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Volume 18, Issue 2 FREE!

### **ALL TREATS!** HALLOWEEN 2018



FRIGHTENING 11





# The TV shows you watch

Contrary to popular belief, many of today's college students actually prefer live TV, and bigger screens over smaller ones. That's what an extensive, just-released study by Comcast's Xfinity On Campus tells us; Xfinity services 130 residential colleges across the country – no small sample – and can monitor what students watch live vs. stream vs. DVR, and how and when they watch shows.

Exclusive to Campus News, we were provided a list of the Top 20 shows students watched and/or streamed in the first half of 2018 by Comcast, and will delve into those later in this article. First, let's look at some of the study's counterintuitive takeaways:

Forty-four percent of college students preferred to watch TV live; this refutes the belief that students don't watch TV traditionally, and thus don't see the commercials. Thirty-seven percent streamed, while 19 percent used their DVR to watch shows.

"Video is not dead," according to Adrian Adri-

### **Continue reading on page 23**

**College students actually** kind of like these shows.











# **Get tix to Six Flags!**

Whether you take it dent pictured and your with a smart phone or an SLR camera, snap a picture of a college student (it can be you) reading this issue of Campus News and send it to pics@cccn.us or text it to 518-879-0965, and we'll publish Oct. 28. Motels are it online and perhaps in the print edition. Include the name, major and college of the stu-

info. Six submitters will be chosen this month and win two free tix to Six Flags Great Escape in upstate Lake George, NY! They are open for Fright Fest through very affordable this time of year. Tickets are worth \$62 each but not transferrable.



# DO YOU LOVE HELPING ANIMALS?

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# The art of community service

### Jonathan Lopes Campus News

I was at risk of not graduating high school. One of the things that put my mind in perspective was volunteering. I knew a resume of sorts was needed for college, especially since my grades were not going to carry me there.

I expressed interest in the Big Brother of America program. I applied, interviewed, passed the background check and was matched with a 12 year old boy. Ian was an only child from a divorced family. I was warned of his shy, quiet nature. I visited his school once per week for the entirety of my high school senior year. Bonding took time. It wasn't easy and tested my patience. I even considered dropping out. But the art to service is that it's not about you. It's about them.

## **Campus News** seeks writers, artists

Some day, perhaps far in the future, you will find an old and yellowed copy of Campus News in an attic, amongst your old essays and algebra homework. You had once grabbed it in between classes and it got mixed up with your papers. You may be a parent or a grandparent or a great relative, and here's something tangible you will be able to show the students of tomorrow.

Will your writing or art be in this future copy of Campus News, archived for posterity for current and future generations to ponder over and enjoy? This is deep stuff to think about, and we're running out of space in this little box. In short – leave a legacy! Get your work in print.

Contact us at editor@cccnews.info!

Ian slowly opened up, in part because I became an example of something that wasn't his norm: consistency.

I was unable to continue postgraduation, due to the different schedule and location of college. However, at 17 I knew I wanted to continue in some capacity. I signed up for service learning as a freshman. I volunteered like crazy over the next three years in K-12 schools, child care centers and a senior citizen home. At 18 I had one of those crystallizing moments. I immediately bonded with a 5 year old boy, Harrison aka "Super Ice Man." I couldn't tell you to this day how he and I thought of his nickname. I actively looked forward to seeing his bright face each week.

There was a 2-3 week gap in which I didn't see him. I was concerned. One day while super-

> vising recess I saw a woman approach me. She said, "Are you Mr. Lopes?" I said "Yes." She introduced herself as Harrison's mother and mentioned he has been sick for awhile and today was his first day back. This is where that epiphany took place, finally understanding the art of community service - intimate interactions and making an impact. She told me she wanted to because meet me 'Harrison speaks very highly of you at home'. This kid is 5. I see him a few hours a week. That's impact. On rare occasions when at a restaurant or a mall with a friend near some of these schools, I'd run



into a few families I'd worked with, and we'd briefly chat. That lasting impression reflects the importance of community or "the art" so to speak.

Now and then, during undergraduate and graduate school, I had the occasional drifting thought of volunteering at a crisis center. I one day decided to act on it. I did research and applied to a local agency. I no longer volunteer due to work commitments, but those two

vears were **'It's about intimate** sad, fascinating and never boring. making an impact.'

Interpersonal

violence is as prevalent as ever, and I was

able to witness and assist in several unfortunate situations while also visiting schools to educate. Young students could relate to a fellow "baby face" and being a male who cares about the subject matter didn't hurt. I enjoyed the school visits the most. At one specific event a male and female, no older than 15, approached my table and were virtually silent but their eve contact and mannerisms spoke volumes. They didn't say

anything or take any literature. I didn't act, even though I saw the proverbial signs. I ran into them 40 minutes later and gave them a short speech and contact cards. They appeared a bit relieved.

These three featured stories highlight my perspectives on the art of community service. Art at its essence is knowledge and the power of expression. Art can come in many forms, historical teachings, and handmade por-

> traits and in my case, intimate interactions. Volunteerism, giving your time to the benefit of someone else, has a domino effect of

power and promise.

interactions and

JonathanLopes is a first-generation US citizen and college graduate with AA, BA, and MA degrees. He has worked Raritan at



Valley Community College and Lafayette College.

# Winners: a startup that helps startups

CUNY Startups assists students in launching their own ventures, through a fourmonth program that helps teams go from idea to pilot to launch. After successfully taking an early stage idea to a well-defined launch plan, La-Guardia Community College/CUNY graduates, Luis Medina Triana and Christian Robinson, were recently selected for a \$4,500 grant towards their startup, a platform called Perfectus.io, which enables startups to find talent to staff-up their ventures. They describe it on their website as, "A unique platform that matches startups with the right level of experience, interest, and compensation."

"As an entrepreneur myself, I know firsthand how important CUNY Startups is to young entrepreneurs," said CUNY Startups Manager of Marketing & Partnerships Faith Fraser. "Many founders come to us with just an idea and over the course of four months are able to accomplish so much. Luis and Christian are a great example of that."

"The initiative that Luis and Christian showed in bringing their idea to CUNY Startups is commendable. Being a part of

the CUNY system affords our students with many meaningful opportunities, like those at CUNY Startups. We encourage all our students to take advantage of these opportunities to expand their learning, connect with experts in their fields of interest, and find support for future ventures," said La-Guardia Community College President Gail O. Mellow. "With the grant Luis and Christian are receiving towards their platform, combined with their education, and commitment to innovation, they're primed to make a significant mark on NYC's tech ecosystem."

Robinson describes how they drew from their own experience working on startups as inspiration: "I was on several startup teams that fell apart when we weren't able to find people with the right skillsets to fill much-needed roles; it was especially hard to find people outside my major area to work with us — we just didn't know enough people."

They decided to address this gap with a new platform.

Read more about this unique startup on www.cccn.us.



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# September contest winners announced!

prove that traditional media is still an important influencer, we are running a campaign to overwhelming success and show students with our print these lucky submitters won paper. The photos were so- two tickets each to Fright Fest licited solely through the print at 6 Flags Great Escape in

AMPUS NEWS

Jalisa Whitehurst

Take that Logan Paul! To paper (see page 1). Here are Lake George, New York. Want the September results of our photo contest – it has been an

to learn more about Fright Fest, see our separate story on page 11.

Think you can take a better

continued on next page







# Winners (cont.)

photo? See page 1 for our con- Dependency major, Mohawk test gudelines. We still have a few tickets left!

In no particular order, here are the September winners:

Jalisa Whitehurst, Chemical



Valley Community College, Utica Campus, NY.

Lataya Carter, Business Management major, Nassau Community College, Garden City, NY.

Noel Justiniano, Music Production major, Queensborough Community College, Queens, NY.

Robert Nunez, Liberal Arts/Nursing major, and Treasurer of the NCC Breakers, Nassau Community College, Garden City, NY.

Cindy Macio, Civil Engineering major, LaGuardia Community College, Long Island City, Queens, NY.

Brandon J. Ruiz Montero,

continued on page 29



# FIVE TOWNS COLLEGE



### **FIND YOUR CREATIVE PATH TO A COLLEGE DEGREE!**

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## Free farmer's market

Northern Essex community College's free mobile farmers' market, which is held the fourth Tuesday of the month for students, faculty, and staff, in partnership with The Greater Boston Food Bank, will return Oct. 23, Nov. 27, and Dec. 11.

The distribution location has been changed from the Sport & Fitness Center to the walkway

between the Behrakis Student Center and the Bentley Library on the Haverhill (Mass.) campus from 12:30 to 1 p.m.

NECC students, faculty, and staff can register the week before the market. Up to 20 to 25 lbs. of food is available per person. Campus News reported on last year's effort. See that story by searching www.cccn.us.

