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and The Salem Press

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24 FULL-SIZE PAGES!
MAY 16-31, 2023



NEW SCHOOL HIRE 7



STOP LITTERING 2



TUSKS 6

SOLVE 20

A park, and opinions

Both the town and village of Greenwich are working toward the first comprehensive plan for the region in decades. They've been holding public input sessions, including one that took place at Hudson Riverside Park on May 13.

Please read more on page 3



Princess pride

The Washington County Dairy Princess program started in 1966 and has always had young students wanting to represent.

Please read more on page 6



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That's garbage!

Kate Sausville
Journal & Press

There are so many joys to driving around our country lanes this time of year. The sun is shining, the birds are singing, the trees are starting to bud, the wildlife frolicking, and a...is that a couch? How did a couch wind up in the middle of nowhere, you might ask. One of the lesser known hazards of rural life is the illegal dumping of household trash on low traffic roads. Occasionally you may notice "No Dumping" signs nailed to trees or poles. As more people move this way, areas that were once prime spots for leaving unwanted items are no longer there. That doesn't seem to stop people from leaving their stuff.

As a homeowner, I understand. It can be frustrating to have to store a broken chair or old bed. Clutter can wreak havoc on your mental health. You can try to get rid of the objects in a yard sale or on a garage sale site. You might even be able to put them to the curb for free. You would be amazed at what someone else will take. That said, if your item doesn't go within a couple of days, you will need to deal with it. Dumping items in rural, out of the way spots causes hazards for people and wildlife, and is unacceptable.

Part of the issue is the rise of cheap, poorly made goods. Fast fashion extends to all areas of our lives, from clothing, to furniture, to appliances, and vehicles. Furniture is no longer designed and manufactured with the idea it will be kept for a lifetime and even passed down. I recall the shock I had when our last clothes dryer died. We had only had it for a few years. When I approached a repairman, I was told it would be less expensive to just replace the machine. This is in stark contrast to my parent's harvest gold refrigerator from Sears, which lasted for over 30 years. My mother came to hate that fridge, but at least she got her money's worth.

I will admit to being a part of the problem. I know that certain brands are more worthwhile to invest in. They are usually locally produced, and have some parts made by hand. But these tend to be priced higher than other brands, so I balk at paying the higher cost and go with the cheaper option. Typically the item breaks irreparably after limited use, making another purchase necessary. This

brings forth another issue, according to the EPA, the amount of garbage each person in the country produces is 4.9 pounds each day. That's nearly 150 pounds each month, and almost 2,000 pounds per year. Goods that are not made to last add greatly to the amount of waste in our environment.

Garbage is not something we love to talk about. But it's a topic that needs to be discussed and addressed. While we have been told to "Reduce, Reuse, Recycle," it seems that we are doing just the opposite. Consumerism has become synonymous with patriotism. Keeping the economy going, one purchase at a time. Maybe it's time for a different approach.

We can start with reducing the amount of stuff we buy each year. Maybe instead of cheap plastic items that hardly last a season, we can invest in sturdier, well made things that last years. Or not buy them at all. Stop shopping out of boredom or just as something to do. We are fortunate to live in an area that offers a lot of different entertainment options, from the great outdoors, to theater, and con-

'Stop shopping out of boredom or just as something to do.'

certs. Besides, do you really need an item that says "Live, Laugh, Love" or "Blessed" on them? No one needs that.

The next step is to reuse. Quality items can be used for many years, and passed down. Clothing and shoes can be repaired. Clothing that becomes too damaged to reuse can be turned into pet bedding or rags. Before you go shopping, make sure you don't already have a similar item, or see if you can borrow it from a friend. If you need to buy something, consignment or thrift stores may have what you need.

Recycling gets a bad rap, mostly because studies have shown that very little of what we send to be recycled, is actually recycled. This



Along Thunder Mountain trail -nate joy photo

is where being a conscious consumer will come in handy. Instead of buying items in plastic, buy them in glass or metal.

If what you purchase only comes in plastic, look for creative ways to use the object after the initial product is done. There are tons of ideas on the internet to help you with this. Or, even better, visit your local library and ask them to help you find a good book with instructions.

If you do have old items that you just don't know how to get rid of, check with your local municipality for advice. A local non-profit agency may be looking for furniture and some will even arrange a pick up. Schools, libraries, or assisted living facilities may take gently used items. Ultimately some items will have to go to the local dump. It may take some leg-work on your end to figure out how to get rid of your old things, but it's better than skulking around a backcountry road and illegally leaving your junk for others to deal with.

Kate Sausville is a resident of Greenwich.



The Larger Picture

Clouds

Teresa King
Journal & Press

As a child, I remember lying on the grass watching the clouds in the summer. It was fun when I discovered images of animals in them. If you watch them long enough, you will see that clouds seem to be in constant motion, changing shape as they move across the sky. They are definitely at the mercy of the winds.

I see the nature of clouds as elegant wisdom for us mortals living on the earth. If we are willing to be reshaped when the winds of change come, we will be much more able to move forward with strength and grace. I have found that when I

have this mindset, it makes everything easier.

Since change is one of the few constants in life, it is to our advantage to learn how to bend with the winds. How do you see change? Do you go with it, do you fight it, do you do everything in your power to avoid it or do you embrace it as an adventure filled with brand new opportunities?

Sometimes we can be so locked into our thoughts of not wanting anything to change, that we may not realize that what has come has the potential to improve our life.

I invite you to take the next several days to observe yourself when something unexpected arrives. Try to do this without any criticism or self-judgment. Open to learn something new about yourself. Most of the time we are so focused



on doing what needs to be done, that we don't see ourselves in our own process and we completely overlook the larger picture. Consider the possibility that a new and fantastic adventure might be right around the corner for you. Enjoy!

Teresa King can be reached at teresaking1@live.com or <https://thelargerpicture.com>.



Seeking to update comprehensive plan

Samantha Simmons
Journal & Press

Members of the Greenwich community joined planners from LaBella Associates at Hudson Riverside Park on Sat., May 13, to discuss a timeline relating to a new Comprehensive Plan for the Town and Village of Greenwich. As it currently stands, the Town's current plan has not received any updates since 2004, and the Village does not have a plan.

A comprehensive plan provides a vision and guidelines that are relevant to current and future uses and needs of an area. The joint plan will also provide guidance to what will be prioritized when investing in the physical, environmental, and economic future of the Village and Town, according to the Town's website. The municipalities have decided to work together because they recognize their goals are interconnected, the site adds.

Laid out on tables, for those in attendance to markup, were draft infrastructure recommendations where people could check off their support level for each recommendation and provide comments. Most sheets were filled with fully marked "strongly support" boxes but had comments suggesting more information and to fix problems already existing in the community instead of addressing new ones.

Norabelle Greenberger is the project manager and represents LaBella Associates. She said this is the first time the community has seen potential plans and hopes that they will provide thoughtful feedback as the planning stages ramp up.

Don Ward, an attendee to the meeting and former Town Supervisor, said, "There's lots of questions to be answered." During a Q&A early in the meeting, many attendees questioned the contamination of some areas like the Hudson Riverside Park. Planners said the land at the park has not been tested, but they believe there to be no contamination risks. Ward said at the park's time of purchase, the Town Board did not follow proper procedures and no inspection of the land was completed, and he believes dips in the land are old foundations.

Other complaints concerned the walkability of Greenwich citing that a safe and connected bike loop and improvements to sidewalks are necessary. Concerns for funding was also raised during the town meeting vetting the cost to taxpayers. Planners said

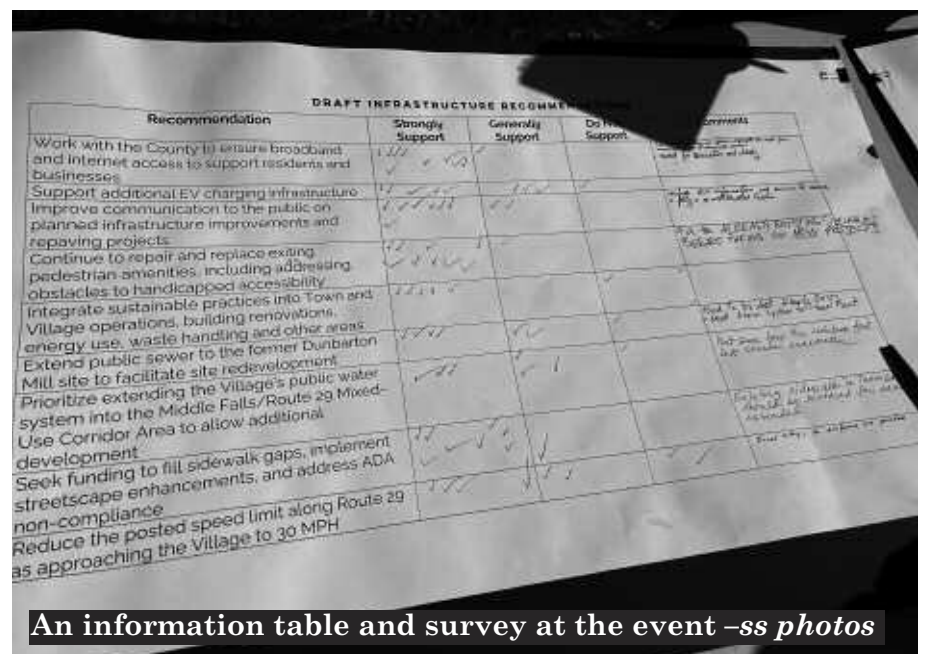


grants and funding have been discussed but no plans will be made until after a final plan is released.

A Project Advisory Committee (PAC) has been meeting bi-monthly since July 2022 to ensure progress is being made. Sarah Tuttle, a Village Zoning Board of Appeals member and committee member to the PAC, said issues outlined in the plan are updates to the community, solar farms and increased development. The committee also serves as a buffer between government and community to ensure residents that unwanted projects are not implemented. She also said that with updates to zoning regulations, there will be a give and take system that would require certain needs to be met before development could begin.

Kyle Hatch, a planner with LaBella Associates said, "This community won't outright oppose ideas, they will revise them."

According to planners, the Comprehensive Plan will provide updates to zoning regulations throughout the Town and Village as well as improvements to agriculture, housing, and parks. Planners said they have been met with generally supportive attitudes from members of the community, but they still lack answers to some questions.



An information table and survey at the event -ss photos

Barbara Price attended the Saturday afternoon meeting and said planners have been obtaining opinions from array of individuals including local high schoolers, which she said is important because it allows the younger generation to be interested in the future of their community. Price added, "Varying opinions make for a successful plan."

More public meetings will be set to allow residents to provide more feedback before the plans go before the Town and Village boards. Further plans are set to be made this summer with a full plan to be seen in the fall.

Community members who were unable to join the meeting have an opportunity to provide feedback to the planners and advisory committee on the Town and Village websites.

You're invited to our live podcast!

Greenwich Journal & Salem Press publisher Darren Johnson is going to host a weekly podcast aptly titled the Weekly Newspaper Podcast on Monday mornings starting May 22 at 9 a.m. in the Greenwich Free Library's Community Room. Coffee and maybe some food products will be available.

The May 22 show will be a pilot episode to work out the kinks and the format, but, if you're around town, stop by and maybe ask a question or two. The show will bring in guests and invite audience questions, talking about stories that appear in the newspaper and small-town journalism in general.

Because of the Memorial Day holiday, there will be no taping on May 29. So the May 22 show is your golden opportunity to attend the live podcast this month.

Updates will be on WeeklyNewspaperPodcast.com, once that site is built. We've bought the domain name. The show should also appear on all the popular podcast apps.

When Johnson isn't putting out this newspaper, he teaches journalism courses for local colleges. He's made podcasts before related to both journalism and comedy. He also had an online radio station devoted to 1980s alternative rock and New Wave music. During the pandemic, he stopped recording much of anything, so this is his first foray back into audio in over three years.

If you'd like to be a volunteer or guest on the show, write editor@journalandpress.com. Or just stop by on the 22nd! Don't be late. We'll start on time, trying to be professional, and all that...



Washington County needs a slogan!

Michael Levy
Journal & Press

Walking on Church Street in Greenwich recently, I observed countless Subaru Outbacks, also known as the unofficial state vehicle of Vermont, passing through the village to avoid our downtown business district while on their way to someplace else. I knew immediately they were Vermonters once I heard the clickety clack of their studded snow tires against the pavement. These are the same folks who learned in the schools of the Green Mountain State that 45 mph is lower than a posted speed limit of twenty-five, defying the laws of physics being taught elsewhere. Even without these strong indicators to tell me where they were coming from, all that I had to do was look at their front license tags that pronounced them as being "Vermont Strong."

"Vermont Strong" is a phrase that gained prominence in the aftermath of Tropical Storm Irene, which severely affected the area in 2011. Many towns and communities were heavily impacted, with homes, bridges, roads, and infrastructure damaged or washed away. The storm resulted in the loss of lives, displaced residents, and significant economic challenges for the state.

In the face of this disaster, "Vermont Strong" became a unifying slogan, expressing the strength, determination, and solidarity of



Vermonters as they worked together to recover and rebuild their communities. The phrase captured the spirit of resilience and the ability to overcome adversity, reflecting the state's tight-knit communities and their commitment to supporting one another.

The "Vermont Strong" motto was displayed on banners, signs, and t-shirts, and it became a symbol of pride for Vermont residents. It represented the collective effort to rebuild homes, repair infrastructure, and restore the state to its former glory. "Vermont Strong" continues to resonate with Vermonters and has been used in subsequent times of hardship or crisis.

Several other locales have adopted similar slogans or phrases to represent their resilience and unity in the face of adversity. Here are a few examples of their originality.

- "Jersey Strong" - After Hurricane Sandy struck the northeastern United States back in 2012, New Jersey was especially devastated. "Jersey Strong" became a rallying cry for residents as they worked to rebuild their communities and

support one another during the recovery process.

