesinger

Special to Journal & Press

Most of us would like to put the past two years in the rearview mirror -- in a major way. Since March 2020, we have been absorbing the devastating physical, emotional, and financial impact of COVID-19. Now, as the year draws to a close, it's worth reviewing where we stand as this second tumultuous year concludes.

Big Picture: After the worst recession since the Great Depression, when the economy shrank by 3.4%, the recovery came to fruition in 2021. It is likely that the US economy expanded by an estimated 6% over the year, fueled by a third round of government stimulus, in the form of the \$1.9 trillion American Rescue Plan. (You have already forgotten about the two massive measures enacted in 2020, the March 2020 \$2.2 trillion CARES Act, followed by the additional \$900 billion relief bill passed in December.)

The 2021 legislation delivered \$1,400 stimulus checks and child tax credits to millions of families. In fact, "How to be eligible for stimulus check" nudged out "How to be more attractive" as the number one "How to" search in 2021, according to Google Trends. In addition to government support, the Federal Reserve maintained emergency measures, including monthly bond buying and zero percent interest rates to grease the wheels of the

economy and financial markets. Through the combination of the robust fiscal and monetary actions, the 2021 US economy is poised to see the strongest annual growth rate since 1984, year when GDP surged by 7.2%.

COVID Dynamic: The COVID recession was unique in that the drop in output was severe and swift. As much of the country was locked down and waiting for vaccines, households were sitting on a lot of cash -- about \$2.4 trillion in excess savings. When lockdowns were lifted and armed with all of that money, Americans were ready to unleash their consumptive habits. The rapid spending caught producers by surprise and suddenly we were all learning about the supply chain, shipping containers, and logistics.

Inflation is the New Black: Like an old-fashioned trend that pops back up, so too is the concept of inflation. While the economy is not close to the peak annual inflation seen in 1980 (that year, prices accelerated by 13.5%), prices as measured by the Consumer Price Index are running at an annual pace of 6.8% as of November, the strongest annual pace in four decades.

In his July testimony before the House Financial Services Committee, Federal Reserve Chair Jerome Powell noted that the economy has run headfirst into a "perfect storm of high demand and low supply," which should pass as the economy normalizes. While the Fed had maintained that the

spike in prices would be "transitory" or temporary, by the end of the year, the central bank shifted its policy to reflect the fact that inflation is likely sticking around longer than previously thought -- and that it would have to shift its policy as a result.

The Great Resignation/Labor Market Shortage: As the year progressed, workers found themselves in a new position of power. Job openings were abundant and for the first time in about two decades, many found that they could leverage a chaotic labor market to their advantage.

Housing: The housing market finished the year a little less hot, though it's surely simmering due to low inventories levels. Unfortunately, even as activity slows, prices remain high. As more properties come on to the market, the situation should improve.

Three-Peat for Stocks: You didn't have to own meme stocks, Bitcoin, or NFTs in 2021 to enjoy gains. The US stock market is about to complete a three-peat of annual double-digit gains.

Jill Schlesinger, CFP, is a CBS News business analyst. She welcomes comments at askjill@jillonmoney.com.



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First babies of the New Year

Nicole and Dennis Marmie of Fort Edward welcomed a healthy baby girl, Aryanna, on the first day of the New Year at Saratoga Hospital.

Aryanna Lynn (left) – 9 pounds, 10.1 ounces and 21 inches long – arrived at 2:01 a.m. on Saturday, January 1. She was the first Washington County resident born in the New Year.

The first baby born in the Capital Region was at Glens Falls Hospital at 1:31 a.m. on January 1. The healthy baby boy (right, yet to be named) was born to proud parents Rachel and Brad Stehlin of Glens Falls.



SUNY Adirondack marks 45 years in Wilton

SUNY Adirondack celebrated its 10th year at Saratoga Center in Wilton and its 45th year of serving Saratoga residents with an open house on Jan. 11.

“We are honored to be Saratoga’s educator of choice since 1977,” said Kristine D. Duffy, Ed.D., president of SUNY Adirondack. “SUNY Adirondack started off in Saratoga with just a few evening classes and, throughout more than four decades, has greatly expanded its presence, and is proud to be celebrating this milestone.”

The event welcomes educators, business professionals, elected officials and others to Saratoga Center, a facility that features state-of-the-art laboratories, spacious classrooms and a lecture hall, at 696 Route 9 in Wilton.

SUNY Adirondack’s Wilton location provides convenient options to residents of the Saratoga area. Over the past year, the college has increased the number of health education courses and began offering “high-flex” courses in which students can attend in person, via livestream from anywhere or watch recorded sessions at their convenience.

Many Early College Career Academy courses are also offered at Saratoga Center. The program — a collaboration between SUNY Adirondack and Washington-Saratoga-Warren-Hamilton-Essex (WSWHE) BOCES in which high school

students attend classes that teach analytical, theoretical and hands-on elements of high-demand jobs — includes fields of study in Media Arts, Advanced Manufacturing, IT: Cybersecurity and Business Administration.

“SUNY Adirondack has a long history of serving Saratoga,” Duffy said. “Throughout the years we have adapted to ensure we are providing the region the well-rounded, highly trained employees our economy needs.”

The college first offered eight evening courses in rented space at Saratoga Central Catholic High School in 1977. By the early 1990s, 35 classes were offered, leading SUNY Adirondack — then still Adirondack Community College — to open a branch in McGregor Village Plaza on Route 9 in Wilton in 1995.

In fall 2001, the college for the first time outlined a three-year sequence of classes to complete five different degree programs entirely in its Saratoga facility, including Information Technol-



ogy: Information Systems; Associate of Arts and Associate of Applied Science degrees in Business Administration; Liberal Arts & Science; and Health Information Technologies. Two years later, daytime classes were added to the lineup.

In 2012, SUNY Adirondack was moved to its current location. Today several degree programs can be completed entirely at Saratoga Center, or in conjunction with online courses or classes at the college’s Queensbury campus.

So far this academic year, nearly 400 students enrolled in at least one class at SUNY Adirondack Saratoga. Saratoga County residents in fall 2021 comprised 39 percent of SUNY Adirondack’s student body, with more than 1,000 students from the county attending.

Free Display Ad Policy

The Journal & Press continues to help local not-for-profits through free display advertising in our pages. Here is the free ad policy:

- Ads must come pre-designed, correctly sized, high-resolution and be graphically pleasing with no mistakes in copy.
- You may send the ad in color, but we may have to put it on a black and white page.
- The non-profit must have a brick-and-mortar location in our predominant coverage area.
- It must not be a branch of a larger organization.
- The non-profit must not be paid advertising in other media.

- The non-profit must in its mission exist to serve underserved populations.
- Physical fundraisers for people who are going through hard times qualify.
- Fire departments, churches, VFWs, little leagues and similar organizations qualify.
- Limit your advertising to quarterly, at most. Exceptions are possible — ask.

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With a press release placement, you do not need to meet all of the requirements for a free ad. Here are our preferences:

- Please keep press releases under 400 words. About 200 words is typical.
- Send as plain text in the body of an email. Include a photo or graphic, if possible.
- Please proofread your work — and do not use first-person (no “I,” “We,” “Us,” etc.).

Deadlines are the 23rd and 9th of each month to be in the 1st and 16th editions.

Seeking local talent for 'Little Shop'

76 trombones will no longer be marching down the Fort Salem Theater aisles this season, as the Omicron numbers rise in Washington County. In place of the theater's large-cast production of *The Music Man*, a more intimate, 10-actor musical comedy featuring a flesh-eating plant, *Little Shop of Horrors*, will now take the stage from March 11-20. Tickets are on sale immediately.

"Although we were very excited to welcome many new faces this season in *The Music Man*, a cast of more than 30 performers of all ages feels irresponsible at this time while we continue to monitor these stressful Covid variants," Executive and Artistic Director Kyle West stated. "We are committed to delivering a high-quality performance and a safe atmosphere for our artists and audiences alike, and we hope the popular *Little Shop of Horrors* will provide the perfect amount of light hearted entertainment and laughter we all need right now."

An additional production for youth performers will also be announced soon.

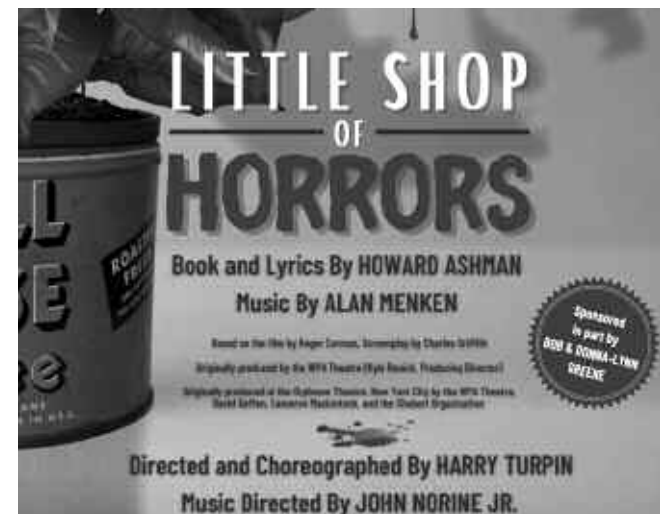
Auditions for *Little Shop of Horrors* will be held on **Monday, January 17 and Tuesday, January 18, 2022** from 7:00PM-9:00PM. Interested performers can schedule a 5-minute audition appointment at www.FortSalem.com/auditions. A Covid Compliance Officer will be present at all auditions, rehearsals and performances.