# **Join our NFL contest!**

Maybe you're good at picking NFL winners. Maybe you're just lucky.

Join our FREE football pick 'em contest and you can win prizes, which will typically be electronics items and tickets to fun parks and cool events! You

every



Jump in at any time. Winners will be posted here.

This contest will use point spreads and is only open to community college students, faculty and staff at the colleges where we drop the physical copy of the paper. If you win, you will have to verify your affiliation. Only one entry per person. Go to www.cccnews.info/football to begin! Can you be Campus News' top dawg?

### **Come to our Instant Transfer Decision Days. Get admitted.** Get enrolled. Get going on your next chapter.

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Come to one of our transfer events or schedule a visit to meet one-onone with your transfer admissions counselor. On your visit, you can:

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### **Upcoming Instant Transfer Decision Days**

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# Stressed? Learn to embrace escapism.

### Kaylee Johnson Campus News

Escapism. It is a word that touches all of us, whether we would like to admit it or not. You may not even realize that you, like the rest of mankind, fancies escaping their mundane, laborious lives once in a while but trust me, it's normal. The way people escape could be infinitely studied by psychologists and others in neighboring fields. Naturally, the term "escapism" has been negatively associated with substance abuse and other dangerous addictions. And it is true that many people drown their miseries in mugs of stale beer or passionless one night stands – but escapism yields a completely different definition for the woman who shoots heroin vs. the couple that splurges on dessert during date night. For that emotionally paralyzed women, heroin is an escape from inner demons or some trauma she faced. For the happy couple, the dessert is a treat that will allow them to forget about the weight of the work week. But the reason I am writing this article is not to criticize addicts or sound self-righteous. Very simply, I am expressing my attraction to escapism, and all of the forms it can appear in, as it will pirouette in and out of our



A tactic of corporate chicken farms is to bring in paid propagandists to pacify the flock. lives, until we reach finality.

Today I made a detailed list of the literary characters that I relate to most: Holden Jav Caulfield, Gatsby, Nicole Diver, and Basil Hallward. Revealing this list to you, reader, is the most personal thing I can share about myself. Even I, am still trying to understand the depths of my inner psyche, but somehow these characters mixed together resemble the exact same color as my aura. As you may have guessed by

now, reading is my escape. Not only does it have the ability to transport me to wherever I want to go, but it also introduces me to characters I probably would not come across in the real world. Some of these characters have touched me greatly, for until I read J.D Salinger's highly controversial, "The Catcher in The Rye," I had never felt so connected to a main character. What comforts me so much about books is their tendency to never change. Sure, authors like James Pat-

terson will keep writing the same old lusterless, formu-

laic mystery novels, but those really powerful books – the ones that seem to make bookshelves vibrate – those will still be around centuries from now,

when you and I are long gone. Good books are far more memorable than us, reader.

Members of my family have said that travel is my form of escapism, and I continually fail to come up with an argument against their accusation. I plan trips months in advance and mentally check out when I step in an airport or aboard a ship. My mind is wrapped up in passport stamps and the symbolism in my vacation books. Too often, I have criticized myself for being a perpetual escapist – running away from adversity, but if I had never escaped I don't know where I would be right now. The books I have read, the journals I have filled, the trips I have taken have undeniably changed me and my outlook on life. When I told a fellow journalist that I am writing a piece on escapism, they assumed I was writing about how the combat the



"issue." The problem is, where most people see gray, I see color – which explains why I believe people should embrace every aspect of escapism, in moderation of course.

A close family member of mine is dying of cancer, and selfishly it has made me more philosophical about how to spend the limited amount of time I have on this planet. The clock will not stop ticking, even If I work tirelessly every single day. Nobody is yelling at my uncle for watching football on

### **'Learn to close your eyes to stress, or burn out quickly.'**

Sundays or being too devoted to the Catholic church now. What he needs now is devotion and love, not day to day stress. In the big picture, you will be

grateful that you escaped every once in a while – the people that don't know how to close their eyes to stress burn out quickly. My thoughts probably contradicted everything you have ever heard from your parents, professors, and doctors, but I also like to escape with deep thought, and this one came to me during a humid afternoon on a family road trip to Florida. Go escape now, reader. You might just find out something new about yourself.

Kaylee Johnson attended Adirondack Community College and now is a junior at the College of Saint Rose. Comment on this story online at www.cccn.us.



# Save lives – by giving people viruses

### **By Prof. Bryan Gibb** Special to Campus News

The world's most frightening infections aren't carried by plague-infested rats, rabid dogs, or chimps with Ebola. They're transmitted by "superbugs" – disease-causing bacteria that can't be killed by antibiotics.

This year, superbugs will kill about 700,000 people, including 23,000 Americans. That toll surge in the coming years as ever-evolving bacteria develop resistance to more antibiotics. By 2050, superbugs could kill 10 million people annually.

We can avert this grim future. "Bacteriophages" – viruses that infect only bacteria – can destroy antibiotic-resistant superbugs. The U.S. government, however, isn't doing enough to facilitate the development of these viruses. That needs to change.

Antibiotics don't work as well as they used to. From 2012 to 2014, the share of bacterial infections resistant to antibiotics rose from 5 percent to

11 percent.

Why? For years, doctors doled out antibiotics willy-nilly. Today, up to half of all prescribed antibiotics are unnecessary or used ineffectively.

Whenever antibiotics are used, some mutant bacteria survive. But the more an antibiotic is used, the more rapidly bacteria become resistant, reducing the effectiveness of the drug.

New treatments for superbugs are needed, but there have been no major novel antibiotic developments since the 1960s. That's largely because pharmaceutical companies are abandoning antibiotic research. It's takes ten years and \$2.9 billion to bring a drug to market. So companies develop drugs that will make as much money as possible. Since drugs for chronic diseases make people lifelong subscribers, and antibiotics are "one and done," developers opt to make the former.

So researchers must look beyond antibiotics and devote more resources to novel treatments – like bacteriophage therapy. Our planet is home to trillions and trillions of bacteriophages – phages for short. Each phage evolves to

attack a specific bacterium.

If a patient has a bacterial infection, she could take a cocktail of many phages in the hope that some will target the infection.

### 'Bacteriophages are viruses that only attack diseasecausing bacteria.'

The treatment can be modified with different phages if the first cocktail is ineffective. And phages rarely produce side effects.

Phages are already working wonders overseas. Doctors in the Republic of Georgia and Poland have used them for decades. One Texas woman with a debilitating infection recently flew 6,500 miles to Georgia to try phage therapy. Within weeks, she made a full recovery.

Despite this, phage research



is underfunded. The National Institutes of Health only spent \$473 million on antibiotic resistance research last fiscal year. Just a third of it went to phage therapy.

That's chump change. Just look at how the government funds other health initiatives. Since 2004, the government has funneled \$1.6 billion into bioterrorism defense research annually, even though there haven't been any notable bioterror attacks.

Even a smallpox attack did occur, officials estimate it would only infect tens of thousands. By comparison, we know superbugs could kill millions.

It's also difficult to develop phage therapies. Phages aren't a static chemical compound -they quickly evolve just like the mutating bacteria, giving them an edge over antibiotics. Even when a bacteria develops resistance to the phage, new phages can be found or existing phages can evolve. But this also makes it difficult to evaluate phages in a clinical trial. Right now, the FDA only approves phages for use on a case-by-case basis.

Going forward, phage therapy needs its own separate FDA approval track.

Superbugs are becoming more deadly. The government must realize the best way to defeat killer bacteria may be to give people harmless viruses.

Bryan Gibb, Ph.D. is an assistant professor of Life Sciences at New York Institute of Technology.



# What to expect at 6 Flags Fright Fest

### Leanne Costantino Campus News

The 20th annual Fright Fest is underway at Six Flags Great Escape! The festival is presented by Snickers and will run from September 22nd to October 28th.

"Fright Fest at The Great Escape is upstate New York's largest and most terrifying Halloween celebration," said Great Escape Marketing Manager Brit Gillespie. "This year, Fright Fest is bigger and scarier than ever before, with over 15 haunted attractions and shows, including two new haunted houses."

Two new haunting experiences are in the lineup this year. CarnEvil and Undead Alley. "CarnEvil is a new haunt in Northwood's Picnic Grove where the circus came to town and the clowns are not what you remember as a kid," continued Gillespie. "Undead Alley is an all new haunt in Ghost Town, full of blinding black lights that are sure to leave you disoriented as Fright Fest freaks watch your every move." Guests can also experience scary thrills in Sinister Storytown.

Family favorites, like the Trick-or-Treat Trail, Scream and Costume Contest, and Monster Mash are all back this year as part of the "Thrills By Day."

