

The, Est. 1842,

Greenwich Journal

and The Salem Press

of Washington County, N.Y.

Vol. 182, Iss. 2 No. 9278 \$2

NEW MASTHEAD!
JAN. 16-31, 2023



FUN AT SCHOOL 6



HOOPS 8



GIFT 11



GRANTS UPDATE 2



BUZZ 16



SOLVE 20

Area's newest mayor

Darren Smith ran a write-in race and won in Argyle

Darren Smith, 37 is a personal trainer who took office in the Village of Argyle last year. Asked if he has any regrets about running for mayor, he responds, "No, so far I love it! I love thinking of the problems of the village and how to resolve them. I think we're a great team that's really neat to work with, the village clerk and board. I really like the energy."

Please read more on page 5



Darren and Kate Smith

Final days on Main St.

The sprawling consignment shop at 118 Main St. in Greenwich no longer is running heat, as owner Peggy Macmillan is trying to cut costs. On Facebook earlier this month, she announced, due to the overall economy, the store will close.

Please read more on page 4



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Grants status update

Editor's Note: From Greenwich officials, here is an update on the continuing Brownfield Opportunity Area Grant saga. As well, the Town and Village of Greenwich have won another grant.

Pam Fuller and Jim Nolan
Special to Journal & Press

During 2020 and 2021, as most readers know by now, the Village and Town of Greenwich worked together on a grant called the Brownfield Opportunity Grant, which we had won from the NY Department of State. This grant required us to form a committee of stakeholders and identify projects that would make a difference in the quality of life for Greenwich citizens. After more than a year working together, we produced a large report summarizing the findings: the Greenwich Revitalization Plan. The Village and Town continued to work together on the next steps.

The next step was submitting the report to the New York Department of State, along with our application for Designation status. In September, 2022, we learned that we had received Designation status, and with this status, we went to the next step of applying for what is called the BOA Pre-Development Grant.

Again, we were successful. During the first week of 2023 we learned that we received the BOA Pre-Development funds!

This grant will allow us to move ahead with several of the priorities named in the Revital-



The Circle - darren johnson photo

ization Plan. For the Village, our 1972 Zoning Ordinance needs to be revised, to meet the needs of the 21st century. The Town Zoning law will be updated, too, as needed for situations that have changed since it was last revised. In order to move ahead with the riverside abandoned factory site called the Dunbarton, we will plan and design an extension of our wastewater infrastructure needed for development of the site. On the Town side, we'll explore the details of extending water infrastructure out to the traffic circle area.

Once we receive the contract for the new

grant, which could take some months, we will reconvene our joint committees and start the work again!



Pam Fuller is Mayor of the Village of Greenwich and Jim Nolan is Supervisor of the Town of Greenwich.



Take-out fundraiser

The Loaves & Fishes Food Pantry in Cambridge at 59 South Park St. (Route 22 South) will be hosting its first fundraising dinner of the year on Saturday, January 28th. Please note: There will be no in-person dining. Dinners may be picked up between 4:30 and 6:30 p.m. The dinner is sponsored by Cornerstone East Church, which meets each Sunday at the Food Pantry.

The menu will consist of Penne Bolognese (pasta with meat sauce), spring mix salad with a side of balsamic dressing, freshly baked Italian bread and a homemade brownie, all for only \$13.

Happy Mail Club

Kids of all ages are invited to a crafting night at Easton Library on Thursday, January 26, at 4:30 p.m.

Participants will be making bird feeders to be distributed to seniors in the local community through the Happy Mail Club program.

Help put a smile on a senior's face this winter. All ages welcome.

Easton Library is located at 1074 State Route 40 in Greenwich (Easton). Call the library at 518-692-2253 with any questions you may have.

Cambridge students hear Abenaki insights

On Wednesday, Dec. 21, Dr. Joseph Bruchac and his son Jesse Bruchac joined the seventh grade classes to share some information and insights about their Abenaki culture. Each class period began with Joe and Jesse sharing a welcoming song with the students. Students were taught how to say hello (kwai) and various other words in the Abenaki language, and learned a bit about the history of some of the words we commonly say in English, like moose, caribou and hi.

"We were very grateful to spend our class periods learning about one of the indigenous cultures from our region of the Northeast," said Sara Chirgwin, social studies teacher.

Jesse performed a different song/story on his flute for each class and took the time to teach us the history of flutes in indigenous culture. Joe and Jesse told each class a story that has

been passed down through the oral tradition of the Abenaki people. Each period ended with a bit of time for students to ask questions. Students were interested in the instruments that they saw/listened to. Others were curious about why North America is called Turtle Island and learned a bit about the indigenous creation story. The last class of the day ended with Joe and Jesse singing and playing a song of thanks.

"My son Jesse and I very much enjoyed our visit to the seventh graders," said Dr. Joseph Bruchac. "They were one of the most attentive and eager groups of young people we have seen — and we do a lot of school visits. At the end of each of our programs, we offered the opportunity for questions and the students came up with thoughtful and intelligent ones in every case. It was similar to the experience we

had while visiting primary grades at Cambridge some weeks before. The atmosphere in both schools was warm and welcoming. It seemed obvious to us that a positive tone had been set from the school principals on down through the teachers, the librarians and the entire staff of both schools. That is not always the case and it's truly deserving of praise."



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Saturday,
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Going out of business

Darren Johnson
Journal & Press

If you're heading to the Hidden Treasures 50%-off going-out-of-business sale, you may want to keep your coat zippered up and maybe don a hat and gloves.

The sprawling consignment shop at 118 Main St. in Greenwich no longer is running heat, as owner Peggy Macmillan is trying to cut costs. On Facebook earlier this month, she announced, due to the overall economy, the store would close by the end of February.

Perhaps indicative of less foot traffic in the village overall, as other Main St. businesses anecdotally are also reporting fewer customers, MacMillan said there has been a steady decline over the past two years to the point where many days she's losing money just keeping the lights on.

She noted that when she opened

in late 2020, even though the pandemic was in full swing, business was looking good.

"But people just aren't spending money anymore," she said. "They don't have it. If people don't have money to spend, then I'm not making any, and I have to close."

She said that rent is \$1200 a month and with other expenses like heat (when it's on), electricity, Internet and hourly pay for the occasional employee, overhead rises to as much as \$2000 a month.

Macmillan, who resides in Victory Mills, is not an amateur in the resale business. She had a hand in creating the Second Hand Rose thrift store in Schuylerville, and is a regular at flea markets. She also sells items online. She said that consigners could pick up their items before Hidden Treasures closes, or she will bring them with her to sell elsewhere over the spring and summer as rummage season grows.



Hidden Treasures

During my time in the store on a recent Thursday afternoon, four people stopped in. Two were mere browsers. One man from Glens Falls just bought a \$2 toy elephant for a friend who collects elephants. A woman bought two jackets and a handful of hardcover thriller books, and she and Macmillan had a discussion about authors in that genre.

Overall, Macmillan feels local res-

idents don't support local businesses. "I don't care what kind of business you have here in Greenwich," she said. "People here don't support this town. I get more people from out of town shopping here."

The store is currently open Wednesdays through Saturdays, 11-4. Credit cards accepted. Look for even deeper closeout sales in coming weeks.



Peggy Macmillan with a customer



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'The Man, the Myth, the Mayor,' part I

Robin Lyle
Journal & Press

He wasn't on the ballot in March of 2022, but he was still elected mayor. Darren Smith, 37, won that office in the small village of Argyle with 30 write-in votes and was sworn into office immediately.

He first considered the idea when, just prior to the election, friend and neighbor, Joy MacKenzie, brought it up as she was picking up her daughter from babysitting the Smith's three young children. Neither Joy's husband, Jonathan, who had formerly served as mayor, nor Wes Clark, the outgoing mayor, were interested in another run.

Kate, Darren's wife, quickly declined, but Darren was intrigued. "Growing up in our town in Ojai (CA), we always wanted a skatepark – something for the kids to be a part of. So I would go with my brother to our town meetings in Ojai and speak up and advocate for a skatepark. I loved being there and watching the process. To where we were raising funds, and getting the backing to be able to put in a skatepark. We succeeded and I loved being a part of that."

Darren contacted the previous mayors, Wes and Jonathan, to learn what the position was like and what the biggest issues were. Informed that infrastructure problems such as water, sidewalks and street lights were the main concerns, Darren called a family friend who's a water engineer in California and talked with him

about the water issues. His friend told him it's an issue that everyone is facing right now. "And I thought, great, I want to help in that way," Darren said.

Darren was born in California and raised in Ojai through high school. His mother still lives in the home he grew up in. His early brushes with politics were limited to serving as vice president of his junior class in high school and being runner up for Boys State, an intensive immersive program in government for high school students. Going on to major in history, with a focus on the Middle East, at University of California - Santa Barbara, Darren met his wife, Kate, who was also a student at UCSB.

Moving east after finishing college, they settled outside of Philadelphia in Ardmore, PA, and worked as houseparents in a halfway house for troubled boys aged 13-18. It was here that Darren discovered a passion for working with youth.

This led them back to California where Darren began work on a Master's in Teaching with a specialization in Applied Behavioral Analysis, while living on a sailboat with his young family. Darren became a department head at Casa Pacifica, a center for youth ages 9-17 with challenging behavioral and mental health issues, often rooted in a history of abuse, neglect, homelessness or substance use. After five years, Darren began to face burn out from a job that required responding to the crises at



The Village of Argyle's First Couple

all hours of the night and promotions that shifted his focus to financial concerns.

In 2016, they moved to the village of Argyle, attracted to the lower cost of living, and slower pace of life. Darren now works as a personal trainer through his business the Holdfast Fit Club.

Having served as mayor for just ten months, Darren speaks of a strong team of elected officials who work well together and pull in the same direction. As he expected, water and waste treatment are daunting issues for the small village of 150 houses. Facing a debt of \$200,000 for installation of the latest well, deteriorating and non-existent sidewalks, and a large

sewer project looming, Darren remains optimistic. Asked if he has any regrets about running for mayor, he responds, "No, so far I love it! I love thinking of the problems of the village and how to resolve them. I think we're a great team that's really neat to work with, the village clerk and board. I really like the energy."

Part 2 of this interview will include an in-depth look at the infrastructure challenges Argyle and many other small rural towns face. As state and federal aid have dwindled, costs have escalated into multimillion dollar projects leaving local officials on their own to find solutions.

Local College News

SUNY Adirondack adds diversity officer

SUNY Adirondack announced the appointment of Cornelius Gilbert, Ed.D., as the college's chief diversity officer.

Gilbert grew up in Chicago, earned bachelor's degrees in History and Afro-American Studies, a master's degree in Afro-American Studies and a doctorate in Education with a focus on History from the University of Wisconsin-Madison.

"I wanted to look at higher education and how social movements, particularly the Black Power movement, impacted it," Gilbert said. "One of those impacts was me and the role of chief diversity officer."

Gilbert grew up the youngest of three children of a college-educated father and learned early the importance of education. "My father was a 1966 South Illinois University graduate with a Bachelor of Arts in Chemistry," he said. "That was a PWI, or predominantly white institution — and this was in 1966 — so our household really valued education."

While studying at University of Wisconsin, Gilbert was a member of Alpha Phi Alpha, the nation's first black Greek collegiate fraternity.

"That brotherhood is important on a college campus, because it gives you a community of people who resemble you," he said.

After earning a bachelor's degree, Gilbert worked as an advisor to students with undeclared majors. After a few years, he started work on a doctoral degree, then taught at Northern Illinois University and the University of St. Thomas.

While he was living in Minneapolis, the nation suffered another "racial awakening," he said. "With the murder of George Floyd, I was at a point in life where I wanted to do more, in terms of my skills, my knowledge. In the midst of the pandemic, I was thinking, 'What else can I do to spread awareness, to really do that diversity work, equity work, inclusion and belonging?'"

He started looking for jobs that would help fulfill him professionally and personally. Applying to the chief diversity role at SUNY Adirondack made sense on many levels. "The opportunity to do good work is part of the reason, but another is family — my brother lives in White Plains; and I enjoy nature. Plus, I have an interest in Bigfoot, so hearing he calls this area home caught my attention," he laughed, explaining that something about the mythical creature holds his interest.

Gilbert's role at SUNY Adirondack includes working with college President Kristine D. Duffy, Ed.D., the Board of Trustees, administrators, faculty, staff, students, and the Office of Student Engagement and Diversity Initiatives to fulfill the

college's vision of being the educational provider of choice and pathway to success through a "commitment to innovation, excellence and inclusion."