A deviously delicious Broadway and Hollywood sci-fi smash musical, *Little Shop Of Horrors* has devoured the hearts of theater goers for over 30 years. Howard Ashman and Alan Menken (*Disney's The Little Mermaid, Beauty And The Beast, and Aladdin*) are the creative geniuses behind

what has become one of the most popular shows in the world. The show features meek floral assistant Seymour Krelborn, who stumbles across a new breed of plant he names Audrey II after his coworker crush. This sassy, R&B-singing carnivore promises unending fame and fortune to the down-and-out Krelborn as long as he keeps feeding it! Seymour is faced with the tough decision of giving into Audrey II's vile demands and continuing down the path to success, or returning back to his simple life. The show contains hit songs like "Suddenly Seymour," "Skid Row (Downtown)," "Dentist," "Feed Me," and "Don't Feed The Plants."

The production is directed and choreographed by guest artist **Harry Turpin**, who appeared in the 30th Anniversary National Tour of *Annie*. As a director, Turpin has directed professionally across the country, including titles like *Guys and Dolls, White Christmas, Beauty and the Beast, The Who's Tommy, Sweet Charity, Anything Goes, Hello, Dolly!, Grease, and West Side Story*, among others. For his work, he has been recognized with the Gregory Award, several BroadwayWorld Awards, and "Best of the Fest" at Seattle Fringe. *Little Shop of Horrors* marks Turpin's Fort Salem Theater debut.

Dr. John Norine Jr. returns to Fort Salem Theater as Music Director and Technical Director, having visited as a guest artist for *The Marvelous Wonderettes* and *Next To Normal*, among other events. Originally from Utica, NY, Norine has his Bachelor of Music from the Crane School of Music at SUNY Potsdam, where he studied music theory and history. He then continued his graduate studies at the University of North Texas, where he



graduated with Master and Doctor of Musical Arts degrees in Performance, studying Orchestral Conducting under Anshel Brusilow and Clay Couturiaux.

Ethan Drinkwine serves as stage manager, with Charles J. I. Krawczyk as scenic designer, Janelle Sando as costume designer, Courtnie Harrington as hair & makeup designer, and Michael Gallagher as the rehearsal & performance accompanist. A sound designer, and live band (bass, drums, guitar) are still to be hired.

Little Shop of Horrors performs on Fort Salem Theater's mainstage March 11-20, kicking off the theater's 50th Anniversary Season. Tickets are on sale now, starting at only \$15. Ticket holders with reservations for *The Music Man* may keep their assigned seats for *Little Shop of Horrors*, or are welcome to exchange or refund them at any time. For more information, visit www.FortSalem.com.

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Ski, skate and hike locally this winter

Felicia Reich
Journal & Press

Now that the cold weather has settled around us, some might start to wonder how to make the most of the outdoors. Our local region offers plenty of opportunities to get outside and enjoy the season, including Hudson Crossing Park, Willard Mountain, and Schuylerville's new ice rink.

Situated between the Hudson River and the Champlain Canal, Hudson Crossing Park offers visitors the chance for year round activity. With over two miles of trails, the park is the perfect place for hiking, as well as various winter sports including snowshoeing and cross-country skiing, and attracts snowmobiling groups from across Saratoga and Washington Counties.

In addition to the miles of walking trails, Hudson Crossing Park, a registered nonprofit, is home to several water features which make for a fun day outdoors. Ice fishing is a popular activity for park visitors, as well as ice skating when temperatures drop low enough.

Visitors of all ages can enjoy the park's natural wonders, as well as its Play Garden playground built from all natural, upcycled, or recycled materials, and learn about the park's ecology and history. Hudson Crossing Park's annual Winterfest, free to the public, will offer visitors the chance to learn about the park, while enjoying a bake sale, snow bowling, sledding, and more. This event will take place on Sunday, February 27th from 11:00am to 2:00pm.

For those who are looking to take on some elevation this winter, Willard Mountain is now open for the ski season. This Hudson Valley staple hosts various opportunities for learners and seasoned athletes alike to hit the slopes, offering equipment rentals as well as ski and snowboard

lessons by the mountain's dedicated staff.

One of Willard's major draws are its night ski hours, which allow for people, especially students, to get more runs down the mountain than they might typically get at other locations. "We think we offer an excellent product," says Chic Wilson, Willard Mountain's owner for the past 29 years. "And we try to make it affordable so the average family can still enjoy this activity."

When asked about the loyalty of their patrons, Chic says that people return for generations. "We've had employees who are coming back with their children. We've got grandparents with children's children... We're made up of families.

Chic and his wife Kris, both avid skiers at 70 years of age, opened the mountain this season before Christmas and won't close again until after March. Despite this season's mild temperatures, the mountain has already seen plenty of visitors. "There's a huge pent up demand for an activity like skiing. Parents are looking feverishly for something their kids can be involved in," says Chic. Outdoor enthusiasts of all ages can look forward to Willard's tubing park, which will open this weekend. As the temperatures rise at the end of the season, their man-made snow will allow for skiers to keep riding well into the Spring.

Now in its second year, Schuylerville's community ice rink is currently up and running. The ice rink, situated in Fort Hardy Park, is a project envisioned, built, and operated entirely by volunteers, namely Kevin Ballou and Adam Myers, and has been made possible with the support of Mayor Dan Carpenter and the rest of the Schuylerville community.

Having officially opened on Jan. 9, the rink's organizers plan to generate interest and activity before beginning to fundraise like they did last year. "There are no Village funds being spent on the rink whatsoever," says Mayor Carpenter, so any funds raised will go to the supplies needed to maintain the rink.

As intended, the rink has become a favorite among locals, serving as a place where memories can be made.



"Last night we went down to work on the rink and there was already a family down there. It was obvious to us that it had been skated on during the day. It was nice to go down there at 8 p.m. and still see a family of five... They posted on the community Facebook page that it was one of the kid's very first time skating," Mayor Carpenter describes.

The rink is open to all skaters every day of the week from noon to 9 p.m. With the rink's positioning inside Fort Hardy Park, those coming to ice skate can also enjoy all the park has to offer including the park's latest addition, connection to the Empire State Trail.

If last year's participation is any indicator, this year will see great success for this cold weather community activity. "If there was a day people could skate, people were out there," he adds.

Anyone looking to contribute to the rink can contact the Mayor at dcarpenter@villageof-schuylerville.org.



Hold steady

Teresa M. King
Journal & Press

They say to write what you know. Ok, here goes. A Quechua word has been coming to mind lately. It is “Pachachuti” and refers to when the world has been turned upside down. I would say that this word accurately describes where the earth is right now.

It is officially winter. In normal times, many people have difficulties with winter because of the snow, cold and ice. If you live in New England and don't have a fun activity that involves snow, you probably fall into this category. I love cross country skiing. And I love when the sun makes the snow sparkle and I get to ski in soft rainbow colored light. I am absolutely certain that it heals me.

I mention winter because it is the second winter of the pandemic, which adds more layers of stress that people don't particularly want to experience again. This is why I'm writing.

The other day, two words came to me. “Hold Steady” felt like a good focus to write about. In order for us to accomplish this or even attempt

it, we first need to have our own internal process that will help us shift gears. I will share what works for me.

My mind and soul need quiet, so I do whatever it takes to give it to myself. I know I become more steady, more centered and calm, when I am alone in Sacred Space. Lighting one candle creates this space for me. It is a daily practice, which makes a huge difference in how I approach each day.

Recently, I've become aware that if I focus on three specific things, I connect with and live from the deeper part of my soul. They are: to see things from a larger perspective, to focus on helping people and to help the Earth.

One way to begin the process,

“Pachachuti” refers to when the world has been turned upside down.’

might be to examine who you spend your time with. Are your friends and family supportive, calm and positive or are they critical, chaotic and negative?

Remember that we have choice, much more of it than we may realize! Take a look at your friendships. Are they from decades ago, when you were an entirely different person? Do you have anything in common with them any more? Ask yourself if you are still connected out of a sense of guilt or obligation? If so, consider the possibility that it is entirely normal and appropriate for our friendships to change, as we change.

Another way to move closer



to being able to “hold steady” is to see if you have ways of filling yourself, of rejuvenating your mind, heart and soul. Do you have a way to clear your energy, when you've been surrounded by negativity, chaos or heaviness? Some people take a

cleansing shower, others take a walk in the woods. Find what works for you and then come up with a way to remember how to fit these things into your week. This is key. I find that making an appointment with myself, helps me accomplish things like this. The bottom line is to figure out what clears you, what fills you and what calms you.