Fright By Night begins after 5 p.m. as the creatures and ghouls of the night descend upon

unknowing park guests. Fifteen attractions can be enjoyed during the night-time portion of Fright Fest, including Skull Manor, Nightmare at CrackAxle Canyon, The Awakening, and Dead Man's Party.

The festival will kick off on September 29th with the Zombie Run 5K, where participants will run for their lives as zombies chase after them throughout the course. Proceeds for this event will benefit the American Red Cross and relief efforts for Hurricane Florence.

It's not just humans and zombies that get to have fun during Fright Fest! September 30th will be the Bark in the Park dog costume contest. The Great Escape will partner up with Friends of Phoebe Animal Rescue and guests can receive 50% off by bringing a bone, bag of treats, or dog food to the front gate. Guests can bring their dogs in costume to receive complimentary park admission for the contest beginning at 1:30 p.m.

# 'Win \$300 by staying in a coffin 30 hours.'

Rounding out opening weekend is the Fright Fest blood drive on October 1st. The first 150 people to donate blood to the America Red Cross at the Great Escape Lodge will receive free admission to the park.

The following weekend holds





one of the spookiest contests of all; the cockroach eating contest! Guests can win 2019 season passes by eating a 3-inch hissing Madagascar cockroach.

October 13th and 14th has several exciting thrills lined up. including pumpkin bowling, the 30-hour coffin challenge, and the fill a hearse food drive. Pumpkin bowling replaces the traditional bowling ball with a pumpkin for an extra challenge as friends and family compete to see who will become the champion of the challenge. The 30-hour coffin challenge will host six coffin dwellers for a chance to win \$300. Dwellers are allowed to bring a friend during Fright Fest operating hours, but must be alone during the non-operating park hours, aside from the Fright Fest freaks who will be lurking in the darkness. Dwellers will be booted from the competition if they get out of their coffin outside of the designated bathroom break times. The fill a hearse food drive will allow guests who bring 25 or more non-perishable food items to enter the park for free. Guests who donate 6-24 items will receive 50% off admission.

Wrapping up Fright Fest will be the Pumpkin Smackdown on October 27th and 28th. This event calls for guests to bring their fall pumpkins that have been lying around to be launched at targets for a chance to win prizes.

There are many thrilling rides that will be especially spooky during Fright Fest. Guests can ride the Sasquatch, getting launched up or dropped down the 192-tower. Creatures of the Comet can take a ride on the coaster that has over 90 years of thrilling history. On the **Blizzard Rodent Attack**, guests will be blown around by a blizzard on a delightfully disorienting scrambler. There's even an Alpine Bobsled Terror attraction, where thrill-seekers can ride an Olympic bobsled down a winding mountain. There are many exciting rides for guests to experience during Fright Fest to get the thrilling adventures started.

"Once the sun begins to set, mischievous monsters and gruesome ghouls take over and show no mercy," said Gillespie. "This is one frightening festival you won't want to miss."

# **Domestic Violence Awareness Month**

Rockland Community College observes Domestic Violence Awareness Month in October with a series of thought-provoking events bringing attention to the scourge of domestic violence and heightening awareness about its devastating impacts. The events are presented by RCC's Committee Against Sexual Assault and Relationship Violence (CASARV) and are free and open to the public.

According to the National Coalition Against Domestic Violence, 1 in 3 women and 1 in 4 men have experienced some form of physical violence by an intimate partner. "With statistics like this one, it becomes imperative that we work to raise awareness around domestic violence prevention," said Kathy Carroll, Professor/Counselor, Student Development Center, and CASARV co-chair with Inez Rivera. "The activities scheduled for October are designed to do just that and will focus on topics such as bystander intervention, consent and cultural implications relative to domestic violence."

October 1-5: The Clothesline Project, Technology Center, Second Floor Rotunda.

A visual display of T-shirts and messages of survivors of domestic violence

## October 1-5: Silent Witness, Library, First Floor.

Features the stories of Rockland County residents who died as a result of domestic violence.

October 4: "The Script," 2:30 pm, Cultural Arts Theater.

An award-winning one-man show that examines "rape culture" and invites the audience to reflect on the language, media and attitudes that create an environment where violence against women and men is acceptable and normal. For more information about "The Script," contact titleix@sunyrockland.edu.

October 11: Domestic Violence: Cultural Considerations, 1:30 – 3 pm, Technology Center, Ellipse.

A panel discussion examining the intersection of domestic violence and cultural identities

October 15: "Private Violence: Shattering the Myths," 4 – 6 pm, Technology Center, Ellipse.

Film shatters myths surrounding domestic violence and intimately reveals the stories of two women who go from victims to survivors and advocates. Discussion to follow film.

October 17: Dating & Technology, 9 am, 10 am, 11 am, noon, 1 pm, Student Union, Room 3214.

An in-depth look at how new technology, such as dating apps, has impacted students

October 25: Walk With Me, Noon, Student Union, Room 3214 (start).

A silent walk to raise awareness and take a stand against domestic violence.



October 30: Community Voices Matter, 9:30 am, 11 am, Student Union, Room 3214.

An interactive skit demonstrating how our community voices matter in the fight against domestic violence

CASARV will have outreach tables with information and give-aways on October 11, 17 and 25 in the second-floor lobby of RCC's Student Union. For more information, contact Inez Rivera or Kathy Carroll at 845-574-4306

# **Suffolk entrepreneurs honored**

The Suffolk County Community College Entrepreneurial Assistance Center's Daphne Gordon and Kenya Harvey accept the NYS Economic Assistance Program (EAP) Center Annual Award for Excellence for Outstanding Performance and Achievement and Dedication to the Entrepreneurs of NYS at a recent ceremony.

The Suffolk Entrepreneurial Assistance Center earned the award for successfully meeting and/or exceeding the economic impacts of the grant creating the center.

The impacts include business starts, businesses saved, jobs created, increased sales, serving Veterans, business loans, Minority and Women Business Enterprise certifications and creation of business plans. This honor was also bestowed to Suffolk's Entrepreneurial Assistance Center in 2012.

The Entrepreneurial Assis-

tance Center offers entrepreneurial training courses as well as technical and management seminars to those who are interested in starting or expanding their businesses.

The Center provides intensive assistance in enterprise development to individuals interested in: seeking to start or are starting their own business ventures; or seeking to expand their earlystage firms (1-5 years).

The emphasis is to develop

lasting business and problemsolving skills to enable individuals to successfully manage and grow their businesses, and generate tangible results, including: increased sales, expanded employment, and securing financing.

Suffolk County Community College has been an Entrepreneurial Assistance Center funded through Empire State Development Corporation for 23 years.

# **Helping with Math Learning Disability**

### Leanne Costantino Campus News

On the path to higher education, many students, even those in grade school, struggle with math at some point along the way. Deficiencies can arise at any point in a student's education for a number of reasons. Many students struggle because of the environment in which they live. Others might struggle due to a learning disability or inadequate schooling.

According to a study published by PBS's "Misunderstood Minds," students usually struggle with one of six skills when it comes to math comprehension.

The first difficulty arises in output. Students with problems in output may have trouble recalling basic math facts and remembering previous mathematical patterns. Students in this category might also have a problem with their handwriting that impacts how quickly and efficiently they can do the math problems.

Problems can also arise in mathematics if a student struggles with language. This can result in poor verbal communication of math vocabulary and difficulty understanding directions.

Attention deficit disorders also effect students studying mathematics, leading to poor concentration, fatigue, or restlessness.

Visual, spatial, and ordering difficulties can be seen when students have trouble remembering multi-step processes or feel overwhelmed when handed a sheet with multiple problems to solve.

Lastly, a student that has trouble multi-tasking will have difficulties when it comes to math problems that have multiple demands, like adding and then multiplying in the same equation.

"Mathematical learning disabilities and learning difficulties associated with persistent low achievement in mathematics are common and not attributable to intelligence," concluded David C. Geary, professor at the University of Missouri, in his study titled "Consequences, Characteristics, and Causes of Mathematical Learning Disabilities and Persistent Low Achievement in Mathematics." "These individuals have identifiable number and memory delavs and deficits that appear to be specific to mathematics learning. The most promising interventions are those that target these specific deficits and, in addition, for children with mathematical learning disabilities (MLD), interventions that target their low working memory capacity."

These deficits are not just seen in children, according to Geary's research.

"Poor mathematical competencies are common among adults and result in employment difficulties and difficulties in many common day-to-day activities," continued Geary. "Among students, about 7% of children and adolescents have a mathematical learning disability (MLD) and another 10% show persistent low achievement (LA) in mathematics despite average abilities in most other areas. Children with MLD and their LA peers have deficits in understanding and representing numerical magnitude, difficulties retrieving basic arithmetic facts from long-term memory, and delays in learning mathematical procedures. These deficits and delays cannot be attributed to intelligence, but are related to working memory deficits for children with MLD, but not LA children."



