

The Greenwich Journal

& Salem Press of Washington County



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Conlin to play NCAA D1

Early August 2024
Vol. 183; Issue 15

Former Greenwich football standout at University of Buffalo

Former Greenwich High School football wide receiver Cole Burgess – currently getting a tryout with the Cincinnati Bengals – isn't the only Witch alum extending his football career. Matthew Conlin, an all-star who graduated from Greenwich in June, was recruited to play for the Div. 1 University of Buffalo Bulls.

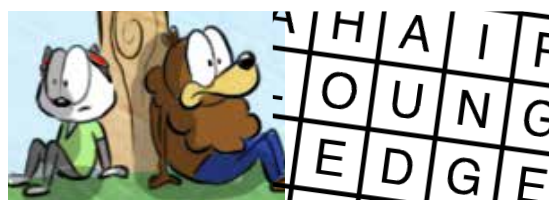


-dan pemrick photos

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The Lime Kilns of Bald Mountain

On Wednesday, August 7, at 6:30 p.m., participants will travel back in time to look at the lost lyme industry of Bald Mountain and the man who made the hamlet into a thriving, industrious community of the time, Robert Lowber.

Lime was a prosperous industry in the early to mid-19th century. Though already in production in Bald Mountain, it wasn't until Robert Lowber purchased the kilns that the hamlet became a bustling hub. An enterprising and forceful personality, Lowber was an early captain of industry in the

Greenwich area, developing a community in Bald Mountain that would promote the lime industry and become notable for its high quality product.

The presenters include,

- Sandy McReynolds, Town of Greenwich Historian as well as the Greenwich Free Library's I.V.H. Gill Room Historian.
- Ken Perry, a former resident of Bald Mountain, artist, author, genealogist and local historian.

- KC Scott, Greenwich Free Library staff member and Greenwich resident.

The program will be given at the Fort Miller Reformed Church, 1239 Fort Miller Rd, Fort Miller (Town of Fort Edward, off Route 4), New York on Wednesday, August 7, 2024 at 6:30 p.m.

For more information, contact the Washington County Historical Society at 518-747-9108. The Historical Society is open Tuesday and Wednesday from 9:30 a.m. – 4:30 p.m.

Historical book club, cemetery tour

Washington County Historical Society's Local History Book Club will meet from 12 PM until 1 PM on Friday, August 9, at Cambridge Public Library, 21 West Main Street in Cambridge. Historical society membership is not required for the book club. Discussion will focus on the history of the seed industry in Washington County. Recommended reading is Dave Thornton's Seeds and Plows, 19th Century Industry in the Old Cambridge District. The book includes information on the life of J.B. Rice, the Rice Mansion, campaign for a Cambridge library, and the Cambridge Steel Plow.

The September 13 meeting will be at the

Skenesborough Museum in Whitehall and will discuss the building of Benedict Arnold's Navy.

The book club meets on the second Friday of the month at twelve o'clock. Future sessions of the club will include books about the larger Adirondack area as well as works by local authors. Upcoming topics include the temperance movement in our area, Benjamin Franklin's failed mission to Canada, and the Revolutionary role of Thaddeus Kosciuszko. For additional information, email Connie Harris Farrington at connieandlee@roadrunner.com.

Also Upcoming: The Washington County Historical Society with the 250th Committee of Washington County invites the public to tour the historic Greenwich Cemetery with Sandy McReynolds on Wednesday August 28, at 5:30pm in Greenwich, NY.

See the final resting places of some of the town's most influential people. Along the way enjoy the lovely examples of early tombstone art and symbolism. Attendees should note that as they explore the grounds, walking on uneven ground, slight hills, and dirt walkways is to be expected. The tour will begin at the first roadway entrance to the cemetery on Cottage Street at 5:30 pm.

Cardboard Boat Race returns

Get ready for a splashing good time at Hudson Crossing Park's 18th Annual Cardboard Boat Races: Great Explorations, celebrating all who have - and will! - explore the mighty Hudson River and New York State Canal System. Scheduled to be held on Saturday, August 10, 2024 at Fort Hardy Park beach on Route 29 in Schuylerville from 9 a.m. to 4 p.m., the day promises to be filled with excitement, laughter, and fun for all ages.

Participants and spectators can enjoy the festivities with food by The Wandering Food Dude as well as a bake sale to benefit

Hudson Crossing Park, live music by The Zucchini Brothers, and lots of cardboard construction! Environmental education activities, canal trivia, and terrific photo opportunities will round out a fun-filled day for all.

Individuals, families, groups, businesses, and school teams are all encouraged to race. Racers may construct their boats ahead of time or on the morning of the event where materials will be available at the event site for a nominal fee. Sailors will compete to see who wins one of the coveted awards: 1st, 2nd, and 3rd place awards for speed, the

Titanic Award, Most Enthusiastic Crew, Judges Bribe Award ("Bribes" are considered donations to Hudson Crossing Park), People's Choice, Overall Best in Show, and Most Sailors Left Afloat!

Admission is free for spectators. On-site registration for sailors and cardboard boat construction is open from 9 a.m. to 12 p.m., and the first race launches at 2pm. Rules, registration forms and hints to get started with boat building are available at www.hudsoncrossingpark.org.

Conlin signs with Div. 1 Buffalo

Darren Johnson
Journal & Press

Former Greenwich High School football wide receiver standout Cole Burgess – currently getting a tryout with the Cincinnati Bengals – isn't the only Witch alum extending his football career.

Matthew Conlin, a 6-foot-1, 235-pound running back/linebacker who graduated from Greenwich in June, was recruited to play for the Div. 1 University of Buffalo Bulls.

Conlin's high school stats were impressive. He totaled 3,078 rushing yards, 8.1 yards/carry and 46 touchdowns on offense. On defense, he registered 309 tackles, 52 tackles for loss, 11.5 sacks, nine interceptions (three returned for touchdowns), four forced fumbles and five fumble recoveries.

He was Team Captain twice and named to the First Team All New York State as a running back and Second Team as a linebacker. Buffalo plans to mainly use him on defense. The freshman is majoring in Exercise Science.

I caught up with him by phone, in between practices at Buffalo recently. Here is our conversation:

Greenwich is a small school and now you're playing in NCAA Div. 1. Did that help you, hinder you?

Both. On the one hand, I got to play multiple positions and put myself in a position to compete for a championship and be seen by scouts. On the other, most of my teammates here at Buffalo played at large high schools so are used to a higher level of competition and playing in larger venues.

Did you know Cole Burgess? I guess he was a little older than you. He went the D3 route, but now has an NFL opportunity.

Yeah, he's been an inspiration. He being from Greenwich makes the opportunity feel a little bit more real.

Will you miss playing offense?

Yes, but if I pick up a fumble, or anything like that, I'll still get to do it a little bit, I hope.

The players that went to big high schools, they probably only played offense or defense. So maybe that's an advantage to you, that you have better hand skills than they do.

Yeah, something one of my coaches brought up was the advantage of me being from a small school was most of the teams we played, their whole game plan was pretty much stopping me. They'd have two or three players tying me up. Now I will have more opportunity to attack the ball.

But I think the offensive skills translate to defense. On offense, I was able to find holes; as an inside linebacker you're basically the running back of the defense. Like, you find the hole and you attack the hole. Having that vision will help me.

I know you have great speed and strength numbers. What else do coaches like about you?

I'm pretty teachable. Like, if a coach says something to me, I'll work on it and work on it and not take it personally. I'll use it as more so of a building point.

So you're finding at the college level, everyone's good pretty much at every position, whereas in high school, there were some weak spots.

Just watching people go through drills, it's like, when I would go out and see Cole Burgess just doing drills – the speed is just so much different here. Coming from a smaller



school, it's like, everyone on my team were good people, they were good athletes, but they just weren't necessarily just as quick as these guys.

Well, this is a pretty big deal. It's hard for a small school athlete to get an opportunity with a big D1.

It's a ridiculous opportunity. I can't be more thankful for it. I'm playing behind people who may be NFL drafted next year, and that will make me a 20 times better player.

The University of Buffalo Bulls start their season at 7 p.m. on Aug. 29 at home vs. Lafayette.

Shakespeare on tour

Hubbard Hall announced the return of free Summer Shakespeare in the Park with the classic comedy of mistaken identity, *Twelfth Night*. Directed by Lake George native Megan Stacey, the play follows the adventures of twins Viola and Sebastian, who each suppose the other is dead after a shipwreck separates them. Set at a modern-day beach resort, Stacey's rendition of *Twelfth Night* packs all the fun of summertime into the bard's light-hearted exploration of gender, sexuality, and love.

The cast features fourteen actors from across Washington County and the wider Capital Region: Brian Clemente (Malvolio), Katherine Danforth-Hayes (Viola), Robert Forgett (Sir Andrew Aguecheek), Michael Giordano (Sebastian), Courtnie Harrington (Sir Toby Belch), Ella Hunt (Fabian), Shawna Martinez (Captain/Priest), Tess McHugh (Countess Olivia), Kateri Murphy (Curio), Edgar Ritchie (Duke Orsino) Anna Schiele (Valentine), David Skee-



Courtnie Harrington

le (Feste the Clown), Ocie Tucker (Maria), and Peyton VanDerheyden (Antonio).

All seven showings are free and open to the public, no registration necessary. Donations are welcome and appreciated. Audience members are encouraged to bring their own folding chairs and picnic blankets. For rain locations and additional information, please visit hubbardhall.org.

Performance Dates & Locations:

Wednesday, August 14 – 6:30 pm Cambridge Community Garden, Cambridge NY

Thursday, August 15 – 6:30 pm The Georgi Museum, Shushan NY

Friday, August 16 – 6:30 pm Owl Pen Books, Greenwich NY

Saturday, August 17 – 1:00 pm Pitney Meadows Community Farm, Saratoga Springs NY

Saturday, August 17 – 6:30 pm Salem Art Works (SAW), Salem NY

Sunday, August 18 – 1:00 pm Wood Memorial Park, Hoosick Falls NY

Sunday, August 18 – 6:30 pm The Park McCullough House, Bennington VT



Katherine Danforth-Hayes

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SUNY Adirondack alumni stories wanted

SUNY Adirondack is looking for legacy families, or those with more than one person who graduated from the college.

SUNY Adirondack's next edition of Community Roots, its quarterly alumni magazine, will feature stories of relatives who earned degrees from the college.

"Family members of alumni enrolling at SUNY Adirondack — or what many private

institutions refer to as 'legacy families' — is a testament to the quality education and enriching learning experience our students have," said Rachael Hunsinger Patten, chief advancement officer and executive director of SUNY Adirondack Foundation.

Relatives can be siblings, cousins, parents and children, grandparents, aunts and uncles, significant others or spouses — any combination.

Selected participants will speak individually with a member of SUNY Adirondack's marketing team for approximately a half-hour, via phone or Zoom meeting, or in person. Then, all participating members of a family will meet for a quick photo shoot.

Those who would like to share their story are invited to visit <https://shorturl.at/y85KD>.



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Renowned Czech violinist

The Lake George Music Festival, in collaboration with Hudson Crossing Park and the Historic Hudson Hoosic Rivers Partnership, is set to present “A Classical Music Sampler,” a captivating afternoon of classical music on Wednesday, August 7th, at 3 p.m. at the Champlain Canal Region Gateway Visitor Center, 30 Ferry St, Schuylerville, NY.

This special event features a presentation by Lake George Music Festival President & CEO Alexander Lombard, accompanied by a classical music performance from renowned violinist and artistic director, Barbora Kolářová. Attendees will be treated to a beautiful selection of classical pieces, showcasing the incredible talents of Kolářová, whose performances are celebrated for her passion and precision.

“The acoustics at the Gateway Visitor Center are unmatched,” says Kate Morse, Executive Director of Hudson Crossing Park,

“and we are excited to bring such a beautiful performance to the Visitor Center.”

This event is free and open to the public. Following the performance, light refreshments will be served.

The Lake George Music Festival is an artist retreat for musicians, conductors and composers, set over two weeks in picturesque Lake George. Every summer, the festival offers an immersive experience for performers and patrons through a series of daily concerts, open rehearsals, special presentations, and more. Hudson Crossing Park and The Historic Hudson Hoosic Rivers Partnership are thrilled to be a part of the festival this year.

The Historic Hudson Hoosic Rivers Partnership promotes the preservation, conservation, and recreational use of the natural, cultural, and historic resources within the Hudson and Hoosic River watersheds.



Barbora Kolářová

New Dairy Princess Team

With former NYS Alternate Dairy Princess, Erin Armitage, recently serving as mistress of ceremonies, the current Dairy Princess team consisting of Princess Anna Maxwell and Alternate Princesses Allison Chuhta, Lexus Reynolds, Serena Drost and Alyssa St. Mary were recognized for their outstanding year of promotion.