- "Boston Strong" - Following the tragic Boston Marathon bombing in 2013, the phrase "Boston Strong" emerged as a symbol of solidarity and resilience in the city of Boston, Massachusetts.

- "New York Tough" - The phrase "New York Tough" was used by then Governor Andrew Cuomo to convey the resilience and determination of New Yorkers in combating COVID. Hey, didn't he also say that "New York tough means New York loving," or something to that effect? How did that last one work for him?

What Washington County needs is a slogan that we can adopt to show that our community is resilient in the face of challenges and that by working together, we can overcome all obstacles that come our way. Here are two ideas to start this discussion. Please feel free to write to the Editor to get your suggestion published.

- "Washington County Robust."

This slogan conveys a message that the community is hardy, prepares for anticipated hazards, and can withstand and recover rapidly from disruptions.

- "Washington County: Resilient and United."

This slogan highlights the county's resilience and its determination to overcome challenges while emphasizing the collective effort needed to drive progress. It signifies the capacity of this community to bounce back from setbacks and to adapt to changing circumstances.

Let us work together to develop something that will serve as a rallying cry for our community to embrace challenges, support one another, and work towards a prosperous future for Washington County. Once we have a suitable slogan, the many artists in the area could come together and develop a distinctive insignia. And I will be the first to buy a shirt with this logo during a future Whipple City Festival. Just another random thought!

Michael Levy is a government manager residing in Greenwich. He is also a Commercial Pilot and a Ham Radio operator.



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Chapie says, "Don't miss Aviation Day at the Cambridge Valley Flying Club at Chapin Field during Balloon Festival weekend! Saturday, June 3rd (rain date: Sunday, June 4) Can't wait to celebrate with flying, food, fun, and friends!"

An all-inclusive opportunity for students

Schuylerville CSD recently announced the launch of Special Olympics Unified Sports, an opportunity for students that will promote social inclusion and offer athletic and competitive experiences at a regional level.

The program's first home basketball game will be Thursday, May 18, at 4:30 p.m. vs. Glens Falls at the Schuylerville High School gym.

Unified Sports joins people with and without disabilities on the same team, with an origin inspired by a simple principle: "Training together and playing together is a quick path to friendship and understanding."

Students with limitations in adaptive areas (players) will be paired with other Schuylerville High School students (partners) on the court during play. The season will be a collective effort among faculty, staff and students.

Superintendent Gregg Barthelmas said: "Unified Sports is a collaboration between Special Olympics and the district. It has been a part of local districts for years, but our interest was shut down due to COVID-19. The program provides an opportunity for our regular education students and our students with special needs to continue to get involved with each other. This is something that all of our students and

staff do well in the Schuylerville school district. It's an exceptional opportunity."

He said the idea for the program came from two special education teachers and a former basketball coach.

So far Schuylerville has seven players and 18 partners, when their schedules allow it. Along with basketball, Unified Sports will also offer bowling.

They are a part of the Foothills League, which consists of 14 teams. The North conference includes Lake George, Granville, Queensbury, Glens Falls, South Glens Falls, Hudson Falls, Hadley Luzerne, Corinth and Schuylerville. The South conference is Gloversville, Amsterdam, Scotia Glenville, Fort Plain and Broadalbin Perth.

Barthelmas said that the Schuylerville community has really embraced this program. "It's been extremely positive," he said. "They love it and love the fact that it's an all-inclusive opportunity for our students."

He said that the game on May 18 should see a full house:

"An experience that you will never forget," he said. "It is ex-

Schuylerville CSD launches Unified Sports!

PACK THE HOUSE FOR THE FIRST HOME GAME!

Thursday, May 18, 4:30 p.m.

Schuylerville High School
Gymnasium



A district poster

tremely fun and the support from everyone is unprecedented. Everyone is excited for the athletes participating."

Head Coach Chad Jorgensen said: "Thank you to Leigh Howard and the support she has given from the Special Olympics, and

the help and support from the other teams in the league. This is a rare opportunity for fans to support all of the athletes on both ends of the court. Unified Sports brings about a great sense of community and kindness for all."

—DJ

Leslie Peck art

Leslie Peck's art will be on display June 2 to June 27 – opening reception Friday, June 2, 6-8 pm – at Valley Artisans Market's "Small Gallery," 25 East Main Street (Rte 372) Cambridge. The public is invited.

Gallery hours at VAM are Wednesday - Sunday 10 am - 5 pm. For more information, please call Valley Artisans Market at 518-677-2765.



Abate's Sigma honor

This spring at SUNY Geneseo, Thomas Abate of Greenwich (pictured left) was inducted into Sigma Pi Sigma, the honor society for physics and astronomy. Sigma Pi Sigma, founded in 1921, is the oldest honor society for physics and astronomy in the United States.

Abate is a 2020 graduate of Greenwich Central High School. He is a rising senior at SUNY Geneseo and is double majoring in Applied Physics and Mathematics.



Whiskey River concert

On Sat., May 27, 7 p.m. Little Theater on the Farm presents Whiskey River. Whiskey River members are Joe Gero-lead singer and guitar, Jim Thompson-lead guitar and vocals, Lance MacIntosh

bass and vocals, Bob Tressler-drums. Little Theater on the Farm is located at 27 Plum Rd. Fort Edward. Recommended donation, adults \$12, students and seniors (60+) \$9. For info call 518-747-3421.

Cleaning up Wiawaka

Students from Greenwich High School volunteered to help Wiawaka with spring clean up. Thirty-three students attended the spring clean up on Friday, May 12th to help prepare Wiawaka for summer guests. Students also had the opportunity to tour the grounds and enjoy lunch by the lake.

Located in Lake George, Wiawaka is the oldest and continuously run women's retreat center in America and was created for and by women in 1903. The center has a long and fascinating history that was built on the foundation of women helping other women. More information can be found at <https://wiawaka.wordpress.com/>.



Dairy Princess finalists named

Current Washington County Dairy royalty, including Princess Alyce Harrington of Salem and Alternate Princess Kathryn Campbell of Greenwich, are ready to pass on their sashes and crowns to the next generation. They were selected in June 2022 and will complete their terms when the new Princess and team are selected on June 4. The ceremony will be at 2 p.m. at the Greenwich Elks Lodge.

To be a Dairy Princess, applicants must be at least completing their sophomore year in high school and under 22 years of age with a connection to and passion for the dairy industry.

Local organizers say Princesses “must have a passion for promoting the dairy industry. Strong candidates have knowledge about the dairy industry, can interact with the public and serve as positive role models for the industry.”

They added: “They represent the Washington County dairy industry at parades, speak to the Washington County Board of Supervisors about the importance of the Washington County dairy industry, conduct school programs, speak at the opening ceremonies of the Washington County Fair, coordinate the fair booth, the milking contest, the dairy bar and pass out the ribbons. The princess and team create social media posts and write news articles including the key messages that milk is a complete nutrient package, that dairy farmers have a commitment to taking good care of their cows and that environmental stewardship is very important while producing a quality product.”

Harrington said she has found the role very fulfilling: “I’ve enjoyed promoting the Washington County dairy industry since I was a little girl. I plan to follow my passion and continue with a career in the dairy industry,” she said.

Campbell added: “Over the course of eight years, I have had the honor of helping the Wash-

ington County Dairy Princess team promote the dairy industry. I hope my actions and commitment to the program will encourage young girls to follow in my footsteps. I plan to continue to inspire my community in my future career.”

Shania Danio, former Alternate Washington County Dairy Princess, said that the role helped her develop new skills. “The Washington County Dairy Princess helped me realize that public speaking wasn’t so scary,” she said. “Joining the Washington County Dairy Princess team as an Alternate Dairy Princess helped me grow networks with the public and allowed me to cultivate a road for youth to be able to represent Washington County Dairy Farmers. It has also helped me better interact with my clients in my current field as a Veterinary Technician.”

The first Washington County Dairy Princess was Norma Allen Rapp in 1966. There has been a princess every year since then. Washington County is apparently blessed with a team of young people with a passion for promoting the dairy industry. The team consists of the Princess and her Alternates as well as the younger Dairy Ambassadors. Currently, there are over 40 Ambassadors.

Washington County welcomes both males and females into the program. The program has had several male Ambassadors but never a male leading the team. When they do, they can choose to be called the Dairy Prince or Dairy Ambassador.



The current Dairy Princess team

The pageant coming up has six candidates. They include:

- Lexus Reynolds of Hartford
- Anna Maxwell of Salem
- Reagan Gebo of Hartford
- Alyssa St. Mary of Greenwich
- Serena Drost of Greenwich
- Allison Chuhta of Greenwich

The candidates will be interviewed by a team of three judges. The candidates will present a prepared dairy-related speech and answer an impromptu question. The event is free and open to the public. Reservations are requested by going to the Washington County Dairy Princess Facebook page and clicking on the link. It’s at fb.com/washingtoncodairyprincess.

-DJ

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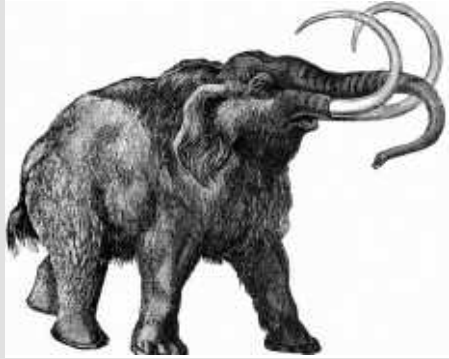
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A mammoth lecture

Come see the 13,000 year old Warren County Mammoth Tooth and hear about all the prehistoric animals that use to roam what is now Warren County at the Warren County Historical Society on May 17 at 7 PM.



Dr. Robert S. Feranec, currently the Director of Research and Collections, and Curator of Ice Age Animals, at the NY State Museum in Albany will be featured speaker. His current research is focused on understanding how ecosystems assembled in New York State after the Ice Age.

Kindness puppets to visit


Vermont-based nonprofit Vermont Family Network’s Puppets in Education program is partnering with MAG Chevrolet of Greenwich to support a day of Kindness & Stress puppet presentations for Greenwich Elementary School on Thursday, May 18th, 2023. The group reports that they are excited to be back to in-person puppet presentations.

Puppets in Education puppet presentations for Greenwich Elementary School on Thursday, May 18th, 2023 include “Kindness & Stress Puppets” shows:

9:35–10:10 Grade K; 10:25–11:00 Grade 1; 11:15–11:50 Grade PK; 12:50–1:25 Grade 2, and 1:30–2:05 Grades 3&4.

“MAG Chevrolet of Greenwich is a generous supporter for New York, and they believe resolutely in the importance of community stewardship,” said Master Puppeteer Kate Williams.

Puppets in Education is in its 41st year serving over 10,000 children and adults annually with programs addressing many societal concerns, including bullying, abuse, mental health, disability awareness, anxiety, drug use and other topics. Puppets in Education is a program of Vermont Family Network, who empowers and supports all



Vermont families of children with special needs.

For more information: www.VermontFamilyNetwork.org.

Greenwich CSD adds new director

Greenwich Central School District has selected Brionna Whitman as its new Director of Pupil Personnel Services. Whitman will begin on July 1, 2023. Whitman is currently the Director of Special Education for the Hoosic Valley Central School District, where she has served since 2021. She began her career as a school psychologist at Schenec-

tady City School District's Mont Pleasant Middle School and then Saratoga Springs City School District's Maple Avenue Middle School. Her role and responsibilities grew at Saratoga Springs CSD to include elementary Coordinator of Special Education and elementary Committee on Special Education Chairperson.

Whitman earned a Bachelor of Science degree in psychology from the State University of New York at Oneonta and a Master of Science degree in educational psychology and methodology from the University at Albany.

"I believe strongly that in every school, each student deserves a fair chance to succeed, and I am excited to help bring about positive change for the students, staff, and families in Greenwich CSD," said Ms. Whitman.



Bugs and plants near you!

Visit the Easton Library on Thursday, May 18th at 6:00 PM to hear Howard Romack (pictured) provide an up-to-date educational program about the various non-native plants and insects now threatening Washington County and the Northeast. You may be familiar with some of these in your backyard. Romack has committed his life to a cross-disciplinary approach to research, environmental education and other "real-world" experiences.

The Easton Library is located at 1074 State Route 40, Greenwich. Dial (518) 692-2253 to learn more.



Congrats, Rhiley!

Rhiley Sausville was invited to perform with the wind ensemble at Schenectady County Community College. The performance took place on May 5. The wind ensemble is a group of college students, alumni, and community members. Rhiley will be attending Schenectady County Community College in the fall, majoring in music performance.



See the photo winners

Winning photographs from Battenkill Conservancy's "Show Your Love for the Watershed" Photo Contest will be exhibited at the "Battenkill Runs Through It" River Festival that takes place on Saturday, May 27th at the Battenkill Riverside Park in Greenwich, New York. The open photo contest encouraged amateur photographers to submit photos showing their love of the Battenkill. All submissions were considered for inclusion in a new information kiosk to be installed at the Schmidt Meadow Preserve in Jackson, NY.

A wide variety of entries depicting both active and passive scenes and spanning the winter and summer seasons were submitted for consideration

by area residents from throughout the watershed. A panel of professional artists and photographers from the area were asked to choose their top five photographs. The top photographs are being reproduced and enlarged for display & sale at Battenkill Conservancy's annual river festival. The exhibit is an example of how the river's natural beauty offers the public more than just the obvious recreational opportunities of swimming, kayaking or fishing. By encouraging people to capture the beauty of the watershed through the lens of a camera, BkC is hoping even more of us will be inspired to preserve and protect the health and beauty of the river every day.

Celebrate trails with a hike

Come celebrate National Trails Day and the 200th anniversary of the Champlain Canalway Trail with "Moove Your Way Trails Day" on June 3, 2023, at Mullen Park in Fort Edward from 10AM - 2PM. (Rain date: Sunday, June 4th).

