

# JOURNAL & PRESS

Of Southern Washington County, Est. 1842

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Vol. 181, Iss. 14 No. 9266 \$2

**THIRTY-TWO PAGES!**  
**JULY 16-31, 2022**



**FLOWER SHOW 15**

## Ready for the public

### Flagship location set to open

United Ag & Turf has announced the opening of their new state-of-the-art facility that replaces the Schaghticoke building that served as a John Deere dealership for over 40 years. The 25,200-square-foot building sits directly next to the Washington County Fairgrounds.

**Please read more on pages 8-9**



OUR REGION'S HISTORY  
- TODAY



GREENWICH, NY!

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celebration week  
JULY 18 - 23

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## Foraging for food

**Kate Sausville**  
*Journal & Press*

I was walking the dog the other day when I came across wild berry bushes. Some of the berries were still red, but several had already turned black and were ripe for the picking. Of course I had to stop and eat them right there. You'll hear them called many different names, button berries, black raspberry, and black cap, to name a few. Officially they are known as *Rubus occidentalis*. Whatever name you call them, they are always a treat.

As a child we would spend our summers roaming the fields and woods surrounding our homes. When the berries were in season, we would take our buckets and collect as many as we could. Sure our arms and legs were all scratched up in the process, but it was the 1980's and no one worried about that. After eating all we could, the rest were taken home, maybe cleaned, and put into a cereal bowl with a little milk and sugar. Delicious! Another treat was the wild rhubarb which grew plentifully. Someone would "borrow" the salt shaker from the kitchen table and we would peel and eat the rhubarb right out of the ground. I'm not sure if I would still eat it that way!

I sometimes wonder how our ancestors realized what was safe to eat and what was not. I hope there was not too much trial and error. How did we know the berries were safe? I'm sure a trusted adult must have told us at one point. I have vague memories of my grandmother picking dandelion greens for salads, but only in the Spring before they flowered. As children we were warned away from wild

mushrooms, and even now I get nervous when I hear people eating them. Yet people in our area enjoy mushrooms such as chanterelles and chicken of the woods safely. As we get further from the food chain, it seems we lose the knowledge of our hunter gatherer ancestors.

In the past couple of years, I've met people who actively forage for food. In our local area fiddlehead ferns are considered a delicacy, though I have not tried one yet. Mushrooms, wild berries, and ferns are just some of the ed-

**'Don't over harvest. Leave some for others to enjoy and allow the plant to recover.'**

ible plants growing in the wild. Some plants, such as wild garlic mustard are considered invasive species so harvesting them helps the local environment. There are recipes online and cookbooks available which give instructions for how to prepare foraged foods. It is important to know when the plants are considered in season, as that greatly impacts flavor.

As with anything in life there are some basic rules for foraging. Don't over harvest. Leave some for others to enjoy and allow the plant to recover. Only take what you can reasonably enjoy. Be mindful of the environment when harvesting to minimize damage to the plant. Always, always, always positively identify what you eat beyond a shadow of a doubt. This is not the time to guess, especially when dealing with mushrooms. Someone recently reminded me of the saying "all mushrooms are edible, but some only once." It is important to know the laws in your area when it comes to harvesting. In New York State, for instance, there are laws against foraging in State parks. You will also want to be aware if the local area is treated with pesticides and other chemicals. You can talk to local residents, or chat with your town or county officials to get this information. Foraging is a wonderful way to connect

with nature, and there is something special about being outdoors and having a free delicious snack.

If you would like to learn more about local foraging, there are online resources, such as [PracticalSelfReliance.com](http://PracticalSelfReliance.com), that can help you get started. The cookbook, *Foraging & Feasting: A Field Guide and Wild Food Cookbook*, is written by a Hudson Valley herbalist Dina Falconi. She also holds online classes "In the Wild Kitchen" where you can learn how to identify and prepare foraged ingredients. There are numerous YouTube videos and tutorials as well.

### Stir Fry Dandelion Greens\*

*3-4 cups freshly picked and washed dandelion greens*

*1-2 cloves of minced garlic*

*¼ tsp red pepper flakes*

*1 tbsp olive oil*

Heat the tablespoon of olive oil over low-medium heat in a skillet. I prefer cast iron for stir-frying my greens. Add the garlic and red pepper flakes, gently stirring them, so the garlic doesn't brown. When the garlic has softened, turn the heat up to medium and toss in your dandelion greens.

Gently pat and stir the greens, so they are all equally coated with the oil. You want to keep stirring and moving them, so they all come in contact with the bottom of the pan. You're aiming for them to be wilted, but not limp and soggy. This takes between 5-8 minutes.

Transfer to a dish and serve immediately. The slight bitterness of the greens goes so well with the garlic and the kick from the pepper. This is a fantastic and impressive side dish for any meal.

\*Recipe courtesy of Rural Sprouts: [www.ruralsprout.com/easy-foraging-recipes](http://www.ruralsprout.com/easy-foraging-recipes).

*Kate Sausville is a resident of Greenwich.*



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# Introduction to Photoshop course 7/27

Journal & Press editor and college instructor Darren Johnson will present an "Introduction to Photoshop" class at Tech Monkeys on the corner of Broad and Ferry streets in Schuylerville at 6 p.m. on Wednesday, July 27.

The cost is \$25 for subscribers to The Journal & Press and \$38 for those who aren't. The latter price includes a subscription to the paper.

The course will go approximately two hours and is intended for people who are comfortable with computers but who have not delved into the Adobe Photoshop program before.

The course will proceed slower than Johnson's college courses where he introduces the software.

Bring your own laptop; wi-fi will be provided free. To ensure the course runs smoothly, everyone should make sure Photoshop is installed and activated on their laptop before classtime.

To sign up for this class or future computer software classes, go to [JournalandPress.com](http://JournalandPress.com) or email [class@jpsubs.com](mailto:class@jpsubs.com).

# SnoBlazer winners

The SnoBlazers Snowmobile Club, based in Greenwich, announced the SnoBlazers Senior Award. Awards are given annually to graduates from each of the public-school districts in Washington County.

This year the SnoBlazers sponsored award is given in the memory of Jim Darrow of South Glens Falls. According to club president Scott Campbell:



Aidan McPhail

"Jim passed away this past winter doing what he loved; spending time with his family, friends and snowmobile racing. Jim was a native of Washington County, dedicated Member of the Club and held a strong belief in standing by his family and community. Jim set aside everything to help with both. Jim was dedicated to whatever cause he believed in and

cared for others unselfishly."

Congratulations to Katie Larmon, Kylie Young and Aidan McPhail, this year's award winners.

The SnoBlazers Snowmobile Club currently has over 250 members and are looking for anyone who would like to join. Visit [membership.nysnowmobiler.com](http://membership.nysnowmobiler.com).

The group promotes safe, courteous and lawful use of snowmobiles for individual and family recreation while protecting landowners, improving trails and supporting the community.



Kylie Young



Katie Larmon



# JOURNAL & PRESS

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## Gunplay, status symbols, an old tree

**Kaylee Johnson**  
*Journal & Press*

*Here are some snippets from past editions of The Journal & Press from late July's decades ago:*

**120 Years Ago**  
**July 23, 1902**

The late Col. A. L. McDougall of the 123d New York Regiment, is buried in the cemetery at Salem, and his grave is unmarked by any memorial whatsoever. Col. McDougall was twice elected District Attorney of the county of Washington, and resigned his office to give his services to his country. He died from the effects of a wound received in the engagement at Dallas, GA, while fighting for his country. He was an eminent member of the bar of this country; an upright citizen; an eloquent orator; a brave soldier and patriot. The honor of Washington county seems to require that his grave should be marked by a suitable memorial, and for this purpose an appeal is made to his comrades in the war; to the several G. A. R. Posts throughout the county, and to the chapters of the sons and daughters of the American Revolution, and to all patriotic citizens, for contributions toward the erecting of a proper memorial over the grave of this honorable man.

**100 Years Ago**  
**July 26, 1922**

Merritt H. Welch, formerly a resident of Cambridge, is in Salem jail awaiting the meeting of the grand jury in September, when he will be called upon to answer to a charge of assault in the first degree. Welch had a falling out with his wife and had not been living with her recently. Early Sunday evening he went to the house

where she is living, the old Bennett place near the Easton end of the Battenkill bridge, in this village, and on being denied admission drew a revolver and shot through the glass of the door. Nobody was injured but the shot drew a crowd and excitement prevailed until Welch was taken into custody. Welch and the woman, who although said to be his wife is also known as Mrs. Mitchell, came here some months ago. Welch has operated a popcorn and peanut wagon on the streets of this village since last spring.

**80 Years Ago**  
**July 22, 1942**

Fred W. Allen, director of civilian protection in Washington county, announces that a daylight air raid test will be held for the Saratoga warning district during the period from Thursday, July 23, to Monday, July 27. The Saratoga district includes much of southern Washington county, including Greenwich and Salem. Cambridge and its surrounding territory are in the Troy warning district and are scheduled for a similar test between July 27 and August 1.

In order to interfere with business as little as possible, Mr. Allen announces that the test will be held during the early evening hours. All rules that apply in the case of night blackouts, except in the regard of turning out of lights, will be in force during these tests. Vehicle travel is required to be suspended and pedestrians are required to take cover until the all clear signal is sounded.

**60 Years Ago**  
**July 25, 1962**

Everything is a status symbol today – the car you drive, the ciga-

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**An ad from 60 years ago**

**40 Years Ago**  
**July 22, 1982**

Mohawk and Hudson Transportation Systems Inc. / Battenkill Railroad received title last Friday, July 16, to the land and railway equipment on the Delaware and Hudson Railway branches between Thomson and Greenwich, Greenwich and Greenwich junction and Salem and Eagle Bridge. The sale includes the lines formerly operated by the Greenwich and Johnsonville railroad, a subsidiary of the D&H.

The minority-owned railway system has been negotiating the lease-sale agreement for a number of months and plans to reinstate rail service, which was embargoed by the D&H last November, within the next three to four weeks.

**10 Years Ago**  
**July 26, 2012**

Salem Historian, Al Cormier, reports that the huge sycamore tree, "more popularly known as a button wood tree and located on the McClellan-Gariepy Funeral Home property, has been recognized, has been recognized as having existed since 1777, when historic Salem was built." The tree is now identified by a plaque which reads, "Historic 1777 Fort Salem Button Wood Tree, New York State Historic Tree Registry, Recognized by the Department of Environmental Conservation." Located in the historic district on East Broadway, the tree is estimated to be close to 250 years old. Mr. and Mrs. James Gariepy shared the expense of the purchase of the plaque with the village.

rette you smoke, the detergent you use, the books you read, the diet you follow. If what we read in the daily press and women's magazines is correct, everything from the kind of breath you draw, or have, is a status symbol.

Say "status symbol," to someone who has been hibernating for a few years, without much social contact, and we are sure he would not have the vaguest idea what you were talking about. It is a phrase that has leaped into prominence comparatively recently, and it apparently applies not only to the conscious, but unconscious behavior and way of life. It is the most pliable phrase we know of.

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# Cambridge considering mascot options

**Darren Johnson**  
*Journal & Press*

Members of the public who spoke at the July 7 Cambridge Board of Education meeting were mostly in favor of the school district keeping its Indians nickname, and received loud applause from the audience when pressing to appeal the decision.

This would defy a June 21 New York State Supreme Court order that the name be removed. The district administration started covering Indians name and imagery in the district by the July 1 mandated date, but speakers at the July 7 meeting contended the district should keep fighting.

*We wrote more about the court ruling in our previous issue. You can find that story on JournalandPress.com.*

After the July 7 meeting, district spokesman Chris Crucetti wanted to clarify a report in another newspaper that the district was indeed moving ahead with an appeal. He wrote:

“Action item C on the addendum was approved at the July 7 meeting. This action item will authorize the district’s legal counsel to file a Notice of Appeal concerning the Court’s decision.

“Filing such notice is a condition precedent to bringing a formal appeal and is intended, at this time, to ensure that the district is able to keep its options open concerning this matter. It does not bind the district to file any appeal, but it keeps that option available if that course of action is ultimately deemed to be one the Board wishes to pursue.

“We have been advised that there is little legal expense associated with such a filing.

“The Board is carefully considering all remaining legal options and they anticipate ongoing discussion with legal counsel on this matter. The Board has not determined whether it will be undertaking an actual appeal yet.”

An outgoing school board voted 3-2 to end the use of the Indians name in June 2021, but a new board rescinded that vote in July 2021. The

state Supreme Court ruled the latter vote was void because it didn’t show due diligence. Proponents of keeping the name feel a school board election where pro-Indians candidates won by a 2-to-1 margin was a referendum proving their point.

The district has spent over \$100,000 on legal fees and various public mediation sessions to try to come up with a solution.

At the meeting, community member Ted Flint summed up the opinion of the majority of the attending public:

“We need to change the composition of the school board, and that realization is going to take place in the next election cycle. I don’t think we should compromise with the other side. We saw how that turned out with the so-called mediator, and the passing around of crystals. Could you imagine if we passed around crucifixes or crosses how the other side would have reacted? It’s black magic. ... I don’t think this is the end of [the battle to keep the name], but the beginning of it. These same

socialists will have an issue with the American flag hanging in the gymnasium. Then are you going to capitulate and take it down?”

He suggested that appealing at the state level might be fruitless, but perhaps this could be a federal case and a legal firm could handle it pro-bono.

Cambridge resident Dawn Case said that residents were “stabbed in the back” by the school board and that the district superintendent should go.

Resident Theresa Dansin contended: “I’m here to ask [the board] to put an end to the mascot issue once and for all. Using people as a mascot has never been an appropriate practice. ... Please retire the mascot with dignity.”

Resident Kathleen Ward said the district should be defiant of the court order, even if its state funding is threatened: “It’s less than 20 people – literally – who are against [the Indians name]. I say we fight it, and if I have to put up the money myself, I’ll do it.”

**‘I don’t think we should compromise with the other side.’**



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## Sad news from Easton

On July 10, 2022, at about 6:40 p.m., New York State DEC Forest Rangers located 6-year-old Onnex Thompson-Hall deceased in a pond not far from his home in the town of Easton, Washington County. State Police say the drowning appears to be accidental, but the investigation is pending.

State Police and Forest Rangers were assisted by NYS Fire, Cambridge-Greenwich Police, Washington County Sheriff’s Office, Washington County Public Safety, Middle Falls Fire Department, Greenwich Fire Department, Argyle Fire Department, Ft. Edward Fire Department, and the Easton-Greenwich Rescue Squad.