With MLD impacting career outcomes, it is important that students and parents seek early intervention if any signs are present that a child has a hard time learning math.

"Many children perceive mathematics as a subject confined strictly to mathematics class and homework," said Bettina E. Bernstein, D.O. "Early remediation of mathematical learning disorder is crucial to ensure the child's recognition of mathematics' significance not just in the classroom but also in everyday life. Based on the new information available for reading disorders (RDs), new strategies designed for educators to guide and help nonperforming students improve are available.'

Most of these strategies for nonperforming students can easily be done right in the classroom.

One way to help students is by getting them a tutor or getting them enrolled in a school funded program designed for children who need extra attention in certain academic areas. A tutor or trained professional will be able to see a student's strengths and exploit those to make the learning of the subject more seamless.

Another technique, called the bypass technique, can be used in the classroom. This method would allow for students to either use calculators or get extra time on school work. Sometimes, a student's learning disability just comes down to needing extra time or tools to complete the task.

One of the most important interventions in MLD is the teaching of real-life mathematics. A student will be more likely to grasp a concept if they can apply it to something that is relevant in their own life.

Lastly, a classroom environment should be void of distractions and have ample supplies for students to succeed, such as proper writing tools and a neat workspace.

On a national scale, it would help many students, especially those in poorer areas, if the curriculum was improved and upheld. "Research has revealed that, on average, poor mathematics performance in the United States may be linked to a deficient curriculum in comparison to curricula used in other nations," said Bernstein. "In-depth analysis of the curriculum, together with incorporation of various suggested new changes, might improve overall national performance in mathematics."

If a child is still struggling after classroom and curriculum changes occur, it is important to check for and treat any underlying causes of the MLD, such as ADHD or language disabilities.

If a student is struggling in any subject, early intervention can make all the difference. However, these learning tactics can be used at any age, across all ability levels.

# **One of the most LGBTQ-friendly**

Rockland Community College has been named one of Campus Pride's "Best of the Best" Top 5 LGBTQ-friendly two-year and community colleges nationwide for 2018. The College was recognized among a select group chosen for setting the highest standards for LGBTQ inclusion in policy, program and practice.

Campus Pride is a leading national educational organization for LGBTQ and ally college students and campus groups building future leaders and safer, more-LGBTQfriendly colleges and universities. This is the first time Campus Pride has included a category for community colleges in their rating system, called the Campus Pride Index. The index is acknowledged as the premier national benchmarking tool self-assessment for of LGBTQ-friendly policies, programs and practices.

RCC was joined in the Top 5 rankings by College of Lake County, Grayslake, Ill.; North Seattle College, Seattle, Wash.; Pellissippi State Community College, Knoxville; Tenn.; and Red Rocks Community College, Lakewood, Colo. Campus Pride also named its 2018 "Best of the Best" Top 30 LGBTQ-friendly four-year institutions. The lists can be found at www.CampusPride.org/2018 BestoftheBest.

"Student Involvement spent several years' time and a lot of resources to bring meaningful LGBTQ events to the campus," said Tammy Collins Richardson, Director of RCC Student Involvement. "We want to provide programming that piques students' interest and events that they want to participate in." Among the LGBTQfriendly events RCC has hosted regularly are the Second Chance Prom, Coming Out Day, and various drag shows.

"We have an open-door policy and always encourage students to let us know if there is something they would like to see in our LGBTQ programming that we are not doing now," Collins Richardson said.

Campus Pride works alongside students, faculty, staff and administrators at more than 1,400 campuses nationwide. To be included in the "Best of the Best" listing, an institution had to score the highest percentages in the LGBTQ-friendly benchmarks for policies, programs and practices.

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# Watch the film, then the documentary

### **Darren Johnson** *Campus News*

About eight years ago I started this column where I'd review Netflix movies, finding hidden gems you hadn't seen before, and called it "It's New to You!" Meaning, if the movie flew under the radar – perhaps it came out when you were too young to see it – but it's otherwise good, watching it now will seem "new."

Netflix even had a category for a while called "Hidden Gems" that I know they must have gotten from reading one of my columns. "It's New to You!" was the first of its kind in a print publication, as far as I could tell, but since then such reviews are common everywhere.

So I'm going to finally change things around. Not only will I review a hidden-gem movie easily findable on a streaming service but also another movie that will help give that movie context. Maybe I will throw in a book, too. I'm thinking of calling

the new column "Watch this – AND this!"

What am I talking about?

OK, let's start with 1999's **"The** 

Man on the Moon." You may not have seen this, as the typical reader of Campus News was either just a little kid at that time or a zygote. Or perhaps you didn't see it because it didn't do much box office and was a financial disappointment. It only is 63% fresh on Rotten Tomatoes (but I rank it as one of my favorite films), so it isn't run incessantly on cable, like "The Hangover" or "Bridesmaids."

Let's investigate why this movie is "new to you." First, the director – Milos Forman is much better known for more serious, award-winning movies like "One Flew Over the Cuckoo's Nest" and "Amadeus." He apparently had a miserable time making "Man on the Moon" and doesn't promote it amongst his signature works. So there's that.

Then there's star Jim Carrey. He had had a string of megamovies such as "Ace Ventura: Pet Detective" and "The Mask" and this one bombed. "Man on the Moon" cost \$82M to make but only grossed \$43M. He went into a career funk after this movie that lasted a decade, so no wonder he doesn't want to revisit it.

And then there is the subject matter. The movie is based on the life of short-lived 1970s and early 1980s comedian Andy Kaufman, whose quirky humor resulted in him getting the beloved role of immigrant Latka Gravas on the hit show "Taxi" but also found him doing anticomedy, purposely angering audiences and taking joy from



that. For example, he went on a circuit and wrestled women, playing the role of a male chauvinist and taunting women in the audience in a derogatory tone. He'd also dress up as broken-down lounge singer Tony Clifton and vulgarly insult unsuspecting diners in the audience who simply had gone out hoping for a good time. Most audiences didn't get the humor, and he was voted off of "Saturday Night Live" by viewers sick of his shenanigans in 1982. So,



just like then, a lot of modern footage – kept in a vault for viewers won't like Carrey's nearly two decades – shows us Kaufman and thus not like the movie. scenes of that movie. How Car-

But the movie has genius casting – Carrev is possessed by the ghost of Kaufman – he says this in a documentary currently on Netflix called "Jim and Andy: The Great Beyond" – and plays him perfectly. Courtney Love, of all people, is cast as his love interest, and is convincing. Hollywood's best character actor, Paul Giamatti, plays Andy's envelope-pushing protégé Bob Zmuda. Danny DeVito - who also starred in "Taxi" and "Cuckoo's Nest" – plays Andy's agent.

But the movie also recasts the whole cast of "Taxi" to perform with Carrey in lieu of Kaufman and "Late Night With David Letterman," where Kaufman was famously sucker-punched by wrestler Bobby Lawler (also cast here). The soundtrack is performed by REM. This is a first-class movie.

So, find "Man on the Moon." You can pay a few bucks to a streaming service like Amazon Instant or iTunes or it's on HBO on Demand still. And then watch the documentary "Jim and Andy" on Netflix.

That 2017 documentary's on Nu2U.info!

nearly two decades – shows us what happened behind the scenes of that movie. How Carrev wouldn't leave character and kept annoying Forman and egging on Lawler. How Kaufman's surviving family - including a daughter he had never met - were so convinced that Carrey was channeling Kaufman that they broke down around the actor. Carrey is also quite philosophical, as well, about life and death, fame and fortune. He has a unique take on life worth hearing.

If you really want to know who Kaufman was, watch old clips of his on YouTube. And also try the 1999 book "Lost in the Funhouse: The Life and Mind of Andy Kaufman" by New York Times award-winning journalist Bill Zehme. The book was written before the movie, but corroborates a lot of the details expressed in the movie.

So, there you go. Watch "Man on the Moon" and then watch "Jim and Andy" and then, if still interested, try the above book. You can order it through your town or college library or find it on eBay for a few bucks.

Find more streaming reviews n Nu2U.info!

# **On display in Ulster**

The SUNY Ulster Visiting Artist Series brings the work of Andrew Zuckerman, titled "A Message from the Exterior," to the Muroff Kotler Visual Arts Gallery from October 11 to November 2. A slide lecture and opening reception will be held on Thursday, October 11, at 7:00 p.m. in the College Lounge, Vanderlyn Hall. This event is free and open to the public.