The Champlain Canalway Trail is a non-motorized, multi-use, recreational trail running next to the Champlain Canal. The Champlain Canal opened in 1823, connecting the Hudson River with Lake Champlain and all points north in New York State, transforming commerce and tourism for this region.

The event will kick-off at 10am with local historian, Jim Bennifield, sharing fun facts about the canal.

A guided ride then begins at 10:30am. Bikes and helmets are required for the ride. Pre-registration for the guided ride is recommended. Visit www.washingtoncountyny.gov/1235/Moove-Your-Way-Trails-Day to find the link to register for the ride. Day-of registration will also be available at the gazebo.

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Pet project

In celebration of the unveiling of their new outdoor Dog Library, Greenwich Free Library will host "Books, Barks, Brews, and Meows" on Saturday, May 20th from 12pm to 2pm.

The event will feature adoptable dogs from Lucky Puppy Rescue, cats from Salem's Community Cats, and beverages for purchase from Argyle Brewing Company. Snacks and other beverages will be available

as well. This event is all ages and patrons are welcome to read stories to the adoptable dogs and cats.

The Greenwich Free Dog Library will be a take-a-toy, leave-a-toy lending library for furry friends and will be located on the yard behind the library.

The Boomerang Book Sale hosted by the Friends of the Library will also be open on Saturday, May 20th from 10am to 1pm.



Welsh photographer at Slate

The Slate Valley Museum will soon welcome back visitors for a new season of activities, and when its doors open, it will also open a new special exhibition featuring stories from across the Atlantic.

This year, the museum will present "Quarrymen," an exhibition curated by Welsh photographer Carwyn Rhys Jones. Previously on view at the National Slate Museum and other venues in Wales, this special exhibition is comprised of a short documentary and photography stills. It features Jones' creative use of double exposure in photography – representing the human subject and textures and images connected to their life stories – and a video documentary. The resulting presentation offers rich, layered visual storytelling as well as film footage that

captures the stories of quarrymen who once worked in the quarries of Northern Wales. Viewers see those stories both through the eyes of the artist and in the quarrymen's own words.

Jones became captivated by the slate industry during his time in university. He began with photography that focused on the landscape, how industrialization had changed it, and the new landscape that came to be as a result. "The natural next step was to look at the people of the quarries," explains Jones. "I am very interested in people and their stories. Everyone has a story to be shared."

Jones is traveling to the United States and will be at the Slate Valley Museum to participate in the exhibition's opening events. The museum will hold a preview reception for

"Quarrymen" on Friday, May 19 from 7-9pm. "Quarrymen" will open to the public in conjunction with the museum's spring reopening celebration on Saturday, May 20. Jones will offer a curator's talk and discussion program at 10am to kick off the day. Light refreshments will also be available in the morning. The cost to attend the preview reception is \$15. The cost to attend the Saturday curator's talk is \$10. Free admission for museum members. The exhibition will remain on view through November 4 of this year.

Jones is a photographer from North Wales. Learn more about him and see more of his work on Instagram at [carwynrhysjones](https://www.instagram.com/carwynrhysjones). You can also follow him on Twitter.



Cleanup

The evening of Wednesday, May 10th, members of the Greenwich Democratic Committee participated in their spring Adopt-A-Highway program cleanup along Route 29 in Greenwich. The committee would like to thank Joseph Hansen of the Department of Transportation for facilitating this community program.

Pictured: Sharon Kruger, Judy Doonan, John Tedder, Tom Mattone, Chris Dungan, Suzanne Cohen and MaryLou Stern (Dennis Derby not shown).



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Greg Schwem
Special to Journal & Press

Hello and thank you for applying for the open position at WE KNOW EVERYTHING, the world's leading web design, development, and digital marketing company. You have been invited to take a skills assessment test so our executives can focus on your abilities, giving all candidates an equal opportunity to shine.

In other words, we'd rather a computer make the final decision as opposed to interviewing candidates ourselves, even though we may be working alongside you for years to come. Besides, we recently scaled back to a two-day workweek, and we are all out of the office, working on our mental health everywhere from Aspen to Ibiza.

The assessment will take approximately 67 minutes and requires a webcam, so we can watch you agonizing over whether to choose "A," "B," "Neither A nor B," "A and possibly B" or "Cannot be determined," knowing that choosing incorrectly could keep you unemployed in this ridiculously tight job market. But, if you score well, there is no way your resume will be overlooked. At least that's what the sales rep said when he sold us this assessment software.

You will be answering a series of questions designed to showcase your leadership and management skills. First, let's do a practice question.

Read this statement thoroughly: How would you sign your name on official documents?

- A. My first name, followed by my last name
- B. Somebody else's name

Now let's begin the actual test.
"You manage a sales team. Adam, a team member, has been regularly showing up late for work, reeks of cannabis and bourbon, and ignores tasks that are part of team projects. You have received several complaints from other team members about Adam's behavior. What do you do, knowing this is 2023 and Adam could sue for wrongful termination?"

A. Tell the team Adam just kind of "looks" like a guy who is probably going through a divorce and to give him some space.

B. Ask Adam if putting a bottle of Maker's Mark in the breakroom could help improve his performance.

C. Even though all employees get unlimited paid time off, tell Adam that, as of today, he is getting a raise so now he'll make even more for not showing up at work.

D. Say, "This sounds like an issue for HR."

"One of your direct reports who has been at the company for five years recently admitted she has not received as much training and career-advancement opportunities as she would have liked over the last 12 months. She feels she may need to look for a new job in order to grow. What should you do?"

A. Find available training programs in the company to help her learn something new.

B. Begin referring to her as "Miss Smarty Pants" in group chats.

C. Ask her to be "patient" without defining what "patient" really means.

D. Say, "This sounds like an issue for HR."



"You have a truly kick ass idea for a rebranding strategy, although we try not to say 'ass' at WE KNOW EVERYTHING as it is offensive to some of our 'posteriorly challenged' employees. Nevertheless, how should you communicate this idea with the leadership team?"

A. Email, text, ping, follow up email.

B. Text, ping, email, follow up ping.

C. Ping, ping, ping, ping.

D. Text, "This sounds like an issue for HR."

Sixty-seven minutes later...

"This concludes the leadership and management skills test. We will contact you within the next week with your results."

Forty-five seconds later...

"We regret to inform you that, because you missed one question, you have not been selected for this position. While we are sure you would be an incredible asset to the WE KNOW EVERYTHING team,

the computer disagrees; and who are we to argue with technology?"

"Please subscribe to our mailing list so you can stay up to date on other career opportunities. However, you will be required to take this same assessment test again. That's just the way we roll.

"If you feel this test does not accurately represent your skill set, take it up with HR.

"We are late for our team building event in Ibiza."

Greg Schwem is a corporate stand-up comedian and author of two books: "Text Me If You're Breathing: Observations, Frustrations and Life Lessons From a Low-Tech Dad" and the recently released "The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian," available at Amazon.com.



Hudson Crossing dinner

Hudson Crossing Park announced the return of its annual fundraising dinner, Banquet by the Bridge. Banquet by the Bridge is a celebration of community that helps ensure that Hudson Crossing Park is able to continue to serve as a unique educational and recreational resource for the region.

The event is at 6:30 p.m. on Thurs., June 15. Get tickets at HudsonCrossingPark.org.

Held beside Hudson Crossing Park's historic Dix Bridge, which formally joins Saratoga and Washington counties and bridges communities on both sides of the Hudson, the evening features a pre-dinner cruise along the Champlain Canal for Honorary Committee Members and sponsor guests and wine and dessert for all on the bridge after dinner.

Celebrating all that our region has to offer, the heart of the evening will be the presentation of Hudson Crossing Park's Third Annual Sunshine and Seedling Awards. Honorees are Assemblyperson Carrie Woerner and Teagan Wright, a graduating senior from Greenwich Central School who has just begun demonstrating her leadership capacity.




Dix Bridge

If you don't subscribe, who will?

As you're probably aware, the climate for small-town newspapers like this one isn't good in most parts of the USA. And it's becoming harder and harder for us to rely on local retailers to sell newsstand copies for us. Why not subscribe — and save 25% by doing it online via www.JPSubs.com. Your subscription will help this paper continue to cover our local towns and villages.

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Legal Notice

NOTICE OF PUBLIC HEARING, BUDGET VOTE AND ELECTION

GREENWICH CENTRAL SCHOOL DISTRICT

NOTICE IS HEREBY GIVEN, that a public hearing of the qualified voters of the Greenwich Central School District, Washington County, Greenwich, New York, will be held in the High School building in said District on Monday, May 8, 2023, at 6:00 p.m. prevailing time, for the presentation of the budget.

NOTICE IS HEREBY GIVEN, that a vote will be taken of all those qualified to vote at School District Meetings in said District at the Greenwich Primary School Building, Greenwich, New York, on Tuesday, May 16, 2023 and the polls will be open from 8:00 a.m. E.S.T. until 8:00 p.m., E.S.T.; at such time the voters of the District will vote upon the following matters:

ANNUAL BUDGET

To adopt the annual budget of the School District for the fiscal year and to authorize the requisite portion thereof to be raised by taxation on the taxable property of the District.

BOARD OF EDUCATION SEATS

- To elect one five-year term commencing July 1, 2023 and expiring June 30, 2028, to succeed Heather Mattison whose term expires on June 30, 2023?

PROPOSITION #1 - EQUIPMENT

SHALL the Board of Education of the Greenwich Central School District be au-

thorized to: (1) expand the purposes for which funds in the Capital Reserve Fund approved by the voters on May 17, 2022 may be expended to include the acquisition of school buses and vehicles; (2) acquire two school buses and one pick-up truck with plow, at a cost not to exceed \$380,000, which is estimated to be the maximum cost thereof; (3) expend such sum for such purpose, including the expenditure of \$220,000 from the Capital Reserve Fund; (4) levy the necessary tax therefore, to be levied and collected in annual installments in such years and in such amounts as may be determined by the Board of Education in accordance with Section 416 of the Education Law, taking into account state aid, trade-in values and the amount expended from the Capital Reserve Fund; and (5) in anticipation of the collection of such tax, issue bonds and notes of the District at one time or from time to time in the principal amount not to exceed \$155,000, and levy a tax to pay the interest on said obligations when due?

GREENWICH LIBRARY PROPOSITION

Shall the Board of Education be authorized to increase the appropriation to support the Greenwich Free Library from \$106,044 to \$112,535 annually?

EASTON LIBRARY PROPOSITION

Shall the Board of Education be authorized to increase the appropriation to support the Easton Library from \$45,190 to \$47,956 annually?

AND FURTHER NOTICE IS HEREBY GIVEN that a copy of the statement of the amount of money which will be required to fund

the School District's budget for 2023-2024, exclusive of public monies, may be obtained by any resident of the district during business hours beginning fourteen days before the vote, except Saturday, Sunday or holidays, during the hours of 8:00 a.m. and 4:00 p.m.

AND FURTHER NOTICE IS HEREBY GIVEN that petitions nominating candidates for the office of member of the Board of Education shall be filed with the Clerk of said School District at her office in the Middle Grade school, not later than Monday, April 17, 2023, between 9:00 a.m. and 5:00 p.m. Each petition shall be directed to the Clerk of the District and shall be signed by at least 25 voters of the District, must state the name and residence of the candidate and shall describe the specific vacancy for which the candidate is nominated.

AND FURTHER NOTICE IS HEREBY GIVEN that applications for absentee ballots/military ballots will be obtainable between the hours of 8:00 a.m. and 4:00 p.m. Monday through Friday, except holidays, from the District Clerk. Completed applications must be received by the District Clerk at least seven (7) days before the election if the ballot is to be mailed to the voter, or the day before the election, if the ballot is to be delivered personally to the voter. Absentee ballots must be received by the District Clerk not later than 5:00 p.m., prevailing time, on Tuesday, May 16, 2023.

A list of persons to whom absentee ballots are issued will be available for inspection to qualified voters of the District in the office of the District Clerk on each of the five (5) days prior to the election between the hours of 8:00 a.m. and 4:00 p.m. on weekdays prior to the day set for the annual election and on May 16, 2023, the day set for the election. Any qualified voter present in the polling place may object to the voting of the ballot upon appropriate grounds for making his/her challenge and the reasons therefore known to the Inspector of Election before the close of the polls.

AND FURTHER NOTICE IS HEREBY GIVEN, that the qualified voters of the School District shall be entitled to vote at said annual vote and election. A qualified voter is one who is (1) a citizen of the United States of America, (2) eighteen (18) years of age or older, and (3) resident within the School District for a period of thirty (30) days next preceding the annual vote and election. The School District may require all persons offering to vote at the budget vote and election to provide one form of proof of residency pursuant to Education Law Section 2018-c. Such form may include a driver's license, a non-driver identification card, a utility bill, or a voter registration card. Upon offer of proof of residency, the School District may also require all persons offering to vote to provide their signature, printed name and address.

AND FURTHER NOTICE IS HEREBY GIVEN, that pursuant to a rule adopted by the Board and in accordance with Sections 2035 and 2008 of the Education Law, any referenda or propositions to amend the budget, otherwise to be submitted for voting at said election, must be filed with the Greenwich Central School Board of Education at the Middle Grade Building on or before April 17, 2023 at 4:00 p.m. prevailing time; must be typed or printed in English, must be directed to the Clerk of the School District and signed by at least 25 qualified voters of the District; and must state the name and residence of each signer. However, the School board will not entertain any petition to place before the voters or any proposition for the purpose of which is not within the powers of the voters to determine, or any proposition which fails to include a specific appropriation where the expenditure of monies is required by the proposition.