Judges Brandon Aldous, Jane Luskin and Shawna Vander Wey had the difficult task of choosing the next team to represent the

Washington County Dairy Farmers. After an interview, a prepared speech, and an impromptu question the judges chose Princess Kennedy McClenithan of Cambridge, Alternate Layla Baldwin also of Cambridge and Alternate Megan DePaul of Argyle. The new team has already participated in parades, visited elementary classrooms, spoke at the county Board of Supervisors Meeting, handed out yogurt and ice cream at multiple farmer’s markets and is busy planning for



Layla Baldwin, Kennedy McClenithan and Megan DePaul

the Washington County Fair.

Follow an artist’s ‘Seed Journey’

The Slate Valley Museum welcomes people of all ages to drop in for coffee, conversation, and an immersive creative experience with its 2024 Artist-in-Residence Serena Kovalosky on Saturday, August 10. \$5/\$3 seniors/students. Details: SlateValleyMuseum.org

Throughout the day, Kovalosky will facilitate a “Seed Journey” conversation and art-making activity as she shares stories of the culinary and cultural roots of hamataschen, a poppy-filled pastry. Hamataschen is a traditional food that was enjoyed by the German Jewish immi-

grants, including those who came to the Slate Valley in early 20th Century. This ethnic group is one of several referenced in the museum’s immigration exhibition, The Dream and the Reality. Participants will enjoy a taste of homemade hamataschen while stringing dried poppies.

‘Recovery’ doc and panel discussion

This summer, Salem, Cambridge, and Greenwich libraries invite members of the community to come together to learn about an issue that has affected many in our region: alcohol and opioid use. A screening of Adirondack Health Institute’s “Hope of Recovery” documentary will be shown at all three locations this summer.

“Hope of Recovery” highlights first-person stories to affirm that recovery is a process of change through which people improve their health and wellness in a self-directed way.

Substance use disorder affects not only the person who is battling the disease, but family and friends alike. Every pathway is different. Every story is unique. All empowered by hope.

Following the one hour film will be a panel discussion with several community members and/or persons who were featured in the documentary.

Who should come to this program? Anyone who is curious about learning more

about the opioid and alcohol epidemic, specifically in the North Country, and how it impacts us all. Teens through seniors who are currently facing their own struggles with substance use.

The dates and locations for the screenings are:

- Cambridge Public Library: Wednesday, August 7th, 6:30 - 8:30 PM
- Greenwich Free Library: Monday, August 12th, 6:30 - 8:30 PM

Schuylerville Flower Show results

The Schuylerville Garden Club’s annual National Garden Club Inc Standard Flower Show held on July 20- 21 was considered a great success with over 300 attendees. The title of the show was “A Little Bit Country” with farms and country being the theme of the show.

The Designer’s Choice Award and Design Excellence winner was Carol English for an illuminary design called “Lighted Tractor Parade.”

The Petite Award went to Tammy Feuer for “Hens and Chicks,” a framed design. Mary Seymour won the table artistry award for “Sunny Side Up,” a table set for breakfast for two.

In the Horticulture Division, Chris Wolff won the Horticulture Excellence Award and the Arboreal Award for her blue Hydrangea branch. Grower’s Choice Awards went to Margaret Rishel for a combination planter, Eileen Kay-Rymph for an orchid and Esther Blair for a fern.

Awards of merit were won by Evelyn Rybaltowski for a zinnia, Carol English for dill in the herb division, Leona Brownell for sea holly and Sharlene Pendrak for a walking onion.

Mary Ann Brown won an award for an educational exhibit showing the work of pollinators in growing. A second educational display showed the work of the Comfort Food Pantry.

Club members grew marigold plants as a challenge. Eileen Kay-Rymph took first place in all three classes, single marigold, marigold with other marigolds and marigold with other plants. A club award went to Micki Green for a theme-related marigold combination planter.

The photo exhibit was judged by popular vote. Lila Robinson placed first for her photo featuring farm animals. Jennifer Rhoades won second in that class and Tom Rybaltowski won third. First in the farm landscape photos was won by Mike Bielkiewicz and second by Mel Risley. April Van Arnum placed third in the landscape class and first in the “All Creatures Great and Small” class which was a close up of pollinators. Diane Swartwout won second in the pollinator class and Lori Giammattei placed third. The Garden Club appreciated the many entries from the public for the photo exhibit.

The club is grateful to the Town of Saratoga for the use of the hall and to local papers that helped publicize the event. Local merchants and club members donated items for a benefit table. It is appreciated since the proceeds are used to help support the club’s donations for use in a youth program, a scholarship to a Schuylerville senior and donations to other national and local benevolences.



Mary Seymour



Carol English

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Lunch, Learn & Play seeks donations

Kids being kids in the summer, that's what it is all about. Salem's community Lunch, Learn & Play is a free summer program for Salem students entering kindergarten through 6th grade. The program is filled to capacity and currently at the midway point of the season. The LL&P students are enjoying great experiences five days per week and five and a half hours per day at the grounds of the Salem Courthouse. Even though the program is in full swing, the monetary goal for this free-to-participate

summer program has not yet been met and LP&P organizers are hoping community donations will top off the fundraising goal in the next week with local generosity.

For more information on Salem's Lunch, Learn & Play and information on donating securely to this summer program, please visit <https://www.salemcourthouse.org/lunchlearnplay>



Storytime with Carrie

"Every year, I look forward to participating in our area's story time programs," said Assemblywoman Carrie Woerner. "As a kid, my favorite summer past time was to read books in the cool air of our public library and it's still something I cherish doing to this day," continued Woerner.

The Assemblywoman has been reading stories at various locations throughout her 113th Assembly District. This year, she'll also be giving away children's coloring books. "We thought it would be fun to col-

or pictures of hot air balloons and horses, fair rides and farmers markets, as well as a variety of historical landmarks - all sites and scenes that make living in and visiting Saratoga, Warren and Washington Counties special," noted the Assemblywoman.

"Adventure" is the theme of the NYS Assembly's 2024 Summer Reading Challenge. "Through books and creative activities, adventure can truly begin at your library," noted the Assemblywoman.



Next up is Greenwich Free Library, 148 Main Street, Greenwich, Monday, Aug. 5, 10:30-11am.

Whiting Studio popup

Whiting Studio Art & Gallery will be opening its doors for a Pop Up event on August 10 & 11 from 10am to 4pm.

The public is invited to explore the works of Robert Whiting and Susan Bayard Whiting. Many new works will be available as well as some pieces looking for a new home at a very reasonable price.

Their studio/gallery is located at 105 Holmes Road in Argyle NY 12809. There is ample parking on the lawn and refreshments will be available.

Greenwich is great at APs

Greenwich Junior Senior High School administered 81 Advanced Placement (AP) exams in May 2024. 29% of the AP exams taken by GCS students were scored a 5, 42% were scored a 4, and 26% were scored a 3. The average AP exam score earned by a GCS student was 3.91. Only 1 AP exam taken by a GCS student was scored a 1.

Greenwich High School offered seven AP courses during the 23-24 school year. The chart below includes the average score earned

by GCS students in May 2024.

Greenwich students performed exceptional well when compared to students from around New York State and the rest of the world (see chart below). A score of 3 or better is generally considered evidence of excellent student performance on college level academic work.

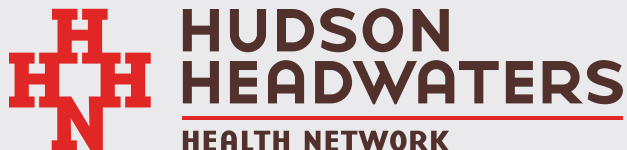
AP Exam	Average Score
Calculus	4.75
US History	4.17
World History	4.0
US Government and Politics	4.23
English Language	3.81
English Literature	4.0
Statistics	3.38

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[HHN.org](https://www.hhcn.org)

Bancroft Library August events

This August, Bancroft Public Library invites members of the community to come together for different programs for adults and kids alike.

“Danger the Dino Wrangler” (August 9 at 4:30 pm) will be here to entertain and teach about dinosaurs—this is a family-friendly event.

On August 17 at 10:30 am, local author Dani Martindale will read two of her new children’s books at the Gazebo in Salem for a special story time.

And, there will be a beginning birding



workshop hosted by Southern Adirondack Audubon Society on August 22 at 6:30 pm.

There are plenty of other reasons to come to the library this summer! Follow us on Facebook and Instagram to see what’s happening, or go to our website to learn more about the upcoming events.

The Bancroft Public Library is located at

181 South Main Street, Salem, New York. Feel free to stop by anytime the library is open to access a variety of resources: books, wifi, computers, dvds, audiobooks, makerspace, games, and printing. The library has a great line-up of clubs and groups that meet weekly and monthly, check out www.bancroftlibrary.org.

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Endless Summer Party

Greenwich Free Library will host its third annual Endless Summer Party on Wednesday, August 28 from 4:00 to 7:00pm, to be held outdoors behind the library. The community is invited to enjoy kids’ activities, lawn games for all, surprise giveaways, and drumming with local musician Larry Levine. Winners of the Summer Reading raffles will be announced, and the Ben & Jerry’s cart will be on hand serving ice cream. All are welcome.

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Life or death – it comes down to a couple of things

Alan Stern

Special to Journal & Press

For the second time in my life, I came within moments of losing it. The first was in 1977 when a bizarre mishap involving lifting a heavy push lawn mower from my car resulted in a blow to the back of the head. The resulting hematoma, which took several weeks to bleed into the cerebellar region, eventually put me in the hospital. A combination of luck, technology and medical skill saved my life.

The luck part started when one of my good friends recalled the lawn mower and pointed the docs in the right direction. Weeks had gone by since the blow and long before symptoms began it had become little more than amusing tale at my expense – “how does one get hit on the head with a lawn mower?” The symptoms initially were flu-like and it was severe dehydration that put me in the hospital.

When John suggested it might be the injury, I’d already been in the hospital for nearly a week, getting steadily worse and undergoing all kinds of tests that did not reveal what was happening. I don’t remember much of this, but the bottom line is that, armed with the notion that the blow could be behind this, I was transferred to the one hospital in Buffalo that had a CT machine, at that time a new technology just beginning to get use.

Again, I remember none of this, but there was more luck, as while lying on a gurney waiting for the CT scan, I went into cardiac arrest. That might have been the end of it, but the doctors and nurses did all the emergency stuff you see on TV dramas, including drilling a tap in the skull to relieve pressure, and proceeded with the scan. A long surgery removed the subdural hematoma and, obviously, I survived.

My second time lucky came only a month or so ago. I’d been experiencing shortness

of breath, a symptom a 76-year-old cannot ignore. It had been getting worse over the weeks and my primary physician brought in a cardiologist. In spite of the extensive tests they both did, nothing definitive could be identified. On a Sunday morning, for lack of breath, I found it impossible to move much or even get dressed and we called 911.

The call was answered by the Easton-Greenwich EMS and the Cossayuna Fire Department. This was my first stroke of luck that day. The EMTs were amazing and administered oxygen immediately upon arrival (my oxygen level was below 80 when it should be 98 to 100) and continued to administer oxygen and closely monitor and care for me on the way to Saratoga Hospital.

Not only was I personally lucky, but we are all lucky to have these professional and efficient life savers within reach. We are also lucky to have hospitals close enough to reach within a reasonable time. This is not something available to the many others

‘We are lucky to have these professional life savers within reach.’

who live in our county or elsewhere in the vast North Country.

The emergency room staff at Saratoga Hospital were great and did everything to continue efforts to ease my breathing and keep my oxygen levels up but what was causing all this remained unclear. Here is where another stroke of luck, along with medical skill and technology, came into play. One of the ER doctors had experience with the kind of things happening and, on his hunch, ordered a CT scan with contrast that allowed a view

of the lungs that reveals clots. My lungs “lit up” with them. This is bad, but worse, one large life-threatening clot was blocking the main pulmonary artery where it splits into the lungs – a saddle embolism.

In consultation with Albany Med where they are set up to deal with this and where I was later transferred, they administered a clot busting medication and within hours I was breathing, first with more minimal supplemental oxygen and soon on my own.

Long ago a physician friend jokingly said to me that medicine is half science and half magic. The problem is that we don’t know which half is which. I am not in much of a position to question this nor, frankly, to care. My doctors and other health professionals – EMTs, nurses, technicians, et. al., who saved my life – twice – did everything they could to bring their skills to bear and it’s probably not far off to guess that they don’t care if it’s science or magic either.

It’s likely that most of us don’t care, nor do we think much about it. However, each of us who depends on healthcare, which is to say everyone, has a huge stake in enhancing the availability of services and should do all we can to expand it. Supporting our local EMS providers is important and a great place to start.