Visiting Artist Andrew Zuckerman is an award winning photographer, filmmaker, and curator. Much of his work is concerned with the intersection of nature and technology. His immersive investigation of the natural world has produced multiple books and exhibitions collected in three volumes: Creature (2007), Bird (2009), and Flower (2012). Zuckerman's ongoing portrait practice utilizes both photography and filmed interview formats to examine human perspectives. With the support of Archbishop Desmond Tutu, he released Wisdom in 2008 as a book, a documentary film, and a traveling exhibition.

For this exhibition, Andrew will show a selection of works from his series "A Message from the Exterior," an installation of photographic works from his continued investigation of the human relationship to the natural world.

Suzy Jeffers, Gallery Coordinator and Professor, says, "We are so thrilled to be able to present in the gallery an artist of Andrew's remarkable depth, breadth, and accomplishment. It is a welcome and rare opportunity for our students and community



to experience work of this scale and caliber."

The Muroff Kotler Visual Arts Gallery is open Monday through Friday from 11 a.m. to 3 p.m. and is closed on college holidays.

For more information, contact the gallery at 845-687-5113.

# **Regional 2-year college sports shorts**

### Suffolk honoree

Suffolk County Community College's Associate Dean of Athletics and Special Events Neftali Collazo was recently honored at the annual Islip Town Board Hispanic Heritage Celebration. The Town of Islip celebration acknowledges "individuals whose personal excellence, achievements and unwavering dedication have made a difference to Islip's Hispanic Community." Suffolk Community College's Michael J. Grant Campus in Brentwood is located in the Town of Islip.

"I want to express my sincere appreciation and thanks to Islip Town Supervisor Angie Carpenter and the Town Board," Collazo said, "and I am grateful for and humbled by this award. I salute all of this year's recipients and the incredible contributions they have made to their communities," he added.

Collazo was joined by colleagues from Suffolk County Community College, including Dr. Christopher Adams, vice president for student affairs; Alicia O'Connor, deputy general counsel, and Louis Petrizzo, general counsel.

### **MVCC coaching changes**

New athletics hires/promotions at MVCC: Brittnee Mexico has transitioned to the position of head coach/athletics specialist. Mexico has led the MVCC women's softball team and also has served as a coordinator of student athlete success and transfer since 2017.

Dominic DiMaggio was transitioned to the position of head coach/athletics specialist. DiMaggio has led the MVCC men's soccer team and has served as a physical education faculty member since 2017.

Nicholas Evanoff was appointed to the position of head coach/athletics specialist and will serve as the men's lacrosse coach. He has previously served as a volunteer assistant boy's lacrosse coach for Whitesboro High School, assistant lacrosse coach for men's and women's lacrosse at Utica College, and supervisor at Syracuse University Lacrosse Camp.

Dave Warren has transitioned to the position of head coach/athletics specialist. He has held the position of assistant to the associate dean of Athletics at MVCC since 1997.

### **Golf Tourney**

The 35th annual RCC Foundation Golf Outing will be at Spook Rock Golf Course in Suffern on Monday, October 22. Funds raised at the outing go toward scholarships for Rockland Community College students.

Participants will enjoy 18 holes of golf at Spook Rock, annually ranked among the best public courses in the region, along with lunch, cocktail reception, dinner, complimentary beverage cart and raffle prizes. Outing cost is \$199 per golfer, and \$900 for a foursome plus tee sponsorship. Contact Elizabeth Kendall at 845-574-4269.

Have a regional community college sports update? Send it to sports@cccn.us.

# **Tandem earns theatre grant**

The inaugural Sallie Bingham Grant to fund student-directed productions and readings of historic women's plays, was awarded to Queensborough student Ksenia Volynkina and her faculty mentor, Dr. Jodi Van Der Horn-Gibson. Together they collaborated on a recent production of "The Owl Answers," a powerhouse one-act play by renowned African American writer Adrienne Kennedy. Queensborough is the only community college in the country to win the grant.

The monetary award of \$2500 supports a faculty-mentored student-directed reading series or full production of a play or plays by a historic female playwright. Four grants were awarded.

"The Sallie Bingham Grant was an exciting opportunity to work with a student-director. Ksenia immediately came to mind as I have worked with her in the past, and saw firsthand her creativity and commitment to developing as a theatre artist. We wrote the grant together and are thrilled to be recipients of one of the awards. The production team from the director to the lighting and costume design was made up entirely of students. Michael Birnbaum, a College Lab Technician in our department oversaw the technical components, but it was Ksenia's vision, leadership, and creativity that brought it all together. The work the students did speaks highly of the Theatre program, faculty, and training students receive here," said Dr. Van Der Horn-Gibson.

"This play spoke to me in part because of my own background," said Ksenia, who directed the production of "The Owl Answers." "I was born and raised in Russia and since I arrived in the U.S. four years ago, have increasingly valued the issues reflected in the play such as identity, women's rights and family. It was an incredible experience to direct a play for the first time and it would not have been successful without my professors who have taught me and every student in the department all skills related to stage production. The knowledge I've gained in two years at Queensborough is on a par with theatre people I've worked with on the outside."

In 2017, Queensborough was named one of only eight community colleges to receive certification by the National Association of Schools of Theatre.







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# **Upstate coalition of community colleges**

Five SUNY community colleges made their collective case for a place at the economic development table last month, with the official launch of the Capital Community College Career Coalition (C5).

C5, a collaborative effort of Columbia-Greene Community College, Fulton-Montgomery Community College, Hudson Valley Community College, SUNY Adirondack and SUNY Schenectady County Community College, aims to create new career pathways for Capital Region residents by identifying skill gaps, strengthening partnerships with local businesses, and developing new relationships between the colleges and workforce development entities.

Each of the Capital Region community college presidents signed the Contract for 21st Century Career Training – a pledge to work together to solve workforce shortages – to formal-

# \$25M for MassBay

MassBay Community College is pleased to announce it has been awarded \$25 Million from Governor Charlie Baker to invest in a new MassBay Health Science Center in Framingham.

Said Senator Karen E. Spilka (D-Ashland), Chair of the Senate Ways and Means Committee: "After advocating for it for several years, I am thrilled that money is being allocated through this bond authorization. This investment in MassBay's allied health facility in Framingham is an important step in our continued work to bolster health and life sciences education in MetroWest, and in shoring up a vital institution of higher education in our region."

ize the initiative today, along with local workforce partners and industry representatives, including Timothy Beckett, the COO of Townsend Leather Co. Inc. in Johnstown; David Fingar, Chief Engineer at Mid-Hudson Cablevision in Catskill; Bill Hart, Vice President of U.S. Business Operations for Irving Consumer Products in Rotterdam; Jake Kolar, Senior Controls Engineer for Beech Nut, in

> Amsterdam, and John Zayhowski, Chief of Manufacturing for Watervliet Arsenal.

Speaking on behalf of C5, Dustin Swanger, Ed.D., president of Fulton-Montgomery Community College, said that the coalition will work toward developing actionable, sustainable solutions to help grow the supply of potential workers for high-tech industries and other jobs in the region.

"Whether it's in manufacturing, software development, or health care, we know that there is a labor shortage right now in the region; but there is also a skills gap between what companies need and what those in the workforce can offer," said Swanger. "Our job as community colleges is to recognize that gap, and to work together to educate people for the careers that are out there."

Andrew Kennedy, president of the Center for Economic Growth (CEG) based in Albany, N.Y., added that CEG's research indicates that a low unemployment rate, combined with an increase in job postings, have resulted in a shortage of qualified workers trained to fill emerging jobs. During the first half of 2018, the Capital Region averaged 11,627 beginning-ofthe-month job postings, up 5 percent from the first half of 2017, according to a Center for Economic Growth (CEG) analysis of New York State Jobs Express data.

"Every job opening represents an opportunity for a stronger and more inclusive economy for the Capital Region and a better livelihood for its residents," he said. "CEG and our community colleges are working together to build and expand talent pipelines so no opportunities are missed."

"The Capital Community College Career Coalition is a perfect example of SUNY's commitment to increasing and expanding partnerships" said Johanna Duncan-Poitier, the State University of New York's Senior Vice Chancellor for Community Colleges and the Education Pipeline. "There continues to be a strong demand for trained workers and SUNY is proud to be a key partner in addressing this need. We look forward to watching this coalition educate students and support the future workforce of employers in the region and throughout New York State."

With a deeply-rooted mission to support the region's business community with skilled workers, today the group released a list of 100 credit-bearing and credit-free skills and career-oriented programs created within the past five years.

Collaborative work to market the region's community colleges as a leading workforce training partner continued in 2017 with a series of online videos underscoring the various college-to-career programs available to Capital Region residents. For more information, visit 518jobtraining.com.

