

CAMPUS NEWS

College  Paper

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Volume 19, Issue 5 FREE!

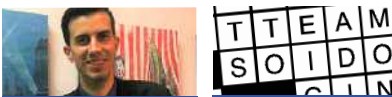
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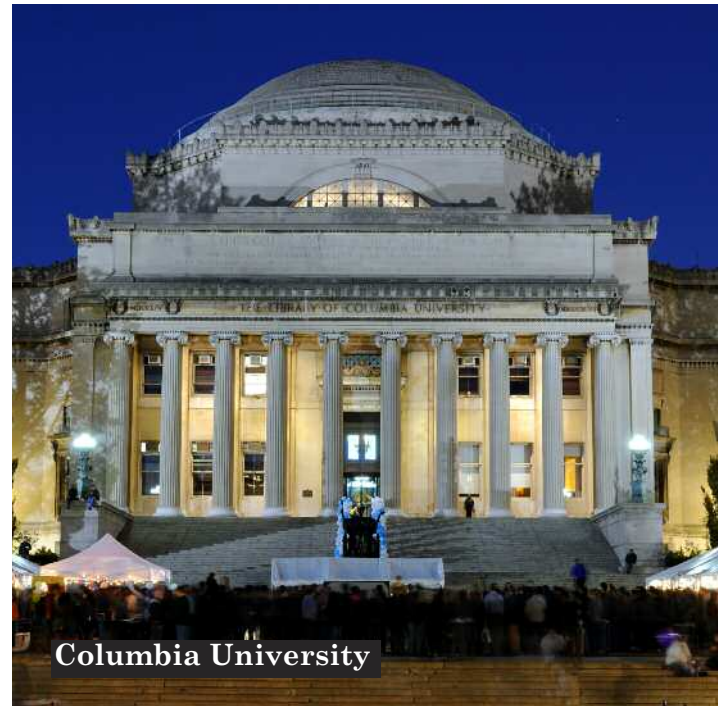
Community college – to the Ivy League

Dan Ferris
Campus News

To say I wasn't one of the best students would be putting it mildly.

In high school, I was more interested in getting drunk and watching old movies than I was in studying, or otherwise thinking about my future in any kind of serious capacity. While I excelled in my areas of interest (namely, theater and literature), I paid little attention to subjects that I found to be dull or pointless. Hard work was not a value I held in the highest esteem, and "underachiever" was a badge I wore with pride.

Despite my best efforts, I somehow managed not only to graduate with my class on time, but also gain acceptance to a private liberal arts col-



Columbia University

Please continue reading on page 10

Win Six Flags tix!

Whether you take it with a smart phone or an SLR camera, snap a picture of a college student (it can be you) reading this issue of Campus News and send it to pics@cccn.us or text it to 518-879-0965, and we'll publish it online and perhaps in the print edition. Include the name, major and college of the student

pictured and your info. Ten submitters will be chosen each month and win two free tix to Six Flags Great Escape in upstate Lake George, NY! They are open throughout the summer and early fall. Motels are very affordable this time of year. Tickets are worth \$65 each but not transferrable. You deserve a break!



See last month's winners inside!

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Artist's subjects are larger than life

Yesenia Coello
Campus News

What exactly makes an artist tick? The answer, naturally, will vary depending on the artist in question. Still, we can all agree that when an artist exposes their work to the world, they're exposing a pivotal aspect of their character. That's what I learned when I interviewed New York-based artist and architect Sal Cosenza. I was fortunate enough to have a conversation with Sal, a life-long artist, as he looks forward to his upcoming show, "Domestic New York," which will run from June 9 to August 9 at LaGuardia Community College. A CUNY alum himself, Sal is eager to display his art to the curious spectators who may be interested in the idiosyncratic and fascinating pieces he produces. Here's our Q&A:

I must say that your artwork is rather intriguing and unique to look at! Aside from the cityscape of Manhattan, what else has inspired your style and the way in which you approach your art?

Well, I would say I would take a step back and look at other artists than inspire me. I would say the greats like Michelangelo inspire me a great deal. I would also say Georgia O'Keeffe with her 1920s New York images. Really she just captures the mood of the city. The idea of the isolated individual in the big city has always been appealing to me for some reason. I like the idea of just artwork creating a narrative, which is something I would love to keep pursuing. Also, anything that deals with characters. A character could be a human being, it could be a building — you know as long as there's a story centered around

a character's problems or an issue, I think those are always inspiring. Basically everything inspires me. *(Laughs.)*

Your website says you've been an artist your entire life. How did you become interested in architecture? How did you combine your interest in art and architecture to create your own style?

I think I always had the art gene. After high school, with the encouragement of my family of course, I pursued architecture, and it was foreign to me. I think over time I've come to see the similarities between the two, but there are also incredible polar differences. Art is very selfish and can be a solo experience while architecture is very democratic, and it's hard to piece together a coherent story with architecture because it is built and designed by so many people. So I'm learning that they're quite different from each other, but the goal is the same because they're both forms of creative expression. As to how you blend the two, that's probably a challenge that I'm not really interested in doing anymore because I don't see it happening. We're not going to take a painting and turn it into a building, but we're going to take the philosophies, the approach, the tactics of that world and apply it to the strategy of another? Architecture and art follow the same recipe, but they lead to different results. They serve different purposes. One serves the individual, the ego *(laughs)*, but architecture is for someone else. It's meant to house people, so the stakes are kind of different. But the intention is the same, I think.

Why did you choose LaGuardia Community College to



hold your latest art show? Are you trying to appeal to a certain demographic in hosting your show there?

It chose me, I'm happy to say. I did apply. I saw a competition online, and it was an open call. I figured maybe I'll have a shot, and I'm happy to say that I got picked. I'm also happy to say that it's a CUNY school, and I went to City College. I got my Master's in Architecture there, so it's kinda full-circle for me.

As for the demographic, I always like when young people see my stuff. I guess a part of me, the ego part, is saying, "I can do something that others will be inspired by." Maybe. That's how I kind of learned. It was always through seeing something and then taking something out of it and producing something as a result. I'm kind of curious to see what the students, if they stop and are interested in my art, how they would react to it. I hope it's not

something they'll just look at and forget about. It would be nice to get some sort of reaction out of them, even if it's negative. I think art is always trying to provoke people in some way. I put a lot of years into these pieces, so I guess to have anyone look at it is an honor. I also have to do a shoutout to Dina Pizzarello, because she really helped get this going. She's been really awesome to me. She's the director of the art program at LAGCC.

What do you hope people will take from your show? Any certain emotions or thoughts you would like to convey to spectators?

I really hope they see it as a story. I wouldn't mind if they actually laugh a little because it is kind of funny, if you step away from it. I have buildings talking and buildings engaging in very serious human issues.

continued on page 18

A big potato!

The Big Idaho Potato Truck returned to Rockland Community College on April 9 to help promote organ donation and heart health awareness, in conjunction with National Organ Donation Month. RCC is the No. 1 college in New York State per capita in signing up organ donors, having registered more than 4,000 donors during a period covering six semesters.

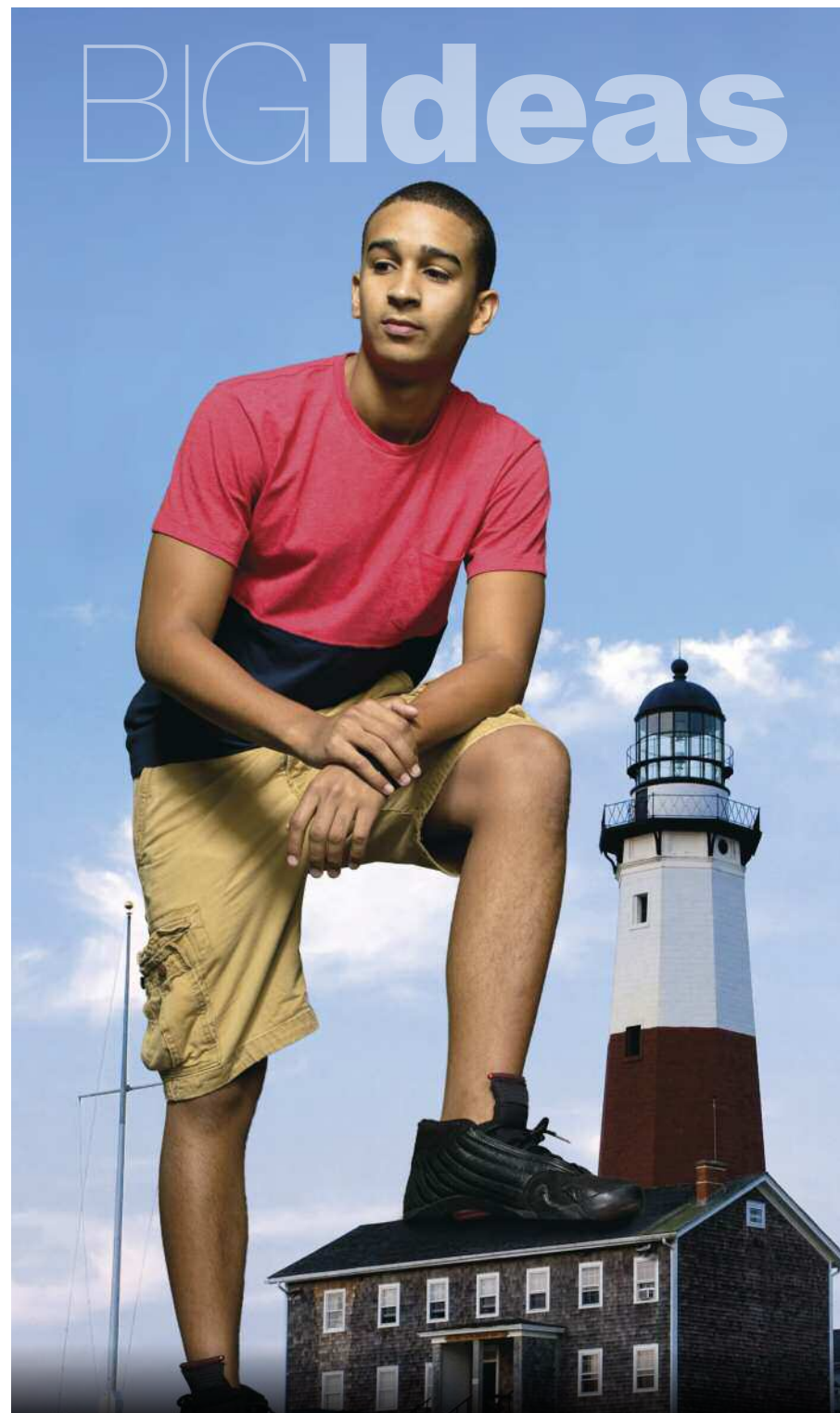
Event Organizer Roxanne Watson, pictured in blue, a heart transplant recipient, signed up her 11,000th organ donor during the event. Watson is a 1987 RCC graduate and missionary for educating people about the life-saving value of organ donation. Watson's efforts through WomenHeart, Donate Life Rockland, LiveOnNY and other organizations have led Rockland County to the top position in the state for number of organ donor sign-ups.