As you make these changes, be prepared for some people to be a little unsettled by your new actions. Let them know that all is well and that you are merely learning new ways to take care of yourself. You can offer to share some of your wisdom, if you feel inclined. Realize, however, that they may not be interested in hearing it.

When we can reach this calm center more often, we will be able to move through our day with a higher energy. We will be able to handle things well and be much more present, with the people we choose to be with.

As more of us shift gears and learn how to be steady within ourselves, no matter what the outside circumstances are, our collective energies unite. We become part of a large and very real unified force. We join the ranks of many others all over the globe, who consciously work to strengthen themselves, with the intent of lifting the world up. Let us join hands.

Teresa King facilitates The Women's Sanctuary, a monthly circle in Greenwich. She can be reached at teresaking1@live.com or at thelargerpicture.com.



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Reconsider LED

Dear Editor,

LED lighting is being pushed into every kind of public setting. LEDs are making light-sensitive people ill with headaches, nausea, dizziness, altered vision and migraines, and triggering LED-light-reactive seizures for people with epilepsy. The lighting industry and the Dept. of Energy have known for years that this was likely to happen, and they know it's actually happening now to real people, in real time, in countless LED-lit communities. State and village governments know it, too. Their suffering constituents are protesting this mistreatment, pleading for relief without success. The evidence is there in predictive studies, medical research, verifiable reports – but all being purposely ignored for the sake of a lower lighting bill.

In America, as long as we obey basic rules, each of us has the right to go where we want, live where we want, work, travel, shop, keep ap-

pointments and run errands without government interference, and without municipal infrastructure subjecting us to illness and injury. So, unless someone secretly did away with Americans' federally protected freedom to go about their lives unimpeded, any municipality installing public LED lighting is flouting the law.

Also, parents be aware: babies are an identified high-risk group for LED-harm. Infants' eyes can't yet filter out any harmful lightwaves, plus they lack an adult's self-protective aversion response and often stare at bright lights. There's nothing stopping a baby from looking directly into that LED streetlamp from their carseat or stroller, and damaging their eyesight for life. Is this what our communities want for us and our children?

MarieAnn Cherry
Cambridge

Greenwich school board

The regular meeting of the Greenwich CSD school board will be on Tues., Jan. 18 at 6 p.m. in the JSMS Media Center. There will be a Budget Work Session on Mon., Jan. 31, at 6 p.m. in the JSMS Media Center.

Beware of phone scams

The Washington County Sheriff's Office reports they have handled calls as recent as today from elderly victims who received phone calls from scammers posing as law enforcement. The victims were told that there were charges pending against them and encourage the person to send gift card PIN numbers to clear the matter up. In one case thousands of dollars worth of gift cards was sent.

The Sheriff's Office suggests discussing these type scams with the people in your life, especially elderly folks who can get confused by the scammers. The following link has some information on popular scams. <https://www.consumer.ftc.gov/features/scam-alerts>

Capitol Tractor merges with Clinton Tractor

Clinton Tractor & Implement Co., located in Clinton, NY, and Capital Tractor, Inc., located in Greenwich, NY, are excited to announce they are joining forces to create a new shared ownership group. The ownership group will consist of Greg Calidonna and Joe Martini from Clinton Tractor, and Kevin Armitage from Capital Tractor. Former Capital Tractor president Jamey Gibson will be transitioning to a consultant position.

The plan is for both businesses to maintain their current separate identities.

“Both Clinton Tractor and Capital Tractor have been very successful as stand-alone single store dealers in their markets,” said Greg Calidonna, Vice President of Clinton Tractor. “These businesses have worked extremely well together over the past 15 years, sharing best practice ideas along with transferring equipment, parts, etc. from one another to better increase product availability and customer service.”

“We'll keep the names as they stand, as Clinton Tractor and Capital Tractor, but share resources,” said Kevin Armitage, President of Capital Tractor. “By joining forces, we are leveraging the talents and history of both companies to work together as one, which will continue our ability to provide excellent service to all of our customers.”

Clinton Tractor & Implement Co. is a family-owned and operated business run by the Calidonna family since 1953. They service and sell a large inventory of farm and industrial equipment including New Holland, Ferris, Ventrac, McHale, Eby and Bwise and more.

Capital Tractor, established in 1966, serves New York's Capital Region and all of New England. They carry a large inventory of new and used equipment including tractors and parts from industry leaders such as New Holland, Mahindra, Unverferth, Land Pride, Great Plains, Hotsy, Doosan, and

Kevin Armitage and Jamey Gibson of Capital Tractor and Joe Martini and Greg Calidonna of Clinton Tractor



When integrity is a rare commodity

Daneen Skube

Special to Journal & Press

Q: *I find many people in my workplace make great sounding promises and fail to deliver. I'm starting to not believe people when they make commitments. I don't want to make the same mistake. How can I demonstrate integrity and how can I deal with so many people that have none?*

A: You can demonstrate integrity by aiming to under promise and over deliver. You can deal with people with little integrity by lowering expectations and frequent reminders to them.

A wise teacher in my training told me, "The one person that is always listening when you make promises is you. If you fail to keep promises you'll fail to believe yourself and that undermines everything." Thus if I promise myself to eat better, or exercise more but I drop the ball with others I also won't believe myself.

The origin of the over promise and under deliver problem is many adults hate disappointing people. Ironically the more promises we make the more we increase our odds of experiencing what we're trying to avoid.

What I teach clients is to listen to their gut instincts. If your gut says, "Nope," then politely decline a commitment. You should only commit if you are certain you can deliver.

Indeed many people will be disappointed on the front end when you make fewer commitments. However, these same people will notice that when you do commit they can count on you like gravity.

As a business owner I listen closely to what clients tell me matters most. I remember a client that moved to Europe. When I asked her what helped her the most her first response was, "Reliability. In a decade you've not been late, canceled, or rescheduled without advance notice."

I was surprised that of all the tools I offer one of the most important was simply showing up consistently. My readers may enjoy knowing that what may seem simple like punctuality, or keeping promises is a miracle in a world where integrity is a rare commodity.

If you plan on most people most of the time not keeping promises you will rarely be disappointed. Also realize most people do not lack integrity out of maliciousness. They lack integrity because they fear conflict.

When you assume low integrity you'll double, and triple check all commitments people make. You'll send emails reconfirming meetings days before and the morning of the meeting. You'll send emails rechecking timelines, and action plans. You'll stop assuming anyone will do anything when they told you they would.

Some clients complain it's not fair that they have to do all this extra work. I point out they will also be the ones luxuriating in delivered promises in a world where promises mean little.

When you double or triple check make your tone friendly. You may explain you had phone or email issues and are circling back as a matter of habit. After a while people will expect you'll reconfirm and often pay better attention to their responsibil-

ities since they know you're paying attention.

Just because you live in a world where integrity is rare does not mean your personal world needs to suffer from low integrity. If you make few commitments and treat these promises like gold you'll always believe promises you make to yourself. If you assume no commitment from others, you'll remind, reconfirm, and double check and others will have a chance to remember their promises.

We all have the power to live in a world that's better than "normal" if we're willing to be better than "normal." Enjoy living in your new high-integrity world.

The last word(s)

Q: *Is there a reason people get so depressed during the holidays and the beginning of the New Year?*

A: Yes, holiday expectations including transforming ourselves in Jan. are unrealistic. Any time our expectations and achievable reality are vastly different we have two choices; either get depressed or forgive ourselves for being human.

Daneen Skube, Ph.D., is an executive coach and appears on FOX's "Workplace Guru" each Monday morning. You can contact Dr. Skube at www.interpersonaledge.com or 1420 NW Gilman Blvd., #2845, Issaquah, WA 98027. Sorry, no personal replies.



'Dining With Diabetes' on Zoom

Cornell Cooperative Extension's Albany branch will present "Dining with Diabetes" via Zoom on Mondays, January 24, 31, February 7 and 28 at 6:30 p.m.

Adults with type 2 diabetes (or those who are at risk of type 2 diabetes) and their family members, caregivers, and support persons are

invited to participate in Dining with Diabetes. This free virtual program will help you learn the skills needed to promote good health while living with diabetes. Dining with Diabetes is an Extension program taught locally by Karen Roberts Mort, MS of Cornell Cooperative Extension Albany County.

Participants will learn how to read the new food labels, count carbohydrates and plan meals using the Plate Method. There will also be time to discuss ways to stay motivated to eat healthy and stay active during the current health crisis. This class offers opportunities to connect with others who are dealing with diabetes. Healthy

recipes, cooking techniques and even ideas for making healthier choices at restaurants and grocery stores will be shared with the group. A Certified Diabetes Care and Education Specialist has been invited to attend one of the sessions.

For help with registering or any questions, contact Karen from CCE Albany at kem18@cornell.edu or leave a message at 518-765-3552.

