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Greenwich Journal

and The Salem Press

of Washington County, N.Y.

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24 FULL-SIZE PAGES!
MARCH 18-31, 2023



GCS MEDALISTS 25



SCORE 12



SONG 2



ELABORATE EGGS 2



B'FAST 2



SOLVE 20

The state of local news

A panel convenes to declare print is dead (long live print!)

The Greenwich Free Library presented a March 9 panel discussion with daily and former daily newspaper journalists to a full house. The consensus is that newspapers are dying out, and it's the community that suffers when they finally kick it. (However, we at The Journal & Press keep on keepin' on.)

Please read more on page 3



Village elections

Hey, if you live in the Village of Cambridge or the Village of Greenwich, you might want to get out and vote on Tuesday, March 21, from 12 noon to 9 p.m. at your village hall. We look at the contested races in each place.

Please read more on pages 4-5





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Learn how to create elaborate eggs

Later this month, the Slate Valley Museum will welcome artist Christine Levy to instruct two workshops on the art of Pysanky egg decorating. An adult workshop will be held on Friday, March 24 at 7pm for adults and a workshop for children ages 6-12 will take place on Saturday, March 25 at 1pm. Each workshop will last approximately three hours.

Pysanky, the ancient art of egg decorating, is a part of cultures throughout Eastern Europe and is most widely associated with the Ukraine. These traditional, hand-crafted Easter eggs are created through a process of drawing, or writing, patterns with hot wax onto eggs and dipping them into dyes to create a series of unique, layered designs.

Levy is a second generation Ukrainian American and learned the history, significance, and art of Pysanky as it was passed down

through family traditions. She has been writing Pysanky most of her life, starting when she was about 10 years old. She now teaches the art of Pysanky to children and adults at various venues throughout the area.

The price to participate in each workshop is \$40 per person. For the youth workshop, the price is per child and includes an adult chaperone. An adult must accompany each child to their workshop because hot wax is used in creating the egg designs and the child might require additional help.

Space is limited and pre-registration is required. Those interested in participating should contact museum associate Wendy Bordwell at associate@slatevalleymuseum.org or 518-642-1417.

About the Artist: Christine Levy lives in Upstate New York in rural Washington County and has an art studio where she works and



teaches in Cambridge. She is a self-taught artist who works primarily in two art forms: pysanky (Ukrainian Easter eggs) and ceramics. She participates with the Ukrainian community in sharing the beautiful tradition of Pysanky with anyone

who has an interest. Christine also exhibits at art shows, galleries, and art events. Her work is sold at art shops and galleries in Upstate New York and Vermont and she is a member of the Valley Artisans Market co-operative.

Bluegrass at Fort Salem

Get ready for a night of toe-tapping, hand-clapping fun as Cedar Ridge, the beloved bluegrass band, takes the stage at Fort Salem Theater on April 1st at 7:30PM! This incredible band features some of the most talented musicians in the country, including Ken Meyer, Tom Benson, Butch Ryan, and Al Queen of the celebrated Queen family. Tickets are on sale now!

The Queen family has long been recognized as master musicians and experts in the lore and language of the region, with a deep and abiding love for the music and culture of North Carolina. They have recorded several albums and have appeared in numerous documentaries, and their contributions to the music and culture of the region have been widely honored. Al's Mother, Mary Jane Queen, was also a major artistic inspiration for the production of the movie Songcatcher, and her memoir, *The Life and Times of Mary*

Jane Queen, was published in 2005.

With their incredible talent, infectious energy, and deep love for Bluegrass music and culture, Cedar Ridge is sure to be a hit with audiences of all ages. And with tickets priced at just \$15, there's no reason not to experience the music live at Fort Salem Theater on April 1st! Get your tickets today and get ready for a night of unforgettable music.

All tickets can be purchased online 24/7 at www.FortSalem.com, or by calling the Fort Salem Theater box office at 518-854-9200.

Soup and raffle - \$5!

There will be a Soup Luncheon and Basket Raffle on April 2 from 1 to 3 p.m. at the Elks Lodge in Greenwich. Cost: \$5/per person. Many kinds of soups available. Eat in or take out available. Also it's \$5 for 25 chances on basket raffles. Drawings will be at 3 p.m. No need to be present to win. To donate a basket or a gift card, contact Christine Perkins at (518) 926-0970 or drop it off at the Elks Lodge any day after 4 p.m.

The event supports area scholarships.



Who doesn't like breakfast?

Ashlar Masonic Lodge is excited to announce the expansion of their Good Sunday Morning Breakfast Buffet to the first Sundays of April and May at the Greenwich Masonic Temple. The popular farm-to-table experience has become a favorite among friends and families, and the Lodge is thrilled to offer it on more dates.

Guests can indulge in a delicious spread of pancakes, waffles, eggs, bacon, sausages, home fries, and all the fixings for a suggested donation of \$12 for adults and \$6 for veterans and children (12 and under). The breakfast buffets are on Sunday, April 2, and May 7,

2023, from 7:30 - 11 am.

"We are proud to commemorate our 190 years of masons in Greenwich by serving the highest quality breakfast for the community," said Lodge Master Brian Nilsen. "We have seen how our breakfast buffet has become a popular gathering spot for friends and families, and we wanted to expand the experience to include Palm Sunday. Many people come to the breakfast before or after church, and we want to continue to be a part of their Sunday traditions."

Reservations are not required, but the Lodge will try to accommodate any special requests. Guests

can contact Brian Nilsen at (518) 366-3108 for any questions or concerns.

The Ashlar Masonic Lodge has over 40 members and over two centuries of service to the community and charitable organizations. The Lodge is committed to supporting national Masonic organizations and local groups and organizations.

Join the Ashlar Masonic Lodge for a delicious breakfast and a

great time with friends and family. Don't miss this opportunity to enjoy a Sunday morning farm-to-table experience!



Library discussion on the state of news

Samantha Simmons
Journal & Press

Regional journalists Ken Tingley, Judy Patrick, and Wendy Liberatore hosted a panel at the Greenwich Free Library earlier this month to discuss the current state of local news and its future as outlets are shifting towards being fully digital.

Tingley, the former editor of the Post-Star in Glens Falls for 21 years, is now an author with two books, "The Last American Editor" and "The Last American Newspaper." He spoke about the roles of reporters during his time in the print business.

Whether readers notice it or not, journalists play a large part in everyday life for their readers and listeners. From papers to social media platforms and the array of podcasts available, a journalist writes the stories important to readers lives. They are there to start conversations about what matters most to the community. Tingley emphasized that if members of the community are not reading the paper, they are truly unaware of what is happening around them, comparing the scenario to being locked in a room where they know little about what's happening outside of themselves, which was noted had been written about in the Granville Sentinel over a century ago.

Politicians and local government officials are not the only newsworthy individuals in society. Wendy Liberatore, who covers Saratoga County for the Times Union and Judy Patrick, former editor-in-chief for The Daily Gazette and current vice president for editorial development for the New York Press Association, said the best parts of their day as reporters was getting out and talking to people, which many reporters just do not have the time to do today because of tight deadlines.

With the increasing online presence of news organizations, the panel unanimously agreed that in the near future most, if not all, newspapers will be available exclusively online. Newspapers no longer have the money to have a large staff like they did 20 years ago due to increasing costs and decreasing advertising revenue. Tingley said he is surprised that his former employer, the Post Star is still printing seven days a week because many daily news outlets have gone towards a three day a week printing and 4 days online schedule.

Patrick said reporters have to be "always on" nowadays to stay up to date by logging on to Twitter, Facebook, TikTok, etc.



Liberatore is new to some online platforms such as podcasting. Recently, she had been working with Jessica Marshall, a multimedia producer for the Times Union, on "Rainwalker: The Lost Boy," a limited series podcast diving deeper into the high-profile missing person case of Jaliel Rainwalker, a young Washington County resident who disappeared 15 years ago. She said, "I never would have thought to do a story on Greenwich," referring to an episode of the podcast that took a deeper look into the town where Rainwalker was from and the community's feelings over a decade later.

While Liberatore did not have to change her reporting style, the process of learning how to speak while being recorded for air was a different process than she is used to.

"Hearing the voices makes it more effective," Liberatore said, "When they listen to the words of the people, they have a different attitude about the importance of the story."

Tingley said with the current state of news, readers can no longer depend on their local daily paper to be the one-stop shop for their information and are going to have to depend on community weeklies and online publications to get a well-rounded balance of coverage.

"You're gonna have to work harder if you want to be a good citizen," said Tingley.

Tingley and Liberatore said local reporters help readers and listeners feel less skeptical of the information they are receiving when fake news is being plastered all over social media.

Being a local reporter "helps people to not be so skeptical," said Liberatore.

Local news has been suffering, though. Because of reductions in staffing and coverage, they are not getting the credit they deserve when local stories become national. Local news gets picked up by stations with larger platforms, which then becomes a more sensational issue than what was initially reported.

Sports are the glue to communities, especially in upstate New York where not much else is going on during the winter months. Tingley said sports are "the whole identity of the town."

And with sports betting now legal in New York State, fans are looking for coverage of their favorite teams' games, but who is going to cover high school games? That's where local news comes in. But with the increasing use of social media, schools are now able to post the scores of the games instantly themselves.

"Reporters don't need to do the job anymore," said Patrick, "We lost some of our usefulness."

With shrinkage happening in newsrooms all over the country, there is "no room for arts in papers anymore; that's why I'm doing what I'm doing," said Liberatore, who used to write features on arts and dance for several local papers including the Saratogian.

"If a newspaper doesn't shine a light a light on the community who will?" said Tingley.

Story Court returns

On Wed., April 5, the public is invited back for the Historic Salem Courthouse's second Story Court. Learn about your neighbors, days of the past and how it all started... the Historic Salem Courthouse has recruited Anne Lourie and Charles Perry to tell stories from their lives as educators in the Village of Salem.

The Story Court program will be similar to StoryCorps, a national organization, in the way that personal stories are recorded and preserved for future retrieval. The program invites speakers to tell "their story" to friends and neighbors.

Al Cormier will be the moderator and the event will be recorded by Thomas McMorris. McMorris has published the first Story Court from October 6 with guests Dick

McGuire and Neil Adams on YouTube, it can be found on his channel and the Courthouse website www.salemcourthouse.org.

The Story Court program aims to promote community building by gathering people together for an entertaining and educational program, all the while preserving the rich history and heritage that Salem and Washington County has. As a Revolutionary War site, a former county seat, an agriculture producer, and a hot spot for the arts, there is a plethora to share and learn in Salem.

The gathering is informal and seeks a diverse range of topics. A lasagne dinner will be shared at 6 p.m., with the program starting at 7 p.m. in the Archive Room of the Courthouse.

Those with questions or to sign up to be a

speaker please contact Rachel Clothier or Krista Sullivan at hscpa@salemcourthouse.org or call 518-854-7053.



Village elections in Cambridge, Greenwich

There are contested elections in the villages of Cambridge and Greenwich on Tuesday, March 21. Polls are open at respective village halls 12 noon to 9 p.m.

In Cambridge, Mayor Carman Bogle is being challenged for her position by Peter Simoneau II.

For Trustee, incumbent Alex Dery Snider and newcomers Cassandra Weisburgh and Shea Imhof are vying for two open seats.

In Greenwich, a special one-year term for Trustee is available due to a vacated seat. There, two first-time village candidates, Liv Thygesen and Willy Grimmke, are vying.

This paper sent questionnaires to candidates via email and/or LinkedIn. Bogle, Simoneau, Thygesen and Grimmke returned theirs. Here are the responses:

Carman Bogle, Current Mayor of the Village of Cambridge and Mayoral Candidate

Why are you entering this race?

I'm running again for Mayor to continue to build on all the progress this Village has made over the last eight years. When I was elected Mayor in 2015 the village was in the middle of a State Comptroller audit due to having a high fiscal stress score. Basically the village had little to no money to operate.



We worked with the State and the Village treasurer to rectify issues related to revenue, adopted internal control procedures, and worked to build a fund balance to be able to handle any unexpected purchases without having to take out high interest loans.

We also worked on moving the long overdue firehouse project forward to completion, as well as update aging equipment that is used daily for village services.

Initially back in December I had announced I was not running again, but as the village recovers from the challenges of a global pandemic, and with multiple trustee seats to be decided, I reconsidered and decided that now is not the time to step away from serving.

What skills and qualifications do you bring to the table for this post?

I am the current Mayor for the village and have served since 2015. As well as a year of serving as a Trustee. I graduated Magna Cum Laude with a Bachelors of Science in Political Science in 2014.

I currently work for New York State Sena-

tor Jake Ashby as his Director of Operations, and have been on his staff since 2018 when he served as New York State Assemblyman.

What are the strengths and/or weaknesses of village government right now and what will you do to help your constituents?

I think the strengths of the village government are the employees. They do a remarkable job keeping our departments operating, often with limited resources.

Our Police, Fire Department, DPW, and administrative staff perform the daily behind the scenes work that most of us don't notice. They are also the faces we see first when there is an emergency/issue and deliver those services directly to the residents.

I think the weaknesses of village government, actually government in general; is the painstakingly slow processes that have to be followed in order to address anything. Nothing happens overnight, and there are many laws, regulations, and requirements that have to be followed.

Also, small municipalities are held to the same standards of operating as larger municipalities that have access to greater resources. These challenges do make us more resourceful by looking for creative solutions, ways to partner with other agencies, and be more open to thinking outside the box, but still meet the legal requirements.

Is there a critical village issue that you're interested in and, if elected, how will you address it?

An issue for the Village is the number of vacant or underutilized properties that seem to persist. While there have been strides to revitalize properties through the work of local non profits such as Cambridge Community Partnership, we still have a number of properties in need.

The biggest challenge is the restoration of these historic buildings is cumbersome and expensive for the owners.

That is why I'm thrilled the village was the recipient of the NY Forward grant award of \$2.25 million. We will spend the next 8 months to a year working with State planners to restore and revitalize a number of our main street properties. Economic Development components will be put to good use as we work to preserve the Village's history, but plan for its future vitality.

Peter Simoneau II, Village of Cambridge Mayoral Challenger

Why are you entering this race?

I have entered the race for Mayor to make Cambridge a more developed community that has more to offer the residents and visitors. All too often my wife and I find ourselves traveling outside the village to occupy our children's time when there is plenty of untapped potential here in our village. The older generations of our community are also a significant population here and they too would benefit from indoor and outdoor recreational space that is both easy and safe to access.

What skills and qualifications do you bring to the table for this post?

Although I have never held a public office, I do have a fair amount of experience interacting with local government and budgeting practices. I recently finished a leadership program through my employer that further developed my knowledge of budgeting and also provided great information on how to work with a board effectively. Above all I am a local father who works in emergency services: I know first hand the lack of access to public use spaces, I understand the needs of the older generations and the importance to their everyday life the need to stay within a fixed income budget is, and it is regular for me to interact with members of our police, fire and DPW services at my job and I understand the difficulties that they face on a day to day basis.