Earlier that day, at about 10:40 a.m., State Police were made aware of a missing autistic six year old believed to have wandered off in the area of the Washington County Fairgrounds.

# The new United Ag & Turf flagship store

Some scenes from United Ag & Turf's new location on Route 29, near the Washington County Fairgrounds. Pictured in the group photo (L-R) are Katie Wilkinson, Nick Lasch, Paul Olivieri, Tory Northrup, Wayne Lathrop and Neal Opatkiewicz. Pictured working on a tractor repair job are technician Doug Moore with SUNY Cobleskill intern Rebeka May. The 25,200-square-foot building, located at 217 State Route 29, will have a grand opening the week of July 18 with a DJ, food and prizes.



The service area



# United Ag & Turf prepares for grand opening

United Ag & Turf has announced the opening of their new state-of-the-art facility that replaces the Schaghticoke building that served as a John Deere dealership for over 40 years. The 25,200-square-foot building, located at 217 State Route 29 in Easton/Greenwich, sits directly next to the Washington County Fairgrounds and is considered a flagship that will serve as a blueprint for future stores in other regions.

The facility is full service – customers can test out equipment in the back lot. Too, there's a full-size garage for repairs. There is a sales department as well as a parts department. Financing can be handled on premise.

Management believes that this high-profile location atop Schuylerville hill along a busy corri-

dor will bring in much more business than the previous, cramped location on Route 40.

There will be a grand opening the week of July 18 with food by Jay's Pizza and a DJ provided by 107.7 WGNA. Visitors may win various prizes, including a new John Deere X330 lawn tractor. There also will be a ribbon cutting with the Greater Greenwich Chamber of Commerce.

United Ag & Turf Regional Director Neal Opatkiewicz said that construction began in June 2020. "This has been a long time coming," he added. "This is all about giving customers a world-class experience."

Opatkiewicz said that this layout gives the store enough space to lay out its inventory properly and provide a "nice flow" for customers. "In the back field, they can run the equip-

ment with a trained technician before purchasing. They can get the right equipment to fit their needs."

With the higher-profile location, Opatkiewicz said that United Ag & Turf will become an even more recognizable member of the community, and continue to up its profile through sponsorship of events like the County Fair and Lighted Tractor Parade.

The store features an 11,500 sq. ft. service department, with 6,000 sq. ft. of warehouse space, and a showroom selling John Deere, Stihl, Honda, and other products to support residential and commercial landscaping, compact construction equipment needs, and area farms.

United Ag & Turf President, Scott Miller said, "We are extremely excited to have the opportunity to not only expand and better serve cus-

tomers in the greater Schaghticoke/Easton/Greenwich area, but also provide our excellent team here with the best in facilities and improvements to help them continue to perform at the highest level. We've seen tremendous growth in recent years and the demand for the quality products and services that United Ag & Turf offers makes this investment in the area a great fit. We look forward to being a part of the community for many more years to come."

Sales Manager Tory Northrup said that the products offered are cutting-edge, using the latest technologies. "A lot of people have no idea how advanced the ag community is," he said. "People talk about Tesla – we had that technology 10 years ago."

–Darren Johnson

# Turning Point events, cardboard boats return

**Samantha Simmons**  
*Journal & Press*

For 27 years, the Turning Point parade and festival has been a summer staple for the residents of Schuylerville. This year's parade will begin on Broad Street at one p.m. on Sunday, August 7th.

The parade takes place to commemorate the American victory at the Battle of Saratoga in October 1777 during the American Revolutionary War. The event serves as a reminder of the historical importance of the area.

The parade was coined the Turning Point parade and festival because many historians feel as though the Battle of Saratoga was the turning point of the war.

The event focuses on veteran and military service recognition of those who were in all different services and conflicts. The theme of this

year's parade and festival will be honoring our communities. Fire and rescue service volunteers are also recognized at the event.

With the event being one of the largest parades in Upstate New York and taking roughly an hour and a half to march through, there are over 15 musical groups and more than 100 other groups participating in the event.

There is a musical festival preceding the event on Saturday, August 6th at six p.m. So far, for the festival, the sale of beer, wine, and cider have been approved by the board. Mayor Carpenter said on the community Facebook, "they will be in a fenced in corral and only be allowed to serve and drink within the perimeter. No one under the age of 21 will be allowed in the area." This is all to ensure safety and control consumption.

If you are interested in entering a

float in the parade, contact the Turning Point Parade Committee. The entry for the float is free.

For those interested in a banner, there is a fee. More information is available through the parade committee.

The weekend following the parade, Saturday, August 13th, there will be the 16th annual cardboard boat race at Fort Hardy Park. Boat building will begin at 8 a.m. and the first race goes off at 1 p.m.

For this event, there are a few registration levels. There is an individual and family level for \$20 per sailor with a \$50 maximum per boat, a small business and non-profit level



for \$40 per boat, and for corporations the fee is \$100 per boat.

More information can be found here: <https://www.hudsoncrossing-park.org/cardboard-boat-races>.

## Not just ‘politics as usual’

Michael Levy  
*Journal & Press*

In a recent email regarding the submission deadline for this issue, Darren Johnson (the publisher of this fine newspaper) mentions that there may be opportunities for his writers to interview candidates in the upcoming elections. So Darren, here is my response to that statement. Interviewing office seekers is one of the things that truly differentiates the Greenwich Journal and Salem Press from the freebie papers that publish unedited press releases that are sent to them. So this is a good call on your part.

If chosen to interview candidates for this newspaper, I promise that I will do my best to provide our readers and subscribers with balanced, impartial, objective, and accurate information. I will ask tough questions on their behalf and get the hard answers that they need. And I fully appreciate that a few of those who are running locally might be on the biggest national stage soon and my interview could reach an audience well beyond the borders of this state.

I will not let any candidate obscure matters when it suits them. Like a three year old, I will keep asking the question until I get a clear answer for our readers. Hopefully these candidates will soon realize that I will not be dazzled by their male bovine manure. Mine is a sincere attempt to get to the heart of the matter and I will not deviate from this goal.

I will set clear ground rules for my interviews and will accept none that compromise the process.

Everything is fair game in my interviews. I will not agree to any subjects or topics as being off-limits. If there is a refusal to answer a question, that will be noted and the reason provided will be shared with the readers of this newspaper. And to be clear, everything will be on the record.

I suspect that most politicians have prepared and scripted answers to the questions that reporters ask them. The higher up the political food chain they are, they more likely that their handlers have prepared a “politically correct” response for every possible question. I am

ready for that possibility!

And if I am interviewing you, please don’t avoid the answering my questions, substituting the requested answer with some other point that you wish to get across. Our time together is not for you to get out the scripted message prepared by your media team. You will answer the questions or I will make it clear to our readers that you sidestepped the question. This interview is for our readers, giving them facts needed to cast an informed vote.

And while this all may sound like I am taking a hardball confrontational approach similar to that of the late Mike Wallace on “60 Minutes” fame, it is not. I understand that you are human too and I will do my best to be sympathetic in my interview strategy – so long as the information is honest and forthcoming and will help our readers.

In the interest of complete transparency, I have listed the questions similar to those that I will be asking but be aware that I am not locked into these. I will be fluid in my approach but will not be steered away either.

- Can you name at least one current tax that you would repeal?
- What will you do to reduce the property tax rate for Washington County residents?
- Would making Washington County more attractive for new businesses make a difference in lowering the taxes that individuals have to pay?
- Do you think there is a drug problem here? Is the war on drugs succeeding in Washington County? What will you do about it? What have you done about it?

### ‘Most politicians have prepared and scripted answers to the questions that reporters ask.’

• According to the Wikipedia article about Washington County, “About 6.80% of families and 9.40% of the population were below the poverty line, including 12.30% of those under age



18 and 7.30% of those age 65 or over.” Do you think this is true? What is your plan to promote prosperity for everyone in the county? Are there hungry people in Washington County?

- What do you think of the current levels of services being provided to the elderly and disabled in Washington County? Is there anything you would do differently?
- What can be done to help those who cannot drive a vehicle because of age or disability?
- What is your plan for public transportation? For example, without driving a car or getting a ride from a friend, how could one in White Creek get to a medical appointment in Fort Edward?
- As you know, there are no tertiary care hospital facilities in Washington County. Do you see this as a problem? What do you plan to do about this?
- Since we are a rural county, what is your response to the increased levels of preventable chronic disease?
- Do you support charter schools and school vouchers? Can parents choose where their child will be educated or do you think they should stick with the public schools in the county? How do you rate our schools in terms of performance? Can you be specific?
- Do residents of Washington County have a right to carry handguns once they have gone through the entire process of obtaining a concealed carry permit?

• Do residents of this county who meet all federal and state requirements to own such device, have a right to buy and keep semi-automatic weapons such as a Colt AR-15 rifle? Should they be required to get a permit to own

**continued on next page**

# SUNY ACC's health focus

SUNY Adirondack Community College announced development of a new on-campus Health and Wellness office to further meet the needs of students. The college welcomes Lori Prock as director of Health and Wellness; Tobey Gifford and Kyle Esposito as wellness coordinators; and nurse Deb Neal.

"We are excited to add to existing health initiatives on campus to ensure we are caring for our students' well-being in a holistic way," said Kathryn O'Sick, dean for Student Affairs. "Lori, Tobey, Kyle and Debbie each bring years of experience in their respective fields, and are passionate about helping people be their healthiest, happiest selves."

The office is possible with funds designated to the college through the federal American Rescue Plan Act of 2021, a portion of which SUNY dictates must be designated to support the mental health and wellness of students.

Prock was most recently emergency preparedness coordinator for Saratoga County. She previously served as health educator and senior health educator for that county's Department of Public Health. She started her career as a substitute teacher, then worked for OSHA (Occupational Safety and Health Administration). She earned a bachelor's degree in Biology from The College of Saint Rose and a master's degree in Health Education from Sage Colleges.

"We will look at the six pillars of health — physical, emotional, social, spiritual, intellectual and occupational — and how we can address all of them

## (cont.)

such a firearm? Why or why not and please be specific?

- How would you increase police accountability in Washington County? Is there a need to do so?
- Would you change anything about law enforcement in Washington County? Do you think our police do a good job? Do they have all the training and resources that they need? Can you comment on a few of the individual law enforcement agencies in the county that you know do a good job and maybe some that could do better?
- What have you done specifically for the people of Washington County in the past five

to better meet the needs of students," Prock said.

Gifford has served as an adjunct instructor at SUNY Adirondack for several years. A SUNY Adirondack alumna, Gifford went on to earn a bachelor's degree in Exercise Science from Skidmore College. She has advanced training and certification in health and wellness, personal training, group exercise, yoga and yoga therapy. She is co-owner and director of Lemon Tree Yoga and Healing Arts Studio in Glens Falls; a member of the International Association of Yoga Therapists; a national and world aerobic champion who has been featured on ESPN and Sports Illustrated; and is featured in the book "Athlete" by Howard Schatz.

"I try to lead and show others the path toward health, happiness and peace through establishing balance of healthy body and mind," Gifford said.

Esposito earned a bachelor's degree in Molecular Biology from Skidmore College and a master's degree in Ministry and Leadership from Fuller Seminary. While working at Young Life, a Christian youth organization, he took Outdoor Education classes at SUNY Adirondack. In 2017, he started teaching those classes and working as a completion coach at The Hub, a community resource at the college that provides students with essentials.

"The wellness coordinator position is a great blend of what I love to do and a platform to help students succeed," Esposito said. "Our students need support with mental, emotional, spiritual and physical health."

Deb Neal, a nurse at Glens Falls Hospital, will

- years?
- What are your top three priorities for business owners if you are elected or re-elected?
  - Why should business and farm owners support your campaign?
  - Would you support legislation crafted to reduce costs and taxes for businesses and farms in Washington County? How about an example or two of something that you will do or if already in office, have done?
  - How will you appeal to your diverse set of constituents in an honest, respectful and inclusive manner? Please discuss these constituencies and what you would do for each group?
  - How will you avoid (or have you avoided) becoming part of the "good old boy" network that wants to keep things the way they are?

offer regular hours in SUNY Adirondack's Residence Hall to further attend to students' needs. Neal graduated from the University of Pittsburgh with a Bachelor of Science degree in Nursing. She was a U.S. Navy Nurse Corps officer for seven years and has worked as a nurse since, in units including medical/surgery, mother/baby, labor and delivery, infection control, same-day surgery and primary care.

Neal has been a primary care registered nurse at Glens Falls Hospital since 2017.

The addition of a Health and Wellness office enhances other efforts at SUNY Adirondack to help students, faculty and staff achieve health. The college offers an on-campus Counseling Center; Randle's Veterans Center; support groups; regular wellness programming including mindful meditation; a fitness center; and The Hub.

In February, SUNY Adirondack joined the JED Campus network, an initiative of The Jed Foundation that helps colleges strengthen mental health, substance misuse, and suicide prevention programs and systems. In the months since, dozens of SUNY Adirondack faculty and staff members participated in Mental Health First Aid, a National Council for Behavioral Health training.

In March, Hudson Headwaters Health Network's Mobile Health Unit began making biweekly visits to campus, offering services to students, faculty, staff and their family members. The unit is located outside the Residence Hall the second and fourth Thursday of each month.

SUNY Adirondack is also in the process of creating wellness spaces around campus, to encourage mindfulness, reflection, socialization, physical activity and healthy living.

- Who are the biggest donors to your campaign? How much have they donated to help you win this election?

For the politicians that I may be privileged to interview, I hope that together we can give our readership enough knowledge to vote for the best candidate. And if these same politicians were to ask me for my answers to these questions, I actually have some good answers for them. Perhaps my answers are good enough to make them step up their game in the future. Just another random thought!

*Michael Levy is a government manager residing in Greenwich. He is also a Commercial Pilot and a Ham Radio operator.*



# Argyle holds ARPA workshop

**Robin Lyle**  
*Journal & Press*

The Argyle Town Board met to discuss and prioritize projects they are considering funding through the American Rescue Plan Act (ARPA). The share of federal ARPA dollars coming to Argyle totals over \$340,000. In May, over 30 residents came together to propose ideas and projects.

Present: Supervisor Bob Henke; Councilmembers Steve Bonhote, Kevin Hayes, Scott Lufkin, Patrick Sullivan; Clerk Shelley McKernon; Highway Superintendent Mark St. Jacques.

Supervisor Henke cautioned that funding amounts discussed during this meeting are tentative and may

be changed or even eliminated. He stated that the town has not yet received the second tranche of funding, and the board will not be voting on ARPA until its next meeting.

The next monthly meeting was changed from the usual second Wednesday date, so all board members can be present. It will, instead, take place on Wednesday, July 20 at 7:00 p.m.