The Big Idaho Potato Truck, billed as the world's largest potato on wheels at 72 feet long, travels around the country promoting Idaho's signature agricultural product, certified as heart-healthy by the American Heart Association, while also helping nonprofit groups better serve their communities through its charitable program.

Only about 70 of the 600 annual requests for the Potato Truck are fulfilled, and this is the third time the truck appeared at RCC. The truck received a police escort along Route 59. "This is a very big deal that we were picked," Watson said. "It's really a celebration of heart health."



Photos by Janice Goldstein



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See last month's contest winners!

Several student readers got free tickets to see the Manhattan show "The Play That Goes Wrong!" in the past two months.

Campus News uses its leverage to get valuable freebies for you – deserving two-year college students. What other newspaper does that?

Pictured (left to right and top to bottom): Anastasia Aponte, Math and Science major, LaGuardia Community College; Allison Murphy, Sociology major, and Phil Urena, Biology track, SUNY Rockland; Germani N. Williams, Human Services major, Suffolk County Community College, Ammerman Campus; and Misty Davidson, Chemical Abuse and Substance Abuse Counselor major at Fulton Montgomery Community College.

Next up? Six Flags in Lake George, N.Y., baby! ROAD TRIP! See Page 1 for this month's rules.



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Try your luck against a chess king

Darren Johnson
Campus News

Master-level chess player and LaGuardia Community College Accounting student Giovanni Ospina will take on up to 30 players on Monday, May 6, in the E-Atrium, starting at 12 noon.

Everyone is welcome. Register at the event. Refreshments will be served.

Giving them a fighting chance, he will dart from table to table, only allowing himself 10 seconds to decide on his move.

The 37-year-old, who immigrated to Queens from Columbia and is father to a six-year-old, has done these exhibitions many times before, and, while he rarely faces a challenge, there are no hard feelings. In fact, he may be impressed by your ability, win or, inevitably, lose.

“It’s a way to find new talent,” he said in an interview. “We hope to form a team at LAGCC and maybe take on other CUNY schools.”

Even better, on Thursday, June 20, 12-6 p.m. in E-111, Ospina will head a tournament for LaGuardia students, faculty and staff. Prizes include a total of \$250 worth of Amazon gift cards for the top four finishers.

For more details, write lagcc.chess@gmail.com or call/text 347-219-4247.

Even if you’re a novice, you may want to get involved. Ospina said he learned the game relatively quickly, at a young age, being taught tactics from his stepfather. It’s a great way to train the brain.

“It requires deep thinking, and you



have to plan many moves ahead,” he said. “It teaches you analytics and can help you in many aspects of your life. And once you learn it, you will become very passionate about the game.”



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Student art exhibit

SUNY Ulster art students will be exhibiting their artwork at “Student Works 2019” through May 18 in the Muroff Kotler Visual Arts Gallery. Hours are Monday through Friday, 11 a.m. – 3 p.m. The gallery is in Vanderlyn Hall on the Stone Ridge campus.

“Student Works 2019” brings together the creative work of students in the Arts and Design programs for a lively interaction of diverse media. This year’s exhibition will showcase works representative of all art classes offered on campus, including Painting, Drawing, 2D and 3D Design, Photography, Graphics, Advanced Studio, Fashion Design, and Web Design. New this year will be 3D work made using the college’s new laser cutter. Sev-



eral awards will be presented to students for excellence and artistic growth by Iain Machell, Coordinator of Visual Arts; Sean Nixon, Coordinator of Design; and Kevin Stoner, Vice President of Academic Affairs.

Suzy Jeffers, Gallery Coordinator and Professor at SUNY Ulster, said, “We look forward to this show every year. Our students work so hard and learn so much. It is a joy to celebrate them by exhibiting their creative work in the gallery!”

For more info, call (845) 687-5113.

Top scholars



Two LaGuardia Community College students have been selected as 2019 Jack Kent Cooke Undergraduate Transfer Scholars. Matthew Wilson and Sukhrob Abdushukurov (pictured, l-r) are two of only 61 community college students from across the U.S. selected for this highly competitive scholarship, which provides up to \$40,000/year (for up to three years) for the completion of a bachelor’s degree, thus making it the one of the most prestigious and certainly the largest transfer scholarship available to community college students.

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Tales from a small Upstate college

Kaylee Johnson
Campus News

If I were to write this piece a year ago it would have been filled with phony sentiments about authenticity and self-love. I was in no position to be writing about “finding” oneself, because I had a self-inflicted chain so tightly around my neck that the scars still linger and throb every once in a while. On my college campus, I was the professor’s daughter, always shaking hands and keeping my opinions to myself; a sad reflection of the timid teenage version of myself that spent four harrowing years secretly toasting to the freedom and wildness that would follow high school graduation. Often, I looked at myself in the mirror and felt a sense of boredom and melancholia hypnotize me; how did I let myself get to nineteen years old without taking any real risks? Inertia.

When my father stopped teaching at my college, I created a reputation for myself that completely contradicted the preppy debutante my parents envisioned when they saw two pink lines on their dollar store pregnancy test in 1998. Suddenly, I was wearing high heels, scarlet lipstick, and cat-eye sunglasses every day, listening to obscure music from the seventies and eighties, staring at canvases that evoked something buried in my psyche in my campus art gallery, and crossing the streets reading newspapers. I was writing edgy poetry about philosophical concepts that I was too scared to tap into as a teenager and denouncing my Catholic religion after years spent in green and red kilts, and dingy Sunday school church basements. At a family church event in the fall I gripped my mother’s hand and said, “It’s not that I don’t feel peaceful here, I do, and that’s just the problem. I

should be on my knees with nausea and guilt for the sin I commit, but I feel fine. Maybe it’s my twenty-year-old narcissism or the literature I bury myself in, but every time I slide into those nostalgic pews I feel like a ghost.”

I spent a significant amount of time curating risqué theatrical scenes with a charismatic, but disingenuous actor whom I would admire unconditionally for six months, despite all of the youthful obstacles in my path. That man and acting class would lead me into a nervous breakdown so artistic and provocative that my reputation is still tainted in the theater department. As I started to unravel, my façade began to crumble against my will and one day I looked at myself in the theater dressing room mirror as I was powdering my face and felt a rush of adrenaline instead of indifference, and that day I performed a scene so outrageous that when I walked into the snowstorm that night with sunglasses and no coat, my classmates did not hide their wide-eyed stares, and I could

‘I created a reputation for myself.’

only utter the word “mystified” loud enough for my teenage self to hear.

After that, I could get away with as much eccentric behavior as I wanted on campus since most people in the theater department assumed I was a woman on the edge; another manic artist. None of the so-called “creatives” bothered to ask me what or whom drove me to that untamed December night, or why I fancy burying and holding beautiful funerals



for my emotions while they are still breathing; screaming. I spent most of the spring semester wandering around the city of Albany in gray suede heels and floral dresses, with a pen and notebook in my hand; writing about the looks painted across the faces of stoic museum curators, construction men with chewing tobacco caked on their teeth, and the marvelous sight of a schizophrenic homeless man laughing at a mural I have overlooked for years. Often, I would walk to a local park, sit on the ground, and write poems so morbid and romantic that I could feel my chest tighten as I read them aloud to myself.

Maybe I am just romanticizing my own instability; a word that hides under the word people use to describe my behavior, *intense*. But if that is true, why do I now stop to sit with my dog and stare at the clouds like a schoolgirl when we walk on the serene Hudson River trails? Why does music sound different? The melodies leave me drunken and thirsty for something I can’t yet identify. Why do

cousins I only knew during the worst years of my life squeeze my shoulders and patronize me by saying I look “different?”

In March, I sat on the Atlantic City Boardwalk with my parents, and said, “I suppose the debutante inside of me is officially dead,” while they watched the gray waves violently crash against the gritty sand. My gaze was focused on an elderly bum drinking a bottle of Jägermeister under the pier where I spent my summers as a child. The word “God” was written on his left hand with black permanent marker, and I thought to myself, maybe this man captures the essence of religion itself.

See more of Kaylee Johnson’s “Tales From...” stories on cccn.us. She is a junior education major concentrating in English.



Ivy League transfer (cont. from cover)

lege close to my hometown. My freshman year, however, yielded more of the same: skipped classes, incomplete assignments, and a general disdain for anything even remotely related to my best interests. This, combined with a couple of painful events in my personal life, led me to conclude that college just wasn't for me. I left school after my second semester, having flunked almost all of my classes.