What are the strengths and/or weaknesses of village government right now and what will you do to help your constituents?

I believe that there have been many "first steps" taken recently that would lead the village in the right direction. The village has unfortunately not seemed to have taken the right next steps from there. One of the most prominent examples of this is the use of the building known as the Youth Center on South Park. The building is not marked or labeled from the outside, there is no public advertisement on how the space could be used or rented, and there is no apparent attempt by the village to help grow this space across all community members and generations. A massively untapped power in any village is the power of the people that live within it. From what I gather over the past month of meeting with new members of our community is that this power has been largely buried and not used to its highest potential. I really look forward to bringing people together to work towards making our community stronger, more beautiful, and an inviting place to be. An additional strength that is in our village is the Comprehensive Plan that was completed in 2004. It is clear to anyone who reads it that there was an incredible amount of work put into it, and many brilliant minds from our community were a part of that process. We need to revisit this plan, see where we stand against the goals that were laid out, and see where we need to develop ourselves more as a community.

Is there a critical village issue that you're interested in and, if elected, how will you address it?

The most glaring village issue over recent months has been the issue of wastewater. Thankfully the massive process that was underway has been paused but the work certainly should not stop there. I believe there should be a committee formed of community members and professionals alike to help develop ways that we can work as a community to solve the issue of wastewater storage and treatment. The second critical issue in the village is the receipt of the \$2.25 million grant from the NY Forward Initiative. We as a village have to support the great work that the Community Partnership has done over the past two decades and work closely with them to make the design plans for this project come to a reality for our village.

I look forward to working with all of the residents of our village to make our space so great!

Clay Art exhibit

Saratoga Clay Arts Center's Schacht Gallery presents "Architectonic: Wesley Brown & Bryan Hopkins," a duo exhibition showcasing two artists who are pushing the material to its limits. It will run March 25 – April 29, 2023, with an opening reception on Saturday, March 25, 5-7pm. Light refreshments will be served. Admission is free. The Center is at 167 Hayes Road in Schuylerville.

Candidate Questionnaires

(cont.)

Liv Thygesen, Village of Greenwich Trustee candidate

Why are you entering this race for Trustee?

As a mother of six, a loving wife and a lifelong village contributor, it is my passion to see our village thrive. I view the village as my extended family. It is my honor to continue to support and enhance my community as I do my own family.



What skills and qualifications do you bring to the table for this post?

Through out my time as environmental impact review officer for the Town Planning Board, President of the Chamber of Commerce, small business owner, educator, and other philanthropic endeavors, I have gained many skills which support both the long- and short-term goals of our village. From personal business budgeting to large scale Chamber budgeting and accounting related certificates, my financial background will only further enhance our village's needs and goals. I understand the safety concerns of mothers as they push their strollers down the sidewalks. I understand the infrastructure needs of the village and have attended and worked with several of the BOA developers and can thoroughly navigate the Brownfield Opportunities our village is pursuing. I take time to do my homework and solve problems. As SEQR Officer for the town I review projects and plans their impact on the environment. Proper environmental review for our village is critical particularly as it relates to our forests and our water sheds. To date, there has not been an environmental review officer on the village board, and I would consider it my privilege to continue to guide our village in the safest and most environmentally sound practices.

In additional to the "hard" skills that can decorate a resume, I truly connect with everyone from a "boots on the ground" perspective. My family and I go walking almost daily (unless it is too cold for the wee ones). During our walks I take the time to stop and visit with nearly everyone we pass. I have such a

deep understanding of the true needs of the day to day which villagers face. That connection is priceless.

What are the strengths and/or weaknesses of village government right now and what will you do to help your constituents?

At present our village has so many strengths. We work with the town to complete goals and infrastructure development. I love that as a team we can collaborate across municipalities to effectively reach goals. Thanks to the collaboration of the Town and the Village we are seeing BOA projects receiving grants, water treatment plants receiving grants and many other initiatives getting the funding they so greatly need in order to be successful.

If I have to "tag" a weakness, I will say that our DPW needs more support. Their equipment is aging out and needs updating. The DPW works all hours and with love in their hearts for the village. As village leaders, we need to reciprocate this compassion with proper budgeting, a responsible allocation of funds and necessary equipment updates.

Is there a critical village issue that you're interested in and, if elected, how will you address it?

The health and safety of my extended family: the village is my highest concern. From improved water treatment plants to sidewalk improvements and BOA/Brownfield Opportunities, there are many issues that are critical. There is not one solid area of critical concern. We are all linked together and each issue ties into the next. I will make it my goal to support those who promenade the sidewalks to those to hike the mountains and to those who plow our streets. I will work with our team to ensure that taxes are kept low and to keep our residents eager to stay and raise their families here. Every issue is critical and need scrutinous consideration when accounting for the needs of our village. We need "task forces" to spearhead larger scale environmental concerns and we need "task forces" to spearhead DPW concerns. I will continue to drive efforts that will create opportunities for town and village committees as well as village committees to address the safety and concerns of our residents.

Willy Grimmke, Village of Greenwich Trustee candidate

Why are you entering this race for Trustee?

I have entered the race for Village of Greenwich Trustee because as a 25 year resident of

the village I would like to use my expertise to help the village government perform its core functions in a thoughtful, rational and efficient manner. I would like to work with the mayor and incumbent members of the board to deal with some of the unmet needs of the village and develop and implement plans for the future of the village.

What skills and qualifications do you bring to the table for this post?

I spent over 13 years as the Washington County Highway Superintendent, so I am well versed in budgeting, capital planning, and infrastructure project delivery. Having the public sector background provides not only an awareness of what types of things local government can do to improve the local community, but also the constraints and limitations outlined in State and Federal laws and regulations and how to accomplish things within those constraints. I currently work for an engineering firm where I am primarily involved with construction of federal aid infrastructure projects, so I understand grant funding requirements and necessary requirements to bring projects to completion.

What are the strengths and/or weaknesses of village government right now and what will you do to help your constituents?

I see the current village government working to overcome deferred maintenance and recapitalization of critical infrastructure like the water system, sewer plant, and sidewalks. I will work with the board and village staff to develop long term plans to try to make the appropriate investments in a timely manner to keep those systems in a state of good repair.

Is there a critical village issue that you're interested in and, if elected, how will you address it?

As I stated above, I see capital planning and budgeting as a critical issue to minimize having multiple assets under the village's stewardship requiring replacement simultaneously, without the ability to adequately fund those replacements, or necessary upgrades. I will work with the mayor, board, treasurer, and department heads to look at long and short term needs, and determine the most cost effective ways to fund those needs



over time. I also see the redevelopment of the mill site along the Battenkill to grow the village and the tax base as a strategic element in improving the village. I will work with the mayor and board to continue to take the steps needed to make that happen.

Gardening talk

Bliss White McIntosh of Cambridge will be presenting at the Easton Library on Wednesday, March 29th at 3 pm. She will speak about the gardening books that have influenced her the most over the years and how she has put their wisdom and advice into practice in her home garden, the Cambridge Community garden and in her various clients' gardens. It is one thing to read garden books; it is another thing to put it into action. Bliss will show examples of some of her favorite early

spring plants and will be available to answer questions from the audience.

Some of the books that she will refer to are: "A Year at North Hill" by Joe Eck and Wayne Winterrowd, "Four Season Harvest" by Elliot Coleman, "Rodale's Vegetable Garden Problem Solver" by Fern Marshall Bradley, "Wild Urban Plants of the Northeast" by Peter Del Tredici, "Dirr's Hardy Trees and Shrubs" by Michael Dirr, and "The Elements of Organic Gardening" by HRH The Prince of Wales and Stephanie Donaldson.

Easton Library is located at 1074 State Route 40, Greenwich (Easton). Please call the library at 518-692-2293 with questions.



Winner

Salem Central School District senior Mary Kate McPhee was selected as the 2023 Adirondack League Top Scholar Athlete for the girls' basketball season. She was honored at the annual Section 2 Girls' Basketball Scholar Athlete Banquet on March 5. Pictured: Coach Jim Perry and Mary Kate McPhee.



FFA Farm Toy Show

It's that time of year again! The 33rd Annual Greenwich FFA Farm Toy Show will take place on Saturday, March 25th at the Greenwich Jr/Sr High School from 9 AM-2 PM. The toy auction will take place at 2 PM. We will be accepting toy consignments the day of the show! Come bid on toy tractors and farm memorabilia.

In case you're wondering, the toy show is a family event that Greenwich FFA hosts every year. Exhibitors from as far away as Maine to Ohio come to Greenwich to display and sell farm toys. The toy show is a great place to see new farm toys, see the toys you played with as a child, or even find the rare piece you've

been looking for to complete a collection. You also never know what you'll find at the auction.

This event is for adults and children alike! We will host a children's pedal pull competition at 12pm. Kids will have the opportunity to drive a pedal tractor while towing a weighted sled to the finish line! Maybe you'll even win a trophy. The Greenwich FFA Farm Toy Show is a fun event for the entire family! We're looking forward to seeing you on Saturday the 25th!

—Alyssa St.Mary, Chapter Reporter



Democracy conversation

Participate in a Community Discussion on Democracy. You will be reading a brief excerpt (about 2 pages) from James Dewey's "Creative Democracy," and under the guidance of the facilitator will discuss the writing and its applications to democracy as we see and practice it today and how it might be made to be more "creative!" The discussion is Wednesday, March 29, from 6:30-8:00 p.m. the Historic Salem Courthouse with no cost to attend.

The conversation is guided by a local facilitator Kyle West, Executive and Artistic Director of the Fort Salem Theater. "What a great opportunity to bring our community together," commented West. "Community Conversations provide a great

platform for sharing ideas, starting a new dialogue, and engaging in open-minded conversations on unique and interesting topics. I am thrilled to join forces with the Historic Salem Courthouse to kick off this exciting new series!"

The Courthouse staff hope that if this first discussion is successful, it will be able to apply for another grant from Humanities New York. Grants allow for multi-session discussions based upon themes such as aging, sense of place, or service to others. There also are grants to permit communities to develop their own humanities projects. If

you are interested in taking part in the March 8th discussion, contact hscpa@salemcourthouse.org or (518) 854-7053.

The group size will be limited to 20 participants and is first come, first served. Light refreshments will be served and all participants will be asked to fill out a brief, anonymous survey at the end of the program to provide necessary data for upcoming grant applications.

\$26K for HCP

Hudson Crossing Park has been awarded a \$26,000 grant from the Greenway

Conservancy for the Hudson River Valley. The funding will be used to restore and rehabilitate some of the park's most popular trails, including the Riverwalk Sensory Trail. This trail was designed to welcome visitors of all abilities and for easy access by those with mobility challenges.

"We're honored to receive this funding to help improve the trails that run throughout the park," said Hudson Crossing Park Director Kate Morse. "The grant will allow us to complete the

first part of a larger, three-phase trail revitalization project that will help ensure visitors have smooth and safe surfaces for hiking, biking, walking and more."

Hudson Crossing Park welcomes more than 30,000 visitors each year. The park's popularity, along with naturally occurring erosion and plant growth, led to the need for trail improvements. The Greenway Conservancy for the Hudson River Valley is a public benefit corporation that was established in part to support the creation of the Hudson River Valley Greenway Trail System, a trail network that provides physical and visual access to the Hudson River.

'Sweet Hour of Prayer'

Centenary United Methodist Church, Gray Avenue, Greenwich, will be open for "A Sweet Hour of Prayer," reflection, and communion on Thursday, March 30 and Thursday, April 6 from 5:30 to 6:30. The group said in a press release: "We hope that you will join us to grow closer to God during this Lenten season. ALL are welcome."

Lasagna dinner

Old Saratoga Reformed Church, 48 Pearl Street, Schuylerville, will host a Lasagna Dinner on Sat. April 15, 2023 from 4:00-5:30pm. The menu will feature lasagna (meat or vegetarian), tossed salad, Italian bread, and dessert. The cost is \$15 for adults and \$8 for children 5-10. Take out reservations are recommended, and there will be limited indoor seating. Please call 518-695-6638 to reserve your dinner.



Corned beef dinner

In case you didn't get enough corned beef and cabbage dinner on St. Patrick's Day, or even if you did, there is a place where you can enjoy a homemade corned beef and cabbage fundraising dinner. The Cambridge Food Pantry ("Loaves & Fishes") will be serving a dinner at their address, 59 South Park St., across from the Cambridge school bus garage. There will be take-outs and long-awaited inside dining again from 4:30 to 6:30 p.m. on Saturday, March 25th. Cost: \$15.

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Blue Zones

Teresa M. King
Journal & Press

Blue Zones. If you've never heard this phrase, it refers to the areas in the world where people live the longest. Some of the top locations are Okinawa, Japan, Sardinia, Italy, Ikaria, Greece and Nicoya, Costa Rica.

In 2010, Dan Buettner wrote the first of many books about Blue Zones. If you want to see some of these incredible women and men, there are a series of videos on YouTube called "Centenarian Rules of Life." It is impossible to watch them and not be inspired.

Over the years, many studies have been done on centenarians, globally. Initially, it was thought that their longevity was mostly determined by genetics but it turns out that genetics accounts for only 30% of this phenomenon. 70% is determined by their environment.

Surprisingly, there are people 100 years old and older, who are in good health, do not take any medications, are able to walk well alone and still have purpose in their lives. These are some of the ingredients to the recipe for living a better and longer life.

Centenarians have very strong social connections. They get out and have fun on a regular basis. In Okinawa, they consider life after retirement as their second life, an op-

portunity to do all the things they couldn't do while employed.

There is a cultural tradition in Blue Zones of honoring the elders. The ones who thrive, do so because they are respected and recognized for their wisdom. When people seek their counsel, it builds their self-confidence. Another cultural tradition in many of the blue zones is the tendency for elders to live with family, which means that they are constantly surrounded by people and part of all activities. They are not isolated. As a result, these super seniors know they are very loved. Despite their age, still contribute to daily routines by gardening, cleaning, cooking or watching children. Having loving connections and purpose in life significantly increases mental, emotional and physical health.

Many Centenarians are vegetarian. They eat foods high in fiber and eat small meals several times a day. In Okinawa, they honor the 80% rule, which refers to not eating until full. They stop eating when they're 80% full.

The Sardinians do not seem to follow this pattern. They eat pasta almost every day, occasionally have meat, eat bread and cheese and drink wine. Their biggest meal is at lunch; their evening meal is much smaller.

Moving the body and exercising is key. What's interesting to note is that many of the Blue Zones are in mountainous regions, which means that they've had a lifetime of exercise while doing their chores and routines. In Nicoya, Francesca Costillo who is 107, shared that when she was in her 90s, she visited her relatives, walking up to 9 miles each time!

Some other common threads in Blue Zones are that people are positive, they love life and tend to be spiritual. It is worth noting that these places have mild climates. They have no winter.

A very important component to living well is keeping their minds stimulated by learning new things. In Ikaria, Joanna Proyu, a 103 year old, walks uphill everyday by herself with her walker, to work on her loom in

her studio. At the age of 95, she started teaching her skill.