Alan Stern is a twenty-one-year resident of Greenwich. He and his wife Mary Lou live on a farm north of the Village where for most of those years they raised lambs for meat and fleeces. His varied career saw him a teacher of students who are deaf, a school district administrator, a NYS Education Department senior manager and a leadership and management consultant working internationally for Fortune 50 companies. He is the Chair of the Washington County Democratic Committee.



Turning Point now has two events

Get ready for a week of wholesome fun, community spirit, and dazzling fireworks as Schuylerville gears up for its highly anticipated annual festival and parade on the first weekend of August. This year's event promises to capture the essence of Americana, creating an unforgettable experience for all who attend.

On Sunday, August 4, at 1 pm the festivities will begin with a vibrant procession through the heart of our picturesque town. Spectators can look forward to a display of enchanting floats, lively marching bands, classic cars, and community groups that showcase the best of our region's creativity and community pride. The parade theme will be Cultivating Community, uniting residents, and visitors alike in a joyful display of patriotism.

The 2024 Turning Point Festival will conclude on Saturday, August 10 at 4 pm, with a lively festival that offers something for everyone. From local food vendors serving up delicious treats to captivating live

performances by talented artists, the atmosphere will be electric with excitement. The festival will wrap up with a fireworks display after dusk. The day will begin Hudson Crossing Park's Cardboard boat race in the early afternoon, and the Friends of Fort Hardy Park Dog Days of summer festivals held at the park earlier in the day.

The 2024 Turning Point Parade and Festival is made possible through the dedication of volunteers, local businesses, and community helpers. Their support and participation play a vital role in creating a memorable experience for all attendees. We are always looking for more volunteers email turningpointschuylerville@gmail.com for more information.



For more information on the 2024 Turning Point Parade and Festival, including vendor opportunities, and volunteer registration, please visit <https://turningpointparade.com>. Stay connected with the latest updates and announcements by following Turning Point Parade on Facebook.

A FULL-LENGTH COMEDY PLAY
PLAY ON!
By Rick Abbot

It's Audition Time!

AUDITIONS:
Sunday, August 4th; 7pm
Callbacks Monday, if needed.
Saratoga Town Hall, Schuylerville NY
Casting 10 roles (3 men, 7 women)
Sides provided at auditions.

A black mustache and a large orange nose with black-rimmed glasses.

SCHUYLERVILLE COMMUNITY THEATER

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PLAY ON! is presented by special arrangement with Concord Theatricals.
www.concordtheatricals.com

Culinary dollars

SUNY Adirondack Foundation announced the Josh Cellars Culinary Award, a new scholarship in recognition of vintner Joseph Carr.

The scholarship will be awarded to students who demonstrate a commitment to excellence in the Culinary Arts and set a standard of excellence in hospitality.

The Josh Cellars Culinary Award, which was announced at a spring semester fundraising event at Seasoned, SUNY Adirondack's student-run restaurant, will initially provide \$2,500 per year.

"We have done countless wine dinners over the years, and Joe and his wife, Deirdre, have been and always will be an inspiration to me," Bolton said. "Their love, courage and conviction toward the American dream is the definition of what can be accomplished with dedication and passion of hospitality."

Learn more at sunyacc.edu.

A jolly good felon

Lance Allen Wang
Journal & Press

Google has a “feature,” if I am to call it that, of offering suggested searches based upon your history combined with those which are currently popular. A few months back, I began to see suggested searches of “Can a felon run for the office of President of the United States?” Obviously, searches increase based upon the topics of current news headlines. The idealist in me would love to think that it is because people are looking for facts instead of noise and nonsense.

I already knew, however, that it was possible. After all, there was a felon who was unavoidably part of the political climate I remember from the 1980s. He seemingly had a conspiracy theory for all seasons and had a small but loyal base who contributed to the bizarre circus that surrounded him. And he raised the money to periodically get himself television and radio network airtime, which contributed to the occasionally outsized attention he received. That man’s name was Lyndon LaRouche (1922-2019).

Sometimes referred to as a “cult figure” or “cult leader,” but touted by his Political Action Committee as a “philosopher, scientist, poet, and statesman” upon his passing in 2019, it was undeniable that LaRouche had a knack for getting attention.

Raised as a Quaker, LaRouche spent the first part of World War II as a conscientious objector, though he finally enlisted in 1944, serving in the China-Burma-India theater. While there, he began exploring political thought, becoming an avowed Marxist, and he joined the Socialist Workers Party upon his return home. Until the early 1960s, he was a management consultant, but after separating from his wife in 1963, he became increasingly involved in political movements on the fringe.

In 1968 he organized supporters under the banner of the “National Caucus of Labor Committees,” and developed both an intelligence and security apparatus. This



Lyndon LaRouche

apparatus grew, some of it financed by organizations such as the Fusion Energy Foundation, all of which were associated with his movement. His organization began to be described as “cult-like,” demanding absolute obedience, and even “required married couples to inform on each other.” LaRouche himself wrote about the techniques they employed on new members of the movement which included something called “ego-stripping.” Others called it brainwashing. By the mid-1970s, his movement had 37 offices in the United States, and 26 in Europe and Latin America.

“I resolved that no revolutionary movement was going to be brought into being in the USA unless I brought it into being.”
Lyndon LaRouche, 1974

By 1973, a political organization sprung from his movement, the “National Labor Party.” LaRouche ran for President under that banner in 1976, the first of his many times running for President. Much of his literature indicated a high level of paranoia. Needless to say, he didn’t win in 1976. By 1980, even though his political leanings switched from fringe left to fringe right, he sought Democratic nominations.

His followers, while never a large number in the United States, seemed to be ubiquitous, especially in the cities. I first encountered them on a Washington DC campus in the mid-1980s. They would set up at a cheap folding table outside the student union, with handwritten signs, often with provocative or bizarre messages. “Gramm-Rudman Causes AIDS” and “Queen Elizabeth II Sells Drugs” were the two I remember. And they would have plenty of literature at their table.

“The ruling British elite are like animals – not only in their morality, but in their outlook on knowledge. They are clever animals, who are master of the wicked nature of their own species, and recognized ferally the distinctions of the hated human species. Nonetheless, obsessively dedicated to being such animals, they can not [sic] assimilate those qualities unique to true human beings.”
Lyndon LaRouche, 1978

He increased the number of his front groups – one was the National Democratic Policy Institute, which has just enough of a legitimate sound in its name that it received donations and even international recognition due to easy confusion with the

Please read more on next page

(cont.)

Democratic Party. This led to anger as donors cried, “Foul!” since Mr. LaRouche continued to make rather unhinged comments:

*“According to a variety of very authoritative sources, Henry Kissinger is not a Jew, but a f*****. I will not tolerate any denial of civil rights to a person who happens to be homosexual. Ordinarily, a homosexual is like an ordinary person suffering the affliction of nasty boils; one recognizes the distinction between the person and the affliction...”* Lyndon LaRouche, 1982

Yet, he received enough votes to receive millions of dollars in federal matching funds and ran supporters as candidates. In 1986 this led to embarrassment for Illinois Democratic gubernatorial candidate Adlai Stevenson III, who found himself potentially on the ballot alongside primary-winning LaRouche Democrats for the positions of Lieutenant Governor and Secretary of State. He resigned from the Democratic ticket rather than run alongside “candidates who espouse the hate-filled folly of Lyndon LaRouche.” For her part, the La-

Rouche candidate for Secretary of State discussed her tough on crime approach to dealing with drug dealers and money launderers – “You bet I’m going to roll those tanks down State Street.” Stevenson went on to run as an independent, and lost, as did the LaRouche candidates, to the Republican incumbent.

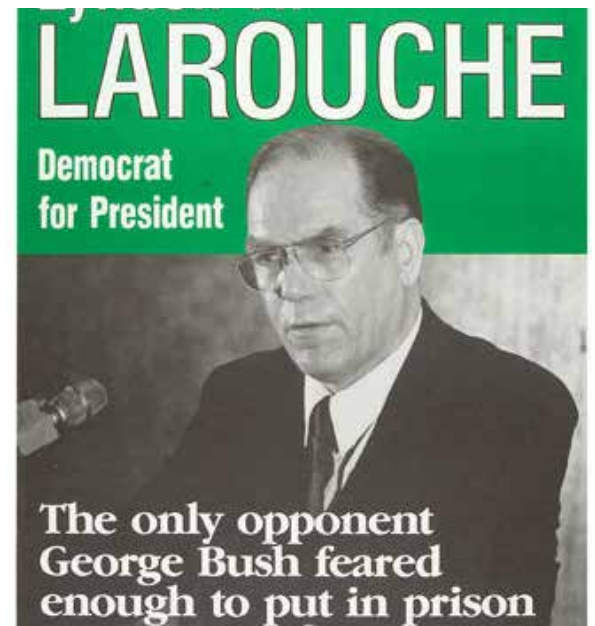
At the same time as they won a high-profile primary in Illinois, all was not well in the LaRouche camp. Financial improprieties were rife, and in 1986, his headquarters was raided. He was tried for tax fraud and planning to default on millions of dollars of loans from his supporters. While he implied that the President was weaponizing the justice system, he was unable to come up with a convincing defense showing he was innocent of the charges. A jury of his peers convicted him, and LaRouche ended up in a Federal prison in Minnesota with a 15-year sentence. While in prison, he ran for President in the 1992 election, with the tagline, “The only opponent George Bush feared enough to put in prison.”

He was released after serving four years. While he no longer commanded the number of followers he once did, it did not stop him from continuing to pontificate on the affairs of the day.

“The presently existing global financial and monetary system will disintegrate during the near term. The collapse might occur this spring, or summer, or next autumn; it could come next year; it will almost certainly occur during President William Clinton’s first term in office; it will occur soon.” Lyndon LaRouche, 1994

LaRouche maintained his political organization until his passing, fueled by grievance and paranoia, perpetuated through conspiracy theories, and he continued as a perpetual Presidential primary candidate until 2004.

“The record shows, that for nearly thirty years, elements of the U.S. Department of Justice have been engaged in world-wide political targeting of me and my associates. This includes early 1970s operations run in conjunction with Secretary of State Henry A. Kissinger’s U.S. State Department. During the last ten years or so of that period, some U.S. officials, and others, have challenged the relevant agencies with some of the evidence which shows, that those pros-



ecutions and correlated harassment of me and my associates, had been clearly fraudulent, politically motivated targeting.” Lyndon LaRouche, 2000

Space limits my ability to visit some of Mr. LaRouche’s other claims, which include that jazz music was “...foisted on black Americans by the same oligarchy which had run the US slave trade.” He believed rock music was a subversive influence and designed by British Intelligence. His obsession with English malfeasance even spread into his rhetoric about Jews: “Modern Zionism was not created by Jews, but was a project developed chiefly by Oxford University.”

When he passed in 2019, it was chiefly as a footnote (except for the understandably lavish praise from LaRouche PAC), although he certainly is a case study in the mix between cult and politics. Now he simply is another waypoint along the historical highway of sometimes bizarre, strange, unhinged and extreme personalities that find their way into the American political landscape.

As to the answer the question that Google originally posted, “Can a felon run for the office of President of the United States?” The answer is yes. Yes they can.

Lance Allen Wang is an Iraq Veteran and retired Army Infantry officer who lives in Eagle Bridge, NY with his wife Hatti.



Help Wanted

APPLICATIONS BEING ACCEPTED

The Town of Jackson Highway Department is seeking applicants for a full-time year-round permanent position. Potential candidate must have a minimum of a Class B CDL. Snow plowing and over time is a must. Mechanical abilities and equipment operator skills a plus.

Must be able to work with the public and be a team player.

Competitive pay, health insurance package, paid holidays, paid time off.

Interested parties may pick up an application at the Town of Jackson Highway Garage during normal business hours. For further information, please contact the Highway Superintendent Sean Carney at (518) 677-3678.

Should the ‘quiet car’ be *that* silent?

Greg Schwem
Tribune Content Agency
Special to This Newspaper

The man sat in the half full subway car as the Chicago skyline whizzed by on a humid Thursday morning. Oblivious to the heat or the scenery, he was only interested in discussing his problems with the unseen and unheard voice at the other end of his phone.

Between the Midway Airport and Roosevelt stops, I learned the following:

The servers were malfunctioning, and he may have to work this weekend to ensure proper uptime.

If Celine comes to the party Saturday, the least she could do is bring some White Claws. But that’s probably not going to happen because, after all, we are talking about Celine.

You’d think Southwest would have cheaper fares to Denver, but the airline industry has gotten so greedy since COVID.

Biden STILL has his vote, despite calling Trump his “vice president.” NOTE: This conversation occurred before a certain commander-in-chief agreed to step aside.

