# SALEM PRESS

Also serving Shushan, Hebron & Neighboring Communities

# Library seeks more funding

Late October 2024 Vol. 126; Issue 4

Salem's Bancroft library is seeking additional funding from the Town of Salem. Details in the library's funding proposal state that all Salem residents who use the library would benefit from the creation of an afterschool student program. Since many adults come into the library during the afternoon who need help with printing, faxing, reference materials, and who need a place to read and work, having a specific person available for the youth, and a staff person available for adults, means that both groups will be able to have their needs at the library better served.

Please read more on page 3

Also:

Bob Henke's nature column - 6-7









## Salem Area community calendar

Current – Oct 30: Every Mon. & Wed, Sept. through Oct: Tai Chi Arthritis-Part 2 9:30-10:30a at Salem Firehouse. Call 518-746-2400 ext 3478 in advance.

Oct 14, 21, 28 @ 7:30pm: Salem Boy Scout Troup 61 meeting at Salem UP "White Church" community hall. Troop meetings are every Monday evening at 7:30pm. Info to join Troop 61: trea061@hotmail.com or 518-791-8212.

Oct 16 @6-8pm: Town of Salem Board Meeting at Proudfit Hall, 181 S. Main St.

Oct 16 @ 6-8pm: Salem Central School Board Meeting.

Oct 17: Salem Central School Picture Day.

Oct 19 @ 1-4pm: Hebron/Salem Free Repairs Café at Hebron UP Church Fellowship Hall; 3153 County Route 30, West Hebron Info: hebronsalemrepaircafe@gmail.com.

Oct 20 @ 3-5pm: Historic Salem Courthouse presents The Art of Memoir Writing Workshop with Adam Harrison-Levy. 4 consecutive Sundays. Sign-up & Info: 518-854-7053.

Oct 20 @ 2pm: Cambridge Hist.Society & Museum's Victorian Tea, Location TBD.

Oct 21 @ 9-10am: Town of Salem Economic Development Committee Meeting at Salem Town Office, 214 Main Street.

Oct 22 @ 4-7pm: Basic First Aid Course @ Proudfit Hall, with help of Salem Rescue Squad & Bancroft Library. Registration and fee for certificate course required. More info: 518-854-7463 or slm-director@sals.edu for questions and registration.

Oct 22 @ 5pm: Writer's Group at Salem Bancroft Library. No experience is nec-

essary, and everyone is welcome. Info: 518-854-7463 or slm-director@sals.edu,

Oct 26 @ 3-5pm: Halloween Trunks & Treats Free event at Historic Salem Courthouse. Info: salemcourthouse.org/upcomingevents Reserve a space or questions? Call 518-854-7053 or email courthousedirector@gmail.com

Oct 27 @ 4 p m - Dusk: Salem Art Works "Pumpkin Party" at the glass shop from 4 pm to dusk Info: salemartworks. org/

Nov 2, 8am-4pm: NY Snowmobile Safety Course at the Law Enforcement Ctr. In Ft. Edward. Info: https:// register-ed.com/events/ view/219132



under lights

**Nov 3:** Daylight Saving: Turn clocks back 1 hour Nov 3 at 2:00am

**Nov 16, 10am-3pm:** Salem CSD Booster Club Craft Fair Contact Wendy Cary for info: wacary@salemcsd.org or 518-854-6040

Please email The Salem Press@gmail.com with Community Calendar items.

OCTOBER SALEM CENTRAL HS SPORTS SCHEDULE:

**FOOTBALL:** 

Oct 18 @ 7pm: @ Greenwich under lights
Oct 25 @ 7pm: @ Chatham

FIELD HOCKEY:

Oct 15 @ 4:30: @ Granville
Oct 17 @ 6pm: @Schuylerville

**BOYS SOCCER:** 

Oct 17 @ 4:30pm: vs Greenwich

GIRLS SOCCER:

 Oct 14 @ 4:30pm:
 @ Whitehall

 Oct 18 @ 4pm
 vs Cambridge

**NOTE:** All sports schedules are subject to change

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## Library growth prompts funding request

Salem's Bancroft Public Library is applying to the Town of Salem for additional funding for the 2025 budget year.

Additional funding from the Town would allow the library to create an after-school program to benefit the children and teens who use the library during the afternoon, and it would allow for a another part-time job to be created in the town.