After dropping out, I was aimless. I had just turned 20, with only a few college credits to my name and nowhere to go. I spent my days fantasizing about writing and producing a comedy web series, but rarely sat down to do the work. Ultimately, I decided to go back to school. The cost of my previous college, much less the abysmal 0.47 GPA I had dropped out with (yes, you read that correctly), made returning there out of the question. Reluctantly, with few options available, I enrolled in community college.

Contrary to the expectation I'd had of community college being a haven for screw ups and dropouts, my experience could not have been more positive and empowering. At Schenectady County Community College, my alma mater, I met a diverse variety of hardworking, passionate people from all walks of life, brought together under one common goal: to better themselves. I rediscovered my love of learning, and after seeing the potential that comes with taking my education seriously, began to apply myself with a discipline and fervor that I hadn't experienced in years. This hard work paid off, and I graduated a year and a half later with a much-improved GPA, glowing recommendations from my instructors, and a renewed optimism regarding my future.

When it came time to decide

my next move, an Ivy League institution was the furthest thing from my mind. Sure, I had worked hard to improve my academics, but I still had the failure of my first venture into higher education lingering over my head, something that I would surely have to explain to any admissions board. At the advice of a mentor, however, I set my sights higher than I would have otherwise, vowing to take my shot at the best school possible.

Getting into an Ivy League school is always difficult, but it's especially tricky as a transfer student. Competition is particularly fierce. Prospective transfer students to Harvard face acceptance rates averaging about 1.5-2% each year. Up until 2018, Princeton didn't offer the option to transfer at all. Despite these grim odds, however, many elite institutions are beginning to build programs geared towards transfers and nontraditional students. While this demographic has historically been cast to the side, there is a growing acknowledgement among top universities of the value they can provide these communities.

This is particularly true at

'Dropping out with a 0.47 GPA ... Yes, you read that correctly.'

Columbia University, the school I ultimately chose, and now proudly call my home. Of all the Ivy League institutions, Columbia is one of the few to have a dedicated undergraduate school geared towards the needs of nontraditional students. The School of General Studies, established in 1947, offers students from diverse backgrounds (alumni include artists, military vets, elderly immigrants, and



CEOs, among others) the chance to study at one of the foremost universities in the world. Admissions standards are likewise cutthroat, and once admitted, students take the same courses as those enrolled in Columbia's other two undergraduate schools. After reading up on the history of GS and their higher mission, I knew there couldn't be a better choice for me.

In my application, I held nothing back: no, I'm not a perfect student. I don't have a 4.0 GPA. My quantitative reasoning score on the SAT is, frankly, a little em-

barrassing. On paper, I'm not the ideal Ivy League candidate. But what I am good at, I'm really good at. It was uncomfortable to bare my flaws in such a straightforward manner, but clearly, it worked. The admissions board saw something in me, and I was granted an offer of admission shortly thereafter.

As hardworking and passionate as nontraditional and com-

munity college students may be, we also tend to come with a certain level of insecurity regarding our abilities, or even our right to assert ourselves as competent, high-performing members of society. We tend to accept mediocrity as our lot in life, abdicating our potential to limiting beliefs that lie and tell us we're just not up to snuff. I am here to tell you, as witness to the power of what a pinch of foolish bluster and slightly delusional self-confidence can do, that this is simply not the case. I guarantee that you are capable of achieving far more than you currently think. So stop thinking so much for once, and do.

I went from an aimless college dropout to an Ivy League student — and you can, too.

Dan Ferris is a writer and marketing consultant based in NYC. He is currently attending Columbia University.



Successful techniques in interviewing

Prof. Jack K. Mandel
Nassau Community College

This time of year many students seek part-time summer work or full-time employment. NOW is the time to prepare. Field training experiences (internships) can make the transition from student to employee an easier endeavor.

For many college students, going on a job interview can be a difficult experience. I believe it can be easier if you know what is expected. A personal job interview is really a learning experience for both the employer and job applicant. A company looks for the best person to fill the position by conducting job interviews with many candidates.

Placement counselors agree that an applicant's dress and overall appearance directly affects the ultimate outcome of the interview. It is never wise to dress in "ultra-high style." When dressing for business, men make a better impression in a suit. Navy blue or gray are good colors, and should be worn with coordinating shirt and tie. Hair and beards should be neatly trimmed.

Multiple facial and ear piercings are still considered a "NO NO" by many recruiters. During a job interview, the applicant should let the interviewer set the pace at the meeting and follow his or her cues about on where to sit and whether or not to shake hands. Arriving a few minutes before the arranged time shows the applicant is prompt about important meetings. It is also very important to maintain eye contact as much as possible, to speak slowly and to communicate clearly. This does not mean the conversation needs to be dragged out, but it is important to take time to think before speaking.

I advise students who are new at the interview game to be careful of "trick" questions. For example, if the interviewer mentions that he looks forward to his weekend so he can sleep late, should the applicant agree and give the impression he or she does the same? Certainly not! The fact is that the interviewer may not sleep late, but may be trying to see how the applicant spends his or her free time. Employers enjoy self-motivated individuals, who enjoy constructive leisure-time pursuits such as jogging, swimming, working out, and other productive activities. They are not impressed by a lack of ambition, even if it is on your own time.

Another favorite is the "cigarette test." Here the interviewer invites you to join him outside for a smoke while you chat. Should you accept the offer? No! It's a test. Your chance of getting the job may just "go up in smoke." Never accept an offer to eat, drink (except water) or chew gum during an interview either. And never bring a cell phone to an interview.

'Cigarette? Be careful of trick questions!'

what did you do the remainder of the time? You should avoid showing long gaps of time between work and school schedules. It is helpful to obtain or devise a blank application form to practice filling in the information before you have to fill in the actual for. This helps you check the accuracy of dates and will be a handy reference to have when you fill out a job application form. It is a good idea to know enough about the company to discuss it intelligently with the interviewer. You will be asked why you want to work for the particular company. Show interest, ask questions, and be enthusiastic about working for the company in question.

You should be able to back up what you put on your resume and job application. For example, if you only worked a few weeks during the summer vacation, what did you do the remainder of the time? You should avoid showing long gaps of time between work and school schedules. It is helpful to obtain or devise a blank application form to practice filling in the information before you have to fill in the actual for. This helps you check the accuracy of dates and will be a handy reference to have when you fill out a job application form. It is a good idea to know enough about the company to discuss it intelligently with the interviewer. You will be asked why you want to work for the particular company. Show interest, ask questions, and be enthusiastic about working for the company in question.

Do not make excuses for what you lack. Concentrate on



your positive assets and your ability to do the job (or to learn fast). Don't be afraid to ask when a decision will be made. It indicates to the employer that you value your time and wish to join the organization as soon as possible.

Follow up the interview with a "thank you" note, e-mail, or telephone call. Use the opportunity to again express your interest in the firm. In conclusion, consider the interview process as a "game." You must prove yourself both "on the field" and "off the field" by record of accomplishments. You can't always succeed at every tryout, but you can always give it your best effort. Good luck!

Professor Jack K. Mandel has taught marketing and public relations since 1978 at Nassau Community College. He is the recipient of both the prestigious Outstanding Teacher Award conferred by the New York State Association of Two-Year Colleges and the NCC Dean of Instruction's Faculty Distinguished Achievement Award.



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Decoding your financial aid letter

Jill Schlesinger
Special to Campus News

In a previous issue of Campus News, I wondered whether college is worth it (answer: yes). Now with acceptances out, a new question has emerged: Why are college financial award letters so inscrutable?

These letters are not only be confusing, but also misleading. For answers, I turned to Kelly Peeler, the founder and CEO of Money-Mentor.com, formerly NextGenVest and now a division of education lender, Commonbond.

Peeler created a service that provides high school and college students with the help they need to navigate the financial aid, scholarship, and student loan process by connecting them with Money Mentors over text message. After reviewing one student's recent "reward packages" from three universities, it is clear that we may need more than mentors to understand what is going on.

The first problem, according to Peeler: "There is no standard form that colleges and universities use to present financial information to students and their families." For example, one school listed the following under the broad category called "Award" for the first two semesters:

- **Scholarship:** \$22,000
- **Grant:** \$1500
- **Federal Direct Loan Subsidized:** \$3500
- **Federal Direct Loan Unsubsidized:** \$2000

"Your remaining direct cost is \$13,376," which along with the money outlined above it, means that the estimated direct costs for this student for one year of college total \$40,480 of tuition and fees of \$1,896.

In paragraph form, the school adds this: "Your personal *indirect* (emphasis mine) costs include room of \$4,470, board of \$3,152, books and supplies of \$1,230, transportation of

\$2,860, and miscellaneous expenses of \$2,856." There is no total for these costs, but they tack on another \$14,388 for the first year, which in addition to the direct costs, mean that year one at this school will cost the family \$56,764, but that number is nowhere to be found on the letter itself.

Here are some more critical pieces of information missing from the letter: Nowhere is there a warning that the numbers being tossed around are for the first year only. Sure, there is a breakdown by each semester, but many families erroneously believe that these dollars will flow not just for freshman year, but also for the following three years that it will take to complete a degree.

Each year of college requires another round of financial aid applications, which could mean less money available for the

student via grants and scholarships, versus loans.

Did you notice anything funny about those loan amounts? How about the fact that they don't mention any specific (or even vague) terms – no interest rates, no length of time the loan will be in place and not even a whiff of a projected future payment amount upon graduation. We are talking about tens of thousands of dollars in student loans (and potentially parent loans too) and there are no details about any of it.

In other areas of financial services, we demand specificity, but not when it comes to the millions of students who attend college. Securities, banking and insurance regulators require institutions to adhere to rule and standards of conduct rules that promote consumer protection. While hundred-page disclosure documents are not ideal, neither is the college one-page letter outline that can be complex and confusing for families.