Supervisor Henke framed this meeting as a workshop in which the discussion should be open and sharing of ideas encouraged. He further recommended that the board prioritize projects that “cost the taxpayers money and that would benefit the entire town.”

He kicked off the discussion with

a request from the Village to use ARPA funds to purchase and install shut off valves for the drinking water system. The total project cost of \$82,000 will allow the Village to selectively shut off water to portions of the village rather than the entire system.

Henke stated that the project impacts everyone including the school and fire protection. The lack of shut-off valves has led to inopportune school closures requiring students to be sent home in the middle of the day. The board expressed a willingness to fund up to \$62,000 of the project and would encourage the village board to identify alternative funding sources to make up the difference.

The board also considered dividing the water valve project into phases. The first phase would cover only the valves needed to ensure water to essential services – the school, fire department, emergency services and municipal facilities. If the village demonstrates the ability to manage this phase according to federal requirements, the town could then consider funding additional valves.

Other requests from the village to provide matching funds for an engineering grant, reimbursement for uncollected water bills and an unspecified amount to offset costs of the new well were also discussed. The board was not inclined to fund any of those projects through ARPA but felt that they could work something out with the village board regarding the matching funds.

The Stiles House Renovation Committee requested \$5,000 to make-up a shortfall in fundraising during Covid and \$25,000 to install an ADA compliant bathroom. The board seemed willing to offset the fundraising shortfall but not the bathroom, fearing that the building lacks adequate septic at this time.

Next, the board took up discussion of a request from the Summit Lake Association for Preservation (SLAP) for an unspecified amount to address algal blooms on the lake. The board is considering providing \$10,000 to help SLAP get started on this complex problem.

Unsure if SLAP has the resources to implement such an effort in adherence with the parameters required by ARPA, the board suggested funding a project that could be managed and implemented by the Argyle Highway Department, such as storm water management.

The Cossayuna Lake Improvement Association (CLIA) requested \$33,400 to assist with their herbicide program. The board is considering providing them with \$10,000 from ARPA funds, in addition to the \$7,000 already earmarked for this purpose in the 2022 town budget.

The board expressed a willingness to fully fund requests from the Argyle Fire Department (\$30,000) and the Argyle Rescue Squad (\$23,000).

The remaining share of the town's ARPA funds would go to town projects. These include two projects at the recreation fields: installing septic; fixing a power problem affecting the concessions building and three at the town hall; installing a new waste treatment system; retrofitting a bathroom to be ADA compliant, and improving accessibility by widening the doorway, building a ramp and renovating the inside counter.

Determining approximate costs for these projects is difficult due to fluctuations in construction and labor costs in recent months.

The board expressed the intent to invite village board members to their meeting on July 20 where they expect to vote on final funding amounts. It will then prepare a resolution for the following meeting in August.

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# Catalfamo redux, with new lines drawn

**Helena Winterbottom**  
*Journal & Press*

**Editor's Note:** *We will interview all local consenting candidates before Election Day, giving each approximate equal space, and post their stories on JournalandPress.com. Any political ads you may find in our pages are paid for by the candidates or an official committee and not an endorsement.*

Dave Catalfamo, a Republican candidate for state assembly of New York, presents the problems to me over the phone. Catalfamo is a University at Albany, SUNY alum with a degree in History and Political Science, who currently runs a consulting firm and is running for a second time after losing in 2020 by a 10% margin. His opponent is again Democrat incumbent Carrie Woerner, though 113th district lines have been redrawn since then and the district no longer includes most Southern Washington County outside of Greenwich. Resources regarding his campaign can be found at [daveforny.com](http://daveforny.com).

Catalfamo has five major stances in his race to the assembly: education, helping small businesses, lessening the influence of NYC politics on upstate New York, ending bail “reform,” and developing agriculture resources across the state. “I believe that New York is at a crossroads,” said the politician at the beginning of our interview. He went on to emphasize that upstate New York is dominated by NYC democratic interests in the realms of “safety, education, everything . . .” and that we “need balance back in the state,” particularly with “inflation in the economy and high gas prices.”

An example he gave of how important this divide was and how much it has been affecting upstate New York is made apparent in the new concealed carry law. The law is oblivious between

the differences between New York City and upstate New York because it does not designate that people in the city should or can be more dangerous than people wielding firearms upstate, it clearly shows a complete indifference towards the differentiation of the two areas, he said. Catalfamo did not state a stance on gun control in our interview beyond pointing out this fact.

A particularly interesting opinion Catalfamo has regarding upstate New York politics in his campaign is a desire for no further bail reform in the context of the criminal justice system. Catalfamo believes that dangerous criminals should remain incarcerated and should have little to no chance of endangering our streets any further than already possible after they are sent to prison. His stance on this is not only firm but unique; “the state’s approach to criminal justice is out of whack . . . we see it in the ways laws are written.” An example Catalfamo provided to back up his claim was in the case of the Binghamton active shooter case from 2009. The shooter couldn’t have bail set at a high level; there were no laws to prevent this.

Discovery laws are another thing Catalfamo is passionate about in the criminal justice sector. Discovery laws regard when a crime happens and how evidence is treated and collected. In New York state, the prosecutor is required to give the name and address of people who discover evidence in any given case, which Catalfamo argues is a threat to our criminal justice system because it scares people out of participating in criminal trials. “Everything begins, with safety. That allows for civic life, when things are safe,” Catalfamo noted.

Agricultural stances are some of the most important aspects of Catalfamo’s campaign, he said, as the state’s economic makeup is determined by agriculture. Catalfamo pointed out the legislature has opposed overtime labor, an incredibly unjust act of political jurisdiction. He



hopes to oppose this as assemblyman, as he notes how important it is for farmers to be able to work overtime. Catalfamo called the jurisdiction a “real burden on farmers and the agriculture community. This needs to be addressed to make farms as competitive as possible.”

As far as education goes, Catalfamo noted how much of an impact COVID has had on students, particularly because of the fact that students not being able to physically be at school took away from the valuable time away from home to learn and experience just literally being at school. “During COVID policymakers didn’t prioritize the needs of children,” Catalfamo said.

All around, the candidate noted that the COVID educational experience was incredibly detrimental to the students of New York state, because their needs to access emotional, educational, and even physical resources at school, the Zoom education curriculum being less valuable as the in-person learning model, and that in general the state needs to improve upon how it regards its students. Catalfamo noted that these issues were caused by “simply a lack of prioritization.”

I asked Dave Catalfamo what his first course of action would be should he win the slot of state assemblyman. He replied: “Connect with community leaders and identify what needs help moving forward. Besides criminal justice, the most important thing is paying jobs. There’s a lot of road and bridge projects in Washington County that need attention.”

## Donate blood, win prizes

Join the American Red Cross and Discovery to get your heart pumping in July! They are teaming up for Shark Week to encourage donors to give blood or platelets to help prevent a summer blood shortage after a steep drop recently in donations.

Those who come to give July 1-31 will be automatically entered for a chance to win a Shark

Week merchandise package, including: Beach bike, smokeless fire pit, kayak and gift cards. Those who come to give July 21-24 will also receive an exclusive Shark Week T-shirt.

Donate at the Salem Fire House on Thursday, July 21 from 12 p.m. - 6 p.m., 53 S Main Street, or call 1-800-RED CROSS for a list of other available donation sites.

# The upside of a bad economy

**Jill Schlesinger**

*Special to Journal & Press*

With prices high and recession fears swirling, Americans are nervous. Instead of feeling helpless, now is a good time to highlight six potential upsides of a downturn in both the economy and financial markets.

1. Emergency Reserve funds are cool again. A self-funded safety net can be the difference between tossing and turning and getting a good night's sleep.

So, while the economy is still growing, make sure that your emergency reserve fund can cover 6-12 months of living expenses. If you're already retired, increase it to 1-2 years' worth of expenses, to avoid being forced to sell assets at lower levels just to pay the bills.

Keep this money in an accessible savings, checking, or money market account. It should be a little easier to make the leap into safe stuff now that the Federal Reserve has increased short-term interest rates.

2. Reducing credit card (or any high interest) debt may be the best investment of 2022. The idea of paying down a 15-20% credit card balance is even more compelling when financial markets are in disarray.

Instead of being lured into thinking that you will make more by investing than paying down debt, you will find that the guaranteed (and

risk free) return that debt pay down delivers is not just good for your balance sheet, it will likely end up being your best investment of the year.

3. Dollar cost averaging makes you bold. It's tough to be brave about investing amid a market collapse. That's why putting a set amount of money into a portfolio (dollar cost averaging), like you do when you contribute to an employer-based retirement plan, can help you sock away your hard-earned dollars, even when you would really prefer to stash your cash under the proverbial mattress.

4. Roth conversions are more compelling. If you have a traditional (pre-tax) retirement account, market losses may make a conversion into a Roth a little less burdensome. As an example, if the account was worth \$10,000 at the beginning of the year and is now worth \$7,500, a conversion today would add less to your taxable income.

Ideally, whatever you convert keeps you in a reasonable tax bracket and for this to work, you need to have non-retirement funds available to pay the tax due.

Roth assets grow tax-free and when you retire and withdraw the money, there will be no tax due. Because Roth plans are not subject to Required Minimum Distributions (RMDs), you can use them to help control future taxation of Social Security benefits and/or increased costs

of Medicare, which are income tested.

5. Your job may be a ballast against uncertainty. The current labor market remains strong, despite reports of some former growth companies pulling back on hiring.

In fact, there are still more than 11 million job openings and in many industries, bosses are making concessions to keep existing workers happy.

That said, if a slowdown is coming, consider up-skilling yourself, either through free platforms, or see if your company will foot the bill for a certificate program. Don't forget to spend time on your network so that it can be activated if your situation changes.

6. Side hustles could come in handy. During the pandemic, many people found time to create another stream of income – on the side. These side hustles became a way to make a little bit of money, while also being a way to channel creative energy. Many who idled these projects should consider firing up their side hustles to bring in extra income and to exert some control over their financial lives.

*Jill Schlesinger, CFP, is a CBS News business analyst. A former options trader and CIO of an investment advisory firm, she welcomes comments and ques-*



## Nipper Knolls golf tourney

Nipper Knolls Equine Center, Inc. will host its fifth annual golf tournament on Saturday, August 6 at Hartford Greens Country Club. Check in begins at 12:00 p.m. and proceeds will benefit Nipper Knolls Equine Center, Inc. This fundraiser is a four player scramble format and shotgun start. Participants have the chance to win a Ford vehicle courtesy of AutoSaver Ford in the hole-in-one contest. There will be additional fun competitions including a putting contest, closest to the line, most accurate drive, closest to the pin, and longest drive. The event will also feature a silent auction, 50/50 and more.

The registration fee is \$90 per player (\$360 per team) and includes the 18 holes of golf with a cart, a bag of snacks, and chicken barbeque dinner. Teams and individuals can register online by visiting [www.nipperknolls.com](http://www.nipperknolls.com) under "Fundraising and Events" or by contacting Roxanne at 518-763-1976 or [roxanne\\_peck@yahoo.com](mailto:roxanne_peck@yahoo.com) or [nkequinecenter@gmail.com](mailto:nkequinecenter@gmail.com)

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# Make a waterwheel in Easton

Learn about renewable energy sources in our community and build a working waterwheel model to take home in Easton Library's back yard on July 27 from 2-3 PM. Local educator and author Kathy Ceceri will lead this hands-on workshop for children ages 7-11. In this workshop participants will make a low-tech waterwheel using household and crafts materials, and test it out under running water. Be prepared to get a little wet!

Kathy Ceceri is an award-winning writer, educator, and Maker,

with a focus on science, technology, history, and art. The author of over a dozen books for kids featuring hands-on STEAM activities, Kathy Ceceri has taught enrichment workshops at schools, museums, libraries, and after-school programs for more than 15 years, both in person and online. She frequently works with educators and parents looking for ways to make learning more engaging and fun.

In addition, Kathy develops teaching and learning materials for companies like Maker Shed

and Adafruit Industries, as well as organizations including the Girl Scouts of the USA, where she helped design a series of robotics badges and a nationwide cybersecurity competition.

Kathy's writing about parenting and education has been published both in print and online. She was the Homeschooling Expert for About.com, a top contributor to the GeekDad blog on Wired.com, and co-founder of the GeekMom website.

This program is made possible by Friends of Easton Library.



Kathy Ceceri

Easton Library is located at 1074 State Route 40, Greenwich (in the Town of Easton). Please pre-register at 518-692-2253 to ensure adequate space and supplies.

## 18th century medicine

On Wednesday, July 20 at 7:00 p.m., the Cambridge Historical Society & Museum will host the second in a series of Wednesday evening summer programs at the Museum at 12 Broad Street in Cambridge. Joe Craig, a retired Park Ranger who had 40 years with the National Park Service where he developed an inter-

est in 18th century medicine, will present the program, "The Cost of Healing...Medical Treatment in the 18th Century." He will look at several medical cases from the 1700s. The Museum will be open for tours starting at 6:00 p.m. and light refreshments will be served following the program.

## Don't forget to renew

If you've gotten a renewal letter and haven't responded yet, please do soon. We are about to purge our lists. You can go to [JPSubs.com](http://JPSubs.com) to renew online or just mail a check.

If you are having problems affording your subscription, let us know. We'd rather keep you as a subscriber and as a part of the Journal & Press family than see you go.

The Journal & Press needs subscription revenue to survive. Otherwise, we'll just become one of these advertiser papers full of press releases and no real news or analysis.

This paper has been in production for 180 years, recording our history,

and continues to do so. The paper continues to organize useful news and events in a way that social media cannot.

Postal and printing rates have skyrocketed since Covid, so please know that keeping a print newspaper going in this day and age is a herculean effort. Without enough subscribers, this paper will cease to exist. We lose some here and there but are working hard to gain more than we lose.

Realize keeping this paper alive only costs about 10 cents a day – perhaps consider gifting a subscription for friends and relatives – locally, or anywhere in the USA.

## S'ville flower show

The Schuylerville Garden Club will present its annual National Garden Club Standard Flower Show entitled "Flowers Take Flight" on Saturday, July 23 from 1:00 – 5:00 pm and Sunday, July 24 from Noon- 4 pm in the Town Hall, 12 Spring Street (corner of Spring & Broad) in Schuylerville.

There will be Floral Design, Horticulture and Artistic Crafts competitions, which will be judged by trained judges. A Photography division will be judged by the people attending the show. All divisions reflect the "Birds" theme.

The show will also include

plant, glove and bake sales, prizes from a benefit table and special exhibits. A presentation of "All About Bluebirds" will be given on Sunday at 2:30 by Russ Guard.