Over the past five years, Bancroft Library has seen an upward trend of children and teenagers using the library during afterschool hours and during the summer. The purpose of asking for more funding from the Town is to strengthen the library staff's ability to provide a safe and welcoming place for the youth (and subsequently the adults) who use the library.

The Town of Salem is currently working

on its budget, with a meeting the week of October 14th at the Georgi in Shushan.

The Bancroft Library asks that if you feel the town's children and teens deserve a safe and welcoming place to be after-school, they encourage you to come to the Town Budget meetings, or contact members of the town board at townofsalemny.gov/town-board/ to let them know.

Detailed Library Proposal information presented to the Town Board can be found

BNS-SOFT PUBLIC LIBRAG

PROPOSAL FOR FUNDING - 2025



#### BANCROFT PUBLIC LIBRARY

STRIVING TO STRENGTHEN THE LIBRARY'S RESOURCES
FOR TOWN OF SALEM RESIDENTS

at the Bancroft Library Facebook page: www.facebook.com/BancroftPublicLibrary.

## Fire prevention program in Salem

The Salem Volunteer Fire Department visited Salem Central School elementary students on Friday, October 4th in recognition of Fire Prevention Month. Join-

ing the Salem department were fire trucks and volunteer firefighters from Hebron, Rupert, and Shushan, as well as the Greenwich Fire Prevention bus, the Salem Rescue Squad, a Forest Ranger, and Smokey the Bear. The students listened to presentations about fire safety, were presented with junior Fire Fighter helmets and were able to see all the trucks. equipment, local firefighters

and apparatus in the school's driveways. This event is very popular every year with the elementary students.

In recognition of October being Fire Prevention Month, the Firemen's Association

of the State of New York (FASNY) is asking New Yorkers to remember and re-learn

basic fire safety rules that can help save lives. While it is always important to check your safety alarms and change batteries, this year's prevention theme of "Have 2 Ways Out!" urges residents to stress the importance of fire escape planning and practice.

FASNY and the National Fire Prevention Association provide the following safety tips:

#### Exit Drills In the Home

- Make a map of your home.
   Mark a door and a window that can be used to get out of every room.
- Choose a meeting place outside, in front of your home. This is where everyone can meet once they've escaped. Draw a picture of your outside meeting place on your escape plan.
- Write the emergency telephone number for the fire department on your es-



cape plan.

- Have a grown-up sound the smoke alarm and practice your escape plan with everyone living in your home.
- Keep your escape plan on the refrigerator and remind grown-ups to have your family practice the plan twice a year or whenever anyone in your home celebrates a birthday.

## Journal holds candidate event

Darren Johnson Journal & Press

This newspaper invited all local candidates to a "Meet the Candidates" event at the Greenwich Free Library on Oct. 14, which also was a holiday. I moderated the event after having invited all candidates directly as well as through their campaign managers. About two dozen local residents attended.

This event happened too late for it to be properly recorded in this print edition, however, we will have full reporting on our vibrant Substack presence – go to JournalandPress.com. Currently, our Substack posts nearly equal the readership of this paper. It's free to join. As well, we will print a fuller story in our print edition before Election Day.

The goal of the event was to get away from campaign rhetoric and to talk to the candidates about the democratic process and running for office in general. This allowed

Paula Collins



candidates to show a more personal side to themselves and the audience seemed very engaged and receptive  $_{
m this}$ approach. They also were able comment and ask questions, and the event was very civil.

Paula Collins, running for Congress; Carrie Woerner, a longtime in cumbent running for 113th Assembly, and Rachel Clothier, an appointed in cumbent



running for a four-year term for Greenwich Town Justice, accepted the invitation.

State Senate candidate and incumbent Jake Ashby and Greenwich Town Justice candidate Steve Patrick both had previous engagements on the books for the extended holiday weekend. We will interview them separately. Other local candidates did not

reply to multiple requests to attend.

Questions included the need for affordable childcare and housing in the region, the economy, broadband in our region, the effects of social media on our youth, engaging potential voters during these turbulent political times, the effects of national politics down ballot, running as a woman and potential voter biases, constituent service, being heard as a candidate while the number of media outlets shrink, and more.

Again, if you don't subscribe

to our Substack, you may want to. We publish items daily there. Yes, the print edition is our gospel, but we can be more spontaneous online. Give it a try.

We'd like to thank the candidates and audience for coming, and the Library for lending us its beautiful room. Go see those baseball portraits on display there now!