The amount of outstanding student loans has more than doubled over the past decade. Part of that explosion has to do with tuition, fees and costs growing faster than the rate of inflation. But it's clear that another factor is that many families had no way of discerning exactly what they were signing up for in the first place.

'The breakdown is not only confusing, but misleading.'

Student exhibit

Berne Bendel, associate professor of Education and Psychology at Columbia-Greene Community College, is known for many things on campus: a vibrant teaching style, great shoes, and the red cart she pushes from class to class – chock full of granola bars, apples, and water bottles for anyone who might need a snack.

Recently, Bendel, of Germantown, N.Y., added a new feature to her cart at the suggestion of C-GCC alumna Johna Valk of Saugerties: a bucket labeled Food for the Soul, where students may take and leave motivational or inspiring notes for one another.

The messages range from the simple (You Matter) to the specific (I hope you do well on that test!) to the profound (Be a voice, not an echo), and it wasn't long before Bendel noticed similar morsels spilling out into other areas of campus.

Student Senate President Randy Dunham of



Haines Falls, for instance, created a Positivity Board in C-GCC's HRBTF Student Dining Hall on which any student, faculty- or staff-member can leave words of encouragement via sticky-notes, pictured above.

"That was the first ripple," said Bendel, "and the momentum only picked up from there."

Jill Schlesinger, CFP, is a CBS News Business Analyst and writes for Tribune Content Agency.



Travel: Seaside Spain and France

Rick Steves
Tribune Content Agency

Along the western Mediterranean coast, two easygoing – and easy-to-enjoy – beach towns stand like sister cities on each side of the border between France and Spain. Both Collioure, in France, and Cadaques, in Spain, are off the grid when it comes to glitzy resorts. And each has a delightful ambience, with welcoming beaches, quaint back streets, and scenery that inspired many notable 20th century artists.

On the French side, Collioure is where I like to unwind and regroup. When I'm here, I enjoy a slow coffee on la Med, lose myself in the old town's streets, compare the gelato shops on Rue Vauban, relax on a pebble-sand beach, and take a hike. The hills above Collioure deliver fantastic views of its bay and the sun-bleached, terracotta-roofed village below. Most of Collioure's shopping, sights and hotels cluster in the old town – most romantic in the evening, when yellow lamps reflect warm pastels and deep blues. By Mediterranean standards, this seaside village should be slammed with tourists; it has everything. But, outside of peak times, it is remarkably quiet.

Collioure is blessed with a privileged climate and an enviable setting. For more than 2,500 years, empires have battled to control its position on the Mediterranean at the foot of the Pyrenees. The mountains rising behind Collioure provided a natural defense, and its sheltered port gave it a commercial edge. Today, it's a pastel treat with six petite and pebbly beaches, leafy squares under a once-mighty castle, and a lighthouse to mark where the Pyrenees meet the sea. It's no wonder that artists such as Henri Matisse, Andre

Derain, Pablo Picasso, Georges Braque, Raoul Dufy and Marc Chagall all painted here at one time or another.

Just 15 miles from the border, Collioure shares a common history and independent attitude with its rebellious siblings across the border in the Spanish province of Catalonia. Undeniably French yet with a proud strain of Catalan culture, it flies the yellow and red flag of Catalonia, displays street names in French and Catalan, and sports a few business names with *el* and *els*, rather than *le* and *les*. Less than a century ago, most locals here spoke Catalan; today that language is enjoying a resurgence as Collioure rediscovers its roots.

About an hour and a half drive away, Cadaques is a seaside gem at the easternmost tip of Spain. With whitewashed buildings, a gentle ocean breeze and dreamy bay views, Cadaques is idyllic and remote. It has no train service and only a tiny access road that dead-ends. If you want a peaceful beach escape near Barcelona, this is it.

Since the late 1800s, Cadaques has served as a haven for intellectuals and artists. The fishing village's craggy coastline, sun-drenched colors, and laid-back lifestyle inspired Fauvists such as Matisse and Surrealists like Rene Magritte, Marcel Duchamp and Federico Garcia Lorca. Even Picasso painted some of his Cubist works here.

Most travelers in Cadaques are here to see the home of Surrealist artist Salvador Dali. I consider it the most interesting home of a deceased personality in all of Europe. (It's very popular and only allows eight visitors at a time for escorted tours, so you must get reservations online



in advance.) Dali was raised in nearby Figueres and brought international fame to this sleepy Catalan port in the 1920s. As a kid, Dali spent summers here in the family cabin, where he was fascinated by the rocky landscape that would later be the backdrop for many Surrealist canvases. He and his wife (and muse) Gala converted a fisherman's home – about a 20-minute walk from the city center – into their semipermanent residence, dividing their time between New York, Paris and Cadaques. It was here that Dali did his best work.

Beyond the Dali House, Cadaques offers little in the way of sights, but the old town is remarkably characteristic. I like to stroll along the water from the Dali statue on the beach, past the casino where time stands still, and admire the “elephant trees” imported from Cuba (many Catalans moved to Cuba in the 19th century and came back home when Spanish rule ended). Uphill, the Jewish Quarter is still rich with vestiges of the strong Jewish community that thrived in Spain until 1492. That's when Christian fanaticism (gone wild with

the final victory over the Moors) led to the expulsion of Jews and Muslims from Catholic Spain. At the top of town, the Church of Santa Maria offers commanding views of Cadaques. Inside, an opulent Baroque altar features 365 carved figures covered in gold from the Americas.

In spite of its fame, Cadaques is mellow and feels off the beaten path, much like its French counterpart, Collioure. In these two sister towns, time seems to move a little slower, and that's exactly what makes them so enjoyable.

Rick Steves writes travel guidebooks to the cruise ports of the Mediterranean and Northern Europe and hosts travel shows on public television and public radio. Email him at rick@ricksteves.com, follow his blog on Facebook, and watch for his PBS TV special “Rick Steves’ Cruising the Mediterranean.”



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Helping shelter residents attend college

Shirley Burgos was unemployed and living in a shelter in Holyoke, Mass., with her daughter when she learned about an opportunity that could transform her life.

Burgos could obtain training through the Workforce Development Center at Springfield Technical Community College and potentially get hired as a mechanical or electrical assembler at CRRC MA Corp., where rails cars are assembled.

“This opportunity will allow me to have a better life,” Burgos said. “It’s going to open a lot of doors for me. This is more than a job. It’s a career. I can move up.”

Burgos was one of 24 students who enrolled in two cohorts of classes taught by STCC instructors on the college campus between February and May. The curriculum aligns with the job descriptions for mechanical and electrical assemblers, entry-level positions at CRRC. Students learn how to connect wires and complete circuits, as well as read basic blueprints and engineering drawings, among other tasks that will give them the skills needed to get hired and assemble subway cars.

If they pass the class after 75 hours of training, they are guaranteed a job interview with CRRC. While they might land jobs at CRRC, the newly trained students may be qualified to work at other companies looking for assemblers.

The training program is a partnership between STCC and the New England Farm Workers’ Council, a human services agency dedicated to improving the quality of life for thousands of low-income people throughout the Northeast.

“The New England Farm Workers’ Council reached out and asked if there was a possibility for us to work with them

and to meet with CRRC,” said STCC Assistant Vice President of Workforce Training Gerardo Zayas Jr. “CRRC was looking for mechanical and electrical assemblers. These positions were posted and they needed to be filled.”

Zayas was able to quickly set up the new training program at STCC, offering classes that started in February. The NEFWC enlisted people from its shelter program to fill up the classes.

Zayas sees the partnership between STCC and NEFWC as a model that can be adapted across industry training needs. People from NEFWC can come to STCC for job training that could lead to employment at CRRC or other companies in Western Massachusetts.

“This partnership with CRRC is an approach to help industries fill essential jobs with individuals that have been trained on the technical skills and receive the career coaching to prepare for the interview, receive an offer and map out a career pathway,” Zayas said. “We are excited about this program. We are thrilled to help people get the necessary skills to start careers.”

Near the end of the six-week training, Luis Feliz, director of Workforce Development at NEFWC, brought the first cohort of students on a tour of CRRC’s facility. Wearing hard hats and eye protection, the trainees observed CRRC employees at work inside the cavernous facility. They walked over tracks on the floor and glimpsed several Orange Line subway cars rail cars that are in production for the MBTA.

“For us, this is about transforming lives, which is STCC’s mission and ours as well,” Feliz said. “We like to say, ‘We don’t



Shirley Burgos and Caroline Giraldo

give people a hand out, but a hand up.’ What that means for us is careers instead of jobs. The partnership with STCC and CRRC is definitely a career path, not just a job.”

In this collaboration, STCC provided technical content, while NEFWC ensured a professional skills component was included. This included communication as well as listening skills. “We want our folks to know what the expectations are if they participate in an interview and if they receive a job at the end of the training,” Feliz said.

Vanessa Otero, chief operating officer for Partners for Community, which oversees NEFWC, called the collaboration with STCC and CRRC “a great success.” Seventeen people trained in the first cohort that ended in March and prepared for interviews. The next cohort included seven trainees who will take classes through April.

“This has been our most successful partnership with any training institution, including any community college,” Otero said. “I have to credit the faculty at STCC who have made adjust-

ments to the schedule to make sure people completed the class. That makes a world of difference.”

CRRC spokesperson Lydia Rivera said the company has employed STCC graduates since launching operations in 2017. “We continue to see positive results from our partnership with STCC,” Rivera said. “The training program with New England Farm Workers’ Council appears to be building on that success.”

While going through the Workforce Development Center training, Caroline Giraldo, an NEFWC client, moved out of a Holyoke shelter and into her own apartment in Springfield.

“I felt like this was a way of getting myself out of the situation I was in,” Giraldo said. “It opens a lot of doors for me. That’s how I got the apartment. If I get this job, I will be able to afford the apartment.”