To move the conversation forward, a C5 Summit has been planned for Friday, Nov. 2, and will include representatives from educational institutions, legislative groups, non-profit organizations, and for-profit businesses in both the public and private sectors.



# Campus Puzzle

### (solution page 24)

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### Campus Sudoku (solution page 28)



the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit www. sudoku.org .uk.

Complete

# Military hospitals need to prioritize

### **Bob** Carey

Special to Campus News

Imagine losing both your legs while serving your country only to be told the Department of Veterans Affairs can't provide you the wheelchair you need. The VA's not sure when one will become available. So they tell you to stay in bed.

This is the situation many severely injured veterans find themselves in today. Amazingly, it's what the VA's own rules direct the agency to do.

These rules are called standards of care. And they're woefully inadequate for veterans with catastrophic service-related disabilities.

The VA must overhaul the way it cares for veterans and ensure disabled vets get the care they need, whether within the VA or outside it.

The VA's standards of care, drug formularies, and rules for access to medical equipment are designed for the average disabled veteran -- say, a mobile 60-year-old man with a bad back.

There are thousands of veterans who have different needs. Many are young people return-



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ing home with missing limbs or traumatic brain injuries. They may have small children -- or be unmarried and living with older parents.

Up to 4,000 veterans of the wars in Afghanistan and Iraq are classified as "catastrophically disabled." That means they've suffered at least one injury that "permanently compromises their ability to carry out the activities of daily living," per the VA's official guidelines.

The VA doesn't take the needs of these veterans into account. An octogenarian tripleamputee undergoing physical

therapy faces the same wait times and treatment options as a vet with a bad knee. There's zero flexibility for the catastrophically disabled.

Lack of access to adequate to urgent care is particularly galling.

One vet who lost an arm. a leg, and his ear drums at the hands of an explosive device battles chronic infections. Without ear drums, water easily gets into his inner ear. That fluid incubates infection, which can life-threatening. become But the standard of care and medical appointment triage system directed he wait two weeks before getting treatment, even though his injuries grew worse by the second.

His family lobbied for a shorter wait. But he still had to idle for four days, during which his condition deteriorated.

Catastrophically disabled veterans struggle to obtain the right drugs. VA administrators often reject coverage without explaining why. That could have severe consequences. According to

Vietnam Veterans of America's Executive Policy Director Rick Weidman, "Lack of proper medication at the proper time because it wasn't on the formulary can lead to all kinds of health impacts that can cost [more]."

Men and women who have sacrificed their bodies for their country are being repaid with indifference. These standards of care inflict needless suffering.

Fortunately, Congress and the president are beginning to address these problems. President Trump recently signed the VA MISSION Act, which dramatically expands veterans' medical choices.

More remains to be done. Standards of care need to be customized for the catastrophically disabled so they can receive expedited and specific treatment. The VA must also revise its formularies so vets with catastrophic disabilities can access the drugs, devices, and medical equipment they need. Finally, catastrophically disabled veterans need separate access standards for getting non-VA healthcare, so they can go to the doctor of their choosing rather than travelling to see an "approved" provider.

Veterans with catastrophic disabilities have made sacrifices in the service of our nation. Giving them anything but optimal care is not just disrespectful -it's inhumane.

Bob Carey is a retired U.S. Navy Captain and chief advocacy officer

at The Independence Fund. This piece originally ran in the Houston Chronicle.





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# What college students watch (cont. from cover)

ano, Vice President for Strategic Initiatives for Xfinity on Campus. "Students still watch a lot of content."

The most popular days to watch TV for college students were Thursday and Sunday nights. Saturday was least popular. Each day, 7 to 9 p.m. were the prime time to veg out with shows.

Of the Top 20 shows students watched, half were live sports and half were scripted/reality shows.

The reason why sports are watched live is obvious. Not knowing who will prevail is the fun of it. But the same goes for other shows; people don't want them spoiled.

"If you think about it, hit scripted/reality shows are watched on first air because you don't want your friends to tell you what happened before you see them," Adriano said. "For example, "The Bachelor.' You don't want to know who won by reading the paper the next day."

And students tended to prefer bigger screens when watching TV vs. on a mobile device, by a 2 to 1 ratio.

"We find that the larger the screen the more time students are interacting with Xfinity on Campus."

At the 130 colleges with Comcast's Xfinity on Campus, dormliving students are given over 100 popular channels for free, to view in their room or on their device, so it's a pretty sweet amenity. The company believes that students will continue their cable TV viewing habits after

ano, Vice President for Strategic they leave college and get places Initiatives for Xfinity on Cam- of their own.

> "We hope that students not familiar with Comcast will fall in love with our service and become paying subscribers after they graduate," Adriano said.

> And here are the Top 20 shows that college students are watching, with some commentary:

> 1. "The NBA Playoffs" -This makes sense in that they hit right in the heart of the spring semester and basketball is a communally watched sport with lots of action. (No. 1 nationwide during this period, ac-Nielsen, cording to was "Rosanne," which, apparently, college students do not like at all. Also, NFL football ranks higher than the NBA, outside of universities.)

> 2. "This is Us" – This popular NBC drama is No. 3 nationwide in the standard 18-49 demo, according to Nielsen, so no surprise it's also popular on campus.

> 3. "Olympics 2018" – The Olympics taking Nos. 3-4 is a positive sign for the games, as popular belief is that people have tired of them post-Cold War. Perhaps the US Dream Team pummeling Latvia is interesting after all? Or maybe this speaks to the internationality of many US residential campuses.

4. "Olympics 2018 Primetime" – See above.

**5. "Grey's Anatomy"** – A popular ABC show that ranks No. 10 via all households skews even better amongst college stu-



dents. Considering the questionable antics of the medical staff at Grey Sloan Memorial Hospital, hopefully pre-med students aren't taking notes.

6. "2018 NCAA Basketball Tournament" – This would score higher, but it hits, in part, during Spring Break.

7. "SportsCenter" – This show doesn't even register in Nielsen's Top 100.

8. "The Bachelor" – Is this show a sport? A drama? Reality? Well, it scores higher with college students than with Nielsen's typical 18-49 demo (No. 18).

9. "Jersey Shore: Family Vacation" – No. 9? Yikes! This show only scores No. 38 amongst Nielsen's demo.

10. "Super Bowl LII" – Many students are just getting back to school when the football finale hits, but, still, a surprise that this mega-show only comes in at No. 10.

11. "Riverdale" – This CW show based on the "Archie" comics only does well with college and younger demos, apparently. Nielsen doesn't list it.

**12. "Inside the NBA"** – See No. 1.

**13. "Stanley Cup Playoffs"** – Hockey is still a draw.

14. "The Good Doctor" – This show about a doctor with autism who can think outside of typical diagnoses does well in the college demo and the Nielsen 18-49 demo (No. 6).

**15. "Keeping up with the Kardashians"** – Does anything happen on this show?

**16.** "grown-ish" – This "black-ish" spinoff sees their oldest child going to college, thus, it makes sense that this Freeform show makes a list of popular college shows.

**17. "Modern Family"** – ABC shows do really well with the college crowd, apparently. This show is No. 13 with Nielsen.

18. "Law & Order: Special Victims Unit" – This Mariska Hargitay/Ice T cop drama is over 20 years old; older than many of its college viewers, even. Perhaps they had watched this at home with their Gen X parents and ... can't ... stop ... watching?

**19. "The Simpsons"** – And this cartoon series is over 30. Same?

**20. "SportsCenter with Scott Van Pelt"** – This show must be different than No. 7.

And that's all folks! Agree/disagree with this list? Comment online at www.cccn.us.

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### Broom Hilda by Russell Myers



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New in 201



# Nassau food pantry a statewide model

The NEST Food Pantry at York recently launched its Food NCC has been identified by the New York State Governor's office as a model site to which other campuses should look for guidance. Nassau Community College faculty members Profs. Masrour, Sharon Valerie Fasanello and Helen Rice — all deeply involved in running The NEST — have been chosen by SUNY Albanv to be members of the Food Insecurity Task Force. Additionally, the three professors have been asked to take leadership positions as Cochairs of the Task Force's Campus Involvement Committee. John Graham, who heads the Task Force in Albany, recognizes The NEST as an exemplar for supporting typically underserved members of our campus communities.

The State University of New

Insecurity Task Force of higher education leaders and students from across the university system, along with experts in the fields of diet and nutrition, campus food service, financial aid, food waste prevention, and nutritional research, among oth-The group will build ers. resources and support in alignment with Governor Andrew M. Cuomo's "No Student Goes Hungry Program," a comprehensive program to provide all students with access to healthy, locally sourced meals from kindergarten to college.