"We are excited to have Cornelius here to propel meaningful conversation and take action toward achieving equity and inclusion," Duffy said. "With him, we will continue our commitment to making the college and this region more welcoming for everyone, while recognizing and celebrating each person's experiences."

Gilbert said he started his career with intent to work at a community college. "I can bring great value to the students a community college serves," he said. "Life had to teach me what it had to teach me, to say, 'This is where I need to be.'"



Cornelius Gilbert

Daily papers aren't the only journalism

Darren Johnson
Journal & Press

There's a guy in my region, the former editor of a small daily paper (that still exists), going around to every library, bookstore and Elks Lodge that will have him speak. His topic is how "print is dead" (and what that means for communities that lose their newspapers), but his purpose for doing all of these speaking engagements is because he's on a book tour ... *about dying print.*

A PRINTED book tour (he does have an edition, too, but it's probably safe to assume the print edition is the much bigger seller).

Maybe he doesn't understand irony?

Editors and former editors like him seem to dominate the conversation on the future of news. These are daily newspaper journalists, and they often can be snobby. Because daily papers also cover national and world news (usually via wire services, though), these journalists feel they are doing more important work than those who work in other mediums, such as small town weekly papers. They feel they know more about the state of journalism.

But the reality is, almost every daily paper is owned by a stingy national chain, and their employees are employees of the corporation. In most cases, they are interchangeable McJournalists, trained in college Journalism programs that teach a rather boring style of writing that's quick to execute (after such intensive training).

The schism in journalism happened midway into the last century. Newspapers did use to value the art of writing – the best paid journalists were popular stunt writers (think Nellie Bly sneaking in the "lunatic" asylum) and gritty columnists who regular people could have a beer with; they understood the poetry of the streets.

Even then, most of the papers were owned by chains (which still exist today). American papers, to get away from the stunts (that often veered into yellow journalism) decided to go with a more objective style. Journalism no longer was about writing provocative things, but instead was formalized in a way that could be taught.

Writers no longer came from the streets, but



colleges – often endowed by the ultra-wealthy newspapers – established Journalism programs where students were taught how to write a basic story: Lead, who/what/where/when, inverted pyramid, nut graf, quotes, transitions, kicker.

An article was no longer a piece of art, but instead a fill-in-the-blanks craft. (Yes, there are great newspaper writers still, but someone could get by with just craft. The pay's about the same at these smaller daily papers, whether one is an artist or just a craftsman – and, frankly, a craftsman can crank out more stories per pay period, which is what the corporate chains *really* want.)

This was great for publishers. They no longer were held hostage by celebrity writers who could command top salaries. All of the workers were now interchangeable. Meanwhile, up until a couple of decades ago, the financial end of newspapers was a cash cow. Each classified ad, for example, might command \$20, \$50, \$100 – and there were hundreds of them in every issue – not to mention the other lucrative income sources newspapers had back then. Why offend advertisers with potentially wild writing? But then classifieds and everything else went to independent web sites that didn't need the news model. Think Craigslist.

(Some people say daily newspapers have gotten more partisan, leaning left; and it's true that newspapers do attract a certain type of writer today. Perhaps because of the modern, less glamorous, more interchangeable nature of news-

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School fun

Students in Mrs. Mandi Ridler's second grade students are putting their STEM skills to the test while having fun thanks to a grant received from the Historic Salem Courthouse. The funds were used to purchase twelve STEM bins containing various materials including pipe cleaners, legos, tubes, magnetic blocks, and more. A student chooses a bin and is then tasked with a specific challenge such as building a tent, creating a 3-D object by using only the objects in the bin. The students are enjoying



Paisley Myers and Emily Vellucci

the educational hands-on STEM activities and give a big thank you to the Historic Salem Courthouse.

room jobs, the staff may lean more collectivist by nature. No all-stars, a team approach.)

I still get the print edition of the local daily paper mentioned above. A small, older model car rolls up to my mailbox at about 7 a.m. and puts a very thin paper in there. My dogs don't even bark at this delivery person, though they get heated up over mail and package delivery vehicles. Even the dogs know the newspaper has little bite.

I may skim the local daily paper, or I may not even open it. A past version of myself used to devour *any* local paper. Now, even a print fanatic like me, is meh about the daily paper.

The problem is, the daily paper, like every other chain daily paper, puts enough of these stories online so that opening the paper is a waste of time. What's said has already been said.

And because the writing isn't all that special, even if this paper uses a paywall, I can find a similar story from a paper with a looser paywall just as easily in my social media feed.

As I mentioned, journalists and their writing became interchangeable. We no longer care about the byline. We once used to.

The end result of newspapers losing the art of writing is, there's nothing special about a typical chain daily print edition. There are no surprises in it. No writerly touches. No quirkiness. No personality. They are McPapers.

If my local daily paper were put together by people who understood the art of writing and the art of creative presentation – maybe they could use some of the techniques cool zines used to use – I'd light up again. A lot of readers would. We'd get this print edition in our mailboxes, and it would be something different. Something fun to unravel.

That's why paper books still sell. They have originality. You turn the page because you don't know what's on the next one.

Putting together a print publication can be a fun thing; not all of the stories need to be exciting. But some of them should at least stir an emotion here and there, or at least take the reader for a little ride.

Sure, print is dead, if the writing in it is dead.

Darren Johnson keeps busy making this newspaper, and another and teaching some college courses. Contact him at editor@journalandpress.com.



SoulCollage is back at Greenwich Library

Following a successful afternoon last October, trained SoulCollage leader, Judith Prest, returns for an afternoon of card making celebrating the Winter Solstice (albeit a month after the Solstice occurred!). "An Afternoon of SoulCollage® with Judith Prest" will take place in the Large Meeting Room of the Greenwich Free Library on Saturday, January 21, from 12:30 – 3:30 p.m.

Join members of the Greenwich (and beyond) community for this relaxing afternoon of meaningful card making, using collage as the medium. SoulCollage workshops are interactive, reflective and very "hands-on." There will be opportunities to create and dialogue with the cards. Anyone can make these cards – it does not require any artistic talent or training. The tools are simple: images from a variety of sources, scissors, glue sticks and pre-cut card stock. All materials will be provided by the facilitator, though there will be a materials fee of \$10 - \$15 (sliding scale) collected at the beginning of the workshop, but it is otherwise free. Designed for those aged 16 and over, no experi-

ence is necessary. If you would like, feel free to bring a bag lunch. For more information about the SoulCollage process, please visit: www.soulcollage.com.

SoulCollage cards are small collages, created on 5"x 8" card stock. Each unique card, reflects back to the artist the energies and influences present in the artist's life, and can be used for writing prompts, meditation, or divination just like any other deck of intuitive cards. The difference, of course, is that each person's deck is unlike any other deck, and uniquely in synch with the images that resonate for that person. The process blends creativity, insight and spirituality.

Judith Prest trained in 2008 as a SoulCollage facilitator and has been doing workshops and retreats on this process ever since. Judith is also a poet, photographer, mixed media artist and creativity coach. She has been giving workshops, classes, and retreats on Creativity and Healing, Creative Writing, Poetry, and Expressive Arts locally and around the country since 1999.

Health and safety at the event: This FREE workshop is intended for those 16 and older and limited to 14 participants. All materials will be provided by the facilitator. Pre-registration is required. To register, email grndirector@sals.edu, or call the library at 518-692-7157, or visit www.greenwichfreelibrary.org to reserve a spot.



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Local Sports

Winter season

Wonderful sports photographer Dan Pemrick attends basketball games for us. Here are some recent shots of Greenwich vs. Schuylerville and Greenwich vs. Saratoga Catholic. Find more photos and game summaries on our Facebook page! That's fb.com/journalpress.



Schuylerville's Lauren King, left



Tipoff Schuylerville vs. Greenwich 12/31



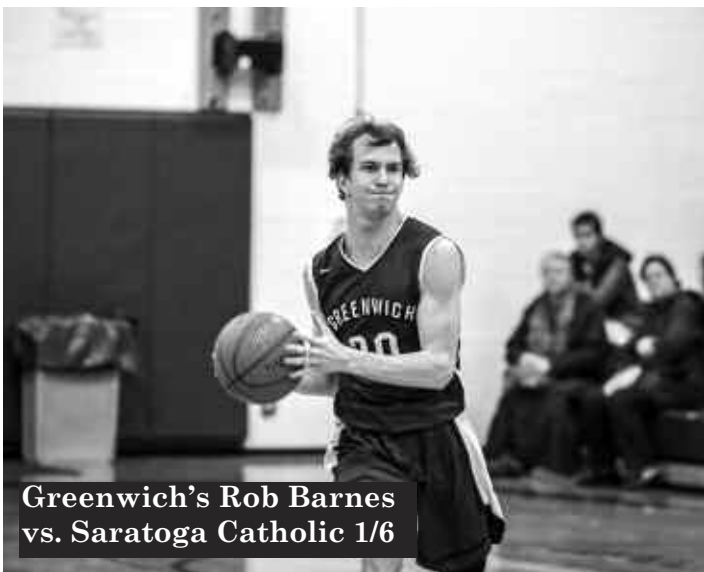
Greenwich's Reegan Mullen



Greenwich's Joe Skiff



Greenwich's NaNa Rojas



Greenwich's Rob Barnes vs. Saratoga Catholic 1/6



Greenwich's Jacob Ziehm



Greenwich's Norah Niesz

The Larger Picture

Lessons

Teresa M. King
Journal & Press

About three weeks ago, I had a problem getting Netflix on my laptop. I've been a Netflix customer for a very long time. An interesting thing happened as a result of not being able to watch movies. To my great joy, I rediscovered the world of TED Talks and the enormous amount of inspiration that comes from the people who present them.

It is impossible to watch a TED Talk and not be educated and uplifted. I've been learning a great deal, most of which is focused on archaeology, a great love of mine. In one talk, Greg Anderson, a historian, talks about what Ancient civilizations can teach us about reality. He has many brilliant observations; I highly recommend watching his talk. It was an enormous eye-opener about how people move through life in our culture.

Anderson said that "we have imperiled the future of the planet, for the past 300 years with

Genocide, Mass Exploitation, Industrial Servitude, two disastrous World Wars, Holocaust, Mass Extinction, Global Warming, Factory Farming, Nuclear War and Environmental Degradation." This is an enormously long list; and a lot to take in. But, if we are truthful, we must admit that Greg Anderson is absolutely correct. All of these things occurred and they did not need to happen!

It is probably safe to say that the mindset that led to many of these tragedies was rooted in ego, personal power and profit. The ego is an enormous force that does not usually end up serving 'the good.' It needs to be tamed, quelled, held at bay. If left to itself, the ego will run amok and get so large that it will spin out of control. This is what we are seeing on our planet right now, many large egos spinning out of control.

Anderson continues to say that, "We are destroying our Earth, we are destroying each other and we are destroying our future." The obvious question must be asked, Why would anyone consciously choose to do these things, when they are part of the world they are destroying? Perhaps the operative word here is 'conscious!'

This relentless pursuit of power needs to be

replaced with a much more gentle way of living. We need to show kindness, understanding and compassion to each other. This is how we will transform life on our planet.

I will share a quote from an article I wrote in 2019, for the Bennington Banner, called A Turning Point in History. "We are now seeing, on a grand scale, the ugly truth of what happens when people are unconscious and money is put first." Unfortunately, it still applies.

The way I see it, our focus needs to be on Humanity and kindness, not on profits and greed. Focusing on the later, creates a large amount of suffering for countless people and for the Earth. Fortunately, it is almost Martin Luther King, Jr.'s birthday. Fifty-five years later, we still need to hear and heed many of Martin's profoundly important messages for our world. I must ask: When will we learn? When will we learn?

Teresa King is a facilitator, writer, instructor and community builder. She can be reached at teresaking1@live.com or at <https://thelargerpicture.com>.



My camper, if I had one, doubles as my nightmare

Greg Schwem
Special to Journal & Press

I am currently aboard a cruise ship, steaming toward the Eastern Caribbean and flocked with people who, like me, feel a vacation should involve being waited on hand and foot until they arrive back home and see the mess that awaits them.

Which is why I will never go camping.

I will not camp, because I have no desire to bring the mess with me, which is camping's basic definition. Or, simply put, hitch your house to your car and drive until you find a field populated by a large collection of individuals who have chosen similar methods of relaxation. Then try and squeeze your home between their homes, using only your side-view mirrors.