For you kids: Some after-holiday thoughts...

Shirley Renauld
Journal & Press

OK, Christmas is over. Is school back in session? Got a “snow” day off? Are you learning remotely? Are you homeschooling? Are parents working? Where? Anyway, when the homework’s done, what are you going to do?

Let’s think:

- Where’s your Christmas tree? In a box in the attic or basement? Gone for composting? Saving it for a Winter bonfire? If you still have it, or a live one outside, why not make it into a birdfood tree: Did you ever make a pinecone birdfeeder? If you don’t have pinecones, use the cardboard from toilet paper or sections of paper towel rolls to spread peanut butter (they would love crunchy) on, then roll it in birdseed or anything grain-based from your kitchen. Don’t forget to work over newspaper for easy clean-up. Stick it on the end of a branch and watch for what birds find it. Put your grapefruit shells out, too, and your orange shells after juicing.

Are thank you cards passe (what does that mean?)? But there are several ways to say thank you: in a foreign language, by sending a picture of

you using or wearing it, by doing a good deed in return.

Are your Christmas decorations put away? But we can still look seasonal: Draw or paint Winter scenes. Write a story to go with them. Then there’s the traditional white paper chains and snowflakes, perhaps moving on to the next level. For a paperchain, this time make an L with two paper strips and keep folding over each other, attaching sections. Remember how to make a six-pointed snowflake? Or maybe you’re ready for 3-D ones. (You’ll have lots of paper snippets, so again, work over newspaper for easy clean-up – which you better do!). If not, get directions from your phone. They are so pretty on your windows!

Look at them when you bundle up and go outside. What to do? Can always take a Winter hike: What do we see? Hear? See tracks? Whose are they? Are there clouds to look at? What shape and color are they? What does that mean for weather? Are they moving? Which way? Why?

Since the ground is now frozen, you can sled and tube. But where? There is certainly ice for skating and hockey – without removing snow. Have you played broom hockey? You read in this newspaper about the new ice rink in Schuylerville.

When you have transportation... Do you have friends who have ice and slopes? Many farms do. (Make them some cookies and hot cocoa mix as thank yous.) Maybe you got Christmas money. It’s cold enough for local mountains to make snow for skiing and snowboarding.

Did I mention cookies? This is a great time of year to use tools: In the kitchen they can help you make yummy results. Remember to clean tools for next time. Is there a workshop where you can explore? Basic tools like hammer and nails, screws and screw drivers, hand drills and saws with wood; pliers, wrenches, nuts and bolts with metal. And don’t forget to put items back where you found them for next time. Do you have an older person to teach you, to let you work with. Both girls and boys have to do both: we all like to eat and make things or fix them.

I’m cold and ready to go in, have a cookie and read. Jan Brett wrote a couple of good ones for now: *The Mitten* and *The Hat*, and have different illustrators. What culture did they come from? What is realistic, what imaginary?

I’m dozing off ... more another day.

Tingley event postponed to 3/10

Due to rising Covid rates, the Greenwich Free Library has postponed the talk that was expected to happen this month. Instead, Ken Tingley will discuss his recent book, “The Last American Editor,” with WAMC radio host Joe Donahue, on Thursday, March 10 at 6:30 p.m. in the Community Room at the Greenwich Free Library.

“Ken’s book is a vital reminder of the necessity of local reporting and small-town newspapers. I am thrilled to bring Ken and Joe, two superstars of local media, together to highlight Ken’s book, and to discuss the past, present, and future of journalism,” said Sarah Murphy, library director.

Ken Tingley was the editor of *The Post-Star* in Glens Falls, N.Y. from 1999 to 2020. During his tenure, the newspaper won a Pulitzer Prize in editorial writing in 2009, and was recognized by the New York State Associated Press Association with its “Newspaper of Distinction” award nine times while winning more than a dozen na-

tional awards for its journalism.

At *The Post-Star* Tingley wrote an award-winning local news column that was regularly honored by the New York State News Publishers Association and the New York State Associated Press Association. When Tingley retired in July 2020, his column had been named a finalist by the National Society of Newspaper Columnists in 8 of the previous 10 years, and was honored with a first-place award in 2016.

Considered one of the nation’s pre-eminent radio interviewers, Joe Donahue is Senior Director of News and Programming for WAMC/Northeast Public Radio and has been with the station since 1994. He is best known for his continuing work as a talk show host and interviewer on the daily program, “The RoundTable.” He also hosts the weekly nationally syndicated half hour program with renowned authors, “The Book Show.”

Health and safety at the event: “Anyone who reads the paper or listens to Joe on the morning radio knows that precautions are necessary to ensure the health and safety of everyone at the library,” says Murphy. The event is limited to 25 participants, and all attendees must show proof of full vaccination at the door.

Past RSVPs will be honored. For others, registration is required. Email grn-director@sals.edu or call the library at 518-692 7157 to reserve your spot. Books will be available for sale through Battenkill Books in Cambridge.



Ken Tingley
-jenn march photo

It's a pattern

Roger De Korp
Journal & Press

There appears to be a pattern that has formed during 2021. This pattern is government liberals – the President, congress-people, governors, mayors, and city council-people – completely foul up integral policies of our country and then do the following:

1. Claim it's a success (illegal immigration, the Afghanistan withdrawal, COVID, mask and vax mandates, foreign policies, bail "reform," defund the police, inflation, gas prices, supply chain fiasco).

2. Insult and demonize anyone who points out these failures.

3. Realize that none of their policies are a success (only because the results are undeniable, even to fellow liberals) and double-down on them anyway.

4. Blame Republicans for what the Democrats created.

5. Finally come to the realization that they are incapable of fixing the messes they've entirely created and then pass the responsibility on to the states (COVID pandemic), or if a city or state, pass them on to the federal government (crime wave).

What else should we have expected? Wait, sorry, what did the (perhaps supposed) 81.2 million people who voted for Joe Biden in 2020 and whatever the number of people who voted for Democrat governors and mayors expect?

In the case of Biden, under the pretense of COVID precautions, but what many suspected and have now pretty much been confirmed, he simply wasn't physically or mentally capable of dealing with the rigors of a traditional campaign. Despite his claims to the contrary, he did not stand up to his fellow leftist candidates in the Democrat presidential debates (watch the videos), and has certainly not stood up to leftist liberals as president. His promise to unite us as Americans were words on a teleprompter. He has taken every opportunity to create division – Democrat and Republican, Blacks and Whites, citizens and law enforcement, vaxed against unvaxed, employers and employees, friends against friends; the list goes on and on. His record in his 47 years in Congress,

which he so brags about, was mediocre at best; President Obama's Secretary of Defense, Robert Gates stated that Biden has "been wrong on nearly every major foreign policy and national security issue in the past four decades." He has been protected by the "mainstream" (left stream) media forever, although this might be about to change; his admission that he cannot solve the Pandemic, which he promised he would "crush," and now stating that it's a state by state

'His promise to unite us as Americans were words on a teleprompter.'

issue may finally have pulled the scales from the media's eyes. We've had some bad presidents from each political party in our history, but I am not alone in my belief that this President is the worst – and he hasn't been in office a year yet.

In the case of governors, and mayors in particular, the tragic debacle of their cities was preordained with the elections of those Democrat mayors. Most of these cities have been run by Democrats literally for decades; under their stewardship, how have the lives of their citizens, and in particular, the lives of their Black and Hispanic citizens improved? The short answer – they haven't. The Democrats long history and now recent failed policies have culminated in what we see every night on our television screens. Rioting, looting, arson, smash and grabs, murders, muggings, beatings, and total disregard for the law is of historic and record proportions. Who is hurt most by this? Obviously, it's all the citizens of these cities that these mayors swore to protect, and most of all, it's the people of color who live in neighbor-

hoods where most of the crime is taking place.

What's the response of these mayors? First it was to deny their policies had anything to do with the record crime, and to double-down on no cash bail. Then, when the smash and grabs began in upscale stores that their rich, white, elitist donors shop at, they began calling for more law enforcement and increased numbers of criminals actually going to jail. What else did they do? Blame the leftist district attorneys who continue to promote "criminal reform," and release felons back on the street. This blame is well deserved; however it's also extremely hypocritical since these mayors all supported defunding the police, and supported "criminal reform" which have been major factors in these abject failures of their administrations. And finally, what else did these mayors do? Call for federal funds and law enforcement help to quell the crime in their cities! These are the same mayors who have defunded their police and have let criminals run free for two years; now they want the taxpayers of this country to fund getting their butts out of the jam that they created. And while I have some compassion for these cities' residents, I also don't have a lot because these residents have voted for the same Democrat policies for decades. Those people want things to change? Then vote for people who'll change them.

Yes, this is the pattern of the last few years and certainly of 2021. It already continues in 2022. No doubt more of the same is in store.

Roger De Korp is a retired retail multi-unit supervisor. He resides in Greenwich with his wife Colleen.