In Nicoya, Jose Gutierrez, a 105 year old, can remember people and events from 95 years ago. Jose Pissarro, a 104 year old, reads newspapers without glasses and is able to walk well by himself, using a cane.

Ikarians do not rush, they do not wear watches or let time govern their actions. Shop owners are known to open their businesses whenever they get around to it! These people have made very clear choices about how they want to live.

Ikarians celebrate every chance they can get and have been known to create new festivals just so they can get together to sing, dance, socialize, laugh, have fun and eat good food. They consciously choose to leave their worries at home. Living a stress free life is another component of living long.

Perhaps the greatest wisdom comes from Okinawans. They have a mindset of self help and a philosophy called Ikigai, which refers to having something in your life that fulfills you and brings you joy. It is believed that the main constituent of Okinawan long life is being part of a Moai. It is a lifelong circle of friends, which becomes a second family. Each person makes a commitment to each other. Moais meet on a regular basis to catch up on life, socialize and offer emotional, social and spiritual support to each other, if needed. Some have lasted 95 years!

Klazuko Manna, an Okinawan elder, sums it up very nicely. "It's much easier going through

life knowing there is a safety net." The bottom line is that these Golden Elders choose to see

life through a very unique and beautiful lens. Perhaps we should all pay rapt attention to their wisdom!

Teresa King can be reached at teresaking1@live.com or <https://thelargerpicture.com>



Now repairing video game consoles

Chris Payant, proprietor of Tech Monkeys on the corner of Ferry and Broad Streets in Schuylerville, wants to inform the community that his business will also repair video game consoles starting this holiday season. Of course, they are still performing computer repairs, security and tune ups. They also can help you install at-home TV and entertainment systems. Contact them at 518-507-6118 or at www.tech-monkeys.com.

Library meeting

Join the Easton Library Association on Monday, March 20th at 6:30 pm for the Easton Library Annual Meeting.

Director Jennifer DeCarlo and Treasurer Peter Read will share their annual reports. One Trustee will be elected for a seven-year term. One Trustee will be elected to complete another Trustee's seven-year term.

Everyone who utilizes the services of the Easton Library and has

an interest in this vital resource for the Easton community is encouraged to attend the Annual Meeting.

At 7:30 PM an organizational meeting will take place for election of officers for the board of trustees.

The financial report and infographics for 2022 are available in printed form at the circulation desk. Call 518-692-2253 or email the director at jdecarlo@sals.edu.

Dentist is an alum

February was National Children's Oral Health Month. Class of 2000 graduate, Jacob Merryman, DDS visited his alma mater to teach Salem elementary students about the importance of practicing good oral hygiene every day.

Dr. Merryman and members of his team conducted an engaging and interactive demonstration with the goal of encouraging the students to develop excellent habits at a young age. Dr. Merryman's dental practice is located in Schuylerville, NY. The visit was coordinated by members of the district's wellness committee.

Curtis still scoring

Former Greenwich standout Alex Curtis finished the basketball season strong for Columbia-Greene Community College.

CGCC's leading scorer netted 24 pts in a tough loss to Tompkins-Cortland Community College on Feb. 14.

The next day, Curtis scored 27 pts including going 4-for-4 from the line to preserve a 93-89 victory over a 17-5 Fulton-Montgomery Community College team.

At season's end Curtis was



nominated All-League in the Mountain Valley Athletic Conference. He was also nominated All-Region.

Academic all-star athletes

During the just completed Winter 2023 athletic seasons, five teams fielded by the Greenwich Central School District were designated as a Scholar Athlete Team. To achieve this designation, a team must have had 75% of the varsity players earn a grade point average of 90% or higher.

The teams: Girls Basketball, Boys Basketball, Competitive Cheer, Girls Indoor Track and Boys Indoor Track.

In addition to the team recognition, the following student athletes earned individual des-

ignation as a New York State Scholar Athlete (had a GPA of 90% or better for the first marking period):

Girls Basketball: Catharine Abate, Grace Autiello, Brooke Kuzmich, Norah Niesz and Jocelyn Spiezio.

Boys Basketball: Bradley Brophy, Ryan Ingber, Joseph Radovich and Jacob Ziehm

Competitive Cheer: Esmeralda Alvarado, Kyra Balentine, Kathryn Campbell, Charlotte Collins, Kaitlyn Lavoo, Megan Randall, Morgan Randall, Kelsy Smith, Sophia Tomczak and

Roxy Vanderhoff.

Girls Indoor Track: Molly Abate, Ava Aierstok, Kiersten Alling, Keegan Collins, MacKenzie Dixon, Ava Hamilton, Kendall Hamilton, Claudia Johnson, Caroline Kelly, Melina Kozian, Kylie Lundberg, Allison Michel, Lily Nichols, Julia Sgambelluri, Isla Shaw and Teagan Wright.

Boys Indoor Track: Peter Chuhta, Noah Davis, Samuel Dixon, Jackson Slater, Christian Van Doren and John Wade.

Wrestling: Aidan Jones and Colby McCauliffe.

Skiing: Max Aierstok, Lyla Curtis and Carson Reynolds.

Boomerang Book Sale

The Friends of the Greenwich Library are hosting Boomerang Books Used Book Sale on the Lower Level of the Library every first Thursday of the month from 4:00 - 6:30 PM. Also, there are new, expanded hours: Every third Saturday from 10:00 AM - 1:00 PM.

The Friends of the Greenwich Library are proud curators and hosts of the Boomerang Book Sale, with proceeds to benefit the library. Friends member Ellen LeCompte says, "Thank you to all those generous people who have donated books to the library's Boomerang bookstore! To give those books shelf space, we've expanded. We now have a fiction room and a non-fiction room and we're expanding our hours too!"

Readers of all ages can purchase gently used hard covers, paperbacks, children's books, DVDs and CDs.

Lacrosse sign up

Registration is now open for the Battenkill Lacrosse Club's (formally Greenwich Youth Lacrosse) 2023 spring season.

The popular youth lacrosse program is open for both girls and boys in PreK - 6th grade living in Greenwich, Cambridge Salem and the surrounding areas.

PreK-K is a great Saturday morning program filled with intro to lacrosse skills and fun lacrosse-style drills specifically developed for Lil' Laxers. Grades 1-6 enjoy practices (located in Greenwich) home/away games and scrimmages with a focus on lacrosse skills, team building, sportsmanship and of course, having fun!

All age programs are structured for players of any ability level, from never-evers to experienced.

Program costs are kept to a minimum with financial scholarships available thanks to generous community sponsors.

Please visit the website: GreenwichLax.com for program details, FAQs and online registration.

Ballet heads to regionals

Capital Region ballet dancers, ages 12-18, will represent Saratoga Springs Youth Ballet this May at the Regional Dance America Northeast Festival.

In August 2022, Saratoga Springs Youth Ballet (SSYB) was accepted as a new Re-

gional Dance America Northeast member company. It is the only ballet company in the Capital Region and New York state to have been accepted into the organization. Regional Dance America is a nonprofit organization that fosters a network of pre-professional dance companies throughout the U.S.



Greenwich Central School District

It's time to enroll your child in PreK and Kindergarten!

Pre-register online at <https://www.greenwichcsd.org/page/pre-registration> or contact Tracy Dennis at 518-692-9542 Ext. 6100 or tdennis@greenwichcsd.org.

PreK Enrollment

- ★ Eligible students turn four years old before December 1st
- ★ Limited to 40 in-district students - 20 per classroom
- ★ Lottery to occur if enrollment surpasses 40 students
- ★ Screening of all students will occur in June

Kindergarten Enrollment

- ★ Eligible students turn five years old before December 1st
- ★ Unlimited enrollment
- ★ Students attending Greenwich PreK will be automatically enrolled in Kindergarten
- ★ Students **not** attending Greenwich PreK need to pre-register online or contact Tracy Dennis
- ★ Ready, Set, Kindergarten to be held in March
- ★ Screening of new students will occur in May

SAVE THE DATE: MARCH 31ST



Randy's Magic au Naturel

Opening Reception 5-8 PM

Friday, March 31th

Runs March 26th - April 27th, 2023



Randy's Magic au Naturel

"Bring in a stem, just one flower and put it in a vase, it will instantly be noticed" says he.

When Randy brings plants and natural material inside from local fields and woods, fresh or dried, he transforms the seemingly "ordinary" into something extraordinary. His arrangements are highly personal and original. He chooses to combine unexpected items in novel and artistically appealing ways.

Randy Squires

Cambridge, NY born, Randy Squires' love of living things motivated him to apply to SUNY Cobleskill hoping to study Horse Husbandry. The program was full, so he turned his focus to study Horticulture instead - a serendipitous bit of fate given his appreciation for the natural world of beautiful Washington County and his talent for finding ways to use plants innovatively to create magnificent works of art.

In addition to his knowledge and skill in the plant realm, Randy has many other talents and interests ... from local architectural history, to a sense of fashion and personal fashion statements, a sharp eye for good antique furniture, the art of building, how things were done in the past and has the knowledge to replicate it.

A big gesture will adorn the Great Hall, arrangements of sticks and branches, pumpkins and pinecones, fun, majestic, elegant and quirky... on pedestals high and low, or suspended on the wall. "From soup to nuts," as Randy puts it. We are in for very special display...

Proceeds will benefit the Historic Salem Courthouse. The Great Hall Gallery is open 10 AM-1PM Wednesdays or by calling 518-854-7233 • RSCP@SalemCourthouse.org • www.SalemCourthouse.org • P.O. Box 140 • 58 E. Broadway • Salem, NY 12565

Remember when we talked – no, really talked – to one another?

Greg Schwem
Special to Journal & Press

The art of face-to-face communication took a huge hit due to the pandemic, and it has sadly also affected my favorite solo traveling game.

I've titled the game, "Walk Into a Bar and Get One Person Off Their Phone."

I often find myself alone in strange cities and, rather than ordering room service and bemoaning the fact that the hotel TV package doesn't include Netflix, I choose to explore my surroundings; trips that culminate in solo dining at restaurant bars. Brewpubs are my favorites, but I recently eliminated gluten from my diet and now must endure strange looks from brewmasters when I belly up to their establishments and order an apple-infused seltzer.

I choose a seat immediately next to, or if the bar is empty, one stool away from another patron. I prefer solo customers like myself, as they are usually scrolling their phones. I'll say this about the cellphone: It eliminated the scarlet letter that often comes with dining or drinking solo. Instead of projecting a sad, "I have no friends," vibe, you can pass yourself off as an important business person, albeit one with no friends and whose "business" is watching funny cat videos.

From there, it's "GAME ON!" As an ice breaker, I might ask my intended targets what they are drinking or seek their reviews on whatever culinary dish has been placed before them. If they respond, I might make a comment

about what is on the TV, although I have my limitations. Before I enter an establishment, I look at the screen and ensure the answer is "no" to the following questions:

1. Is "Wheel of Fortune" on?
2. Are the patrons actively watching it?

Recently I dined at a Chicago-area tavern known, among locals, for having some of the best barbecue ribs in the city. I will not name the establishment, for the bar only contains 10 stools and my chances to snag one diminish if I reveal the identity. Seated next to me were two bros in their late 20s, alternating between scrolling their phones and glancing at the Buffalo Bills/Cincinnati Bengals playoff game. I pounced.

"Which one of you has a dog in this fight?" I said, gesturing at the TV.

"He does," said Jordan, gesturing to his friend Paul, who stopped scrolling.

"Are you from Buffalo or Cincinnati?" I asked.

"Neither," Paul said. "Just a die-hard Bills fan."

From there, the floodgates opened. I learned Jordan was cajoling Paul to move to Chicago; Jordan had just gotten married; Paul liked the idea of marriage but was content (like all Gen Z types) with his dog.

It was such a pleasant encounter, particularly because my last three attempts at this type of interaction resulted in the follow-



ing:

1. A woman in the Houston airport thought her Instagram account was, apparently, more interesting than anything I had to say.

2. A guy in a Grand Cayman tiki bar falsely accused me of "hitting" on his male friend. His UGLY friend, I might add.

3. A 50-ish woman in Miami suddenly became a huge TikTok fan after my opening line was, "Since this is the Miami airport, let me ask you...how many days have you been delayed?"

I thought it was funny.

It is both infuriating and depressing. I so long for the days when most of society was friendly, inquisitive and curious. Now we hide behind our social media accounts and within our AirPods. We can always find somebody more intriguing on our phone than the person sitting next to us.

My favorite writer, David Sedaris, once wrote that teenage boys would never want to be seen talking to an old man. I agree with that. But teenage boys do not sit at bars. Full grown adults do; and, if you are reading this, rest assured that I want to hear your stories.

I can look at my phone whenever I want, but this will most likely be my only encounter with you and it will only last until my check arrives. So please indulge me, or other strangers who strike up conversations in public establishments. If the conversation turns uncomfortable or creepy, just put in your AirPods or FaceTime a relative. But you may begin a friendship, strike up a business deal or discover you grew up in the same town if you make a little eye contact and then take it one step further.

Hell, you may even learn where to find the best barbecue in Chicago.

Greg Schwem is a corporate stand-up comedian and author of two books: "Text Me If You're Breathing: Observations, Frustrations and Life Lessons From a Low-Tech Dad" and the recently released "The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian," available at Amazon.com. Visit Greg on the web at www.gregschwem.com.



Push-up challenge

On Wednesday, Feb. 15, the Cambridge Central School SADD club hosted a push-up challenge. SADD, Students Against Destructive Decisions, empowers and mobilizes students and adult allies to engage in positive change through leadership and smart decision-making. The push-up challenge was an interactive outreach event for the CCS Jr. and Sr. High School community. The event was organized and led by New York State Trooper Tony Bluman and the SADD students. SADD is led by co-advisors P.E. teacher Jackie Hall and elementary music teacher Jill Chadwick.

Student Sean Foster was the overall winner, nearly making the two-minute mark, even outlasting Trooper Bluman.

Congratulations to all who participated!



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Wilfred Charles Clark, Jr.

Wilfred Charles Clark, Jr., went to glory March 12, 2023, after a short illness. He was a faithful husband, loyal friend and gentle giant. Charlie surprised us with humor. He had a subtle sense of humor that reminded you to laugh in the middle of the day. He was as generous with his provisions as he was with his time. You could find Charlie first at the scene when a church work day was called. Charlie helped move countless families. He and his wife provided rides to church Bible studies, prayer meetings, and Sunday services. He transported many to appointments. He picked up and delivered food for the church pantry outreach. He and his wife served in youth camp kitchens. He was generous with gifts, and rewards and always responded to need. He hosted fellowships, prayer meetings, and picnic swims at his home.

Charlie traveled with his wife and family to great fishing spots for him, which served as quiet rest spots for his Patricia. He loved walking. For miles he would pick up trash and bottles, greeting people as he walked. Animals loved Charlie.

Charlie was a horseman for a Saratoga race track horse. If you were visiting Charlie, bring your dog. He loved birds and studied their food and housing preferences, thereby making accurate provisions. He befriended a skunk that shared meals with his cat on the

porch. He once wanted a dog door but his wife disagreed as she knew this would welcome the zoo indoors.