Fellow passengers glared at him. Head shakes and eye rolls abounded. Some donned AirPods or headphones so they wouldn’t have to listen to the nonstop stream of chatter, which only grew louder as the train rumbled along and became more crowded. A few were probably convinced they knew Celine.

This scene plays out daily: Mobile phone users rambling on as if the world’s population had suddenly shrunk to two inhabitants. Debate over talking on cellphones in public began about five minutes after cellphones were invented, with no consensus ever reached. Thankfully, air travel is still phone-free once flight attendants make the “switch to airplane mode” announcement and everyone complies except the guy in 12D screaming at his bathroom contractor about the shower door that has yet to arrive and he is looking at another TWO WEEKS

of showering in his THIRD bathroom!

Trains, such as the one I use to commute between Chicago and its suburbs, have designated “quiet cars.” Passengers in these cars tap on their phones but avoid talking on them, confident they are obeying the rules.

But are they?

Some of these passengers amiably chat with fellow riders. Some conversations turn lively. Also loud. How, I wondered, is this not a violation of quiet car etiquette? Is talking on a phone rude, or is talking in general rude if doing either disturbs the inner tranquility of those within earshot?

Personally, I enjoy eavesdropping on other people’s lives, no matter who they are talking to. I’ve met new friends in bars this way. Recently, I booked a corporate speaking date after overhearing an insurance agent in an airport food court praising Tucson as the site of his company’s upcoming annual conference. I asked if that conference included keynote speakers. He put me in touch with the company’s meeting planner, and now I’m researching plane schedules. Southwest is slightly cheaper, by the way.

COVID-19 may have resulted in higher travel fares, but it also deprived us of communication skills. We grew used to and, in some cases, thrived on solitude. Zoom enabled us to mute our microphones and turn off our cameras if we wanted to step away from the world around us.

I am certainly not condoning public phone conversations, for I don’t know if I could handle sitting next to a fellow commuter yammering about his or her weekend plans, even if mine were more interesting. But I



TNS

find a world of conversation preferable to one of silence, as society learns nothing from the latter. In past columns I’ve written about my habit of inserting myself into strangers’ conversations, some with pleasant results and others deteriorating into looks that say, “Please get away from us, you creepy nosy old guy.” But I will never cease my habit, for I find it educational. Also fun.

So, guy on the train with the server issue, continue your conversation; but please imagine if the person on the other end were standing next to you. Keep the volume at that level. You will not get an eye roll from me.

When you’re done, maybe we can discuss Kamala.

Greg Schwem is a corporate stand-up comedian and author of two books: “Text Me If You’re Breathing: Observations, Frustrations and Life Lessons From a Low-Tech Dad” and “The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian,” available on Amazon.com. Visit Greg on the web at www.gregschwem.com.



THEATER REVIEW

People who love what they do

Darren Johnson
Journal & Press

A person responded to our recent “Ride Along” post featuring truck driver Lissa Chambers, “I love it when people love their jobs.”

I have to agree with that sentiment.

Whenever I see someone in a job — especially if it’s a job the larger society doesn’t ascribe much glamor to — and they are giving it their best, putting their heart into it and being good at it, I respect that. It’s actually life-affirming.

So many people seem to half-ass their jobs. If you are a business owner and have a bunch of employees malingering in, your business won’t last long.

And, as a person, if you don’t take pride in your work, does that carry over into your personal life? How you treat your relationships? I’d venture the people who are good workers are also good in their personal lives. As long as one isn’t a workaholic and neglects family time.

Which brings us to the storyline of “Mary Poppins” — Poppins herself has a job society doesn’t value much: Nanny. But she’s the best ever at it.

She gets called into a patriarchal home with a workaholic banker dad who thinks he’s important, and he’s constantly railing against his wife and kids. Until Poppins

can show them how to see the bigger picture.

I attended the opening of “Mary Poppins” last month at Fort Salem Theater. It was standing room only.

Not only the character Poppins has both heart and talent but so does the whole production team. Excellent acting, dancing and singing all around. This production is on par with an official touring Broadway show and the theater is beautiful. The sets should also be mentioned as phenomenal. So much sweat and attention to detail went into this production.

Kyle West, the heart and soul of this theater he’d bought a few years ago with husband Jared, is also a person who gives it his all.

We’re lucky to have a troupe of this stature and fortitude in our region.

The show runs until Aug. 11. You should go. Buy tickets on FortSalem.com. Some shows still have a few tickets left.

Owning a local newspaper, I have some similar trials and travails as West. We both have deadlines, both put out a public product, and we both have to attract talent that is willing to give it their 100% for cheap or free.

People called to a higher purpose than money — the plot line of Poppins vs. the



Michael Nichols-Pate as Bert and Jaynie Parmenteras as Mary Poppins

banker dad.

The actors on stage opening night were awesome. Too many to mention, and I don’t want to single anyone out so not to omit anyone. Everyone was great. See the cast list on FortSalem.com. Amazing resumes, too. Go see it – if you can’t get tickets, look forward to the next Fort Salem production. That’s sure to be great, too.

FUN & GAMES SOLUTIONS

Boggle: SUDAN
INDIA SPAIN KE-
NYA NEPAL HAITI
MALTA ITALY
CHINA

Jumble: DAISY
PRICE SQUAWK
MAGNET - RAISED
A STINK

SCRABBLE G|R|A|M|S SOLUTION

C ₃	H ₄	U ₁	T ₁	I ₁	S ₁	T ₁	RACK 1 = 74
D ₂	E ₁	L ₁	I ₁	R ₁	I ₁	A ₁	RACK 2 = 58
H ₄	O ₁	M ₃	E ₁	R ₁	E ₁	D ₂	RACK 3 = 63
G ₂	I ₁	R ₁	A ₁	F ₄	F ₄	E ₁	RACK 4 = 68
E ₁	N ₁	T ₁	I ₁	T ₁	L ₁	E ₁	RACK 5 = 57

PAR SCORE 255-265 TOTAL **320**

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'Big days' at the Cambridge Fair

Here's our regular look at articles the appeared in the various editions of our Journal & Press family of newspapers from decades past...

100 Years Ago August 13, 1924

Today is the first of the "big days" at the Cambridge Fair and especially favorable weather seems to favor the big show. The fair opened Tuesday, but there was no racing program that day, and those who attended gave their attention to exhibits which were being arranged. One notable feature of the fair this year is the automobile section. Some eighty cars of various makes are displayed by dealers.

Thursday there will be an exceptionally fine racing program, which will include the free-for-all race in which several of the fastest horses in the East are entered. It is expected that the Cambridge track record is likely to be broken in this race, as never in the history of the fair has such a notable list of fast horses been entered as in this and some of the other races.

90 Years Ago August 8, 1934

The authorities of the Greenwich extension center of Skidmore College are delighted with the prospects for attendance at the next session, which opens September 20. Professor Edgar H. Henderson, direc-

tor, reports that a large part of last year's freshman class will return for sophomore work, that there will also be several outside additions to the sophomore class, and that next year's freshman class promises to be considerably larger than last year's.

This increase in attendance, together with the addition of sophomore work, has made it necessary to add a new member to the faculty, and also to secure a separate building for the activities of the center. Last year, classes were held in the Greenwich school building. It is expected that quarters will be secured which will provide lecture rooms, a library, and offices.

80 Years Ago August 9, 1944

Frank J. Wurm Jr., of Salem, known as "Socko," signed a Brooklyn contract in the Dodgers' Ebbets Field office Saturday. Socko started with the Durocher men Monday morning when they left to invade the national league's western cities.

Son of Mr. and Mrs. Frank J. Wurm of Salem, Socko was just recently discharged from the army. He served as an artillery man attached to a battery of 155-millimeter rifles of the 36th division of the fifth army. He was in North Africa and later saw a great deal of action in Italy. There, he was injured and was hospitalized for some time before being sent home.

Previous to entering the service, Socko had completed one season for Olean of the Pony League, a Dodger farm club. He will start with Brooklyn as a relief pitcher, until manager Durocher believes him ready to take a regular turn.

70 Years Ago August 11, 1954

The summer of 1954 so far has proved unusually cool, and many people in this section believe it is extra damp. True, there has been rain frequently, in fact, it seems like almost every day, but the weather bu-

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reau reports that the total precipitation has not been much above normal.

While other sections of the state and nation have been suffering from drought conditions, this part of the state has had sufficient rainfall, and as a result, the countryside is far more lush looking than is expected the first part of August.

The frequent showers have kept lawns in excellent condition, pastures and hay fields green, and roadsides free of dust than usual. The showers too have interrupted many picnics, ball games, golf matches, and other outings.

Please read more on the next page

THROUGH THE DECADES

(cont.)

60 Years Ago

August 6, 1964

“Never knew a summer like it,” most everyone says. And that may very well be true, but there was a summer almost exactly like it, and that was just 100 years ago.

Every week the chronologer consults The Journal published 100 years ago for an item to be printed in the Faded Files column, and he has collected a half-dozen news items from The Journals of the summer of 1864, telling the story of the weather that year:

May 26, 1864:

“From all parts of the country we hear the unanimous report of fine weather and forward crops. With us, as with our neighboring counties, everything promises an excellent yield and abundant harvest. Fruit especially, if not nipped by late frost, must be very plentiful. The trees are literally covered with blossoms.” – Glens Falls Republican

July 7, 1864:

The drought still continues with us – only a few drops of rain in most a month.

July 14, 1864:

That was a true shower we had on Mon-

day afternoon and we need many more like that to revive vegetation and recover from the drought.

40 Years Ago

August 9, 1984

Preservationists announce that the Rexleigh covered bridge restoration is complete and the structure will be rededicated and open to traffic Sunday, August 12, following ceremonies at 11:00 a.m. The 110 year old bridge, a National Register Historic site, spans the Battenkill between the towns of Salem and Jackson and had been closed to traffic since 1977 because of rotted timbers and a worn abutment.

Originally, the Washington county board of supervisors thought the restoration was too costly, and even with the aid of a \$100,000 National Historic Preservation matching grant, it was decided to not restore the bridge.

A great outpouring of disappointment from the people in the county and the energetic circulation of petitions to save the bridge, spearheaded by the late Bernice Langlois of Jackson, brought about a change.

The Rexleigh Covered Bridge Association was formed and pledged to work with the Washington county board of supervisors and to raise \$20,000 to help pay for the res-

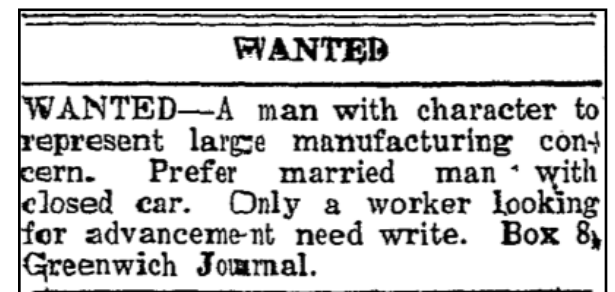
toration. Through volunteer effort, nickels and dimes were collected in containers in local stores, checks were received through a mail campaign, and receipts from auctions and square dances enabled the organization to realize \$10,000 more than its set goal.

30 Years Ago

August 4, 1994

A time machine will not be necessary on Sunday, August 14. Eighteenth Century Day, presented on the lawn of General Philip Schuyler’s 1777 plantation home, will enable visitors to experience the work and pastimes of the 1700’s. Demonstrations of trades such as farming, spinning, wood carving, tinsmithing, and weaving will be presented. Performances of popular entertainments of the time, including storytelling, fife and drum music, and Punch and Judy will be given.

–Compiled by Kaylee Johnson



Adopt one of these amigos!

Our Best Friends Rescue would like you to meet the Three Amigos – 8 week old Bichon poodle mix puppies. These boys will grow no bigger than about 9 pounds.



Fully vaccinated and ready for their forever homes. Friendly and rambunctious and super adorable. Available for adoption and fostered locally through Our Best Friends Rescue. Apply via www.ourbestfriendsrescue.org or email ourbestfriendsrescue@gmail.com. Questions? Please text 518-900-2744. Our Best Friends Rescue is a 501 (c) 3 not-for-profit organization.



Trash or treasure? Your old books.

Sarah Murphy

Special to Journal & Press

For many readers, a book's physical form is as important as the story it contains. There is nothing quite like the scent of a fresh hardcover, or the feel of a well-worn and well-loved paperback. Some sit on our shelves as badges of honor (I did indeed read "War and Peace," would you like to ask me about it?); some sit for years on a nightstand waiting to be opened, and others we read over and over and over again. Some special ones get loaned to friends and family (I love this book, and I love you, so I think you'll love each other!), and others help to keep furniture steady on old, uneven floors. It's tempting to get sentimental about these objects, these friends and frenemies who've moved with us from apartment to apartment to storage unit to house. But is it ever okay to say goodbye to a book's corporal form and simply let the stories live and die as memories? Yes. It is okay to discard, rehome, or otherwise rid oneself of physical books.