“It will be a huge opportunity for me and my children,” Giraldo added. “It will open up a lot of opportunities for struggling families. It’s a huge blessing.”

Nathan Lane plays 'Gary' on Broadway

Marilyn Stasio
Variety

Nathan Lane and Kristine Nielsen, two of the funniest people on the face of the earth, play street cleaners tasked with carting away the dead after the civil wars that brought down the Roman Empire. Well, a job's a job, and Gary (Lane) and Janice (Nielsen) go about their disgusting work without complaint. "Long story short -most everybody dies," Gary sums up the war. But that doesn't stop these inspired clowns from sharing their views on the empire, the wars, the ruling classes, and the correct drape (Right side? Left side?) of the penises of the dead soldiers being stacked up for burial.

Scribe Taylor Mac (who also answers to the gender pronoun "judy") has set this satirical farce in the mid-late period of the Roman Empire, when Western civilization was tottering after years of war. As its subtitle indicates, the story picks up after "Titus Andronicus," Shakespeare's first and bloodiest play. In one delicious aside, Gary sums up that Renaissance revenge plot, a veritable cornucopia of incest, mutilations and cannibalism.

First, a word about those dead soldiers and their floppy penises. According to a stage direction, "there are at least a thousand corpses on the stage." Well, not hardly. Santo Loquasto (set) and Ann Roth (costumes) conspired on these ghastly funny artistic installations of stuffed dummies, and there's enough of them to make the scribe's point that nobody looks heroic when they're dead. Liberally splashed with stage blood, these faceless senators, tribunes, philosophers and foot soldiers are stacked in egalitarian mounds, awaiting the street cleaners to haul them away in death carts for burial.

The political satire is pretty much spelled out. "It's a hell on earth out there and only getting worse," says Janice. "What with the autocracy turned to a democracy, turning back to an autocracy as we speak." She's referring to the bloody mess that Titus made of Rome, but Mac wouldn't mind if we were reminded of other bloody messes closer to home.

Judy's point, of course, is that narcissistic despots never think of the messy aftermath of their senseless wars. As Janice reminds us, "someone had to collate the duties, mar-



shal the maids, assemble the scrubbers" and mop up the blood. Disgusting though it is, this is honest work and both Janice and Gary take some pride in their work, although Gary is clearly more sensitive. At one point, this sad clown breaks down in tears. When asked what he's weeping for, his answer is simple and sad: "The state of the world."

The state of the world, Mac makes clear, is primary material for clowns, who are in a unique position to comment on the world they live in. "It was the same old same," says Gary. "Rich folk want power, revenge, and center stage, and will devour the little folk like me along the way."

Lane's open face and elastic expressions lend themselves to this sad-sack clown, who can't help himself from mourning the state of the world while suffering from the indignities of being a clown. The job of a clown is to make people laugh, while "a fool's ambition is to save the world." With practice and luck, Gary hopes to advance to the profes-

sion of Fool and his ambition lends sweetness to his silliness.

"Me clowning days are done," he declares. "I got a quest to raise me status, climb up top the ladder." Lane has a special gift for beatific expression, and the affection he puts into his portrayal of Gary makes him look angelic.

But this is low comedy, so expect plenty of fart jokes and penis wagging and doubles

'There are at least a thousand corpses on the stage.'

entendre interlaced with the sweet humanity and higher-toned political satire. When Janice instructs Gary on how to clean the corpses for burial, she doesn't hesitate to poke and prod for gas and to toss intestines around

for fun. George C. Wolfe directed this play, so nobody misses a trick with the physical comedy. If poking and prodding and tossing and wagging are called for, it will be done.

Julie White (a Tony winner for "The Little Dog Laughed") plays Carol, a midwife who holds her head high because her throat's been cut. (If that doesn't strike you as funny, then this isn't your kind of play.)

continued on the next page

(cont.)

In one of those heroic theatrical saves, White stepped in when Andrea Martin was injured in rehearsal, and she's more than up for this ridiculous role. Costumer Ann Roth has designed her a pretty floaty gown and an outlandish towering hairdo to pass her off as a Roman matron, but underneath the glitter is another gifted clown. (Speaking of which ... Bill Irwin tutored the actors in the fine art of clowning.)

Even when the comedy is at its blackest, Mac can't resist a bit of social criticism. In the middle of an especially gross autopsy, Janice explains why she keeps the corpses of women and children discreetly covered, while fully displaying the naked men. "Being that we've never had a female Emperor, one might conclude the men are a little more responsible," she reasons. "So

forgive me if I don't treat the blokes with me total sensitivity."

Janice is the revolutionary in the house, and Nielsen goes for broke with the role. From initially simply lording her status over Gary, she turns into a bit of a tyrant, ordering him around like a bully, no longer a friend. And once she discovers the golden spoils of war in Titus's mansion, she allows herself to become greedy. Power corrupts, they say, and so does gold.

There's no shortage of art and craft in this offbeat show; but there's also a limit to how much goofiness a comedy can support, and Mac may have gone over his limit. The jokes start to feel lame and the crude burlesque routines seem a bit cruel. Is this what happens to clowns when they overreach and do a pratfall? Maybe so. In which case, Mac might do a little bloodletting on his dramatic corpus.

(cont.)

Also, I should mention there's an artist called Madelon Vriesendorp. She's a Dutch artist, she did a couple of pieces in the 70's that have the same concept of buildings doing things. I saw those as a kid and interpreted that in this way, in a less social but more personal way. I don't care if they look at it

and laugh a little but then I would hope they would take a deeper look and understand that, "Oh! This is kind of like that Pixar approach!" where there's an anthropomorphic object, but it has heart. It's not just a postcard you would see in a corner store.

It's got more substance



'The Song is Ended' by Sal Cosenza

than can initially be perceived.

Domestic New York will run from June 9 to August 9 at LaGuardia Community College. Opening reception will be on June 9 from 5:00 p.m to 8:00 p.m.

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Let's Go, #CoGreene

Schools must evolve for the digital era

**Andrew Meyers
and Tom Vander Ark**
Special to Campus News

Lyft recently announced that it would be going public. Uber isn't far behind. In little more than a decade, the two companies have upended the transportation sector — and transformed how we think about both transportation and work.

If only we could bring that sort of innovation to our nation's education sector. American schools have scarcely evolved since the days of the horse and buggy.

Our educational system incentivizes memorization and rote learning in the age of Google. It prizes passivity at a time when entrepreneurial zeal is crucial for personal fulfillment and creative collaboration is needed to address global challenges.

Our schools must evolve. It's time to switch to an "experiential learning" model that cultivates intellectual and emotional skills — and prepares today's kids to be tomorrow's entrepreneurs.

Today's students need to hone their creative and critical thinking skills, as well as their ability to communicate and collaborate, according to the Cam-

bridge, Mass.-based Center for Curriculum Redesign.

The World Economic Forum has concluded that by next year, "persuasion, emotional intelligence and teaching others . . . will be in higher demand across industries than narrow technical skills."

Unfortunately, most schools expect students to sit silently while the teacher fills them up with facts. Everyone learns the same subject, the same way, on the same schedule. Topics are siloed — math class, science class, and so on — and students are rarely afforded the time and resources to follow their passions.

In the approximately 500 public schools that emphasize experiential learning, students learn by doing. They undertake cross-disciplinary projects outside the classroom to learn from the people, places, and businesses in their communities. The end goal isn't to ace a quiz or homework assignment but to gain a holistic understanding of different subjects and master problem-solving and collaborative skills.

Teachers serve as guides, while students work through challenges driven by their natural curiosity — not the threat of a bad grade.



Consider logarithms. Most people remember taking a quiz on logs at some point and then instantly forgetting what they were.

But what if a math teacher told students they had to learn logarithms to determine the pH

"proves that with some students...the book-and-lecture format may not be the best way to engage students in learning."

Some private schools make experiential learning a fundamental part of their curriculums. The United World Colleges, for instance, sends high schoolers on month-long humanitarian projects in far-flung locations.

Here at the Whittle School, we've built an "Expeditionary Day" into our weekly calendar, so students can pursue long-term experiential projects off school grounds.

America has evolved over the last century, but its schools haven't. Adopting an experiential learning model will empower young people to succeed in our rapidly changing world.

Andrew Meyers is Co-chair, Education Design Team and Global Head of Experiential Learning for Whittle School & Studios. Tom Vander Ark is the author of Better Together, Smart Parents, Smart Cities and Getting Smart. This piece originally ran in Fox Business.

'Experiential learning improves brain development and decision-making..'

of a solution in science class? The science teacher could set up a project to measure the environmental health of a local river.

In this way, experiential learning creates a direct, emotional connection to the subject matter.

A growing body of research suggests that the emotional intensity of experiential learning improves brain development and decision-making.

Researchers at Purdue University found that eight-graders who participated in hands-on learning science classes "demonstrated a deeper understanding of the issues than the traditional group." One researcher noted that the study

Tobacco-free campus

SUNY Sullivan was one of 48 colleges and universities to be awarded a grant from Truth Initiative® to adopt a 100 percent tobacco- or smoke-free campus policy. The effort is part of a national movement among students, faculty and administrators to address smoking and tobacco use at college campuses throughout the U.S.

"We are truly excited to make SUNY Sullivan a safe, healthy and productive environment through this grant funding," said Jay Quaintance, President. "The health benefits of reducing secondhand smoke exposure are invaluable and could also help students prepare for the workforce where smoke-free policies are already the norm."

