

Action, or poor traction

#### Vol. 181, Iss. 6 No. 9258 **\$2**

THIRTY-TWO PAGES! MARCH 16-31, 2022







### Residents of a sloping and muddy road in Greenwich ask the town board for help

This time of year, long and winding Mahaffy Road becomes muddy, and very hard to traverse if you don't have a four-wheel drive vehicle. Residents visited a recent Greenwich Town Board meeting to complain, and ask for alternatives. While some prefer dirt roads over paved roads, the current situation needs to be safer.

### Please read more on page 5



Our region has become a hotbed for solar farms. Writer Felicia Reich talks to a representive from Boralex. They say their business is about relationships: "With multi-use [projects], we really do try to engage with the community to find out what works."

#### Please read more on page 3

The Schuplerville Standard.

The Fort Adward Advertiser.







HISTORIC IMPRINTS The Greenwich Journal The Salem Press

## **Country Living**

# **Sugaring season**

#### Kate Sausville Journal & Press

T's that time of year in Washington County! Maple syrup production kicks into gear in March. The late winter/early spring weather is ideal for maple syrup production as the maple sap runs when the days get warmer but nights are still cold. The temperature change causes the trees to produce sap. From this sap, yummy maple syrup is produced as well as a large variety of maple products. But of course, this is not as easy as it sounds, maple syrup production can be tricky. Weather and tree health must be just right to produce maple syrup.

Growing up in 1980's suburbia, our weekend breakfast table was not graced with true maple syrup. Aunt Jemima was the brand of the day, and we didn't know any better. I wondered why I had to pour copious amounts of "syrup" over my pancakes, waffles, or oatmeal to get any flavor, but I thought that was just how it was. When I moved to this area, I noticed what looked like blue lines roped around trees, especially on the more rural roads. In time I realized that these were gravity lines that smaller syrup producers use to tap the trees and extract the sap. Buckets are still used as well, attached directly to the trees to collect the sap as it drips out. Producers of maple syrup are called "sugar makers" as the sweet syrup was often used in place of white sugar in colonial times.

Thankfully, we have a lot of options for local maple products. A few years ago, we discovered Schoolhouse Maple. Schoolhouse Maple is named after the owners' beloved home, a renovated 1830's school house that still has the original chalkboards and student initials etched into the walls. Jon and Dana Finney started producing maple syrup from their property in 2012, after being inspired by Brian Ducharme of Wild Hill Maple. The Ducharme family had tapped trees on the Schoolhouse property for several years. At the time Brian and his father used buckets to collect the sap directly from each tree. Jon and Dana said that Brian's passion for producing maple syrup was so contagious they thought they would give it a try.

Jon and Dana are very much a small operation. and both work full time jobs in addition to maple syrup production. It takes about 40-50 gallons of sap to get one gallon of maple syrup. That's because sap is comprised mostly of water. The higher the sugar levels are in the sap, the less sap you will need. Jon said that sugar levels in sap have been decreasing and it takes more sap to produce syrup. Schoolhouse Maple taps about 500 trees using buckets and gravity lines. They use an old school evaporator pan to produce syrup, not the fancier reverse osmosis systems larger producers use and average about 40-80 gallons of syrup a year. Jon states that careful tapping of the trees does not harm them, and if you follow guidelines on caring for trees the more likely they are to produce sap.

Producing maple syrup has been a learning experience for the couple. Jon, for instance, had been warned by other sugar makers to always watch the pan so he doesn't scorch the sap. One day he





stepped away to check on other things and realized there was a burnt smell in the air. Oops! During the sugaring season, Dana refers to Jon as "Singe" because his beard gets a bit charred from the heat. As they are small producers, they do not have a separate "sugar house" and their kitchen gets quite the workout! Dana says that the sugar makers are like family. They continue to learn and grow from each other and send business each other's way.

Since our family discovered how much better the real thing tastes, we no longer buy the high fructose corn product disguised maple "flavored" syrup. Unlike pancake syrup, a little maple syrup goes a long way. You can check out the whole sugaring process yourself as Maple Weekends are back in Washington County. Sponsored by the New York State Maple Producer's Association, maple weekends are a great way to see how syrup is made and taste all the maple products that you can think of. Schoolhouse Maple participates as a small producer, so follow them on social media to see what they will have available. Dana makes the most fabulous baked goods using maple syrup and I'm keeping my fingers crossed for those (no pressure!). Check out the Washington County website for all the participating sugar houses. You can Jon Dana reach and at schoolhousemaple@gmail.com.

Kate Sausville is a resident of Greenwich.



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## Solar panels are area's fastest growing crop

### Felicia Reich Journal & Press

Solar energy is quickly becoming a popular way to harness clean energy for residents and businesses alike. In 2019 and, after a delay due to the pandemic, again last year, Greenwich's Town Board heard a proposal brought forward by the renewable energy company Boralex to create a solar farm within town limits.

Having started in a small mill town in Canada, Boralex as a company is no stranger to rural communities. Community involvement plays a large role in the company's mission, described Boralex's Public Affairs and Communication Advisor Melissa Mansfield. "As we come into [a small town] like Greenwich and start to look into developing a project there, we really do want to be part of the town," she said. "It's important to us to be a meaningful, good corporate neighbor."

Event sponsorship and charitable contributions are some of the ways Boralex supports a town's needs. During Covid, as they did a lot of work with first responders and healthcare workers, noted Mansfield.

With offices in both Canada and France, Boralex's New York offices, located in South Glens Falls, have been in operation for about 20 years. Since then, they have successfully built several hydroelectric power stations throughout the area and have donated to educational programs such as the Grassland Bird Trust and the Agricultural Stewardship Association.

Boralex is dedicated to maintaining strong community involvement. In fact, Greenwich residents might recognize the Boralex name from last year's Tractor Parade in which they were participants.

Sustainable development of the town hosting its projects is key to the company's larger mission for a clean energy future. According to Mansfield, Boralex started developing their solar initiative about 15 years ago and brought their first solar farm online in France in 2011.

However, solar energy is just one of the four types of renewable power solutions Boralex offers. Hydroelectric and onshore winds, of which they are the largest onshore wind provider in France, are their other main focuses while they continue to work on the latest development in renewable power, battery energy storage systems.

Washington County saw its first large-scale solar energy project in the town of Easton, a sprawling 20megawatt facility slated to begin operations this summer. These arrays are a part of the largest initiative in the state. The Branscomb Solar Facility along a large stretch of Route 40 is funded by CS Energy.

Plans for Greenwich's 20-

### 'We are committed to sticking around and being part of the community.'

megawatt solar farm, titled the Bald Mountain project, are currently in their developmental phase. The project will feature solar arrays with single-axis tracking meaning they will follow the sun, as opposed to stationary solar panels that face a single direction. This distinction also allows for the land to continue being useful in other ways such as farming.

"With multi-use [projects], we really do try to engage with the community to find out what works," described Mansfield. "Our farmers know the land, and we want to know what they recommend."



Sheep grazing and growing flowers for bees are being discussed, in addition to the solar energy that will be generated on the land.

Owner-operator Boralex has designed the solar farm in Greenwich for a 35-year operating lifespan. "We don't just build it and move on. We are committed to sticking around and being part of the community," Mansfield said of the role they will continue to play in not only the success of the facility, but also the land and its surrounding community. [of their commitment to the project's long-term success].

"We want to make sure that if we decide to plant something there that it is good for the local environment and part of the character of the area. It really is part of our approach for these kinds of projects," she explained.

Included in the developmental stages of the project are steps like applying for various permits and issuing surveys to test the impact the farm will have on sightlines and sound pollution, as well as any potential historic or archaeological significance of the land. Surveys also ensure the land isn't a protected wetland area.

With an anticipated build completion by the end of 2023, Greenwich's Bald Mountain solar farm will contribute to the goal set by the New York State Public Service Commission's Clean Energy Standard to source 70% of the state's electricity from large-scale renewables like solar by 2030.

Benefits to the Greenwich community go beyond clean energy contributions. According to Mansfield, the project will see "significant positive tax implications for the county, town, and local school districts." Boralex partners with local providers to generate an estimated 50 construction jobs during the building of the facility and, once it is in operation, there will be a handful of long term positions needed to run the solar farm.

Contributing to the local economy and generating commerce for local business during construction is part of Boralex's mission to collaborate with the host community.

As a utility-scale solar facility, the energy generated by the farm will contribute clean, renewable power to the National Grid's 115kV transmission line which, according to the National Grid website, provides power to the region surrounding Saratoga Springs and its north. The nearby Easton Solar Project connects directly to the Mohican substation.

To learn more about the Bald Mountain solar project and Boralex's plans for quiet, emission free power, please visit wecreateenergy.com.

# **Mahaffy Road residents want remedy**

### Felicia Reich Journal & Press

Residents and citizens gathered at the Town Board meeting on March 8 to discuss the condition of Mahaffy Road. Several residents expressed their fondness of the dirt road, while others suggested paving it.

Among the list of proposed repairs was graveling the road.

The discussion regarding how the Town Board might proceed in improving the road began with the dangers of the road's current state and how it has fallen into disrepair in past years.

One of Mahaffy Road's longest residents Linda Law has seen a difference in road maintenance today from when she originally purchased her home 40 years ago. "It was always the first to be plowed in the winter and the first to be plowed in the spring."

The town had previously put in efforts such as graveling the ditches or mixing rocks in with the mud. That hasn't been the case in recent years, said Law. This year, in particular, is the worst that she's ever seen.

"I left this morning and one side of the road was 12-inches of ditch with tire marks. When I came home less than eight hours later, the other side had [a ditch]," observed Law.

Another Mahaffy resident, Jon Merrill, entered tax data for the road into the town records, which can be found with the meeting notes from

### this session.

Merrill also provided videos of the road's conditions. The videos span several months, demonstrating that the problem occurs not only during springtime when the road sees melted snow and more rain, but throughout the year.

In addition, Merrill shared his experience with how the town's road maintenance solutions impact those traveling on it.

"In the past, I do remember rocks having been added and it was a more solid base, for sure. But at the same time, it was also like marbles even though they're triangular. It ends up being a bit slippery in that way."

Merrill believes some of the materials punctured the tires of his vehicle and caused his tires to have to be repaired and replaced. This piece of information was met with nods and sounds of agreement from the audience.

Merrill discussed other hazards caused by the road's disrepair including hydroplaning and bot-

### 'This year, in particular, is the worst she's ever seen.'



Before going to press, we posted some photos of Mahaffy Road on Facebook. Here are some local responses:

"If you know where it is go for a ride you will never forget it."

" One of my least fav roads on your route."

"Not one of my favorites either!! Thought I was a goner the other day with that snow! Going down was a ride that got my heart racing!"

"And then you have Langley Hill! Which do you think is worse?"

"Both are bad!! The first challenge is to make it up Langley! Then I buckle up for the ride down Mahaffy! And pray that I don't meet anyone on either road. Both roads are quite the challenge with a rear driven vehicle."

"That's every dirt road this time of year. Jackson, Salem, Cambridge, Shushan, Greenwich..."

"Be careful what you wish for ... with blacktop comes speed. Ask residents of Derby Rd."



toming out, where the vehicle's undercarriage hits the ground as a result of a divot or severely uneven driving surface.

Many residents expressed that they love dirt roads and wouldn't wish to change it, if it didn't pose such risks.

Mahaffy Road resident Toby Mackinnon raised concern for potential accidents. "When you have someone who's coming from the other direction and they aren't a resident of the road – they don't realize that you're supposed to be going slowly – you do end up very often having to pull to the side and stop."