Admission and refreshments are free. The public is invited to attend and participate in the show. For more information, visit [www.schuylervillegardenclub.org](http://www.schuylervillegardenclub.org).



## Boom sprayer class

Farmers with boom-type crops sprayers can receive two CORE credits for their pesticide license recertification at a meeting presented by Cornell Cooperative Extension, the Capital Area Agriculture & Horticulture Program and CCE-Eastern NY

Commercial Horticulture. Meetings will be held at Salem Farm Supply, 5108 NY-22, Salem, NY from 2:00 - 4:15 pm on July 26. Registration and a fee of \$20/person is due by July 25. Contact 518-765-3518 or [cce-caahp@cornell.edu](mailto:cce-caahp@cornell.edu) to sign up.



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## End-of-July ideas

**Shirley Renauld**  
*Journal & Press*

How are you doing with your Summer schedule? The season moves along fast: It's already blueberry season. Our thanks to the Winney and Hand families. There's so little prep for blueberries for pancakes, muffins, milkshakes... So easy to freeze: just wash, spread out on cookie sheets to freeze so they don't stick together in freezer bags.

Starting out the county fair season is Saratoga, from 19 to 24. Good luck to the Wood family with their goats and to all the other 4-hers. Oh, and how are you coming with the Rebelwood soap? King Dairy has a County Fair flavor to celebrate the times. It's also not too early to think about getting deals on season passes and advance sale ride tickets for the Wash Co Fair--and hope you got your entries in on time.

About now, there's concern about avoiding the Summer Slide because schooling is not in session. But there's so much applied learning:

Better spell all words correctly as you make posters: for the fair, for your fund-raising stands (lemonade, produce from your garden, things you make...), for your yard sales...

As you sell, better be money smart: Making change. If you're in on it with a friend, how are you keeping track of each person's share? Got some down time? Get to know your coins: heads (whose?), tails (do you see any? or what are those engravings?)--careful, you might be doing some Social Studies. Play Heads or Tails with a friend. Oh, and speaking of time, how do you tell and keep track of time?

If you're a score-keeper for sporting events, better be accurate if you're going to "win friends and influence people".

- On your family trips, are you in charge of a journal or expense account: How much are you spending on gas! What's the mileage, the mpg? (Have you been doing math? More productive than those worksheets, isn't it?) Are you following a map? Compare it with looking out the window: What's the topography? The vegetation? Better keep your eye to the sky: What kind of weather is it going to be for your activities? What kind of clouds are they? Imagine what they look like. Are they moving? Why? Which way?

Are you going hiking? Public land with trails or can you explore on private property? The more remote, the better to go with a group, including someone who's been there before. Much preparation before you head

### **'Find a great place to make fairy houses and check the next day if the fairies came.'**

out: long pants and sleeves, sturdy footwear, sun and insect protection, basic first aid supplies, water bottle, phone, collection containers... Right at the start, orient yourself, to general direction, landforms and objects, to the sun. Take a compass? Know plants not to touch: We know poison ivy; "leaves of three, let it be". Nettle doesn't have the blistering and spreading effects, but can be an itchy annoyance for a good while. Along the way, what can you see, do and collect? It always pays to stay alert and quiet to see wildlife, be safe (Don't step on an anthill or even trip on one! Good thing you tucked your pant legs into your socks or you'd feel them already.), to pick one up--to understand better that frogs are cold-blooded. It pays to know when it's a hunting season. Seasonal berries! Great to find a

patch of red or black raspberries or later blackberries or even grapes. Get enough to take home. Avoid the toxic-to-humans ones; like leave pokeberries for the birds or for those who make ink.

So much more of nature to collect for later use. From woodland: Bark will have many uses: some has moss growing on it or even ferns, flowers or berries; white birch, dry bark (Good thing for several different containers!) Look for cones, big from pine, small from hemlock. Branches will have so many uses: Dry twigs and small pieces will be great fire starters along with the dry bark and thicker sections will keep the fire going. Branches with several offshoots will be good for weavings. Maybe you'll find a strong one you can use as a walking stick right now.

Are you camping? Those wood collections will be helpful to make that campfire: for cooking your supper, including roasting hot dogs when the flames die down; later for relaxing and sing-alongs (Did you bring your guitar?), keeping the mosquitoes away, and toasting those marshmallows over the embers for s'mores before bedtime.

Got to play in the woods before you leave. The safest to climb are in willows because of the way the sections grow. But they like to grow along streams, so remember "slippery when wet". Find a great place to make fairy houses (thanks, Amy) and check the next day if the fairies came (right, Kira?)

Hope you remember where you left your collections before you head back to home base. You must be ready for a snack, maybe more of those berries,



something you brought one with you – and always, drink water. As you eat, think about what you will do with what you collected: Got enough berries left to make a pie? Shall you create characters with the cones or save them for the holiday season or to use as indoor fire starters? Recycle a fish bowl or big snack bottle, on its side, into a terrarium: On a layer of pebbles, make an arrangement like on the forest floor, cover and keep in partial shade.

Maybe as you were coming back from the woods you saw some places for the next hikes. If you're on farmland, after a cutting of hay from a level field, you could have running races, play dodgeball, set up for kickball or baseball...

If you're going to hike in pastures or meadows, better especially remember the sunscreen – there's not much nature protection like in the woods. Take along binoculars so you can look out into the distance and if there are farm animals there to graze, watch where you step! The main things to collect here are wildflowers. Bouquets are always great to give away. On newspaper (another use for this paper when you're done reading!) shape each flower and its leaves how you want them to dry, cover with more newspaper, and put a weight on it so the paper can absorb their moisture. Once they're dry, you can arrange and glue them to make pic-

**continued on next page**

## Summer's invitation

**Teresa M. King**  
*Journal & Press*

This relaxed time of year is a lovely reminder for us to rest and play. So much of life is fast-paced, intense and full of heavy responsibilities. Do you give yourself permission to rest? What do you do for fun?

The phrase “summer vacation” brings memories from earlier days. One favorite memory I have is of writing as a teenage, while soaking in the sun, listening to Layla, Heart of Gold, American Pie, Taxi, Chicago, Carly Simon and Jim Croce, without a care in the world. It was total freedom!

Another memory I have is of going to the county fair every summer. The entire family piled into several cars, focused on having fun. I remember taking in all the sights, while I ate my long-awaited cotton candy. I watched kids running to the next ride, parents chasing them and people eating ice cream cones that dripped

### (cont.)

tures, cards, an identification booklet. Ellie made a green handprint and glued a dry flower on each fingertip. This is the time to pull grapevine from whatever the tendrils are clinging to, while it's pliable enough to weave with or make wreaths for decorating with wildflowers for headpieces for dancing now or for seasonal decorations later.

Always when you get back from hiking, check for those nasty ticks.

We see garden flowers thriving now. The Schuylerville Garden Club is holding its annual show on July 23 & 24 at the Town Hall. The Theme is Flowers Take Flight so it's appropriate that the posters show petals of flowers moving up to be feathers of birds. There's a program about bluebirds, too. We appreciate the work of Leona and all the club members who have beautified the village with all the plantings along Broad St and at sites. Now they all need frequent waterings and weeding. Could we help?

Summer Slide? What's that? We've already done math, spelling and writing, social studies,

in the summer heat. There were so many exciting rides, so many games to play, and so many lines to wait in! I thoroughly enjoyed driving and crashing into other bumper cars. Each year I won a goldfish, rode the tilt-a-whirl and screamed with delight with all of my cousins. We walked through endless barns to look at award-winning pigs, goats and chickens. And then there were all of the cows, row after row of cow butts! Our day always ended with pizza for dinner.

When I attended the Washington County Fair as a parent, I felt my children's excitement as they chose the rides they wanted to go on. I enjoyed the tractor pulls. I felt peace in my bones, while strolling through exhibits, barns and crowds. Now, as I look back at all those times, I realize that this cherished annual outing offered so much more than a day of play for everyone. Going to the county fair had a depth of joy and a surprising emotional constancy that one can better appreciate as an

art, lots of phys ed and science. On to reading: All SALS member public libraries have Summer Reading Programs. Just sign up, choose your book (yes, you get to choose what you read! – and no book reports!), take it home to read, maybe in the hammock you set up. When you return that book, give yourself credit and choose another. No one will forget the prizes and party at the end of the Program. While you're at the library, check out the free food: produce from local farms to supplement your garden and other food delivered weekly by the Food Pantry. Each library offers performance programs to complement the theme of Oceans of Possibility.

Need more music? There are outdoor concerts in each community, the Wash County Band makes its rounds, thanks to our local grocer, Byron, with his band and others.

End the month with more phys ed: the Truck and Tractor Pull for Kids (8 classes include adults) at the Washington County Fairgrounds with activities and fair food for the whole family.

Did we cover all parts of the curriculum? Plus we had fun doing it!

adult.

But, if I am totally honest, I still want to be that wide-eyed kid, savoring my blue cotton candy, eager to hop into another bumper car. How will you play this summer?

*Teresa King facilitates Circles to Honor Grandmothers. The next circle will be on August 10 at the Saratoga Springs Senior Center. She will offer Return to Yourself, a program for women based on the power of listening to your heart, intuition, inner voice and Truth, starting on Friday, September 9. More info can be found under Events at <https://thelargerpicture.com> or by emailing her at [teresaking1@live.com](mailto:teresaking1@live.com)*



## RC churches

Sunday Mass at Holy Cross Catholic Church is at 8:15 AM, St. Patrick's celebrates on Sunday at 11:30 AM, and Immaculate Conception in Hoosick Falls is Saturday at 4 PM and Sunday at 10 AM. Weekday Mass at Holy Cross is held at 9, on Tuesday at Holy Cross, on Wednesday at St. Patrick's, and at Immaculate Conception on Monday. Visitors are always welcome. Monday. Please consider making regular donations to ensure the parish's financial survival. Electronic giving is available at [www.battenkill.org/donations](http://www.battenkill.org/donations). You are encouraged, but not required, to wear a face mask in Church and other large groups. Parishioners continue to pray for the people of Ukraine.

Reconciliation is available before Mass at 7:45 at Holy Cross. At St. Patrick's it is available after the 11:30 Mass.

Fr. Peter can be reached by calling the office at Immaculate Conception at 686 5064, leaving a message if the office is closed. If the need is urgent, please call or text Jeff Peck at 683 6461.

Consider visiting the parish website, [www.battenkillcatholic.org](http://www.battenkillcatholic.org), to sign up for flocknote notifications, access adult faith formation materials and so much more.

## Worry about now, not a murky tomorrow

**Daneen Skube**

*Special to Journal & Press*

**Q:** *My company will pay for me to get my MBA, but I have to stay in the job for five years after I get my degree or pay it back. I don't know if I want to stay in my job that long. How would you advise your client to think about this decision?*

**A:** I always advise clients to grow where they are planted now. If you make the best choice for yourself today, tomorrow will usually take care of itself.

For instance, if your MBA now is free and opens up opportunities, start your MBA. In the future, if you leave you can negotiate with a new employer to more than cover the costs of paying them back for this degree, and you get a better job!

Often we worry too much about

the future with no way of peering into a crystal ball. Unfortunately, we worry ineffectively about the present moment. Because there is no way of knowing everything the future will bring, effective decision making can only be done by considering what is best for you right now.

You cannot know what will happen in your department. There are many variables. You can know if today this degree will be interesting, result in more money, opportunities, or a larger network.

My clients often come in for a session completely tangled up in attempting to predict all the factors they cannot know or control rather than working with known factors. During our session, as we untangle the present good from the future unknown, the path forward for my client is clear.

To try this technique at home, write on a sheet of paper all the factors you are considering in your decision. Now go through your list and cross out all the factors you cannot now know or cannot control. Now look at what factors are left and make the best decision you can using only these issues.

Surprisingly, this habit of making the best decision open to you at this moment generally works out beautifully for your future good as well. One of the main skills clients get in working with me is radically improving their decision making. When only considering your present good becomes muscle memory, you'll find you have unexpectedly optimally positioned yourself for future opportunities as well.

Anxiety can be our friend when it motivates us to move forward or our foe if we let it paralyze making

a choice. When we do nothing while waiting to know everything, opportunity may have knocked and moved on.

### The last word(s)

**Q:** *Many of my business agreements end up falling apart. Is there something I am missing?*

**A:** Yes, a stable agreement must genuinely benefit the deepest needs of each party or it will fall apart or create revenge.

*Daneen Skube, Ph.D., is an executive coach and appears on FOX's "Workplace Guru" each Monday morning.*



### JUMBLE FOR KIDS

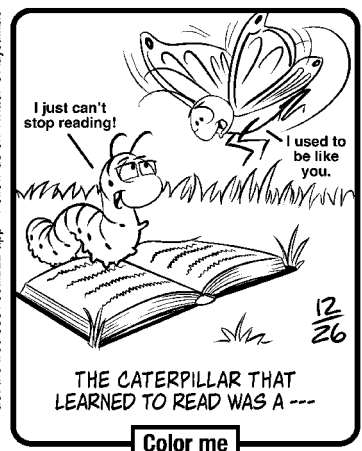
THAT SCRAMBLED WORD GAME!®

By David L. Hoyt and Jeff Knurek

The letters of these crazy words are all mixed up. To play the game, put them back into the right order so that they make real words you can find in your dictionary. Write the letters of each real word under each crazy word, but only one letter to a square.

OWW	□	□	□	□
MBPU	□	□	□	□
FROK	□	□	□	□
ORDA	□	□	□	□

Get the free JUST JUMBLE app - Follow us on Twitter @PlayJumble



Color me

Now you're ready to solve today's Jumble For Kids. Study the picture for a hint. Play around with the letters in the circles. You'll find you can put them in order so that they make your funny answer.

Print answer here:

□	□	□	□	□	□	□	□
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## Music at the Battlefield

Saratoga National Historical Park announced the return of Music at the Battlefield this August. The Park will host two free concerts on the lawn next to the Visitor Center at 648 Route 32 in Stillwater, NY. Bring a lawn chair or blanket and enjoy the exhilarating sounds along with the beautiful and historic views from the top of the hill. Both events are made possible by support from Friends of Saratoga Battlefield.

August 9, 12:00 p.m.: The McKrells will bring their rousing brand of Bluegrass to the park. Bluegrass Now magazine described the band as follows: "Traditional suits-and-ties bluegrass The McKrells are not...Yes, it's Grass, mostly, but there's a lilt to the tunes, a bouncing drive to the melodies, and here and there a touch of melancholy that seems to go hand in hand with the Celtic folk persona."