Campus Puzzle

(solution page 24)

Across

- 1 Out of practice
6 Blue stone
11 It doesn't last long
14 Casual opening
15 Saudi neighbor
16 Part of un giorno
17 Crayfish habitat
18 Employees
20 Seminal discovery by sports historians?
22 Newspaper supporters
25 LAX stat
26 "You got me there"
27 Comprehensive text on mints?
32 Card game
33 Certain cross-country traveler
34 Crane's construction
36 "One Mic" rapper
37 Reaction to Bugs' continued evasiveness?
41 Common ID
43 Soaps actress

Rylan

- 44 Some kissing sounds
47 Snap
48 How a snail moves?
51 Lend ___
54 "That's so cute!"
55 Brine-cured delicacy
56 "I plotted against Caesar completely on my own!"
61 "Doubtful"
62 Be enamored of
66 Relative of -ista
67 View from the Eiffel Tower
68 Traction aid
69 Cold and wet
70 Fragrant compound
71 Quite a while

Down

- 1 Kid
2 A, in Acapulco
3 Mess metaphor
4 Canter cousin
5 "Am I clear?"
6 Dieter's choice

7 Milwaukee : mine :: Mar-seilles : ___

8 Last of three Catherines
9 Calligrapher's array

10 Searches (through)

11 Philatelist's source

12 Peloponnesian region

13 Nature spirits of Greek myth

19 Plains tribe

21 List substitute: Abbr.

22 Cadillac model

23 H&Sgar creator Browne

24 TV's "Through the Wormhole," e.g.

28 Invoice heading no.

29 Initiation

30 Ryan of "Sleepless in Seattle"

31 Night sch. staple

35 Bit of adverbial wordplay

38 Confessional music genre

39 LBJ's succes-

sor

40 Real head-turner in the animal kingdom

41 Deeper into la-la land

42 "From Here to Eternity" Oscar winner

45 Coverage-providing org.

46 ___ symbol

49 Bit of equestrian gear

50 ___ Beach, Hawaii, home of the 2005 Little League World Series champs

52 "___ suspected!"

53 Salon procedure

57 Hawaiian strings

58 Agitated state

59 Pothole warning

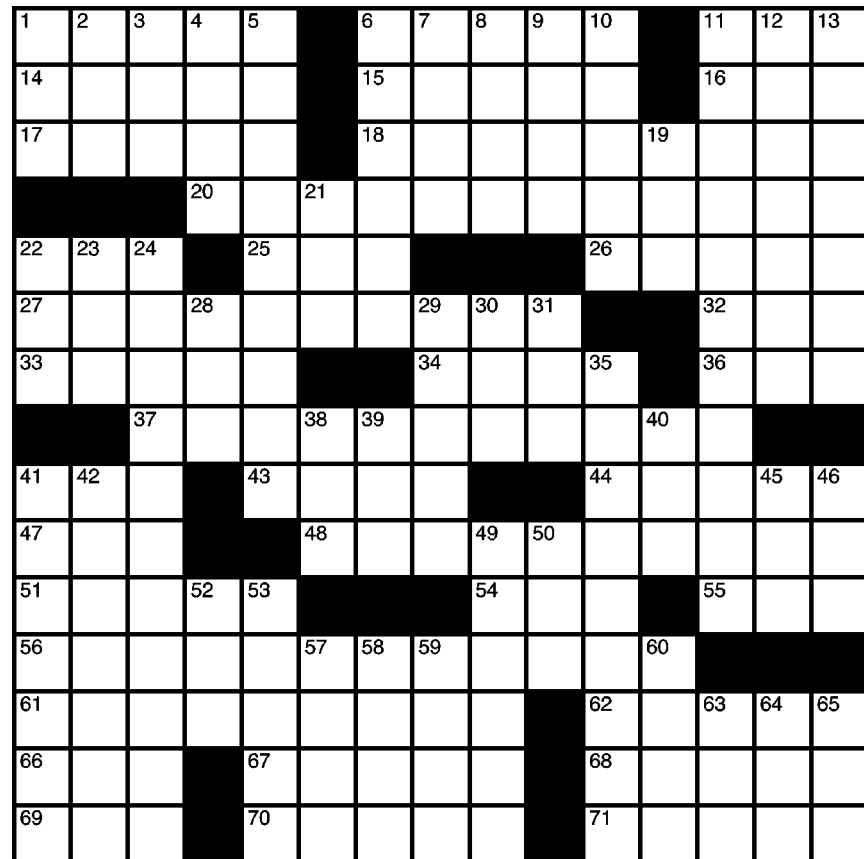
60 Farm female

63 Org. assisting museums

64 Amtrak unit

65 QB's stat

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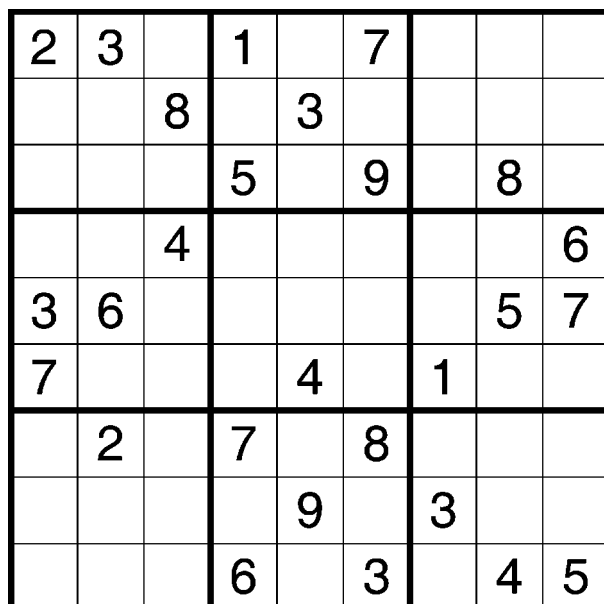
TSgt Ledra Thomas

518-361-4350



Campus Sudoku

(solution page 30)



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.

WCC president receives honor

Westchester Community College President Belinda S. Miles has been named one of 35 women who have changed higher education. The March edition of *Diverse Issues in Higher Education* noted that these leaders in the field of education tackled “some of higher education’s toughest challenges, exhibiting extraordinary leadership skills and making a positive difference in their respective communities.”



“It is an honor to represent community colleges on this list of highly accomplished women from such a wide range of higher education institutions and associations. I count it a privilege to lead such a great institution dedicated to serving students and our community,” says President Miles.

Dr. Miles has served as president of this SUNY institution, serving more than 26,000 students in one of the nation’s largest metropolitan areas, since 2015. Deeply committed to student success and completion, Dr. Miles has worked with faculty and staff to achieve a 42% increase in the college’s three-year graduation rate and the largest graduating classes in its 72-year history.

Her leadership contributed to WCC being selected as a member

of the Achieving the Dream network of community colleges committed to improved student outcomes and as one of two institutions selected nationally for a \$1,000,000 award to support replication of the City University of New York’s Accelerated Study in Associate Programs (ASAP) which doubled CUNY’s three-year graduation rate. Westchester Community College is SUNY’s first federally designated Hispanic Serving Institution.

Originally from Queens, New York, Dr. Miles attended public schools including York College City University of New York (CUNY), earning a B.A. in Political Science. She attained a M.A. in Educational Psychology and an Ed.D. in Higher Education Organization and Leadership Development from Columbia University Teachers College.

Robot team success

The Mohawk Valley Community College FABLab, a small-scale workshop comprised of industrial-grade fabrication equipment and electronic tools, was used to help a local FIRST Tech Challenge robotics team reach the World Championship taking place in Detroit last month. The JavaScouts is a team made up of seven students

ages 13-18 from New Hartford and Oriskany – Kyle Grover, Liam Evans, Kyle Tuttle, Keegan Birt, Ari Sprague, Leon Zong, and Surayya Mohamed. The team qualified for the World Championship after placing in the regional competition that took place in January at SUNY Polytechnic Institute that included 24 teams.



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Campus Word Find

By Frank J. D'Agostino

(solution page 30)

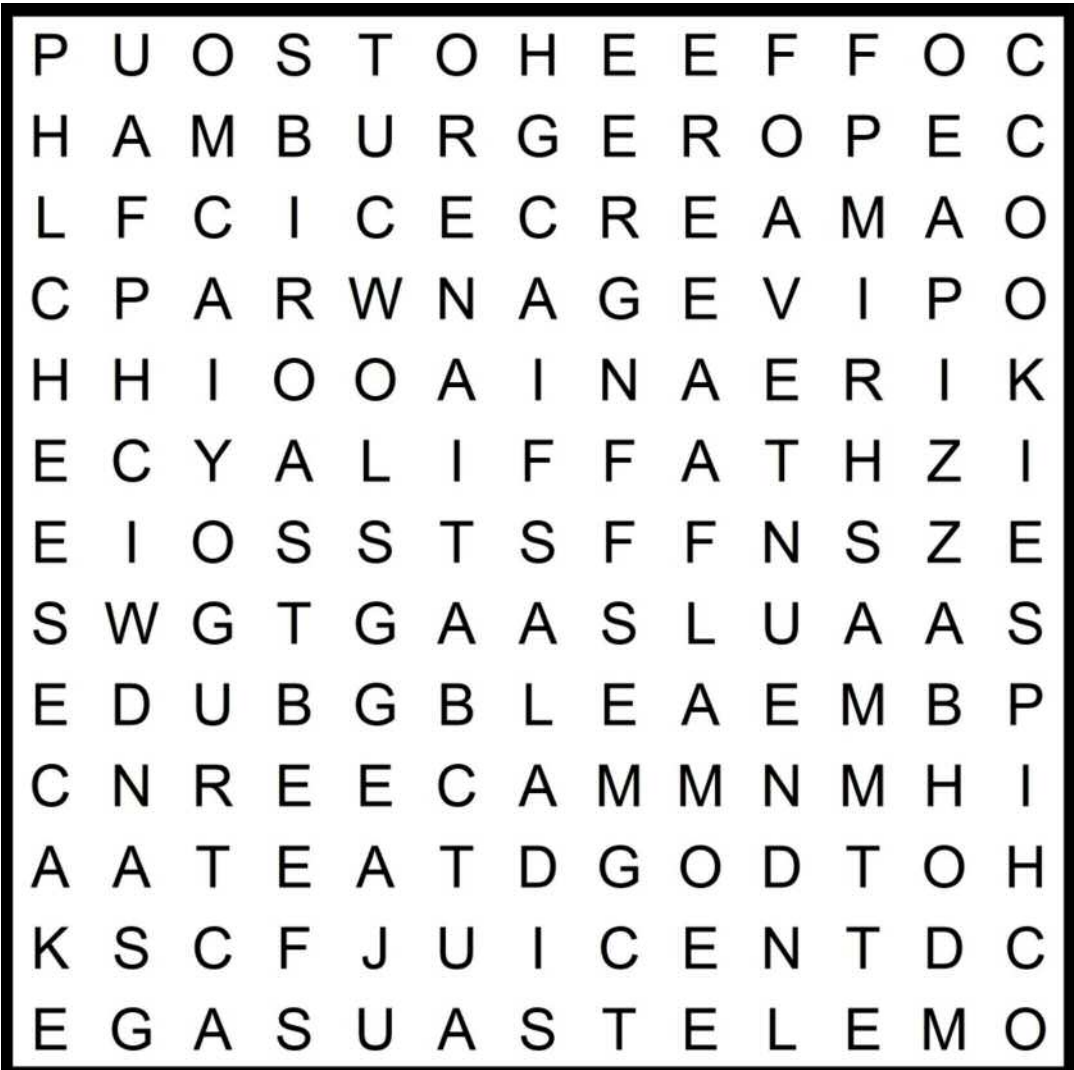
Find these words that are associated with Campus Eats:

Bagel
Banana
Cheesecake
Chips
Coffee
Cookies
Croissant
Eggs
Hamburger

Hot Soup
Hotdog
Ice Cream
Juice
Meatloaf
Muffin
Omelet
Pasta
Pizza
Ribs
Rice
Roast Beef
Salad

Salmon
Sandwich
Sausage
Shrimp
Tuna
Vegan Wrap
Waffle
Yogurt

Find Mr. D'Agostino's puzzle books on Amazon.com.



Write for us!



Contact editor@cccn.us.

9 to 5 by Harley Schwadron



Off My Meds.net © Copyright 2018 L. Taha



Okay, I'll take this one, - but **without** the curse. I don't want to be running around chasing people 5,000 years from now.

Gloria Steinem: 'Listen to yourself!'

Hudson Valley Community College presented An Evening with Gloria Steinem last month, to a sold-out crowd, in the Maureen Stapleton Theatre on the Troy campus, as part of the College's Cultural Affairs Program. English, Foreign Languages and English as a Second Language Department Chairwoman Maria Palmara interviewed Ms. Steinem on stage.

Ms. Steinem had some poignant thoughts to share with young women in today's education system. But when asked about the advice she would give to the community college students in the audience Steinem remarked, "Don't listen to me. Listen to yourselves. Explore what interests you. We need more of this thinking today, because there isn't (one) way to succeed in the world. There are many pathways. Listen to yourself, and find the things you love

to do. The things that make you forget what time it is. Then pursue those passionately."

A leading voice for equality for women since the late 1960s, Steinem is a writer, lecturer, political activist and feminist organizer. She is particularly interested in such issues as gender roles, child abuse as roots of violence, non-violent conflict resolution, the cultures of indigenous peoples and organizing across boundaries for peace and justice. Steinem is the author of the bestsellers "My Life on the Road," "Revolution from Within: A Book of Self-Esteem," "Outrageous Acts and Everyday Rebellions" and "Moving Beyond Words," and was a co-founder of Ms. magazine. She lives in New York City.

"We are very proud to have had Gloria Steinem join us as part of our Cultural Affairs series of events this semester,"



said Hudson Valley Community College President Dr. Roger Ramsammy. "In many ways, the college is a conveyor of important conversations, and Ms. Steinem's messages transcend time, and offer meaningful advice and guidance to today's students. This was an exciting opportunity for us to bring our students, faculty, alumni, retirees and community members together for a personal and rare

conversation with a nationally recognized leader."

Steinem joins a long list of notable Cultural Affairs guests of the college including Joyce Carol Oates, Amy Tan, Alison Bechdel, Cheryl Strayed, Stephen Sondheim, Anthony Bordain, Michael Pollan and novelist Jamaica Kincaid. For the full list of Cultural Events, visit www.hvcc.edu/culture.

Self-defense at RCC

Rockland Community College is offering self-defense courses on its main campus in Suffern. Separate courses will be held for men and women.

The 12-hour Basic course for women is offered in four sessions, beginning on Tuesday, May 7 and concluding on May 28. A three-hour Advanced, stand-alone program, will take place on June 4. The Basic course for men begins on Thursday, June 6 and continues on Tuesdays, June 11, 18 and 25.

Training includes awareness, prevention, risk reduction, avoidance and hands-on self-defense. Courses are taught by certified R.A.D. (Rape, Aggression, Defense) instructors. The program is free for employees and students who are currently registered at RCC, and \$20 for the general public.

"The courses provide participants with the opportunity to learn self-defense, brush up on techniques, or to complement what they have learned if they have taken any kind of self-defense program," said Officer Avigail Serwatien of RCC's Public Safety office, who serves as a course instructor. "The programs are designed to empower all participants to make safer choices when confronted with aggressive behavior."

Classes are held in the RCC Fieldhouse, Room 5211.

Attendance at all sessions is required. Participants must have completed all the basic classes to be eligible to attend the advanced class. For more information, contact the R.A.D. Instructor: Officer Serwatien, aserwati@sunyrockland.edu or 845-574-4217.

Scholarship winner

East Patchogue's Nolan Smith, a Suffolk County Community College student studying for a Cybersecurity and Information Assurance A.A.S. degree, has been awarded a Gilbert Fund Scholarship by the Suffolk Community College Foundation.



Established with a gift from the Estate of Henry Gilbert, a prominent Suffolk resident, the scholarship awards up to \$10,000 annually to promising deaf and hard of hearing students who are advancing their education.

Explained Gary Joel Schacker, Chairman of the Gilbert Fund Committee: "Nolan's outstanding academic achievement, his active participation in campus life and his keen interest in the emerging field of cybersecurity affirm the promise of the Gilbert Fund's critical role at the College."

In addition to his recognition as a Gilbert Scholar, Nolan Smith will serve as a Gilbert Ambassador, sharing his insight and guidance with deaf and hard of hearing students throughout the region who are aspiring to advance their education at Suffolk County Community College.


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By David L. Hoyt and Jeff Knurek


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BOGGLE POINT SCALE

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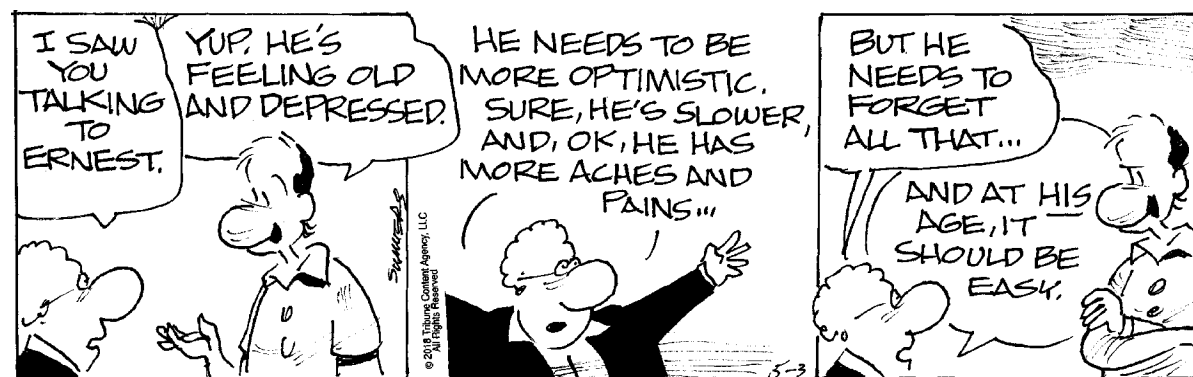
Find AT LEAST SIX SIX-LETTER WORDS RELATED TO BASEBALL in the grid of letters.

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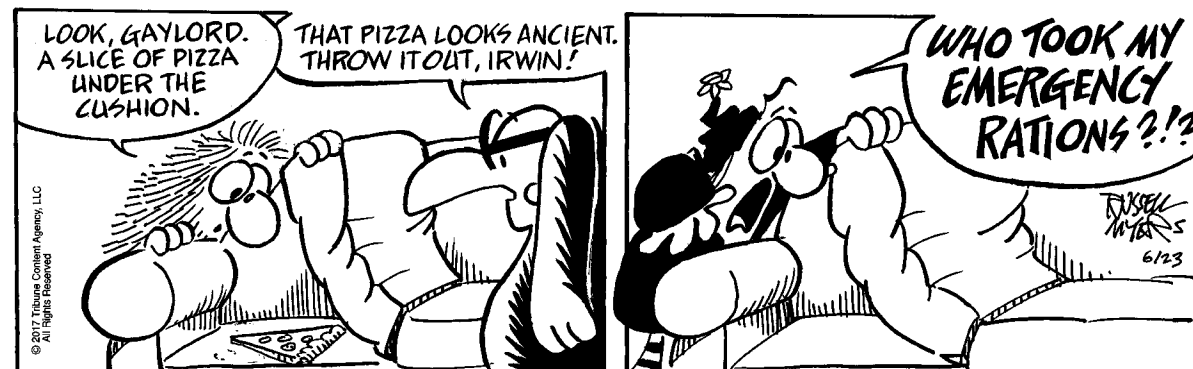
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PAR SCORE 260-270

BEST SCORE 326

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. **SOLUTION PAGE 30**

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FIVE RACK TOTAL

TIME LIMIT: 25 MIN

3rd Letter Triple

Double Word Score

RACK 1

RACK 2

RACK 3

RACK 4

RACK 5

JUMBLE

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by David L. Hoyt and Jeff Knurek

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RONCEE

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BLARPU

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Jumbles: ORBIT UNDU E ENCORE BURLAP

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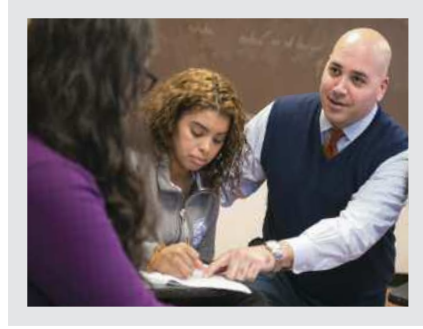
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Molloy College earns national honors

College-bound students and their parents are always looking for an academic environment that offers the best fit for the student and the best value for their tuition dollars. Molloy has been ranked in the top three nationally in Money® magazine's "best values" listing for two consecutive years, the only college in the country to earn such an honor. The rankings were based on factors like graduation rates and earnings of graduates. The recognition comes as part of Money's annual college rankings.