Having made the decision to divest, one must, however, face a difficult truth. It's possible nobody wants your old books.

Sometimes your trash is indeed someone else's treasure, but sometimes your trash is my trash too. On the other hand, many books have long lives ahead of them and by donating or selling, you free yourself of the physical burden, you allow the possibility of someone else benefitting, and you avoid sending perfectly reusable items to the landfill. How on earth do you know the difference between the trash and the treasure? Given that these labels are entirely subjective, it's not possible to know for sure. But there are some steps you can take to assess what you have and to determine if it's worth passing on and, if so, to whom.

Here are a few things that librarians and booksellers consider when assessing a book's value: condition, popularity, scarcity. Granted, these terms are all nearly as subjective as trash and treasure, but they can offer some guidance. If a book scores high on

all three, i.e., it's in like-new condition, it's a title or an author with a lot of fans, and you don't often see copies at garage sales or thrift stores, it's a rare gem, and must be given a second chance at life! But most of the time, it's either hard to assess all three of these measures, or a book may score high in only one or two categories and very low in another. At this point you might be thinking: my goodness, this is a lot of work! And you're right! Remember this the next time you bring several boxes of books to donate to a library. If you haven't done the work to assess these books, someone else needs to, and not every library can.

At Greenwich, we are lucky to have staff on hand to handle donations and choose which, if any titles, can be added to our circulation collections. The majority of the donations go on to our Friends of the Library group who take on the additional jobs of sorting and selling the books that meet their standards. Many other books end up on our popular free cart or at one of the Little Free Libraries in town. But the truth is that a fair number of items do end up in the trash. This is usually a problem of condition. Dusty, dirty, or worse, moldy books are not fit for any bookshelf. Paperback books can generally be recycled. Hardcover, or clothbound books, must have their covers removed and binned. The pages within can then be recycled. A lot of work indeed.

We ask that patrons consider condition and age before donating. The Friends find that titles published within the last 10-15 years are more likely to sell than older books (with some notable exceptions, for example children's books which have a longer shelf life), and we all agree that condition is key. In a humid climate like ours, a little light brown discoloration (called foxing) is acceptable, but mold is dangerous and can spread to other books. Any book with mold, mildew, or water damage will not be accepted. We always ask, would you buy it for a few dollars? If so, bring it in.

Let me be explicitly clear by what I mean by "bring it in." Bring your books to the cir-



ulation desk and speak to a staff member. If you have more than a bag or two, call ahead so that we can ensure someone is here to help. Do not place donations in our book drop or leave them unattended outside the library.

At the time of this writing, the Friends of the Greenwich Library are taking only children's books. Donations have been pouring in lately, and the shelves are full. But that moratorium is temporary and may be lifted at any time. It's always a good idea to call and ask if donations are being accepted. If you are looking for alternatives, the transfer station does a wonderful job of keeping books available to give away and to take. Used book stores like Owl Pen have their own criteria and are often able to take a wider variety of older titles (as long as condition is good). Thrift stores like Faerydale may also be happy to take a wide variety of books, even many that the library can't use.

I know it can feel painful to throw books away, but it is not a moral failing, and is sometimes necessary. If it helps, you officially have my permission.

Sarah Murphy is director of the Greenwich Free Library.



Lots of August events for all!

Shirley Renauld
Journal & Press

August begins in our area with Turning Point events in Schuylerville. Byron Pergrim and friends first organized a parade on the first Sunday of August to celebrate the Americans' victory in the Battles of Saratoga, which played a crucial role in winning the Revolution. This spirit of celebration has evolved into a weekend of activities at Fort Hardy Park, where the British laid down their arms. Now, the events extend throughout the week, including a natural history walk with Ranger Linda on the 1st at Stop 8 of Saratoga National Historical Park (SNHP), where you can learn about the plants, trees, and glacial activity that the soldiers experienced. On the 3rd, you can meet "George Washington" at the Schuyler House.

The week concludes with fireworks that everyone in the area enjoys. (Additionally, come to the park on the 6th to enjoy the Celtic music of the McKrells.)

Did you enjoy the Opening Ceremony of the Olympics? With 300 events ranging from archery to wrestling, we follow our USA teams, favorite sports, and athletes from our area, including Jimmer Fredette from Glens Falls, graduates of local schools, and those from Central New York. Most events will be held in or near Paris, but surfing will take place in Tahiti. (France included its territories in the flame's visits.) We watch as medals—bronze, silver, and gold (actually silver with a coating of gold)—are awarded and see athletes proudly wear them during the Closing Ceremony on the 11th.

The Olympics inspire us all to keep practicing our sports skills as we continue with our schooling and work. There's no age limit for participating in the Olympics: the youngest athlete was 12, and this year Simone Biles is the oldest. Many athletes are students or professionals, such as BYU Professor Jared Ward.

"Take me out to the ball game..."

Starting on the 14th, baseball enthusiasts can follow the Little League World Series, which is played in Williamsport, PA, where Little League started. If you're into basketball, consider a day trip to the museum in Springfield, MA, just off Interstate 91. For volleyball fans, visit its museum in Holyoke, where the sport was invented. Bryan even brought extra sand to a flat area along the Hudson to play beach volleyball at gatherings. (He will be watching the games near the Eiffel Tower.) Lacrosse, America's oldest sport, has its museum just outside Baltimore, MD. Here, you can learn about the game's history, first played by Native Americans. When students on the Onondaga Reservation moved on to high school, they could only play it intramurally because other area schools lacked competitive teams. How times have changed! Now you can play all year round, indoors or out. Unfortunately, lacrosse is not an Olympic sport.

There is no age limit for the Summer Reading Programs at our local libraries, but they end on the 14th. Those who reach their reading goals will receive a sheet of ride tickets for the Washington County Fair from Easton. Also, get your half-price advanced-sale tickets at the Fair Office until the 16th.

Share the Road

Why do locals and visitors travel around our rural countryside? Whatever the reason, we are all advised to:

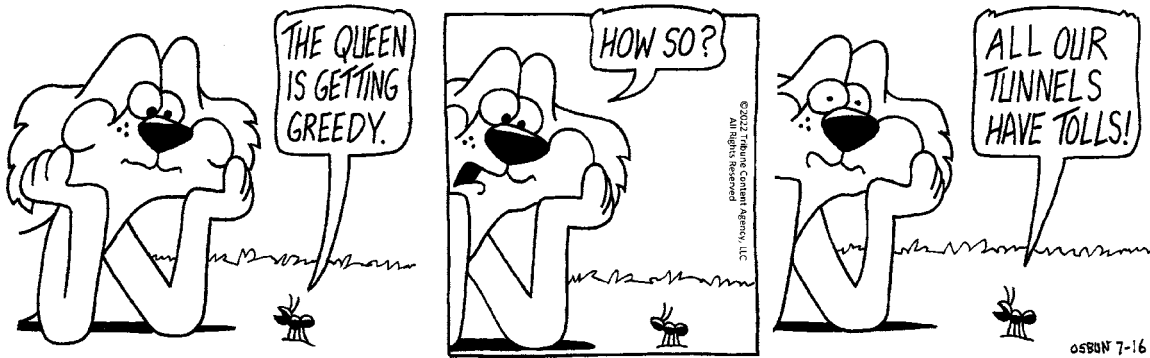
Be Aware - Share the Road - for everyone's safety as we use this public space. As we travel, we must be mindful of varying vehicle speeds. Public Works puts up signs along the road to alert us when mowing the roadsides or repairing highways. On the back of farm tractors and equipment like hay-cutting, tedding, baling machines, combines harvesting rye, or buggies bringing Amish goods to sell or shop, you'll see orange triangles indicating slow-moving vehicles.

Watch for blinking signal lights that show when a vehicle is about to turn, perhaps to drop off donations of clothing or bottles and cans, stop at a farm stand, visit a kiosk to exchange books, or trade artwork. Many locals and visitors stop to observe and photograph the scenery or activity on the Hudson, such as morning fishermen or boats with solar panels. We might need to slow down and go around parked vehicles, such as those of people delivering mail, packages, or fuel oil, or working on utility poles and lines. There might also be a line of parked vehicles for outdoor events like the Forever Farmland Supper at Hand Melon Farm on the 1st, a fundraiser for ASA (Agricultural Stewardship Association), or people gathering along the Route 29 bridge to watch the Cardboard Boat Races at Fort Hardy Park beach on the 10th, after building boats at Hudson Crossing Park on the 8th and 9th (sing "Row, Row, Row Your Boat" in a round to encourage them!). It could also be overflow parking for town hall, library, or church events. The program at the Fort Miller Church on the 7th will tell us about the "furnaces" on Bald Mountain that produced lime from limestone left by the melting glacier—and the workers' families who built the community.

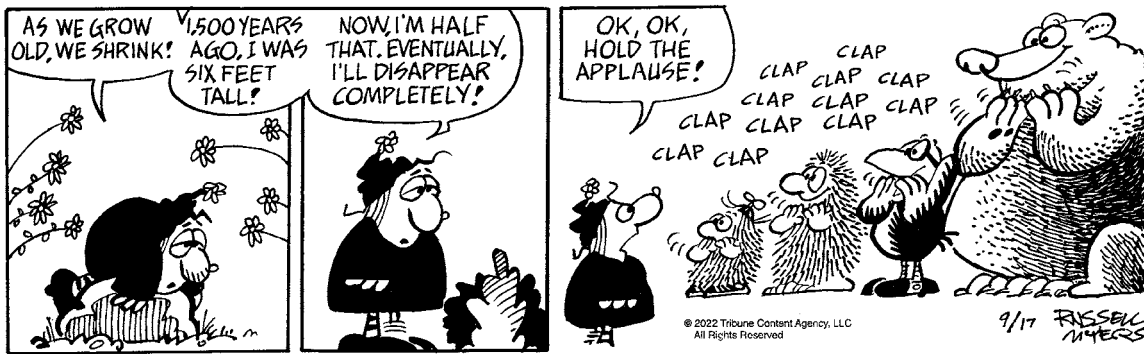
We watch for wildlife as we travel: the turkey family with growing poults, woodchucks or squirrels crossing the road in search of food—or those that have been hit, and deer, especially in the evening. We also see bats at dusk, which are beneficial as they eat mosquitoes. One morning, Jack found a cluster of bats hanging upside down by their claws in an unused barn he was exploring. Asa was surprised to find a bat on a window screen one morning. It was easy to see fur instead of feathers and teeth instead of a beak. In the story of "Stellaluna," she learns that she isn't a bird but a flying mammal, like a mouse with wings. We'll remember these observations as we make Halloween decorations.

FUN & GAMES

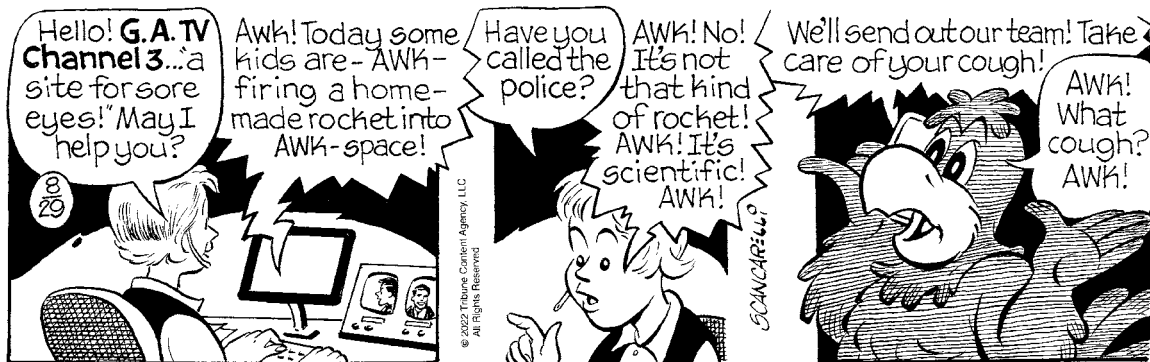
Animal Crackers by Fred Wagner



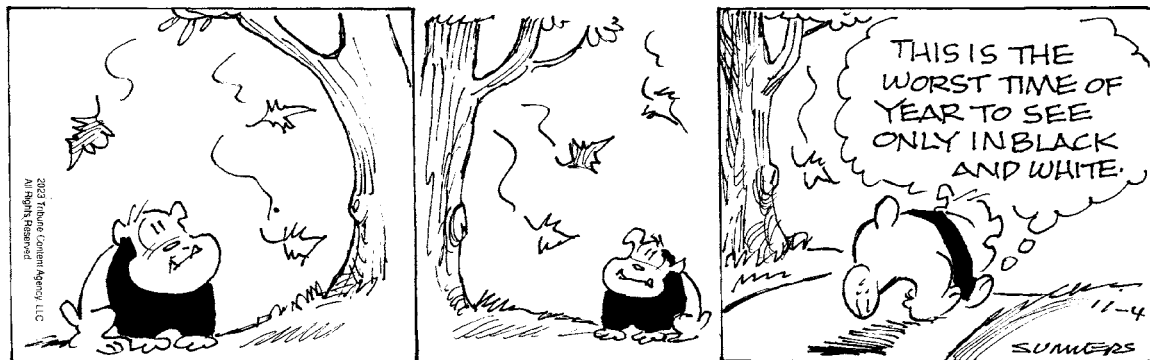
Broom Hilda by Russell Myers



Gasoline Alley by Jim Scancarelli



The Middletons by Dana Summers



9 to 5 by Harley Schwadron



"Just something to tide me over until I win the super duper lottery jackpot ..."