Several people who spoke during the meeting commented on the need for four-wheel or allwheel drive in order to safely and successfully make it up the road. Furthermore, the dump trucks and garbage trucks that travel the road leave ruts, worsening the problem.

"I love living on a dirt road, but I am concerned that there could be an accident caused by someone coming in the other direction that isn't familiar with the road, or someone going in the opposite lane. I'm surprised someone hasn't already [caused an accident]."

Townsperson Dawn Sharts brought up the price difference between maintaining a dirt road and paving it over. She suggested the town come up with adequate solutions to improve the current dirt road, as she is not a fan of paving it.

"Once you pave a road, it costs more to keep that paved road maintained. You get potholes just like you do with a dirt road," said Sharts.



# Dirt road (cont.)

Supervisor Nolan thanked the public for expressing their concerns. "We take very seriously your comments and the information you've given us. Secondly, we appreciate your support for the work that the Highway Department has done on the road."

Nolan continued, ""Speaking for myself, I think you [the public] make a compelling argument that something needs to be done with this road." The Town Board is committed, in a sentiment expressed by Nolan, to finding intermediate solutions, as well as a long term solution.

Highway Supervisor Jeff Derby

stated, "I'm well aware of the problems on the dirt roads. I was over on [Mahaffy Road] today, actually, so I know the condition of the road. When we're able to, weatherwise, we'll get right out and address it."

Regarding a long term solution, the town has an opportunity to bring in a student from Cornell University to work on a database that will assess the condition of the town's roads. This program was discussed in last month's Town Board meeting and a decision on whether the town will move forward is to be decided in an upcoming meeting.



The road is long with hills and was very muddy and difficult to traverse on March 11, when these photos were taken. *–dj photos* 





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# **Patrol re-accredited**

According to Sheriff Jeffrey J. Murphy, the Washington County Sheriff's Office has achieved re-accreditation for the road patrol division.

On March 10, 2022, at DCJS Headquarters in the Alfred E. Smith building in Albany, the New York State Law Enforcement Accreditation Council voted to approve

the Washington County Sheriff's Office's application for re-accreditation following a recommendation from the council's assessment team.

The Sheriff's Office was originally accredited in 2007 and is recognized for demonstrating a high level of excellence and professionalism in the field of Law Enforcement by continuing to meet the standards established by the New York State Law Enforcement Agency Accreditation Council. Out of all the law enforcement agencies in New York, only 162 are accredited.Accreditation acknowledges the implementation of policies that are conceptually sound and operationally effective.



## **Support PTSA**

The Greenwich PTSA is offering two spring fundraisers to benefit the students and school.

The first fundraiser is the

Saratoga Olive Oil Co. fundraiser. In addition to a variety of olive oils, there are vinegars and salt rubs also available. Orders will be accepted online through the Cheddar Up app from

now until Monday, March 21.

To make a Saratoga Olive Oil order, visit my.cheddarup.com/c/saratogaolive-oil-fundraiser-84194. The second fundraiser is a painting event at Sip and Swirl on Main Street in downtown Greenwich. The event will take

place on Wednesday, March 23rd from 5:30 - 7:30. Tickets are \$35 each and spots are limited. You can reserve your spot by visiting the link below. The painting that will be made

that the evening is pictured.

For Sip and Swirl registration, visit my.cheddarup.com/c/ptsasip-and-swirl-event.

## **Four new members**

Hebron United Presbyterian Church, in Hebron, NY, recently welcomed four new young members during a Sunday worship

service. Shown left to right are: Diane Snyder, Director of Youth ministry; Michael Allison, Mentor; Judson Wohlleb, new member; Pastor Debbie Johnson, Carolyn Akland, Mentor; Alyce Harrington, new member; Raymond Harrington, new member; Barbara Gerber, Mentor; and Josh Harrington, new member.





### **Greenwich Central School District**

It's time to enroll your child in PreK and Kindergarten!

Pre-register online at <u>https://www.greenwichcsd.org/page/pre-registration</u> or contact Tracy Dennis at 518-692-9542 Ext. 6100 or tdennis@greenwichcsd.org.

#### PreK Enrollment

- ★ Eligible students turn 4 years old before December 1st
- ★ Limited to 40 in-district students 20 per classroom
- ★ Lottery to occur if enrollment surpasses 40 students
- ★ Screening of all students will occur in June

#### Kindergarten Enrollment

- ★ Eligible students turn 5 years old before December 1st
- ★ Unlimited enrollment
- ★ Students attending Greenwich PreK will be automatically enrolled in Kindergarten
- ★ Students not attending Greenwich PreK need to pre-register online or contact Tracy Dennis
- ★ Ready, Set, Kindergarten to be held over the summer
- ★ Screening of new students will occur in May

## **The Larger Picture**

# What stirs you?

### **Teresa M. King** Journal & Press

When I find a really good book, I usually read it twice. It is the same with a good movie. This was the case with a movie I discovered on Netflix called "In Our Mothers' Gardens." Women from Africa, Antigua, Jamaica and New Orleans shared stories about how they honor their mothers, aunts, grandmothers and female ancestors. These traditions follow the matriarchal line.

This movie stirred me because I could relate to its larger message of empowerment. I am half Italian and half Ukrainian. I grew up next door to my Ukrainian grandparents and knew that both of them left their homeland, at a young age, to

begin a new life in this country. My father's mother ventured half way across the globe, alone, at the age of 16, without knowing the English language! Knowing this about my grandmother has always astounded me.

There have been many times in my life, when I've needed courage to do something challenging and found it rather quickly, by remembering my Ukrainian grandmother's strength, courage and determination. Whatever I was trying to accomplish, was nothing compared to what she did at 16! When I remember her experience, my fears are put into perspective, instantly.

A few years ago, I learned through genealogy, that both of my Italian grandparents traveled

Valley Artisans Market

alone, across the globe at young ages, too. When I learned this and then realized that all four of my grandparents left everything they knew to create a new life, it affected me deeply. It changed how I saw myself because I realized that these qualities are alive in me, too. I believe that my grandparents' determination is in my DNA. I am very grateful for this.

I will share something personal. Each morning, I light a candle to honor my parents, grandparents and all of my ancestors. All of them have passed on to the next world. I've been honoring them this way, for about five years. It fills my heart to do this.

Our culture doesn't have a natural propensity to honor. There is a greater tendency to worship things

like money, celebrities and professional athletes, who act like spoiled children. Why?

What is the higher purpose in this? Are our children benefiting by having these kinds of role models? What does it say about our priorities as humans, as parents and as a country?

I believe, with my whole heart, that we need to honor our elders.

Watching "In Our Mothers' Gardens" stirred me to make a decision, to return to something I did 10 years ago. I gathered women in circle to celebrate and honor grandmothers. There is a great need to do this, to correct the imbalance that has existed for too many centuries. In Native American traditions, the word grandmother was a word of respect. It did not necessarily mean that the woman had grandchildren. It meant that because of her years, she had acquired wisdom and that the tribe would benefit from seeking her counsel. Historically, many tribes did this on a regular basis. An example is that they would seek the counsel of the grandmothers about when and where to move the tribe.

These grandmother circles will be a return to what "grandmother" used to mean. They will encourage female elders to stand tall, feel their wisdom, remember their role and strengthen their voices. We are living at a time when the Earth could use a lot more wisdom.

And so, with this article, I set an intention to begin circles to honor women in the grandmother stage of life, again. The first one may be held on Saturday, April 9, which is my Ukrainian grandmother's birthday. They will be called "Grandmothers of the Earth." The details will be listed under Events, on my website: thelargerpicture.com

Stay tuned, a lot more is stirring!

Teresa King facilitates the Women's Sanctuary, a monthly women's circle in

Women's circle in Greenwich, NY, and Arlington, VT. She is also a member of the Greater Bennington Interfaith Council. Teresa can be



reached at teresaking1@live.com or www.thelargerpicture.com.



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# I've fallen, and the Apple Watch will help me get up

'If I don't walk, the

watch gently chides me

for spending too much

time on the couch.'

### **Greg Schwem** Special to Journal & Press

I recently bought an Apple Watch, and now there's a small part of me that hopes I get knocked unconscious in a forest.

It might be the only way I can justify the expense.

I owe my \$400 purchase to Apple's latest commercials spotlighting the watch's Emergency SOS and Location Services features. In a single advertising spot, we hear Jason, Jim and Amanda telling 911 operators via their watches that they are, respectively, being pushed out to sea by a strong wind gust while paddle boarding, incapacitated from a broken leg after falling down a hole, and trapped in a car rap-

idly filling with water. Rescuers, the commercial implies, located all three because of their watches.

In another commercial, we meet Bob B. We don't hear

Bob because he's been knocked unconscious while biking. Somehow the Apple Watch "knew" that Bob had taken a hard fall, pinpointed his latitude and longitude and was able to send help.

### **Donate Blood**

The Red Cross blood supply remains vulnerable and those interested in giving are urged to make a blood or platelet donation appointment in the days and weeks ahead.

In thanks, all who come to donate in March will receive a \$10 e-gift card from Fanatics.

You can donate blood on Wed., March 16 at the Salem Fire Department from 12 to 6 p.m., or at the Middle Falls Fire Department on Mon., March 28 from 1 to 6 p.m.

Just show up or visit redcrossblood.org to learn more.

I have had my watch for over a week and realize that Apple "knows" when I'm doing, or not doing, lots of stuff. It knows when I'm walking through my neighborhood, as evidenced by the "It looks like you're walking" message that appears after I have covered a few blocks.

The watch then asks if I would like to "record" my walk so it can gleefully tell me at day's end how many steps I have traveled since waking. Sometimes I don't need a reminder; I simply tell the watch I am about to start walking and the watch responds with a "Three, two, one, GO!" message.

If I don't walk, the watch gently chides me for spending too much time on the couch. It was going to be VERY disappointed on Super Bowl Sunday. Ditto for the calorie counting app I downloaded to the watch.

> I resisted purchasing the latest Apple gadget for the longest time, even though my wife and both daughters own them. "I don't want to charge a watch," was my standard response every time the subject was broached.

My attitude changed when my wife took a job featuring an insurance plan that offered financial incentives for everyday movement. Walk 10,000 steps a day, do a strenuous workout or walk 300 steps six times a day and receive (drumroll please) A DOLLAR.

Like a kid who just started receiving a weekly allowance, I am now obsessed with earning up to three dollars a day. Which is why I, the guy who complained about charging a watch, now dutifully unplug that same watch from my bedside charger each morning and strap it on before walking to the bathroom. Hey, it's never too early to start making money!

When the watch tells me to stand, I stand. When it suggests I take a "mindful moment," I do it. A mindful moment simply means stopping what I'm doing for a minute and thinking about something pleasant. I usually think about what I'm going to purchase with my three dollars. Perhaps an entire gallon of gas!



I have been told there is an app that allows the watch to monitor, and record, my sexual activity. This is one feature I will not be using. For starters, I don't need love making to begin with "Three, two, one, GO!" nor do I need the watch to say, "It looks like you're having sex!" I can only imagine what my wife's watch would be saying at the same time.

The SOS feature, I now realize, is simply an updated version of the Life Alert medical alarm, made famous by the "I've fallen and I can't get up" ad in the late 1980s. I just wonder if the Apple Watch has its limitations. What if my parachute doesn't open? What if, instead of being knocked unconscious in a forest, I'm being chased by a bear? Will the watch come to my rescue then?

Probably, but knowing Apple, I will have to upgrade to the \$750 model.