As I near retirement, I am surrounded with friends of similar ages who are only too glad to tell me how they are planning to spend their golden years, even though there is nothing "golden" about a yearly prostate exam. Some have already begun, purchasing land in warm weather climates and building their dream houses, often larger and more ostentatious than their initial homes. They add electronic toys that were never affordable when raising children but now are within reach, or were until the stock market tanked. They add rooms with specific uses, like "the sitting room" and "the wine cellar." One friend was only too happy to give me a tour of his wine cellar, although he balked when I pulled out a bottle of cabernet and asked if it could accompany tonight's dinner.

Snatching it from my hands, as if I had stumbled upon his bank account numbers, he said, "I'm saving that one."

"For WHAT EXACTLY?" I thought. "You're 67 years old. Aren't you far past the 'special occasions' era?" I would uncork that bottle and treat myself to a glass merely for remembering where I left my car keys.

I have met passengers aboard this ship whose retirement consists of taking as many cruises as they can cram into their remaining years. It's like living with a bunch of college students; they go home simply to do laundry.

Then there are those who purchase campers.

Perhaps I am being naïve, because I have never camped. I do remember a few nights as a youth folded into a sleeping bag or slumbering on an air mattress inside of a tent, but that may have been in my friend David's back yard. It certainly wasn't a vacation. Nor have I ever spent a night in a previously mentioned camper. I do enjoy

'Oh, and make sure you rinse out the bowl really well after you pee.'

receiving tours given by camper owners, however, because I marvel that EVERYTHING in a camper serves a dual purpose.

"Greg this is where we sleep," said a friend recently while showing off his new mode of transportation. "It's a king-sized mattress, but check this out: If you pull that rope on the far end toward you (LOUD GRUNT) and flip it over ... voila, our dining room table!"



"That's amazing!" I lied. "Do you have a bathroom here?"

"Of course we do. It's right past the coffee maker. Greg, if your iPhone is dying, that coffee maker has three charging ports in the back.

Oh, and make sure you rinse out the bowl really well after you pee. We're having spaghetti tonight and we have to boil the pasta somewhere."

I suppose I could dip my toe into the camper waters by renting one. Sites like Outdoorsy and Cruise America offer rentals with tempting incentives like "ONE WAY SPECIALS!" I assume that's for people who, upon realizing camping was a horrible idea, ditch their vehicles in Walmart parking lots, book plane tickets back home and start contemplating cruise vacations.

So, a camping trip will never be-

come part of my bucket list, although I wouldn't be averse to joining a camper owner for a few days on our nation's highways. As long as said owner was at the wheel any time reversing the vehicle was necessary. Oh, and he gets to empty the toilet/home beer brewery/fish tank.

I'll be in the back, sipping a stolen cabernet.

Greg Schwem is a corporate stand-up comedian and author of two books: "Text Me If You're Breathing: Observations, Frustrations and Life Lessons From a Low-Tech Dad" and the recently released "The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian," available at Amazon.com. Visit Greg on the web at www.gregschwem.com.



Salem Seniors

All Salem-area seniors are invited to a Potluck Luncheon at Bancroft Public Library (181 S. Main Street, Salem) on Wednesday, January 18 at noon. Bring a dish to share or just yourself and join us for a friendly meal and conversation. Please contact the library at 518-854-7463 if you need a ride.

Legion breakfast

The Old Saratoga American Legion Post 278 will be serving breakfast on Sunday, February 5, from 9 to 11 a.m. They will be serving pancakes, scrambled eggs, bacon and sausage, milk, orange juice, coffee and tea. Adults are \$10; children 6 and under \$5. Takeout or eat in. The address is 6 Clancy Street, Schuylerville. Any questions please call (518) 695-3011 Tuesday through Sunday after 12 noon.

Geneology and history

Heritage Hunters will meet on Sat., January 21, at 1 p.m. at the Town of Saratoga Town Hall, 12 Spring St. in Schuylerville. The local history collection in the Saratoga Room of the Saratoga Springs Public Library, will be the program topic. Michelle Isopo, recently appointed Saratoga Room archivist, will review the collection held there and discuss lesser known items, such as the assortment of scrapbooks of the old Hawley Home for Children. Isopo is an active member of the New York Library Association. Her ancestors fought in the Revolutionary War and her family has retained many old documents. Public is welcome. For info call 518-885-9309.

Saratoga Seniors

The next meeting of the Olde Saratoga Seniors will be held on Wednesday, Jan. 18 at noon at the Town Hall, Spring St., Schuylerville. It will be a sandwich luncheon and Al and Cathy Bain will be our entertainment. Dessert will be provided. New members and guests are welcome. For more information, contact Pat Temple at 518-338-2329.

Penelope Poor, 74

Penelope Poor, 74, passed away on Saturday, November 12, 2022 in Saratoga Springs, NY.

She was born in Red Bank, New Jersey to Lee Avery & J. Sheppard Poor. She is survived by her son, Reed S. Bickley; her daughter-in-law, Stacey Patrone; her sister, Deborah Poor; and various nieces & nephews.

Penelope graduated from Rumson Country Day School in New Jersey and St. Timothy's School in Maryland. She studied art at Parsons School of Design, the National Academy of Art, and Boston University's School of Fine Arts.

In 1983 Pen produced a "Nuclear Art Man-

ifesto" and in 1988 presented her "Counter-Force" installation in lower Manhattan merging her art with music and movement. She then joined forces with a choreographer and a composer to start "Artake", which held monthly salons, organized art shows, and published a quarterly newsletter. Among its projects, Artake developed the "Paint Tease Outlook: LOOK OUT" series, "an experiment in the use of performance, site and imagery" according to Valerie Sudol of the Newark Star Ledger and created "a radical departure from conventional theater" according to Barbara Gilford of the New York Times.

Her last couple of decades were spent developing more spiritual art based on miracles

beyond the idea of time and space as presented by "The Course of Miracles". Penelope is quoted as having said "Art is my life and life is my art".

Penelope's life will be celebrated at a an art show at the Historic Salem Courthouse in 2023.

In lieu of flowers, donations may be made to 'ElderCare Network of Lincoln County' for the Wiscasset Green Alzheimer Project, PO Box 652, Damariscotta, ME 04543 or to a charity of your choice.



Helen Simmons, 82

Helen Marie Simmons, 82, of Salem, passed away Saturday, December 24, 2022.

Helen loved her life. She loved city and country, her family, church, neighbors, friends. She reached out to life and hung on, but when the end came, she shrugged, smiled, and quietly went "to be with her Lord." She lived 82 plus years when a month ago she began to believe she would be going home from the hospital. She said: "I'll be home for Christmas. The house will be fully lit, filled with happy people—family." She was born in Lynn, Massachusetts, on July 6, 1940. Her dad, Forrest Elliott, served in the Merchant Marines. Her mom did her best to raise "Sonny, Jackie, Ann, and Helen." Life was cherished but difficult; a divorce happened and her mother remarried. Helen went from being "the youngest" to "the oldest." A new

family began and new sisters, Phyllis and Mary, came along. Peter Aleck provided a new home in Peabody. Often on Saturdays he took Helen to Boston for dance lessons—tap, jazz, and ballet. At a later time, Helen learned of an additional brother, Peter, and an additional sister, also named Helen.

When Helen was 20 years old, she and David Simmons were married, and for nearly 63 years the two loved, learned, laughed, argued, and raised three children: David Peter, Gary Wade, and Mark Edward. There are seven grandchildren and three great-grandchildren. At 27 Helen agreed that David should study for Christian ministry. And that tells the story. She says she "moved" 12 or more times, always glad to receive what her new life introduced. Most often, her words were, "...I love you!" In fact, her last words

were "I love you." Many of us will remember and love Helen Simmons. Helen, we love you!

There will be a private committal, and a mid-April memorial for Helen at United Presbyterian Church in Salem, NY, where David and Helen have attended for over 12 years.

To offer condolences to the family, please visit www.gariepyfuneralhomes.com

Arrangements are with the McClellan-Gariepy Funeral Home, Inc. in Salem.



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PTSA final results

Greenwich PTSA held its second annual pre-Christmas gift card fundraiser. 15 local businesses participated, allowing the PTSA to sell gift cards online and retain 20% of the sale price. Total sales were \$4,010.52 with \$780 being donated to the PTSA. Highest sale achievers were Emerson Keyes for the Primary Building, Alec Graves for the Middle Grade Building, and Aaron Stutzman for the Junior/Senior High School. They were awarded prize packages from local businesses. Thank you to all who participated!

PTSA Board Members voted in December to write a \$200 check to help fund the Backpack Program by the Comfort Food Community. CFC fills backpacks each week that go home with over 40 students for the weekend to ensure that they come back to school fed and ready to learn. Families living in the Greenwich School District who are interested in enrolling in the Weekend Nutrition Program can contact cshawhebert@gmail.com for more information.

January is an exciting month, in just a few weeks the PTSA will host Reality Check: A Game of Life. This event is for grades 10-12, it will be held in the Primary Building (Gym/Cafeteria) on January 21, 2023 from 2:00-

6:00pm. Major planning for this event has been coordinated by PTSA Vice President Tara Graves. Many teachers, local business professionals and parents have been meeting for months to create an immersive budgeting simulation. Representatives from a diverse range of job fields will be present to discuss career opportunities. See the ad in this issue of the Journal and Press for more details on how to sign up to play. Big shout out to The Fort Miller Group for sponsoring and the Journal and Press for their support!

The fun does not stop there, PTSA volunteers Mary MacNeil and Erin Boivin have planned a Glow Party for the Middle Grade on January 27, 2023 in the Primary Cafeteria/Gym. Permission slips have been sent home; pre-registration is required. Grades 3-4: 4-5:30pm and Grades 5-6: 6-7:30pm. This neon-colored party will be big energy, mega loud and tons of fun! Canned goods or monetary donation to Brady Waite foundation would be appreciated.



Nipper Knolls grant

Nipper Knolls Equine Center, Inc. announced they have been awarded a generous grant through the Adirondack Trust Company Community Fund's Lend-A-Hand program.

Each year, the Adirondack Trust Company Community Fund awards Lend-A-Hand grants to projects or programs that directly impact the communities they serve in Saratoga, Warren, and Washington counties. Nipper Knolls Equine Center, Inc., is a 501(c) 3 that provides services to enrich the lives of children and their families, and military veterans with the help of human-horse connections.

Nipper Knolls Equine Center, Inc.'s board president, Amy Hoffer, recently accepted the generous award during a ceremony held at Longfellow's Inn in Saratoga Springs. The award will help offset the feed and other health and wel-



Caroline Putman and Amy Hoffer

fare expenses necessary to care for the specially trained therapeutic horses.

Nipper Knolls Equine Center, Inc. is located in Granville, New York, and has been providing therapeutic (adaptive) horseback riding, horsemanship lessons, and physical therapy services (hippotherapy) by using the unique equine movement for people with special needs for more than ten years.

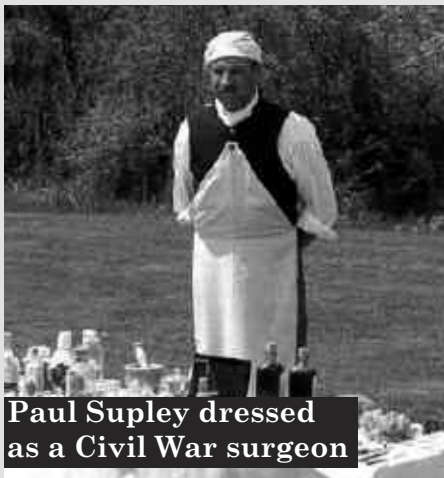
Honoring 218 years

Ashlar Masonic Lodge is pleased to announce a special presentation and dinner commemorating 218 years of Greenwich masonic organizations on Monday, January 16, at the Greenwich Masonic Temple, 2543 NY-40, Greenwich, NY 12834. The free program starts at 7:30 pm, with "A Short History of Masons in Greenwich", followed by the keynote speaker, Paul Supley, on Civil War surgery. Supley is a popular lecturer and historian who has over 30 years of experience.

"2023 looks like a great year for the Ashlar Lodge," said lodge master Brian Nilsen. "Since it was started 218 years ago, Greenwich Masonic Lodges have influenced the growth of moral leaders committed to God, their country, and their neighbor. We are excited to continue that tradition and introduce some new programs to the community."

The main speaker is Paul Supley, an historical medical researcher who has put on programs across New York state, including with the Saratoga County History Center, Old Fort Museum & Schoharie County Historical Society, and Fort Ontario State Historic Site. Ashlar Lodge 584 was chartered just after the Civil War, so many original members were aware of the medical procedures. The presentation will provide an in-depth look at what injured soldiers went through during the Civil War and the medical devices and techniques used by physicians and other medical personnel. Each soldier's experience differed depending on the severity of their injuries, which affected their likelihood of survival. More than 600,000 men on both sides sustained injuries in the war. The program is free and accessible to all. Reservations are requested by contacting Brian Nilsen at 518-366-3108.