Rachel Logan

District Clerk

Cambridge dinner

The chefs at the Cambridge Food Pantry ("Loaves & Fishes) have been planning for May's fundraising dinner. The menu will include the popular pulled pork, baked potato, coleslaw and homemade dessert, all for \$15. Dinners will be served on Saturday, May 20th from 4:30 to 6:30 p.m. at the food pantry located at 59 South Park St. in Cambridge, NY across the street from the school bus garage. Or they can be picked up at the same hours to take home to enjoy.

JOURNAL & PRESS

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'Tension and dynamism'

Historic Salem Courthouse Gallery presents "Susie Kane-Kettlewell/Evolution: Retrospective and New Art."



Opening reception: May 26 5-7:30 p.m. Show runs May 26 through

June 25.

Susie's work is non-representational images, now described as Late Modern, are the product of many years of observation, trial, error and experimentation since leaving the University of Ulster at Belfast, Northern Ireland where she studied Fine Art and received a Bachelor of Honors degree.

Prior to her studies at University, she was a watercolorist and finds that Alcohol Inks have a

similar quality of translucency allowing for constant toning of paint and expressionist depth creating an aura of tension and dynamism. Her new works are priced to sell.

A retrospective is like a story revealing a progression from one period to the next. All of this can be seen at this exhibition.



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Legal Notice

NOTICE OF ANNUAL MEETING, BUDGET VOTE AND ELECTION

ARGYLE CENTRAL SCHOOL DISTRICT

COUNTY OF WASHINGTON, NEW YORK

NOTICE IS HEREBY GIVEN, that a public hearing of the qualified voters of the Argyle Central School District, Washington County, Argyle, New York, will be held in the school library in said District on Tuesday, May 9, 2023 at 7:00 PM, E.D.S.T., for the presentation of the budget. The budget will be available for review on May 2, 2023 at the Argyle Central School.

NOTICE IS HEREBY GIVEN, that the annual meeting of the qualified voters of the Argyle Central School District, Washington County, New York, will be held in the atrium of the Argyle Central School in said District on Tuesday, May 16, 2023 at 8:00 PM, E.D.S.T., for the transaction of such business as is authorized by the Education Law.

AND FURTHER NOTICE IS HEREBY GIVEN that said vote and election will be on Tuesday, May 16, 2023 between the hours of 12:00 PM (Noon) and 8:00 PM, E.D.S.T., in the atrium at Argyle Central School, at which time the polls will be opened to voting by ballot upon the following items:

1. To adopt the annual budget of the School District for the fiscal year 2023-2024 and to authorize the requisite portion thereof to be raised by taxation on the taxable property of the District.

2. To elect one (1) member of the Board for a five (5) year term commencing July 1, 2023 and expiring on June 30, 2028 and to succeed Rodney Saunders, whose term expires on June 30, 2023.

3. To appropriate monies to the Argyle Free Library and to authorize the requisite portion thereof to be raised by taxation on the taxable property of the District.

4. To determine if the Board of Education be authorized to establish a Capital Reserve Fund pursuant to §3651 of the New York Education Law in an amount not to exceed

\$900,000, with a probable term of ten (10) years, for the purpose of financing the

construction, reconstruction and renovation of school district buildings, facilities

and sites, and the acquisition of furnishings, equipment, machinery or apparatus

for use in such buildings and sites, with such Capital Reserve Fund being funded

with (i) year-end budget surplus funds known as unassigned fund balance, as

available, (ii) transfers of excess monies from Board of Education reserves, (iii)

amounts from budgetary appropriations from time to time, and (iv) State aid

received and made available, all as permitted by law, as may be determined from

time to time by the Board of Education.

AND FURTHER NOTICE IS HEREBY GIVEN that a copy of the statement of the amount of money which will be required to fund the School District's budget for 2023-2024, exclusive of public monies, may be obtained by any resident of the District during business hours beginning Tuesday, May 2, 2023 at the Argyle Central School.

AND FURTHER NOTICE IS HEREBY GIVEN that petitions nominating candidates for the office of member of the Board of Education shall be filed with Clerk of said School District at her office in the School, not later than Monday, April 17, 2023, between 8:00 AM and 3:00 PM. Each petition shall be directed to the Clerk of the District and shall be signed by at least twenty-five (25) qualified voters of the District, must state the name and residence of the candidate and shall describe the specific vacancy for which the candidate is nominated, including the length of the term of office and the name of the last incumbent.

AND FURTHER NOTICE IS HEREBY GIVEN that applications for absentee ballots (where applicable) will be obtainable between the hours of 9:00 AM and 3:00 PM Monday through Friday, except holidays, from the District Clerk. Completed applications must be received by the District clerk at least seven (7) days before the election if the ballot is to be mailed to the voter, or the day before the election, if the ballot is to be delivered personally

to the voter. Absentee ballots must be received by the District Clerk not later than 5:00 PM, prevailing time, on Tuesday, May 16, 2023.

A list of persons to whom absentee ballots are issued will be available for inspection to qualified voters of the District in the office of the District Clerk on and after May 12, 2023, between the hours of 9:00 AM and 3:00 PM on weekdays prior the day set for the annual election and on May 16, 2023, the day set for the election, and said list will be posted at the polling place at the election. Any qualified voter present in the polling place may object to the voting of the ballot upon appropriate grounds for making his/her challenge and the reasons therefore known to the Inspector of Election before the close of the polls.

AND FURTHER NOTICE IS HEREBY GIVEN, that the qualified voters of the School District shall be entitled to vote at said annual vote and election. A qualified voter is one who is (1) a citizen of the United States of America, (2) eighteen years of age or older, and (3) resident within the School District for a period of thirty (30) days next preceding the annual vote and election. The School District may require all persons offering to vote at the budget vote and election to provide one form of proof of residency pursuant to Education Law 2018-c. Such form may include a driver's license, a non-driver identification card, a utility bill, or a voter registration card. Upon offer of proof of residency, the School District may also require all persons offering to vote to provide their signature, printed name and address.

KIMBERLY HUMISTON, CLERK OF THE DISTRICT

Plant Sale

The Cambridge Historical Society and Museum to hold it's much anticipated Annual Plant Sale fundraiser on the front lawn of the United Presbyterian Church in Cambridge near the traffic light at 81 East Main St., on Sat., May 20 from 8 a.m. to 5 p.m. There will be a display of potted plants, cemetery flowers, numerous hanging baskets, vegetables, ground covers and all manner of flowering plants. Proceeds raised at this event are crucial to maintaining the community's museum.

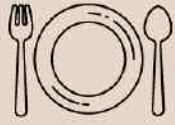
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D
A
R

Broken
Spur Band
Friday,
May 26th
8-11pm

THIRSTY
THURSDAY'S
Drink Specials
4-8:00pm



WCF celebrates small-town life

The annual parade and street fair celebrating the founding of Greenwich will be held on Friday and Saturday, June 16 and 17, under the sponsorship of the Greater Greenwich Chamber of Commerce. The theme for this year's Whipple City parade is "Small Town Pride," while the Saturday street fair is envi-

sioned as a "Block Party."

The parade will form in the Big Lots parking area at 5 p.m. on Friday, stepping off at 6 p.m. along Main Street, then onto Hill and Bleeker streets. Entertainment will be provided by Road House Rhythm and Blues in the Mowry Park gazebo immediately following the parade.

The parade will include dignitaries, floats, classic cars, fire trucks, horses, bands, and groups of local walkers. Chairing the parade this year is Rulyn Graves. Entry forms are available at whipplecityfestival.com or the Chamber info@greenwichchamber.org. The Chamber is seeking suggestions from the public for the parade grand marshal; nominations may be submitted to info@greenwichchamber.org. The grand marshal will select the best overall entry in the parade.



The "Block Party" is scheduled for Saturday, when Main Street will be closed from the light to John Street between 11 a.m. and 6 p.m. Businesses will be open, and a variety of vendors will line the street. Food vendors, along with family-friendly activities and games, will be set up in Wallie's parking lot and the adjacent green space. Music and food options will be available until 10 p.m. The festival will conclude with hometown favorite Eastbound Jesus performing. The community is encouraged to gather in a celebration of the warm and welcoming spirit of our small town.

The festival honors Job Whipple (1749-1822), owner of the earliest mills along the Battenkill and considered to be the founder of Greenwich.

Sweeten up your next BBQ with Pure Maple Syrup

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Upper Hudson Maple Producers Association

Keeping a sound soul

MaryAnne Brown
Journal & Press

Have you given up on God, left your church or temple, lost your faith or are you questioning what to believe? Before you skip to the next article or turn the page, fear not! This is not an attempt to convert you or urge you to join a congregation. Reading this will shed some light on how essential the fitness of our soul or spirit is to our wellness. Indeed, spiritual fitness is as fundamental to our wellbeing as health of body and mind. As you look more deeply into your spirituality, you will recognize some signs of a drooping spirit, and learn ways to cultivate a healthy spiritual life and strengthen the soul.

Think of our wellbeing as balancing on a 3-legged milk stool at the Washington County Fair. The legs symbolize the physical, mental, and spiritual parts of our wellness and health. If one of these legs is weak, uneven, or broken, it is never good for the milker and probably not very easy on the cow!

If we experience physical symptoms of a cold, we are congested, and may have a sore throat. With mental symptoms of anxiety, we feel jumpy or over-stressed. Our usual response is to fix things so the symptoms are more tolerable, and we can function. However, how do we know when our spiritual leg is weak and needs attention?

Do you often doubt yourself or lack self-confidence? Do you feel jealous, or suspicious? Do you have ongoing difficulties in interpersonal relationships? Have you withdrawn from loved ones and friends? Are you feeling lonely? Are you constantly seeking reassurance from others or is your thinking distorted? Although these may be regarded as mental health indicators, these symptoms actually impact the spiritual dimension of life.

Perhaps you are questioning your beliefs, you've lost your sense of purpose, you are feeling unsettled, restless, uneasy. These too may be spiritual warning signs that may be worth some attention and planning for self-care.

Whether you are an old soul, a troubled soul or a lost soul, countless studies show that it is not good to neglect one's spiritual life. While there are many tried and true options available in developing a plan of self-care, I find three practices nurture my spiritual wellness and keep me grounded: experiencing the beauty of nature, honoring the presence



of the Divine, seeking the companionship of other spiritual friends.

No doubt about it, the beauty of creation feeds the soul. Life is good when out in the woods or in a park. The senses are filled with an awareness of sacred sights, sounds, fragrances, textures and even flavors if a fresh berry or two should appear on the pathway. A mounting body of evidence has emerged that this nature walking or outdoor therapy or "Forest Bathing" has remarkable health benefits. The effects strengthen the immune system and reduce stress.

'Participating in church services boosts the immune system and can even add years to one's life.'

Another spiritual health practice is prayer and meditation. Prayer is an important part of a believer's life as it brings one to a deeper connection to the Divine. If you are non-religious and more secular, remember you, too have a spiritual dimension. You may feel more comfortable with a mindfulness meditation practice which focuses on awareness and breathing. It brings about a calmness and inner peace. Both prayer and meditation allow you to bring about a secure connection with God or with yourself.

One other practice for keeping spiritually healthy is being with like-minded compan-

ions. A 2023 Wall Street Journal National Opinion Research Center (NORC) report found that 29% of Americans cite they are not religious at all and 3 in 10 indicate they are unaffiliated with any religion. However, human neurobiology indicates that we are inherently social beings and no matter how independent we choose to be, our ability to thrive, grow and be stable is influenced by the company we keep. I like to think that many of the "Dear Hearts and Gentle People" in our hometown of Greenwich are kind companions who would contribute greatly to our spiritual fitness.

Did you know that studies continue to note that participating weekly in church services boosts the immune system, reduces blood pressure, and can even add years to one's life? The churches of Greenwich Interfaith Fellowship hope many from the community who are interested in growing a healthier body, mind and soul will join them in worship and in helping those in need. If we begin gathering together now, our wellness milk stool will be strong and fit in time for the County Fair!

MaryAnne Brown, RN, BSN, MA is a music minister at St. Joseph's Church and has a special interest in spirituality and health. She serves as the current President of Greenwich Interfaith Fellowship, Inc.



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References will be provided. To schedule an interview, call Nana at 347-893-1754 or 518-531-4204.

News From Local Churches

THE BOTTSKILL BAPTIST CHURCH

26 Church Street, Greenwich, NY
<http://www.bottskillbaptist.org/> or always on Facebook

Sunday Service - 9:15 am

Special Mother's Day Service will be held on May 14 with Rev Bruce Johnson presenting "The Value of a Woman" Romans 16, vs 1-16.

May Sunday School Schedule:

May 14- Mother's Day Bible Lesson (Part 2), Handing out flowers to congregation.

May 21-"Cooking With Jesus" Bible Lesson (Calling the First Disciples)- making fish shaped Rise Crispy Treats.

May 28 - Memorial Day Weekend - no Sunday School.

June 4 - Children's Day

May 21 -Dish to Pass Spring Brunch after the church service.

A Baptism and Reaffirmation of Faith Service will be held this Spring. If you are interested in being part of this Service contact Judy McClay, 518-692-2731

CENTENARY METHODIST CHURCH

1 Gray Avenue, Greenwich, NY
518-692-2560

<http://facebook.com/umcgreenwich>

Email: centenaryumngreenwich@gmail.org

Sunday Service - 9:30 am in person or online via Facebook

Daily Live Morning Devotion online via Facebook

Pastor Melissa Weatherwax, a native of Greenwich.

Sunday School youth gather with the congregation and then head to the classrooms in Fellowship Hall. Weekly coffee hours follow the service.

Other gathering opportunities include:

Mondays - Bell choir - 6 pm; vocal choir at 7 pm

Wednesdays - Bible study - 7 pm. People are welcome to participate whenever they can.

First Tuesday monthly - 1 pm - Women's Fellowship - women are invited to gather for food, fellowship, and faith.

Future scheduled plans include:

Now until Aug. 21-27 - preparing for the Fritter City Booth at the Washington County Fair,

September 16 - "Build a Bed" event in Mowry Park. We will be building beds and providing bedding for many needy children in the area.