Greg Schwem is a corporate stand-up comedian and author of "Text Me If You're Breathing: Observations, Frustrations and Life

Lessons From a Low-Tech Dad" and "The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian," available at Amazon.com. Visit Greg on the web at www.gregschwem.com.



### Obituary

## Paul Kirk, 64

It is with great sorrow, that we announce the passing of Paul Gary Kirk. Paul passed away unexpectedly at the age of 64 on February 23, 2022, of natural causes.

He was born May 6, 1957 in Cambridge, NY to Florence Livingston Kirk and the late John E. Kirk, Sr.

Paul was known for his kind and giving heart and was always willing to lend a hand to anyone in need. He was a deeply devoted Dad to his children who were his absolute pride and joy. Being involved with their sports teams was a love of his, whether as a coach, biggest fan, playback, or strategist. Taking them out in the yard or to the school fields to practice was a favorite past time. He could not have been prouder of his children's many achievements and the people they have become.

In 2018, Paul gained a son-in-law of whom he had been a big fan, and in 2020 he was blessed with his first grandchild. She was a light in his life, and he just couldn't get over how much she smiled. He got such a kick out of watching her grow and he will forever be her Pop-Pop. Paul was an ever so loving son making sure his mother's needs were met, tending to her home, and was known to give a smart remark to bring a smile to her face. She meant the world to him. Paul was a dedicated and hard-working employee at The Curtis Lumber Company in the Ballston Spa and Hoosick Falls stores. He was a Million Dollar Salesman for several years and loved to talk about his trade. He retired in early 2020 after 42 years of service.

Paul was an avid deer hunter in his day. He enjoyed venison dinners with his hunting crew and reliving the many stories of the "one that got away," which was always a laugh for everyone. In his spare time Paul enjoyed tending to his vegetable garden, mowing the lawn on his Cub Cadet, and rides through the countryside or a walk through the woods with his family. One could say Paul was a collector, a trait he inherited from his mother. He collected antiques of many kinds including furniture, Pokémon Cards, and Beanie Babies. You name it, he collected it.

Paul graduated from Greenwich Central High School, Class of '76. A fierce competitor, he enjoyed a variety of sports, but football was by far his favorite. He could often be heard reminiscing about big games, teammates, and his coaches, whom he respected greatly (Kuba and Pemrick). Paul was a one-of-a-kind human being whose family members were his life; his best friends, his idles, his creations, and his greatest loves.

In addition to his father, Paul was predeceased by his brother, Robert Kirk, and Robert's son,

## **ACC sterile tech classes**

SUNY Adirondack and Saratoga Hospital are proud to announce a partnership that guarantees individuals who complete the college's Sterile Processing Technician course an interview for open technician positions at the hospital.

"This is an incredible opportunity for those interested in this rapidly growing field to get the training they need to secure a fulfilling, in-demand career," said Caelynn Prylo, assistant dean for Continuing Education and Workforce Innovation at SUNY Adirondack.

Saratoga Hospital will offer interviews to participants who successfully complete the Sterile Processing class. The positions available at the hospital include a competitive benefits pack-

age with medical, dental and vacation time.

The Sterile Processing Technician course is one of two 12-week courses offered by SUNY Adirondack through Workforce Readiness Academies Program (WRAP) Reimagine Grant, funded by state and federal Departments of Labor. For no cost, qualified applicants can participate in sessions in Sterile Processing or Python for Data Analytics. Interested individuals must be at least 18 years old and have been impacted by the COVID-19 pandemic.

The course is held from 6 to 9:30 p.m. Tuesday and Thursdays March 22 to June 14 at SUNY Adirondack Saratoga, 696 Route 9 in Wilton.

Visit https://www.sunyacc.edu to learn more.



Jason Kirk.

Left to cherish his memory are his daughter, Brittany (Peter) McNulty (Granddaughter Madison McNulty); his son Jared Kirk; their mother Dawn Kirk; his mother Florence Kirk; his siblings: Peggy (Richard) Stiles of Greenwich; John (Patricia) Kirk of Greenwich; Pam (Gary) Dunham of Salem; Patty (Tracy) Nelson of Queensbury; many very special nieces and nephews, great-nieces and nephews, aunts, uncles, cousins, and friends.

A celebration of Paul's life, under the care of Flynn's Bros. Inc. Funeral Home, will be held Wednesday, March 2, 2022, at the Centenary United Methodist Church in Greenwich, NY with the Rev. Debbie Earthrowl officiating.

Friends may call from 4-6pm on Wednesday with the service to follow at 6pm. His burial will be in the spring with a gathering to follow. Masks are requested by the family.

In lieu of flowers, memorial donations may be made to the Greenwich Athletic Association (Youth Little League Softball, Baseball, and Basketball) PO Box 93 Greenwich, NY 12834 or Greenwich Youth Football 1090 N Greenwich Rd Argyle, NY 12809.

Online condolences and messages to the family can be made at www.flynnbrosinc.com

## Washington County – Random Thoughts

# The barbers of Greenwich

### Michael Levy Journal & Press

Nothing better defines Main Street USA than a barber pole hung from the side of a building in the business district of a small town. With its characteristic vertical helix of colored stripes, usually red, white, and blue here in the United States, a barber's pole signifies the place where barbers practice their trade.

The role of the barbershop went beyond the cutting of hair. It was an exclusive fraternity and a place to discuss politics and recent events, conduct business, share the local gossip, and foster patterns of male bonding. As politically incorrect as it seems today, barber shops were at the very least, a true bastion of male privilege.

And in case you have not noticed, the village of Greenwich has been without a downtown barber since Buzz Spiezio closed his shop in the now gone Wilmarth Building about two years ago. It was the end of an era stretching back to the 1800s.

In November 1886, a young George Alliger worked as an apprentice for Henry Fischer, who had a barber shop over Powell's store at 111

Main Street. Fischer and his family moved to Lansingburgh in 1900 where he set up his new shop. Alliger set up his own shop after his apprenticeship with Fischer. When Mr. Alliger went into the business, shaves were ten cents and haircuts cost twenty-five. Alliger noted that in those days that every man in town either had facial hair or would patronize a barber shop for their shaves. The men of the town kept their individual shaving cups and outfits on Alliger's shelves. George had his full share of cups attesting to both the prosperity and community standing of his enterprise. With the development of safety razors and electric shavers, coupled with the decreasing prevalence of beards after the Great War, the collection of shaving mugs in barber shops became a thing of history. In 1938, this newspaper observed that Mr. Alliger was in the Greenwich barbering business for 52 years.

Kenneth B. Moon began his career apprenticing for George Alliger in 1926 at a shop under the White Swan Hotel (which is where the Trustco bank is today). After a few years, Moon had a shop with Ed Cortner before going out on his own in 1934. He later bought out another local barber, Warren Woodbury. During World War II, Mr. Moon closed for a while but when he



Buzz's Barber shop in the Wilmarth Building before it closed – courtesy buzz spiezio



came back from serving in the war and having difficulties finding a location to re-open his shop, he teamed up with Jim Catalfimo in November 1945.

Mr. Catalfimo started out with Warren Woodbury in 1926 and opened his own shop in 1931. In 1926, the price of a haircut was fifty cents, and the cost of a shave was twenty-five. Mr. Catalfimo retired in 1976 after 43 years of barbering, forty-one of which were in Greenwich, and thirty of those in partnership with Ken Moon.

Ken Moon retired on January 1, 1995, after some 69 years of barbering in Greenwich. He handed the proverbial scissors to Eugene "Buzz" Spiezio who is mentioned above.

Also worthy of mention in this article is Art Roberts' Work of Art Barber Shop which opened in 1981 and closed in 2020. Admittedly, his location at Battenkill Motors near the Greenwich traffic circle was not in the downtown business district, but it exemplifies yet another local barber with decades of providing Greenwich men with tonsorial services. (Art now cuts hair out of his home in Easton.)

Because hair tends to grow between 0.2 to 0.7 inches per month, a rate that is the same now as it was in the 1880s, men must be getting their hair cut somewhere. To meet the need, there are



## **Barbers (cont.)**

still places to get a haircut locally. Rather than providing these services from a storefront on Main Street, many of these places are now located at the homes of these scissor wielding artisans. I understand the reasons why those in this profession have turned to a home-based business model and I will not cover them here.

Barbershops, utilizing a new business model,

are making an extraordinarily strong comeback in storefronts Men are now focusing on their individuality and masculinity through professional

grooming. Today's reimagining of the barber shop treats men to the full, luxurious experience of receiving high-end services in a lounge-like atmosphere. And while it seems strange to be offered the opportunity to sip on a tasty brew or distilled spirit while getting vour locks trimmed, this is a common offering in shops

run by 40-year-old and younger barbers. Barber shops using this model are already in Saratoga County and in a

few places in

Washington

One gentleman

ties told me he

went to such a

### 'Because hair tends to grow up County as well. across the country. to .7 inches a month, they must in his late sevenbe getting it cut somewhere.'

barber in Wilton, and it was a wonderful new experience for him. Even though the price charged was higher than he normally pays for a haircut, he stated that the cost at a local bar for the

### Salem's readers

Since 1998, March 2 has been recognized as National Read Across America Day, created by the National Education Association to get students excited about reading. March 2 is also the birthday of children's book author. Dr. Seuss. Ear-



lier this month, elementary students at Salem Washington Academy participated in various age appropriate activities based around reading.

Pictured (Front, L-R): Landon Hale, Lauren Patrick, Maggie Patrick, Gracelynn McCullough, Katie Carney; (Back): McClean Merryman and Catie Kwak.

## **Kevin Baylor fundraiser**

The Salem Volunteer Fire Department Inc. will be hosting a Chicken BBQ/Auction/Basket Raffle/50-50 Raffle fundraiser for one of their own on Saturday, April 2, 2022. The Auction will start at 12:00 noon and will go until all items are gone. The Basket Raffle will start after the auction is done. The dinners are \$15 and will be ready for pick-up starting at noon. Dinner tickets are at Salem Hardware, A & J Agway, call 518-321-9430, and watch people's Facebook page as there will be a lot of people selling dinner tickets. There will be a 50-50 raffle also. Kevin Baylor has suffered a severe stroke and is currently in Albany Medical Center.

The FD is seeking donations of any kind, no matter how big or small, for the auction/raffle. If you would like to make a monetary donation, send it to Kevin's wife VENMO acct: @Jean-Bay3. If you need to mail a check mail it to the: Salem Vol. Fire Dept. Po 449 Salem, NY 12865. All checks should be made payable to cash or Kevin/Jean Baylor.

Contact Kathy Fleming at 518-854-9631 or text 518-424-5936 for any questions concerning the Auction Fundraiser or the Basket raffle. If you have any other questions on anything, contact Steven Saunders at 518-321-9430 or Lenny Keys at 518-937-7097.

> liquor that he drank during his clipping session more than made up the difference.

I predict that within the next couple of years, one or more of these version 2.0 barber shops will be open for business in Greenwich. And there probably will be a barber pole or two on Main Street to accompany these shops and that is fine in my book. Just a ran-

dom thought.

Michael Levy is a government manager residing in Greenwich. He is also a Commercial Pilot and a Ham Radio operator.



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## **Greenwich Happenings**

# **Honoring our veterans**

### Pam Fuller and Jim Nolan

Special to Journal & Press

The Village and Town of Greenwich are happy to announce the launch of our veteran appreciation banner program, which we're calling Our Heroes. We are planning to install the first banners in time for Memorial Day, this year. The Our Heroes Program is a living tribute created for the community to recognize and honor Greenwich residents and their family members who are serving or are veterans who have served our country in the United States Armed Forces.