August 23, 12:00 p.m.: Visitors can enjoy the

Fifes & Drums of Fort Ticonderoga. Founded in 1926, the Fifes & Drums of Fort Ticonderoga have played each summer since 1973. They performed at the 1980 Winter Olympic Games in Lake Placid and at the launch of the U.S.S. Ticonderoga in 1981. For this visit to Saratoga NHP, they will portray Continental Army artillery corps drummers and fifers.

Saratoga National Historical Park preserves, protects, and interprets the sites associated with the battles, siege, and surrender of the British forces at Saratoga. The park encompasses five sites including the Saratoga Battlefield, Philip Schuyler House, Victory Woods, the Saratoga Monument, and Sword Surrender site totaling 3,579 acres.

For more information about Saratoga National Historical Park, please call the Visitor Center at (518) 670-2985 or visit [www.nps.gov/sara](http://www.nps.gov/sara).

# Local military academy students named

Congrats to Schuylerville's Claire Pelletier-Hoblock and Connor Hart, pictured.

Congresswoman Elise Stefanik announced eight appointments of qualified students from New York's 21st Congressional District she nominated to United States Military Service Academies.

"It is one of my highest honors as a member of Congress to nominate deserving students from New York's 21st Congressional District to

our nation's military service academies," Stefanik said. "Serving in our nation's military is an honorable calling, and their willingness to serve our nation and defend our freedoms is inspiring. After learning about



Connor Hart

each of their accomplishments and speaking with each student, I am confident this group of young leaders will represent New York's 21st District well for years to come. I congratulate them on this significant accomplishment and wish them well as they matriculate this summer."

Each year, members of Congress select students from their districts to attend one of America's distinguished military academies.

## U.S. Military Academy

Jake Wesley, Johnstown – Johnstown High School

Brigid Duffy, Queensbury – Queensbury High School

Thomas Conway, Chestertown – North Warren Central School

Evan Richardson, Watertown – Watertown High School

## U.S. Air Force Academy

Tyler Spaulding, Queensbury – Queensbury



Claire Pelletier-Hoblock

High School

## U.S. Naval Academy

Claire Pelletier-Hoblock, Schuylerville – Schuylerville High School

## U.S. Merchant Marine Academy

Connor Hart, Schuylerville – Christian Brothers Academy of Albany

## U.S. Air Force Academy Preparatory School

Huck Patton, Ballston Spa – Saratoga Springs High School

Students in New York's 21st District interested in a military service nomination can find out more information and apply through Stefanik's website.

# Castelli creates 'Moderate' party line

Democrat Matt Castelli, Congressional candidate for New York's 21st Congressional District, submitted signatures on July 5th creating an independent line, the "Moderate Party", to appear on a second party line on the November ballot. With the help of over 250 Democratic, Republican, and Unaffiliated volunteers, the campaign collected over 6,500 signatures, nearly double the 3,500 signatures required to run on an independent line. Castelli also announced last week that he raised over \$300,000 in the second quarter of this year - his best quarter to date - with over \$1 million total raised and more than \$500,000 cash on hand.

"The success of our petitioning for both the Democratic and Moderate lines demonstrates our campaign's unstoppable momentum in building the broad coalition of volunteers and voters that will lead us to victory in November," said Matt Castelli, Congressional candidate for NY-21. "While Elise Stefanik has put her self-interest and party allegiance first, voters of all parties know

that as their representative, I will focus on practical solutions that strengthen working families, secure jobs and local businesses, and keep our communities safe. Our district has consistently rejected extremists and our campaign has again shown that we are uniquely positioned to bring voters into our coalition that prioritizes shared values over division."

Castelli successfully petitioned for the Democratic Party line in April, submitting over 4,000 Democratic signatures - more than triple the required 1,250 signatures. In total, the Castelli campaign collected nearly 11,000 signatures from voters of all political affiliations - rivaling the total number of signatures Congresswoman Elise Stefanik submitted for the Republican and Conservative Party petitions. In 2018, NY-21 Democratic candidate Tedra Cobb also attempted to run on an independent line, submitting just over 3,500 signatures, but was unable to withstand a petition challenge.

Castelli is the front-runner in the Democratic

primary, and the only candidate endorsed by County Democratic Committees, labor, former and current members of Congress, and national organizations. He intends to win the Democratic primary on August 23rd, and appear on both the Democratic and Moderate lines on the November ballot.



At the BOE

## Have our kids become royal pains?

**Greg Schwem**

*Special to Campus News*

Maybe it's time to admit that, when it comes to parental discipline, our skills have disappeared faster than a toddler's attention span.

Princess Kate Middleton recently found herself under the disciplinarian microscope when a hilarious, yet uncomfortable video emerged starring her youngest child, 4-year-old Prince Louis and fifth in line of succession to the British throne. (Translation: He will never be King).

The video, shot as mother and son watched the Platinum Jubilee pageant from front-row seats, featured a clearly bored Louis sticking out his tongue at his mum and batting her hand away when she tried to refrain him from "cocking a snook," the British expression for thumbing one's nose.

Because the dustup happened between royals, the video naturally went viral, causing millions to give their unwanted opinions on Kate's parenting skills. The responses ranged from sympathetic (kids will be kids, even if they do live in palaces) to calling Louis a spoiled brat for daring to show disrespect to the future Queen of England. What kind of hooligan will Louis be at 15 if he is already testing boundaries at 4, they wondered?

I chuckled when I saw the video, knowing Kate was in an impossible situation. What was she supposed to do, knowing her every move was being recorded by dozens of cameras? Backhand her son across the face? Summon the royal guillotine? Or, worse, put young Louis in timeout by making him sit with the weird-haired gentleman, none other than British Prime Minister Boris Johnson, in the second row?

If you're a parent, you've had

your own Kate moment. When she was 2, my eldest daughter bit my finger hard enough to draw blood. She is now 25 and holds a corporate job. She has never spent time in jail. At least, not that I'm aware.

Cut Kate some slack, I thought. All children should be subject to discipline, but who are we to judge how it is administered?

### 'So, parents, let's stop coddling our kids.'

Of course, that was before I saw the Mercedes.

It was sitting, unattended, in the park I visit each morning with my dog. A real beauty she was; jet black in color, with the silver three-point Mercedes-Benz emblem glistening in the rising sun. A Google search revealed I was staring at the 12-volt, S63 model, featuring one-button start, forward and reverse shifter, wear-resistant wheels, one USB port and an MP3 interface. The car retailed for anywhere between \$190 and \$250, depending on what site you were perusing.

Oh, no, this wasn't an actual Mercedes-Benz. It was a toy replica, designed to be piloted by drivers between 3 and 5 years of age. Still, I wondered, what type of ungrateful kid leaves such a vehicle in a public park overnight, knowing another child could just hop in and drive away?

Worse, what parent allows this to happen?

I tried to imagine the scenario: Did the car's battery die and no toy

Mercedes tow trucks were available to assist? This seemed unlikely, since the S63 weighed a mere 33 pounds. Picking it up and putting it in the family car wouldn't be that difficult.

Or were there other forces at play here? Did another child zoom by in a toy Tesla, featuring a Wi-Fi-enabled touch screen? Did that cause the embarrassed Mercedes owner to throw a tantrum, exiting the vehicle and demanding his cheap parents purchase an immediate upgrade? If I had been that parent, I would have calmly explained the 2023 models hadn't yet arrived and it would be wise to wait.

When she was 5, my daughter, the aforementioned finger biter, had a Barbie-themed electric car. Purchased for 10 bucks from a yard sale, it was parked in our garage every night. Had she left it anywhere else, rest assured, there would have been consequences.

So, parents, let's stop coddling our kids. Make them put away their toys and teach them the value of money. Let them know the finer things in life come with responsibilities. They will thank you later.

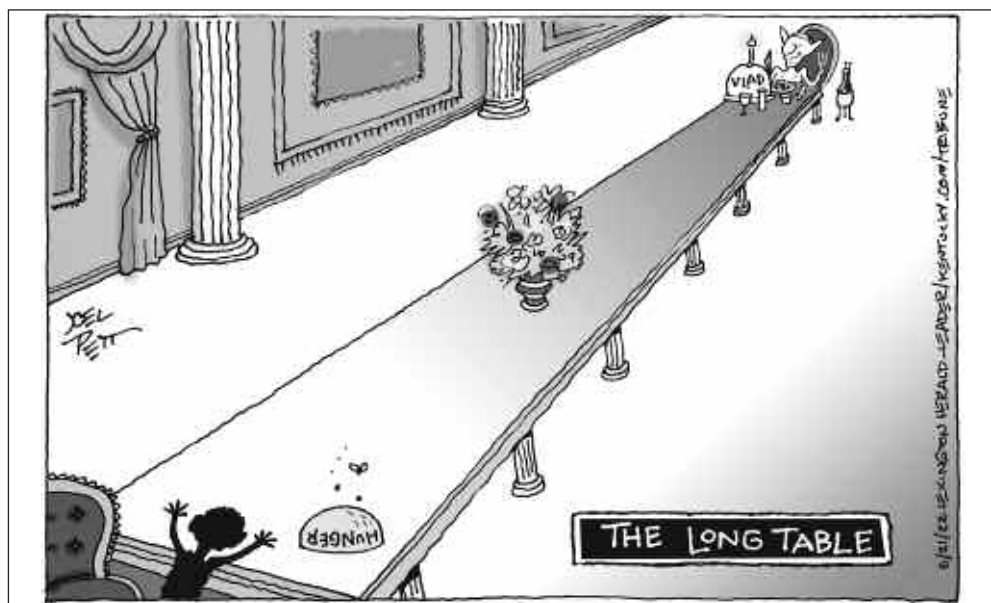
Even if it means spending time in the royal dungeon.

*Greg Schwem is a corporate stand-up comedian and author of "The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian," available at Amazon.com. Visit Greg on the web at gregschwem.com.*



## An Artist's Take

**Political Cartoon of the Week** by Joel Pett



## Donald Obenauer Morehouse Sr., 88

Donald Obenauer Morehouse Sr., a resident of the Fort Hudson Nursing Center in Ft. Edward, passed away peacefully on June 25, 2022 after a lengthy illness with Dementia, while under The Community Hospice care.

Don was born October 26, 1933, in Cambridge, NY, to the late Robert S. and Bernice Obenauer Morehouse. In addition to his parents, he was predeceased by his sister, Joyce Day Brown.

Don graduated from Greenwich Central School, Class of 1951. He then graduated from Norwich University in the ROTC program in 1956 with an Industrial Engineering Degree and was a member of the American Societies of Military, Mechanical, and Civil Engineers.

He married his high school sweetheart, Beverly Bryant, on June 18, 1955. After graduation he had expected to be stationed in Germany, but with the signing of the Armistice Agreement his orders were cancelled. He spent about a year on active duty at Fort Belvoir, VA, before being transferred to the Army Reserves serving another 8 years.

In the early 60's Don worked alongside his father operating Morehouse Construction Corporation in Middle Falls. They were paving contractors involved in private, commercial, and town/village paving projects. After 40 plus years he retired from the blacktop business.

Don took great pride in serving the Greenwich

Community. He served as a Town Councilman for 2 terms. During this time, he was instrumental in helping to cap the Greenwich Landfill. He served as Trustee on the Greenwich Cemetery Association, he was a Masonic Past Master of the Ashlar Lodge #584 F.&A.M., a Lifetime member of the American Legion #515, and a longtime member of the Greenwich Lions Club. He was also a member of Centenary United Methodist Church where he served as a Trustee and on the Benevolence Committee for several years.

Grampa was cherished by his family. Being an athlete himself, he was his children's and grandchildren's biggest supporter at their sporting/school events. He attended them here and in Florida. He attended every event that he could. Don thoroughly enjoyed playing tennis as often as he could. His Sunday morning matches with friends/family was something he looked forward to. In his 60's he picked up the sport of Pickleball in Florida, which he then brought back to Greenwich. Friends helped him paint Pickleball lines on the tennis court in the Pines Development where he lived. Don was still playing Pickleball into his 80's with a group from Gavin Park in Wilton. He and Bev spent several weeks in Florida during the winter for several years, where he could enjoy playing tennis/pickleball and they could spend time with family and friends in Florida.



grandchildren, Kathyne Morehouse of CO, Elizabeth (Doug) Pearce of MA, Laura (Shane) O'Malley of CO, Donald (Erica) Morehouse and Christie (Tucker) Smoot all of FL, Brittany (Pete) McNulty of Saratoga Springs, Jared Kirk of CO, Robert Scheidegger of Queensbury; 5 great grandchildren, Tucker Beau and Calvin Smoot, Madison McNulty, Donny "IV" Morehouse, and River Pearce.

The family would like to extend their sincere thanks and gratitude to the doctors, nurses, aides, social worker, and administration at Fort Hudson Nursing Center. You went above and beyond in caring for him, you loved him. You were kind and compassionate not only to Don, but to his family. You brought us into the Fort Hudson Family. We cannot thank you enough.

Funeral services will be in late August at the convenience of the family. There will be notification to announce the arrangements, which are under the care of Flynn Bros. Inc. Funeral Home.

In lieu of flowers, donations in Don's name may be made to the Easton Greenwich Rescue Squad, PO Box 84, Greenwich, NY 12834; Double H Ranch, Gift Processing Center, PO Box 1378 Williston, VT 05495, or to the charity of one's choice.

Online condolences and messages to the family may be made at [www.flynnbrosinc.com](http://www.flynnbrosinc.com).

**Kiley Merecki**  
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**By Appointment Only**

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Survivors include his wife of 67 years, Beverly Morehouse of Fort Edward; his sons, Robert (Andrea) Morehouse of Clifton Park, Donald O. (Shawn) Morehouse of Lake Mary, FL; his daughters, Dawn Kirk of Milton and Suzanne (Robert) Scheidegger of Queensbury; 8

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## Salem Sudoku

(solution below)

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**Filbert** by LA Bonté



@FilbertCartoons

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C <sub>3</sub>	O <sub>1</sub>	F <sub>4</sub>	O <sub>1</sub>	U <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	RACK 1 =	<u>63</u>
B <sub>3</sub>	L <sub>1</sub>	I <sub>1</sub>	N <sub>1</sub>	D <sub>2</sub>	L <sub>1</sub>	Y <sub>4</sub>	RACK 2 =	<u>63</u>
E <sub>1</sub>	M <sub>3</sub>	E <sub>1</sub>	R <sub>1</sub>	A <sub>1</sub>	L <sub>1</sub>	D <sub>2</sub>	RACK 3 =	<u>63</u>
S <sub>1</sub>	I <sub>1</sub>	N <sub>1</sub>	K <sub>5</sub>	A <sub>1</sub>	G <sub>2</sub>	E <sub>1</sub>	RACK 4 =	<u>62</u>
C <sub>3</sub>	H <sub>4</sub>	A <sub>1</sub>	P <sub>3</sub>	E <sub>1</sub>	A <sub>1</sub>	U <sub>1</sub>	RACK 5 =	<u>92</u>

PAR SCORE 260-270

TOTAL **343**

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C	A	M	P	I	N	G	Y	K	A	Y	A	K
T	S	H	I	R	T	F	R	K	I	T	E	J
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B	E	O	C	A	P	O	P	S	I	C	L	E
B	O	A	T	I	N	G	O	P	U	N	C	H
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S	C	U	B	A	D	I	V	E	V	J	R	Z

## Boggle BrainBusters!

BUPH  
WOIS  
GOKE  
AGLM

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.