Today, with more than 40 members and more than two centuries of service to the community and charitable organizations, Ashlar Lodge is currently supporting the causes of the national Masonic organization as well as local groups and organizations.



Paul Supley dressed as a Civil War surgeon

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What's in your backyard?

Michael Levy
Journal & Press

I had another random thought. With the industry that historically existed in this part of Washington County, were there any past or present Superfund sites around? It turns out that there are a few but luckily none of them are on the National Priority List. The National Priorities List (NPL) is the list of sites of national priority among the known releases or threatened releases of hazardous substances, pollutants, or contaminants throughout the United States and its territories. The NPL is intended primarily to guide the EPA in determining which sites warrant further investigation.

Here is some of what I found while searching the New York State Department of Environmental Conservation (NYSDEC) website.

Stevens and Thompson Paper Mill Site

The Former Stevens and Thompson Paper Mill Site is a 25.3-acre site located at 192 Mill Street (County Route 53) in the Town of Greenwich, Washington County. The site is in a rural area and is bounded to the north by a campground and vacant land, to the east by railroad tracks, to the south by a commercial property, and to the west by the Battenkill River.

The site slopes gently to the north on the north-eastern portion of the property and steeply to the west towards the Battenkill River on the remainder of the site. Most of the onsite structures have been demolished. These former structures included the mill building complex, several small ancillary buildings, and the wastewater treatment facility. A significant portion of the northern part of the site is heavily wooded.

The property was developed as an industrial site in the late 1800s and operated as a paper mill from that time until 2002. The site is currently inactive and is zoned for industrial use. The surrounding parcels are currently a combination of commercial, industrial, residential, and agricultural use. The nearest residential area is approximately 1000 feet south on Mill Road (County Route 53).

Based upon investigations conducted to date, the primary contaminant of concern include antimony, arsenic, beryllium, chromium, lead, magnesium, nickel, thallium, benzo(a)pyrene, vinyl chloride, cis-1,2-diochloroethene, trans-1,2-dichloroethene, tetrachloroethene (PCE), trichloroethene (TCE), perfluorooctanoic acid (PFOA), and perfluorooctanesulfonic acid (PFOS). Arsenic, lead, nickel, and benzo(a)pyrene are found in the shallow soil, predominantly in the area of the former paper mill buildings. Arsenic and benzo(a)pyrene are found predominantly in deeper soils near the former wastewater sludge disposal area.

During on-site work identifying drums of unknown chemicals a few years back, a box marked with a radiation label was found. The radiation source, Krypton-85 is a radioisotope of krypton with a half-life of 10.756 years, was actually located in a paper making machine inside the plant. The radiation source had been used to monitor paper film thickness for quality control purposes. The sealed scanner on the machine was emitting 1,000 micro roentgens per hour. The source was later removed without incident.

Access to the site is unrestricted and people may contact contaminants in soil or groundwater if they dig below the surface. Volatile organic compounds in the groundwater and/or soil may move into the soil vapor (air spaces within the soil), which in turn may move into overlying buildings

and affect the indoor air quality. Because there are no onsite buildings, inhalation of site contaminants in indoor air due to soil vapor intrusion does not represent a concern for the site in its current condition. However, it is recommended that soil vapor intrusion be evaluated for any new buildings built on the site in the future.

Greenwich Landfill Site (Bald Mountain Road)

The site served the Town of Greenwich as a municipal landfill. Sludge from local industrial wastewater treatment plants was also dumped here. Reportedly approximately 350 cubic yards of paper mill sludge was brought here. For many years the Greenwich landfill was operated as an open dump. There was evidence of substantial leachate outbreaks noted in the past. Based on EP toxicity testing, it has been determined that the waste disposed of did not meet the definition of hazardous waste as it is currently written. The site did not qualify for addition to the Registry of Inactive Hazardous Disposal Sites.

Georgia Pacific (originally Iroquois Pulp & Paper)- County Route 113, Thomson Road

Open dumping of paper mill sludge on the property of the mill. Remedial plan has been designed and a clay cap was constructed. The mill is no longer operating, and the site appears to be secure. Tests on the sludge have indicated that no heavy metals or hazardous materials were found. Site is now capped, and a vegetation cover has grown. Listed as Greenwich Pulp and Paper Company in Toxic Substances in New York's Environment report. Site also known as the Hudson Pulp and Paper Co. No hazardous wastes disposed of. The site did not qualify for addition to the Registry of Inactive Hazardous Disposal Sites.

Country Spot Diner - Argyle

The parking area at the Argyle Diner was reportedly filled with approximately 10 truckloads (up to 15 tons) of dredge spoils fill taken from the spoils site known as Special Area 13, adjacent to the Hudson River. The dredge spoil source was reportedly contaminated with PCB's. Employees and patrons use the parking area. The site is located on Route 197 just north of the center of Argyle. The site has two wood framed structures one is the diner, kitchen, and restaurant and the other structure is a wooden storage shed to the rear of the main diner building. A paved parking area is found to the front of the diner and additional parking areas to the west and north are a very hard crushed stone and stone dust. The diner is in a rural section of Washington County and the underlying aquifer is used as a source of drinking water. The 2002 investigation found that the PCB contamination below the crushed stone surface presented only a limited risk of human exposure and the site was not listed on the Registry. NYS-DOH recommended to the owner that the crushed stone cover be maintained and that measures be taken to limit exposures to the contaminated soil in the event of future excavation in the parking lot.

NYSDOH collected a sample from the on-site drinking water well and found the groundwater to be free of PCB's. A 2003 investigation by NYSDEC found that the soil under the crushed stone surface of the park-



Iroquois Paper Mill circa 1910

ing lot was contaminated with PCBs at levels approaching 10 ppm.

Doetsch Residence - Route 40, Argyle

In 1965, the property owner purchased 27 barrels of waste oil from General Electric (GE) to use as a wood preservative for fence posts. None of the material was ever used. The barrels remained, unprotected, on the property for years. In 1979, investigators found drums at the site in various stages of deterioration. An investigation in 1982 estimated that about 100 gallons of the waste oil had leaked onto the ground surface and infiltrated. Sampling of the waste oils within the drums revealed low to extremely high concentrations of PCBs. One drum contained pyrenol (a mixture of PCBs). Under a cooperative agreement, GE removed the drums and approximately 50 cubic yards of contaminated soil to a permitted waste disposal facility. GE also backfilled the excavated area with clean soil and capped it with clay. Subsequent environmental investigations revealed residual PCB contamination in the soils at the site at depths greater than five feet below the surface. The levels of the PCB contamination were less than 50 ppm, the hazardous waste threshold. It was also determined that further investigation was not warranted and was later delisted.

The site is on private property and in a remote area. Much of the waste was removed, and the area covered with clean fill. Only one private well is in the area and is on-site. This well has been sampled and no contaminants were detected. No exposures are anticipated at this site and the site has been delisted.

This is but a sample of what history has placed in our backyards. While this information is readily and publicly available, people over time not only forget that it exists but with time also tend to downplay its relevance to the health and well-being of their families. That is the value of local journalism and this periodical— to raise awareness levels and to give our neighbors a perspective that they cannot get on social media. Just another random thought!

Michael Levy is a government manager residing in Greenwich. He is also a Commercial Pilot and a Ham Radio operator.



Site of Former Country Spot Diner

Financial resolutions for 2023

Jill Schlesinger
Special to Journal & Press

2022 was a year of transition, as we tried to resume our pre-pandemic lives while also contending with a four-decade high in inflation. Despite the past grueling three-years, one area that seemed particularly consistent was our desire to get back on track with our money.

Fidelity's 2023 New Year's Financial Resolutions Study found that two-thirds of respondents are considering a financial resolution for 2023, a share that has remained remarkably consistent over time.

So too have the top resolutions: save more money (39 percent), pay down debt (32%), and spend less money (28%). But "for the first time in the study's 14-year history, more Americans plan to save money for short-term goals rather than long-term goals as part of their New Year's resolution."

The short-term vs. the long-term shift likely has much to do with Americans' contending with inflation and the impact that the three years of pandemic have made on our lives. Of those planning a financial resolution for the new year, the vast

majority (94%) say they're approaching it differently given events of the last couple years, with nearly half "considering more conservative goals. Those making financial resolutions hope to achieve 'greater peace of mind' and 'live a debt-free life.'"

To help out, I am refreshing my resolution advice of year's past:

Track spending

The start of the year is an ideal time to review what's coming in and more importantly, what's going out. To track your cash flow, download a free app or use your bank's app. The idea is to figure out where you stand now, how much money is available to help achieve your resolutions, and then you can create an actionable plan to fulfill them.

Replenish savings

Many have depleted their pandemic savings to contend with higher prices. That's why the number one priority should be replenishing or funding an emergency reserve that can cover six to 12 months of your living expenses.

Unlike the previous decade, where savers earned paltry rates on their "safe money," many high yield savings accounts are yielding roughly 3% and 6-month Treasury Bills are yielding about 4.6%. (You can compare savings rates at deposittaccounts.com or bankrate.com.)

Establish an automatic transfer of a set amount of money from your checking to build this fund. You should also use this fund to hold the money necessary to fund any large expenses that will occur over the next 12 months.

Reduce credit card debt

With the Fed continuing to hike rates, the cost of servicing debt is not going away any time soon. After funding your emergency reserve, redirect the automatic payments to accelerate your debt pay-down, chipping away at the highest interest debt first and working your way down.

Contribute to your retirement account, to the best of your ability

The IRS announced increases to the annual limit on contributions to work-based retirement plans

(401(k), 403(b), 457), which will increase to \$22,500 (catch-up contributions for those over 50 increase to \$7,500). The IRA limit will increase to \$6,500, but the over-50 catch-up remains at \$1,000.

Rebalance your investment accounts

After three stellar years of investing, 2022 challenged every investor's nerves. While it's human nature to feel skittish after enduring the volatility and the pain, try to avoid guessing the highs and lows - or when to get in or out of a particular market.

Instead, go back to basics: determine your goals and create a plan to diversify your investments across different asset classes. If you haven't done so lately, rebalance your accounts to make sure that the percentages are in line with your desired allocation.

Jill Schlesinger, CFP, is a CBS News business analyst.



Interpersonal Edge

How to recession-proof your career

Daneen Skube
Special to Journal & Press

Q: All financial indicators seem to be pointing to a recession in 2023 and layoffs in business. Are there ways I can recession-proof my career this year?

A: Yes, the most effective way to recession-proof your career is make sure you're creating the highest value that your boss cares about every day. If you don't know exactly what is on the video tape that you wish your boss would see from you, this is the year to figure that out and deliver these results.

Since we're entering a new year, it's a natural time to ask your boss for a priority meeting. Ask your boss this question, "If you had a magic wand, and could use it to get me to deliver specific results this year what would I be doing that I'm not doing already?" If your boss is vague, ask him or her to describe a video clip of what he or she would like you to do.

After this meeting, you should leave with a road map on what behaviors would make you invaluable to your boss. Keep in mind that even if your boss gives you an unachievable goal like, "double our sales," you at least know the area that is your boss's priority.

If despite your best efforts you're

laid-off, then your track record and skill set put you in the best position to immediately land an even better position. The bottom line on being recession proof is employers seek out talent, even when they're financially belt tightening.

To the extent your company is considering lay-offs, this is a good time to pay down credit cards, and work on having a six-month emergency fund. Anxiety is never our friend when we need clear thinking. If you're living paycheck to paycheck, you'll be terrified of losing your financial lifeline. Better to know you have a buffer to buy groceries.

We've gone from the trend of the "Great Resignation," to "Quietly Quitting," and are now facing a recession that gives more power back to employers. If you've been quietly quitting or doing the minimum, you're the first one your boss will look to lay-off.

If you hate your job, your company, or your boss, this is a good year to job hunt. Most of us are not skilled poker players, and if you hate your situation you're probably broadcasting that attitude. Seeking a better job while you have a job, is always a more powerful move than waiting until you're unemployed.

2023 is also a good year to expand

your skill set. Talk to your boss and see if there is any training your company might pay for, certificates you could pursue, or even degrees that enhance your value. Also, the more you know, the more you'll enjoy your work. Employees with the most education often get the first shot at the most interesting work opportunities.

A recession doesn't mean you cower in fear and negative anticipation of bad things. Every year trees have a recession when winter arrives. Trees know seasons are inevitable. In winter, they pull their sap into their core and bide their time. In spring they burst into activity. When the economy goes into winter, we can also pull into our core priorities and bide our time for better conditions.