EASTON FRIENDS MEETING

Contact Robert (Sunfire) Kazmayer

518-677-8934

www.quakercloud.org/could/easton-friends-meeting

North Meetinghouse (mid-September to June 23)

1778 State Route 40, Greenwich, NY

South Meetinghouse (June 30 to mid-September)

227 Meeting House Road, Easton, NY

Meeting Times:

Sunday - 11:00 AM

LAKEVILLE BAPTIST CHURCH

625 Rt. 49, Cossayuna, NY 12809

Mailing Address: PO Box 270, Argyle, NY 12809

lakevillebaptistny@gmail.com

Sunday Service: 11 am

ST. JOSEPH'S CHURCH

35 Hill Street, Greenwich, NY

518-692-2159

New Website coming

Pastor Rev. James Ebert

Sunday Mass - 10 am

St. Joseph's Choir - new voices are always welcome. Check in on Sundays.

May 24 - 6 pm - Women's Ministry - Monthly faith sharing group.

June 4 - 12 Noon - Church picnic hosted by Knights of Columbus.

June 11 - Monthly Coffee Hour following Mass.

June 18 - Blessing of All Who have fathered youth.

UNITED PRESBYTERIAN CHURCH

37 Salem St, Greenwich, NY

518-692-7746

<https://www.facebook.com/unitedchurchof-greenwich/>

Sunday Service - 10 am



ST. PAUL'S EPISCOPAL CHURCH

147 Main Street, Greenwich, NY

518-692-7492

www.stpaulsgreenwich.org

Rector Rev. Meaghan Keegan

Sunday Holy Communion - 10 am

St. Paul's Episcopal Church is a vibrant family, growing in Christ and committed to serving our community. This year has been a joy as we have welcomed several new members, restarted Sunday School and have worked together on numerous outreach projects. We have a core group of members who enjoy fellowship, Bible Study and prayer as we seek to grow in the knowledge and love of Jesus and love for each other. Our church is led by Rev. Meaghan Keegan and Terry Kelly serves as our music minister. In June we will welcome newly ordained deacon, Denny Keegan. Many of our members serve in various capacities to ensure the church is taken care of and continues in ministry. Our congregation includes a variety of wonderful people ages 2-86! It is a wonderful family of Christians, and we welcome visitors anytime!

Housing affordability still tough

Jill Schlesinger
Special to Journal & Press

If you want to see the effects of the Federal Reserve's interest policy over the past three years, look no further than the nation's residential real estate market.

In its effort to keep the economy afloat amid the pandemic, the central bank dropped interest rates to zero and purchased bonds. Accordingly, mortgage rates plummeted to all-time lows. As of the beginning of 2021, the average contract rate for a 30-year fixed rate mortgage tumbled to 2.65 percent.

Seeking refuge from crowded cities and untethered by physical workplaces, buyers flocked to the real estate market and prices jumped. The manic housing activity slowed throughout last year, as the Fed embarked on an aggressive rate hike campaign. As the central bank nears the end of its rate hike cycle and given the time of year, it's time to check in on the housing market.

Although activity may have bottomed, there are still problems that leave the residential market out of whack.

The first issue is affordability.

The Federal Reserve Bank of Atlanta maintains the "Home Ownership Affordability Monitor," which tracks components of housing costs to determine affordability. The variables are median home price, median income, prevailing interest rate, median monthly principal and interest (P&I) payment, total median monthly payment (including P&I, taxes, insurance, and private mortgage insurance), and annual total payment share of median income.

A home is considered "affordable" when total housing costs for a median priced home account for less than 30% of median household income.

In January 2020, just before the pandemic hit, the total payment as a share of income stood at 28.4%, a level that was considered "affordable." Three years later in January 2023, that share jumped to 38.6%. The combination of higher prices (\$341,667 in 2023 vs \$264,000 in 2020) and rising interest rates (6.1% in 2023 vs. 3.6% in 2020) more than dwarfed income gains (\$74,718 in 2023 vs. \$65,947 in 2020).

Another issue weighing on the market is a continued low level of

inventory. A massive number of homeowners refinanced their loans in 2020 and 2021, which means that they are sitting on affordable monthly payments. The idea of giving up rock-bottom mortgage is tough to swallow for all but those who can afford to purchase their next home with cash.

If you are considering jumping into the housing fray, the numbers can work, especially if you are in a high cost of living area where rent is expensive. To reduce the cost of carrying a home, consider an adjustable-rate mortgage, which decreases the amount of interest for a fixed period. These loans can work for those who will likely sell or refinance by the end of the period. Borrowers can also lower their payments by paying points to lower the loan's interest rate, either permanently or temporarily.

If you are staying put and want to make improvements that will make your current home more livable, the National Association of Realtors has found that the projects that bring the most joy are: painting, refinishing floors, closet renovation, and upgrading kitchens, bathrooms and laundry areas.

The interior projects that have the biggest bang for the buck are: refinishing hardwood floors, new wood flooring, and insulation upgrade. (Many expensive and popular projects like bathrooms and kitchens may bring you happiness, but owners rarely recoup their investments in them.)

For outdoor projects, the story is the same: the joy or an in-ground pool or landscape lighting do not necessarily pay off. "The least expensive project — standard lawn care service — had the highest cost recovery (217%), followed by landscape maintenance (104%), while the lowest cost recovery was for an in-ground pool (56%)."

Jill Schlesinger, CFP, is a CBS News business analyst. A former options trader and CIO of an investment advisory firm, she welcomes comments and questions at askjill@jillonmoney.com. Check out her website at www.jillonmoney.com.



Interpersonal Edge

Helping America think again!

Daneen Skube
Special to Journal & Press

Q: *People in my company find the fastest way to do projects, then these projects fall apart later. But I want to do them right the first time. I get a lot of pressure to agree that quick and dirty win the race. How can I do quality work with all the peer pressure to build fast but crappy systems?*

A: You can do quality work by not directly opposing the majority. Instead you can agree with your colleagues that saving time is important while inquiring in a neutral tone how much time it will take to redo projects. You can also influence your team by asking in a fact-based manner about the fallout that members have personally experienced when a project unravels.

Most people are surprisingly short sighted when it comes to the consequences of poor decision making. Their default is what's comfortable, easy, and fast in the moment. The awareness that quick and dirty doesn't win the long-term race is often out of their consciousness.

When you see a truth, don't beat others over the head with it

like a bat. You want to be like the television detective Columbo, who gets people to admit the truth by calmly asking questions. When you approach co-workers with questions, you leave bread crumbs to the truth which they will follow.

Bold declarative statements will only get you into power struggles. You might be tempted to use a slogan like, "I'd agree with you, but then we'd both be wrong," but right and wrong are not the point. The point is effectiveness and influence as well as how to achieve both when the majority isn't seeing the whole problem.

As Marcus Aurelius, the ancient Roman statesman, once said, "The object of life is not to be on the side of the majority, but to escape finding oneself in the ranks of the insane." Again saying things like, "Are you nuts?!" is not what I'd recommend.

I recently chuckled when I saw a new bumper sticker that said, "Make America think again!" The slogan from former President Donald Trump's campaign originally was, "Make America great again!" In and out of the workplace, thinking beats greatness

in the long-run every time. The reality is there is no greatness without a lot of humble thinking.

Obviously, you can't force your co-workers to think but you can pose good questions that encourage them to engage their brains and connect the dots between current decisions and future problems. When your team sees that fast and dirty also create a lot more work and loss of reputation, they may be encouraged to do quality work on the front end.

Decades of work by sociologists tell us there is no such thing as the wisdom of the crowd. Most majority ideas tend to be limited at best and destructive at worst. The popular slogan during the '60s was "question authority!" It became popular because of the maxim that just because a majority agrees with an idea doesn't make it true.

When you disagree with the majority, the crowd will try to eat you if you get into a power struggle. If you learn to be like Columbo in your approach, people can discover the truth as you leave questions like bread crumbs. What others discover themselves will always influence them more powerfully than what

you tell them.

The last word(s)

Q: *I'm a pessimist, which I think is a realist. I'm often more anxious than my co-workers. Is there a way to use my pessimism but not be so anxious?*

A: Yes, James Cabell, a 20th-century American author of fantasy fiction, observed that the "optimist proclaims we live in the best of all possible worlds, while the pessimist fears this is true." Don't simply worry, but prepare for what you think could happen and your proactive pessimism will make you calmer and more effective.

Daneen Skube, Ph.D., is an executive coach and appears on FOX's "Workplace Guru" each Monday morning. You can contact Dr. Skube at www.interpersonaledge.com or 1420 NW Gilman Blvd., #2845, Issaquah, WA 98027. Sorry, no personal replies.



Memorial Day 2023: Cambridge remembers

Lance Allen Wang
Journal & Press

When North Korean People's Army tanks roared across the border in a massive attack on its southern neighbor on June 25, 1950, many Americans had no idea how significant this event in a small country relatively unknown to them would become. By one year later, over 325,000 Americans were deployed to Korea. Known as "The Forgotten War," as attention on it was dwarfed by the focus on World War II which had ended five years previously, it has been relatively forgotten again as we recently passed World War II's 75th Anniversary with associated commemorations and celebrations.

This year, for Cambridge's Memorial Day parade, Cambridge's Capt. Maxson Post #634 recognizes our Korean War veterans, who will be represented by Cambridge resident Frank Podolec as Grand Marshal. The Korean War impacted a number of people from this area, including Medal of Honor winner Sergeant Frederick Mausert III, USMC who died in Korea, and the late Wade Hayden, a friend and fixture at Maxson Post for many years.

Born in White River Junction, Vermont, Frank Podolec was raised in Amsterdam, New York. He entered the Army from Amsterdam in 1954 and was trained as an Advanced Medical Technician. During his time in the service he served at Fort Benning, Georgia. One day he was assigned to work with Rangers, who would be conducting a parachute jump. "I was a loud-mouth," Frank recalled. The Master Sergeant in charge of the jump simply said, "We're jumping tomorrow... and you're going to go with us!" Podolec was not a parachutist. He did end up jumping, strapped to the Master Sergeant in

tandem.

He was then shipped to Fort Lewis, Washington. Soldiers at Fort Lewis were earmarked to go one of two places – Japan or Korea. "I was pretty excited," remembered Frank, "As I was sure I was going to Japan." Then he saw a large "K" stamped on his paperwork. He complained that he could not be sent to Korea because of the Sullivan Act, which prevented siblings from being assigned to the same combat zone, and his brother was serving in Inchon at the time. He was told he was going anyway, and when he came home, he could take it up with his Congressman. He was assigned to a Mobile Army Surgical Hospital (MASH) unit in Korea for 18 months. While the main combat operations of the war had ended with the armistice in 1953, Korea was still a very dangerous place. Between the armistice and January 31, 1955, 641 Americans died in Korea.

Frank got out of the service in 1957. He went to work at Albany Medical Center and became an X-Ray technician. That was where he met his wife of 62 years, Janis.

He came to Cambridge because of Mary McClellan Hospital. He worked with Dr.

Hunzinger, who wanted to start an X-Ray School, which they established in 1961. He was there for almost 10 years, and switched to the industrial field, doing carpentry work. He eventually ended up with General Electric, where he ended up inspecting nuclear and fossil-fuel plants around the world.

He proudly points out he was part of a military family. His brothers were Army, Marines, and Navy. His oldest son retired from the Department of Veterans Affairs with 30-plus years of service. He even received a flag that was flown over the United States Capitol in his honor. His daughter worked for the Army and now works for the Coast Guard. Last fall she was awarded the Outstanding Civilian Employee award

in her Coast Guard division. His grandson is a Captain in the Army who flies helicopters and is now learning to fly fixed wing aircraft, and he recently married a Captain who is scheduled to deploy to Iraq later this year.

To all of our veterans who served in Korea – thank you. Today's service members walk in your footsteps.

Lance Allen Wang is a Councilman in the Town of White Creek who is also an Iraq Veteran and retired Army Infantry officer. He lives in Eagle Bridge, N.Y., with his wife Hatti.



A MASH unit in Korea



Frank Podolec

Battenkill Chorale concert

Battenkill Chorale, Gene Marie Callahan, Artistic Director, will perform Martin Palmeri's "Misa a Buenos Aires" at the Cambridge United Presbyterian Church, 81 E. Main Street, Cambridge, at 4 p.m. on Saturday May 20 and Sunday, May 21. Grammy Award winning bandoneonist Hector Del Curto (pictured) will be featured.

In addition to bandoneon, "Tango Mass" is

scored for mixed choir, string orchestra, piano and soprano soloist. Erich Borden is the pianist, and soprano soloist Elizabeth Nielsen will make her debut with the Chorale.

The Chorale will also sing "Nada te Turbe" by Joan Szymko and Astor Piazzolla's "Libertango." Violinist Harriet Welther will perform Piazzolla's "Oblivion" and the string quintet will play Carlos Gardel's "Por Una Cabeza," which was featured in the movie "Scent of a Woman" starring Al Pacino.

Tickets can be purchased at battenkill-chorale.org or at the door. General admission is



\$25; students \$15. Cambridge United Presbyterian is handicap accessible.

Help your garden grow

Shirley Renauld
Journal & Press

The vote on your public school budget for the next school year and for school board members is on the 16th. Talk it over with your parents and go with them for the voting. You know the school from the inside--and it will affect your family's school taxes!.

There are so many kinds of gardens: Who grows and maintains your school gardens, both outside and in?

You helped your mom plant a perennial flower garden. We are encouraged to plant seeds for pollinators and butterflies. Plant a pollinator garden especially if you have beehives near you. You can just scatter the seeds. They grow to look like wildflower areas in fields (no weeding?!) and make lots of pollen for honeybees. It's special to see Monarch butterflies. As we know from "The Very Hungry Caterpillar", it's the leaf of milkweed that the caterpillar eats.