Here is how the program works:

• Each banner will be sponsored by community members who live in either the Town or Village of Greenwich. The cost for a banner is \$200, which will cover the banner, the hardware for hanging it, and the installation. The banners will honor veterans and active-duty service people who are connected to any resident of the Village or Town of Greenwich. The honoree doesn't have to have lived in Greenwich — the key person is the sponsor. Service members should give permission for a banner in their honor, if they're available.

• The banners will depict a photograph of the service member, his or her name, the branch of service, and the years of service. We prefer an official portrait in uniform, but if one doesn't exist, then use the best head shot from the time when they served. We would like to see discharge papers if possible. If you're interested in this program please start digging through your family's papers to see if there's an old photo or your vet in uniform or a "period" photo of them, and you should look for the dates of service.

• Applications will be available on the Town and Village websites and in both offices. Applications will be accepted all year long. However, the deadline for the Memorial Day installations is April 23, which allows time to produce a banner by the week before Memorial Day. Once we have an application, a photo, and the payment, we will put the banner into production.

• Banners will be placed on utility poles, starting at the center of the Village and going in both directions on Main Street, into the Town. The banners will be placed in the order that we received the required materials, and we won't be able to honor specific location requests.

• Banners last 2-3 years, and we may decide to take them down during the winter months. Any banners that are removed due to excessive wear will be presented to family members and/or sponsors.

Questions? Call the Village office at 518-692-2755 or the Town office at 518-692-7611.



The Mayor (Pam Fuller, left) and Trustees of the Village of Greenwich

The Supervisor (Jim Nolan, right) and Town Board Members of the Town of Greenwich



## **Heritage Hunters meet**

On Saturday, March 19th at 1 PM, Heritage Hunters will present a Zoom program on the Marshall family of Schuylerville and the historic Marshall House. Elaine Gardella of Worcester, Massachusetts, a direct descendant of the Marshalls, will be the speaker. She will share information on the early Colonial Marshalls and the Marshall Cemetery, including three Revolutionary War patriots of the Saratoga Campaign. Her presentation will include a review of the guidelines to apply for membership in the DAR. HH members will receive the Zoom link by email. Non-members can contact Ginny Humphrey 518-885-9309 for the Zoom link.

## **Salem Lunch, Learn and Play**

Registration for Lunch, Learn and Play is open. All parents/guardians must complete a registration for each child. If all items are not received, the application will be denied. Please read carefully all that is required. Also, the camp will be running until 5:00 pm this summer. Camp starts Tuesday, July 5th- Friday, August 5th from 11:30- 5 pm.

As planning unfolds, there will be more details surrounding each grade/group.

Presently, we are accepting Salem residents only. It is a first come first serve basis. Chil-



dren living with grandparents who reside in Salem for the summer may apply; however permanent residents will take priority. If we are able to open it up to other towns, we will announce that by early May.

## From the Publisher's Desk

# The frozen Pompeii of post-Covid college

### Darren Johnson

Journal & Press

I'm adjunct teaching at a couple of colleges this semester, and I visit many more campuses on behalf of my other newspaper, Campus News. One thing I notice is, overall, these institutions are so big, there's no one really in charge of anything in particular, at least at the physical level.

Sure, the physical plant teams clean things and move things around, but if something is left in a place and it looks purposeful, it usually



A sprung mousetrap in the Mac lab

stays – often years, maybe decades.

Coming back to live instruction after the pandemic reminded me of what it must be like to visit Pompeii, Italy, where Mount Vesuvius erupted in the year 79 AD, and molten ash quickly covered everyone, freezing them in place for the next couple of millennia.

(The explosion was so bad, the city lost a letter "i" and is now just Pompei.)

Here are some photos from my iPhone of random relics I've seen on campus. They obviously survived the Explosion of Mount Covid.

To the left are a couple of telephone books next to a printer in a PC lab. Phone books? They must be at least a decade or more old. But why are they there? There's no landline phone – and we're in a computer lab. We could look up any number, if not on our smart phones.

Probably some professor, now

retired, got these at one point, didn't want them, and put them on the window sill for someone who perhaps would want them. This department does that. There also are several VHS tapes on window sills.

The Mac lab had a mouse trap in the corner. It was sprung. Whatever bait was in it was long gone. The mouse apparently ate and escaped. Kind of disgusting to think about, I carefully picked it up and tossed it in the garbage. Who

## **Olde Saratoga Seniors**

The next meeting of the Olde Saratoga Seniors will be held on Wednesday, March 16, at the American Legion Hall, Clancy St., Schuylerville at noon. It will be a sandwich luncheon with desert provided. Entertainment will be provided. Money for trip in May will be collected. All are welcome. Bring your friends to join. If need any information, please call Pat Temple, 518-338-2329.



People were cemented by molten ash in Italy in 79 AD



knows how long that was there? There's now a sign outside the door that says no food or drink is allowed in the lab.

Most mysterious is a fake potted plant with a plaster bunny holding a watering can with a heart on it on a ledge above the urinals in the men's room in the Journalism department. It just makes no sense whatsoever. Who likes this? How did it get here?

Is the fake bunny watering the fake plant? Is that the story some past journalist in the department was trying to convey?

I don't have the heart to toss these in the garbage, though.

Contact Darren Johnson at editor@journalandpress.com.



# **Investor Boot Camp 2022**

### Jill Schlesinger

Special to Journal & Press

Many of you have asked about how to start investing, so here is my version of Investor Boot Camp 2022. I have framed it as a series of questions to ask yourself.

### Am I ready to invest?

Before you build the house, you need a foundation. In the case of your investment house, the foundation starts with creating an emergency reserve fund of six to 12 months of living expenses, paying down debt, like credit cards or student loans, and then turning to retirement planning/investing.

### Should I invest if I have debt?

If you have a retirement plan that provides a match, yes, up to the match. Direct any extra cash flow towards debt paydown because it can often be a great investment. Think of it this way: if you have a credit card balance that costs 15%, paying it down is the best guaranteed, risk-free return you will find. With most student loans at 6% or so, paying them down usually makes more sense than risking those same dollars in the markets.

### Do I have a retirement plan at work?

If yes, then the workplace plan will be the easiest way to start investing, because it automatically pulls money from your paycheck and directs it into investments of your choosing - and some provide matching contributions.

### What if I don't have a plan through work?

You can open an IRA or Roth IRA at any brokerage firm, bank, or through an app. Then, set up an automatic transfer from your checking or savings, into the IRA account. This year, the limit is \$6,000 (\$7,000 if over age 50).

### How should I invest the money?

The basic concept of not putting all your eggs in the same basket applies to investing - we call it diversification, which allows you to spread out risk among different types of investments. The most common are stocks (ownership in a publicly traded company), bonds (loans to companies, cities, or governments), commodities (gold, oil), real estate, and money markets (cash). Most investment companies will help you create an allocation that is consistent with when you need your money and your risk tolerance. You should rebalance your accounts regularly (once or twice a year) so that your allocation remains in line with the original percentages. Many retirement plans offer automatic rebalancing, which you should use.

### How do I select the "right" investments for me?

In retirement plans, you will usually find a menu of mutual funds, which are pooled investments that allow you to own a sliver of each of the desired assets. The cheapest are those that track an established stock, bond, or commodity index (i.e., the S&P 500). These cost far less than actively managed funds and over the long term, perform at least as well - and in many cases, better than actively traded funds, where investment pros try, though rarely succeed, in beating the index's performance. You can also use Target Date Funds, where an investment company

allocates the investments on your behalf, according to your intended retirement date.

### Where should I open an IRA?

Wherever you can find cheap index funds, so consider: Vanguard, Charles Schwab, Fidelity, E\*Trade, TD Ameritrade. You can also check out "robo-advisors," which are automated systems that make it easy to invest. Robos prompt you to complete an online questionnaire, which considers your financial goals, time horizon, and risk tolerance. Based on your responses, the software slots you into the most appropriate portfolio. Robo fees range from 0.2%-0.5% of the account value every year. Many of the firms above have robo options, as does Betterment and SoFi some of them also offer financial advice.

Jill Schlesinger, CFP, is a CBS News business analyst. A former options trader and CIO of an investment advisory firm, she welcomes comments and questions at askjill@jillonmoney.com. Check out her website at www.jillonmoney.com.



## **Chinian exhibit and tour**

Matt Chinian will open up his studio for an informal show of recent work at 12PM. At 2PM, he will demonstrate how he paints a still life set up in the studio. This happens on Sunday, March 20, at 138 W. Main Street, Cambridge. This will be hybrid event with a live stream on Facebook: facebook.com/mchinian, or in person. Matt will start by discussing how he sets up and proceeds with paint mixing and application, he will also discuss value, color and composition to achieve an accurate rendition and a sense of light, participants both in person and streaming are welcome to ask questions. Event is free and open to the public, masks are optional. Refreshments will be served.

Artist and resident of Cambridge, Chinian graduated from Bennington College in the early

1980's with a major in Painting and sculpture, and in the late 1980's with an MFA in sculpture and drawing from SUNY Albany. An early career in sculpture fabrication, sign making and cold casting lead to building restoration and carpentry and a move to Cambridge, New York in the 1990's. Ten years ago he returned to landscape painting, a skill he learned early in his education. Since then his unique style and philosophy of prosaic realism emerged.



## **Concert at Burton Hall**

Easton Library will be hosting singer-songwriters Tim Wechgelaer and Chris Carey on Saturday, March 19 from 4-6 PM at Burton Hall in Easton. The duo will be performing traditional folk and Irish music.

Tim Wechgelaer, a White Plains native, and now a Saratoga Springs local, is a multi-instrumentalist whose musical career began in the early 70's. He has played his acoustic guitar with the Irish-rock hybrid band of Big Medicine and fiddled with Jim Gaudet and His Railroad Boys. Some of the biggest influences on Tim are artists such as Johnny Cash and Bob Dylan. Tim gigs locally at Saratoga bars from Gaffney's to The Parting Glass. He may perform solo or in a duo, and cover classic rock, classic country, Irish jigs and original folk music. Wechgelaer released his first solo album in 2005 titled "Rainbows." His most recent album "Long Time Gone" was produced in 2021.

Chris Carey, after playing the drums for most of his life, purchased his very first guitar in the summer of 2008. Chris was the drummer for the indie rock group Railbird. At that time Chris began to collaborate with other musicians in the Capital Region, and go out on his own.

Carey, a Ballston Spa native, began to write songs and recorded an album soon after his guitar purchase. His inspiration for songwriting was being around the lead singer for the Railbird's, Sarah Pedinotti, who Chris felt is an incredible songwriter. Sarah had exposed Chris to other songwriters such as John Prine, Neil Young, Tom Waits, and Bob Dylan.



Historic and beautiful Burton Hall is located at 1071 State Route 40, Greenwich, NY 12834. Please call Easton Library with questions at (518)692-2253 or email director Jennifer DeCarlo at jdecarlo@sals.edu.

## **Navarro returns to Cambridge**

Dan Navarro returns at 7 p.m. on Wed., March 30, to the The Depot - Argyle Brewing, 6 Broad St. in Cambridge. Tickets are \$25. Call 518-677-7337 or visit www.argylebrewing.com.

Dan's career started as a songwriter, most often with Eric Lowen, for artists as diverse as Pat Benatar (the Grammy-nominated "We Belong") The Bangles, Jackson Browne, Dave Edmunds, The Temptations, Dionne Warwick, The Triplets, Dutch star Marco Borsato, and Austin outlaw legend Rusty Weir.