### Thanksgiving is right around the corner



# Thanksgiving-To-Go from Wallie's

Pre-order only, starting November 1st.
Orders will be accepted until November 20th
(may end sooner if we sell out, so order early.)
Pick up is November 27th.

Roasted Turkey Breast
Mashed Potatoes
Savory Stuffing
Maple Glazed Carrots
Pan Gravy
Cranberry Sauce
Pumpkin or Apple Pie

Serves 4-6

# HO 10 Parties

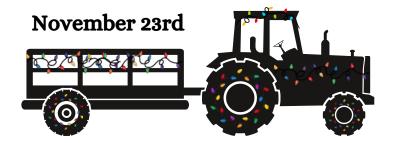
Wallie's offers professional menu planning, including plated or buffet options, private rooms, and flexible dates & times.

Call us to book or inquire about your holiday party.

**Book Now** 



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### **Lighted Tractor Parade**

Wallie's offers inside dining, outside take out, prime viewing location, and live music by The Lone Lizard

## Paranormal tours of Salem Jail

Rachel Clothier Special to Journal & Press

It has been 20 years since the Washington County Jail in Salem, NY, had its last inmate escorted out in handcuffs and sent to the new Washington County Correctional Facility, in Fort Edward, NY.

The old jail was built in 1906 and was in operation just shy of a century. The structure of steel cells is intact exactly how it was set in place 117 years ago. The three story lock up held males and females from 16 years old up, those pending trail, those who had been sentenced serving time and those who were sentenced to prison awaiting transfer.

The jail held persons on a wide variety of charges from public intoxication to murder. It also served as a shelter for the homeless on occasion. Catherine Ertel Crank wrote a book entitled "A Bed for the Night," where she tells of the numerous accounts of the jail being a more welcoming environment than the freedom of the tramp lifestyle.

Each of the jail cells still contain a cold water faucet, a toilet and a metal cot. The thin mattresses, small pillow and blankets and towels are all gone. I have walked through the old jail many times when I was the Administrative Coordinator at the Historic Salem Courthouse. I will admit it took many attempts to work up the courage to get through the whole thing. Time and harsh temperatures have taken a toll on the facility, and it now looks like something straight out of a horror movie.

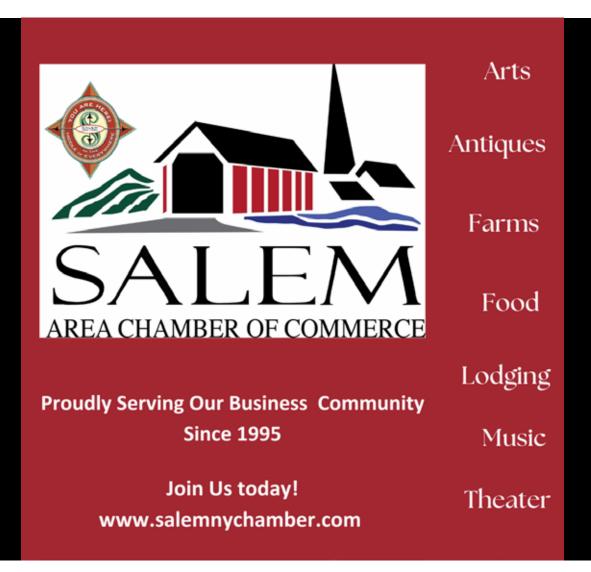
I recently toured the "new" jail in Fort Edward. I found that some things are similar; there are separate pods for females, males, and a maximum security area. However, the capacity is much larger, and the recreational areas in the new jail are inside and above ground. The old jail had rec in the basement or outside in the side yard where the children on their way to school across the street could watch the inmates hanging out. The industrial kitchen in the new jail is large; Elise Jackson, the former cook of the old jail from 1965 to 1988, would have loved the space.

You can see the inside of the Old Washing-

ton County Jail for yourself during the month of October if you sign up for one of the "ghost hunts" that Haunted Nights Events or Beyond the Grave Paranormal Investigations hosts. The events help raise money for the preservation of the historic building. Last I checked there were still spaces available for the Oct. 19 and Oct. 25 events.

Groups may contact Peter Carrolan, the "paranormal guide," at pcarrolan@gmail.com for more information on scheduling an evening at the old jail.





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# Chicken & Biscuit TAKE-OUT DINNER!