But there's less milkweed as the soil is tilled. We can help. We can plant milkweed seeds in our gardens and on wildlife land. The blossom will be used by honeybees, then develop a pod that you can collect next Fall just as it's cracking open, to save the mature seeds to plant next year. Work with your grandparents and they will tell you a story: "When we were your age, there was a world war going on. We school children collected milkweed pods at the beginning of the school year. In those days there were lots of milkweed plants, so we collected bagfuls and took them to school. From school, they were sent to be processed: As the pods popped open, the fluff was dried and used to stuff life preservers and jackets for the military because it floated and was water repellent. 4-H and Scout groups collected pods as projects, too. Maybe now your group could collect them for the seeds."

We all like to pick flowers, make bouquets to smell, enjoy inside and give away. Samantha and Debbie are "flower farmers" – they grow

flowers in their cut-flower gardens to enjoy and sell. Debbie takes her perennials and annuals to the farmers' market. As you ride around in the Summer, look for rows of flowers that you can pay to pick-your-own. You can grow your own: Hope you planted a variety of heights and colors in what you started indoors. (Some day you'll even have a mini greenhouse!) Add compost and natural fertilizer to the flower rows, including on top of the landscape fabric that will deter weeds. Straw can be laid between rows both for walking paths and as mulch. Ready to plant: The tallest ones will be the sunflowers (You'll be honoring the people of the Ukraine, too.). Varieties of Zinnias and Snapdragons have different heights. Cleome and Cosmos are bushy. Dahlias will be beautiful but you'll have to direct-plant the tubers that you dug up last Fall. Some gardeners prefer planting short flowers, as Asters, among the perennials or Marigolds for borders.

On the weekend of 19-21 at Wash Co Fairgr, we can get ideas and do hands-on activities at the Homesteading Festival, about soils and growing even mushrooms*, pruning our fruit trees to get the most good fruit, also beekeeping, making soap, butter and cheese... Thanks, Aaron and others and local Scouts for Chicken BBQ on Saturday.

Use some of these ideas next weekend when you "put in your garden". Some people say to do only seeding in your vegetable garden before the last weekend of May, and only then put in plants grown in a greenhouse. But if you're really anxious to get food growing by planting earlier, hope you saved the tops of the gallon milk jugs that you cut the bottoms off to use for seed-starting indoors. Now push the tops over especially tomato plants for the nights that frost is predicted.

You've already worked the soil and done seedings. You've planned your own plot, a Pizza Garden this year, a theme garden, and grow it in a raised bed, all your own. You looked over the plants you've been growing inside, your mother got some while shopping, and your dad stopped for some on his way home



from work. But with the still-needed list of flower and vegetable plants in hand, the family's off to shop in Easton: Polliwog's, especially for flowers, Jim-Bob's where Cindy will guide you through different varieties of vegetables. Back home to plant: #1 in your Pizza Garden will be tomatoes. Then herbs, at least oregano, parsley and basil. What else do you like on pizza: onion, garlic, green peppers, broccoli, *...? Sorry, we can't grow pepperoni.

We set the plants close together to block out weed growth, but also knowing that they will grow bigger. End with a border of Marigolds as a border to keep insect pests out. Still there are plants left over, so Dad gets out the tiller and enlarges the garden. If he tills along the sides of the driveway, Uncle Dan says to make hills on top of the landscape fabric to plant your pumpkin seeds in now and a couple of Summer squash seeds every two weeks to get a supply all season. Alternate annuals and perennials, vegetables and flowers, including bringing geraniums and coleus from inside. Spread mulch or straw around the plants and hills.

Some of us have more limited growing space so we extend it: We place whole straw bales at the edges of the garden, make spaces in them to push plants in directly or in their pots. Some people get pallets that Curtis Lumber no longer needs, leans them against a sunny wall or tree trunk and stuffs plants in the spaces for a vertical garden. As you eat a planting, put in new ones. Vegetables that grow on vines can hang down the sides.

If you're running out of straw, get some to store as soon as the farmers harvest their first crop of rye.

In so many places we do container gardening: in corners, along the sides of steps, window boxes, a cluster of sizes using a pot for a single tomato plant, large ones for a mix of herbs, flowers and vegetables.

We do urban garden-

ing. Have you worked with others in the Community Gardens in Greenwich or Cambridge? Maybe you visit someone at Wesley in Saratoga Springs and visit theirs--or visit someone in a city who grows a rooftop garden!.

For all our gardening, two key words are SUN and WATER. They have been working for the perennial grasses, too.

so we see more farm animals in the pastures--and your lawn had to be mowed.

If you still want more gardening ideas, look through "Roots and Shoots, Buckets and Boots".

But you all must be ready to do something different. It's the first of the patriotic weekends, now called Memorial Day weekend. You put out your USA flag every day. Your family decides::

- If it's the 28th, go to the "Battenkill Runs Through It" Festival at the Greenwich Beach where there'll be music, the Scouts Chicken BBQ and on the river watch the fly fishing demo, be part of the kayaking and canoeing.

- Which day is your community's parade? Will you march with your ball team or in a marching band? How many different uniforms will you see? Who is the Grand Marshall and why? What's going on after the parade: a cookout, -"Take Me Out to the Ball Game"-- playing, watching, working the food booth?

- We have a National Cemetery right in our area. It is striking to drive through it and see all the flags flying.

Before you start the weekend, on the 25th, you fourth and seventh graders could earn some Social Studies extra credit by attending the OSHA program in Schuylerville about Native Americans of Sar Co.

Now it's planning the celebrations for the end of this school year and preparing for the next, registering for Summer programs, camps, athletic activities. How will you make use of the great outdoors? What skills will you learn? How will you help others? You will "Make new friends and keep the old" because "One is silver and the other is gold."

Free Rabies Clinic in Argyle

A free Rabies Clinic sponsored by Washington County Public Health is slated for Sat., May 20, from 9:30 a.m. to 12:30 p.m. at the Argyle Town Highway Garage. You must register online May 10-17 to get a spot. All dogs and cats should be vaccinated against rabies at 3 months of age and re-vaccinated one year later, then every three years thereafter. Ferrets should be vaccinated against rabies at 3 months of age and re-vaccinated yearly. Pets must remain in vehicle until vaccine given. All pets need to be on a leash or in a carrier. Vaccines are administered in accordance with National Association of State Public Health Veterinarians (NASPHV). All Clinics are free and open to the public. Pre-registration required.

Check www.washingtoncountyny.gov/305/rabies periodically for when registrations open.



Legal Notice

BOARD OF EDUCATION
SCHUYLERVILLE CENTRAL SCHOOL
SCHUYLERVILLE, NY

The Board of Education of The Schuylerville Central School District hereby invites the submission of sealed bids regarding:

FOOD PRODUCTS

SNACKS

This will be a cooperative bid for snacks on behalf of the following participating school districts:

Argyle

Bethlehem

Corinth

Greenwich

Hadley-Luzerne

Lake George

Mechanicville

Salem

Schuylerville

South Glens Falls

Stillwater

Bids will be received until WEDNESDAY, MAY 31, 2023 AT 1:00 PM at the District Business Office, 14 Spring Street, Schuylerville NY 12871 at which time and place all bids will be opened publicly.

Specifications and bid forms may be obtained from Sarah Keen, Director of Food Service for the Schuylerville Central School District, 7:00 A.M. to 3:00 P.M. on Monday through Friday by calling 518-695-3255 ext 2290 or emailing keens@schuylerville.org

The Board of Education reserves the

Obituary

Debra Mary Bain, 62

Debra Mary Bain, 62 of Minnesota, heartbreakingly passed away Wednesday May 10, 2023. She was born at Saratoga Hospital on June 11, 1960 to parents Avery and Lillian Bain and was a graduate of the class of 1978 at Greenwich Central School.

“Debbie,” as most knew her, enjoyed music—particularly playing guitar and singing, adored her family and friends, and was a faithful member of the Baptist Church.

Debbie is survived by her parents Avery and Lillian Bain; her daughter Jeanna Bain; siblings: Melody (David) Cormier; Timothy (Becky); Shirley Norton; Michelle (Patrick) McReynolds; Stephen Bain; along with six grandchildren, and many nieces and nephews.

Services are private at the convenience of the family.



right to reject any or all bids.

BOARD OF EDUCATION
SCHUYLERVILLE CENTRAL SCHOOL
DATED: June 1st, 2022

CORNER POST LAND SURVEYING, PLLC
Residential & Commercial Land Survey Services
Matthew C. VanDoren, PLS
518-692-2435
matt@cornerpostlandsurvey.com

RC Churches News

Mass at Holy Cross Catholic Church on Sunday is at 8:15 AM, St. Patrick's celebrates on Sunday at 11:30 AM, (a children's liturgy is available at this Mass), Immaculate Conception in Hoosick Falls has Mass on Saturday at 4 PM and Sunday at 10 AM. Weekday Masses will not be held in May as Fr. Peter will be away.

Unbound is a program that helps hundreds of thousands of individuals and their families in Africa, Asia and Latin America overcome poverty. Unbound will be in the area on May 27 and 28. Fr. John Kirwin, an Unbound presenter, will celebrate Mass and invite parishioners to partner with children, youth, and elders who are waiting to fulfill their potential. The parishes are

looking for a volunteer at the sponsorship table after Mass. It takes only about 30 minutes. If you can help, please call 518 677 2757 or email parishoffice@battenkillcatholic.org.

The Diocesan Appeal is used by the dioceses to fund numerous programs, services, and ministries for local parishes. The legal cases are not funded by the Diocesan Appeal. The local parish must meet their assessment by June 30. Your donation can be sent to Roman Catholic Diocese of Albany at 40 North Main Ave. Albany, NY 12203. Please note the Parish name in the memo.

Consider visiting the parish website: www.battenkillcatholic.org. People can sign up for Flocknote notifications, prepare for Sunday liturgy, access Adult Faith Formation materials, and more. Also, please remember to help your neighbors through the local food pantry. The Salem pantry could use pasta, cereal, paper towels and toilet paper. Cambridge is in need of peanut butter, dry cereal and chicken noodle soup to send home in backpacks for weekend meals.

—Submitted by Rose Mary Sheffield

Cambridge's Top 10

Cambridge CSD recently announced their Top 10 graduating students, based on grade point average. They are:

1. Olivia Record (valedictorian)

Olivia Record is the daughter of Heidi and Cory Record. Olivia will be majoring in environmental studies at Saint Michael's College in Colchester, VT.

2. Kobe McManus (salutatorian)

Kobe McManus is the son of Ivonne and Roger McManus. Kobe plans to pursue a degree in computer engineering at Case Western Reserve University (CWRU).

3. Lauren Archambeault

Lauren Archambeault is the daughter of Sue Mowrey and Todd Archambeault. Lauren plans to attend Clarkson University.

4. Lexi Alpy

Lexi Alpy is the daughter of Trisha and Marco Alpy. Lexi will be majoring in business administration at the Massachusetts College of Liberal Arts.

5. Evan Day

Evan Day is the son of Paula and Rory Day. Evan plans to major in biology and wrestle at Castleton University.

6. Abraham Edwards

Abraham Edwards is the son of Jennifer and Mark Edwards. Abraham plans to study electrical engineering at RPI.



7. Johanna Lynip

Johanna Lynip is the daughter of Amaris Orlemann-Lynip and Keith Lynip. Johanna plans to study geology and history at Hartwick College.

8. Maizie Steele

Maizie Steele is the daughter of John and Amy Steele. Maizie plans to study architecture at RPI.

9. Emma Townsend

Emma Townsend is the daughter of Jessica and Steven Townsend. Emma plans to major in sustainability, ecology and policy with a concentration in environmental planning, policy and law at the University of Vermont.

10. Isaac Wilkins

Isaac Wilkins is the son of Meaghan Keegan and Eric Wilkins. Isaac plans to major in engineering at RPI.

Thankful

The Salem Rescue Squad would like to thank the Mary McClellan Foundation for its generous grant in support of the Squad's emergency medical services operation. The grant was used to obtain:

ZOLL X Series Monitor/Defibrillator at less than 12 pounds, the X Series is about half the size and weight of other full-featured devices. Its large, bright screen allows for simultaneous viewing of four traces, all 12 ECG leads, or static and dynamic 12-lead views on a "split screen". The device also incorporates the latest, most advanced and most complete monitoring capabilities, including "gold standard" Masimo rainbow SET Pulse CO-Oximetry and Welch Allyn's Rapid NIBP technology to improve accuracy and reliability. ZOLL's open architecture makes it possible to send event files from the ambulance to the hospital while the patient is in transit.

Salem Rescue Squad President Vincent Smith said, "We are so grateful for the generous support of the Mary McClellan Foundation. These funds have allowed us to keep pace with equipment requirements important for the quality patient care we provide."

He added: "We would also like to remind everyone to make sure that your 9-1-1 street address is clearly visible from the road so that we can locate you quickly during an emergency. Keep an up to date list of your medical history, medications and dosages, and any allergies for yourself and



family members."

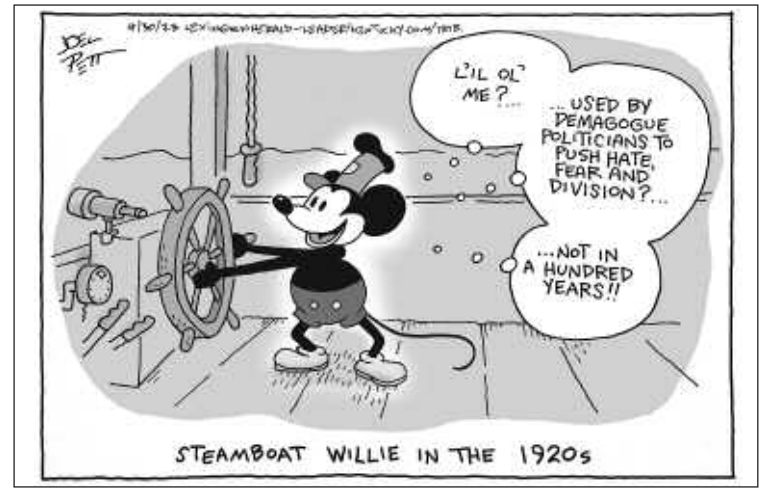
For more than 50 years, the Salem Rescue Squad has provided emergency medical services to citizens and visitors in Salem, Hebron, Jackson, East Greenwich and Rupert. The Squad relies primarily on dedicated volunteers to serve as Emergency Medical Technicians (EMTs), drivers and assistants in answering approximately 500 calls per year.