In the 1990s and 2000s, he and Eric recorded and toured as the acclaimed acoustic duo Lowen & Navarro until Eric's retirement in 2009. Dan has transitioned smoothly into a busy solo career over the past decade, touring nationally almost constantly.

"The poets and prophets say, it's all about the journey, not the destination, and in 2021, nothing could be more true, he said. "After a fullstop to touring during 2020, Dan began criss-crossing America again



in the spring of 2021 delivering his music to locales new and old.

# **Saratoga County history talks**

On Thursdau, March 24 at 7 p.m., hear "Supporting the Poor in Saratoga County," a Saratoga County History Roundtable talk by County Historian Lauren Roberts on the 130-year history of the County Poorhouse. The Poorhouse was established in 1827, when the county purchased land to accommodate an Alms House for "the victims of misfortune." As the county grew, so did the number of people who needed care. The Poor House complex included a large-scale farm, schoolhouse, imposing brick residence and an infirmary. Tickets for

this in-person event at Brookside Museum are at brooksidemuseum.org. SCHC Brookside Museum is located on 6 Charlton Street in Ballston Spa, NY 12020. This a hybrid program and will be available via the Saratoga County History Center Facebook Live (no ticket necessary) via www.facebook.com/brooksidemuseum/live\_videos.

On Wednesday, April 6 at 7 p.m., hear "The Deepest Devotion (President Ulysses S. Grant)" with Ben Kemp from the Friends of Grant Cottage, via Zoom, as part of the Expert Next Door series. It has been 200 years since the birth of famed Civil War general, and two-term president, Ulysses S. Grant, who spent his last days here in Saratoga County at Mount McGregor. Mr. Kemp will portray President Grant's eldest son, Frederick and, using intimate stories. Fred will show a different side to President Grant, and illustrate the intense devotion his father had for his nation and his family. Free tickets are available at brooksidemuseum.org. Donations are always much appre-



ciated. A Zoom link for the event will be sent within 48 hours of the event time.



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## **Youth lacrosse**

**Registration for Youth Lacrosse** is now open for boys and girls PreK-6th grade. The league emphasizes fundamental skills, team building, sportsmanship and having fun. No experience necessary. This popular program is open for kids in Greenwich, Cambridge, Salem and the surrounding communities. The league encourages dual sport athletes to play, even if it means missing a few lacrosse practices or games. Visit GreenwichLax.com for registration or for more information. Or contact info@greenwichlax.com.



## **RC churches news**

Sunday Mass at Holy Cross Catholic Church is at 8:15 AM and Tuesday at 9 AM. St. Patrick's celebrates on Sunday at 11:30 AM and Wednesday at 9 AM. Immaculate Conception in Hoosick Falls is Saturday at 4 PM and Sunday at 10 AM and Monday at 9 AM. Masks are optional while inside the church. Reconciliation Services are as follows: March 27, 2 PM at Immaculate Conception, March 30 at 6 PM at St. Patrick's and April 3 at 2 PM at Holy Cross.

April 13 is Holy Thursday with Mass at Holy Cross at  $\,$  6 PM followed by a potluck dinner.

Parishioners are reminded of the weekly scripture reflections of Lent on each Wednesday at 7 PM on Zoom. Add the Lenten Scripture in Flocknote to receive the Zoom invitation.

Holy Cross is again looking to hold its annual Easter Egg hunt for all community children. Further details will be forthcoming.

Local Ukrainian Churches are collecting the most needed items that will be sent directly to the Ukraine. The list is in the bulletin and should be brought to Church by Sunday, the 20th. Monetary donations can be made at Church with checks made out to Holy Cross Church with Ukraine in the memo. The Albany dioceses is donating \$50,000 to the Ukraine effort and will match another \$50,000 in donations.

### **Join us on Facebook**

Our Facebook group is approaching 7000 members! Visit Facebook.com/JournalPress.

## **WWII Aircraft Warning**

The Washington County Historical Society will present "Local Aircraft Warning Service in World War II." This program will detail the (AWS) Aircraft Warning System during WWII, located in the Hebron hills from 1941-1944. Topics will include the duties of the dozens of local volunteers, the grand hilltop observation post, the civilian arm of the Army's Ground Observer Corps on the East and West coasts, information centers, what was done to keep the country safe, and a local commander, Elsie Bardin. An army-produced movie about the AWS will also be shown. The presentation will be given by Ralph Krueger, Past President of Hebron Preservation Society, who also known for restoring "The Organ Barn," which is located on Route 22 in Hebron. If anyone in your family participated in the Aircraft Warning Service, please feel free to bring any memorabilia you may have to share. The program will be Thursday, March 24 at 7 p.m. at the historic Wing-Northup House at 167 Broadway in Fort Edward. For info, call 518-747-9108 or visit wchs-ny.org. The program is free and open to the public.



\$10 for music at the courthouse \$15 for music & token to redeem at Jacko's Corner for a drink or dessert after music

Tickets at: salemcourthouse.org

## For Kids (and Their Parents and Teachers)

# The month for St. Pat

### Shirley Renauld Journal & Press

What are you doing to celebrate St Patrick's Day?

It's so good to use green! Do you have decorations to put up? Shamrocks are so traditional. If you need to make some and don't have a pattern to trace, just make hearts, join their points and add a stem. How many? What's the difference between a clover and a shamrock? Better make four leaves if you want good luck. Best of all, is your lawn already beginning to grow? Go out and find some.

Traditionally, rainbows with their pots of gold and leprechauns have meant good luck. It might be too early to see real rainbows, so make your own, the bigger, the better, with paint and a brush (better wash each color out well if you're going to get colors in the real order – and you better look that up, too). If you have only the primary colors, how do you make green, orange and purple? Your paint won't soak through strong paper. (Do you have a contact at Hollingsworth and Vose? They might have scraps of filter paper for you.)

You have to enjoy a parade! Perhaps you will see one in person.

Have your own: Get friends and family together, wearing all the green you can. Gather outside with your instruments. Reuse those that you made with recyclable materials or make more. Play a kazoo, the recorder or musical instrument\*. Make your own music or march to recorded Irish music as you parade.

When it's time to go inside, safely store your instruments for next time and head for the kitchen.

### PT Help Wanted at Law Office

Part-time secretary or administrative assistant needed on a flexible basisfor a law office. Send a letter and resume to the office at 138 Main Street, Greenwich, NY 12834, or call and leave a message at 518-692-8400.

You've got to make Irish Soda (what kind?) Bread. To help put you in the mood, play Irish vocal music, especially the Irish Tenors. What will you put in the dough: currants or raisins, caraway (?) seeds? Want to bake it in a cast-iron skillet (?) or on a baking sheet? Why should you score it with an X? Do the clean-up while it bakes because it's best eaten warm, as the butter melts, with your glass of milk. As you snack, plan dinner. Will it be Corned Beef and Cabbage from scratch? If so, for safety, use a peeler for the potatoes and carrots, then compost the peelings or feed them to your chickens. Or, patronize your local deli for corned beef (Why is it called corned?) and make sandwiches.

Have you found a leprechaun yet? Good luck catching him or finding his pot of gold. Maybe you will be one and hide treats for others to find.

\*Locally, who can you learn to play one from? Check with the Eastbound Jesus group and others in Greenwich (hi, Carl, Dave, Bob...).

More than stringed instruments, on one of these indoor days, listen to a recording of Peter and the Wolf. Best of all, follow the illustrated story along with it (right, Debbie?) in which each animal and person is depicted by a different instrument. Now which one do you want to learn?

Next week, March 21-25, is Ag in the Classroom Week. Thanks to our local Ag teachers, Ms. Amy, Ms. Betsy, Mr. Chris... and all our farmers.

Appropriately, it is also Ag Literacy Week. Each year a representative book is chosen by Cornell Cooperative Extension. This year the book is Farmer Will Allen and the Growing Table, which reminds us that not all farmers raise animals.

Good time to learn about two ag-related organizations for youth: FFA advisors are the ag teachers. Last month was FFA week but their projects go on all during the year. Have you seen or were you visited by someone wearing a royal blue corduroy jacket with a big emblem on the back? (There are two in the attic.) Ask about FFA. We all like to eat.

4-H leaders are volunteers in the community. Do you know your local one? These last weekends



of March local 4-Hers are making public presentations at the Wash Co Fairgrounds or CCE In Fort Edward where you can go to listen, watch and learn. Call CCE for more information about 4-H clubs.

Both organizations help you develop your public speaking confidence. Where else can you learn that? It's an asset now and it won't be long when you'll be thinking about college and career where you will need it.

Maybe your favorite farmer this time of year makes maple syrup. As life wakes up after its Winter sleep and the ground thaws, tree roots start sending liquid to the leaves to make them open. Maple farmers catch some of this liquid. Visit your local maple farms these last weekends of March when they have open houses. (Thanks David). You will find out how they catch this sap (How do they know which trees?) and make it into vummy syrup. As you travel, look for those green hoses going from tree to tree. Ask if you may hike to the sugar bush (?). Shop at the farm store. What's free? Oh. tastes and a coloring book. Maybe you can have a pancake breakfast there. Bring ingredients home to make your own. This time of year, carry kites in your car. On hilltops and in open fields of the farm, fly them. Hang on tight! Don't be a Charlie Brown...

## **Interpersonal Edge**

# Luck is attitude

### Daneen Skube

Special to Journal & Press

**Q:** I look at other people's careers and they are just luckier. Especially the last two years I've had multiple setbacks on the job. I know life is not fair but how do I compete against people who have a charmed life? How do you counsel clients when lady luck never seems to visit them on the job?

A: First, I advise clients that you're never competing with anyone except yourself. Competition distracts you from focusing on your own success. Second, I counsel clients that lady luck favors those who can quickly adapt when faced with bad luck. Also, be aware that the only people who you believe have a "charmed" life are often people you do not know well. Everyone gets their share of disappointments and challenges.

Bad luck is momentary, but bad attitudes can be permanent. If we believe we're unlucky we'll interpret all events through a lens of fairness. If we can acknowledge our disappointment and adapt, we'll thrive. We'll put our primary energy into finding solutions rather than languishing among our losses.

Adversity and disappointment are the bills we pay to live on Planet Earth. No matter how smart, hardworking, or experienced you are, you'll fail at something. If we remain at the funeral of our unmet dreams, we fail to see the train leaving the station for new dreams.

No one on Planet Earth always enjoys lucky circumstances. We may have a run of luck that goes dramatically wrong in a minute. We then must decide if we marinate in our disappointment or use our distress to adjust our plan. There's a joke on the internet for times when we face adversity. One option, it says, is to yell "plot twist" and change direction.

There's an educational series on Hulu called "Alone." In it, ten people are alone in the same wilderness location, but are separated by enough miles to ensure they don't come into contact with other participants. They each carry ten survival items. They also film their journeys. Even if you watch a single season you'll notice that the person who wins the \$500,000 prize does not always have the best outdoor skills. Instead, he or she has resilient mental health.

Some people on the show immediately focus on their location or their luck, lamenting how bad they are. The people who persevere take disappointment in stride and adjust. Lastly, participants are astonished at how being alone challenges their relationship with themselves. They all comment on how hard it is to be alone with their thoughts.

Our most important work team is the village of selves inhabiting our heart. When we get to know even the most unsavory inner neighbors, then all of these selves can pull together in a beneficial direction. If we refuse to get to know uncomfortable aspects of ourselves, these inner selves will fragment us and entice us into selfdestructive decisions.