The last word(s)

Q: There's a guy I work with who constantly makes fun of everyone. Is there a way to make it unrewarding for him to joke at my expense?

A: Yes, realize that as Osho, an Indian mystic and guru, commented, "Fools laugh at others; wisdom laughs at itself." When his next joke comes make his comments inexpensive by saying with a shrug, "Sometimes that's true." He'll quickly move onto a more reactive target.

Q: Are there any New Year's resolutions you think would be helpful in 2023?

A: Yes, learn to meditate so you have an all-access pass to your own temple of serenity. As Hermann Hesse, a 20th-century German-Swiss poet and novelist, accurately described, "Within you there is a stillness and a sanctuary to which you can retreat at any time and be yourself."

Q: Is there one quality you teach your clients that you think is the most important attitude for success at work?

A: Yes cultivate a constant attitude of curiosity and perpetual personal growth and you'll never be bored or have a lack of interesting profitable opportunities!

Daneen Skube, Ph.D., is an executive coach and appears on FOX's "Workplace Guru" each Monday morning. You can contact Dr. Skube at www.interpersonaledge.com or 1420 NW Gilman Blvd., #2845, Is-



Valentine's concert

Fort Salem Theater recently announced a one-night-only special event to take place on Valentine's Day, Tuesday, February 14th at 7:30PM. A duo onstage and off, Soulstice Sound features husband-and-wife team Alexandra Ncube and Sean Mullaney who provide a soulful offering of popular hits spanning several decades. From standards in Classic Rock to Jazz and Pop, Soulstice Sound is an intimate, acoustic act dazzling audiences through their epic vocal and instrumental prowess on guitar, piano, and percussion.

This one-night-only event takes the Fort Salem Theater Cabaret Room stage on Valentine's Day, February 14th 2023, at 7:30PM. Tickets are \$36 for standard seating, or \$100 for VIP table seating for two, or \$185 for a VIP table of four, which comes with a complimentary bottle of wine or champagne. Limited seating is available now at www.FortSalem.com.

For two years, Alexandra Ncube starred in the hit musical "The Book of Mormon," leading both the Broadway national tour and London West End productions as "Nabalungi." She has also been seen on stage in "Spring Awakening" (Martha), "Avenue Q" (Gary Coleman), "Rent" (Mimi), and "The Who's Tommy" (Acid Queen), among others. Prior to forming Soulstice Sound

with her husband Sean, Alexandra toured and performed with numerous bands including The Instant Classics and Brock Pro Entertainment.

Sean Mullaney is a singer, musician and actor who recently toured and performed as Robert Plant in "Mr. Jimmy: A Led Zeppelin Revival." Additional concert tours include "The Alexander Project: a Tribute to the music of Hamilton," "The Instant Classics," and numerous events with bRockway/Brock Pro Entertainment. Theatrically, Sean has performed leading roles in "Jesus Christ Superstar" (Jesus) in London, "Once" (Guy) at Seacost Repertory Theater, "Spring Awakening" (Otto) at The Phoenix Theatre Company, and "Rent" (Roger) at Scottsdale Desert Stages, opposite his wife, Alexandra.

Additional concerts recently announced for the Fort Salem stage include local bluegrass band Cedar Ridge, who will perform on the mainstage on Saturday, April 1st, and "River Of Dreams: A Billy Joel Tribute Concert" on Friday, May 19th. The theatrical season includes "Spring Awakening" (March 17-26), "You're A Good Man Charlie Brown" (May 5-



Soulstice Sound

14), "Footloose" (June 23-July 2), "Corn: The Musical" (July 7-8), "The Pirates of Penzance" (August 11-20), "The Rocky Horror Show" (October 20-31), "A Midsummer Night's Dream" (November 16-19), and "There's Still Definitely No Business Like Snow Business" (December 8-10). Tickets for all events are now on sale at www.FortSalem.com.

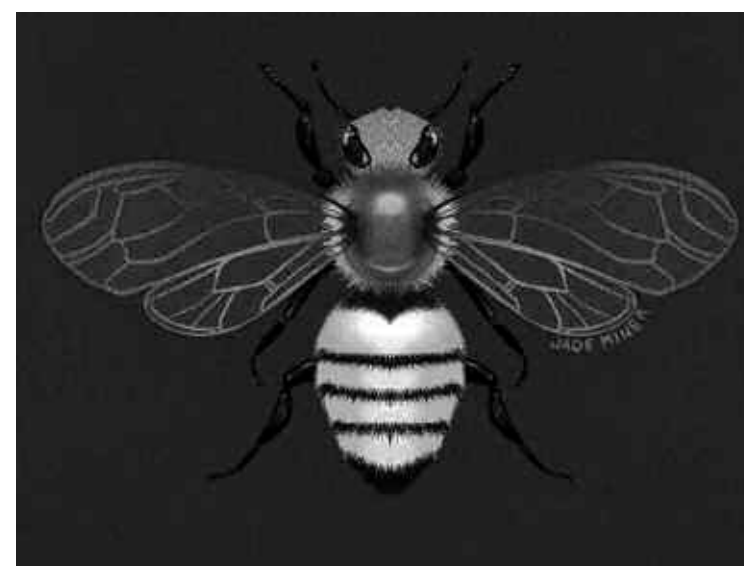
Jade Miner exhibit

An exciting new art show, entitled "Pixels & Prints | Digitally drawn and hand-carved observations of nature" is now showing at the Historic Salem Courthouse Great Hall Gallery. The show will run from the 14th through Saturday, February 18, 2023. Admission is free and the public is welcome!

The artist describes her show as highlighting "Observational drawings in contrasting media. Digital Prints and Block-Prints are united by the same creative hand yet juxtapose one another in texture and form. The collection is a study of not only the materiality (or lack thereof) in analog vs. digital media and how it transforms similar subject matter. This body of work encapsulates Jade's observations of nature in the past year. At a glance, one could argue a distinction of three bodies of work- portraits, bugs, and Blockprints- though it begs the question: aren't we all inherently nature Herself?"

Born in south-central Alaska, Jade has meandered her way across the U.S. and settled on her family farm in Salem, NY as of last year. Influenced by travel, Jade's inspiration ranges from the bold Tlingit totems/textiles to barn quilt patterns and the striking colors of southern insects. Now, nestled in the woods, Upstate New York has no shortage of inspiration to offer to her subject matter rooted in nature.

Originally a watercolorist, Jade switched over to digital media in 2020 while studying Illustration and Graphic Design at University of Massachusetts | Dartmouth. Influenced by fine art techniques, Jade's digital artwork has an element of ambiguity and sometimes even illusion that nearly disguises the digital media. Although still heavily involved in digital media through her design business, Jade took a step back to her hands-on roots and picked up block printing in 2022. Block printing



has allowed for a radical change in her art practice and a refreshing take on similar subject matter. You can see her work and learn more about her by going to jademinerart, either by website or Instagram.

This is the first show of 2023 at the Historic Salem Courthouse located at 58 E Broadway, Salem, NY.

Casting call

Home Made Theater announced open auditions for their June production of "The Sound of Music," music by Richard Rodgers, lyrics by Oscar Hammerstein II, and book by Howard Lindsay and Russel Crouse. This production will be directed by Dawn Oesch, with musical direction by Richard Cherry, and choreography by Diane Lachtrupp.

The auditions will be held on Sunday, January 22 (children only) starting at 5:30, and Monday and Tuesday, January 23 & 24 (adults, including Liesl and Rolf) starting at 6:30, at Home Made Theater's headquarters at the Wilton Mall (near JC Penney). Callbacks will be held on Thursday, January 26 starting at 6:30.

The primary cast consists of five adult men, eight adult women, two boys, and four girls. There will be a small (4-6 person) ensemble. All ethnicities and gender identities are encouraged to attend. Contact 518-587-4427 or christine@homemadetheater.org for more information.

Chinian talk and tour

On Sunday, Jan. 22, Matt Chinian will open up his 138 W. Main St., Cambridge, studio for an informal show of recent work at 12 noon. At 2 p.m., he will give a studio talk on his early art influencers and reflections on historic painters he still loves. This will be a hybrid event with a live stream on Facebook: <https://www.facebook.com/mchinian> and in person.

Chinian will talk about his most recent work. The event is free and open to the public. Refreshments will be served.



White Creek at the Walloomsac, 1777

Lance Allen Wang
Journal & Press

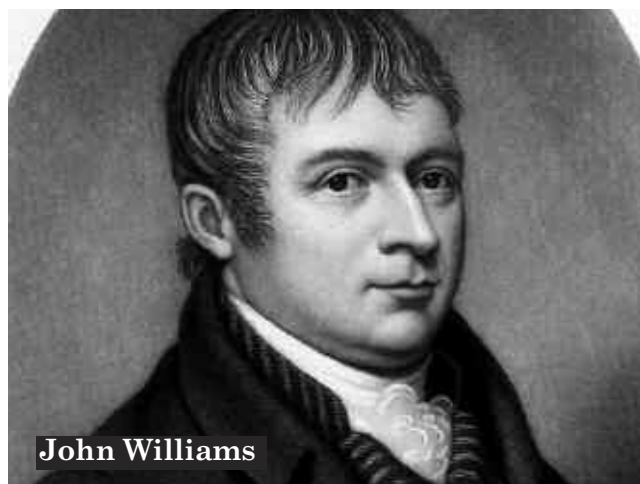
“The part New York took in the battle of Walloomsac has received but scant recognition,” wrote Nelson Gillespie in the Proceedings of the New York Historical Association in 1905. What Mr. Gillespie stubbornly refers to as the Battle of Walloomsac is symptomatic of this lack of recognition, as the August 16th, 1777 battle is commonly known as the Battle of Bennington and is associated more with Vermont than New York.

Students of the battle may recall that the objectives of the Hessian and British troops were warehouses in Bennington, Vermont, but forces of patriots from New Hampshire, Massachusetts, and the Vermont Republic defeated them in a pitched battle along the Walloomsac River, just to the east of Sancoick (sometimes written as “St. Croik”), what we now know as North Hoosick, New York. New York does not receive a mention. Names such as Brigadier General John Stark and Colonel Seth Warner and his “Green Mountain Boys” are associated with the battle, but what of Colonel John Williams of nearby Salem?

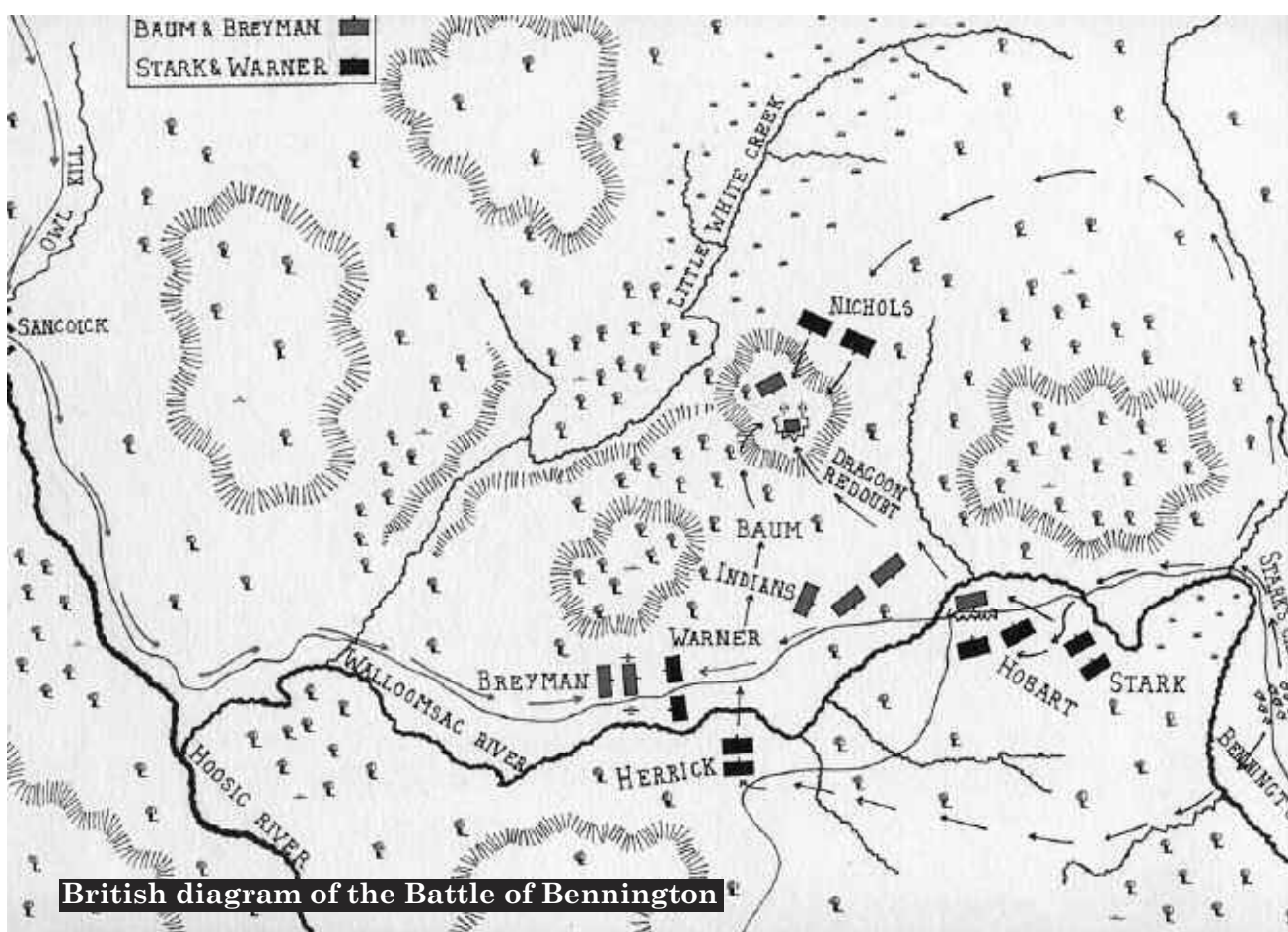
Research by the New York Historical Association found that “if the names of all the militia and volunteers from Cambridge, White Creek, and Hoosick could be procured, they would show that at least one-hundred and fifty men were under arms at Walloomsac battle.” These men represented at least 10 different militia units. And while there was one unit of the Albany militia which was drawn from the vicinity of Cambridge (and commanded by Lewis Van Woert as of February 1778), it was not at the battle. Rather, New York units were scattered because during this period, the British were trying to sever New England from New York along the Hudson. The units were trying to help contain one military brushfire after another.