Charlie loved his gardens & spent time pouring over catalogues and giving planting orders to Denice. He directed her planting and prep. His birds shared his enthusiasm. Much of his time was taken up watching the windows for eagles, ducks, blue herons, and jumping fish, fox, deer, and anything that moved. Charlie delighted in spending time with some of his coworkers from Stephens & Thompson.

He was especially pleased to host dinners suggesting who to invite and what to cook. Anyone and everyone were welcomed at his place, but the house must pass his clean inspection first. Nothing was too good for his friends and family.

Worship suited Charlie. He particularly liked the old hymns. He had two favorite worship songs, "I am No Longer a Slave to Fear" and "I'll fly Away."

Charlie fancied wrestling, baseball, and football. He engaged conversations around these sports. His favorite foods included: Cheeseburgers, pizza, potatoes, and vinegar. Yes, vinegar is pivotal. It was used for drinking, and flavoring, and also doubled for bathing and disinfecting.

Early every day he would say, "good morning babies," to the dogs, sit down with "ba-



bies" and family to pray over coffee and hash browns. Charlie has joined his sister, Alice, brother-in-law, Frankie, and his sweet wife, Patricia with their King.

Service for Charlie is at New Life Christian Church, 2 South Union Street, Cambridge, NY 12816, on Saturday, April 1, 2023 at 2:00 p.m. A coffee fellowship will be provided following service.

In lieu of flowers, please make remembrances to the Easton/Greenwich Rescue Squad.

Daniel Craig Marchaland, 65

Daniel Craig Marchaland, 65, passed away peacefully at his home in Easton on March 5, 2023, after a long, courageous battle with cancer; including two stem cell transplants, many hospital stays, numerous trips to New York City and Boston while always keeping the positive outlook he was known for.

Born February 27, 1958, Daniel was the son of the late Louis E. Marchaland, Sr. and Janet (Burch) Marchaland. Dan was a lifelong resident of Easton and was a third generation dairy farmer, until transitioning to raising and selling Angus cattle and beef, ten years ago. Dan was a great neighbor and friend to all who knew him.

He was always available to lend a helping hand or advice, to anyone who asked.

Some of his favorite pastimes were taking visitors out for four-wheeler rides on the many farm trails, so he could share his love of nature and farming with them. He taught many of his nieces and nephews how to drive over the years and enjoyed.

taking his truck for a ride around Easton with his black lab, Jessie. Together they visited the rest of the farming community. Dan

smiled freely, often, and had the ability to lift the spirits of those around him. He loved his life, career, friends and most importantly, his family.

Left to cherish his memory are his wife, JoAnn (McReynolds) Marchaland, his niece, Hillary Mattison Scoville, who was like a daughter to him, his nephew.

Matthew Marchaland, who was like a son to him and will be continuing the family farm as the fourth generation, which made Dan very proud; His siblings, Louis.

"Ed" Marchaland, Jr. (Sue), Nanette Watson (Terry), Andrew Marchaland (MaryAnn), Stephen Marchaland, Jeanne Macrides, Rosemary (Paul) Thomas and Julie Gann. Many nieces, nephews, and friends that were all very special to him.

There will be no calling hours or services. Dan's ashes along with those of his lab,

Jessie will be spread on the mountain overlooking the farm on the land they loved.

In lieu of flowers, donations in Dan's memory can be made to the Easton Volunteer Fire Company, Easton-Greenwich Rescue Squad, St. Jude's Children's Research Hospital, or



become a blood donor.

Online condolences and messages to the family may be made at www.flynnbrosinc.com.

Mary (Welch) Hayes, 96

Hayes, Mary T. SCHAGHTICOKE – Mary (Welch) Hayes, 96, died Saturday, March 4, 2023 at her home in Easton, NY. Born in Eagle Mills, NY on March 24, 1926, Mrs. Hayes was the daughter of the late Joseph L. and Catherine (Shaw) Welch and the wife of the late Thomas R. Hayes of Easton. She is survived by her sons, Daniel Hayes of Easton and James Hayes (Blendena) of Lexington,

SC, daughters Patricia Wescott of Easton, and Maureen Lefebvre of Schaghticoke, and was predeceased by two sons, Robert Hayes (Audi) of Austin, TX, and Joseph Hayes (Liz) of Gainesville, TX. She especially wanted to mention that Jeff Moses and Peter Hunisak, both of Easton, had been like sons to her, as well as Kris Moy of Saratoga Springs who had been like a daughter. She is also survived by

grandchildren Maria Riojas, Corey Hayes, Briana Hayes, Ty Hayes, Sean Hayes, Chris Dever, Riley Hayes, Jarrod Wescott, Colin Wescott, Dryden Lefebvre, Evan Lefebvre and several great grandchildren. The family very much appreciated the help of Hospice in Mrs. Hayes's final weeks. She requested her final arrangements be kept simple, having arranged for her body to be donated to Albany Anatomical, followed by a simple graveside service upon the return of her remains. A mass in her name will take place sometime in the future as well.

Letters to the Editor

'Walkability' in the village/town

To the Editor:

We want to thank and commend Kate Sausville for her excellent article entitled "Walkability" published in the last edition of the Journal Press. She said "One of the things I love about our area is the ability to walk to places you really want to go." As Kate stated, "Carefully designed, walkable towns create an environment where people have the opportunity to socialize, dine, or shop. It improves the overall experience of its citizens. It also makes the area attractive to those from the outside, who come to walk and partake what the area has to offer."

As Mayor of the Village of Greenwich and Supervisor of the Town of Greenwich, we want to assure the citizens of Greenwich that all comprehensive Planning efforts focus on revitalization and development in ways that, among other goals, will maintain and expand the walkability of our community. We are now in the process of developing a shared comprehensive plan to update the Town plan, adding in the document

a plan for the Village.

In 2018 the Village developed a downtown streetscape blueprint, which will affect the business district. We worked with the excellent consultants from Adirondack/Glens Falls Transportation Council as well as consultants from the Chazen Companies on this project. The Streetscape plan will fix our sidewalks, accessibility, and walkability along Main Street, and it includes places to sit for pedestrians. Timing has delayed putting the plan into action. We are waiting for the new water mains along the Main Street corridor, which has been difficult because of the lack of available pipes. It looks like pipes are at long last available, and we expect the project to launch this year.

Meanwhile, we recently submitted a joint grant application for a new grant from Adirondack/Glens Falls Transportation Council. We were selected to receive that grant of \$25,000 from AGFTC. The funding will enable the Town and Village, working with LaBella Engineering

firm, to prepare a joint Town/Village pedestrian and bicycle connectivity plan. The plan will look at existing connections and network gaps and identify opportunities to improve pedestrian and bicycle connectivity to key places. Recommended concept-level improvements could include new trail connectors, on-road bicycle infrastructure, or sidewalk extensions, among others. Improving accessibility is a priority for our pedestrian pathways.

Thank you, Kate Sausville, for highlighting one of the many things that make Greenwich a great place to live. Our goal is to make the community even more walkable, by maintaining and expanding walkability and bicycle trail connections throughout the Village and Town.

Pam Fuller, Mayor, Village of Greenwich

Jim Nolan, Supervisor, Town of Greenwich

Liv Is the Better Choice

Dear Greenwich Voter:

The upcoming Village election is probably one of the most important elections the Village residents will face. The choice will be a difficult choice between a well-funded candidate and a hard working independent candidate with deep roots in Greenwich and the surrounding community. Liv Thygesen knows the Village and its residents as she lives

and works in the village. She is seen almost every day meeting and greeting people as she walks throughout the village and many times with her triplets.

As President of the Chamber of Commerce she knows the needs of the businesses and what policies, rules and regulations may benefit and enhance the commercial environment in the Village.

As the Village faces funding challenges as a result of being awarded at least two multi-million-dollar grants that require 10-20% matching village funds, Liv's experiences in budgeting and financing will be of tremendous value to Village taxpayers. As those grants are fixed amounts, all associated inflation costs will increase the Village's matching fund requirements, further engineering expertise and experience does not apply. Financing experience and budgeting does. Liv has the right experiences to meet the challenge.

I believe that Liv Thygesen will be the right person to assist the Village Board and Village property owners that have been labeled as brownfields to address the challenges they will face.

Liv Thygesen is the right choice to be a Village of Greenwich Trustee.

Louis J. Leone

Former Village Mayor, Greenwich

Legal Notice

DOCUMENT 00105

INVITATION TO BID

Owner: Architect: Schuylerville Public Library Butler Rowland Mays Architects, LLP, 52 Ferry Street 57 West High Street, Schuylerville, NY 12871 Ballston Spa, NY 12020

Date: 16 March 2023

Contractors are invited to submit a prime contract offer to the Owner located at the above address before 1pm on April 6, 2023 for the following project:

PRIME CONTRACT BID PACKAGE

Schuylerville Public Library – Pavilion and Site Improvements

Bids will be opened and publicly read

aloud at 1pm on April 6, 2023 at the Schuylerville Public Library.

Bidders must submit a bid form and inclusive attachments, enclosed in clearly labeled envelopes, for the contract for which a bid is submitted.

This document invites contractors to bid on an Individual Prime Contract to complete the Pavilion and Site Improvements for the existing Schuylerville Public Library.

Bid Documents for the Stipulated Sum Contracts will be distributed as digital sets. Bidding Documents, Drawings and Specifications may be viewed online free of charge beginning March 16, 2023 at www.revplans.com under "Public Projects", or electronically downloaded for a non-refundable charge of one hundred dollars (\$100.00). Complete sets of Bidding Documents, Drawings, and Specifications, on compact disc (CD) may be obtained from Rev, 28 Church Street, Unit 7, Warwick, NY 10990 Tel: 1-877-272-0216 for an additional fee.

The project is tax exempt and State prevailing wage rates will apply.

Your firm will be required to provide Bid security in the form of a Bid Bond in the amount of a sum no less than 10 percent of the Bid Price. Performance Bond and Payment Bond for 100% of the Contract Sum will be required prior to executing the Construction Contract. Failure to submit the Bid Bond with the Bid is cause for rejection.

Refer to other Bidding requirements described in Document 00205 Instructions to Bidders.

A pre-bid meeting and walk-through will be scheduled for 10:00am on Thursday, March 23, 2023 at the Library's entrance.

Submit your offer on the Bid Form provided. Bidders are required to complete Bid Form entirely. Bidders may provide additional required information as appropriate.

Your offer will be required to be submitted under a condition of irrevocability for a period of forty-five (45) calendar days after submission.

The Owner expressly reserves the right to accept or reject any or all bids submitted in response to this bid solicitation.



LENTEN FISH FRY DINNERS

2.24 | 3.3 | 3.17 | 3.24 | 3.31



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Niesz's league honor

On Sunday, March 5, Section 2 of the New York State Public High School Athletic Association held their annual Girls' Basketball Scholar Athlete Brunch at the Holiday Inn in Saratoga Springs. The purpose of the event was to recognize area high school athletes for their achievements in the classroom, community, and on the basketball court. Each Section 2 varsity basketball coach nominated a member of his or her 2022-2023 girls' basketball team to attend the event.

Each athletic league also choose one player to be their league's scholar athlete. The WASAREN League coaches selected Greenwich senior Norah Niesz as their 2023 Scholar Athlete.

Niesz has been a four-year starter for a Greenwich girls' basketball program. During her

tenure, the Witches have an overall record of 76-8.

This year Norah and her teammates won the Section 2 Class C girls' basketball championship and are still competing in the state tournament. In addition to her success on the basketball court, Norah was also a member of Greenwich's NYS champion softball team last spring and the Greenwich Section 2 Class C finalist girls' soccer team last fall. As a student, Norah has also excelled.

Norah has a GPA of 99 and is a member of both the National Honor Society and concert band. Next fall Norah will be attending St. Lawrence University, where she will play basketball and study biomedical science.

She attended the event with Coach Jason Slater and Assistant Coach Eric Whitehouse.



—dan pemrick photo

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54 Main Street
 Greenwich, NY
walliesofgreenwich.com

Washington Center's new administrator

Washington Center, the 122-bed skilled nursing facility on State Route 40 in Argyle, New York, has a new Administrator and her name is Amanda Coppolo, LNHA.

Ms. Coppolo, 28, joined Centers Health Care sister facility Glens Falls Center in Glens Falls back in September of last year as the facility's Associate Administrator and then was named Administrator at Washington Center in January of this year when longtime Administrator Brooke Daley retired after a successful tenure as Administrator.

Amanda, who hails from Saratoga, and whose family has been fully invested in the Capital and Adirondacks regions for decades, is committed to both her residents and staff. She has admired the work that Ms. Daley had done and she wants to both build upon it and take it to even higher levels. Ms. Coppolo is "team-minded" where she be-

lieves that a successful outcome all comes from the team chemistry of fully invested talented personnel, not just one person.

"It's only been two months since being the Administrator of Washington Center and if I can be half as good as my predecessor was, I will be successful," said Coppolo. "I feel though that we all need to lead as a team where all of the departments, the business office, social work, nursing, rehabilitation, recreation, housekeeping and maintenance, work together to make this place even greater than we are. This is fully a team effort."

Although she feels that company morale hasn't been an issue, Ms. Coppolo constantly thinks of ways to increasing morale even more. Amanda is also big on Washington County community relations where is looking towards bringing the facility closer to the people of Argyle and the other communities

within the county.

Prior to joining Washington Center and Glens Falls Center, Ms. Coppolo was the Assistant Administrator and before that the Admissions Officer at Shaker Place Rehabilitation and Nursing Center in Albany from 2019 to 2022. Amanda also worked for five years with Albany County Health Care Facility as an Admissions Officer and Medical Clerk. Ms. Coppolo received her Bachelor's and Master's Degree from Saint Leo University in Florida.

Just recently, Ms. Coppolo made sure that Washington Center would be a key sponsor at the Leap Job Fair that took place on February 17, 2023 at the First Presbyterian Church of Hudson Falls. Ms. Coppolo knows and understands that the success of a business is always in the positive mind and actions of new talent so she always looking for both for new clinical and non-clinical people from Washington County to have a positive impact on the residents and fellow staffers.



Washington Center Administrator Amanda Coppolo and Director of Nursing and Assistant Administrator Kara Hargett

33rd Annual Greenwich FFA Farm Toy Show and Auction

Saturday, March 25, 2023
Toy Show 9am – 2pm
Toy Auction 2pm

Hosted by Greenwich FFA
 Greenwich High School
 10 Gray Ave, Greenwich NY



Admission \$4
Kids under 5 free

FREE Children's Pedal Tractor Pull and Drag Races at 12 noon

For registration and auction information call or email (518) 692-9542 x3101 ckelly@greenwichcsd.org

So, I asked ChatGPT about Cambridge...