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The Canker Sore Chronicles

Cody Fitzgerald
Journal & Press

While a lot of you were probably writing down affirmations, weight loss goals, or just general positive things to make your 2021 a little better, I was actually writing down every mistake I made. I figured this would be a good way to reflect on the year I had, and more importantly,

make for a really funny article. I present to you, "The Canker Sore Chronicles."

- Got a canker sore and brushed right past it, causing one of the most excruciating pains I've felt in a long time
- Got afraid to brush hard around there, eventually slacked and brushed the other areas so hard they would bleed
- Got gingivitis in the area I didn't brush hard enough
- Insulted a local business in a store and then realized the stranger next to me was wearing that store's uniform
- Got pulled over and handed the cop a Wendy's receipt on accident
- In a school setting, asked a group of students

to stop chanting "Let's Go Brandon," which prompted a vile political discussion amongst the students

- Redownloaded Facebook
- Shared a video with a gift I got for someone on my public story, when it was supposed to go to one person
- Didn't grasp that the "Women's | Stairs" sign was alluding to a women's bathroom AND a staircase, and not a segregated women's staircase. Promptly spent 5 minutes looking for the men's staircase
- Misspelled my own last name when quoting F. Scott Fitzgerald on an AP English exam
- Told someone I knew Spanish (I did not), and I said "cuidado, piso mojado" just saying something fresh on my mind, then realizing it was the Spanish translation of "caution - wet floor"
- Spent \$800 on eating out in one month during college and didn't realize until the end of the month
- Drove my car off the road in winter and jumped a snowbank. When

a good samaritan came over to see if I was okay I instinctively asked "did it look cool?"

- Purchased a Stewart's hot dog bun and forgot to put a hot dog in it
- Accidentally deleted my notes for this and had to bring half back from memory

As you can see, I am not a functioning adult. I have plenty more, but I wanted to give a small preview before I expand upon the other ones. I plan to keep taking notes on these, hopefully becoming a functioning member of society one day. One year.

Cody Fitzgerald is a 2021 Schuylerville High School grad satirizing anything and everything he can get his hands on. Aspiring to become "one of the cool" High School English teachers, he now attends Siena College and hopes to share this outlook/coping mechanism with future generations.



Art/knitting classes for kids

"Let's Get Artsy!" will take place Mondays, starting Jan. 31, at the Salem Courthouse. The program is run by Lexus Marquis. The program starts at 2:30 p.m. and is for third, fourth and fifth graders. Starting on Feb. 1 at 2:30 p.m., there will be after-school knitting classes for 5th and 6th graders. Sign up by email at hscpa@salemcourthouse.org or call 518-854-7053.

JUMBLE KIDS FOR

THAT SCRAMBLED WORD GAME!®

By David L. Hoyt and Jeff Knurek

The letters of these crazy words are all mixed up. To play the game, put them back into the right order so that they make real words you can find in your dictionary. Write the letters of each real word under each crazy word, but only one letter to a square.

SYK	○	○	○	○
TPIR	○	○	○	○
ACTR	○	○	○	○
KATN	○	○	○	○

Get the free JUST JUMBLE app - Follow us on Twitter @PlayJumble

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Now you're ready to solve today's Jumble For Kids. Study the picture for a hint. Play around with the letters in the circles. You'll find you can put them in order so that they make your funny answer.

Answer here: ○○○○○○ ○○○○ ○○○○

RC churches news

Sunday Mass at Holy Cross Catholic Church is at 8:15 AM and Tuesday at 9 AM. St. Patrick's celebrates on Sunday at 11:30 AM and Wednesday at 9 AM. Immaculate Conception in Hoosick Falls is Saturday at 4 PM and Sunday at 10 AM and Monday at 9 AM. Visitors are always welcome. The coffee hours have temporarily been put on hold due to the increase of COVID cases.

Holy Cross is still in dire need of someone to clear sidewalks of snow this winter. This is a paid position with equipment provided by Holy Cross. Please contact St. Patrick's office at 677-2757 for information. The Knights of Columbus will now meet on the 3rd Tuesday of the month at 7 PM beginning January 18th. Please support their 50/50 program. Contact Rich McDougal with questions.

The Church wants everyone to be safe. If you are concerned about the weather, don't drive, be safe. If you are not feeling well, please stay home and take care of yourself. Masks are required.

The adult Bible Study: Exodus, Part One will begin the week of January 16. There will be an introductions and five lessons. Contact St. Patrick's office before the 16th if you need to register or online at stpatrickslifelongfaith.weebly.com/programs.html.

It will soon be tax time - if you would like a statement of your donations for 2021, please call St. Patrick's parish office at 518-677-2757 to request a copy.

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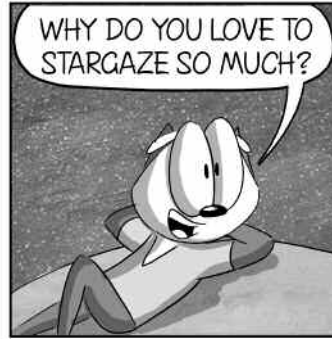
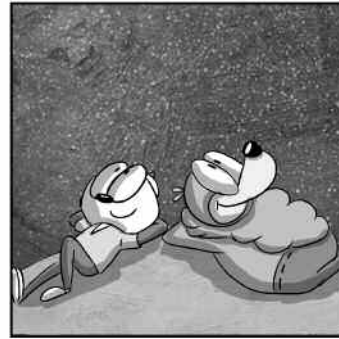
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Salem Sudoku

(solution below)

	9					7	5	
5		6		3		8		
			6		8	3		
			1					5
		4	7		9	2		
2					3			
		8			2			
		2		7		1		3
	6	5					2	

Filbert by LA Bonté



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Classifieds

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Boggle BrainBusters!

BUPH
WOIS
GOKE
AGLM

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter once within a single word. Play with a friend and compare word finds, crossing out common words.

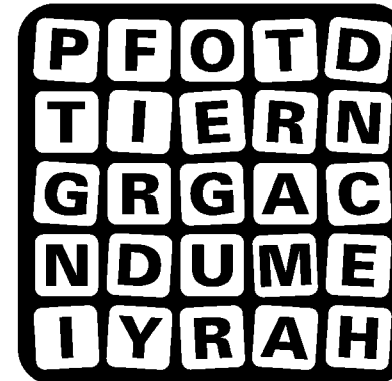
BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 31-60 = Gamer
- 21-30 = Rookie
- 11-20 = Amateur
- 0-10 = Try again

By David L. Hoyt and Jeff Knurek



5-23-21

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Boggle BrainBusters Bonus

We put special brain-busting words into the puzzle grid. Can you find them?
Find AT LEAST SIX U.S. PRESIDENTS in the grid of letters.

Answers to Last Sunday's Boggle BrainBusters:
TIGER ZEBRA CAMEL OTTER LLAMA JACKAL BADGER

Answers

Boggle: FORD GRANT TRUMAN PIERCE
CARTER HARDING

Jumble: TRACK HATCH NARROW MODULE

Final Jumble: "DOWN-TO-EARTH"

Kid: SKY, TRIP, CART, TANK, "STANK AT IT"

SCRABBLE GRAMS SOLUTION

H ₄	E ₁	R ₁	O ₁	I ₁	Z ₁₀	E ₁	RACK 1 =	<u>69</u>
G ₂	U ₁	M ₃	D ₂	R ₁	O ₁	P ₃	RACK 2 =	<u>63</u>
B ₃	O ₁	F ₄	F ₄	O ₁	L ₁	A ₁	RACK 3 =	<u>95</u>
A ₁	P ₃	O ₁	T ₁	H ₄	E ₁	M ₃	RACK 4 =	<u>67</u>
A ₁	I ₁	R ₁	M ₃	A ₁	I ₁	L ₁	RACK 5 =	<u>59</u>

PAR SCORE 270-280 TOTAL **353**

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8	2	4	1	6	3	5	9	7
3	6	1	5	7	8	2	4	6
6	7	5	2	9	4	8	3	1
7	8	9	3	4	5	6	1	2
1	3	2	6	8	7	4	5	9
5	4	6	9	2	1	7	8	3
2	6	3	8	5	9	1	7	4
4	1	8	7	3	6	9	2	5
9	5	7	4	1	2	3	6	8

C	U	R	L	S	M	U	S	C	L	E	S	G
O	I	O	X	D	K	U	F	L	S	J	M	D
N	A	U	J	O	G	G	I	N	G	I	W	A
D	S	T	E	P	S	M	T	T	W	N	O	N
I	E	I	R	K	D	L	N	S	I	N	R	C
T	W	N	C	A	P	E	E	M	B	I	K	E
I	M	E	E	O	C	U	S	G	S	L	O	G
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I	S	B	T	G	U	Y	R	O	U	T	R	A
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G	T	R	A	I	N	E	R	Y	L	V	S	S
S	I	T	U	P	S	P	R	E	S	S	E	S

Strong basic morals

Kaylee Johnson
Journal & Press

Here are some snippets from past editions of The Journal & Press from late Januaries decades ago:

100 Years Ago

January 18, 1922

Dear Editors: Will you in the interest of the public health kindly publish the accompanying letter from the state department of public health, to which I wish to add:

Since December 20 there have been reported to me, and from me to the state department, four cases of scarlet fever occurring in this village. My action in these cases has been strictly in accordance with the law, and the instructions of the state department of health. Not one item has been neglected. I have received complaints through the mail, unsigned, to which I pay no attention other than to ask the attending physician if they had any reason to believe that the quarantine restrictions were violated, and was assured they were not.