The beginning of August 1777 brought a battle west of Albany, out in Oriskany, a vicious, bloody brawl primarily fought in a creek bed which felled many Americans fighting under General Herkimer, but also turned back a British and Canadian expedition. This meant that the British forces gathering in Saratoga would get no relief from the North. Primarily because of dysfunction and intrigue among British senior officers, there was no support coming from General Sir William Howe and the strong British garrison in New York City either. General John “Gentleman Johnny” Burgoyne and his army in Saratoga were on their own.

As the Hessian commander, Lieutenant Colonel Friederich Baum, led a column of Hessian mercenaries, and assorted British, Canadians, Loyalists, and native soldiers from their Saratoga area encampment towards Bennington, word was already traveling through the countryside that enemy forces were coming. What Baum would find along the path from Cambridge to Sancoick was a deserted area.



John Williams



British diagram of the Battle of Bennington

“Most of the inhabitants . . . had removed before Baum’s advance from Saratoga,” although by this time, some militia men were returning to gather the harvest. When the alert was sounded, many of these men individually, or in twos or threes, joined with the army, “irrespective of company or regiment.” For New York militiamen who found themselves in the area of the Walloomsac, participation became an ad hoc, “come as you are” affair.

When the battle broke out on August 16, Colonel John Williams of Salem (he was commander of a Charlotte County militia regiment), like other local men such as Irish immigrant John Rowan, ran towards the sound of the guns and set out to join the battle. Upon his arrival at the scene, he requested and received orders which sent him and his volunteers to the battle line and specified additional missions should the enemy retreat. Instead, his troops found themselves in a late-day assault (sometimes known as the “Second Battle of Bennington”) on troops commanded by Hessian Colonel Breymann, troops which were supposed to assist Baum. As “History of Rensselaer County, New York” (1880) states:

“... there is but little doubt that Williams and his men were among the number that posted themselves... about a third of a mile east of North Hoosick, and drove back Breymann and his troops at the second battle.”

Another local resident of White Creek, William Gilmore, joined up with a New Hampshire unit under Captain Isaac Clark. He wrote in a pension application later that he, upon hearing of the approach of the Hessians under Colonel Baum, “... went to Bennington and there volunteered and fell into Captain Isaac Clark’s company... There was not much ceremony about the organization of the volunteers...” With Clark’s company he “marched back to Cambridge and encamped in the woods that night about two miles from the camp of Colonel Baum.” On the 14th they retreated to near the Bennington battleground and met with General Stark’s forces. They were going to attack on the 15th but delayed until the 16th due to the weather. On the 16th, the day of the battle, “... he was engaged through the day,” and “he helped the next day to bury the dead and continued in said service in said company till the 27th of the same month and was then dismissed to go

home.” Interestingly, a New York State Historical Association article refers to an 1834 event celebrating the 57th anniversary of the battle, at which William Gilmore, a regular at the annual commemorations, gave a short address.

Dr. Asa Fitch (1803-1879) of Salem counted “local historian” among his many talents and interviewed locals in Washington County as he attempted to document the Revolutionary War’s impact on our area. He, too, recorded William Gilmore’s movements during the Battle of Bennington – including as he attempted to hamper the Hessians’ movement:

“William Gilmore... and a few other [sic], stripped the plank of the bridge at San Coick (North Hoosic) as Baum approached but Baum was too near upon them to enable them to cut the string [and send] them down into the water. (This appears to have been the first decidedly hostile stop Baum met with on his march.) And whilst they were repairing the bridge one man and another was firing upon them from bushes and other coverts.”

So indeed, New York was no mere bystander to the unfortunately named Battle of Bennington. The name Battle of Walloomsac or Battle of Walloomsac River might be more appropriate, but regardless, we can take justifiable pride in the performance of our local volunteers, some of whom sanctified the ground with their own blood.

When the smoke finally cleared, the battle was a lopsided victory for the Americans – 70 casualties for the militiamen, and over 900 for the Hessians and their complement. With the Oriskany expedition turned back and the Hessians defeated on the Walloomsac, the only relief coming for General Burgoyne in Saratoga would be from the south – and help was not coming from General Howe. With the table thus set, the outcome at Saratoga was both predictable - and critical - for our nascent nation.

Lance Allen Wang is a Councilman in the Town of White Creek who is also an Iraq Veteran and retired Army Infantry officer. He lives in Eagle Bridge, N.Y., with his wife Hatti.



Really digging into winter

Shirley Renauld
Journal & Press

Back to New Year's Day, Jan. 1, 2023, and the ceremony to inaugurate the incoming political leaders for NYS. The ceremony was a diverse one that included people of various cultures and ages. Of particular significance to us locally was 10-year-old Phoebe Ziehm. She led the Pledge of "Allegiance to the flag of the United States of America..." She is a member of the Ziehm family, works on their Tiashoke Farm, in their Farm Store and is a 4-Her. Her picture was taken with Governor Hochul Congratulations, Phoebe. We look for that photo. Also, 8-year-old Inaugural Poet Laureate, Hayden Hern of Harlem, recited one of his poems. They are examples to us to keep writing, keep leading, keep working.

We also send our thanks to our friends at the local Stewart's Shops and the Dake family for offering free beverages on New Year's Day (as well as other holidays throughout the year) and for the Holiday Match Program. We await hearing about the local charities that will benefit this year.

Now it's the season for soups and chowders, fondue, stews and chili. Start by making a soup broth. Dice some fresh onions, carrots* and celery, including cutting up its leaves. Break up some fresh parsley, basil, oregano if you have some growing; if not, use dried. Put it all in a large kettle, more than cover it with water and put it on the stove to boil.

It will soon start to smell good, but that broth is very weak. To strengthen it, add concentrated broth you buy. liquid, bouillon cubes or a "paste" that is vegetable or meat base. Keep fork-testing the vegetables, adding water and tasting. Make plenty so you can use it to make more than one soup.

You're ready for Soup #1, Egg-Drop Soup. For it, scoop only the amount of broth for how much soup you want to make into its own pot. Just before your family is ready to eat it, whisk eggs that you slowly pour into the boiling broth while stirring it.

Save portions of just broth in containers and freeze them for other days' soups.. The rest will become vegetable soups, so thaw any of your veggies to add: corn, peas, beans... Maybe peel and dice potatoes to add. As it cooks, add water and concentrated flavorings for more broth. When all is tender, you can serve and eat basic Vegetable Soup! For other days, you could add chicken or beef or noodles of your favorite shape. Especially if you have young children working on their letters, use alphabet noodles that they can work with, dry or cooked: identifying, ordering, and



Wildlife at Hudson Crossing Park

it's fun to make words.

*Did you save some carrots, onions and potatoes in your cold storage? Did you leave some carrots in your garden? How much of your ground is frozen? Any chance you can dig up some carrots now? For sure, you'll need to get celery. What else, and from where? Start with the for-free: from the local food offerings at your library, from SAFER foods in Schuylerville or from Comfort Foods in Greenwich. Farmers' Markets have moved inside. The Greenwich one is at Gather on Main St, but you better check its availability.

Making this soup is so much like

'We start with Candyland, Chutes and Ladders. ... We move on to Checkers, Bingo and Uno..'

the folktale, "Stone Soup," about hungry villagers who make soup to share by everyone contributing one item, starting with a stone! Get a copy of the story while you're at the library – and some other books and materials of your interest. What programs are they offering? For a writing assignment, you can create a story of your own adventures

But by now you must be ready to get outdoors! What are the current ground conditions? It might be hiking today. Who will you go with and where will you go?

There's lots to look at and listen to, especially birds. With the weather we've had, the ones that usually migrate have not all left. With food available from the crop-fields and the open water, there are lots of Mallard Ducks, Canadian Geese, even Snow Geese still around. Watch what they are doing. If they're flying, are they just in a group, randomly flying around

for exercise or looking for a new feeding field, a change of diet from corn to hayseed. Why are they honking, are they communicating their findings? When they're in their V formation and heading south, it could mean that they're leaving us for a while and that we better be ready for a change in the weather. Are they on the open river, or lined up along the shore? Maybe you should be keeping a journal because another January might be very different, last January was. There are lots of hawks, too. They are loners, gliding around, perching high in a leafless tree, even crowning a utility pole, but always watching the ground

with those hawk eyes for any little moving animal, then swooping down to capture it with its strong talons. It will then tear up its catch into pieces with its big hooked upper beak, swallow it whole (because it doesn't have teeth) to have its gizzard grind it up. Draw a sketch of a hawk in your journal.

You will see other birds finding seeds to eat. Stand very still and at a distance to see how they pick seeds with their short, strong beaks. Local author, Shirley Andrews, has written books about birds, with photographer, J Michael Fuller, taking close-up photos of them. Birds like sumac seeds, so look to the tops of them along the roadsides for birds perched and eating on those big red seed clusters, If you had cut sumac for decoration, make them available to birds, too.

We notice that the daylight is lengthening, but especially if it's starting to get dark, smell and

think. Has something come out of hibernation? What could it be? You're getting hungry anyway, so head back to the house, take your footwear off at the door, and go to the kitchen. Get the soup reheating. There's nothing better than warm bread with soup. Go the easy route by just shaping ready-made bread dough (or frozen that you've put out to thaw) in a bread pan, let it rise and bake it. After the warm supper, is there a basketball game at school or is it family table game night? So many games to play as partners or with a group, with whatever ages, board games or card games, traditional or new ones. We start with Candyland, Chutes and Ladders recognizing numerals and counting and card games making picture pairs, learning to take turns and follow game rules. We move on to Checkers, Marbles, Bingo, Uno and other card games with numerals and suites. Then Bingo with numerals in the tens, Scrabble to make words, strategy games like Tic, Tac, Toe, then Chess... New games are always being created like Catan--social games, not on your phone. We start with large blocks of Legos for the young to assemble creatively, even making whole scenes on boards, to progressively smaller blocks as finger coordination and strength increase, to now kits of tiny ones to follow diagrams to make objects, competing for time, right Kristin? Have you visited a Legoland? We're getting sleepy. It's been a busy day. There's other days and more adventures to come,

On an "other day" make use of your outdoor basketball hoop or it's pick-up basketball or tennis in the community. If the court's too wet, then it's inside: With a Badminton uses a smaller court and the "birdie" is easier to control. Ever tried pickleball with a whiffleball? Find public and private places to

Continued on next page

Need something fixed?