Michael Levy
Journal & Press

Even if you are doing your darndest to avoid anything related to artificial intelligence, it's time to put ChatGPT on your radar screen. ChatGPT lets you type questions or phrases using natural-language prompts. ChatGPT then offers conversational-like responses. It derives its answers from the entirety of everything that is out there on the internet. The responses provided are coherent and sound authoritative.

For this edition of the Journal and Press, I decided to "interview" ChatGPT about Cambridge, just as if I were speaking with someone who is a resident. ChatGPT's responses are provided completely unedited. You be the judge if its responses are accurate, current, or just bizarre.

ML: What's one thing about Cambridge, NY, that most people don't know?

ChatGPT: *Cambridge, NY is a small town located in Washington County, in upstate New York. Here's one thing that most people may not know about Cambridge:*

Cambridge is home to the only puppet museum in the United States. The Cambridge Museum of Puppets is located in the historic Cambridge Freight Yard and features a collection of over 500 puppets from around the world. The museum includes puppets from Asia, Africa, Europe, and the Americas, and offers visitors a unique opportunity to learn about the history and art of puppetry.

The museum was founded in 1983 by John and Marge Urbanski, who were puppet enthusiasts and collectors. The collection includes puppets made from a variety of materials, including wood, cloth, and paper, and ranges from traditional hand puppets to complex marionettes and shadow puppets.

The Cambridge Museum of Puppets is open to the public on Saturdays and Sundays from Memorial Day to Columbus Day, and also offers group tours by appointment. It's a hidden gem in the town and worth a visit for anyone interested in the art and history of puppetry.

ML: Tell me more about the Cambridge Freight Yard?

ChatGPT: *The Cambridge Freight Yard is a historic railroad yard located in the village of Cambridge in Washington County, New York. The yard was constructed in the late 1800s as a hub for shipping goods and products by rail.*

At its peak, the Cambridge Freight Yard was a bustling center of commerce, with multiple rail lines and a variety of warehouses and buildings for storing and transferring goods. The yard was an important transportation hub for the area, with shipments of milk, coal, lumber, and other products passing through on a daily basis.

However, as transportation methods evolved, the importance of the Cambridge Freight Yard declined. By the mid-20th century, the yard was largely abandoned and fell into disrepair.

In the 1980s, a group of local

residents and historians began efforts to preserve and restore the Cambridge Freight Yard as a historic site. Today, the yard is home to a variety of businesses and organizations, including the Cambridge Museum of Puppets, the Battenkill Conservancy, and several artist studios and galleries.

The Cambridge Freight Yard is listed on the National Register of Historic Places and is a unique example of the important role that railroads played in the development of rural communities in the United States.

ML: Are there any famous people living in Cambridge, NY?

ChatGPT: *Cambridge, NY is a small town located in Washington County, in upstate New York. While there may be some famous people who live or have lived in the area, I am not aware of any well-known celebrities or public figures who currently reside in Cambridge. However, the town has a rich history and has*

'There is a popular story that apple pie a la mode was invented in Cambridge, but it is difficult to say with certainty.'

been home to several notable individuals in the past.

One example is author Willard Motley, who wrote the acclaimed novel "Knock on Any Door" in the 1940s. Motley lived in Cambridge during the 1960s and is buried in the Cambridge Cemetery.

Another notable person associated with Cambridge is the sculptor Augustus Saint-Gaudens, who maintained a summer home and studio in the nearby village of Cornish, New Hampshire. Saint-Gaudens is known for his monumental public sculptures, including the Shaw Memorial in Boston and the Standing Lincoln statue in Chicago.

Additionally, the town has been home to sev-

eral successful businesspeople and entrepreneurs over the years, including the founder of the Battenkill Valley Creamery and the co-founder of the artisanal cheese company Consider Bardwell Farm.

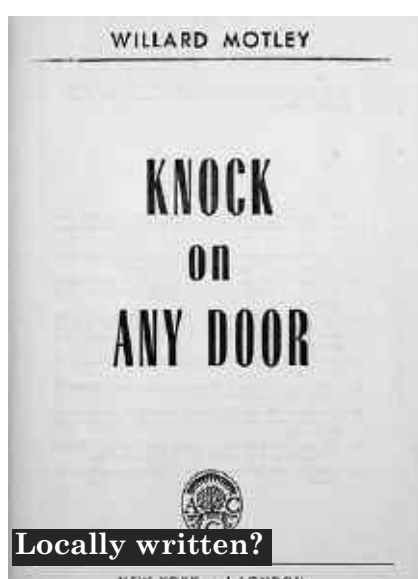
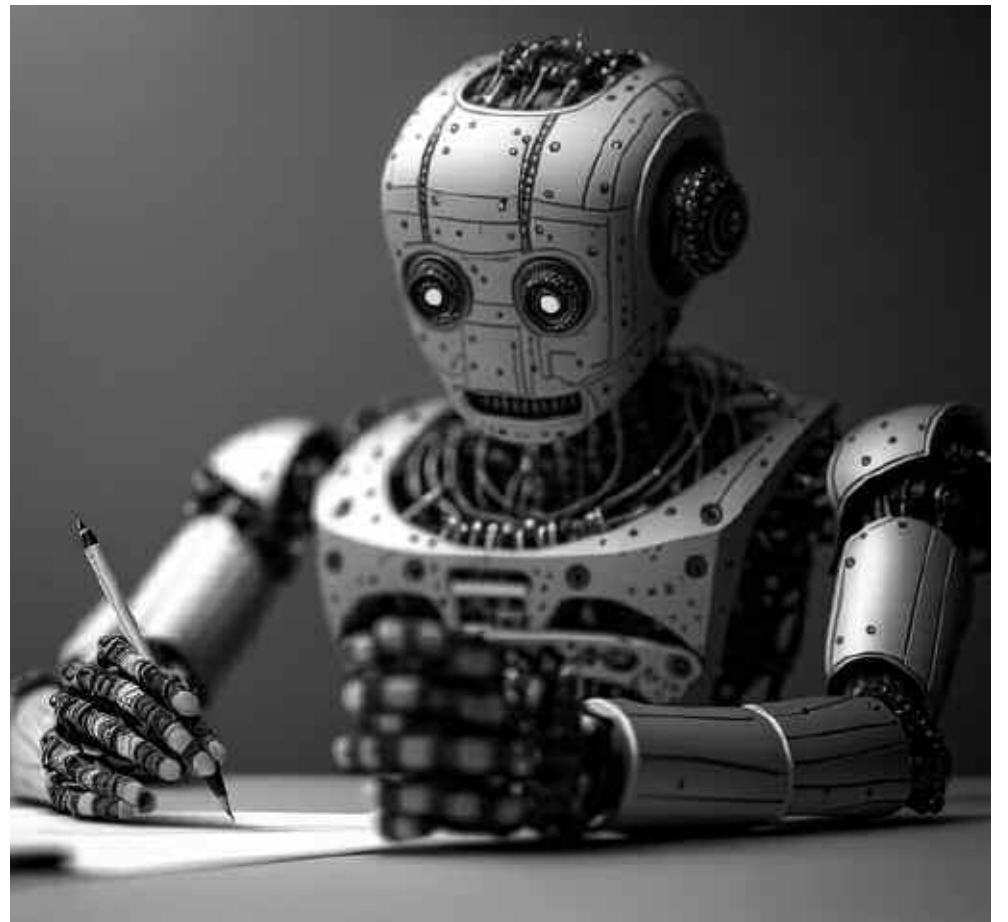
ML: Was apple pie ala mode invented in Cambridge, NY?

ChatGPT: *There is a popular story that apple pie a la mode was invented in Cambridge, NY, but it is difficult to say with certainty whether this is true or not. The origins of this beloved dessert are a bit murky and there are several conflicting stories about where and how it was first created.*

One popular version of the story goes that in the 1890s, a professor from Cambridge named Charles Watson Townsend was dining at the Cambridge Hotel and ordered apple pie with ice cream. The pie was served hot and the ice cream began to melt, creating a delicious combination of warm and cold flavors. Townsend allegedly exclaimed, "This is a la mode!" and the rest is history.

However, there is little concrete evidence to support this story, and other towns and regions also claim to have invented apple pie a la mode. For example, in 2005, the city of Pie Town, New Mexico officially declared itself the "Pie Capital of the World" and claimed that apple pie a la mode was invented there in the 1920s.

continued on next page



An Irish celebration

Easton Library would like to announce that Tim O'Shea and Friends will be performing an Irish Folk music concert at Burton Hall on Saturday, March 25 from 4-6 PM.

O'Shea is now on his US Spring Tour in the Saratoga region and he will bring his songs and tunes from the stunning southwest of Ireland steeped in the Irish Folk Tradition.

O'Shea is a native of Killarney, Co. Kerry. He has traveled the world wide, playing and performing for over 30 years from India, Europe, Australia, New Zealand to the United States. Tim plays the medieval Baroque Harp, the native Irish drum (the Bodhrán), the guitar, and you will hear contemporary folk songs. Tim has recorded six CD's to date, and has recorded for others also. His latest CD was released in 2017, "Another Skin Too Few", is a tribute to local Kerry musicians no longer with us. He will perform many of the tracks from the CD.

Joining O'Shea, is Dublin city native, P'adraig Timoney. Timoney, a multi-instrumentalist him-

self, plays the fiddle, guitar and sings a song or two. He was raised in the urban Irish Folk Tradition. Expect songs from the Dubliners and Clancy Brothers, as well as lively fiddle dance tunes from all over Ireland.

Dancer Andrew Coletti will add impact to the show. Coletti is an Irish Step Dancer from Latham, NY. He was inspired by a PBS airing of Riverdance, the Irish Step Dance Show sensation. At age 10, young Coletti started to study Riverdance in his living room and was soon enrolled in dance lessons at the Boland School of Irish Dance in Troy, NY. Since then he has competed to reach the highest levels of Irish Dance competition.



Tim O'Shea

Elks craft fair

The Elks Auxiliary invites you to stop by and check out all the wonderful crafts their vendors have to offer. It's March 25h from 9- 2 at the Elks Lodge Rte 40S, Greenwich. Vendors will offer such items as hand made knitted items, quilts, goat milk soap and lotions, candy, woodworking, leather goods and jewelry. The kitchen will be open all day with many homemade brownies, cookies, cupcakes for snacks and chili, Hot dogs and sandwiches, mac and cheese and more for lunch for sale by

the Auxiliary. BPOE # 2223 Elks Auxiliary is a non-profit organization that donates all proceeds to the community. This craft fair supports donations as needed to the Elks district of Argyle, Cambridge, Greenwich, Salem and Schuylerville Scholarships and other community needs. Vendors should call for and application, limited spaces available. Contact Donna Blair at 518-692-2347 or text 518-260-6618 or e-mail eccdb@verizon.net for the application or details.

Defensive driving

A live New York State DMV Approved Defensive Driving class will be offered to anyone 16 years and older Saturday, April 1st from 10:00 a.m. to 4:00 p.m. to be held in the meeting room at Easton Library. This is a fundraiser to benefit the Easton Library. Please sign up for the defensive driving class by calling the library at 518-692-2253 or visiting the library at 1074 State Route 40, Greenwich (Easton).

Cost is \$40 per person prepaid or \$45 at the door. For additional information call instructors at: 518-784-5009 or e-mail with any questions to: info@facetofacecourses.com.

Waiving library late fees

As of March 1, 2023, all library users under the age of 18 who are registered as patrons of Greenwich Free Library have had their accounts cleared of past fees and fines. Although Greenwich Free Library has been late-fine-free for many years, borrowers may still accrue fees for lost or damaged materials. In some cases, juvenile borrowers have been restricted from checking out books because of past mistakes or misunderstandings. In an effort to remove access barriers for as many patrons as possible, and to invite the children of Greenwich to, or in some cases back to, the library, the Board of Trustees and library staff

implemented this amnesty program. Fees that had been placed on materials that came from other libraries in the Southern Adirondack Library System were voluntarily waived by those libraries in order to support Greenwich's initiative.

Until the end of March, all donations deposited at the library's circulation desk will go towards replacing lost and missing books and DVDs. Patrons who would like to contribute to this effort or who have questions about the amnesty program should come by the library or write to Library Director Sarah Murphy at grn-director@sals.edu.



(cont.)

Regardless of its origins, apple pie a la mode remains a beloved dessert in the United States and is a staple of many diners and restaurants across the country.

ML: Is there anything else that I need to know about Cambridge, NY?

ChatGPT: Sure, here are a few more interesting facts about Cambridge, NY:

Cambridge is located in a beautiful part of upstate New York, surrounded by rolling hills, farms, and forests. The area is known for its scenic beauty and is a popular destination for outdoor enthusiasts, particularly those interested in hiking, fishing, and skiing.

The town is home to several historic sites, including the 19th-century Cambridge Historic District, which includes over 50 well-preserved buildings from the town's early history. Other notable landmarks include the former home of

abolitionist John Brown and the historic Battenkill Creamery.

Cambridge has a thriving arts community, with several galleries, studios, and art spaces located in the town and surrounding area. The town is also home to the Cambridge Valley Fine Art Tour, an annual event that showcases the work of local artists and craftspeople.

The town is known for its strong sense of community and volunteerism. Several local organizations, including the Cambridge Valley Rescue Squad and the Cambridge Food Pantry, rely heavily on volunteers to support their work.

Cambridge is also home to the Hubbard Hall Center for the Arts and Education, a non-profit organization that offers a variety of cultural and educational programs to residents of the town and surrounding area. The center hosts plays, concerts, and other events throughout the year, and also offers classes and workshops in theater, music, and dance.

Overall, Cambridge is a charming and historic town with a lot to offer visitors and residents alike.

This little experiment proves that Artificial Intelligence is still in its infancy. While AI gets some things right, it gets a lot more wrong. Sometimes, AI's answers are plain peculiar. For instance, Willard Motley, whose published prose originated the phrase, "Live fast, die young and have a good-looking corpse!" is buried in Mexico (the country) and not in Cambridge. Why would ChatGPT present, as fact, that Cambridge is his burial place? Am I missing something? Should we go to the puppet museum when it opens on Memorial Day? Does such a place exist in 2023? Maybe it would be better to ask a real person if you want to know more about Cambridge. Just a random thought!

Michael Levy is a government manager residing in Greenwich. He is also a Commercial Pilot and a Ham Radio operator.



The gender wage gap is stuck

Jill Schlesinger
Special to Journal & Press

The gender pay gap, which is the difference between the earnings of men and women, has been stuck for years.

In 1982, women earned just 65 cents to each dollar earned by men. The differential narrowed, but since 2002, the numbers have barely budged. In 2022, U.S. women typically earned 82 cents for every dollar earned by men.

It would be great if there were a single cause of the differential, because then policy makers and employers might be able to craft a solution.

But the Department of Labor has found “that the majority of the gap between men and women’s wages cannot be explained through measurable differences between workers, such as age, education, industry or work hours. It is highly likely that at least some of this unmeasured portion is the result of discrimination, but it is impossible to capture exactly in a statistical model.”