I wish to assure the public that my whole duty in communicable diseases will be done, but it is no part of my duty to listen to anonymous complaints. The wastebasket is their doom as soon as they are read. Complaints from those who have the courage to sign their names will, on the contrary, receive immediate and courteous attention.

80 Years Ago

January 28, 1942

Janice Slocum, Jacqueline Barber, Louis Welch and Gilbert Delucia as alternate pupils in the Greenwich school will be featured on "The Little Red Schoolhouse" program this Wednesday evening at 7:30 over station WGY Schenectady. This program will be entertaining to young and old alike, and most of the radios in this section will probably be tuned in tonight. Aptly called, "The Little Red Schoolhouse," this radio "quiz" enables the youthful contestants to profit from the broad academic training of our schools today. The Greenwich group will compete with a team from Williamstown, Mass, winners of the

highest rating on previous broadcasts. While much speculation has been aroused as to the ultimate outcome, optimism is running high among locals students who hope that the local board of experts will distinguish themselves with glory.

60 Years Ago

January 31, 1962

One hundred seventy-one animals were sheltered by Walter Holt of Fort Edward, humane officer for the Washington county Society for the Prevention of the Cruelty of Animals. Last year, according to the annual report of the shelter, given at the SPCA meeting at the SPCA meeting at the Argyle riding club house January 23, Dr. Waldo Williams of Argyle, president, gave this report for Mr. Holt, who was unable to attend.

There were 105 dogs and 66 cats taken to the shelter, and many of these animals were adopted by families. Mr. Holt investigated 21 cases of mistreatment of animals reported to him, and made 16 trips to the dogs and rescue cats from trees.

40 Years Ago

January 21, 1982

We asked teachers at Salem central school for their view on drug and alcohol use and abuse. This is what [one] said:

High school teacher: "I do think the problem in the junior high is worse than the senior high – at least it appears to be – but it may be that the students in the junior high are less discreet. In the last few years, junior high use of alcohol has reached an alarming rate. Many parents are concerned but I do not think they know how to approach or deal with the problem. There has to be some kind of community group established to give parents help. What is most disconcerting is those parents who openly approve of the use of alcohol. It is a known fact that some supply the alcohol and condone the use of it in their presence, at parties, and at their homes. I think that in many cases the parents are trying to win a

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An ad from this paper 40 years ago

GREENWICH JOURNAL
Page 8

SALEM PRESS
Thursday, January 21, 1982

popularity contest with their children and it is these few who make it difficult for others who try to to establish strong basic morals."

10 Years Ago

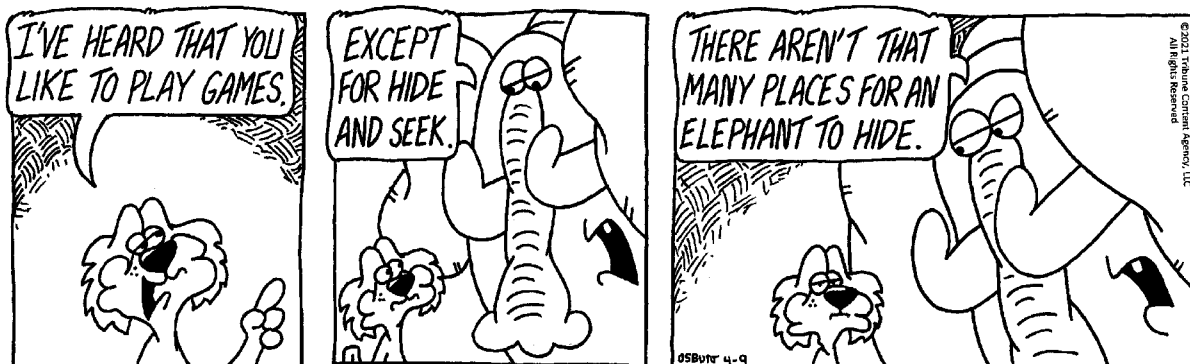
January 26, 2012

Five Greenwich Pack 27 Tiger Cub Scouts stopped by the office of The Greenwich Journal and Salem Press on Thursday evening, January 19, with their den leaders and parents. They were participating in one of their "Go See It" activities: Finding out "how people communicate with others."

...A lot of history was communicated during the visit of the Tigers at The Journal. They saw a newspaper printed 150 years ago and noticed that way back then the paper did not have photographs in it and learned that no news was printed on the front page back then. All the news was inside.

The Funny Page

Animal Crackers by Fred Wagner



Gasoline Alley by Jim Scancarelli



The Middletons by Dana Summers



Broom Hilda by Russell Myers



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E ₁	E ₁	I ₁	O ₁	R ₁	Z ₁₀	H ₄		RACK 1
O ₁	U ₁	P ₃	G ₂	R ₁	M ₃	D ₂		RACK 2
A ₁	O ₁	O ₁	L ₁	F ₄	B ₃	F ₄		Triple Word Score RACK 3
A ₁	E ₁	O ₁	P ₃	M ₃	T ₁	H ₄		2nd Letter Double RACK 4
A ₁	A ₁	I ₁	I ₁	L ₁	M ₃	R ₁		RACK 5

PAR SCORE 270-280
BEST SCORE 353

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

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NEGIS

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TCLOHB

LUNFAT

THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek

These are just as good as Kona. We rejected these last month.



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Cheek out the new, free JUST JUMBLE app

Check out the new, free JUST JUMBLE app

D	A	S	H	H	I	T	M	A	N	D	J	S	
I	S	L	A	S	C	H	E	M	A	R	O	C	
S	E	I	Z	E	T	H	E	D	A	Y	A	K	A
C	A	N	I	T	S	I	N	A	M	E	N		
G	E	T	A	H	E	A	D	S	T	A	R	T	
E	M	B	R	A	C	E	N	A	N	A			
L	O	A	E	R	A	A	D	F	E	E			
B	B	C	G	R	A	B	B	A	G	U	R	N	
A	S	K	T	O	S	U	M	L	I	D			
O	U	T	S	N	O	O	D	L	E	S			
G	R	A	S	P	A	T	S	T	R	A	W	S	
R	O	D	S	M	A	E	T	A	C	I	T		
A	X	E	C	A	T	C	H	P	H	R	A	S	
V	I	P	F	L	U	T	E	S	F	L	E	A	
Y	E	T	C	E	S	S	N	A	S	E	E	K	

Puzzle
Answers
Page 24

Staying in print until we're 200 years old

Darren Johnson
Journal & Press

There's a common misperception around our coverage area that this paper, through a series of unfortunate circumstances and editorial decisions, mostly lost its mojo in the 2010s.

I entered into a long continuum of editors and publishers, dating back to 1842, who have kept this paper afloat for 180 years, taking over the Journal & Press at the end of the last decade, with the first edition in its current state hitting Jan. 1, 2020.

While, yes, I seem to have "righted the ship," and, in reality, this paper could now be a turn-key business for a new owner – even with a pandemic going on – I have no intention to flip the Journal & Press, as I live here, but do realize this paper doesn't truly belong to me; it belongs to the people of Greenwich and Salem and all adjacent towns. There is a whole basement full of these papers in the

Greenwich library. On a timeline, the papers I have managed would represent about 1% of the total. So I am writing this with all humility and awareness that we just are a blip in time.

The reality is *not* that this paper suddenly fell apart in the 2010s. It did shrink by about 200 subscribers – and we've gained those back in the past two years (though they may be *different* subscribers than before) – but the paper was already in a dangerous spot.

Looking at past postal statements, in 1981, the Journal & Press printed 4100 papers and moved about 3700 through a combination of subscriptions (2400) and newsstand sales (1300), per issue.

If we had those numbers today, well, let's say I'd not be working in my living room in sweatpants and would have a better car than a Nissan Versa with a rattling muffler. We'd be able to have a full-service office, bustling with people.

The 1990s is when I came of age as a journalist. I graduated college early that decade and worked at a couple of small papers throughout the rest of that decade, but I was not here in Greenwich.

In 1991, the Journal & Press was printing 3800 but just moving 3036, according to the postal statements. Subscriptions were down to 1690. (It's common for publishers to print more than they sell because one never knows how a particular issue will do on newsstands.)

By 1999, the Journal & Press was down to printing 2900 and moving 1650. Subscriptions fell to 1060.

The paper had lost 1400 subscribers in the 1980s and 1990s. Overall, the Journal & Press was moving 2050 fewer papers by the end of the 20th century.