Word Play Answers Page 21

JUMBLE

THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

SIDYA
□ □ □ □ □

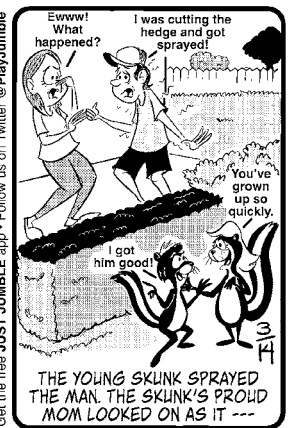
CERIP
□ □ □ □ □

WAUSKQ
□ □ □ □ □

GEMTNA
□ □ □ □ □

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□ □ □ □ □

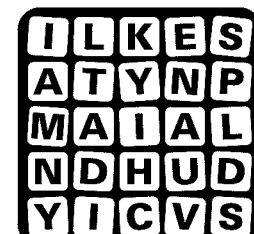


Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

□ □ □ □ □

Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek



INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter once within a single word. Play with a friend and compare word finds, crossing out common words.

BOGGLE POINT SCALE	YOUR BOGGLE RATING
3 letters = 1 point	151+ = Champ
4 letters = 2 points	101-150 = Expert
5 letters = 3 points	61-100 = Pro
6 letters = 4 points	31-60 = Garner
7 letters = 5 points	21-30 = Rookie
8 letters = 10 points	11-20 = Amateur
8+ letters = 15 points	0-10 = Try again

Boggle BrainBusters Bonus
We put special brain-busting words into the puzzle grid. Can you find them?
Find AT LEAST NINE FIVE-LETTER COUNTRIES in the grid of letters.

FUN & GAMES

More Word Play Answers Page 21

SCRABBLE G₂ R₁ A₁ M₃ S₁

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□ □ □ □ □ □ □ □ □ □
 I₁ U₁ T₁ T₁ H₄ C₃ S₁ Double Word Score □ □ □ □ □ □ □ □ □ □
 RACK 1

□ □ □ □ □ □ □ □ □ □
 A₁ E₁ I₁ I₁ L₁ R₁ D₂ □ □ □ □ □ □ □ □ □ □
 RACK 2

□ □ □ □ □ □ □ □ □ □
 E₁ E₁ O₁ D₂ M₃ R₁ H₄ □ □ □ □ □ □ □ □ □ □
 RACK 3

□ □ □ □ □ □ □ □ □ □
 A₁ E₁ I₁ F₄ R₁ G₂ F₄ 1st Letter Triple □ □ □ □ □ □ □ □ □ □
 RACK 4

□ □ □ □ □ □ □ □ □ □
 E₁ E₁ I₁ L₁ N₁ T₁ T₁ □ □ □ □ □ □ □ □ □ □
 RACK 5

PAR SCORE 255-265
 BEST SCORE 320

FIVE RACK TOTAL
 TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. SOLUTION TOMORROW

Word Find By Frank J. D'Agostino

Find these words associated with marching bands (and find Frank's word find books on Amazon):

Band	Field	Parade
Baton	Fife	Perform
Beat	Flag	Sing
Bells	Flute	Slide
Buses	Horn	Team
Chimes	Jacket	Timpani
Clarinet	Kilt	Trumpet
Cornet	March	Tuba
Drills	Music	Uniform
Drums	Pants	Vests

D T I F Q U N I F O R M J
 R J R L C H I M E S B A A
 U C H U Q K N V S I U R C
 M L T T M R F A V N S C K
 S A G E O P N I F G E H E
 K R D H A O E B E I S J T
 C I T R T M H T E L F V P
 O N L A I I P A R A D E E
 R E B T M L U E W B T S R
 N T H D P S L I D E U T F
 E K N P A N T S E L B S O
 T A O Y N F L A G L A N R
 B C J G I Y C M U S I C M

Filbert by LA Bonté

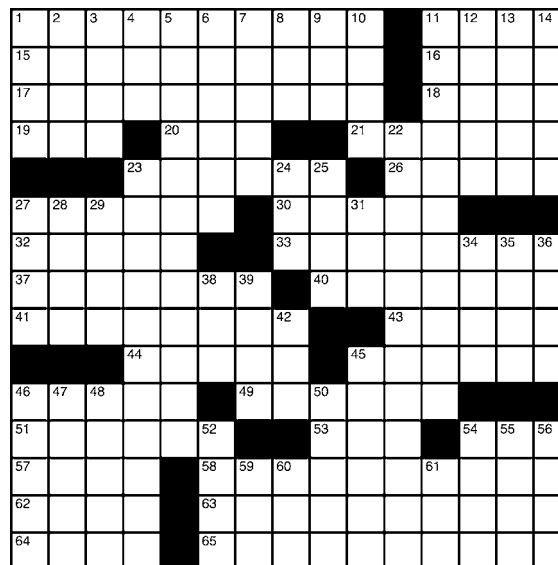


Political Cartoon of the Month by Joel Pett



Tribune Crossword

Across
 1 Tools that may cause webpages to go down
 11 Ersatz
 15 "I said what I said"
 16 Grilled fruit in tacos al pastor
 17 Relaxes
 18 Uses one's discretion
 19 Cardinal pts.?
 20 Racetrack doc
 21 Takes the wrong way
 23 Confer (upon)
 26 Words of concession
 27 Second cousin?
 30 French region that produces GSM blends
 32 Juvenile retort
 33 Grenache, Syrah, or Mourvèdre, e.g.
 37 Home of the Kraken
 40 Streaming option
 41 Champurrado, for one
 43 Goddess of peace
 44 waves
 45 Motes
 46 Worshipper of the sun god



Huitzilopochtli
 49 Neglect
 51 Roughly 3.26 light-years
 53 "Candidly," initially
 54 White lie
 57 Brouhahas
 58 In person
 62 Ready

brand
 11 Like a review that's not very revealing?
 12 Semiaquatic mammal
 13 Stud fees
 14 En
 22 Footwear with overlays

Sudoku

Each column/row must contain the numbers from 1 to 9, without repetitions. The digits can only occur once per block. The sum of every single row, column and block must equal 45.

8	1			5			9	
				9	3	6		
								7
	8	5		4				
1								8
		9		2		7	6	
6								2
		2	3					
	9		4					3 1

63 Protester's medium
 64 Set (up)
 65 Like maple-glazed bacon

Down
 1 Pt. of GPS
 2 Like some softball teams
 3 Rough patches
 4 "Ex's & ___": Top 10 hit for Elle King
 5 Good motto to follow in a National Park
 6 Most recent in baseball's Pine Tar Incident
 8 Canine care org.
 9 B&B units
 10 California-based chocolate

23 Red carpet list
 24 NHL legend
 25 Question of time
 27 Beer-brewing mixture
 28 Layered snack
 29 Charcuterie fare
 31 Elizabeth Acevedo's "___ to the Head Nod"
 34 Actor Guinness
 35 Sakura color
 36 Old flames
 38 Cap
 39 Diana Rigg's first name
 42 Fish that symbolize love and friendship
 45 With nuances
 46 In pieces
 47 "White Teeth" novelist Smith
 48 Familiar theme
 50 Angioplasty tube
 52 Fiscal execs
 54 Lot
 55 Frozen brand
 56 "Sesame Street" roommate
 59 "The Hate U Give" actor KJ
 60 Disneyana collectible
 61 Celebratory acronym

Animal Control update

Join the discussion on animal control policy in the Village of Greenwich

Amanda Hurley
Mayor of Greenwich
Special to Journal & Press

As you may know the Village of Greenwich Board has been chatting about our animal control policy for the past couple of months. And now we are moving to bring the conversation to a wider audience. On August 12th we are hosting a public hearing at 7 p.m. to hear directly from residents about their experiences and ideas for animal control policies in the Village. This will be the chance for you to have a say in how we shape the policies of our furry and feathered friends.

In my short time in office, it's been pointed out on various occasions that our previous animal control policy was, well, a bit on the vague side. Our goal now is to create something that's straightforward and effective. We want a policy that makes sense and ensures everyone in Greenwich can live happily and equitably, whether you're a pet owner or not.

A few (but not exhaustive) topics we're focusing our discussions around include:

Setbacks for Animal Enclosures: We want to make sure everyone knows where animal enclosures can be placed. This isn't just about keeping things tidy; it's about en-

suring that neighbors can enjoy their spaces without unexpected smells or noises. We're also considering reviewing lot sizes as a basis for enclosure placement and the number of animals allowed. Let's figure out the best way to keep the peace and ensure everyone has their space.

Caps on Chickens and Other Animals: Raising egg laying hens has become a popular hobby. But we need to consider how many are too many. We're looking at setting reasonable limits so that animal-keeping remains a joy for everyone and doesn't turn into a nuisance.

Clear and Simple Guidelines: The previous policy left too many gray areas. We're working towards a policy that's easy to understand and follow. Clear rules mean fewer misunderstandings and more harmony in our community.

This hearing is your platform to share what's been working, what hasn't, and what you'd like to see moving forward. Do you have feedback on setback guidelines? Thoughts on the ideal number of chickens per household? Or maybe you've had a not-so-great experience with the current policy



and have suggestions for improvement.

Your feedback is crucial in helping us build a policy that reflects the needs and wishes of our community. So, mark your calendars for August 12th and come join us. Let's work together to create an animal control policy that's fair, clear, and makes Greenwich an even better place to live.

And while I've got your attention, I will make a shameless plug to ask you to mark your calendars for another important date: on August 29th, village and town officials will be guest bartending at Wallie's from 4 p.m. to 8 p.m. to raise money for Witches Kittens. This fantastic organization recently helped remove over 70 cats from a home in our village, and we want to support their efforts.

Amanda Hurley is Mayor of the Village of Greenwich, NY.



United Way promotion

Tri-County United Way announced the promotion of Laura Jensen to the position of Director of Community Engagement effective April 2024.

A resident of Queensbury, Jensen holds

a master's degree from Marist College and a Bachelor's degree from SUNY New Paltz.



Congrats, Aidan!



A recent event at the Middle Falls Fire House honored Greenwich's Aidan Jones as Eagle Scout. Senator Jake Ashby sent aide Carmen Vogel with a proclamation. Also presented were many letters of recognition from various organizations for achieving scouting's highest rank advancement. Rough and Ready firehouse made him an honorary member in recognition of his work.

His Eagle project was a video archive for the Rough and Ready Museum. He video recorded Gary St. Mary talking about the artifacts, space, content of the Rough and Ready Fire Museum and more. The videos are available on a youtube channel: <https://www.youtube.com/@RoughNReady2> but also a self guided tour at the museum has been made via QR codes.

Jones actually made Eagle Scout last year, but the Eagle Scout Court of Honor was delayed because shortly after graduation he was off to basic training and the Air Force Academy in Colorado Springs.

In this past year, he has successfully completed Basic Cadet Training and earned his place in Squadron 18: Nightriders. He was also selected to be part of the Cadet drum and bugle corp.

Congrats, Aidan! Surely many more great accomplishments to come!



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Still coping with inflation

Jill Schlesinger

*Tribune Content Agency
Special to Journal & Press*

When the government released the June Consumer Price Index, there was a sigh of relief among economists.

The overall CPI rate actually slid by 0.1 percent in June from May. For the 12 months through June, CPI increased by 3% and the core rate, which strips out food and energy, was up 3.3%, the smallest 12-month increase since April 2021.

Let's underscore something: Inflation refers to the rate of change in prices. When the economy grows, we always expect some inflation.

In the decade before the pandemic, prices rose by about 2% every year, which coincidentally, is the Federal Reserve's target for inflation. Two percent is the Fed's guesstimate of where it thinks the economy can operate at a pace that is strong enough to create jobs, not too hot to foster inflation, and high enough that if conditions sour, they have room to cut.