Here’s what we know: Women get

paid less than men, despite the job that they hold (“Regardless of occupation group, women always have lower average earnings than men”); the types of jobs that women dominate (i.e., childcare workers, domestic workers, and home health aides) pay less in general; and parenthood seems to positively impact men’s wages, but for mothers, not so much.

It makes sense that many younger mothers tend to work fewer hours or take time out of the labor force, which can set them back temporarily. Conversely, Pew Research finds that “fathers are more likely to be in the labor force – and to work more hours each week – than men without children at home. This is linked to an increase in the pay of fathers – a phenomenon referred to as the “fatherhood wage premium” – and tends to widen the gender pay gap.”

In addition to the blatant fairness issue, earning lower wages also means that women are robbed of the ability to save and invest for themselves and their families, which leads to a long-term wealth gap. Until the system changes, it is in-

cumbent on women to advocate for themselves – and to ask for what they deserve. In my book, *The Great Money Reset*, I lay out five steps to “BULLY Your Boss”:

Button up your big ask

Before approaching your boss, clarify to yourself what you want...make sure you’re considering the full array of possible requests you might make.

Understand the full picture: Lay the groundwork for a successful pitch by doing some research...confirm that your requests are reasonable – or, on the flip side, ambitious enough. Gather various proof points and insights that will support you when you’re making the pitch to your boss.

Lose the ego (sort of)

In delivering your pitch, come across as bold and confident, but don’t appear arrogant, antagonize your boss, or put them on the defensive. Instead of focusing solely on you, keep your boss and their needs firmly in mind even as you convey your own desires.

Leave time to practice the conver-

sation

Deliver your pitch in front of a mirror or have someone take a video of you delivering it. Better yet, do what I do and role-play the conversation with a friend or relative, having them play your boss.

Don’t yuck it up

Even with solid preparation, you can never be sure how your conversation with your boss will go. Avoid giving your boss an ultimatum (“I’m leaving if you don’t give me XYZ”) when your softer entreaties fail to bear fruit.

Jill Schlesinger, CFP, is a CBS News business analyst. A former options trader and CIO of an investment advisory firm, she welcomes comments and questions at askjill@jillonmoney.com. Check out her website at www.jillonmoney.com.



Interpersonal Edge

Use rain, not thunder, for office goals

Daneen Skube
Special to Journal & Press

Q: *One of my co-workers is always looking for a soapbox to stand on to yell her opinions. She is obnoxious, judgmental, and always looking to correct others. How can I deal with her and why do people act this way and think they’re noble?*

A: You can deal with her if you don’t engage her invitation to a power struggle. People act this way because the idea we can change the world by changing others is easier than changing ourselves.

As Rumi, a 13th-century Persian poet, advised, “Raise your words, not your voice. It is rain that grow flowers, not thunder.” Rumi was a wise man as he knew watering the soil of those around you allows you to live in a beauti-

ful garden.

To want to rant at the shortcomings of others and the world is human. But, to be capable of then looking at our own participation in our problems is divine. For instance, this week I was counting on a smart person I respect to do what he said he would. Normally, I would double check diplomatically with others on any task. I didn’t, he didn’t, and I was mad.

‘Ask yourself what is the easiest, most unimpressive task you can do today.’

The trick is to not open your mouth and insert your foot in it when others disappoint you. In an email, this person apologized and

I observed that everyone has stuff drop through the cracks. I also offered that I could have double checked with others and failed to do so.

The idea here is when we leave our well-being or outcomes important to us in the hands of others, even those we respect, we’ll often be disappointed. We will at first be mad at them. We can always stand on our soapboxes and regale our office with tales of the incompetence and indifference of others.

However, at the end of the day the results we want are ultimately and completely our responsibility to sheep herd. People that make a second career of thundering around the office feel like victims. They refuse to get busy taking actions to rescue themselves. They stand on a perceived moral high ground and complain about how others “should” act.

The truth is most people are not malicious. At worst, they are distracted, overwhelmed, and unconscious. You care more than anyone else about what matters to you. If you do not double or triple check graciously on results you need, all the ranting in the world won’t fix

your constant disappointment.

When people in your office rant, look calmly at them and say, “That may be so,” then go about your day. Your office yeller will find you most unrewarding to thunder around. Then you’re free to have a high-quality day, where you stay busy making sure what matters to you happens.

The last word(s)

Q: *At the beginning of the year I made a lot of ambitious plans. I seem to be avoiding them all! Is there any trick to getting motivated when your own goals are intimidating you?*

A: Yes, ask yourself what is the easiest, simplest, unimpressive task you can do today. Then do that each day and you’ll achieve nearly anything in the long run!

Daneen Skube, Ph.D., is an executive coach and appears on FOX’s “Workplace Guru” each Monday morning. You can contact Dr. Skube at www.interpersonaledge.com or 1420 NW Gilman Blvd., #2845, Issaquah, WA 98027. Sorry, no personal replies.



Niagara Falls trip

The Olde Saratoga Seniors is hosting a trip to Niagara Falls on June 6-8, 2023 (3 days, 2 nights). The price will be \$469 per person double occupancy.

Includes two breakfast, two dinners, a tour of Niagara, Niagara-on-the-Lake, the Hornblower Cruise, Chocolate FX Tour, Niagara Falls view casino and bus transportation. If you are interested, please contact Pat Temple, 518-338-2329 or e-mail patty61349@yahoo.com.

With love and respect to our past

Lance Allen Wang
Journal & Press

I love the Honor Flight program. For those who are not familiar with it, Honor Flights take World War II, Korean War, and Vietnam War veterans (as well as veterans of any era who are seriously ill) down to Washington DC for the day, visiting the various memorials and monuments free of charge. I've been to the send-offs from Albany Airport, usually before the break of day, with contingents of veterans and patriotic bikers such as the American Legion Riders and Patriot Guard Riders treating the departing honorees as celebrities who are actually worth the attention. The program is not-for-profit, and their mission is simple: "To celebrate America's veterans by inviting them to share in a day of honor at our nation's memorials."

The most important part to me is that "Participation in an Honor Flight trip gives veterans the opportunity to share this momentous occasion with other comrades, remember the fallen and share their stories and experiences with other veterans." It's the time with "other comrades" and "other veterans" that means the most in my estimation. No one knows a veteran like another veteran. These are the ties that bind.

One of the most interesting salutes I provided was a letter I wrote for an Honor Flight "mail call" several years back. It turned out that a friend of mine was hoping I would write a letter to his father, which would be given to him once he was down in Washington. His father was a World War II aviator, who then became a medical doctor after the war.

"Dear Doctor,

"Congratulations on your selection to participate in Honor Flight! I hope your trip is one which is safe and meaningful, and you enjoy the salute to your service.

"I personally salute your service as well. It was



my relatives who served in the Second World War, one in particular an aviator such as yourself, who inspired me as a young man into a career in the armed forces. I always felt I had big footsteps to fill – and with the inspiration they provided, I spent 21 years in the Army, rising from a Private First Class to a Lieutenant Colonel.

"I hope you will forgive me for saying that I dislike the term the 'Greatest Generation.' I never have liked it. It was all of you who served honorably in uniform back then who I consider the greatest OF a generation. Not all did what you did, not all faced what you faced. But you all stood tall, faced down tyranny, and stabilized a world that was, if you'll pardon the metaphor, in critical condition. You couldn't fix it, but you could patch it up and give a new generation a chance. Bless you for it.

"Equally important to your service in the war was your return from the war. No one comes back unchanged – my own experience in the Iraq War taught me that. Yet you turned to service – trading the tools of war for the tools of healing. You

continued to serve your country – and mankind – through your devoted service to medicine. You also found time to raise a family, including your son... who I consider a personal friend. If one can judge someone by their progeny, it is clear that you imparted the importance of serving the community to your children, a timeless lesson which sometimes seems far less common than it should be.

"Doctor... again, I salute your service. Today, I am proud to offer my admiration to you and your World War II counterparts – and I hope that you are personally willing to accept my thanks on behalf of all of them. It is sometimes uncomfortable to receive the thanks I do for my service – we all know those who gave far more during their time in uniform. But today enjoy the critical role of ambassador for a body of men and women who collectively, whatever their part, defeated tyranny and changed the world. People must remember the darkness of those times, and those who helped punch a hole in the darkness. After all, those who forget the past – well, sir, you know the rest all too well."

For those with relatives who served in World War II, Korea, or Vietnam – if the opportunity presents itself for them to participate in the Honor Flight program, I can not emphasize enough how meaningful these opportunities are. For those who are interested in more information, go to www.honorflight.org or email them at info@honorflight.org.

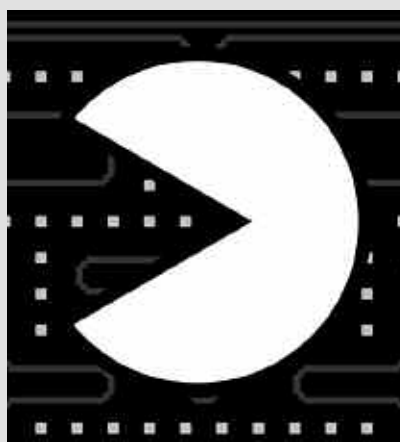
Lance Allen Wang is a Councilman in the Town of White Creek who is also an Iraq Veteran and retired Army Infantry officer. He lives in Eagle Bridge, N.Y., with his wife Hatti.



'Retro Nerdfest' at ACC

Billed as "The coolest thing to hit the Adirondacks since the Ice Age," several SUNY Adirondack student clubs will partner to host the first-ever Adirondack Retro Nerdfest from 10 a.m. to 4 p.m. April 15 in Northwest Bay Conference Center on the college's Queensbury campus. Admission is free for students with a valid college ID and \$5 for nonstudents.

The event is a Comic Con-style experience featuring an arcade area with pinball machines and arcade video games, live DJs playing music from vinyl, a Smash Brothers video game tournament, cosplay costume contest and an array of vendors selling vinyl records, comic books, tabletop games, action figures, trading cards and other pop culture items.



Music at Argyle Brewing

Since the early 2000s, Buffalo, NY based singer-songwriter Davey O. has experienced his fill of viewing life through the windshield of his car, and thousands of miles of asphalt, starting out by performing at small coffeehouses for tips, with barely enough material to fill an entire evening. As his catalog of original music grew, his sense of adventure and desire to build an audience the old-fashioned way – through the release of independently made albums and relentless touring – expanded right along with it.

As part of two date weekend tour, Davey O. returns to Eastern NYS with a show on Friday, March 24th, 2023 making a first-time appearance

in the intimate confines of Argyle Brewing's Cambridge Depot Location, 6 Broad Street, Cambridge, NY at 8:00 pm. Tickets are \$10.00 and are available at davey.brownpapertickets.com.

Davey O. has spent well over two decades developing his craft; building his career and audience by opening for a "who's who" of artists in the genres of Contemporary Folk and Americana, earning the respect of his peers, critical acclaim in renowned publications such as No Depression, and receiving recognition for his work with his selection as a 2013 Kerrville New Folk Finalist. After logging 245,000 miles, 29 states, and five albums under his belt, like just about every touring



artist, Davey O. watched his career hit a wall of uncertainty when the COVID-19 pandemic hit in 2020, three years after the release of his critically acclaimed CD, "A Bright Horizon Line."

Let's go fly a kite

Shirley Renauld
Journal & Press

Peter got his wish: snow. He got dressed and went outside and started tracking. Did you see him on the Greenwich Library window? Did you get to do tracking, or more? Then we got ice: It would be fun to body-slide down the slope, but how do you get back up? Then both ice and snow melted for us like for Peter...but he woke up the next morning to see new snow falling, so he called a friend and they went out in it together. Was it a Snow Day for you so you could, too, and even more than just tracking? That's March.

Have you been following this the 50th Iditarod Dog Sled Race in Alaska? Where could you get a dog sled ride? Do you know anyone who has a Husky?

March has traditionally been known as the Windy Month. Why? Don't we have winds all year? People with turbines for generating power appreciate wind all year round so they don't have to use the reserve that they stored in their batteries. Tornadoes? We've heard of recent damage and remember what happened to Dorothy in "The Wizard of Oz." Did you see "Wicked" like Finnley and Penelope did? Gentle winds are most welcome so we can play with wind toys.

Have you ever flown a kite – by yourself? It's not as easy as it looks.

No. 1 is to fly it in a big open field. You don't want to be a Charlie Brown with a kite-eating tree. Or worse yet, get it tangled in power lines.

Next is to get the kite up in the air. Hold the string, not the tail which is only for keeping the kite flying straight. Does it work best for you to run with it or to have a friend toss it up in the air? Then you have to work with the wind to let the string out to get the kite higher and higher and work with little tugs to keep it up. But what if there's a big gust of wind, or the wind lets up? When you're done flying it, work with the tension on the string to wind it up. If the kite falls to the ground, carefully walk to the kite to avoid getting knots or tangles in the string if you want to use it again.

Maybe you'll make your own kite. Start with the easy: Just cut the kite shape from colored paper, attach a length of crepe paper streamer as a tail and a string to hold. Just run around outside – but don't step on the tail and tear it off. Another easy is to recycle a shopping bag: Tie the handles together with your string and run. Depending on the wind, how high will it go?

Want to make an "official" diamond-shaped kite? Get four sticks, two each of the same length, and lash them into a diamond shape. Lash cross pieces for support. Lay this frame on a newspaper (Wish you could catch some from what

happened in the picture book, "The Wind Blew."). Cut the newspaper wider than the frame so you can fold over the sticks and glue it. Tie the end of your roll of string to the cross-piece sticks where they cross. Tie a strip of fabric with short knotted pieces on it as the kite's tail. When the glue is dry, you're ready to try flying it. How does it work?

Our Japanese friends make bird, fish and butterfly kites as a sign of Spring and they hold kite festivals or to celebrate the birth of a child.

"Curious George Flies a Kite" could really be named "Three Things Curious George Does With String" because he uses string as a leash for a rabbit, as a fishing line and as a kite string.

We can use string or yarn to hang mobiles we make:

- with a marker, start at the center of a paper to draw a continuous circular line ending at an edge of the paper

- rub, color or draw on both sides of the paper, right over the lines even

- starting at the edge of the paper, cut along the line but stop where the line stops!

- cut off any edge of the paper that is not part of the circular line

- sew a stitch at the center of circle and knot it to make a loop for hanging

ready to pick it up? Hold it high so you don't step on the end. Before you hang it, can you make it curl flat again?

Where will you hang it to catch the gentle air. As a group activity, make more, with Springtime colors, to decorate, even for a birthday party.

A stronger wind would be useful for spinning pinwheels, So many plastic kinds are available, or make your own:

- cut out a five-inch square from strong paper like cardstock

- draw diagonal lines from all four corners but stopping about a half-inch from the center. Cut along them.

- bend, not fold, the right corner of each triangle over the center of the square so they overlap each other and tape each in place

- push a headed straight pin through all layers, through a small bead*, and into the side of the eraser of a new pencil

- blow on it to test it out, then outside run with it. Maybe leave it pushed into the thawing ground, turned to catch the wind

*the bead is only to keep the pin-



wheel from hitting the pencil and slowing it down

Easier to make will be pinwheels you can eat: For sandwiches, spread each tortilla with cream cheese. Layer on your favorite sliced meat, cheese, lettuce...