Careers are not just a team sport. Success at work is about competing against ourselves and doing our best. On some days just getting out of bed and showing up is our best. We don't have to do something great constantly. Perfectionism is a common travel companion with depression.

Instead aim low and persist. Doing something ordinary consistently will get you richer and to more satisfying places than just waiting until you can do something amazing!

### The last word(s)

**Q:** Do you give any advice on how to be happy? I really want to be happy most of the time!

A: No, I give advice on how to be peaceful and authentic with yourself when you're sad, scared, mad, or happy - when you accept all emotional weather patterns. Happiness is not achievable in terms of a permanent emotional state or sign of success.

Daneen Skube, Ph.D., is an executive coach and appears on FOX's "Workplace Guru"

each Monday morning. You can contact Dr. Skube at www.interpersonaledge.com or 1420 NW Gilman Blvd., #2845, Issaguah, WA 98027.



## Salem students show off athletic skills

Salem Washington Academy elementary students have been developing their strength, balance, and agility skills during physical education class. Coach Matthew Parker set up an American Ninjatype obstacle course that he changes to accommodate and challenge the various student grade levels.

### PICTURED (L-R):

Lucy Yushak tests her balance on the slack line,

Walker Tripp tests his balance on the slack line.

Tadd Champney is not just "hanging around." He's testing his strength.

Cassidy Eastman surges through the quad steps.

Daniel Ehntholt plans to land from the rope swing to land in the target area.











# **Mock trial team readies**

Congratulations to the Greenwich Mock Trial team, who has been competing against the Salem team on two recent Tuesdays. Below are names of team members and the schedule for the next three competitive events. Spectators are welcome.

Catherine Abate

- Nathaniel Baker
- Matthew Bink

Faith Ingber

Declan Kelleher Olive Magowan Aidan McPhail Lilly Peck Brian Wells Kylie Young

All trials begin at 5:00 pm and it is recommended to arrive by 4:45 to get through security. March 15 – Greenwich vs. Glens Falls at the Washington County Court, Municipal Center, 383 Broadway, Fort Edward.

March 22 – Greenwich vs. Queensbury at the Warren County Court, Municipal Center, Municipal Center, 1340 Route 9, Lake George.



March 29 – Queensbury vs. Greenwich at the Washington County Court, Municipal Center, 383 Broadway, Fort Edward.

## **'Sorrow Songs' to visit Greenwich Library**

"The Sorrow Songs': in The Souls of Black Folk" will be presented and performed by MaryNell Morgan, Ph.D. in the Community Room of the Greenwich Free Library on Tuesday, April 5th, from 6:30 – 7:30 pm.

Join Dr. Morgan for an acapella performance of "The Sorrow Songs" that are presented in "The Souls of Black Folk" by W.E.B. Du Bois (1903). The songs are also known as traditional spirituals. Dr. Morgan will share some of Dr. Du Bois's words about these songs and invite audience participation.

Dr. MaryNell Morgan describes herself as a

lifelong learner and educator: "when I retired from my job as a professor, I thought that I would continue to teach through singing, in the form of lecture – performances of "The Sorrow Songs in The Souls of Black Folk." I am still hoping and praying that I will be able to make this dream a reality before I reach the end of my journey."

Dr. Morgan has made an engaging career as a university professor, with singing as her avocation and as a teaching tool. Much of her work has focused on the life and Dr. MaryNell Morgan

work of William Edward Burghardt (W.E.B.) Du Bois, a leading thinker of the nineteenth and twentieth centuries. In addition to creating and presenting "The Sorrow Songs in The Souls of Black Folk," she served as a consultant to the PBS documentary, "W.E.B. Du Bois: A Biography in Four Voices," produced by Louis Massiah, Director of Scribe Video Center.

Her extensive professional affiliations have included academic, community, and creative arts groups; among them The American Political Science Association (APSA); The National Conference of Black Political Scientists (NCOBPS, life member); The African Heritage Studies Association (AHSA); The Association for the Study of African -American Life and History (ASALH, life member); The Underground Railroad History Project of the Capital Region (UGRHPCR); The Peoples' Music Network – Songs for Freedom and Struggle (PMN-SFS); and Friends in Harmony.

> Dr. Morgan has been described as an inspirational performer of traditional spirituals and other genres of music, including the blues and popular songs. Her singing (mostly acapella) and lecturing have taken her to stages across the United States. She has performed with the late Pete Seeger,

and other well-known singers and song writers. In May 2003, she was instrumental in bringing Pete Seeger to Greenwich, New York, to perform at the United Church.

She has traveled far and wide to enrich her education and life experiences. In 1986, she joined an impressive group of educators, scholars, artists, social justice activists, and advocates for racial equality in Accra. Ghana. to participate in the ceremonial relocation of W.E.B. Du Bois' remains from a grave site near the Atlantic Ocean to a specially built crypt next to the house in which he lived the last years of his life. The house was established as the W.E.B. Du Bois International Memorial Centre for Pan African Culture and Research. Ebony Magazine featured the story in its November, 1986 issue: "W.E.B. Du Bois: A Final Resting Place for an Afro-American Giant." Dr. Morgan remembers the experience as a major highlight of her life.

Beginning her life's journey in rural Georgia, she now lives in rural New York with her husband, William L. Brown. Dr. Morgan has two step-daughters and two grandchildren.

Health and safety at the event: The event is limited to 40 participants, and all must register for the event in advance. To register, email grndirector@sals.edu, or call the library at 518-692-7157, or visit www.greenwichfreelibrary.org to reserve your spot.

## **The Right Side Column**

# The consequences of hate (part I)

### Roger De Korp Journal & Press

For most of us in life, there are very few people we hate, if anyone at all. So, it's somewhat sad, but a reality that political figures can generate that emotion in so many people. This was never truer than in the case of Donald Trump. The 45th President elicits a visceral, and even pathological hate in many people in this country. Suffice it to say that Trump is not blameless for some people disliking him; however, as several studies found, the "main" stream media's coverage of Trump was 90-95% negative (Pew Research found only 5% of stories on Trump were positive). These media outlets included CBS, NBC, ABC, CNN, MSNBC, New York Times, and Washington Post; even Fox News' coverage was only 51% positive. The constant yammering by every media host, analyst, and writer certainly helped to turn many voters' dislike into hate.

The first consequence of this hate was the rejection, and continued rejection of Trump's policies. Initial knee-jerk rejection by Democrats to his policies, or any other Republican's, is political reality. However, I cannot fathom how any American could not, among other things: support securing our borders; having energy independence; wanting to keep violent criminals off the streets; keeping us from foreign entanglements that don't concern us or our allies: to enforce legitimate elections where every legal vote, and no others, are counted; and having a strong national defense so that the U.S., can defend itself and support its allies. It is only Trump Hate that causes people to continue to reject his policies.

The second consequence was the election itself of Joseph Biden as President. Obviously. staunch Democrats are going to vote for a Democrat candidate; certainly, clear thinking true moderate Democrats,

never-Trumpers, and Independents would have recognized what voting for a feeble old man who did not lead. but only participated in his campaign from his basement would bring. Anyone with clear thinking and any knowledge of his political career. including his terms as President. Vice would have known that his was a record of poor decisions and mediocrity. Biden told his party that he would lead from the middle and not allow the Left to overrun the party or the country, but with his subsequent Leftist rhetoric and his choosing the most liberal member of the U.S. Senate as his running mate, he sent a clear message to everyone; the consequences of hate for Trump prevented the understanding of that message, and so the consequence of that is the Biden-Harris administration.

### 'The President has created a culture of fossil fuel destruction.'

Next, we come to the Administration team President Biden selected. Vice President Kamala Harris is queen of the cackle and apparently can speak only in what is currently referred to as "word salad". Secretary of State Antony Blinken and Secretary of Homeland Security Alejandro Mayorkas each are ineffecbureaucrats exuding tual soft-spoken weakness (as opposed to Mike Pompeo and John Ratliff, Trump's Secretary of State and Director of National Intelligence, respectively, who exuded soft-spoken strength); Secretary of Defense Lloyd Austen is more focused on promoting Critical Race Theory and LGBTQ rights in our military than the successful withdrawal from Afghanistan or creating the best military force in the world. The consequences of Biden's selections are that we are more vulnerable than we've ever been, and both our allies and our enemies see how weak the United States is. The hate for Trump helped put this team of ineptitude in charge of this country.

As I write this, the United States is currently focused on two crises the war in Ukraine and the gas and oil crises here and in Europe (make no mistake, the other consequences continue - they're just not being reported currently). Regarding the fuel crisis, the blame for the exploding prices of crude oil, gas, and fuel oil are squarely on this President, despite the blatant lies by him and his administration. At a campaign stop in New Hampshire on September 6. 2019, Biden dramatically told his audience, "I guarantee you, I guarantee you, we are going to end fossil fuel, and I am not going to cooperate with them"; his meaning could not have been misinterpreted. In his 14 months in office, this President has created a culture of fossil fuel destruction, cancelling the Keystone XL Pipeline, denving drilling permits, banning new leases on Federal lands, and reinstituting and fortifying crippling regulations on the fossil fuel industry. For those who think the President has nothing to do with this crisis, it's very simple: oil, like every other commodity is all about supply and demand; after this President and his cronies locked down the country under the guise of COVID, demand is as high as it has ever been, and he has done all he can to limit the supply. He would rather buy dirty oil from the rat dictators of enemy countries, than produce clean oil here. And like every other disaster of his making, Biden has placed blame elsewhere (Putin and the Oil Industry) and told outrageous lies about his actions. And so, we have \$4.50 per gallon and rising daily.

Part 2 next issue.

Roger De Korp is a retired retail multi-unit supervisor. He resides in Greenwich with his wife Colleen.



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## Cody's Column

## How to properly excommunicate everyone

### **Cody Fitzgerald** Journal & Press

If you're anything like me – that being you've gone to college and realized at least 30% of your high school friends are bad people, have heard a few family members say racial epithets and are kind of convinced some people you know are pro-Putin at the moment – you've got some cleaning house to do, and I'm here to help. Here are FIVE quick and easy ways to completely remove someone for your life, or vice versa:

### **Be Blunt**

Let's be real, there is no greater feeling of euphoria than just straight up telling someone how much you hate them. A simple expletive-laced eighteen paragraph text to a family member, friend, etc. detailing to them how much



you hate their guts is a beautiful moment, and be sure to tack on that time that they pissed you off at your 13th birthday party by embarrassing you in front of every one of your friends. This is a tried and true method that may even create some fun drama for you to inevitably blow way out of proportion, rant about on your Facebook and then "take a break" that lasts for no longer than 17 minutes (those of course being spent on Messenger).

### It's Not You, It's Me

This method, one that I am entirely guilty of, is a nearly flawless one to get yourself right where you need to be. Start with a simple "hey, let's go for a drive" or "do you want to meet up for coffee?" – basically anywhere that you do not go with them typically, because

even though you're letting them down easily, you still want humanly as possible and this is a good way to terrify them for 2-3 beforedavs hand. Sit them down. tell them how you really need to work on vourself, maybe how you feel as though you



haven't been the best friend possible, and vou need a clean slate on your life. My personal favorite beat to do here is to bring up a disagreement you previously had, where they were very clearly in the wrong, and take the blame. This may seem like you're caving, but in reality you're just making it so they start worrying that they are actually the problem, and you're just lying. At this point, they start realizing that they're overthinking; but the beauty is that they definitely are not, and you will, within time, drive them insane.