In addition to having been ranked the No. 10 best value among Catholic colleges nationwide by College Values Online, Molloy was recently named the No. 18 "value added" college in the U.S. by The Wall Street Journal, arguably the premier financial publication in the country. Money magazine also ranked Molloy as the No. 11 college in the country in their list of "most transformative" institutions.

"We are dedicated to providing our students with the best possible value. If you come to Molloy, you graduate with a job in your field at a salary that's significantly higher than average," said Drew Bogner,

Ph.D., President, Molloy College.

The Strength of the NYC Metro Region

One of the many strengths of Molloy is its proximity to New York City. Located on Long Island, Molloy takes advantage of NYC's metro region to provide students with the highest quality internships and clinical placements. The area is a world leader in healthcare, business/finance, education, criminal justice, performing arts and much more.

What's New

Molloy recently opened its new facility at 50 Broadway in the Oculus district of Manhattan. The space will be the new home of the Molloy/CAP21 B.F.A. in musical theatre, and will also host other academic programs and special events.

The College continues to expand its flexible learning options so that students can take night, weekend, hybrid or online classes. Some of Molloy's newer offerings include an online M.B.A., as well as a new



degree completion program that will enable returning students to easily complete their undergraduate degree.

Molloy recently opened the new Barbara H. Hagan Center for Nursing and serves Molloy's nationally ranked nursing program. This follows significant additions to the Molloy campus in recent years, including a student center (which houses the Madison Theatre) and two residence halls. A new residence hall is scheduled to open in Fall 2019.

Learn more at molloy.edu.

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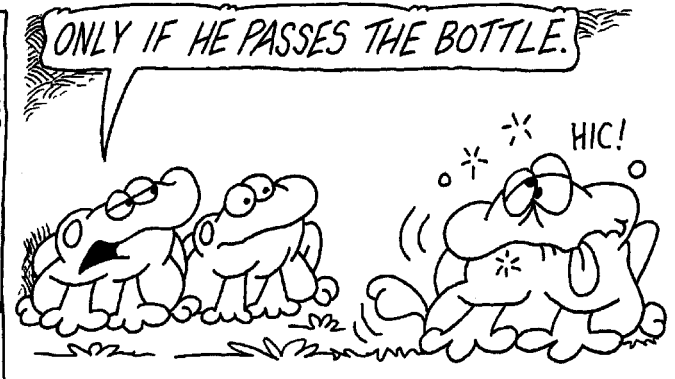
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Celebrating Business Day in America

Prof. John DeSpagna
Nassau Community College

On Thursday, April 25, 2019, the Accounting and Business Administration Department hosted another Business in America Day. This program is held every semester where timely topics in the field of business are presented to students and faculty members. We were able to present three sessions utilizing the experience and expertise of members of our Nassau Community College community.

Dr. Jerry Kornbluth, the Dean of Professional Studies at Nassau Community College, made the opening remarks for the first session.

The initial session was titled, "Unions in America." We were able to have very experienced leaders in the field of unions make presentations.

Mr. Frank Frisenda, the President of the NCCFT, and Mr. Stefan Krompfer, the President of the NCCFT AFA, discussed the role and importance of unions. They focused on some of the benefits of unions such as wages, benefits, safe working conditions and how unions give back to their communities.

The second session was, "Skills to be Successful in Business." Adjunct Prof. Michael Taunton, who served as CFO of Keyspan, discussed the skills he looked for when hiring new



employees. His decades of business experience enabled students to learn about interview techniques, what is expected of you, the value of hard work and getting a good education. Prof. Jack Mandel of the Marketing Department and Profs. Joe Gray and Stephen Gordon of the Accounting and Business Administration also added their perspective on being successful.

The final session of the day was about, "Should Business Taxes be Raised or Lowered." There was a lively discussion

with Professor Gray and Professor Emeritus Hussein Emin giving their pros and cons regarding taxes.

The three sessions gave students a different perspective on learning, and we look forward to the fall seminar.

Pictured (l-r): Professor Jack Mandel, Chairperson John DeSpagna, Dean, Dr. Jerry Kornbluth, NCCFT President Frank Frisenda, AFA President Stefan Krompfer and Professor Joe Gray.



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The dilemma of the young arts grad

Darren Johnson
Campus News

One minefield us older adults have to gently navigate is when we find a young college arts grad who doesn't have a *real* job a year, or two, after graduation.

The grad may have majored in fine art, sculpture, creative writing, dance, acting, music, and they walked across the stage for the degree — but then what?

There aren't exactly jobs in these fields — not dream jobs, anyway. Not for 22-year-olds.

There may be *related* jobs — say the fine artist also does graphic design for an ad agency, or the writer takes a reporter's job at a local newspaper — but many of these grads don't want to compromise. They want to have a gallery show at the Whitney or pen that book that goes to No. 1 on the bestsellers list. At 22.

So they won't compromise. They are making a go of it. Some move back in with parents. Some take jobs as waiters and baristas. They work just enough to afford the basics, spending the rest of their time on their art, and networking with like-minded dreamers.

And it's complicated for us older adults to address this situation with the young aspirant.

On the one hand, we don't *know* that the aspirant won't be a big star. There are numerous examples of people who struck artistic gold while young. They didn't compromise. They used their time — before becoming encumbered with mortgages and kids — to hone their craft. To put in the so-called 10,000 hours. We don't want to disparage a potential Kurt Cobain or F. Scott Fitzgerald (who hit with "This Side of Paradise" at age 23).

At the same time, we know many older adults who gave up on their dreams too young. They took a job that robbed their soul — then got married, had kids — and they wake up one day, many years later, full of regrets. They may try to pick up that paint brush or guitar again, but they no longer have it. They will always wonder what could have been.

So, discouraging the young artist — even if their student loans have come due — may be wrong, and irresponsible. There's more to life than money.

On the other hand, though, chances are very high that they won't make much progress toward their artistic dream. And then what? They will be 26 or 27 and their college degree won't help them land a palatable entry-level white-collar job. Col-

lege degrees have unofficial expiry dates. Their professors — who have connections in the industry — will have long forgotten them. Who will serve as reference? Starbucks? Ageism is a real thing, and the 22-year-old fresh out of college will be allowed much more leeway.

So these arts grads may be giving up on actually having a career. While they are dreaming, their more practical former classmates are spending their 10,000 hours learning Adobe, or CAD or how to win at office politics.

The grad who waits until age 26 or so may only be able to get predatory jobs like selling insurance. *Aflac!* How's that for soul-crushing?

And, the reality is, most artists hit their stride later in life. Ernest Hemingway worked for newspapers and served in the military before his debut, "The Sun Also Rises," hit in his late 20s.

Is it better to go the barista route or to work a job that keeps you somewhat in the game? For a writer, a newspaper job counts toward your 10,000 hours. You're learning how to interview, write snappy leads, copy edit. For an artist, working in graphic design can teach you about the geometry of art, and colors.

So maybe it's better to compromise a little now — and take a job that keeps you in your field

— than to bum around, hoping someone important discovers your unfettered genius.

But it's a tough discussion to have with the young arts graduate. To use a term from the last century, they may see you as "a sell-out" who joined the Church of Compromise and are trying to recruit them to the flock. To them, the person who suggests getting an office job is a dream-killer not to be trusted. They think we just don't get it.

But maybe compromise isn't the enemy of creativity. Maybe the starving artist is a cliché. Maybe it's not so bad to have a few dollars in one's pocket while learning a marketable skill. Because, after all, to be the next great artist or novelist may only take a couple of hours of focus a day. Cut out the smart phone screen time and Netflix and we've freed up more than enough time to come up with that masterpiece.

And, if it doesn't happen, at least the young artist will have a palatable job to fall back on, to get a mortgage with, to support a family and oneself. A job that people who end up selling insurance will envy that person for.

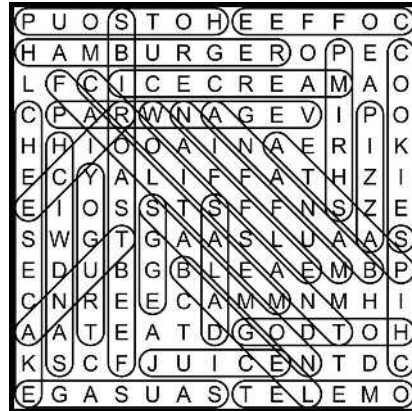
Darren Johnson studied Writing at Southampton College of LIU.



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K ₅	N ₁	E ₁	E ₁	P ₃	A ₁	D ₂	RACK 5 = 78
PAR SCORE 260-270							TOTAL 326

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