Roll it all up tightly. For appetizers, slice the roll into one-inch sections. Sushi might have the seafood, vegetables and rice wrapped in a seaweed outer layer.

Have you eaten pinwheel cookies? If you make them this way, you don't have to cut each cookie out separately. Roll the whole dough into the best rectangle you can. Spread it with the filling and roll it up. It will slice better if you cool it in the freezer. Then cut the roll into thin slices, and bake.

A Jelly Roll is just cake batter baked in a cookie sheet with sides and lined with parchment paper that you oil. After it's baked, carefully lift it from the pan and turn it over gently onto a cotton dish towel onto which you've sifted confectioner's sugar. Gently remove the paper. If you loosely roll it up, with the towel, when it cools you can unroll it to spread the filling. This filling doesn't have to be jelly. You could use whipped cream, plain or mixed with cool melted chocolate, peanut butter, small chips, cut-up strawberries, or what else? Loosely re-roll the whole cake, place it on a serving dish and slice. Yum! It was worth all the work.

Ah, food: thanks, farmers. The 21st is National Ag Day. It's a good day to make a farm-to-table meal again--and share with a farmer. We can get ingredients directly from our local providers. Where will you get milk and its products, meat, eggs, apples, vegetables, bread, freshly-made donuts, maple products... even this time of year?

The whole week of 20 - 24 is Ag Literacy Week. CCE coordinates volunteers to read the annual book choice, so hopefully this year you will hear "Tomatoes for Neela" by Padma Lakshmi. In the story, Neela and her grandma want to make sauce fa-

mous in their family from India. Before they go to the green market to get the tomatoes, Neela has to learn about the different varieties of tomatoes so they will have the correct kind for the sauce. (We will need to decide what kinds to grow in our upcoming gardens, too.) Do we need the juicy Big Boys that we like for sandwiches, the meaty Romas, the little Cherry ones? Do they have to be red, or would yellow or orange be okay – or a mixture? As an activity after the book read, you might get to plant your first garden seeds: tomatoes.

You can read the book for yourself, too, because your reader will leave it at your school.

Also for your school, the 31 is the deadline to apply for free tree and shrub seedlings from DEC. Classes can apply as well as Homeschool and Scout groups. When they arrive next month, plant them where you can watch them grow. The Lorax will be proud of you, too.

March is Music in the Schools Month. Thank you Mr. Chris and all the music educators for your dedicated music education and performance in the community.

The new season at Fort Salem Theater starts with "Spring Awakening" on March 17 - 23. Hubbard Hall got a good grant from the Council on the Arts, too, There your community group would be able to use the stage.

As the months change, we read in "The Year at Maple Hill Farm" what each month is like on farms. The story can be read in a shorter version from the tops of the pages or in a more detailed version under the pictures. In "The Ox Cart Man" we see what members of the farm family make, collect or grow each month of the year for both the family's use and to sell. (Why would the farmer sell even the cart that carried the products and the ox that pulled it to market?)

What will they do in April – and you?

Learn how to compost, and then do it

The Greenwich Free Library will present “Composting for Homes, Businesses, and Municipalities,” a virtual event, at 7 p.m. on Tuesday, March 21.

This March marks one full year of the partnership between Greenwich Free Library and Adirondack Worm Farm to collect food waste and kitchen scraps and turn them into compost.

Anyone can bring compostable material like stale bread, banana peels, cheese rinds, eggshells, and even meat scraps and bones to the big green bin behind the library for a weekly pick up.

In the past year, Greenwich patrons have diverted over 4,400 pounds of food waste and compostable materials from landfills. That is like saving 860 gallons of gas!

To commemorate a year of composting together, the library is hosting an online information session with Chief Worm Wrangler, Bill Richmond. Topics will include:

- How to get started at home or at work
- How to participate in the library’s drop off program

- Best practices for backyard composting and vermiculture
- Possibilities for municipal composting programs
- Staying informed about which materials can and cannot be composted

Join the conversation on Zoom, Tuesday March 21 at 7 p.m. Register in advance at greenwichfreelibrary.org to get the Zoom link.



Composting at the Library



The Chief Worm Wrangler

Season opens for Fort Salem

Fort Salem Theater has just announced local casting for “Spring Awakening,” the iconic musical that kicks off their 2023 season on March 17, running through March 26. This is your chance to experience the electrifying rock score and groundbreaking story of Steven Sater and Duncan Sheik’s Tony Award-winning show, live on stage in Washington County. This coming-of-age story follows a group of young people as they explore morality, sexuality, and rock and roll. Mature content; parental discretion is advised.

“Our audiences are in for a real treat with Spring Awakening,” said Executive Director Kyle West. “Not only does this musical contain a poignant message about communication between generations, but its electric score and striking story make for a truly unforgettable experience. I’m confident our talented cast and creative team have crafted something truly special that our patrons won’t want to miss.”

Under the direction of Brian Clemente, the cast of “Spring Awakening” features (in alphabetical order): JJ Buechner as Adult Male, Michael Burns as Ernst, Noah Casner as Moritz, Ethan Drinkwine as Otto, Arianna Dreher as Wendla, Samuel Evans as Georg, Emily Jenkins as Ilse, Zach Kaiser as Melchior, Luke McGee as Hänschen, JJ Paul as Adult Woman, Iris Rogers as Thea, Megan Stacey as Martha, and Sarabell Wrigley as Anna. Six of these actors will make their Fort Salem Theater debut in this production.

Director Clemente’s work in the Capital Region has most recently included “A Little Night Music,” “The Glorious Ones,” and “The Wild Party” for Schenectady Light Opera Company, and “Erma Bombeck: At Wits End” for Curtain Call Theater. Professional credits include Assistant Directing for Stephen Hamilton on the American Premiere of “Angry Young Man” at Urban Stages in NYC, and for the Guild Hall production of “All My Sons”



starring Alec Baldwin and Laurie Metcalf.

Rounding out the creative team is Tom Odell as Music Director, Thomas James Mundell PHD as Choreographer, Courtnie Harrington as Stage Manager, Cheryl Zatt as Costume Designer, Charles J.I. Krawczyk as Scenic Designer, Tom Moeller as Sound Designer, and Kyle West as Producer.

Dates: Friday, March 17 (7:30PM), Saturday, March 18 (7:30PM), Sunday, March 19 (2:00PM), Friday, March 24 (7:30PM), Saturday, March 25 (7:30PM), and Sunday, March 26 (2:00PM). All tickets can be purchased online 24/7 at www.FortSalem.com, or by calling the Fort Salem Theater box office at 518-854-9200.

GREATER

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GREENWICH



CHAMBER OF COMMERCE

Our mission is to support, promote, and attract business for the advancement of our community

Grow with us! Join today!

greenwichchamber.org/join

RC Churches News

Masses at Holy Cross Catholic Church are Sunday at 8:15 AM and Tuesday at 9 AM. St. Patrick’s celebrates on Sunday at 11:30 AM and on Wednesday at 9 AM. Immaculate Conception in Hoosick Falls Masses are Saturday at 4 PM and Sunday at 10 AM and Monday at 9 AM.

The daily Mass will be cancelled if there is a funeral at that time.

Reconciliation Services are March 26 at 2 PM at Holy Cross and March 29 at 6:30 PM at St. Patrick’s. Lenten luncheons in Salem will be on Thursdays as follows; Hebron United, March 23, Holy Cross, and March 30, Salem Methodist.

St. Patrick’s weekly Fish Fry are on Fridays from Lenten Fish Fry are 4:30 - 7 PM at St. Patrick’s. St. Patrick’s is also hosting a St. Patrick’s Day Dinner on March 19, after the 11:30 Mass. Please support the Lenten CRS Rice Bowl to help others in need.

Confirmation preparation will begin soon. Information can be found on the parish website or in a brochure available at church. Please register by Easter to prepare for a fall 2023 Confirmation. The parish website, www.battenkillcatholic.org, contains information about Confirmation instruction, faith formation, and so much more.

Please consider donating to the Salem and/or Cambridge Food pantries. The Salem pantry is in need of pasta, cereal, paper towels and toilet paper. The Cambridge site needs breakfast items. Donations are greatly appreciated.

–Submitted by Rose Mary Sheffield

Salem online auction

2023 is shaping up to be an exciting year for the Historic Salem Courthouse, with many new events and activities to engage Salem area communities. But the expanded offerings mean that the non-profit Courthouse will need to raise additional funds, especially in light of increases in costs for fuel, electricity, food, and other items.

To that end, The Courthouse is having its 3rd Annual Spring Online Auction of goods, services, arts and crafts, and experiences. The auction will be held from 8 am, Sunday, April 30th until 8 pm, Thursday, May 11th—just in time to win wonderful gifts for Mother's Day, Father's Day, weddings, graduations, or summer enjoyment! An in-person preview of many of the items will be held at the Courthouse on Friday, April 28th, from 5-8 p.m. Winning bidders may pick up their items at the Courthouse on May 12th and 13th, or arrangements for mailing or transport may be made.

Anyone interested in donating an item, service, or gift certificate should contact Karen Pfindel, Board member and auction co-chair, at kapfindel@gmail.com or 518 854-3254. A photo and description of your donated item will appear in our online auction at the BetterWorld.org website. This will provide more exposure for local businesses and craftspeople, as the auction

will reach a wide audience with the online format. Names of companies, organizations, and other donors will be displayed on the Courthouse website and in our annual newsletter. You will receive a receipt for your tax-deductible contribution.

By participating in the Online Auction, as a donor, bidder, or both, you are helping to ensure that services such as the free summer Lunch, Learn, & Play program, the Community Garden, folk and popular concerts, Girls on the Run, the chamber music series, Great Hall Gallery free art shows, and events such as Beer & Brats Festival, Al Fresco Community Celebration, Trunks and Treats, and the holiday Memorial Trees continue!



Bid on these, for example

An Artist's Take

Political Cartoon of the Week by Joel Pett

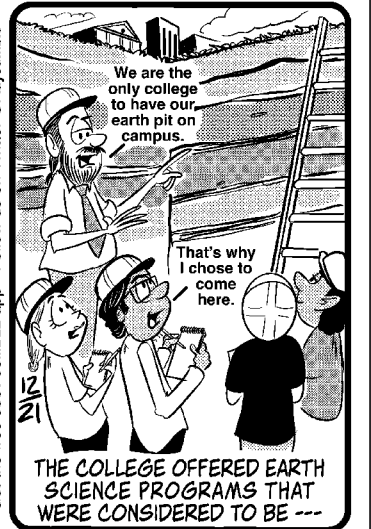


JUMBLE

THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

THALC
 WSOHE
 DUELSG
 GANROD



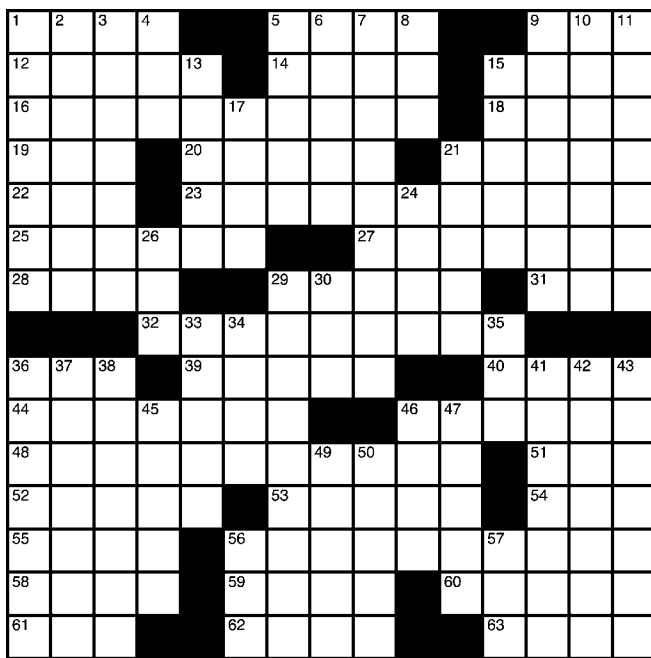
Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

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Answer here: -

Coila Crossword

(solution page 22)



Across

- 1 Annie Lennox, e.g.
- 5 Phishing, say
- 9 Start of many a "Jeopardy!" answer
- 12 College fund-raising targets
- 14 Flag bearer
- 15 Crack from the wind, perhaps
- 16 Cycling route for Broom Hilda?
- 18 Instrument featured in "Waltz of the Flowers"
- 19 Old DJ's array
- 20 Taper off
- 21 One-up
- 22 Bread grain
- 23 Romantic locales for Miss Piggy?
- 25 Maker of a fine cheddar?
- 27 Result of a missed deadline, maybe
- 28 Eye affliction
- 29 Sheer linen fabric
- 31 Pre-1991 map letters
- 32 Place to harvest your deepest secrets?
- 36 Part of a Braille character

Down

- 39 Like many dad jokes
- 40 Italian wine hub
- 44 Logically flawed
- 46 Hit, as the gas
- 48 Equipment for identifying genuine island wreaths?
- 51 Dungeons & Dragons genre, briefly
- 52 Hungarian mathematician Paul
- 53 Frodo's home, with "the"
- 54 Wine statistic
- 55 Baskerville Hall setting
- 56 Sign of deceit, and a phonetic hint to four puzzle answers
- 58 Beast of burden
- 59 Massage deeply
- 60 Workout output
- 61 Beast of burden
- 62 Needs to settle
- 63 Drops the ball

welcome

- 4 Film buff's choice
- 5 Jack in a rhyme
- 6 Kinkajou cousin
- 7 Sci-fi subject
- 8 First name of two Spice Girls
- 9 Hypotheticals
- 10 Monster Angus Thick-burger seller
- 11 Adversary
- 13 Protect from light
- 15 Certain jumper's need
- 17 Way up the slope
- 21 KitchenAid competitor
- 24 Apple variety
- 26 Rocker Nugent
- 29 Convention center attraction
- 30 Olive ___

33 British ___

- 34 Fighting
- 35 Astronaut Jemison
- 36 Word from the Greek for "two assumptions"
- 37 Oppressive
- 38 Tube tops?
- 41 Device that delivers a coat
- 42 Fifth, often, for a manual transmission
- 43 Downs
- 45 Cherish
- 46 Type
- 47 Part of a full house, maybe
- 49 Easter Island's country
- 50 Little disputes
- 56 Box office sign
- 57 Female in a field

Argyle Acrostic

By Frank J. D'Agostino (solution page 22)

Find these words that are associated with the phonetic alphabet.