Let's compare these numbers to 2012, just before a series of ownership changes that bring us to this point in time. In 2012, 1400 papers were being printed. Nine hundred were moved. There were only 365 in-county subscriptions and another 240 for people outside the county.

By the time I got my hands on this paper, it was down much further, so I did everything I knew how to do to save it, Covid happened, but we are back to those 2012 numbers.

I've been asking people in-the-know why the declines were so steep in the 1990s. Some say the paper became too cautious editorially, not really delivering much political or controversial news, others lament how people no longer wanted print, considering the web was happening.

I think it lingered as a black and white broadsheet for too long. A paper I worked for in the 1990s was exactly like the Journal & Press. We made the page sizes more manageable and

added color – and, yes, made the editorial less passive – and that paper today is one of the few consistently profitable paid-circulation papers left in New York State.

But, overall, the Journal & Press did nothing wrong. Negative trends affected practically all papers in the state. According to USnewsdeserts.com, there were 439 community papers like this one in New York in 2004. By 2019, there were only 249. (I'm sure Covid knocked off a few more since then.) Total circulation for papers like this dropped from 5.3 million in the state to just 1.2 million in 2019.

There's an importance to keeping a paper going. It's our living history. Think of a town without a paper – their elections are probably uncontested. Studies say residents of such towns pay more in taxes. But also, it's important that we tell our story – so that everyone locally understands where we are, and so that future generations someday can remember us, learn from us.

There are dangers ahead. Printing plants keep closing, and printing rates go up, along with postage. But I'll keep tweaking the business model as best I can, and hope you can do your part and re/subscribe. My goal is to set this paper up so that it can survive, as a print edition, until its 200th birthday.

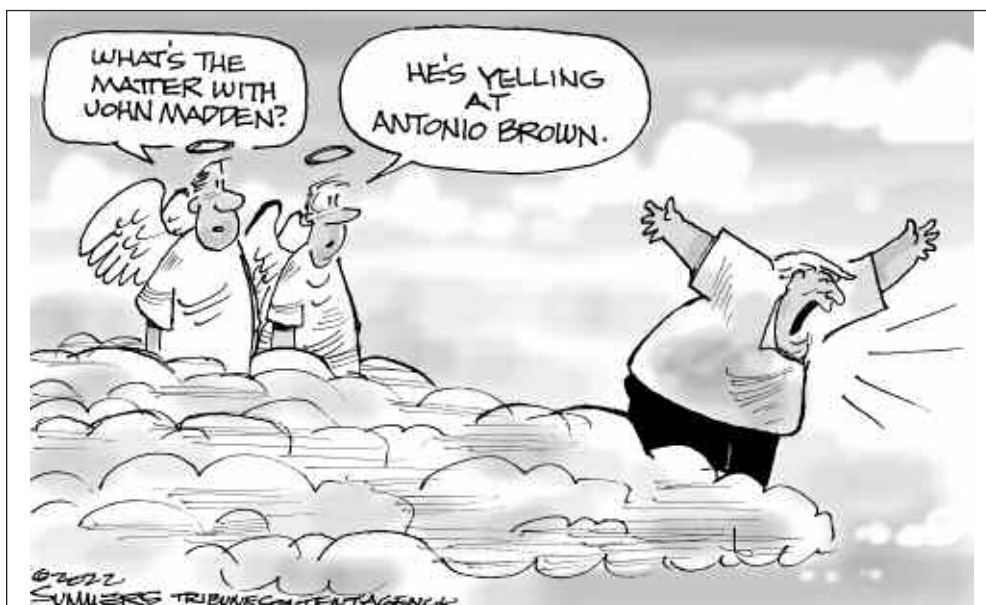
Thank you for sticking with the Journal & Press!

Darren Johnson lives in Greenwich and publishes this paper and a higher education newspaper, Campus News, and teaches Journalism part-time at area colleges.



An Artist's Take

Political Cartoon of the Week by Dana Summers



Cambridge Crossword

(solution page 24)

Across

- 1 Morse code component
 5 John Wick, for one
 11 Wedding reception VIPs
 14 Puerto Rico, por ejemplo
 15 Blueprint
 16 Legendary bird of prey
 17 *Carpe diem
 19 Rap sheet letters
 20 "Zip your lip!"
 21 Lust or greed
 22 "And how!"
 23 *Be the first to begin
 27 Hug
 29 Mom's mom
 30 Extended pd. away from work
 31 Notable period
 33 Commercial charge
 37 U.K. network
 38 *Party gifts container
 41 Coffee dispenser
 42 Invite for
 44 Aggregate

- 45 Container cover
 46 Escape clauses
 49 Letters in alphabet soup
 52 *Act in desperation
 56 Retinal cells
 57 Fannie or Ginnie follower
 58 Silently understood
 61 Dismissal metaphor, with "the"
 62 Familiar slogan ... and what each answer to a starred clue is?
 65 A-lister
 66 Wind instruments
 67 Biter on a pooch
 68 Nonetheless
 69 Corporate jet maker
 70 Hide partner

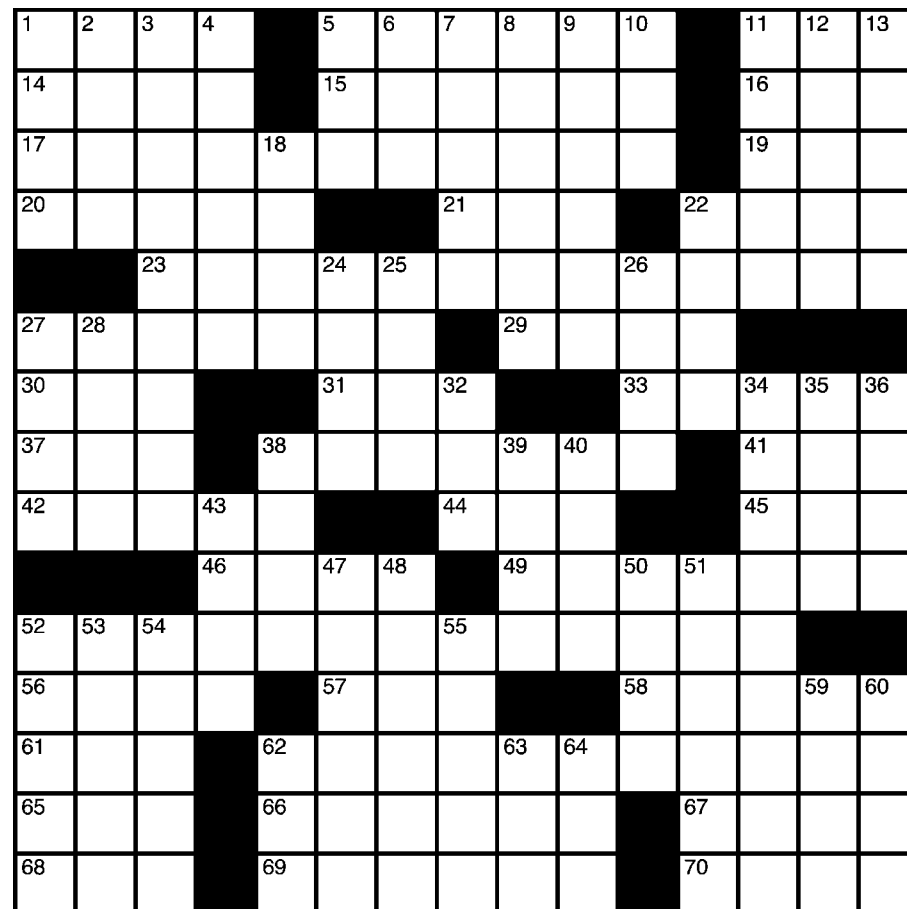
Down

- 1 Frisbee, for one
 2 Befuddled
 3 Shoe with a strap that nearly encircles

- the ankle
 4 More smoke-filled
 5 FDR's successor
 6 German pronoun found in half of Munich?
 7 What we have here
 8 Highway divider
 9 Actress Seales of "Insecure"
 10 Opposing vote
 11 Emmy category
 12 Phoenix's 2019 Best Actor role
 13 Few and far between
 18 "At Last" singer James
 22 Hardly any
 24 Taiwanese PC maker
 25 Queen of Olympus
 26 Reel trouble
 27 Napoleon's 1814 place of exile
 28 Unruly crowds
 32 Tummy muscles
 34 Comprehensive
 35 Shallowest Great

- Lake
 36 Goals
 38 Rise, as prices
 39 Batter's job in a squeeze play
 40 Eros, in Rome
 43 Discard
 47 Husk-wrapped cantina food
 48 Something to update on Facebook
 50 Solemn vow
 51 "Whistle While You Work" septet
 52 Turkey topper
 53 "Chicago" show-girl Hart
 54 Highly skilled
 55 Splinter groups
 59 Understanding words
 60 Hardwood tree
 62 Ozone-depleting chemical
 63 Farm layer
 64 Free TV spot

ANSWERS ON PAGE 26.