### The Houdini

Slowly, but steadily, completely disappear from their life. Unfriend them on Facebook, unfollow their Twitter, block on Snapchat, get some sunlight, you name it! If there is one thing I've learned about these people it is that they

#### to be as petty as humanly possible and this is a good way to terrify theme for 2.2

can never, ever, realize they are wrong. They'll be left wondering why you did what you did, definitely talk to people about it and you, my friend, will be the talk of

the town.

### Fake Your Own Death

Skip town. Hire some actors. Stage a funeral. The whole nine. There is no better way to leave someone's life than to literally just pretend you are dead. You'll have all the time, space, money and media attention that you have been so desperately seeking, all at the small cost of your life, comfort, dignity, family, friends, house, pets, education and morality, a simple trade!

### Grow the Hell Up

You could, and I know this is radical, have a peaceful discussion with somebody. I hate to get crazy on you, but maybe we need to realize that we are people, and our communication getting streamlined through a screen and any and all lack of communication we possibly can do is largely the reason why we're in half the messes we are today. Grow up, stop taking advice from a 19 year old English major and be a real person. I'm not defending anyone here, and the aforementioned God-awful opin-

ions, dialect, lack of human decency and morality is abhorrent, but let's stop playing God and realize that our childishness isn't doing anything either. Please?

Cody Fitzgerald is a 2021 Schuylerville High School grad satirizing anything and everything he can get his hands on. Aspiring to become "one of the cool"

High School English teachers, he now attends Siena College and hopes to share this outlook/coping mechanism with future generations.



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Salem Sudoku

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## **Through the Decades**

# By bus, train or trolley

### Darren Johnson

Journal & Press

Here are some snippets from past editions of The Journal & Press from late Marches decades ago:

### 100 Years Ago

#### March 22, 1922

**TRI-VILLAGE BUS LINE OPPOSED** — Representatives of the Delaware and Hudson railway company appeared before the public service commission at a hearing last Thursday on the application of Atkins and Sheehan for permission to operate an auto bus line to connect the villages of Greenwich, Salem and Cambridge and opposed the granting of such permission on the ground that the service given by the railroad is adequate. ... The building of the Greenwich-Cambridge state road, which is now almost completed and has been open to travel for some time, will give improved road over the entire route. The distance around the route is approximately 32 miles.

### 80 Years Ago

#### March 25, 1942

**GREENWICH TRANSPORTATION PROBLEMS DISCUSSED** — The question of transportation to and from Greenwich, with the current lack of automobile tires, was the main topic of discussion at [a meeting of] the chamber of commerce. ... Frank J. Scully, superintendent of the Greenwich and Johnsonville railroad, spoke of a possible rail service, which didn't seem a practical solution, as it would make a roundabout trip to Troy.

### 60 Years Ago

March 28, 1962

**LETTER TO THE EDITOR** — Dear Editor, In regard to the story on the last day of the trolley on the Greenwich branch [in 1927], the last trip left Greenwich at 5:30 PM with Charles Baker, motorman, and I think that Pat Langden of Middle Falls was the conductor. I was working at the Dunbarton Mill at the time and was the only passenger out of Greenwich. ... We picked up Vet Riley at Middle Falls. ... The trolley arrived at Blandy Pond and was stopped several hundred feet east of the suspected washout. Walking the track we found the side hill had already washed out up to the ends of the ties. So the crew said they wouldn't chance going over

the track any further and returned to Greenwich. Vet and I decided to walk to Thomson and on arriving at the trestle over the river at Clarks Mills, found the water running through the bridge ties but not quite over them. We debated several minutes, whether or not to chance going over the trestle. If we didn't, it meant a long walk to Greenwich, as the trolley had gone. We crossed the trestle and I'll admit, I for one did a lot of thinking while crossing it; Vet told me afterward he wouldn't care to do it over again, and I agreed with him. ... Paul E. Derby, Schuylerville.

### 40 Years Ago

March 18, 1982 **FAST-FOOD RESTAU-RANT MAY MOVE INTO** ROUTE 29 PLAZA -Town Clerk L. Earl Safford reported at last week's monthly town board meeting he has been contacted three times recently by the McDonald's corporation concerning the possibility of a McDonald's going up in the plaza outside of the village. ... "If everything else works out it looks like it's going to fly," Mr. Safford concluded.

### 25 Years Ago March 20, 1997

**NAME TO REMAIN** – Voters in the village of Schuylerville ... turned out in large numbers ... and democratically determined that incumbent mayor Kim Gamache would continue to lead the village, Charles Sherman would join the board, and the village would, as it has since 1831, continue to be known as Schuylerville. Those who favored the name change to Old Saratoga numbered 148; those opposed numbered 284.



**Dangerous Business** 

1st Show Evening 6:30

100 years ago, these silent movies were advertised in the Journal. Pictured: Gl<u>oria Swanson and Betty Compson.</u>





## The Funny Page

Animal Crackers by Fred Wagner



Gasoline Alley by Jim Scancarelli



The Middletons by Dana Summers



### Broom Hilda by Russell Myers



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## **High School Sports**

# **Greenwich scholar-athletes named**







During the just completed Winter 2022 athletic seasons, four teams fielded by the Greenwich Central Schools were designated as a Scholar-Athlete Team. To achieve this, a team must have had 75% of the varsity players earn a grade point average of 90% or higher. Below are the winter teams that earned the NYSPHSAAA Scholar-Athlete Team designation:

Girls Basketball Girls Indoor Track Cheerleading (Winter) Boys Indoor Track

In addition to the team recognition, the following student athletes earned individual designation as an NYS Scholar Athlete (had a GPA of 90% or better for the first marking period).

#### **Girls Basketball**

Catherine Abate, Kiley Allen, Reese Autiello, Riley Brophy, Madelynn Curley, Olivia Davis, Kendall Hamilton, Brooke Kuzmich, Norah Niesz, Sarah Radovich, Ryan Skiff, Jocelyn Spiezio

#### **Cheerleading (Winter)**

Kyra Balentine, Sydney Baptie, Kathryn Campbell, Sara Douglas, Kaitlyn Lavoo, Morgan Randall, Mia Sausville, Kelsy Smith

#### **Girls Indoor Track**

Molly Abate, Danielle Boyea, Keegan Collins, Tayler Cristaldi, MacKenzie Dixson, Ava Hamilton, Ciarrah Hebert, Kylie Lundberg, Elizabeth Marci, Ellery Mays, Grace McFarren, Allison Michel, Carrie Mueller, Lily Nichols, Julia Sgambelluri, Alyssa Spiezio, Teagan Wright

### **Boys Indoor Track**

Reagan Bittel, Noah Davis, Samuel Dixson, Jackson Slater, Christian VanDoren

### Wrestling

Aidan Jones, Colby McCauliffe

#### Skiing

Lyla Curtis, Katie Larmon

### **Cambridge** Crossword

### (solution page 24)

#### Across

1 Tripoli's country 6 College grad 10 Kill, as a dragon 14 Thorny plant 15 Latina toon explorer 16 Scrabble piece

17 If Nicholson sang, danced and acted, he might be called

20 GQ or Cosmo 21 Photographed 22 Inhumane 27 Salty drops 31 Big name in PCs pork: Chinese 32 dish with pancakes

35 "High" afternoon meal

36 Forbidden

38 Series of missed calls

- 40 If Robinson left En Vogue to sing in Jerry Garcia's group, she might be called 43 Dog food seller 44 Crop up
- 9 to 5 by Harley Schwadron



46 Soul, to Sartre 47 Polar parka 50 Passionate about 51 Winona of "Stranger Things" 53 Brings good luck to 55 Taunt

58 Drone or worker 59 If Tomlin came from San Fernando, she might be called

67 Trim, as a photo 68 Dry forecast 69 Religious doctrine 70 Credit card balance, say 71 Benchmarks: Abbr. 72 Jerk or twitch

### Down

1 JFK's successor 2 Nest egg initials 3 Flickable lighter 4 Go on and on 5 Kitchen allure 6 Samuel Barber's for Strings"

7 Cyberchortle 39 Spooky 8 Web addresses 41 Bass ending 42 Pendulum direc-9 Subject with numtion? 10 Georgia or Wash-43 Links standard ington 45 Seemingly for-11 Pot cover ever 12 It may be blonde 48 Orange-yellow gemstones or pale

49 Ukraine's capital

54 Detectives' aids

56 Bosom buds, in

57 Nouveau-Mex-

ique, par exemple

59 TV screen type

64 JFK alternative

65 Maximum bor-

66 Oft-candied veg-

ANSWERS ON PAGE

26.

61 Easy throw

62 Laid low

63 Cut (off)

ders?

gie

52 The Nile runs

through it

texts

60 Fury

13 "Roundabout" rockers with a positive name 18 Word before

bers

hand or land 19 Capitol feature

22 Cave hanger 23 Plato's school, with "the"

24 Paid back, as a purchase incentive

25 Tweezer targets 26 Whirlybirds 28 Realizes, as a goal 29 Entertains with a bedtime story

30 Give in to gravity 33 Recital rebuke 34 Flower bed tool 37 Province on four Great Lakes

### Science Matters



1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17					18					19				
				20				21						
22	23	24	25				26			27		28	29	30
31					32			33	34			35		
36				37			38				39			
	40				41	42								
43										44				45
46				47				48	49		50			
51			52				53			54				
			55		56	57		58						
59	60	61					62				63	64	65	66
67					68					69				
70	$\vdash$	┢	┢		71					72				

### Word Find By Frank J. D'Agostino (solution page 24)

Find these words that are associated with winter. Arctic

Blanket Blustery Boots Chill Cold Fireplace Fleece Freeze Frosty

Gust Harsh Mugs Overcoat Parka Plow Polar Scarf Season

Woolen

Find Mr. D'Agostino's puzzle books on Amazon.com.



Sled

Sleet

Slush

Sniffles

Sweater

Socks

Stove

Winds

Wintry

# **American Exceptionalism and Ukraine**

### Lance Allen Wang Journal & Press

Two weeks into the Russian invasion of Ukraine, I've noticed an interesting byproduct of the situation. That byproduct is that America has put itself on a course to return to a true American exceptionalism.

American "exceptionalism" has been used as a hammer before – the idea that we were different and special was used to pursue unilateral policies for our own purposes. An example was the Iraq War, where, when our traditional allies were unconvinced by a shaky justification for war, we went in anyway with a far smaller coalition than we had formed in Desert Storm or our war in Afghanistan.

But now, rather than using exceptionalism as a bludgeon, it seems American exceptionalism is being seen and treated as what it is -a responsibility rather than a privilege. It is based on power harnessed to democratic values. Without values, power is little more than the precursor to conflict.

Towards the end of the last decade, we turned away from the values which formed our nation. We cynically viewed everything through a transactional prism – alliances were no longer based on shared values, but rather on what was in it for us in the immediate term. Philosophies which were the bedrock of our nation from its founding were at best considered academic, and instead the focus was on "realpolitik" – practical and commercial considerations which outweighed anything on the moral side. The highest levels of our government cozied up to dictators and autocrats in Saudi Arabia, Turkey, and the Philippines and even gave the government of North Korea legitimacy without receiving anything in exchange. We rejected the conclusions of our own intelligence agencies and accepted Putin's denials of attacks on the 2016 Elections. Between this and unconstrained pandering to populist tendencies, America was not seen as a reliable ally, and our NATO allies began, justifiably, to question whether America was a nation that could be counted upon when the chips were down. The Capitol attack on January 6 by rightwing militia members, the conspiracy-addled, and MAGA groupies embarrassed America on the world stage and only reinforced the image of a dysfunctional giant unable to get out of its own way.