What do you do with a broken toaster? Or with a lamp that won't work? Or with a favorite shirt that is ripped? Toss it? No way! Schuylerville Public Library is organizing its second Repair Café on Saturday, February 25 from 11am until 1pm.

At Schuylerville Public Library (52 Ferry Street) on Saturday February 25 everything centers on making repairs. Starting at 11am and ending at 1pm, various volunteer repair experts will be available to help make all possible repairs free of charge. Most tools and materials will also be on hand. People visiting the Repair Café will bring along their broken items from home. Limit of two items per person. Small appliances, lamps, hair dryers, radios, clothes, toys... anything that is broken and small enough to carry is welcome and can more than likely be repaired. The Repair Café specialists almost always have the know-how.

By promoting repairs, the Library wants to



help reduce mountains of waste. According to Library Director Caitlin Johnson, "By repairing instead of tossing, we lessen the strain on our environment."

Interested in volunteering for this event, as a repairer? Simply contact Caitlin Johnson at cjohnson@sals.edu.

Area students at Potsdam

The State University of New York at Potsdam recently named 809 students to the President's List, in recognition of their academic excellence in the Fall 2022 semester. The SUNY Potsdam students were honored for earning top marks by Officer-in-Charge Dr. Philip T. Neisser '79.

To achieve the honor of being on the President's List, each student must have satisfactorily completed 12 numerically-graded semester hours, with a grade point average of 3.5 or higher.

The students included:

- Skylar McDougall of Argyle, NY, whose major is Childhood/Early Childhood Education
- Dillon Niles of Greenwich, NY, whose major is Music Education
- Andrew Rymph of Greenwich, NY, whose major is Business Administration
- Johanna Saint-Vil of Schaghticoke, NY, whose major is Music Education

Specific dates:

- Jan. 16 is Martin Luther King Jr. Day, of course, where we honor the Civil Rights pioneer.
- Jan. 18 – Open House at BOCES for families to learn about the newly-adapted program, Industrial and Performance Machining that will allow students to learn by doing as they run the real machines in the shop, that Jim of Stone Bridge Iron and Steel says will teach students skills "for the real world" and that Andrea of the Fort Miller Group says "are essential to our current success and our future survival". Did your interest start as you played/worked with that set of wooden tools when you were very young? Do you now work with the real metal hand tools with your family in the garage or shop? What would we do without the skilled folks keeping our vehicles and equipment working?
- Jan 22 is Lunar New Year for those who start the calendar year now and following the cycles of the moon. Use the lantern that you made at the Schuylerville Library and then used for the musical parade with Chelsie and Kate to Hudson Crossing Park. Then use it for decoration and save it for upcoming celebrations. We can use any extra light this time of year.
- 24th is the deadline for school districts to submit proposals to NYS Dept of Ag and Markets to expand their Farm-to-School program to increase the use of locally-grown food on the school menu. Are you already growing food in your Ag Dept that goes to the cafeteria lunches?
- 31st is the deadline for nominations of individuals, businesses, organizations for the Farm Credit East's Rural Initiatives Award. What renewal do you have or need in your area? Maybe it's for a much-needed playing field, or to a youth center... You could thank whoever is doing it by a nomination for this award. Thanks, Laurie, for your work through Farm Credit.

(cont.)

play. Some public schools are allowing times for the public to use their facilities, including the fitness room. A racquetball court is harder to find, but Sophia and David did, so they've been bouncing that hollow ball from wall to wall.

Especially if you have animals of your own, you know that there's always work to be done with them. Whether farm animals or pets, with their spending more time indoors, there's more we have to do about making sure that they have food and water. There's more clean-up of their indoor space, too. If you have your own pony or horse, is this work/fun? It appreciates your daily grooming and hoof cleaning, keeping track of when it needs the farrier to trim its hooves or have routine health checks from the vet. But do you get to ride in your corral as a reward?

If you don't have your own horse, there are stables in the area with outdoor riding arenas, even covered ones. They have classes for whatever age or level of learning you are, from just beginning with grooming, bridling and leading to saddling, mounting and riding... Maybe you are learning as part of a 4-H club. You can get ready for the county fair, horse shows, even learning to drive a cart! Right, JoAnne?

Maybe you prefer to work with smaller pets. Animal shelters are always looking for volunteers for feeding and clean-up, grooming and loving, for dog walking...getting to know the animals to introduce them to people looking to adopt. Volunteer service often leads to a paying job, right, Isabella? You would come with experience for doggie daycare that is needed by working people or by owners going on vacation, right, Cindy? You should already be starting a resume. Animal shelters always appreciate donations and hold fund-raisers, so get your group together for one.

RC Churches News

Mass at Holy Cross Catholic Church are Sunday at 8:15 AM and Tuesday at 9 AM. St. Patrick's celebrates on Sunday at 11:30 AM and on Wednesday at 9 AM. Immaculate Conception in Hoosick Falls Masses are Saturday at 4 PM and Sunday at 10 AM and Monday at 9 AM. Visitors are always welcome. Due to the increase in COVID and other infections, people are encouraged to wear a mask in large groups.

Adult Bible Study resumed on January 5, on Thursday mornings. Both groups will discuss Lesson 4 during the week of January 8. Anyone is welcome to join. The study information and registration can be found on the website, battenkillcatholic.org.

Parishioners can obtain a copy of their giving statement for 2022 by calling St. Patrick's at 518-677-2757.

The Sacrament of Reconciliation is available at Holy Cross before Mass at 7:45 on Sunday or at St. Patrick's after Mass, or by appointment.

All food pantries have seen a significant increase of need this year and it has become more difficult to get supplies. Please recognize the need through the coming year. The Salem Food Pantry is in great need of pasta, cereal, paper towels, and toilet paper. Please open your hearts during this special season. The Cambridge food pantry is in need of breakfast items.

—Submitted by Rose Mary Sheffield

Photo contest

Battenkill Conservancy's "Show Your Love of the Watershed" Photo Contest is encouraging amateur photographers to submit a photo that shows their love of the Battenkill and captures their favorite moments of 2022 enjoying the Battenkill watershed. The Battenkill watershed encompasses a land area of more than 450 square miles in Southwestern Vermont and Southern Washington County. The area's rainfall and snowmelt is channeled through the creeks, streams & tributaries into the Battenkill's main stem before joining the Upper Hudson River watershed.

Whether the photo includes floating, fishing or just the beauty of the river, BkC is looking forward to all contest submissions. With the photographer's permission, the winning submissions will be exhibited at a local venue, displayed on the BkC social media pages and featured at a new information kiosk to be installed at BkC's Schmidt Meadow Preserve off Skellie Road in Jackson, NY. Submit your photo to BkC Board Member, Beth O'Grady at bnbo-grady@verizon.net no later than February 14, 2023.

Surrounded by books

Emily Gates

Greenwich Free Library

I have always felt most comfortable surrounded by books. Growing up, I looked forward to any days spent in the library, especially in the summer. During the summer months I spent most of my time with my family at our camp on Hadlock pond. My cousins and I spent our days swimming, going on the boat, and reading books. Before we left for camp my mom always made sure that we packed a few books to get through the weekend. I looked forward to this time, all of us in our camp chairs lined up by the water reading books.

I always made sure to mark down my books for my local library's summer reading program so I could get a sticker on the reading chart in the children's room. At the end of the season our library published participants' names in the Post Star, and I would cut out the article and have my parents put it up on the fridge.

As I got older, my friends and I went to the library on our own during school breaks. We would go see the magic shows and do craft hours on Saturdays. The library was a safe place for us. Looking back on all the fond memories I have of the library, it is a full circle moment for me that I have found a career in one.

I started in the Greenwich Free Library in June of 2021 as a member of circulation staff. This past June I took on the position of After-school and Teen Programming. When I took on this role, my main objective was to create a safe place for children of all ages to enjoy the library and fall in love with reading. One of the most rewarding parts of this position has been creating a weekly Teen Lounge for patrons 12 and up. Teen Lounge meets every Tuesday from 3-4:30 PM. This program does not require registration and is drop-in based.

Teen Lounge started off in September with one participant, and now we regularly have seven to ten. This program is so important to me because it is something that I would have loved and needed as a teen. From movies to games and crafts – it has something for all interests and is a fun way to decompress after a day at school. One of my favorite things about Teen Lounge is that it gives teens a chance to come in and see the library and all the wonderful resources we have to offer. Need a study room for a school program? We can help with that! Looking for a fun book to read?



Dream boards in the Library

We got you! Need volunteer hours for school? We can even help with that, too! The library is filled with resources that can help people of all ages. One lounge participant says that it is a fun thing to look forward to after a long day at school. Another participant wishes that teen lounge could be five days a week!

This program is so special to me, and I can't wait to see it continue to grow. Some of our winter activities include making dream boards on January 10th and a board game café on January 17th. A new addition to our Teen Lounge is coming in January – The Universal Yums snack box. This is something that many of our lounge members cannot wait for! We will dig into Universal Yums on the third Tuesday of every month and try snacks from all over the world followed by trivia. On January 31st Teen Lounge Presents: Frozen. We are sponsoring a showing of the movie with no registration required, and popcorn will be provided. (I've been told we make very good popcorn!) This is going to be such a fun time for all ages, and you do not want to miss out.

Our next Teen Lounge party will be on Valentine's Day and we will be making slime - more details coming soon. A great way to see all the fun upcoming programming we have to offer at the Library is to like and follow us on social media, we have a Facebook and Instagram where we post all

about our programs. We also have a monthly library newsletter that is a great resource to use to stay in the loop and see all the wonderful things we have going on at the library.

I'm so grateful to have the opportunity to build programming for teens in this community. One of the best parts of my position is to be able to build relationships with teens who remind me so much of who I was when I was their age. I love being able to provide programs that I would have needed when I was younger. I love seeing teens come into the library to spend their time. The library played such a big role in my life when I was growing up. Whether it was the public library, school library or even my college library, I always felt my best when I was there, and I love being able to help provide that environment for this community. My younger self would be so excited to know that she would one day find her way back to the library, and once again find herself surrounded by books.

Emily Gates is the After-school & Teen Programmer at the Greenwich Free Library. When not at the library she can be found drinking coffee, walking her dogs or re-reading Harry Potter for the hundredth time.



The Fires of Main Street

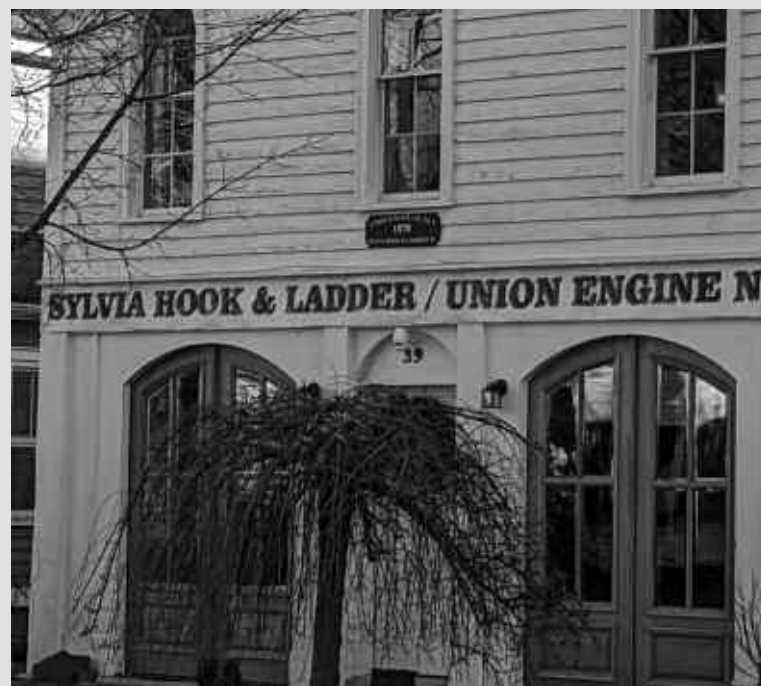
The Greenwich-Easton Historical Association will present a program entitled "The Fires of Main Street", given by Sandy McReynolds, Greenwich historian, at 1 PM Saturday Jan. 21, 2023, at the Greenwich Free Library, corner of Main and Academy Streets, Greenwich, NY. This program is one, unfortunately, that had been postponed and GEHA is delighted to be able to host it now.

In addition to Ms. McReynolds program, GEHA is pleased to announce the presentation of their preservation award to Norman and Sheryl Ballard for their work on restoring the former "Sylvia Hook and Ladder/ Union Engine No.1 building, which for years has been used as a home and which the Ballards purchased. Mr. Ballard will speak about the

restoration process that they did. The Ballards live primarily in New York City where they are professionally involved with the arts.