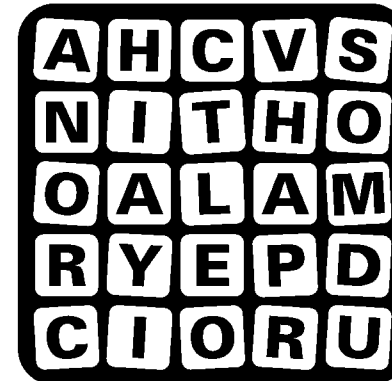
BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61-100 = Pro
- 31-60 = Gamer
- 21-30 = Rookie
- 11-20 = Amateur
- 0-10 = Try again

By David L. Hoyt and Jeff Knurek



**Boggle BrainBusters Bonus**

We put special brain-busting words into the puzzle grid. Can you find them?

Find AT LEAST 10 COUNTRIES in the grid of letters.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Answers to Last Sunday's Boggle BrainBusters:  
OTTER HYENA SABLE HORSE TIGER MOOSE SLOTH MOUSE

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## Answers

**Boggle:** LAOS MALI IRAN PERU CHAD ITALY CHINA CHILE CROATIA SOMALIA

**Jumble:** MANLY DOILY FORGET ROTATE

**Final Jumble:** GRAND TIME

**Kid:** WOW BUMP FORK ROAD - BOOKWORM



# Dog of the month

Lucky Puppy, a dog rescue in Ar-gyle, has a dog looking for a home. They report: “Larry is an 18 month old neutered male Chi mix. From his foster In 24 short hours Larry opened up and showed his wonderful personality. Currently Larry enjoys sitting on our laps, getting cuddles and will kiss us occasionally. Larry is going potty outside and has a great easy routine. He’s been eating very well and knows when it’s meal time. He has done great with other dogs large and small as long as they aren’t to playful. He’s more of the cuddle type instead of the fetch type of dog. Larry doesn’t necessarily like water but gets very happy when the other dogs are getting baths. In addition he likes to



be on the pool float with you. Larry went to an event at a brewery and did so well! He is opening up and enjoying socializing and meeting new people. He has been exposed to cats and he doesn’t seem to mind them around. Overall Larry is a very low maintenance loving boy waiting for his people.” To inquire about this or other dogs at the rescue, contact 518-638-7290 or visit [theluckypuppy.org](http://theluckypuppy.org).

## Parke studio exhibit

Painter Leslie Parke will be opening her studio gallery to the public on Saturday, July 16 from 10 a.m. to 2 p.m. for the second of three special exhibitions this summer in celebration of 45 years of creating art at VARAK Park at 15 West Main Street in Cambridge, NY. All work will be available for purchase.

The studio exhibitions provide a unique opportunity to experience Parke’s work from each decade throughout the artist’s career exhibited together in never-before-seen ways. A new show is mounted for each exhibition, hung throughout two galleries and a studio spanning the entire fourth floor of the former seed factory.

July’s show is titled “Pairings,” a vibrant exhibition which puts together older and new work, paintings and photographs to highlight the connections and through lines in the work.

Leslie Parke is a recipient of the Esther and Adolph Gottlieb Grant for Individual Support, the Lila Wallace-Reader’s Digest grant as artist-in-residence at the Claude Monet



Foundation in Giverny, France, and the George Sugarman Foundation Grant. Museum exhibits include the Williams College Museum of Art, the Museum of the Southwest, the Fernbank Museum, the Milwaukee Art Museum, the Bennington Museum, and the Museo de Arte Moderno. Parke has a BA and MA from Bennington College in Vermont.

For more information on Leslie Parke’s work and summer studio exhibitions, visit: [www.leslieparke.com](http://www.leslieparke.com) or email [leslie@leslieparke.com](mailto:leslie@leslieparke.com). Masks are encouraged and social distancing will be respected during all events. An elevator to the studio is available.

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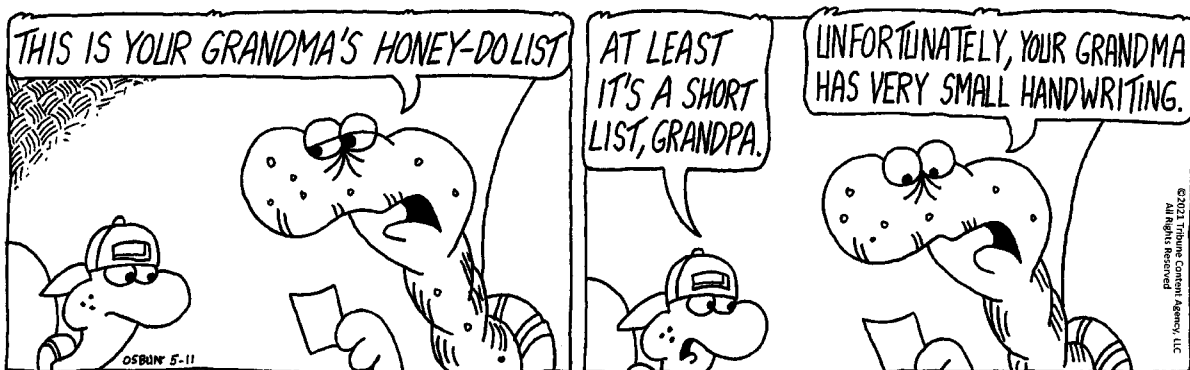
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# The Funny Page

## Animal Crackers by Fred Wagner



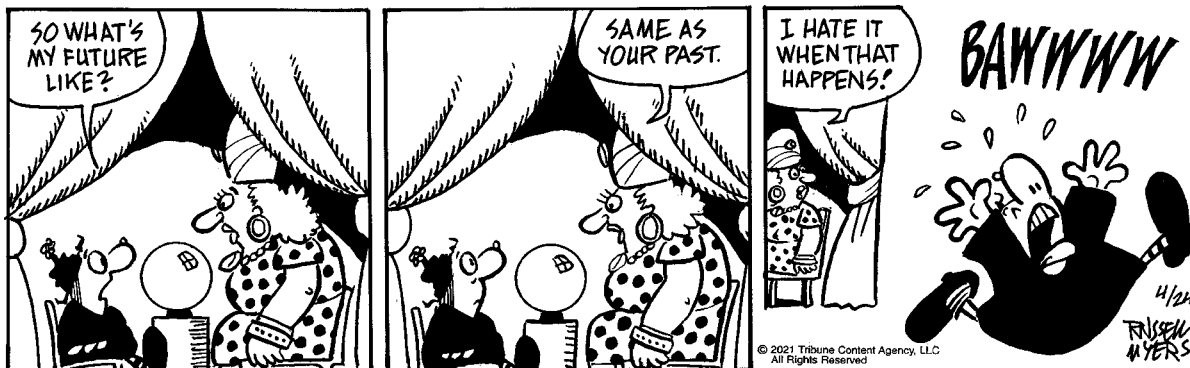
## Gasoline Alley by Jim Scancarelli



## The Middletons by Dana Summers



## Broom Hilda by Russell Myers



## SCRABBLE G R A M S

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O <sub>1</sub>	O <sub>1</sub>	U <sub>1</sub>	F <sub>4</sub>	D <sub>2</sub>	N <sub>1</sub>	C <sub>3</sub>	RACK 1
I <sub>1</sub>	Y <sub>4</sub>	N <sub>1</sub>	L <sub>1</sub>	B <sub>3</sub>	D <sub>2</sub>	L <sub>1</sub>	RACK 2
A <sub>1</sub>	E <sub>1</sub>	E <sub>1</sub>	D <sub>2</sub>	L <sub>1</sub>	M <sub>3</sub>	R <sub>1</sub>	2nd Letter Double RACK 3
A <sub>1</sub>	E <sub>1</sub>	I <sub>1</sub>	K <sub>5</sub>	G <sub>2</sub>	N <sub>1</sub>	S <sub>1</sub>	RACK 4
A <sub>1</sub>	A <sub>1</sub>	E <sub>1</sub>	U <sub>1</sub>	P <sub>3</sub>	H <sub>4</sub>	C <sub>3</sub>	Triple Word Score RACK 5

PAR SCORE 260-270  
BEST SCORE 343

FIVE RACK TOTAL  
TIME LIMIT: 25 MIN

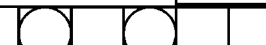
## JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

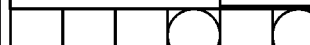
NYALM



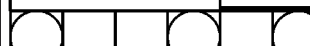
DIYLO



TFROGE



TRATEO

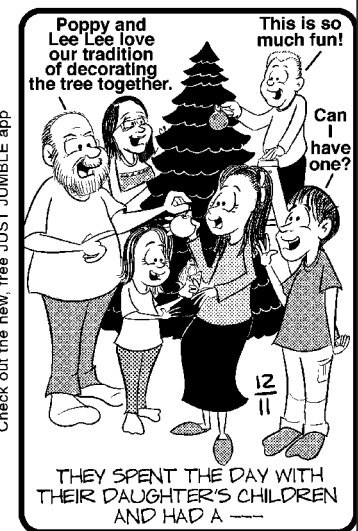


Print your answer here:



## THAT SCRAMBLED WORD GAME

by David L. Hoyt and Jeff Knurek



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.



Puzzle  
Answers  
Page 24

# Al Fresco Dinner returns to Salem Courthouse

The Historic Salem Courthouse says its Al Fresco Dinner is back. The event will be held Saturday, August 13, from 4:30-8:30 pm. They will be celebrating life in the Salem community and the Historic Salem Courthouse Preservation Association's 20th year of service. Taste buds will be delighted by chef Bill Richter's culinary masterpieces. Dinner includes appetizers, salad, bountiful entrees, and a special dessert. Local produce will be sourced to the fullest extent possible. A fine dining on the green experience enhanced by an exquisite wine selection and jazz music performed by the Jeanine Ouder Kirk Trio.

Al Fresco is the Courthouse's major fundraiser each year. With funding from Al Fresco and other fundraisers, The Courthouse is able to offer a wide

array of programs, from the free summer Lunch, Learn, and Play to a wide range of concerts, art shows, historical lectures, and community programs.

Both individual tickets and tables for eight are available for purchase through the Courthouse website [salemcourthouse.org](http://salemcourthouse.org) and in person Monday through Friday 10am to 1pm or by appointment (518) 854-7053. Business Sponsorships at three levels are available: Platinum, Gold, and Silver. All levels include tickets and promotion on our website, press releases, and event program.



## Lounge Lizards to play HCP

Hudson Crossing Park's Summer Music Series Presents NY Lounge Lizards on Thursday, July 21, 2022 from 6pm - 8:30pm

Schuylerville, NY: Hudson Crossing Park welcomes NY Lounge Lizards to the stage on Thursday, July 21, 2022 from 6 - 8:30pm for the second offering in the HCP Summer Concert Series.

Take a bit of The Eagles, The Temptations, and The Beach Boys. Mix them together with Simon & Garfunkel, Earth, Wind & Fire, and The Beatles – and you get the Lounge Lizards dynamic duo. From rock to rap, oldies to pop, country to blues, and disco to doo-wop, Billy and Roger entertain with songs from a diverse variety of artists, genres,

and decades (1940's – present-day). Backed by high-quality, near original, mp3 instrumental music tracks, people won't have to guess what song is being performed. Whether it's a classic, one-hit wonder, or a guilty favorite, you'll just sing and dance the night away from the very first note.

No need to worry about dinner: the Wandering Food Dude food truck will be on site, offering everything from pulled pork and fried green tomatoes to mac and cheese and hot dogs at affordable prices. Just bring a blanket or camp chair and enjoy a laid-back evening at Hudson Crossing Park.

Tickets are \$5 per person, kids 8 and under are

free. All proceeds go to support Hudson Crossing Park, a non-profit organization.

The HCP Summer Concert Series showcases local musicians in a family-friendly outdoor atmosphere every third Thursday of the month from May - August. Please remember that Hudson Crossing Park is a carry in/carry out facility. All concerts are smoke-free events. Well-behaved leashed pets are welcome. In the case of inclement weather, please visit [HudsonCrossingPark.org](http://HudsonCrossingPark.org) for information regarding concert cancellation.

This event is made possible in part through the support of Adirondack Trust, Stewart's Shops, and Wordhorse Strategies.

## Washington County's educational history

The Washington County Historical Society and the Hebron Preservation Society will co-host "Thinking about Teaching: A Rural Social Studies Teacher's Path to Strive for Relevance," a talk by Dr. Casey Jakubowski on July 23 at 6:30 p.m. at the Hebron United Presbyterian Church East at 6559 NYS State Rte. 22 in East Hebron (Salem), N.Y. The location is 7 miles north of Salem and 10 miles south of Granville.

The District # 16 Hebron one-room schoolhouse museum directly across from the church will be open from 5:30 – 6:15 for visitors.

Dr. Jakubowski will speak about the role rural schools in New York State played in the education of rural America, particularly in Wash-

ington County and the importance of the educators in our County's rural schools of the past.

His book on the subject will be available for purchase (\$20) after the program.

The talk is free and will be aimed at the general public. It is not meant to be a talk just for educators. Come and learn how Washington County was on the cutting edge educationally in many ways in the past 150 years.

If you would like more information or have any questions, please call Programming Chairperson Debi Craig at (518) 854-3102.