Begun in fall 2013, The NEST at NCC distributes about 1,500 pounds of food, personal hygiene items, school supplies, baby items and household necessities every week during the academic year. It's open to all members of



the campus community. Funded entirely through donations, The NEST works closely with Island Harvest and LI Cares as well as other partnerships throughout the local com-The NEST had munity. approximately 2,100 guest visits this academic year (from September to May). Volunteers

from the College staff the pantry. It plans to soon expand its services to offer clothing; the teaching of resume writing and interviewing skills; literacy workshops and many additional services.

For further information, please visit The NEST's website: nestncc.weebly.com.

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### Filbert by LA Bonté



By: L. A. Bonté

Gasoline Alley by Jim Scancarelli

For more comics visit FilbertCartoons.com



### Animal Crackers by Fred Wagner



### Political Cartoon of the Month by Joel Pett



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# Winners (cont.)

Computer Science major, La- Suffolk County Community Guardia Community College, Long Island City, Queens, NY.

Carmine Garone (pictured with son, Luca), Criminal Justice major, Suffolk County Community College, Selden Campus, NY.

Alexandria Victor, Early Childhood Education major.

College, Selden Campus, NY.

Monifa Jones, Veterinarian Technician major, LaGuardia Community College, Long Island City, Queens, NY.

Liuginsa Rosa, Business Administration, Holyoke Community College, Mass.

Thanks to all participants!









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# Your vote matters. Here's why, and how.

### **Darren Johnson** *Publisher, Campus News*

It's election season, and I do hope you will vote this year. At the very least, your vote for Congressperson could be an anti- or pro-Trump vote, depending which party you pick. You don't even really need to know much about the candidates for that race, considering how partisan Washington has become. If you hate Trump, vote Democratic; if you like him, Republican. There are third parties, too.

When I was younger and a bit more naïve – though I like to think I'm still as idealistic – I ran for office in a district with an entrenched incumbent who had a two-to-one party enrollment advantage and a six-figure campaign war chest. My thought was, this person wasn't getting much done, and I am an idea person. Surely, my ideas would be better than the incumbent's entrenched and boring ideas, right?

The opposing parties were just happy to have someone on the ballot. I got three party lines by going to a bunch of political interviews at places like the Knights of Columbus, some guy's living room and a nondescript office building's top floor. Political operatives asked me standard questions, just to make sure I wouldn't embarrass their party. I guess I passed. After all, they needed to put someone on the ballot. Why not this guy?

While I only raised about

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\$5000, my feeling was I could afford some mass mailed postcards to voters in the district and would get some free press in the local papers. Being young and naïve, I thought this would be enough to eke out a victory. Later on, as I grew older and wiser to the ways of media, I realized it actually takes at least 17 contacts for advertising to work (thus why you see so many political ads on TV – I couldn't afford that). As for the newspapers, they only reach a small percent of voters - and many of them skip the political articles in favor of coupons. My attempt at unseating an incumbent was folly, just I didn't know it when I was in the middle of it. I went to dozens of civic events and senior centers, debating the opponent. We were on cable TV at one point at 9 a.m. on a Saturday. Special interest groups interviewed us, endorsing one or the other. It was a whirlwind for me. For the incumbent it was old hat. She was bored.

On Election Day, after the polls closed but before the results came in, I bumped into a poll worker. I introduced myself as one of the candidates. "Gee," she said. "I would have voted for you if I had heard of you before." And right there, I realized, all my months of work, all my shaking hands and mileage from event to event, all of it was for naught. I didn't make an impact, and lost by the same margin the previous candidate lost by – and he didn't campaign at all.

But there's a rea-

son why my results were the same as they ever were – the same people vote year after year, and the same people don't even bother to vote. In many districts, non-voting



adults are a majority.

But look at what happened when people who usually don't vote finally did vote: Barack Obama won in 2008 thanks to new voters. Change can happen.

Many people reading this haven't voted before, but here's a chance to vote for change, or



vote for the status quo. It's up to you. But do vote – I promise, you will feel better about yourself and your place in society after.

The deadline to register to vote in New York is Oct. 12. It's Oct. 16 in New Jersey and Oct. 17 in Massachusetts. Just google "(Your County) Board of Elections" and you can register online. Or go to your local post office, where they should have forms.

If you are reading this article after the above dates you may be registered to vote and not even know it. For example, if you have a driver's license, you're probably registered to vote. Go on your BOE site and check, or call them.

Election Day is Tuesday, Nov. 6. Polls are open at 6 a.m. Go before you start your day, as you may be too tired after.

In retrospect, I likely would have lost in my political race even if everyone voted. There are other problems in politics besides voter turnout. And maybe -gasp - I wasn't the better candidate. But the system can't start to get to better, and more representative of us ALL, until all of us lend our voices.

Yes, you may know many people who aren't voting. Be different, be brave. Put your ideals in motion, register to vote by the October date above, and show up at your polling station on Nov. 6.

Your vote does matter. This is your stand.

Thank you for taking part!

Darren Johnson even votes in primaries.



Contact him at dj@cccn.us.

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# **Mercy helps 2-year students transition**

### Laura LaVacca Campus News

Transitioning to a new campus after graduating from a community college or even after completing high school can be a nerve-wracking experience for any student. The decision of where to apply, what paperwork to fill out and what credits will transfer can be overwhelming.

Mercy College, with its main campus located in Dobbs Ferry, New York, is a private liberal arts college. Founded in 1950, Mercy offers more than 90 undergraduate and graduate degree and certificate programs within five schools: Business, Education, Health and Natural Sciences, Liberal Arts and Social and Behavioral Sciences.

"Mercy is the #1 choice for transfer students looking to complete their degree at a private college. We transfer in approximately 1400 students a year," Anne Gilligan-Evans, Director of Transfer Recruitment, explains.

The College's mission is to provide educational access for traditional and nontraditional students. These include students those who have serious financial needs or perhaps those who are first generation-college students.

Small class sizes paired with affordable tuition rates makes Mercy a popular choice and viable option for students seeking an affordable, but good, college experience. Part time undergraduate credits are \$761 each while a full course load is \$9042 per term. Tuition rates are comparable to CUNY schools and financial aid packages and generous scholarships are available.

"Mercy's tuition is comparable to CUNY tuition rates with many students with low EFC attending Mercy for less than \$1,500 a year – many being first generation students. Many of our transfer students work full time to support their families and are adults looking to complete their degrees and move ahead with their careers," Gilligan-Evans adds.

Scholarship opportunities include those for athletics, education majors, accounting students, those applying to the health professions and those enrolled in Honors College. The complete list can be found on Mercy's website. The website also outlines the transfer process, necessary paperwork and articulation agreements that Mercy has with many surrounding schools.

"We have articulation agreements with community colleges throughout the New York region that guarantees a seamless transfer of credits. We also have transfer orientations at all our campuses," Gilligan-Evans explains.

Worried about the lengthy process? She continues, "At Mercy we have a fast turnaround for evaluating credits. Students should know exactly how their credits are applied to their majors, not just know that they are accepted by the college. We accept up to 75 credits from a twoyear college and up to 90 credits from a four-year college. Students can get all this information in one visit as well as register for classes."

Mercy strives to be generous with the transfer credits they take. They acknowledge that students have worked hard at other institutions and that shouldn't just be erased. "We try to take as much as we can," Deirdre Whitman, Vice President for Enrollment Management states.

When students register, they are assigned a PACT advisor "to mentor and coach them in navigating the academic, student life, career preparation and financial



aid aspects of college." These coaches are the point people students go to when any questions or issues arise. In addition to college life, they track academic progress to help students develop necessary career skills that can help them attain an internship experience or even a job after college.

It is this constant attention and engagement with faculty that results in high retention rates. "The national average of students meeting with an advisor is two times per semester," Whitman, offers, "At Mercy, it's 20 times a semester."

Furthermore, students work with their PACT mentor and faculty advisor to complete a portfolio of their career experience for which credits can be awarded. "Many adult students returning to college complete our Organizational Management degree in Business. The core courses for this degree program (39 credits) are completed in one year over three terms and can be taken online," Gilligan-Evans adds.

"We have great campus locations in Manhattan, the Bronx, Dobbs Ferry and Yorktown as well as distance learning classes!" The campus is also very easy to navigate and commute to: "The campuses are very accessible to all forms of public transportation," Whitman notes. "We make sure that we make everything very streamlined for commuter students."

The campuses also house many gym facilities and cafes that commuters can access when not in the classroom. Those choosing to dorm will have a chance to take in the scenery. Residential halls are along the Hudson and offer amenities ranging from meal plans to computer labs with free printing.