The program is free and open to the public. Donations gratefully will be accepted.

During the membership meeting on November 12, 2022, ideas for future programs to be presented were discussed and new members were welcomed. GEHA welcomes you to take advantage of this opportunity to learn more about our history; become a member and share your ideas.



JOURNAL & PRESS

is published twice monthly and covers Southern Washington County and parts of Eastern Saratoga and Northern Rensselaer counties.

Publisher/Editor: Darren Johnson.
Assistant Editor: Kaylee Johnson.

Photos and Art: Photos are taken and/or provided by the authors of articles or are archive/stock or PR images, unless noted. Most comics and puzzles are provided in agreement with Tribune Content Agency.

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Send a note to editor@journalandpress.com or mail 39 Cty. Rt. 70, Greenwich, NY 12834.

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JOURNAL & PRESS (USPS #229-380), Jan. 1, 2023, volume 182 number 9277.
Published twice-monthly by Campus News publishing company, 39 County Route 70, Greenwich, NY 12834. Subscription price \$36 a year. Periodical postage paid at Greenwich, NY, and additional mailing offices. **POSTMASTER:** Please send address changes to Journal & Press, 39 County Route 70, Greenwich, NY 12834.

Fun & Games

(solution below)

Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word lists, crossing out common words.

BOGGLE POINT SCALE
3 letters = 1 point
4 letters = 2 points
5 letters = 3 points
6 letters = 4 points
7 letters = 6 points
8 letters = 10 points
9+ letters = 15 points

YOUR BOGGLE RATING
151+ = Champ
101-150 = Expert
61-100 = Pro
31-60 = Gamer
21-30 = Rookie
11-20 = Amateur
0-10 = Try again

Boggle BrainBusters Bonus
We put special brain-busting words into the puzzle grid. Can you find them?
Find AT LEAST EIGHT FRUITS in the grid of letters.

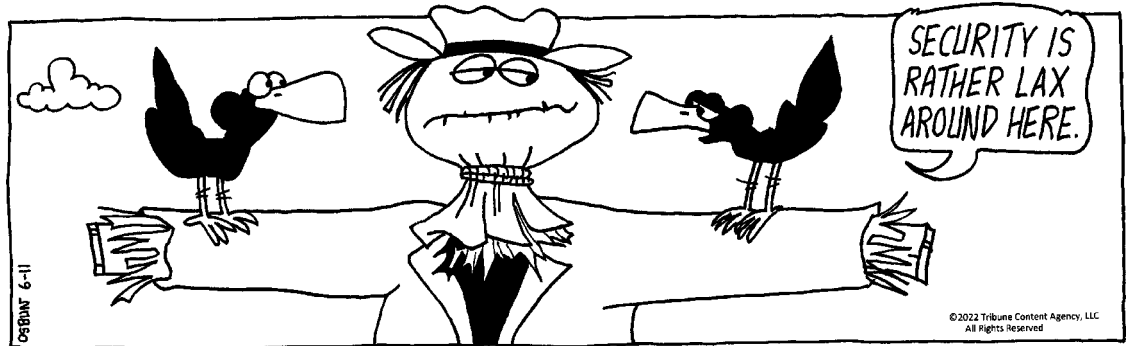
Answers to Last Sunday's Boggle BrainBusters:
TOGO SPAIN GABON BRAZIL FRANCE ICELAND IRELAND

Salem Sudoku

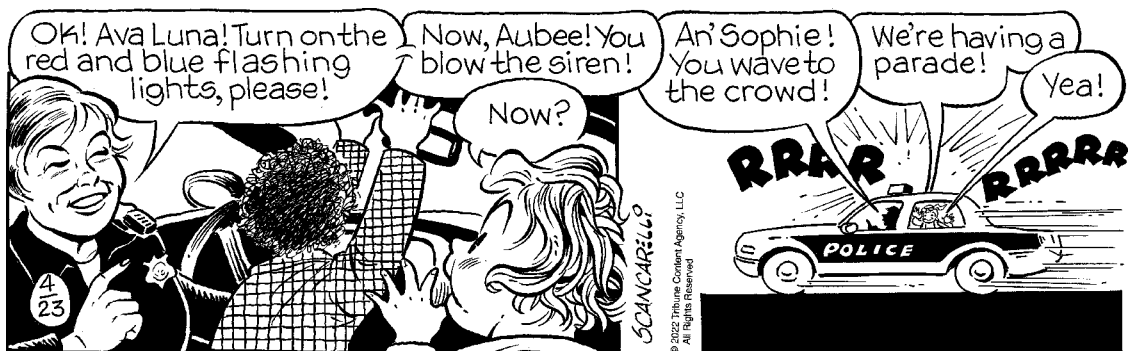
(solution below)

4								6
		1					5	
	5			9	2			7
		6	5				9	4
3			8		4			1
8	7				6	3		
	6		7	3				4
		8					6	
9								5

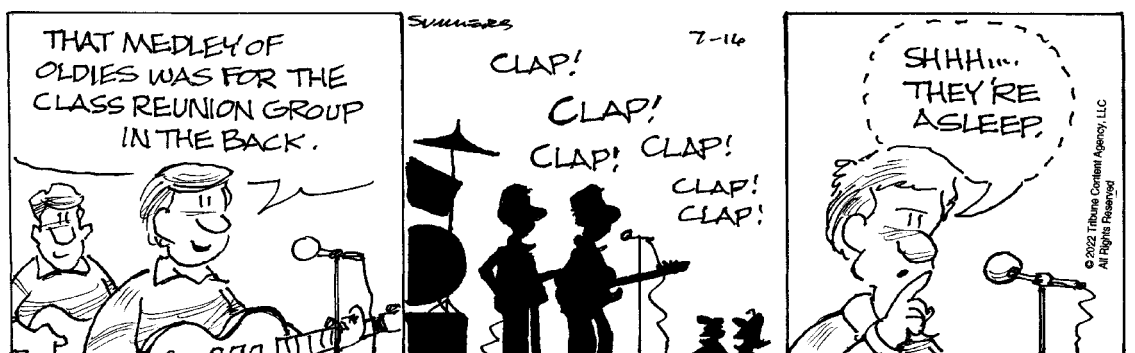
Animal Crackers by Fred Wagner



Gasoline Alley by Jim Scancarelli



The Middletons by Dana Summers



Filbert by LA Bonté



Broom Hilda by Russell Myers



Answers

Boggle: FIG DATE LIME PEAR LEMON PEACH APPLE APRICOT

Jumble: SILKY IGLOO MATTER SENTRY "TRYING TIMES"

Kid: LET BUNK QUIT CAKE - "NICE BELT"

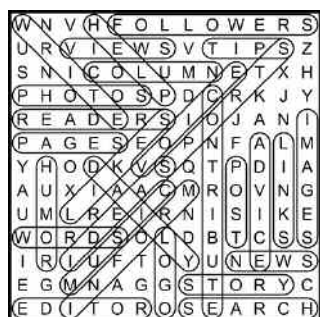
5	8	2	1	8	9	4	7	6
7	1	9	6	4	2	8	8	9
6	4	8	5	3	7	2	9	1
2	5	3	9	1	6	7	4	8
1	9	7	4	2	8	5	6	3
4	8	6	3	7	5	9	1	2
8	7	2	1	4	3	6	5	2
3	6	5	8	9	9	1	4	7
1	2	7	1	5	3	6	8	4

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E ₁	O ₁	S ₁	L ₁	N ₁	W ₄	S ₁			
A ₁	E ₁	O ₁	W ₄	D ₂	H ₄	B ₃			
E ₁	I ₁	U ₁	C ₃	L ₁	P ₃	S ₁			
A ₁	E ₁	O ₁	V ₄	B ₃	L ₁	M ₃			
A ₁	E ₁	D ₂	H ₄	F ₄	L ₁	S ₁			

PAR SCORE 265-275 **FIVE RACK TOTAL**
BEST SCORE 350 **TIME LIMIT: 25 MIN**
DIRECTIONS: Make a 2- to 7-letter word from the letters in each row Add



We have cars but no plows

Darren Johnson
Journal & Press

Here are some snippets from past editions of *The Journal & Press* from late Januarys decades ago:

100 Years Ago January 24, 1923

This man's winter, with its unusual dose of snow, and long periods of blocked roads is producing a demand for new and more effective methods of opening highways to winter travel, especially automobile travel. A couple of years of open winters, during which travel by automobile has been but little checked, has encouraged businessmen to depend upon motor trucks for the transportation of goods between towns in wintertime very much as they do in summer, and a winter, like the present one, plays the dickens with what has been a very convenient and satisfactory condition of things. The result is that there is a loud and persistent demand for the authorities to open up the roads after every snowstorm. This demand has only recently begun to be heard in this county, and it hasn't as yet been giving much attention by the county authorities. At a recent meeting of the board of supervisors applications for the county to take steps to open main roads were dismissed as impractical on account of their cost. In neighboring counties, the motorist

have had better luck getting the ear of the authorities, and organized efforts are being made to clear out the roads, but with indifferent success.

Saratoga county has for the past two or three years had an appropriation to open the roads. During the years of little snow, it worked fine, but this year is another story. The Saratoga supervisors last week voted an appropriation of \$3000 to add to a former appropriation of \$2000 for this work, and it is said that the whole sum is already spent. In addition to this, cities and towns have contributed money for the work, and yet it is said that only a few of the roads are passable for automobiles. Obviously, these few roads do not serve all parts of the county, and it is said the taxpayers in the sections that benefited are beginning to protest at the cost. In Schenectady County on Monday, the board of supervisors voted to purchase a 10 ton tractor and two snow plows to be used in opening the roads. The resolution, however, was not carried without opposition, and even predictions that a taxpayers' action would be undertaken to test the legality of the appropriation.

What is going to be the final outcome of the situation is difficult to foretell. It is pretty certain that the users of automobiles are not going to abandon their efforts to get open roads in winter time. It is also certain the county funds cannot be appropriated for the work, without

producing a holler with stages of amplification for every mile at the hollerer lives from a state road. Maybe a comparatively painless way to get the necessary funds would be to secure some kind of state appropriation administered through the highway department. But this and all other schemes seem just at present to be awaiting the perfection of a device that will actually clear out a drifted road effectively, and at reasonable cost. There are no doubt enough experimenters at work on such devices, and maybe in time they will come. In the meantime, the plow on the bob sleigh, and the scoop shovel will continue to make roads barely passable for horses, and the automobiles will have to look out for themselves.

80 Years Ago Jan. 27, 1943

To the People of Washington County: Rationing is repulsive to any good American, and I hope it always will be. It seriously interferes with our personal and private affairs and, therefore, is an infringement by government upon the principles of liberty ... But we, and that means every one of you, are engaged in a war in which we must win, else our Declaration of Independence and the Bill of Rights will become but scraps of paper. To win the war we must for a time modify our way of life and sacrifice much for sacred liberties. ...

No amount of specious reasoning that lodges and clubs and sports are educational or religious institutions should be an excuse for unnecessary driving. Cheating the food rationing, using tractor gas in passenger cars, buying tires or gasoline in black market ways are not smart but smell of sabotage and treason. ...

With some acquaintance with many thousands of you through a lifetime spent among you, I know that at least 90% of you are right minded people and are struggling with forms, red tape, strange rules and perplexed officials in an honest effort to conform to rationing and in a hundred ways giving the best that you have to winning the war. Keep up the good work till it hurts, and it does and will hurt. Help guide the innocent wrong minded ones and show your indignation to the cheaters. Signed, **IVH Gill**, County Rationing Administrator

40 Years Ago Jan. 16, 1983

News has been received from Topsail Island, NC, about Dr. WN (Bill) Young who practiced medicine in Greenwich until he left last spring. According to a local newspaper article, Dr. Young completed his office on the ground floor of his oceanfront home last month and opened up his practice. The article mentions Dr. Young's official attire, Bermuda shorts. After this weekend's big snow, there are probably a lot of area people who wish they could wear them this time of year.

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L ₁	O ₁	W ₄	N ₁	E ₁	S ₁	S ₁	RACK 1 =	60	
B ₃	O ₁	W ₄	H ₄	E ₁	A ₁	D ₂	RACK 2 =	98	
S ₁	P ₃	I ₁	C ₃	U ₁	L ₁	E ₁	RACK 3 =	61	
M ₃	O ₁	V ₄	A ₁	B ₃	L ₁	E ₁	RACK 4 =	67	
F ₄	L ₁	A ₁	S ₁	H ₄	E ₁	D ₂	RACK 5 =	64	
PAR SCORE 265-275								TOTAL	350

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