New Members Wanted

Salem Rescue Squad is in search of new members who can be a part of its team and contribute to its critical mission of providing emergency medical care to the community. Flexible schedules are easily accommodated due to our 24/7 schedule. For more information about Salem Rescue Squad call 518.854.7199 or email salem44ems@hotmail.com.

An Artist's Take

Political Cartoon of the Week by Joel Pett



JUMBLE

THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

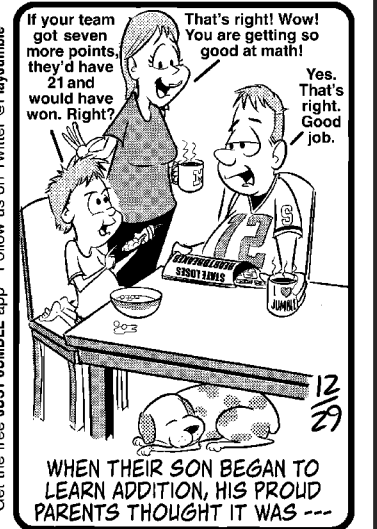
Unscramble these Jumbles, one letter to each square, to form four ordinary words.

NUEOC
□ ○ □ □ □

LIHWE
□ □ □ □ □

ALSDIN
□ □ □ □ □

RNLAMO
□ □ □ □ □

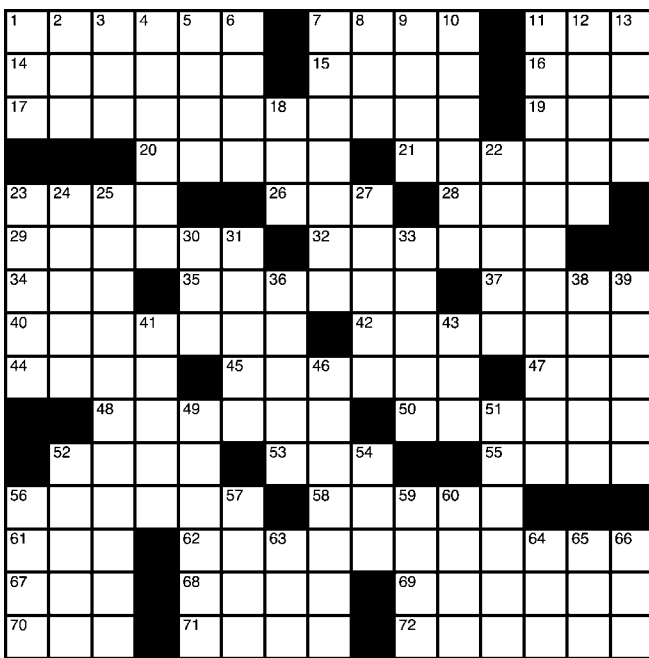


Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Print answer here: "○○○ - ○○○○"

Coila Crossword

(solution page 22)



Across

- 1 Pats down in a weapons search
- 7 Gather, as crops
- 11 Theater ticket word
- 14 Beach: Southern California city
- 15 Memorable lioness
- 16 Imprecise suffix
- 17 Well-suited to a person's abilities
- 19 Pontiac muscle car
- 20 One-named "Tik Tok" singer
- 21 College-level HS science course
- 23 Bundle of hay
- 26 Kid's riddle: "Why is six afraid of seven?" "Because seven ___ nine!"
- 28 Range above 41-Down
- 29 Gift giver's eager urging
- 32 Hire
- 34 Like Beethoven's "Pastoral Symphony"
- 35 Arrow controlled by a mouse
- 37 Little piggies
- 40 Salad green
- 42 LinkedIn user's quest
- 44 Of sound mind

Down

- 45 Fancy fish eggs
- 47 Shapiro of NPR
- 48 Punctual
- 50 of honor: wedding party VIP
- 52 Smell
- 53 Late-night NYC show
- 55 Tenant's payment
- 56 Like bouquets of roses
- 58 Dining room piece
- 61 Former soccer phenom Freddy
- 62 Unpretentious
- 67 Pen tip
- 68 Reverberate
- 69 Science journal since 1869
- 70 Obtain
- 71 Lion's warning
- 72 What there may not be "in the house" during a tearjerker

7 Tells, as a story

- 8 Building wing
- 9 On the ocean
- 10 Online remittance app
- 11 "Correctamundo!"
- 12 Bone: Pref.
- 13 "To ___ it may concern"
- 18 "Figured it out!"
- 22 Fabric
- 23 Reaches 212 degrees Fahrenheit
- 24 Sleep disorder
- 25 Made certain
- 27 Expressive online image
- 30 RN's workplace
- 31 Stanley of "The Hunger Games"
- 33 Golf tournament kickoff
- 36 Paper purchases
- 38 Disgraced energy firm

39 Period of work

- 41 Range below 28-Across
- 43 Half a bikini
- 46 Only "W" Monopoly avenue not named for a state
- 49 ___ Joe's
- 51 Peace agreement
- 52 Song from the past
- 54 Chin-up muscle, briefly
- 56 Vampire tooth
- 57 Not of sound mind
- 59 "007" James
- 60 Kind of jet
- 63 "Huh!?"
- 64 Regret
- 65 The old college ___
- 66 Giggle sound

Argyle Acrostic

By Frank J. D'Agostino (solution page 22)

Find these words that are associated with exams.

- Correct
- Cram
- Double-check
- Essay
- Fail
- False
- Final Exam
- Grade
- Guess
- Matching

- Pass
- Performance
- Practice
- Question
- Review
- Score
- Semester
- Skills
- Study
- Test

Timed True Worksheet Written

Find Mr. D'Agostino's puzzle books on Amazon.

9 to 5 by Harley Schwadron



JUMBLE KIDS

THAT SCRAMBLED WORD GAME!
By David L. Hoyt and Jeff Knurek

The letters of these crazy words are all mixed up. To play the game, put them back into the right order so that they make real words you can find in your dictionary. Write the letters of each real word under each crazy word, but only one letter to a square.

BYO
○ ○ ○

ATSY
○ ○ ○ ○ ○

OFRU
○ ○ ○ ○ ○

LOHD
○ ○ ○ ○ ○

Get the free JUST JUMBLE app - Follow us on Twitter @PlayJumble

So, what do you think? Oh, my gosh! You look so good!

SHE DRESSED AS A GHOST FOR HALLOWEEN AND LOOKED ---

Color me

Now you're ready to solve today's Jumble For Kids. Study the picture for a hint. Play around with the letters in the circles. You'll find you can put them in order so that they make your funny answer.

Ans. here: "○○○ - ○○○○ - ○○○○"

Reporting to the community

Sarah Murphy
Greenwich Free Library

Three years ago I was teaching middle schoolers every day on Zoom from my favorite room in my railroad-style Brooklyn apartment. I was partnering with an independent bookstore to plan a virtual Book Fair to raise money for my school's library. I was distracted by updates from an upstate breeder about the weeks-old puppy who would soon become the third member of my little household. I barely saw friends or family except through a phone or computer screen, but somehow felt closer to many of them than I had in years.

The world had changed, obviously, and I knew that something in me had changed, too. I couldn't have known that those changes would eventually lead me to a small bucolic village and a recently renovated library, but it wouldn't have shocked me in May 2020 to have seen a glimpse into my then future, now present. Walking the three minutes to work; walking the now three-year-old dog (my husband's best friend); walking around the library that has become my second home.

The World Health Organization has just lifted the global public health emergency that was COVID-19, and the WHO Director General has acknowledged that most communities have returned to "life as we knew it." I have mixed feelings about that. I need to believe that we've learned something—about public health, about public needs, about our own mental health and emotional needs—from the last three years, and that our communities might be stronger for it. But while I think we can do better than "life as we knew it," I do want your community library to be as visited, as needed, and as celebrated as it was in 2019 and earlier.

We're getting there.

This week, the library is releasing its Annual Report to the Community, and at press time, Greenwich School District residents are headed to the polls to vote for, among other things, the library proposition which, if passed, will allow us to increase the appropriation to the extent allowed by the New York State tax cap. We are proud of what the annual report says about our library, and about all of you, our patrons, and we are grateful for the public support that Greenwich has so often shown for its library.

Here are some of the 2022 annual report highlights:

- 28,627 visitors to the library, up 140% from 2021
- 31,053 items borrowed, up 69% from 2021
- 153 library-sponsored programs, with 2,365 people in attendance

I would love to celebrate that 140% rise in visitors, but let us remember: the library was closed for nearly half of 2021 for renovations, and COVID numbers in our area were still quite high for the rest of year. What the 2022 numbers can tell us is that many of you have come back, and that's worth celebrating. When I first arrived at the library in November 2021, I met patrons almost daily who were visiting the library for the first time since pandemic lockdowns first occurred in March 2020. That's becoming increasingly rare, but while our 2022



report shows positive trends, we are still working towards returning to pre-2020 stats.

If you haven't visited your library lately, I hope you'll stop in and say hello the next time you pass by the corner of Academy and Main. You could renew your registration or become a

'What the 2022 numbers can tell us is that many of you have come back, and that's worth celebrating.'

first-time cardholder, joining 3,042 of your neighbors. You could stop by on a Thursday afternoon for fresh fruit and veggies from Farm 2 Library, as 2,037 people did in 2022. You could book one of our public spaces for a meeting, book club, play group, movie night, study session, or gathering. In 2022, community members booked space in our library 306 times, and 2,494 people attended these community-organized events and meetings. You could borrow one of the 41,847 items in our collection, and remember, not all of them are books; we also loan DVDs, games, museum passes, laptops, WiFi Boosters, and a growing number of items in our Library of Things. You can use our public computers, send a fax, print a document from your mobile phone, access our WiFi from the parking lot 24-hours a day, or relax out back in one of our colorful Adirondack chairs.

I am tremendously proud of all that the li-

brary staff, board, and volunteers have done to welcome you to our space, to create programming that addresses needs and anticipates interests, and to curate a collection that gets fantastic use. We will continue to work hard so that next year's annual report reveals even more growth and more good news.

The truth is that during those months three years ago when most of us quite suddenly had to stay home and away from others, I discovered that I could be very happy—deliriously happy—in that small, quiet world. I dreaded returning to "life as we knew it," and I decided to seek out online employment so that I could stay home, alone, forever. But that's not what happened. Some other things happened, and now I'm here. And it turns out that I can be quite happy seeing people every single day. Somewhat to my surprise, my wish for 2023 is to be surrounded by even more people, more patrons, more members of the community. Not just for the numbers, though the numbers are nice. But mostly because a library without people in it is just a bunch of bookshelves, but a library with all of you is one of the best examples of community and civic life that our world has to offer.

Sarah Murphy is Director of the Greenwich Free Library.



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Fun & Games

(solution below)

Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek

Y	R	R	H	C
O	N	E	A	T
G	I	A	D	E
W	I	M	U	P
K	F	P	A	L

BOGGLE POINT SCALE
 3 letters = 1 point
 4 letters = 2 points
 5 letters = 3 points
 6 letters = 4 points
 7 letters = 6 points
 8 letters = 10 points
 9+ letters = 15 points

YOUR BOGGLE RATING
 151+ = Champ
 101-150 = Expert
 61-100 = Pro
 31-60 = Gamer
 21-30 = Rookie
 11-20 = Amateur
 0-10 = Try again

Boggle BrainBusters Bonus
 We put special brain-busting words into the puzzle grid. Can you find them?
 Find AT LEAST EIGHT FRUITS in the grid of letters.