Given the past few years, 2-percent inflation seems quaint. When COVID lockdowns were lifted, supply chains were constrained, just as people were ready to go out and spend their COVID relief dollars.

As a result, prices soared, and the inflation rate peaked at 9.1% two years ago. Now that rate has dropped to 3%, which is great, but it does not mean that prices have

dropped by 6.1%. It means that the overall rate of price increases is slowing down, a condition that economists call "disinflation."

Unfortunately, prices are almost 23% higher than they were 5 years ago. According to the Public Policy Institute of California, had the economy been operating at the pre-COVID 2% inflation rate, prices would be just 11% higher than they were five years ago.

I know you want prices to fall (that's called deflation), but that usually does not happen to the overall inflation rate unless there is a major economic slowdown or a recession, something we should be rooting against.

While the inflation rate is moving in the right direction, it has not receded to the point where the Fed is going to cut rates at its next policy meeting later this month. If the data continue to show improvement this summer, the central bank could be eyeballing the September meeting for the first cut.

Until then, refresh some tried and true inflation-coping basics. Start by tracking your spending. Although the little things can add up, pay close attention to the biggest categories, which are housing, transportation (including gas) and food.

It doesn't matter how you keep track – old school pen and paper, spreadsheets, or apps, just do it for 90 days and you may find places to trim.

You may also want to think about firing

up a side hustle. A recent Bankrate survey found that 36% of side hustlers use their extra income to pay for regular living expenses, like rent and groceries.

"The average side hustlers say they make \$891 on average per month in extra income aside from their main source of income, up from \$810 in 2023." Not surprisingly, more than half of respondents have been making money on the side for two years or less, just as the inflation rate was peaking.

Bringing in extra income will hopefully prevent you from going into debt. After plowing through pandemic savings, many have turned to credit cards to meet their needs.

Households increased their revolving credit (a category comprised mostly of credit cards) by a 6.3% annual rate in May, bringing the total to over \$1.3 trillion. With interest rates high, that means anyone carrying a balance is paying an average of over 22% on that debt. Ouch.

Jill Schlesinger, CFP, is a CBS News business analyst. A former options trader and CIO of an investment advisory firm, she welcomes comments and questions at askjill@jillonmoney.com.



Learn about your family's ancestry

The Cambridge Historical Society and Museum announced an upcoming barn workshop.

"(Re)Searching Your Family's Past" takes place on August 10, 1-4 pm. Using online resources and original resource material from the Cambridge Historical Museum Archives, Carolyn Duffy will teach you the skills of a genealogical researcher. Knowing the questions to ask, as well as where to find the answers, can help you complete the family portrait of your past. There will

be some fun pre-work (you will receive a form to complete) that will help you get to know your family better. Learn about what questions you might ask, and where you might search for the answers. Snacks will be provided. \$10-\$45 per person.

Pre-registration is required. Register at: info.cambridge.ny.museum@gmail.com. It is located at 12 Broad Street, Cambridge, NY. For further information call: 518-350-0627.

On obituaries

Darren Johnson
Journal & Press

Publisher’s Note: *Did you know that The Journal & Press has a **daily** newsletter. Find it at journalpress.substack.com. It’s free but there also is a pay option, if you’re really into it! Here’s a recent column from it.*

A correction from a recent newsletter. I had mentioned the last video store in town, which closed a few years ago, but a kind reader let me know that the former owner, Bob Gustafson, had passed a couple of years the closing.

That made me rather sad. I had only really met him for the story, but it was during Covid when the store closed and longtime Video Korner customers got together and had wished him well via a drive-by, honking horns and waving signs wishing him well. I took a bunch of photos of the drive-by on June 25, 2020.

I was using a “real” SLR camera and not my phone, which, today, I usually prefer. And I remember thinking this photo of Bob could win an award or something, but I never seem to meet journalism award deadlines. Plus I think journalism awards are for the kids just coming up.

Composition-wise, the photo (**above**) captures the owner, smiling, on his last day, the name of the business in the photo, and that sunlight coming down is heavenly.

I didn’t know about the passing because the obituary didn’t run in our paper. No one sent it to us. For some reason, funeral homes mostly steer obituaries to the Post-Star (which charges a lot more for the placement) or merely online.

It’s also the families who place the obituaries, and oftentimes the families don’t live in the area so don’t know that The Greenwich Journal & Salem Press is a much more relevant placement than the Post-Star. Local people will see the obit in the local paper, and, as well, it will be archived in the local library and on the really credible New York Historic Newspapers web site. So, es-

entially, for obituaries in our region, we’re the paper of record.

The Post-Star is barely available anymore. It comes out a few times a week. Maybe you can get it at a local Stewart’s. They move a few copies here and there. They are corporate owned by a chain in a financial downward spiral, like most daily papers. What incentive do they have to keep the archives going after they finally do pull the plug on their struggling papers? I guess the Glens Falls library archives these papers, though, just like local libraries in Washington County archive ours.

In any case, I have some thoughts on obituaries:

- When I first started doing this thing called journalism in the 1990s, actually writing obits was a task we did. We treated them like stories. The funeral homes gave us some basic info, but we’d call the families and flesh out details. Giving obituary duty to a new journalist was good training — if you screw up an obituary, you will hear about it! So it teaches attention to detail; also, how to deal with interviewing real people at a low point in their lives. Now very few papers have obituary writers. Instead, the obits are sent pre-written by the funeral homes and placed for a fee. The Journal & Press charges \$100 for 400 words and a photo, though we’ll waive that if it’s just the family sending it in and they seem to be organizing all of the arrangements themselves. When I first took over The Journal & Press, I’d run them for free, but I found that I got more obits sent to me if there was a modest price. I guess \$100 isn’t much when the funeral itself is \$10,000.
- I’d highly suggest having your obituary written while you are alive with clear directions for survivors on its placement. Hire someone to write it, with your guidance, if you’d like. Your life does matter. The obituary is the final record of it. This is your chance to say things the way you want to say them.



The obituary, in my opinion, is way more important than your headstone, but costs hundreds, maybe thousands, less. People will be bumping into your obituary for many decades, maybe centuries, to come.

- But maybe your obituary is not really the definitive story of your life, but, instead, an actual article in the paper written well before your death is what people will happen upon when searching the archives decades from now. So do things now — star in a local play, open a business, be the grand marshal in a parade, have your artwork displayed in a local gallery, hold a seminar on your field of expertise at the library, be honored by your church, etc. — and contact me, and I’ll write about it — and write about you — and take a decent photo. And that will be your story for the archives.

People quote Ben Franklin as saying “Most men die at 25, but just aren’t buried until they’re 75.” OK, that may be a bit dramatic. You can still do great things at 35, 55, 75 and beyond! Just let me know, and those great things can be recorded as a story.

‘I read the news today, Oh, boy!’

MaryAnne Brown
Journal & Press

During a recent visit with friends, we discussed our concerns about current events, and one friend cited a 1967 Beatles’ song, “A Day in the Life” which begins with, “I Read the News Today, Oh, Boy!” It caught my attention and once I got back home, I played an online version of it. Although it captures some somber moments of the 1960’s – such as war, drugs and loss – it pairs its lyrics well with the music. I particularly like how the words and notes to “Oh, boy,” seem to actually sigh together. When you think about it, our troubled times echo those of our younger days.

During the Vietnam War, I was in nursing school, and there was only one television in the common room at the opposite end of the dorm hallway. Between studies and clinical rotations, I rarely had any time to watch it. Although I wasn’t constantly bombarded by reporters showing the war’s horrors, I was acutely aware of the draft and saw many young men leaving for combat right after high school. Shortly after the Kent State incident, our chorus director advised us to be cautious about participating in protests while we were visiting a college for a Glee Club concert. I sadly remember singing at the funerals of three upperclassmen who gave their lives.

Despite these experiences, I wasn’t continuously exposed to the headlines and current issues of that era as we are today. Many of us were focused on keeping up with our studies, trying to establish ourselves in adulthood, and starting families. Additionally, we didn’t have constant “breaking news” notifications or cellphones to capture our attention and keep us connected, which diminished stressors during that time period.

It is a different story these days, however. Mental health professionals have named

the stress and overwhelming feelings resulting from ongoing news consumption, “headline stress disorder.” In their 2024 research, the American Institute of Stress reports that 54% of Americans want to stay informed about the news, but following it causes them stress. The term “doomscrolling” was coined during the pandemic as consumers scrolled through negative news about COVID-19, financial projections, global uncertainties with war and conflict, and national political division—issues that continue today.

After reading or hearing the news these days, (oh boy) should we arrest someone for disturbing our inner peace? Should we advocate for a new Surgeon General warning to accompany the “breaking news” scrolling news ticker? Do we need to stock up on earplugs, sleeping eye masks, and thunder vests before news broadcasts? Of course, while this idea of personal protective equipment may bring a smile or two, it is not practical. Perhaps we can counter the effects of news anxiety and personal turmoil by finding some realistic coping strategies.

‘Local events and gatherings are a delightful way to ease stress.’

Keep in mind that a daily, hourly and even minute-by-minute stream of news is a planned marketing approach for news outlets to engage us, their consumers. Licensed psychologist, Dr. Logan Jones notes that “Unfortunately, a lot of the news we consume today isn’t so much reporting as it is a way of keeping people addicted to the news cycle.” The more sensational headlines grab more attention; thus disaster reporting and bad news become their vehicle to score higher ratings.

So, how do we restore and sustain our inner peace? Here are a few pearls that I find



helpful as I work to manage my own “headline anxiety” and regain some serenity in life. Avoid being overwhelmed with news anxiety by limiting news consumption. While staying informed is important, excessive exposure to news can negatively impact mental health. Manage social media use by resisting the urge to add news apps to one’s feeds. Overloading social media with news updates or accepting every invitation and snapping each QR code can lead to wasted time and increased stress. Subscribe to The Greenwich Journal & Salem Press newspaper, follow it on Facebook and join its daily e-newsletter at journalpress.substack.com where one can find local good news well-presented. Of course, one’s inner peace is best achieved with a focus on effective stress management techniques.

Local events and gatherings are a delightful way to ease stress. This past weekend the Schuylerville Garden Club held its annual Flower Show at the Saratoga Town Hall in Schuylerville. The theme was “A Little Bit Country.” I marvel at how every year the Town Hall is transformed from its official dwelling into a gardener’s dream complete

Please read more on the next page

LEGAL NOTICE

NOTICE FOR PUBLICATION PURSUANT TO NY LLC LAW SECTION 206

The name of the limited liability company is 2411 Overlook Way, LLC. The date of the filing of the Articles of Organization with the Secretary of State was 05/23/2024. The County in which the office of the LLC is located is Washington. The agent of the LLC upon whom process against it may be served is the Secretary of State and such shall mail a copy of any process to 73 Quiet Acres Rd., Manchester Ctr., VT 05255. The business purpose of the LLC is any lawful business purpose or purposes.

LEGAL NOTICE

Notice of formation of P.M.A Services 769, LLC. Articles of Organization filed with the Secretary of State New York on May 15, 2024 Office Location: Washington County. SSNY designated as agent of P.M.A Services 769, LLC. upon whom process against it may be served. SSNY shall mail process to: P.M.A Services 769, LLC., 1187 CR-64, Shushan NY 12873.
Purpose: any lawful activity of the LLC.

(cont.)

with fresh flower designs, horticultural displays, educational exhibits, a photography contest, along with plant and bake sales, and a benefit drawing of 35 prizes. Some 300 guests and members participated in this National Garden Club Standard Flower Show and wandered leisurely among the beautiful display of specimens and designs. One visitor who came back a second time emphasized that she found the setting to be a peaceful space that gave her great comfort and respite from today's world. This great escape was a healthy supply of Nature Therapy which strengthens stress coping skills.

There is something holy about being "In the Garden" whether it is at a flower show, on a farm, in a flower garden or a container garden. It brings peace which keeps us grounded in all that is good. In the words of the ancient hymn:

"And the joy we share as we tarry there,



none other has ever known."

Oh, boy!

MaryAnne Brown, RN, BSN, MA is a music minister at St. Joseph's Church and has a special interest in spirituality and

health. She serves on the Retreat Team at Dominican Retreat and Conference Center in Niskayuna and provides grantwriting services.



LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

Articles of Organization for a New York LLC, to wit, JOHNSON ELITE CARPENTERS & CONTRACTORS, LLC whose principal business location is in Washington County, were filed with the New York State Department of State on June 21 2024. The Secretary of State is designated agent for service of process. The P.O. address to which the Secretary of State shall mail a copy of any process against it served upon him or her is c/o The LLC, 14 Kimberly Lane, Fort Edward, New York 12828. The purpose of the LLC is to engage in any lawful activity to which a LLC may be organized under the LLCL of New York State.