However, when Putin attacked Ukraine, something rather remarkable happened. Despite the former President's still insistent defense of Russian President Vladmir Putin, echoed by his former Secretary of State George Pompeo and at least one headlined talking head on Fox News, we saw for the first time in years a sincere and

### **'We saw for the first time in years a sincere and bipartisan support develop.'**

bipartisan support develop. In other words, the nominal head of the Republican party was no longer calling the tune. This was an extremely significant development. An America which had turned inwards, invoking the name of the isolationist "America First" movement of the 1930s, was emerging from a small and frightened posture and re-engaging its alliances, standing up for a fledgling democracy that Russia was trying to swallow in rather brutal fashion.

To give credit where credit is due, the current

### **Salem school open house**

Salem Elementary School will host an open house on Thursday, March 24 at 7:00 p.m. This is an excellent opportunity for parents, guardians, and family members to learn about the curriculum and meet their child(ren's) classroom teachers and specials teachers. This is the first time in two years an open house has been able to be held in person. Student hosts are looking forward to showing guests around and demonstrating their knowledge and skill sets. Guests are encouraged to visit the book fair set up in the elementary library, check the lost and found table for found items, and peruse the tables with information about Hebron Camp and the "Lunch, Learn, and Play" at the Historic Salem Courthouse. The student hosts, teachers, and administrators look forward to providing an informative and meaningful evening to Salem families.

administration has played its cards well. It has successfully utilized diplomatic, informational, military, and economic power and synchronized them towards a singular goal the isolation of a predator regime in Moscow. The selective release of satellite photo intelligence has been particularly successful, very similar to Kennedy's use of similar imagery



showing Soviet missiles in Cuba in 1962. As the images pointed out the hollowness of Mr. Putin's denials, it left him with little defense other than the hollow cry of "fake news," an overused phrase which comes off as a ridiculous parody of America's Trump years.

The economic isolation of Russia, even at the cost of rising fuel prices, has achieved bipartisan support. This has been extremely important, and shows that principle, rather than principal, still means something in America. The diplomatic and military resurrection of NATO has seen Germany, who primarily led the alliance during our brief dance with isolationism, provide military aid to Ukraine and increase the funding of its armed forces. Previously, our public chastisement of NATO contributed to both Russian perception of NATO weakness and a loss of confidence in America among the NATO allies. Now, most of the diplomacy has been behind the scenes, where it should be. Perhaps the restored strength in this critical alliance is a benefit of having a professional diplomat as Secretary of State.

So, does this mean America has returned to the world stage, trying to play the "shining city on a hill" which President Ronald Reagan so often invoked as a representation of our exceptionalism? Are we again the leader of the free world? Well, the jury is still out and the situation in Ukraine is far from over. But I can say this with great assurance - leadership at all levels is not in what we say, but what we do. There is no more effective type of leadership than leadership through example. For the first time in several years, we are making the effort. And that is one hell of a good start.

Lance Allen Wang is a Councilman in the Town of White Creek who is also an Iraq Veteran and retired Army Infantry officer. He lives in Eagle Bridge, N.Y., with his wife Hatti.



# **Girls on the Run**

Across North America about 200,000 girls benefit from "Girls on the Run" programs each year. Now, 16 very excited girls in Salem will be participating in the eight-week season at the Historic Salem Courthouse community center beginning on March 28.

Girls on the Run (GOTR), which began in 1996, is "dedicated to creating a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams." The program is not new to Salem, having run there for several seasons until about ten years ago. Fortunately, former coaches and passionate GOTR fans, Stacy Riche and Karen Keefe and former participant Kyndra Riche will be coaching this year. They will be among the 100,000 volunteers across the country giving their time two afternoons a week. GOTR provides its nationally recognized training to all coaches.

Now one of approximately 12,000 GOTR locations, the Salem program is open to 3rd-5th graders and will follow the guidelines designed by GOTR. Their mission is to "inspire girls to be joyful, healthy, and confident using a fun, experienced-based curriculum which creatively integrates running." The researched based curriculum for this age group will focus on building confidence, important social and emotional life skills, healthy habits and physical activity. The season ends with a noncompetitive 5K event on May 21, which provides the girls with a "tangible sense of accomplishment".

Working with the Capital Region Council of GOTR, and its director Sarah Syden, courthouse Executive Director, Janice Quartararo, was able to gain new approval for a GOTR site in Salem. The most important things were Salem's potential for growth and financial support for the program. The Shoppe Off Broadway, a thrift store located on the courthouse campus, stepped up in a big way to provide the essential funding for scholarships. For many vears The Shoppe has offered affordable clothes and household items and given the proceeds back to the community in the form of donations, grants and scholarships. To date, the Shoppe has donated over \$283,000. Without their support of \$160 per child, the GOTR program would not have been selected to go forward.

This year's coaches could not have been more thrilled to have the opportunity to be a part of Salem GOTR again. All have said they feel honored to be a part of the life-changing program. They stressed how particularly important the life skills gained during the season are because of the pressure and anxiety created by social media these days. The girls will learn to appreciate themselves and others for who they are, and to be advocates for themselves as well as others. They will practice making informed and intentional decisions and how to listen and respect the opinions of others. They will hone techniques to deal with stress and conflict

and develop strategies for maintaining a healthy lifestyle. They will gain confidence and competence and learn to embrace each other's differences.

Studies show that girls only programs provide a safe and supportive space where girls feel they can share thoughts without judgment. Such programs build strong and lasting relationships and allow girls to feel proud and empowered. GOTR has developed a program for girls in grades 6-8 called Heart and Soul. The Courthouse group hopes to have the capacity to expand the program in the future to include the next age group. More funding and more vol-

> unteers will be the deciding factor. In Salem there are currently twice as



many girls interested in GOTR as there are slots, so finding participants for a larger program shouldn't be a problem.

To sign your child up for the Salem program, please go to GOTRCR.org and select Salem22 at the check-out. Acceptance will be based on a lottery system.



## **Cambridge curator(s) wanted**

The Cambridge N.Y. Historical Society and Museum is seeking a Curator, or 2-3 co-Curators, to lead the Collection Committee in collection management, inventory, donations, and exhibit planning and implementation. This is a great opportunity to become involved with a dedicated and hard-working group of volunteers who share a love for our community's history and an interest in the preservation and display of its material culture.

While previous experience as a Curator is not necessary, some comparable knowledge and training in small museum best practices is preferred. If you are interested in discussing the position of Curator, please call or email Amaris Lynip at 518-677-3105. ynip@gmail.com.

If you are unable to serve in the Curator position, but would like to be involved in other ways, please call or email Anna Dickson at 677-8244 or adickso1@nycap.rr.com to find out about other committees and volunteer opportunities. The museum will be opening about June 1st.



# **250th Anniversary of Remember Baker**

A public ceremony in Arlington, Vermont is planned for 2:00 p.m. on Monday, March 21, to commemorate the 250th anniversary of a historic and violent home invasion and the armed capture of a man named Remember Baker.

In the parking area, just across Ice Pond Road from the Federated Church of East Arlington, historians will be joined by local government leaders to honor the memory of Remember Baker, who survived a horrific break-in and abduction. Baker was a Connecticut native and cousin to fellow Green Mountain Boys Ethan Allen and Seth Warner. He was a husband to Desire, a father to young son Ozi, an Arlington miller and landowner, and a captain in the Green Mountain Boys, those legendary defenders of the land claims that had been granted by New Hampshire Governor Benning Wentworth.

The program will be held outdoors, but could move inside if the weather grows too wintery. Starting at 2:00, local historian Bill Budde will describe the dramatic events of March 21, 1772. After a welcome from representatives of Arlington town government, the state senators and the members of the Vermont House of Representatives who represent Arlington in the Vermont Legislature will share brief comments. A one-page Vermont legislative resolution will be read. To close the ceremony, living history musket men will fire a salute in honor of Remember Baker and early Vermont's brave defenders.

As part of the continuing land disputes between the New Hampshire Grants and New York, a posse of Yorkers under Justice John Munro attempted to collect the New York bounty on Green Mountain Boy Remember Baker at his cabin in east Arlington on March 21, 1772. Awakened in the night and dressed in only his nightshirt, Baker attempted to defend his family with an ax. In the ensuing scuffle, Baker's thumb

about the dangers of drunk driving.

Even one drink can be one too many.

for a reason to celebrate, and we want

our community members to enjoy St.

Patrick's Day, but we also want to im-

press upon everyone the importance

of safe driving," said Sheriff Murphy

"If you've been drinking, make the

right choice to find a sober driver to

get vou and vour friends home safely.

Before you put your keys in the igni-

tion, remind yourself: Buzzed Driving

"We understand people are looking

was severed by a Yorker sword. with Baker's wife and son also sustaining injuries. Attempting to draw off his attackers and elude capture, Baker jumped from the top story of his cabin but was captured, then transported towards Albany in the Province of New York. Some Green Mountain Boys managed to catch up with the posse and rescue Baker (who, three years later, tragically died a patriot hero early in the War for American Independence).

For any updates regarding this event, the public is advised to check the Remember Baker page on Facebook.

### Is Drunk Driving."

According to NHTSA, 10,142 people were killed in drunk-driving crashes in 2019. On average, more than 10,000 people were killed each year from 2015 to 2019 — one person was killed in a drunk-driving crash every 52 minutes in 2019. This is why the Washington County Sheriff's Office is working with NHTSA to remind drivers that drunk driving is not only illegal, it is a matter of life and death.

## St. Pat's DWI stops

St. Patrick's Day celebrations in America date back to the country's founding. While this year's celebration may continue to look a little different in your hometown, however you celebrate, make sure you and your friends stay safe this St. Paddy's Day by remembering one important piece of advice: Buzzed Driving Is Drunk Driving. This means that if

**Salem Pride** 

Congratulations to the Salem Washington

shines

Academy elementary students who were recog-

nized for their commitment to the Salem PRIDE

Last month's theme was "Positive Attitude"

which represents the "P" in the Salem PRIDE Pledge. One student from each classroom was

nominated by their peers for demonstrating a

positive attitude. These students were optimistic,

had a growth mindset, believed in themselves

while also encouraging others. March's theme is

pledge.

vou plan to drink, it's essential that vou plan ahead for a sober ride home. Remember: A sober driver is one who hasn't had any alcohol. To help keep your community safe, the Washington County Sheriff's Office is teaming up with the U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) to spread the message

"Respect," representing the "R" in the Salem PRIDE Pledge.

The students recognized for their positive attitude were:

Kindergarten – Maeve Donaldson, Luella Nolan

Grade 1 – Emma Nolan, Susana Campos, Natalie Heneghan

Grade 2 – Paul Snyder, Nathan Patrick

Grade 3 - Lily Armstrong, Michele Underhill, Addyson MacNeil

Grade 4 – Luke Snyder, Wyatt Paul Grade 5 – Lauren Patrick, Will Ridler



Grade 6 - Natalie Castillo, Payton Sartell, Ben Ridler

# The Bath or Shower You've Always Wanted IN AS LITTLE AS 1 DAY





\*Includes product and labor; bathtub, shower or walk-in tub and wall surround. This promotion cannot be combined with any other offer. Other restrictions may apply. This offer expires Mar 31, 2022. Each dealership is independently owned and operated. \*\*Third party financing is available for those customers who qualify. See your dealer for details. ©2022 BCI Acrylic Inc.