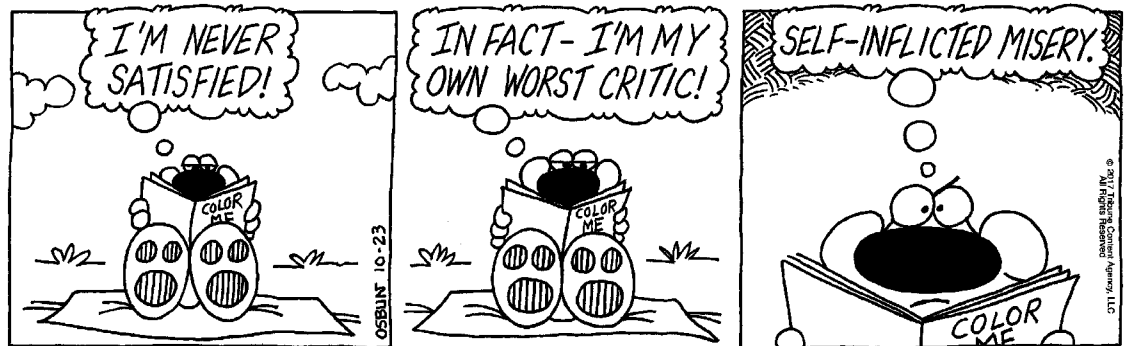
Answers to Last Sunday's Boggle BrainBusters:
 OTTER WHALE LLAMA MOUSE MOOSE TIGER SLOTH

Salem Sudoku

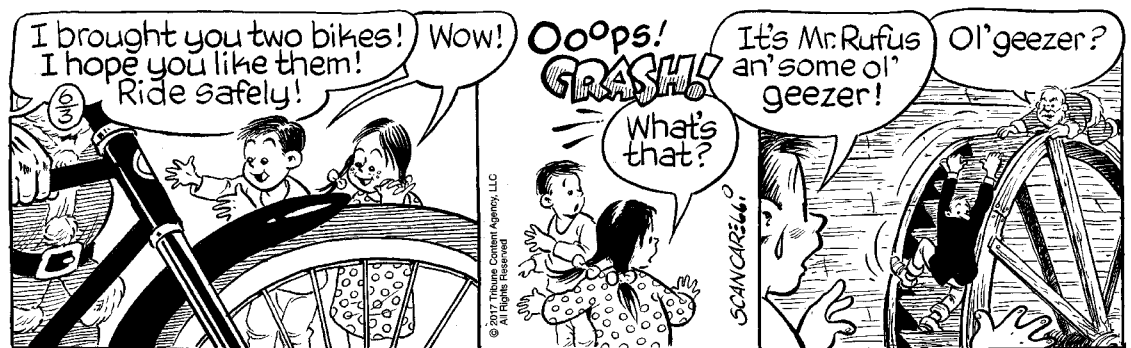
(solution below)

		7				6		
9					7			5
	6	4					1	9
			4		1			
3	7		2		6		8	1
			7		5			
7	8					5	6	
5			6					3
		3				9		

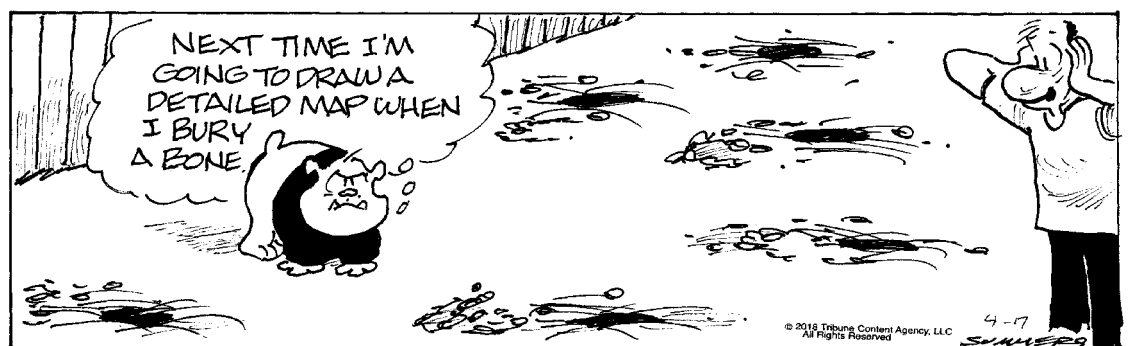
Animal Crackers by Fred Wagner



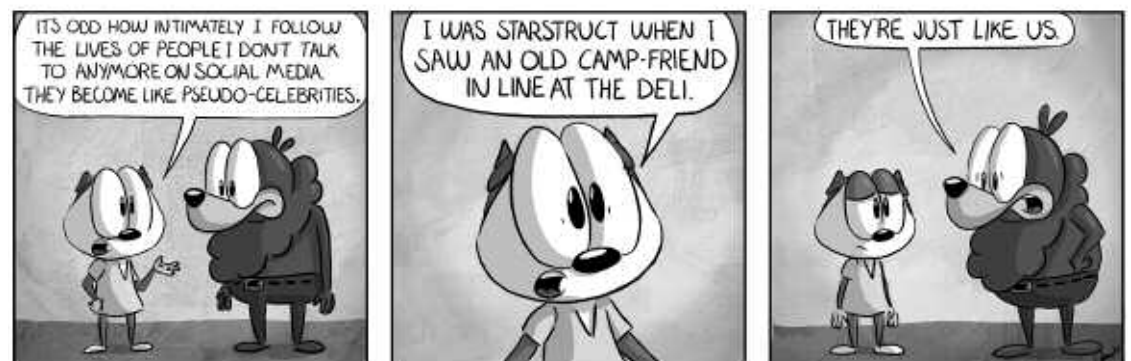
Gasoline Alley by Jim Scancarelli



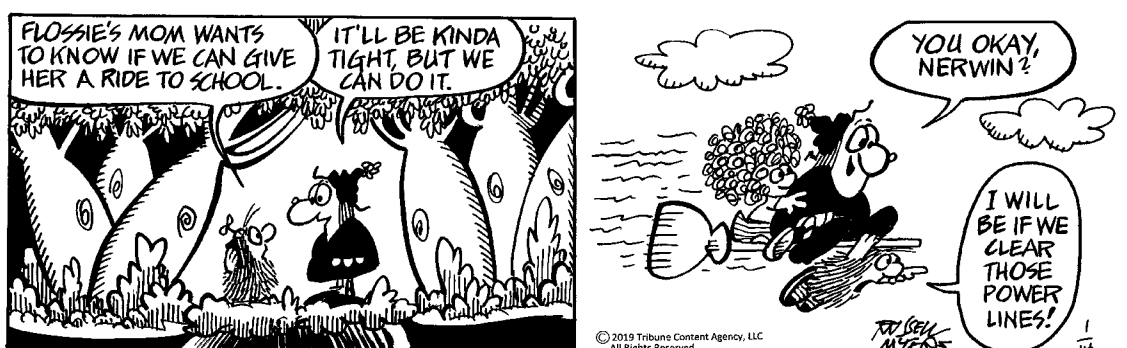
The Middletons by Dana Summers



Filbert by LA Bonté



Broom Hilda by Russell Myers



Answers

Boggle: FIG DATE KIWI PLUM PEAR PEACH CHERRY MANGO

Jumble: OUNCE WHILE ISLAND NORMAL "AWE'SUM"

Kid's: BOY STAY FOUR HOLD - "FA-BOO-LOUS"

8	7	9	4	1	5	3	6	9
5	2	1	8	7	9	6	4	8
4	9	6	2	2	6	1	8	7
9	6	2	5	3	7	8	3	4
4	1	8	1	4	7	4	8	3
7	5	8	1	8	4	9	6	2
8	4	5	5	2	7	1	9	6
6	3	2	1	9	7	8	4	5
1	5	7	8	4	9	6	3	2

SCRABBLE G R A M S

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A ₁	E ₁	U ₁	T ₁	T ₁	N ₁	M ₃		
A ₁	I ₁	O ₁	N ₁	J ₈	T ₁	D ₂	Double Word Score	
A ₁	E ₁	U ₁	M ₃	R ₁	R ₁	D ₂		
A ₁	E ₁	O ₁	R ₁	R ₁	V ₄	M ₃	2nd Letter Triple	
A ₁	E ₁	T ₁	T ₁	S ₁	D ₂	F ₄		

PAR SCORE 260-270
 BEST SCORE 330

FIVE RACK TOTAL
 TIME LIMIT: 25 MIN

F	R	I	S	K	S	R	E	A	P	R	O	W
L	A	G	U	N	A	E	L	S	A	I	S	H
U	P	O	N	E	S	A	L	L	E	Y	G	T
K	E	S	H	A	A	P	C	H	E	M		
B	A	L	E	A	T	E	A	L	T	O		
O	P	E	N	I	T	E	M	P	L	O		
I	N	F	C	U	R	S	O	R	T	O	E	S
L	E	T	T	U	C	E	J	O	B	H	U	N
S	A	N	E	C	A	V	I	A	R	A	R	T
O	N	T	I	M	E	M	A	T	R	O	N	
O	D	O	R	S	N	L	R	E	N	T		
F	L	O	R	A	L	T	A	B	L	E		
A	D	U	D	O	W	N	T	O	E	A	R	T
N	I	B	E	C	H	O	N	A	T	U	R	E
G	E	T	R	O	A	R	D	R	O	Y	E	E

T	T	N	T	M	E	D	S	C	O	R	E
K	C	E	H	C	E	L	B	U	O	D	G
S	S	E	S	E	M	E	S	T	E	R	E
T	T	J	H	L	R	H	D	L	A	C	C
U	N	I	B	S	S	R	L	U	H	W	N
D	O	R	N	E	S	K	O	O	M	T	A
V	I	W	S	X	E	C	R	O	C	T	N
A	T	E	D	O	L	N	E	S	O	H	S
S	E	A	L	T	A	F	E	S	L	A	P
E	U	R	T	C	I	R	A	W	I	L	E
U	O	G	U	E	K	S	E	C	M	K	B
G	N	I	H	C	T	A	M	A	U	S	I

Robbing farmers

Here is where we look at past editions of *The Journal & Press* from late Mays decades ago...

100 Years Ago

May 30, 1923

Legislative measures to prevent fruit and vegetable thefts from farms by automobile parties were asked by representatives of county farm bureau associations in attendance at district meetings recently held by the state farm bureau federation. The loss to farmers through this petty thievery was said to be increasing and some protection for their property from motorists was demanded.

90 Years Ago

May 17, 1933

[Schuylerville] Chief of Police Corcoran Friday evening noticed a party of gypsy appearing tourists who had stopped at Lant's garage

to change a tire of their car. He also noted that the car bore an Indiana license and that the general appearance of the party agreed with that given for a gang wanted for holding up a farmer near Mechanicville that morning. There were four women, and one man in the party.

Chief Corcoran got in touch by telephone with state troopers' headquarters and on their advice arrested the party to await the arrival of officers. He did so and held them until about 11:00 o'clock when Troopers Cruden and Keegan arrived accompanied by Jefferson McDonnell, the man who was robbed. He identified the party and they were taken to Schuylerville for arraignment before Justice C. K. Myers. The justice fined the whole party \$5 each. They were also required to return \$5 that they took from McDonnell and to pay a \$5 taxi charge for taking them to court, and were further required to leave the vicinity, which they did, traveling north. Ac-

ording to the story which McDonnell told, it was two of the women of the party who took his money. Leaving their car parked a short distance from the house, two women, who said they were Oklahoma Indians, walked to the McDonnell home and asked for a drink of water. The hired man went into the house for a glass and drew water from a well for the women. He then started for the field and the women engaged McDonnell in conversation until the man was out of sight. One of the women, of powerful build, seized McDonnell by the throat and choked him while the smaller woman went through his pockets and took his money.

40 Years Ago

May 19, 1983

Black and white reproductions of photographs and artwork, enlargements and reductions. Photocopies while you wait at Journal Stationers, 108 Main Street, Greenwich, NY.

-Compiled by Darren Johnson

Huge book sale, indoors, rain or shine

500+ Books for Sale. 5/19-21, 9 am to 4 pm. 37 Bleeker, Greenwich

Fiction/Art/Nature/Military/Aircraft/WW2

After the Battle and Air International Magazines, some bound volumes

Any questions? 518-227-8020

Multi-family lawn sale.

717 Co.Rt. 52, Greenwich.
9-4 May 20 and 9-2 May 21

Items: Vintage hutch, vegetable plants, small maple drop leaf table, old wooden chairs, misc tools, black deacons bench, standing mixer used once, electric fence insulators, coffee tables, bar stools, cabinets, household items and decor, skis, etc.

Schuylerville Library director honored

Caitlin Johnson, the Library Director at Schuylerville Public Library, has been named a 2023 Mover and Shaker by the Library Journal. According to the publication, the award profiles up-and-coming individuals from around the world who are innovative, creative, and making a difference fighting against censorship, and helping improve their workplace.

Johnson began her role as director in September 2015 and was able to quickly identify some core issues in her community like the lack of preschool opportunities and rural food insecurity. With the amazing group of people who work and volunteer at the Library, Johnson was able to initi-

ate some innovative programs to help meet those needs. "Caitlin has developed a reputation for being the first to try something new and continues to bring exciting new programs and opportunities to our library to meet the needs of our community," adds Schuylerville Public Library Board of Trustees President Amy Carpenter.

In a letter supporting Ms. Johnson's 2019 successful nomination for the New York Library Association's Innovative Library Director award, Southern Adirondack Library System Director Sara Dallas said, "Under Caitlin's leadership, the library is providing outstanding library services to the community. The library eliminated physical and financial barriers which translates to better access to the community." Ms. Johnson has increased community partnerships, leading to the library being a partner in the nationally

award-winning Farm-2-Library fresh food distribution program, helping to get healthy free produce into the hands and bellies of residents. The Library Journal honor details the other efforts made by Johnson and staff to help meet library patrons' basic needs, such as their annual participation in the Free Summer Meals program for children, elimination of overdue fines, Little Food Pantry open 24/7, and a free wireless internet zone in a nearby park.

"I feel honored and humbled by this experience," said Johnson. "To be recognized for doing what I truly love is such an honor."

Schuylerville Public Library is committed to offering unique and educational programs for the community. In addition to a variety of books, the library offers popular DVDs, public computer access, free Wi-Fi, e-books, music, magazines, Hoopla streaming service, ancestry.com access, kids discovery kits, and more. Visit



Caitlin Johnson

schuylervillelibrary.sals.edu for even more digital content and services. Each year the library hosts hundreds of programs and serves thousands of people. The Schuylerville Public Library is a school district library, established in 2013 to serve the towns and villages of Easton, Fort Edward, Greenwich, Northumberland, Saratoga, Schuylerville, Stillwater, Victory and Wilton.

SCRABBLE G.R.A.M.S. SOLUTION

N ₁	U ₁	T ₁	M ₃	E ₁	A ₁	T ₁	RACK 1 =	59
A ₁	D ₂	J ₈	O ₁	I ₁	N ₁	T ₁	RACK 2 =	80
E ₁	A ₁	R ₁	D ₂	R ₁	U ₁	M ₃	RACK 3 =	60
O ₁	V ₄	E ₁	R ₁	A ₁	R ₁	M ₃	RACK 4 =	70
D ₂	A ₁	F ₄	T ₁	E ₁	S ₁	T ₁	RACK 5 =	61
PAR SCORE 260-270							TOTAL	330

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