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC)

Articles of Organization for a New York LLC, to wit, BENTLEY FARM & STAND, LLC whose principal business location is in Washington County, were filed with the New York State Department of State on May 4, 2024. The Secretary of State is designated agent for service of process. The P.O. address to which the Secretary of State shall mail a copy of any process against it served upon him or her is c/o The LLC, 228 County Route 313, Cambridge, New York 12816. The purpose of the LLC is to engage in any lawful activity to which a LLC may be organized under the LLCL of New York State.

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Changing from happiness to peace

Dr. Daneen Skube
Tribune Content Agency
Special to This Newspaper

Q: *I have a goal of being happy, but keep running into problems. If you pick the right job, shouldn't it make you happy? Also how can you be happy when you keep having difficulties on the job?*

A: You can enjoy your life, in and out of work, if you understand that happiness is not a sustainable state. Working to create inner peace is a goal we can achieve. Happiness, like all other emotions, comes and goes like clouds chased by the wind of experience across our inner sky.

Henry David Thoreau, the 19th-century American naturalist and essayist, observed, "Happiness is like a butterfly. The more you chase it, the more it will elude you, but if you turn your attention to other things, it will come and sit softly on your shoulder." Thoreau knew happiness cannot be a primary goal.

Think of emotions as different weather patterns. Sad, mad, glad, and scared feelings come and go in reaction to what we tell ourselves about certain situations. If a co-worker doesn't greet us, we may tell ourselves that no one cares about us. Or we may tell ourselves that they're distracted.

The more personally we take what people do, the more often we experience painful emotions. The more that we see others doing things for their own reasons, the more accurate we likely are and the more peaceful.

Ironically, we're most likely to make up that others are doing something because of us in the areas about ourselves that we fear are true.

Try this exercise: Write down moments when you get most upset. Now write down why you think people are doing these things (to you). Now highlight all the reasons you wrote down. These reasons are your worst fears.

The only way to immunize yourself



against these fears is to tackle them in your inner world. Most of us are not unique in our fears. We fear being unlovable, inadequate, rejected, stupid, or crazy. As a counselor, I chuckle at how unique my clients think they are when they first enter my office. New clients quickly discover their fears are common.

The voice we never get away from is our own. The people who raise us shape this inner voice. We often talk to ourselves the way parents talked to us. Learning to listen to what we're saying to ourselves is the first step to inner peace.

You'll be shocked when you first listen in this way, as you wouldn't talk to anyone else the way you talk to yourself. But, if you can hear this voice, you can talk back. Much of therapy focuses on changing our inner dialogue to be more compassionate, accurate, and effective.

For instance, you may lose something and start in, "What's wrong with me, I'd lose my head if it wasn't screwed on!" If we hear this message we might change it to, "Hey, people lose things sometimes. I can inexpensively replace that, and can pay more attention when I'm rushed."

Our power to change these inner voices is life changing. As we move away from critical, and perfectionist self-talk, we become calmer. Our circumstances become less overwhelming when we're on our own side.

On tough days, we have an inner champion. We aren't happy 24 hours a day, but at least we don't have an inner enemy that we're always fighting upstream against.

The "right" job won't make us happy, as no external situation can force us into happiness. Any job can be the "right" job to give us the opportunity to grow and change what we have the most power to change — ourselves.

Daneen Skube, Ph.D., executive coach, trainer, therapist and speaker, also appears as the FOX Channel's "Workplace Guru" each Monday morning. She's the author of "Interpersonal Edge: Breakthrough Tools for Talking to Anyone, Anywhere, About Anything."



The Greenwich of tomorrow?

Michael Levy
Journal & Press

In 1864, President Abraham Lincoln wrote to his Secretary of War, Edward Stanton, with the following words, “You cannot escape the responsibility of tomorrow by evading it today.” And with that thought in mind, I wonder if we may be forsaking a better tomorrow for Washington County by not thinking about its future now.

I recently reviewed Washington County’s Economic Profile from the Center for Economic Growth. Feel free to compare for yourself statistics for Washington County with those of the other counties that comprise the Capital District and a less-than-ideal picture emerges. See: <https://www.ceg.org/articles/capital-region-county-economic-profiles-2024/>.

Washington County once relied on a few key industries (e.g., manufacturing, agriculture, and mining) for its economic well-being. These industries have declined or disappeared over time. Key industries that are no longer prominent include catheter manufacturing (largely vanished from this area due to globalization and the shift of production to other regions); paper mills (such as Essity) have closed due to shifts in the economy; and mining and quarrying output seems to be down a bit - perhaps due to a declining need for slate.

Limited recreational, cultural, and social activities make Washington County’s villages and towns less than appealing to younger people. I often joke with folks that I can walk the center line of Greenwich’s Main Street at 10 p.m. on a Saturday night and not worry about getting struck by traffic. To further this point, why does the restaurant and night scene in Schuylerville, only a few miles away from Greenwich, appear to be more vibrant?

While some may see the ruralness of this area as charming, there are features for growth that are desperately needed here—roads with more than two lanes, quality high-speed internet access, mass transpor-

tation, and abundant low-cost utilities. Likewise, a lack of quality educational and healthcare facilities (i.e., hospitals) makes this county less attractive to new arrivals. In one of the most agriculturally significant regions of New York State, why isn’t there a SUNY Agricultural College located here? Why isn’t there any post-secondary institution located here for that matter?

I know there may be some readers out there resistant to change. They want things to be like they “always have been.” However, times have changed, and Greenwich must adjust to a new reality. Innovation now will facilitate growth and allow us to adapt to new economic possibilities. Using Greenwich as an example, do any old-timers here believe that the Greenwich of today is as vibrant as was the Greenwich of 25, 50, or even 75 years ago? If so, please write in to this newspaper and provide rebuttal.

Addressing the challenges to bring forth

‘But how do we do everything without raising taxes?’

a better future requires a multi-faceted approach, including strategic planning, investment in infrastructure and services, fostering a business-friendly environment, and promoting the town’s unique attributes to attract new residents and businesses.

That takes money. We all can agree that means a lot of money. But how do we do everything without raising taxes? Are state and federal grants the answer?

The strategy of seeking out grants, as well as other public funding opportunities is an important pathway to take. Grants



can provide significant financial support for the various projects and initiatives needed in the future. But we need to understand that other towns and villages across New York State are also competing for these resources with everyone else. Can we make the argument that Cambridge (home of Pie à la Mode) is more deserving of a revitalization grant than the Chenango County village of Bainbridge (once the home for production of Elmer’s Glue)? Therefore, in addition to grants, we need to implement a combination of strategies, enhance revenue streams, and improve the county’s financial health without increasing the tax burden on our residents.

We need to attract new businesses and encourage local entrepreneurship which will expand the tax base and create new jobs. This can be achieved through incentives, marketing campaigns, and improving our local infrastructure. Excessive regulation and red tape which deters investment and entrepreneurship, must be eliminated as well.

How about a few creative partnerships with private companies for infrastructure projects or services which can bring in new revenue streams? Examples include developing real estate, creating recreational facilities, or improving transportation.

Please read more on next page

(cont.)

Why are we not seeing the influx of new residents who are affiliated with Global-Foundries? Malta is a fairly easy commute from here. GlobalFoundries is building a second chip FAB plant, following a \$1.5 billion grant awarded from the federal government earlier this year. According to Senator Chuck Schumer's office, the company will make an additional estimated \$11.6 billion investment over the next 10+ years. I believe that well over \$10 billion has been invested already in Saratoga County. Global-Foundries directly employs approximately 3,000 people at its Malta site, which includes company headquarters and the FAB 8 chip factory.

When was the last time there was a new residential housing development around

these parts? There is no reason that Washington County should not be home to an even larger percentage of the Capital District's workforce than presently. Try this someday. Head west across the Hudson River to observe residential construction that is happening all over Saratoga County and then wonder why such activity essentially ceases as you drive past Fort Hardy Park and over the Schuylerville bridge as you head east on Route 29.

By expanding the housing stock in Washington County, towns and villages will significantly enhance their tax bases and their overall financial health. And when the fixed costs of running the governments of Washington County are spread across more property owners, there is a good chance that individual taxes will not go up once improved services are instituted. New homes add to the tax base, generating this additional revenue from new property assessments. Construction and development will stimulate the local economy. More residents mean more customers and a greater

demand for services and goods, all of which will boost local businesses and their profits. Sales tax revenue will also increase because of the increase in commerce.

I hereby issue a challenge to everyone in Washington County. Think about the ideas I have mentioned in this column. For a geographic area to thrive, it needs to look towards the future and not be locked into a vision of small-town pastoralism that may never have existed here. Please be open to embracing a vision that leads to a better future for us all, our children, and for their children too. Thing big and be bold! Everyone needs to take some responsibility to create the change needed. Take this random thought and feel free to own it!

Michael Levy is a retired government manager residing in Greenwich NY and is employed now as a technical consultant. He is also a Commercial Pilot and a Ham Radio operator.



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Maura Margaret Flatley, 1957–2024

Work and family were both very important to Maura.

At work she took on, learned, and mastered anything that was asked of her. This included research into robot control systems; process control software for chip manufacturing factories (“fabs”); database design and implementation; internal messaging infrastructure for complex telecom gear; and debugging tools for real-time issues, as applied to both “traditional” data switching gear, as well as the newest fibre optical technology.

Maura enjoyed the esteem of her co-workers here in Ottawa, in China, in India and in previous jobs in New Jersey. She got along with everyone – collegial, co-operative, and practical, with a “let’s get the job done” attitude. Not to mention the co-workers who became lifelong friends.

Maura grew up the youngest of six chil-

dren in a humble but hard-working dairy farming family in Greenwich, NY – in upstate New York, near Saratoga Springs. Academic excellence resulted in degrees from SUNY Potsdam and Cornell University. She then worked for some of the biggest names in the “high tech” of telecommunications: AT&T and Siemens in New Jersey, and Nortel, and Ciena in Ottawa.

It was at Cornell that she met Daniel Zlatin. Later, their marriage resulted in her move to Ottawa and 33 loving years together (shared with various cats).

She enjoyed travelling and educating herself during those travels. She was always curious about the world and had a love of nature that she used as a source of entertainment for her family, with daily emails during the last four years of her life.

But Maura was also a homebody, still very attached to where she grew up. Visits to her sisters Leona (and Peter Read) and family and Jane (and Harold Garstang), and her brothers Tim (predeceased) and Jack (predeceased), were very important to her. She made time to ensure she went “home” as often as possible, for Christmas, Thanksgiving, or Easter dinners; and also birthdays, anniversaries, and graduations. And although her brother Ed (and Dorothy) live on the west coast, she was always very happy to catch up with what was going on with him and his family.

And there are also friends from her childhood and academic years – still in touch over all the years.

Maura did not battle cancer. That was not her style. She had an 11-year



journey with it. Not always a pleasant journey – journeys can include roads that have many potholes. But such journeys are not always unpleasant, either. And in the last few weeks, maybe it wasn’t Maura journeying with it, anymore.

A Celebration of her Life were to be held at the Garden Chapel of Tubman Funeral Homes, 3440 Richmond Road (between Bayshore and Baseline Road), on Thursday, July 25th from noon until 3 p.m., with Words of Remembrance at 12:30 followed by refreshments. Links for condolences, tributes, donations and the livestream for the Words of Remembrance can be found at www.tubmanfuneralhomes.com.

Maura’s ashes will be scattered in the fall, on the hills above the farm where she grew up, completing the circle of her life’s journey.

In lieu of flowers, donations to Hospice Care Ottawa (www.hospicecareottawa.ca/), The Ottawa Hospital Foundation (<https://ohfoundation.ca/>), or your favourite health-associated charity would be appreciated.

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Rabies Clinic: Fort Ann
Saturday, September 14, 2024

Fort Ann Highway Garage
11249 NY-149, Fort Ann, NY

By Appointment ONLY

You MUST Register Online for the clinic:

<https://www.washingtoncountyny.gov/305/Rabies>

Registration link will open on September 4th
and will close on September 11th.

(or sooner if appointments are filled before then.)

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August is...

National Romance Awareness Month:

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National Dog Month:

Bring your pooch and enjoy a meal on our outdoor patio.

National Sandwich Month:

The Reuben is one of the most ordered items on our menu, have you tried it?

National Back to School Month:

End your day of school shopping with a night at Wallie's. Or grab take-out on your way home.

National Golf Month:

Be sure to register for Wallie's Golf Tournament benefiting the Cambridge FFA. (Tournament is September 14th. For info: 518-222-7064)

Scheduled Rooftop Events:

Saturday, August 10
@6:30pm
Live Jazz

Saturday, August 17
@6:30pm
Lone Lizard

Thursday, August 29
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