In addition, upon completing construction of a new building with more study areas, there's also a student commons that includes a convenience store, Starbucks café and a 5000 square foot fitness center. There's also a newly constructed pedestrian quad and exterior gathering areas.

So, why Mercy? Simply put, "Individual attention from award winning faculty and staff, small class sizes, affordability, generous scholarship and need based financial aid packages," Gilligan-Evans states. "Our students have the drive and grit to succeed."

# Two great locations: Transferring to St. Joseph's College in New York

### Laura LaVacca Campus News

With a large transfer population, St. Joseph's College welcomes students coming from other colleges with open arms. SJC is a transfer-friendly institution with about half of new students enrolling from other colleges. With two campuses, located on Long Island and in Brooklyn, students can choose to commute or dorm. Dorming is available at the Brooklyn campus. With classes having ratios of 15:1 and the wide range of undergraduate majors and minors, master's degrees and certificate programs, St. Joseph's is a great place to find a major that suits any student. There are online courses, dual degree programs and study abroad opportunities.

Transfers are attracted to SJC's flexible credit policies, affordable tuition, and strong academics. Vice President for Enrollment Management, Gigi Lamens acknowledges that the campus "recognizes that transfer students bring valuable learning experiences with them to our campus community and they enrich our student body."

Lamens explains that SJC strives to "keep the transfer process as seamless as possible." For example, students may apply online and use our online transfer credit system to review how their credits will transfer to SJC. Therefore, students have a leg up on knowing which classes are accepted and which they will have to enroll in. Furthermore, staff is always around to help with any issues that arise throughout the admissions and financial aid processes. Lamens also encour-



ages students to visit the campus and meet one on one with counselors "to plan the pathway to their degree."

A plethora of information about the process is available on their website. For

example, SJC Brooklyn will accept up to 64 credits from a regionally accredited twoyear school, and up to 90 credits from a regionally accredited four-year school. They will also accept compa-

rable courses in which a grade of C- or higher was earned but some courses require a higher grade point and students should inquire further about specific subjects.

There are also quite a few special programs for transfer

students. All new transfer students take a one semester class called SJC 200 which is designed to facilitate a smooth transition. This course introduces students "to the mission and goals of St. Josephs Col-

Ranked by US News & World Report as one of the country's most affordable colleges.

> lege." Lamens continues, "Additionally students explore learning and research skills, opportunities for campus and community involvement, and the nature of the liberal arts as envisioned by SJC."

Transfer students are also

offered the opportunity to enroll in dual BS/MS or BA/MS programs.

They also have a special honors program in place—"in fact, former Congressman Tim Bishops teaches one of the honors courses," Lamens proudly shares. As per their website, selected students will take courses with dynamic faculty, have the opportunity to travel both abroad and in the United States. They will develop skills to help them excel in graduate school and their future careers.

Lamens wants prospective students to know that there are a multitude of reasons to consider SJC. "SJC has the highest graduation rate of any college on Long island—public or private." Contributing to this could be the small class sizes

# (cont.)

and the mentoring relationships that exist between professors and students. All classes are taught by professors, "never a graduate or teaching assistant," she emphasizes. SJC strives to offer a full college experience both in and out of the classroom from student activities, to community service opportunities to athletics-even internships.

"Our focus is, and always has been, on student success and achievement which is why our graduation rate is so high and why our graduates are successful in gaining employment and obtaining entry into graduate and professional schools."

The campus has also won many awards. In addition to being ranked by U.S. News & World Report and Forbes as one of the nation's best colleges to offer affordable tuition, expert faculty, programs and small classes, the Washington Monthly ranked SJC in the top

NEW YORK



10 of their "Best Bang for the Buck" colleges in the Northeast. Military Times and GI Jobs Magazine recently listed the college as a Best for Vets and US News rated their online programs among the best for

St. Joseph's College

2017.

Changes to the campus are on the horizon with resident out St. Joseph's halls planned for fall 2018 as well as new nursing labs opening in the fall of 2017. A new student center was just com-

### pleted.

For more information, check website www.sicnv.edu or connect with them on Facebook, Twitter or YouTube.

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St. Joseph's College

# Molloy has perfected the art of transfer

### Laura LaVacca Campus News

Winning awards for its excellence is nothing new for Molloy College. Located in Rockville Centre, NY, the college is consistently named one of the top academic institutions in the Northeast by Princeton Review and US News & World Report. However, Dean of Admissions Marguerite Lane is most proud to share that most recently "Money magazine has selected Mollov as the #1 Value All-Star in the Nation!" The rankings were based on student retention, graduation rates, early career earnings of graduates and low loan default rates.

Dean Lane continues, "What this means is that students who come to Molloy stay at Molloy and graduate from Molloy. When our students graduate they succeed in their careers. In fact, in a Georgetown University survey, starting salaries of our graduates were among the highest in the country."

The college has over 50 academic programs to choose from and many internship experiences. Programs ranging from education to nursing to business all have low faculty to student ratios of about 10:1. Just last year, the College opened the Hagan Center for Nursing, designed to support its nationallyranked nursing program. The



Hagan Center features the latest technology in classrooms and laboratories. Each of the seven laboratories houses approximately 20 high-tech simulator "men, women and children" that students practice clinical procedures on. This will help prepare them for real-world experiences in hospitals and other medical facilitates.

"Molloy was named the #1 college to study Health Professions by College Factual," Dean Lane adds.

Putting these accolades aside, Dean Lane is adamant about the community at Molloy and cites the personal attention students receive as a reason for their close-knit community and success as an institution.

Transfer student Jan Mark Casco concurs, "Molloy's campus is smaller and more beautiful [than other campuses on Long Island]. I do like that it's basically in the middle of a residen-



tial area and that it's open; it blends into the community, which adds more to the homelike feel."

Casco, like so many other Molloy students, transferred to the campus after a community college or experience at another four-year school. Molloy has many programs in place to help such students.

There are different welcome programs including different orientations for different types of incoming students, "We have an orientation for transfers. They are a differ-

ent population than those who are 18-year-old incoming freshmen from high school. Instead, they may be 20 or even 60-yearold students from different backgrounds," Dean Lane explains. There is also a transfer day event and welcoming committee to help students adjust and receive mentoring.

"Being a transfer, I would give others a strong suggestion to take a proactive stance in everything from the application process to financial aid and coursework," Junior Randy Gliebe offers. "Particularly with Molloy, the process was smooth and welcoming. If you have a question, either the person helping you will gladly assist or they will redirect you to someone who can more effectively."

Molloy has numerous articulation agreements with such colleges as Nassau Community, Suffolk Community and Queensborough to make transferring a smooth and easy process. Students who transfer to Molloy with an AA, AS, or

The college boasts over 50 programs and a 10:1 faculty ratio. AAS degree have their General Education requirements waived as well. The college website has a section devoted to incoming students and a

multitude of resources. Admissions counselors are available to sit with students and evaluate credits, program choices and help incoming freshman students on their educational journeys.

Transfer students should explore the website to be prepared about the process and make sure all requirements are met. For example, all accepted nursing students are required to take the Nelson-Denny Reading Test and a writing test in composition. These results are used to determine a student's eligibility to take certain nursing and science classes.

Don't forget to fill out financial aid and apply for scholar-

# (cont.)

ships. There are even specific monies for transfer students.

"Molloy is one of the most affordable private colleges on Long Island. We offer Transfer Scholarships, Phi Theta Kapa Scholarships and we are a Yellow Ribbon Participant," Dean Lane emphasizes. Transfer scholarships range from \$1500-5000. To be considered, scholarships are awarded to full-time undergraduate transfer students who have completed at least 30 credits of full-time

### Molloy has transfer agreements with regional community colleges.

course work at a previous college and have a cumulative GPA



of at least 3.0. For nursing majors, the requirement is at least a 3.3 GPA. The Yellow Ribbon Scholarship is awarded to veterans, and more information is available on the website.

Aside from academics, the campus offers a vast opportunity for students to get involved in from
 extracurriculars to Greek life. With over 60 clubs and organizations, there is something for everyone. The American Sign Language Club, Business & Accounting Club and Club Italia are just a

few. Students may also choose to participate in student government or be a student orientation leader.

Dean Lane notes, "We have a vibrant student life which will help transfer students to become engaged and transition to our campus."

"Be sure to integrate as much of yourself into the environment as possible for the sake of networking, socializing, and individual growth. Ask questions, to everyone, "Gliebe urges.

In addition to the many re-

sources and events on campus, the location of Molloy is also a plus. Students are in a great locale for internships and careers, being under an hour away from Manhattan. There are also many community-based internship opportunities.

Molloy strives to give students a solid education while also giving them real-world experiences.

For more information about the transfer process, please visit: www.molloy.edu/admissions/transfer-admissions.







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