# Cambridge Crossword

(solution page 24)

## Across

- 1 Flash  
 5 Hustle and bustle  
 9 Just  
 13 Lake near the Rock and Roll Hall of Fame  
 14 \_\_ rug  
 15 Bean sprout?  
 16 West Coast footballer on an RV vacation?  
 19 "As Good as It Gets" Oscar winner  
 20 Deer madam  
 21 Considerable  
 22 "Sex Education" actor Butterfield  
 23 Mischief maker  
 24 Used crayons  
 26 San Fernando counterfeiter?  
 29 Mystery writer's middle name  
 30 Emotional shock  
 31 Show stoppers  
 34 Times Square gas  
 35 Parking unit  
 37 Property attachment  
 38 Minnesota senator

tor Klobuchar

- 39 Unctuous  
 40 Tailor's dummy, e.g.  
 41 Fisher who won't take advice?  
 44 Goal of regular exercise  
 47 Omaha Beach craft: Abbr.  
 48 Boiling blood  
 49 Disney princess with red hair and a green tail  
 50 Prefix with center  
 51 Colony members  
 52 Indecisive European?  
 56 Opposite of exo-  
 57 Spanish rivers  
 58 Big name in razors  
 59 Pond plant  
 60 Shortfin shark  
 61 More than half

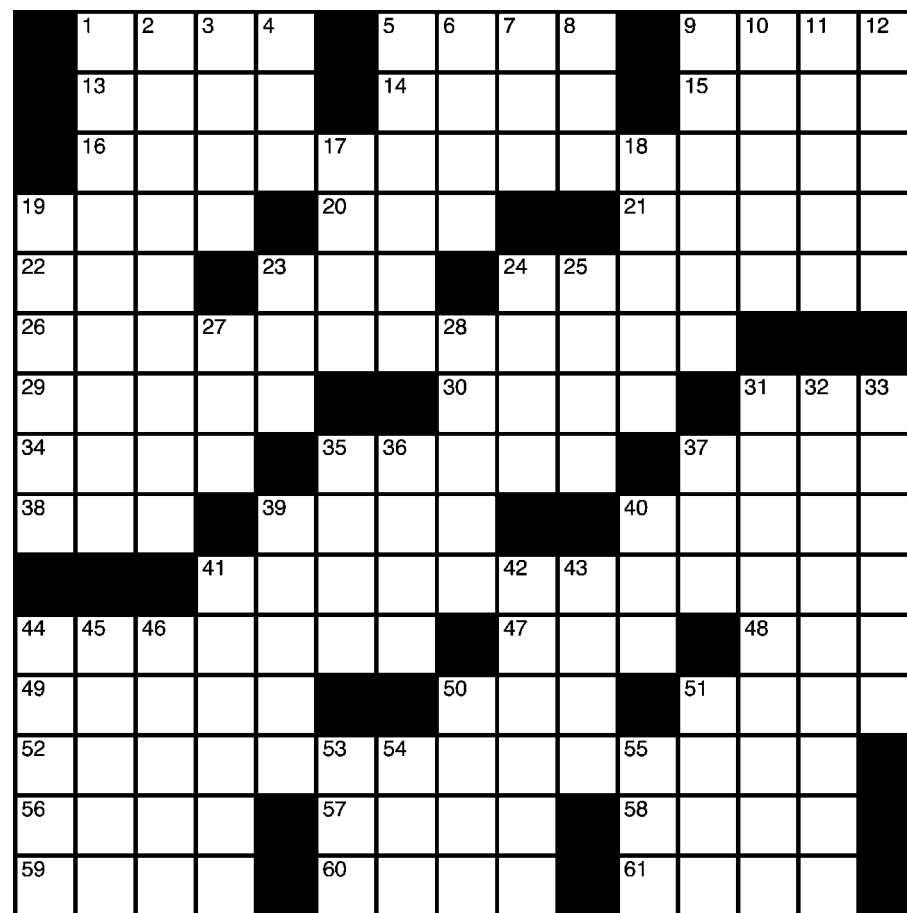
## Down

- 1 City near the Mount of Olives  
 2 Steel, e.g.

- 3 Italian automaker since 1899  
 4 Like the yin side: Abbr.  
 5 Xeroxed  
 6 Exhort  
 7 Flash  
 8 "So there!"  
 9 Funhouse fixture  
 10 Mystery writer's first name  
 11 Superman player  
 12 Like some jugs  
 17 Without thinking  
 18 Shoelace end  
 19 Caribbean metropolis  
 23 Dark time for poets  
 24 Nile threat  
 25 Eye rudely  
 27 Office PC nexus  
 28 "Love Train" group, with "The"  
 31 O'Hare arrivals  
 32 Former name of an arid-region Afro-Asian rodent  
 33 Sleeps soundly?  
 35 Poses  
 36 Furthermore

- 37 Captain's journal  
 39 Marks in ancient manuscripts  
 40 Dynamite stuff  
 41 Basis of monotheism  
 42 Westernmost Texas county  
 43 "Yeah, right!"  
 44 \_\_-Castell: office supply brand  
 45 Ryan of "The Beverly Hillbillies"  
 46 Pi-a colada garnish?  
 50 Furry Endor critter  
 51 Choir member  
 53 Equip  
 54 Actress Vardalos  
 55 Relatives, slangily

ANSWERS ON PAGE 26.

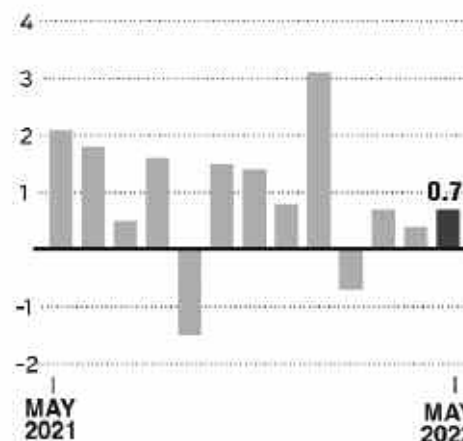


9 to 5 by Harley Schwadron

## Fast Facts

### Manufacturing orders

New orders of durable goods, monthly percent change, seasonally adjusted



Graphic: TNS  
 Source: U.S. Commerce Department

## Word Find

By Frank J. D'Agostino (solution page 24)

Find these words that are associated with summertime.

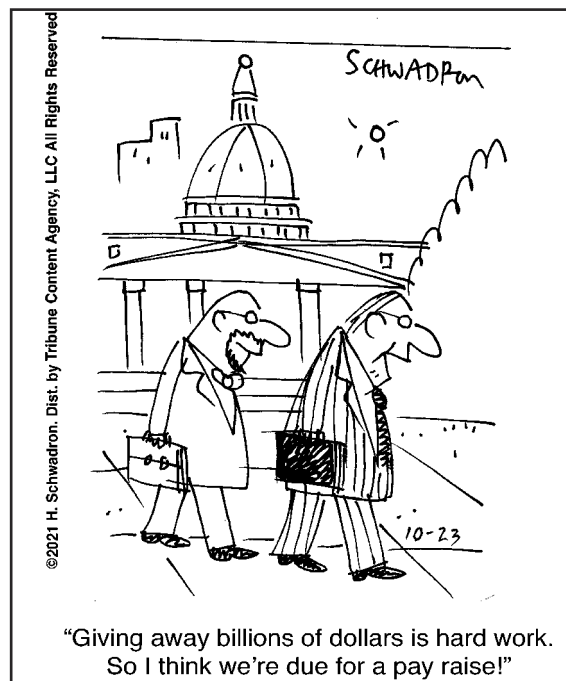
Beach  
 Bikini

Boating  
 Camping  
 Cooler  
 Hike  
 Hot Dogs  
 Humidity  
 Jet Ski  
 Kayak  
 Kite

Park  
 Picnic  
 Pool  
 Popsicle  
 Punch  
 Salmon  
 Sandals  
 Scuba Dive  
 Seaside

Shorts  
 Snorkel  
 Splash  
 Summer  
 Surf  
 Swim  
 Taffy  
 Tans  
 T-Shirt

Find Mr. D'Agostino's puzzle books on Amazon.com.



# Community Conversations in Schuylerville

**Samantha Simmons**  
*Journal & Press*

On the first Wednesday of every month at nine a.m., local small businesses, and nonprofits of the village of Schuylerville meet with members of the community to discuss events and updates to things happening in the community. This event also serves as a networking point for many.

There is now a Schuylerville Community Council that works with the Saratoga County Chamber of Commerce. They use the ideas and events discussed here to fuel their meetings for new ideas.

This month, the meeting was held at Revibe. Business owner and hypnotist, Patti Smola, has rent space in the shop for two years. All the products in her store are all from local women vendors. All her practitioners in the shop are also women.

Every Thursday in July at 6 p.m. at Revibe, there is a gentle yoga session held.

Tarot readings are also available by appointment on Wednesdays and Saturdays. Tarot readings have grown in popularity recently as mass, general readings have become popular on TikTok.

On Thursday, July 21st, from five to seven p.m. The Shrine Circus will be coming to town. This is a family event. Free tickets are given out in advance of the event. This event serves as one of the largest fundraisers for the Oriental Shriners.

Helene Patterson, Village clerk, was in attendance. She said that the veterans' banners that have been in discussion for a long time have been sent to be printed. The town hopes to have these banners up in time for the Turning Point Parade the first weekend in August.

Ronalee Myers, who has been a spearhead of this program, posted an update on Facebook sharing that there are 38 banners in the process of being produced. Most are to be placed in the Village

of Schuylerville, but there are a handful being placed in Victory.

Mayor Carpenter and Patterson had been in contact with National Grid to get paperwork submitted for permission to hang the banners on poles.

Co-owner of Bound by Fate Brewing, Pam Pradachith-Demler, shared with the group that business was picking up nicely as the summer season moves along. She said, "we're getting clobbered in a good way."

She also shared that the brewery is open for lunch, Thursday through Saturday 12 p.m. through 9p.m. and Sundays, 12 pm to 6p.m.

The brewery is looking for help. They are currently searching for a Sous chef, line cook, and dishwasher. Qualifications and responsibilities for these positions are listed on their website.

Caitlin Johnson, library director of the Schuylerville Public Library, shared with the group the month's schedule for events at the library. Starting on July ninth, the library will be holding a teen nature photography course. They were able to fund this with a grant through the Community Arts Regrant Program.

At the end of the month, July 30th, through the beginning of August, there will be a pre-teen nature photography course hosted by Meyer. There will be three sessions. Registration is open on the library's website under the events tab.

The course is instructed by Susan Meyer who has been a nature photographer for decades. Meyer was also in attendance during this meeting and shared more details and her excitement for the program. Johnson and Meyer are excited for this opportunity being provided for the teens to express themselves through art and photography.

Every Tuesday at seven p.m. in July, Meyer is also virtually hosting a free, live guided meditation. You can register online for this event.



**Revibe as the meeting winds down**

Teresa King, a hopeful soon-to-be member of the Village, is looking to host a program for women called Return to Yourself. The purpose of this event is to empower women to listen to their heart, intuition, inner voice and their truth. King plans to host this event in Schuylerville every other Friday evening for six events total starting on September 9th.

More details and location have yet to be released but will be coming soon. More information can be found under the events tab at [www.thelargerpicture.com](http://www.thelargerpicture.com).

King said this is the first offering of Sacred Connections which is a spiritual community meant to connect those looking to deepen and heal their relationships with the Spirit, earth, and themselves.

King is also looking to host a circle to honor grandmothers. The focus of this group will be to honor women in their grandmother stage of life, regardless of whether they have grandchildren.

Another program through King to be offered in the Schuylerville/ Saratoga Springs area is called Standing Tall Circle. This is to provide empowerments for young women ages 13 to 18 years old.

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## DMV southern satellites

The Washington County DMV will visit Greenwich Town Hall at 2 Academy St. on certain Wednesdays (August 10 and September 14) from 9:30 a.m. to 2:30 p.m.; The Cambridge Village Office at 56 N. Park St. also on certain Wednesdays (July 26, August 24 and September 28); and Salem's Proudfit Hall at 181 S. Main St. on certain Tuesdays (July 19, August 16 and September 20).

Call the main DMV office in Fort Edward at 518-746-2163 for more information.

# PSA: Being healthy and 'The Minions Movie'

**Cody Fitzgerald**  
*Journal & Press*

Some of you may have heard, and wondered how, I ended up in the emergency room, wearing a full suit and blazer, last weekend. Allow me to elaborate the only way I know how-

Around 5pm last Saturday, I got a text from my friend, requesting that I arrive at his house wearing a suit. Naturally, without question, I did it. When I arrived, I quickly found out I was attending the new Minions movie. Admittedly, I found this absolutely hilarious, and went along with it. We arrived at the theater and had a quick debrief in the parking lot, most notably resulting in my friend realizing he was wearing a near identical suit to one that Hitler wore in some of his adolescent photos, so he had to throw on a fedora to make the distinction clear.

As we arrived in the theater, with me still thinking this is hilarious, my confidence in our joke slowly started to diminish. The whole con-

cept of pulling into the movie theater wearing a suit and going, "one for Minions, please" is funny, but then realizing that you then have to sit through the Minions movie becomes a different story. Not to mention that this all became worse when I group of three approximately 14-15 year old boys came over, wearing suits, and shook our hands asking if we were watching the Minions movie. If it wasn't abhorrently clear before this, I was not aware that this was a running meme. I thought we were being original, and my confi-

**'Make sure your efforts  
to be healthier are not  
just to look better.'**

dence in our joke went through the floor when I realized that this was a trend set and perpetuated by a group of 16 year olds on Reddit.

(I know this all sounds off topic but I promise it will make sense and be relevant soon).

After this embarrassment, we decided to reconvene at my friend's house, which quite frankly after the incident I do not remember. I am being told that we all took turns lifting my friend, and I went last. Naturally, with having the build of a rubber pencil, I did this and pulled a muscle in my leg in what I vaguely remember as the worst pain I've ever experienced. After this, I apparently collapsed onto the floor, landing on my arm and then smacking my head off of the floor in the impact. I woke up on my friend's floor instinctively, and violently, screaming. I then passed out again and my next memory is getting dragged into the emergency room half conscious and obnoxiously announcing "GUESS WHO PASSED OUT" at 3am. Come to find out, it was a mix of the pain, dehydration and essentially half starving myself whilst trying to lose my "freshman 21."

When I was wheeled back into my room, my most notable memories are every doctor acting like an elementary school principal when finding out that I picked up my friend ("now why did we think that was a good idea... are we going to do that again?"), half consciously say-

ing "well I wouldn't consider myself a needle enthusiast" when asked if I was squeamish with the IV, the X-ray operator making sexist jokes about women's weight and then referencing "all the clowns down in Washington," and them making me pee in a cup laying down, which I exclaimed was ironic that they thought I could do, as "we have established that I can not even properly drink water." The worst part was having to explain that I was in remnants of a full body suit because I had just watched the Minions movie. As I was wheeled out, I filled the front desk in again by exclaiming "GUESS WHO'S ANEMIC," this time at 6am.