Word Find

By Frank J. D'Agostino (solution page 24)

Find these words that are associated with fitness and working out.

Bike Club
 Conditioning Control
 Curls
 Dance Energy Fitness

Goals
 Jogging Leg Curl Mats
 Muscles Presses Pushups Routine

Sit-Ups Steps
 Sweat Swim Track
 Trainer Treadmill Workout

Yoga

Find Mr. D'Agostino's puzzle books on Amazon.com.

9 to 5 by Harley Schwadron

Fast Facts

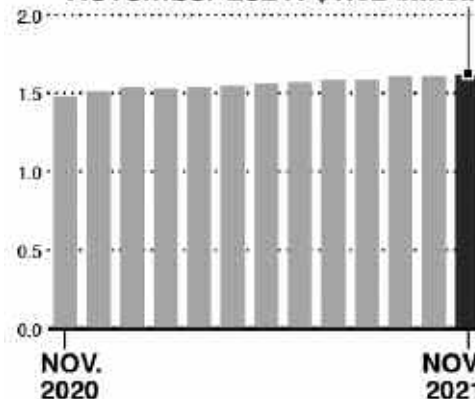


Construction spending

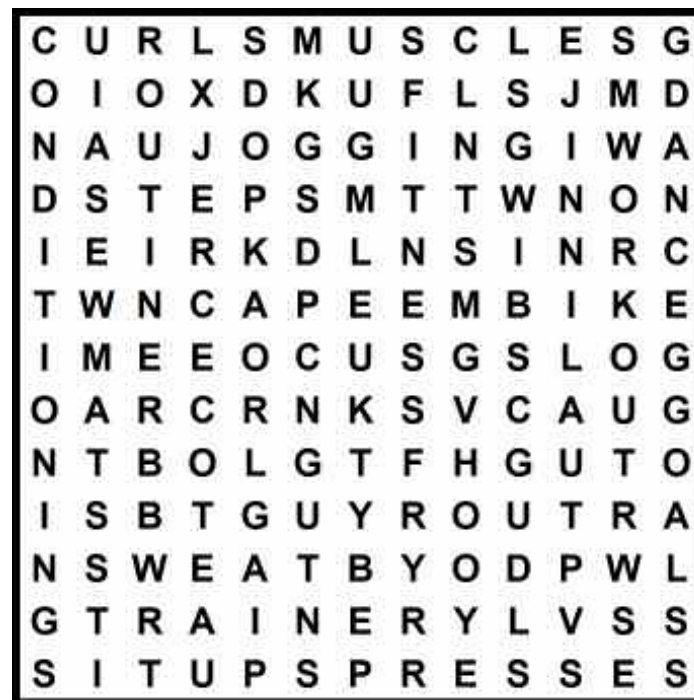
November construction spending in the U.S. rose 0.4% from October

CONSTRUCTION SPENDING
 In billions of dollars, seasonally adjusted

November 2021: \$1.62 billion



Graphic: TNS
 Source: U.S. Census Bureau



WANTED: Your eyeballs and mind for 24/7 news network

Lance Allen Wang
Journal & Press

In another lifetime, I was a Radio/Television major. I fancied ideas about working in radio, but as fate would have it, I ended up in the Army instead – something I don't regret for even a minute. But my point in mentioning this is that between education and an internship in the Voice of America's newsroom, I have a pretty solid, albeit basic understanding of how the media works. But it doesn't take a broadcasting degree to tell you that the maxim from William Randolph Hearst 120 years ago, "If it bleeds it leads," still applies to the news. To put it another way – strife sells. Now, take the "strife sells" mantra and apply it to a 24/7 news cycle. No wonder people think the world is going to hell in a handbasket!

When not filling airtime with strife-filled news, the 24/7 news networks air commen-

tary programs, sometimes called "infotainment," usually during prime-time. The most popular of these pseudo-news programs in the evening is a fellow named Tucker Carlson over at Fox. It is important to understand his program is not news – as a matter of fact, in defending Mr. Carlson from a slander lawsuit, Fox's own lawyers basically said as much.

According to US District Judge Mary Kay Vyskocil, a Trump appointee who presided over the case, "The 'general tenor' of the show should then inform a viewer that [Carlson] is not 'stating actual facts' about the topics he discusses and is instead engaging in 'exaggeration' and 'non-literal commentary' ... Fox persuasively argues that given Mr. Carlson's reputation, any reasonable viewer 'arrive[s] with an appropriate amount of skepticism' about the statement he makes."

This makes sense in light of the disconnect between what these commentators say and what their actual media corporation does. For instance, at the same time Fox infotainment stars were downplaying COVID-19 in early 2020, their own company was putting out guidance which closely matched the guidance from the Centers for Disease

Control. This has continued throughout the pandemic – in August 2021, at the same time that Sean Hannity, another show pony for Fox, was declaring that the COVID-19 vaccine "is not protecting many people," his parent company was mandating that Hannity, his producers, and all other employees of Fox upload their vaccination status to their Human Resources network.

Mr. Hannity again enters the spotlight for his role in the right-wing seditious attacks on the United States Capitol on the 6th of January. Despite President Trump's very early claim that he would "surround himself only with the best and most serious people," Mr. Hannity, infotainment star, ended up as an unofficial advisor to the President. Before the attack, on December 31, he wrote to White House Chief of Staff Mark Meadows, "I do

NOT see January 6 happening the way [Trump] is being told." Nonetheless, he still talked up the planned January 6th protests and allegations of election fraud on his show.

After January 6th, Mr. Hannity would write in another text to Mark Meadows, four days after the attack, "[Trump] can't mention the election again. Ever. I did not have a good call with him today. And worse, I'm not sure what is left to do or say, and I don't like not knowing if it's truly understood..." But at the same time, Hannity continued to trumpet allegations of election fraud, even though it was clear that he did not believe them.

It is a truism that if the consumer is not paying for the product, then the consumer *IS* the product. When it comes to TV news, what is actually being delivered is the consumer's eyeballs and attention for advertisers. The question is, when the goal is deliberate misinformation, who is profiting from it? Of course there are numerous examples.

Who profits from people believing that the 2020 election was fraudulent?

Who profits from people believing that vaccines are ineffective?

Who profits from people believing that in a country that is 65% Christian, there is somehow a "War on Christmas"?

Who profits from a manufactured equivalency



between anti-police riots in the summer of 2020 and right-wing extremist attacks on the fundamental and symbolic foundation of our Democracy on January 6, 2021? (Note: The only similarity I see is that they both attacked law enforcement, the difference being that some January 6th attackers, with no sense of irony, carried "Back the Blue" signs as they attacked our thin blue line.)

Now, of course something else to keep in mind is, as I said at the beginning of this article, strife sells. So maybe the answer is as simple as that. Tabloids and 24/7 news sell strife because you watch it. And if there is no strife, perhaps they give it a little "help" as Mr. Carlson and Mr. Hannity have so aptly demonstrated.

And, in their minds, perhaps all the other damage caused by misinformation and manipulation is simply collateral damage. And Fox's lawyers state that is YOUR fault – after all, they believe a "reasonable viewer" would treat Mr. Carlson (and by extension, Mr. Hannity) with "an appropriate amount of skepticism." If you are buying what they're selling – Caveat Emptor. Let the buyer beware.

Lance Allen Wang is a Councilman in the Town of White Creek who is also an Iraq Veteran and retired Army Infantry officer. He lives in Eagle Bridge, N.Y., with his wife Hatti.



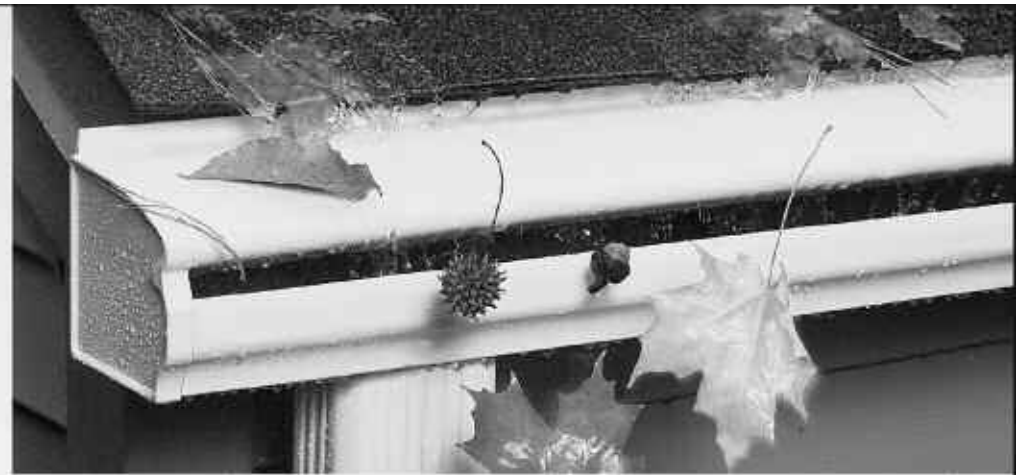


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