Alpha

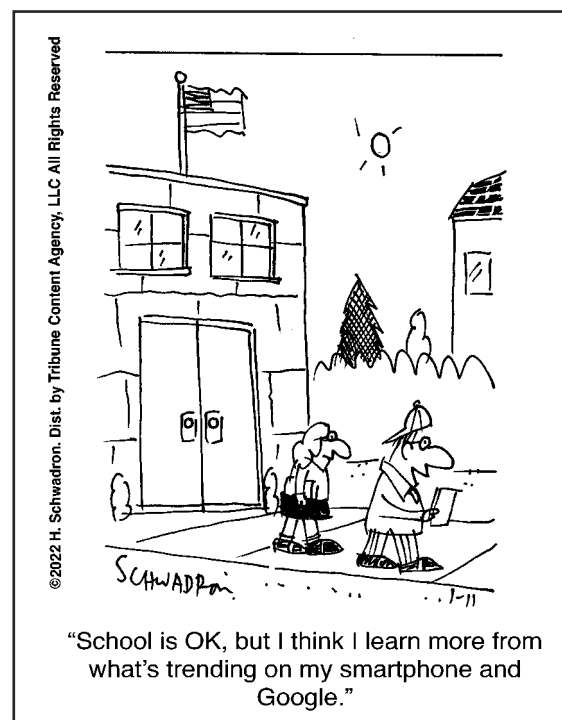
Bravo
Charlie
Delta
Echo
Foxtrot
Golf
Hotel
India
Juliet
Kilo
Lima

Mike
November
Oscar
Papa
Quebec
Romeo
Sierra
Tango
Union
Victor
Whiskey

Xray
Yankee
Zulu

Find Mr. D'Agostino's puzzle books on Amazon.

9 to 5 by Harley Schwadron



JUMBLE KIDS

THAT SCRAMBLED WORD GAME!
By David L. Hoyt and Jeff Knurek

The letters of these crazy words are all mixed up. To play the game, put them back into the right order so that they make real words you can find in your dictionary. Write the letters of each real word under each crazy word, but only one letter to a square.

YEE
 NABK
 EFTE
 ETLB

Now you're ready to solve today's Jumble For Kids. Study the picture for a hint. Play around with the letters in the circles. You'll find you can put them in order so that they make your funny answer.

Print answer here:

Come to the Lego Club!

Greenwich Free Library offers free programming for children and teens every single weekday, but none of our programs can compete with our Wednesday afternoon Lego Club for attendance. Week after week we see dozens of kids streaming through our doors after school for an hour and a half of creative play and socializing. During this time, we also welcome a larger-than-usual number of young people who choose to play in the children's room, use the computers, or browse for books. But the main draw are the Legos. Our children's programmers, Emily Gates and Emily Sargent, organize challenges, games, and crafts, and the popularity of the club has largely grown by word of mouth. Generous parents have donated snacks and juice boxes, and many patrons over the years have donated used Legos.

We asked Cora Anderson, a regular at Lego Club and the creator of some spectacular builds that you can see on display at the library, to write about the club and what makes it so great. All school-aged children can join Cora and many others in the Community Room at the library on Wednesdays from 2:30 - 4:00 PM. Children 8 and under should be accompanied by an adult.

Cora Anderson
Greenwich Free Library

Do you like to build with Legos? If you do, you should come to Lego Club. It has lots of Legos, delicious snacks, and it has other activities!

One reason why you should come to Lego Club is because it has a lot of Legos. Lego club has a variety of Legos to build, create, and design with. At Lego club we have Lego challenges, and a minute to win it. Minute to win it means everyone has one minute to find or collect Lego pieces and then build, and there's prizes! Some of the



challenges we have are to build a tower one hundred bricks tall, to build a marble maze, and to build a bridge. If you want, the library will put your Lego creations on display.

Another reason why you should come to Lego Club is because it has tasty snacks. Every week at Lego club they have a table for snacks. Also, Lego club has a variety of snacks from cookies and popcorn to apples and oranges. There are snacks for everyone so if you have a peanut allergy there still are choices for you!

Lastly, you should come to Lego Club because it also has other activities. Lego club is not just about Lego building, you can color, draw, and play games! At Lego Club there's something for everyone! Most of the Legos at Lego club have been donated. So, if you have any Legos that

you have outgrown then you can donate them to the Lego Club!

Cora Anderson is in fourth grade at Greenwich Elementary school. Some of her favorite things to do are skiing, dancing, and playing piano. She also loves to read, especially fantasy books.



Library Strategic Plan

Under the leadership of former Trustee Kathy Nichols-Tompkins, a group of library staff and board members worked to produce a new Strategic Plan to serve as a guide for intentional progress over the next five years. The plan has been thoughtfully researched and cooperatively written to include desires and needs that have been gathered from community focus groups, staff and public surveys.

Kathy Nichols-Tompkins says, "I was honored to work with a dedicated group of library trustees and staff members. on this very significant project. We all learned so much about the current state of the library and about how the community groups view the library and how they want to see it grow."

The plan outlines five long term goals, as well as a number of specific initiatives and success measures. The major goals are as follows.

- **Public Promotion:** Engage our community in conversation about library programs and services, and increase recognition that the library is a community hub, center for lifelong learning, and valuable resource for all ages and stages of life.
- **Programming:** Provide and produce quality and varied programs and events for patrons of all ages, interests, and abilities.



- **Partnerships:** Develop stronger relationships with community groups, organizations, and businesses to harness our collective strengths and connections.
- **Place:** Ensure that library facilities and technological services are meeting the needs of the collection, our programs, and our patrons. Ensure that enhancements, renovations, and maintenance are performed as needed and are guided by sustainability and accessibility.
- **Preservation:** Preserve local historical documents and maintain a growing repository of physical and digital materials that patrons and researchers will access and use.

Patrons can read and download a digital copy of the report on the library's website, or stop in to view the hard copy.

Free HVCC lectures

Hudson Valley Community College's Voices lectures, all in the BTC Auditorium and free to the public, are:

- **Public Art Inspires Conversation:** Tony Iadicicco, curator, #CapitalWalls – Thursday, March 23, noon to 12:50 p.m.
- **From Poverty to Sustainability: Building Lives, Leaders and Communities:** Michael Saccocio, executive director/CEO, City Mission of Schenectady – Tuesday, April 4, 1 to 1:50 p.m.
- **Rescuing Racehorses, Healing Humans:** Madeline Levin, program manager, Therapeutic Horses of Saratoga – Wednesday, April 19, noon to 12:50 p.m.

The Mission of Voices: A Library Lecture Series is to broaden and enrich the scope of studies at Hudson Valley Community College by presenting speakers on timely and enduring issues, and freely sharing these lectures and discussions with the community.

A full schedule of HVCC's Spring Cultural Events is available at www.hvcc.edu/culture. For more information, please call (518) 629-8071 or email d.gardner@hvcc.edu.

Melancholia, missing in action, chefs

Here is where we look at past editions of *The Journal & Press* from late Marches decades ago...

100 Years Ago

March 21, 1923

About 10 o'clock this morning, Hon. Charles O. Pratt of Cambridge threw himself into the brook that crosses the Cambridge main street near the Rice seed house. The brook at that point is ordinarily shallow, but being higher than usual with spring conditions, the volume of water was sufficient to carry him down the stream. He was observed and was rescued near the seed house.

Mr. Pratt was immediately taken to his home and Dr. Leonard was summoned. Just how much he suffered from the experience could not be learned this noon, but it is understood that he is in a serious condition.

Mr. Pratt has been in poor health for a year or more. Last summer he suffered an attack of embolism, which left his left side partially paralyzed.

Recently he had seemed to be somewhat improved, but he was subject to severe attacks of melancholia. Before he leaped into the brook this morning he had been noticed walking back and forth in the neighborhood for some time, but it was supposed that he was merely seeking exercise, as he frequently did.

Mr. Pratt is one of the most widely known lawyers in this section. He has always lived in Cambridge or vicinity and was for many years prominent in the Re-

publican politics of the county. He held the office of district attorney of the county about 20 years ago, and later was a member of the assembly for several terms.

80 Years Ago

March 24, 1943

Mr. and Mrs. Arthur Scheel of Albany, who formerly lived near the Battenville in the town of Jackson, received a telegram from the war department Sunday telling them that their son, Pvt. Henry F. Scheel, was listed as missing in action in North Africa since February 20.

Private Scheel attended the Greenwich school while the family lived in this section and has many friends here. After leaving school, he went to Albany and was working in that city when he enlisted in the United States Army on November 1, 1940.

After being located in various posts in this country, Private Scheel was sent overseas in August 1942, was sent to North Africa at the time American troops occupied that section. The Scheel family last heard from him on January 29 of this year.

Other members of the Scheel family, besides Private Scheel's parents, are four sisters, Mrs. Nathaniel Layton, Miss Mary Scheel and Miss Hilda Scheel of Albany, and Mrs. Albert Foss of Easton; also one brother, Arthur Scheel of Albany.

40 Years Ago

March 24, 1983

The Greenwich Fire depart-

EASTER

You will want to dress up for the festival season that marks the coming of Spring. This store can supply everything needed to complete the Spring Outfit.

NEW SPRING HATS AND CAPS
The Newest shapes and colors.

COMPLETE NEW LINE OF NECKWEAR
The seasons newest, niftiest patterns; you should see them.

WALK-OVER SHOES
Unequaled for comfort, style and service.

Our new samples for Tailor-made Suits are here—look them over.

C. M. STEVENS

GREENWICH, N. Y.

Ad from 100 years ago



ment won the guest chef breakfast at McDonald's in Greenwich on March 20.

Members of local fire departments took turns cooking breakfast at the restaurant to see who could serve the most.

Greenwich firemen took in \$273 from 9-10 a.m. Schuylerville firemen came in second with \$260. Easton firemen came in third and Middle Falls, fourth.

—Compiled by Darren Johnson

SCRABBLE GRAMS SOLUTION

C ₃	A ₁	D ₂	E ₁	N ₁	Z ₁₀	A ₁	RACK 1 = 88
T ₁	H ₄	U ₁	N ₁	D ₂	E ₁	R ₁	RACK 2 = 61
D ₂	E ₁	F ₄	L ₁	A ₁	T ₁	E ₁	RACK 3 = 61
A ₁	I ₁	R ₁	L ₁	I ₁	F ₄	T ₁	RACK 4 = 60
P ₃	A ₁	R ₁	Q ₁₀	U ₁	E ₁	T ₁	RACK 5 = 74
PAR SCORE 265-275						TOTAL 344	

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They did it again!

On March 4, Greenwich Central School indoor track and field standout Keegan Collins won the New York State Federation 20 lb weight throw title, crushing her own school record by nearly two feet. Her throw of 48' 4 1/2" bested all throwers in the New York State Public High School Athletic Association (NYSPHSAA), the Public School Athletic League (PSAL, NYC teams), the Catholic High School Athletic Association (CHSAA) and the New York State Association of Independent Schools Athletic Association (NYSAISAA). Collins entered the contest seeded third, but her explosive throw vaulted her past her closest competitor by nearly a foot. She was the only Section 2 girl to win a Federation title.

Teammate Kirsten Alling had another outstanding day, winning medals for 6th in the NYSPHSAA and 8th in the Federation in both the weight throw and shot put. Her weight throw of 43' 8 3/4" was a personal record

and her shot put of 35' 5" was only 6 1/2" inches off her best. Alling's performances were particularly noteworthy given that she entered the State meet seeded 15th in the weight throw and 16th in the weight throw.

Collins and Alling went on to participate in the championship division of the Nike Nationals at the Armory, in New York City, on March 10th. They end the regular indoor track and field season as the top two most accomplished throwers in Section 2.



Help Wanted

APPLICATIONS BEING ACCEPTED

The Town of Jackson Highway Department is seeking applicants for a full-time year-round permanent position.

Potential candidate must have a minimum of a Class B CDL. Snow plowing and over time is a must. Mechanical abilities and equipment operator skills a plus.

Must be able to work with the public and be a team player.

Competitive pay, health insurance package, paid holidays, paid time off.

Interested parties may pick up an application at the Town of Jackson Highway Garage during normal business hours. For further information, please contact the Highway Superintendent Sean Carney at (518)677-3678.



Tap into the natural sweetener

Upper Hudson
Maple Producers
ASSOCIATION

‘Bacon Hill’ premiere

The Saratoga County History Center has announced the forthcoming release of their latest documentary, *Bacon Hill, a Forgotten Crossroads*. The program showcases the rich history and plans of the Bacon Hill farming community in the eastern Saratoga County town of Northumberland through the eyes of three generations of residents.

The documentary will have its first screening at a special event for History Center members on March 30th at 7 pm, which will take place at the Brookside Museum in Ballston Spa. The premiere will be at the Bacon Hill Reformed Church on April 20th at 7 pm, followed by a second showing on April 29th at 2 pm at the Brookside Museum.

Those interested in attending these events can register through the History Center’s website at <https://brooksidemuseum.org/>. This documentary promises to be an engaging and informative look at the history and future of this thriving farming community.

“This is an ambitious project for the History Center,” said Field Horne, president of the History Center. “The documentary team has captured the essence of this historic crossroads and the people that continue to call this community their home.”

Jim Richmond, volunteer documentary director, is pleased with the outcome. “It was obvious that the people we interviewed were proud of their community and were full of optimism about the future there. We hope we were able to capture their enthusiasm.”

Jeff King, co-owner of Kings-Ransom Farm and King Brothers Dairy with his brother Jan, may have expressed this best. “I really valued growing up on a farm. I was really convinced that I had the best childhood ever.” Jeff King shared his experience with his son Johnathan, who returned to work on the farm following graduation from Cornell University.

Forgotten Crossroads – Bacon Hill has been made possible in part through funding secured from the Clear Echo Farm, King Brothers Dairy, King Wealth Management Group, Thomas Poultry Farm, Stonebridge Iron and Steel, Inc., and Welcome Stock Farm.

“This is an exceptional project that showcases the rich history and promising future of the Bacon Hill farming community. The dedicated team, led by Richmond and videographer David Waite, has invested hundreds of hours to produce a compelling and insightful documentary that truly captures the essence of this vibrant community,” according



Jeff and Johnathan King

to Horne. “This new documentary is only one example of the History Center’s ongoing commitment to preserving and sharing the region’s many stories.”

The SCHC’s series, “Forgotten Crossroads,” explores the history of bypassed communities in Saratoga County from the 19th and 20th centuries. Each episode highlights a different community and the stories of those still living there.

The first episode, released in April 2022, delves into the history of Rock City Falls in the town of Milton, a small hamlet located alongside Kayaderosseras Creek. Viewers can watch the episode on the SCHC’s YouTube channel.

The SCHC has announced its most significant commitment to showcasing the rich history of

Saratoga County. This multi-year, multi-platform initiative will explore every aspect of the county’s past, culminating in the opening of an immersive exhibit in the spring of 2023 at the Brookside Museum.

According to SCHC, understanding the history of Saratoga County is essential to appreciate the community’s present and future. “A greater Saratoga starts here,” the organization says, emphasizing the importance of this comprehensive focus.

The History Center will provide a range of innovative, exciting, and educational programs online and in-person across the county. For more information and program updates, interested individuals are encouraged to visit www.brooksidemuseum.org or follow the Center on Facebook or Twitter @SaratogaCo-History.