My main thesis here is that you should take care of yourself. I was fortunate enough to not have slipped into an eating disorder, but I understand the risk involved and that I could've been close if this had continued. I had not been eating properly, been outside a lot and had not drunk enough water, and clearly tried to lift something that I could not lift (no insult to my very in-shape friend, I am just incredibly weak). Make sure your efforts to be healthier are to literally be healthier, and not just to look better, because that is what I had done. You are valid in how you look, and not eating or taking care of yourself is a slippery slope and not one I would recommend for anyone. Love yourself, love your habits. Wanting to lose or gain weight is not a bad thing, but it is something that needs to be done healthily and not at the expense of your life (either lifestyle or literal risk of dying). If you or someone you know is suffering from any kind of eating disorder, go to [equip.healthonline](http://equip.healthonline) and find a consultant or plan to make sure you stay healthy and get the help you need.

Also, don't pull up to the Minions movie in a suit.

*Cody Fitzgerald is a 2021 Schuylerville High School grad satirizing anything and everything he can get his hands on. Aspiring to become "one of the cool" High School English teachers, he now attends Siena College and hopes to share this outlook/coping mechanism with future generations.*



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# ‘We interrupt this broadcast...’

**Lance Allen Wang**  
*Journal & Press*

Having started my military career towards the back end of the Cold War, I focus a lot of my personal study towards that period of 1946-1991. And now, with a resurgent and adversarial Russia, combat in Eastern Europe, and nuclear sabers rattling, it might be time to review our Cold War nightmares, if only to remind ourselves how much of a part of daily life they were.

According to declassified Federal Emergency Management Agency (FEMA) documents, we have two possible nuclear targets right in New York’s Capital Region – Watervliet Arsenal and Knolls Atomic Laboratory. These are not primary targets, but as military support installations, they would still have been secondary targets for nuclear strike in an all-out war with the Russians.

How we would have gotten the word that we were under attack? Many of us remember the old Emergency Broadcast System (EBS) tests in the 60s, 70s and 80s before it was replaced with today’s very similar Emergency Alert System (EAS). But before I get to that, I’ll introduce you to the EBS’s predecessor, CONELRAD.

Before the advent of nuclear missiles, the expectation was that we would be attacked by Russian bombers. President Harry Truman approved CONELRAD in 1951, which continued until 1963. The intention was to limit the number of different stations on the air during an attack, so that enemy bombers would not be able to navigate using broadcast radio signals. The name was an acronym of its purpose – “CONtrol of Electronic RADiation.” On a given signal, the only stations remaining on the air would be on 640 kHz or 1240 kHz. In the New York capital region, listeners would have heard a message along the lines of:

“WE INTERRUPT OUR NORMAL PROGRAM TO COOPERATE IN SECURITY AND CIVIL DEFENSE MEASURES AS REQUESTED BY THE UNITED STATES GOVERNMENT. THIS IS A CONELRAD RADIO ALERT. NORMAL BROADCASTING WILL NOW BE DISCONTINUED FOR AN INDEFINITE PERIOD. CIVIL DEFENSE INFORMATION WILL BE BROADCAST IN MOST AREAS AT 640 OR 1240 ON YOUR REGULAR RADIO RECEIVER. ALL RESIDENTS IN AND AROUND ALBANY, RENSSELAER, COLUMBIA, SCHOHARIE, SCHENECTADY, FULTON AND GREENE COUNTIES WILL RECEIVE SPECIAL RECEIVE OFFICIAL ALBANY COUNTY CIVIL DE-

FENSE BULLETINS ON 640 KILOCYCLES. RESIDENTS IN AND AROUND WARREN, SARATOGA, AND WASHINGTON COUNTIES SHOULD TUNE TO 1240 KILOCYCLES...”

Radios manufactured during this period had their tuning dials pre-marked with the triangular civil defense symbol at 640 and 1240. The advent of the nuclear missile made control of electronic radiation irrelevant. Missiles whose course was set prior to launch and with a travel time measured in minutes made the focus strictly turn to warning the public, thus the EBS. Instead of a designated station in each area, all participating stations were to receive warnings from the EBS and break into their regular broadcast to provide attack notification.

Tests of the EBS on Radio and Television became part of American culture, and my youth was full of them. Programming would be periodically interrupted with the officious voice of the United States Government advising me, “THIS IS A TEST OF THE EMERGENCY BROADCAST SYSTEM. FOR THE NEXT SIXTY SECONDS, THIS STATION WILL CONDUCT A TEST OF THE EMERGENCY BROADCAST SYSTEM. THIS IS ONLY A TEST.” I would then hear 30 seconds of the high pitched “alert” tone, followed a not entirely comforting voice saying, “THIS IS A TEST OF THE BROADCAST STATIONS IN YOUR AREA. IF THIS HAD BEEN AN ACTUAL EMERGENCY, YOU WOULD HAVE HEARD OFFICIAL INFORMATION, NEWS OR INSTRUCTIONS...”

In 1971, an error in loading the EBS authentication codes at the North American Aerospace Defense Command in Cheyenne Mountain, Colorado caused the system to activate, causing a warning to go out to all broadcast stations. The day’s code, “HATEFULNESS,” indicating a real attack message, came across the teleprinters followed by this message:

THIS IS AN EMERGENCY ACTION NOTIFICATION (EAN) DIRECTED BY THE PRESIDENT. NORMAL BROADCASTING WILL CEASE IMMEDIATELY. ALL STATIONS WILL BROADCAST EAN MESSAGE ONE PRECEDED BY THE ATTENTION SIGNAL, PER FCC RULES. ONLY STATIONS HOLDING NDEA MAY STAY ON AIR IN ACCORD WITH THEIR STATE EBS PLAN.

BROADCAST EAN MESSAGE ONE...

Many stations went ahead and broadcast the “EAN Message One” as directed:

“THIS STATION HAS INTERRUPTED ITS

REGULAR PROGRAM AT THE REQUEST OF THE UNITED STATES GOVERNMENT TO PARTICIPATE IN THE EMERGENCY BROADCAST SYSTEM SERVING THE \_\_\_\_\_ AREA. DURING THIS PERIOD MANY RADIO STATIONS WILL REMAIN ON THE AIR BROADCASTING NEWS AND OFFICIAL INFORMATION...”

Meanwhile, in Cheyenne Mountain, the error had been caught almost immediately, but in the rush to get the cancel order out, the operators forgot to put the day’s cancellation code word “IMPISH” on the messages. It took forty minutes for the confusion to fully be resolved. One disc jockey referred to the time between his broadcasting “EAN Message One” and realizing the alert was an error, his “... longest five minutes in radio.”

As the government developed plans to expand the system, they considered an electronic device which, when connected to your television, switched it on upon receiving an activation code so that the owner could hear the message. This idea was finally killed following Watergate – trust in the Federal government bottomed out when President Richard Nixon’s immorality led to criminal conspiracy – and no one wanted that type of government having unfettered access inside their home.

Limitations in the EBS were addressed in 1994’s EAS, the current means of getting messages out to the public. However, it was hardly perfect. In 2018, Hawaii relayed a false alert of a nuclear attack through the new alert system. Due to tension taking place at the time with North Korea, the public was already on edge. When new technologies had the message going out through radio, television, and cell phone text, panic ensued. As in 1971, it took almost 40 minutes to clear up the confusion and advise the public that an attack was NOT underway.

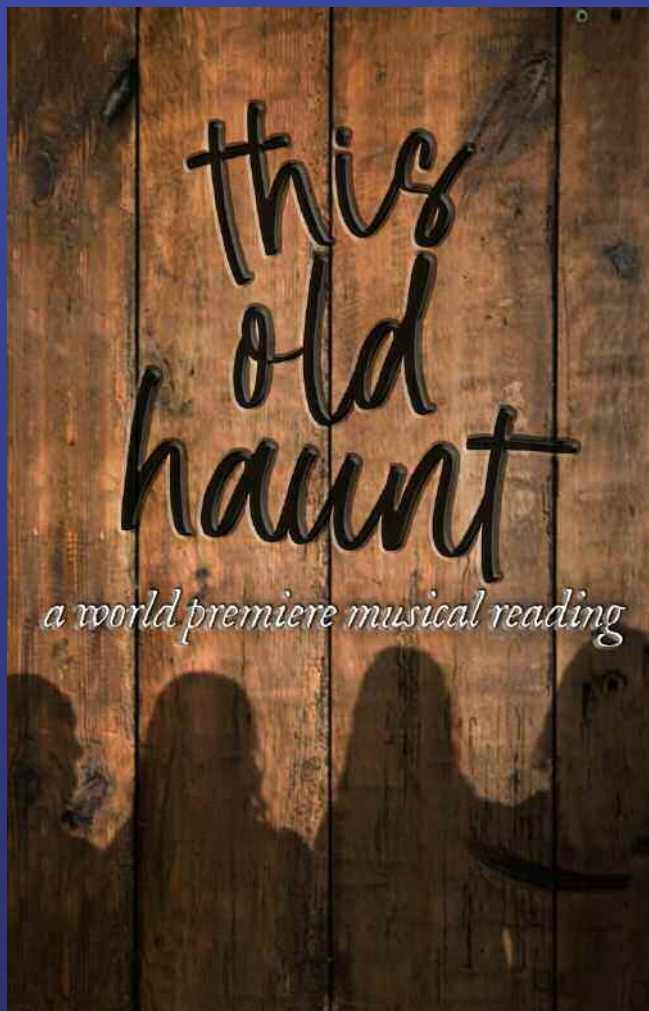
What I keep in mind is that these warning missteps took place in a peacetime environment, without the confusion, disruption, and utter chaos of missiles actually inbound. Can the warning system manage the stress of “the real thing”? I look forward to NOT having to bet my life on it.

*Lance Allen Wang is a Councilman in the Town of White Creek who is also an Iraq Veteran and retired Army Infantry officer. He lives in Eagle Bridge, N.Y., with his wife Hatti.*



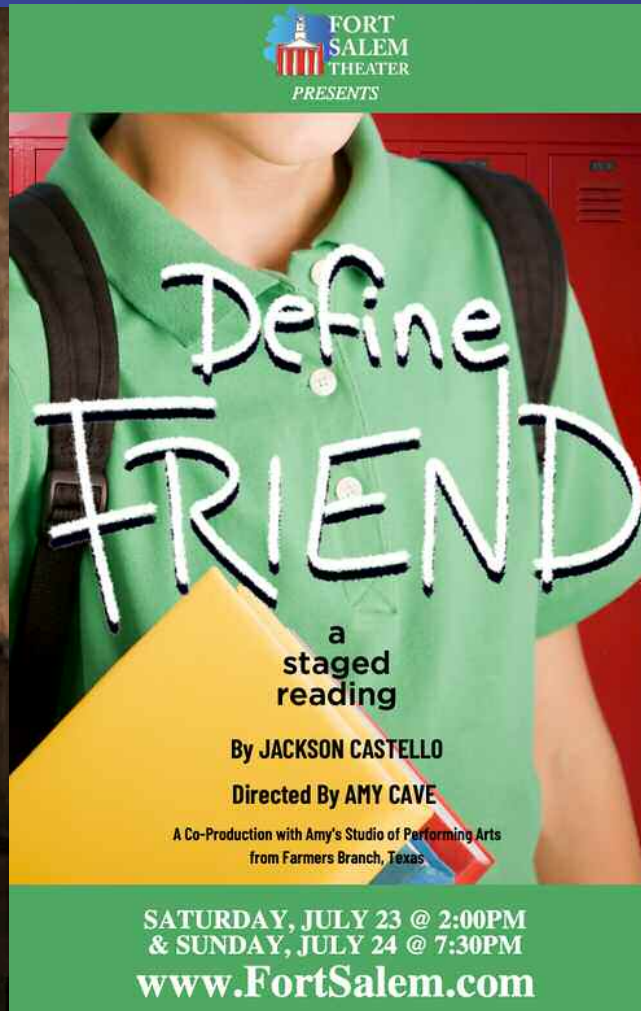


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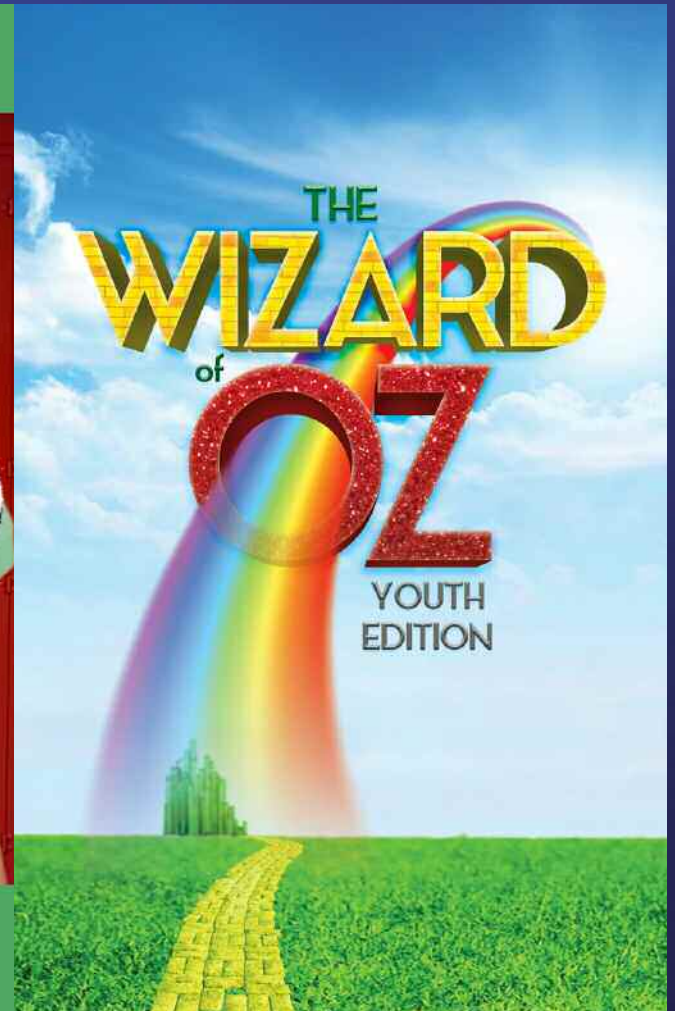
JULY 22-24

Four friends reconnect in the woods in this contemporary new musical reading, premiering in Salem before a full production at Carnegie Mellon University!



JULY 23-24

Awkward! A relatable and comedic coming-of-age tale of life in middle school. Written and performed by talented teenagers in this New York premiere!



AUGUST 5

Dorothy, Scarecrow, Tin Man, Toto, and the rest of your favorite Oz friends take you "Over the Rainbow" in this 60-minute spin featuring local, youth performers!