Saturday, Oct. 19th

at the BOTTSKILL BAPTIST CHURCH





bottskillbaptist.org

- Fresh, homemade biscuits, chicken gravy, mashed potatoes & coleslaw
- Mixed veggies, roll & cranberry sauce
- Your choice of homemade apple crisp or cream cheese frosted pumpkin bar

Attention Cynthia Meadows Residents: \$13 dinners w/ free delivery available.

Local ingredients from Borden's Orchard, Rock Hill Farms, Goose Island Farm

PRE-ORDERS ONLY- with take out between 4-6pm

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Bottskill Baptist Church 26 Church St. Greenwich NY

## **Pumpkins in the Park**

Hudson Crossing Park is excited to invite the community to "Pumpkins in the Park", a free event filled with family-friendly fall activities. Everyone is welcome on October 26, 2024, from 3 p.m. to 7:30 p.m. for a funfilled day of nature, pumpkins, and spooky surprises.

At 3 p.m., kick off the festivities by joining North Country Wildcare as they showcase some of their incredible birds. This is a unique opportunity to see these beautiful creatures up close and learn more about their important role in the environment.

From 4 p.m. to 6 p.m., let your creativity shine as we carve pumpkins at the pavilion. All tools will be provided, and volunteers will be available to assist. Suggested donation is \$10 per pumpkin, with all proceeds to benefit Hudson Crossing Park.

Capping off the evening, the Sensory Trail will come to life with carved jack-olanterns lighting the path, creating an eerie glow as night falls. Already carved a masterpiece? Bring it to the park and help us decorate the trail! All pumpkins not taken home at the end of the evening will be left on the trail for grateful wildlife to snack on. No open flames allowed for lighting - glow sticks or battery operated candles are suggested. The Sensory Trail is wheelchair and stroller accessible, and all are welcome to enjoy a spooky stroll through the illuminated path.

After walking the jack-o-lantern lit sensory trail, head on over to the Champlain Canal Region Gateway Visitor Center at 7 p.m. and enjoy a haunting candlelit performance by the Schuylerville Drama Club. They will be telling eerie tales from our own backyard in "Ghostly Legends: Shadows of History." It's the perfect way to wrap up an October evening—eerie, captivating, and full of local lore. The Drama Club sug-

gests a \$5 per person donation at the door for "Ghostly Legends."

Hudson Crossing Park is centered on Champlain Canal Lock C5 Island just north of the Village of Schuylerville along Historic Route 4. Learn more about this and other upcoming events at www.HudsonCrossing-Park.org.



# 'Cozy mystery' author

Author Marie Grimmke will visit Greenwich Free Library on Thursday October 24 at 6:30pm to discuss her book "Fall of the Green Witch." The event is free and open to all. Grimmke says "Fall of the Green Witch" is a cozy mystery and a romantic comedy



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rolled into one, "but more than anything, it's a love letter to small villages, gardens, community, and neighbors." The novel takes place in the town of Green, "a tiny village perfectly situated between Montreal to the north and New York City to the south, the Adirondack Mountains to the northwest and the Green Mountains to the northeast." The murder of the Green Witch in the community garden on Halloween night brings big changes to the village of Green: love, justice, and hope. Exactly as the Green Witch herself predicted.

Marie Grimmke is a graduate of SUNY Potsdam and the College of St. Rose, majoring in English and special education. She taught for more than 30 years in Galway and Granville high schools, and after retirement, she substituted and provided home instruction to students in the Saratoga Springs school district. Her writing experience, in addition to teaching writing skills to students, also includes writing feature articles for Main Street News and the Chronicle.

# College wins \$500K grant

SUNY Adirondack announced it is the lead institution for a project awarded a \$500,000 grant by the U.S. National Science Foundation in its inaugural year of the \$14.5 million Two-Year College in STEM Education (ITYC) program.

SUNY Adirondack was awarded a grant through the Improving Undergraduate STEM Education (IUSE) initiative for a collaborative project with University at Albany and SUNY Geneseo. The grant is intended to provide two-year college chemistry faculty with professional development support for collaboratively adopting and implementing evidence-based practices to improve the student experience in introductory chemistry courses.

The ITYC program granted 35 awards to institutions in 18 states and the District of Columbia. Several projects involve collaborations among institutions.



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### ONE WEEKEND ONLY!

VENUE: SARATOGA TOWN HALL- 12 SPRING ST., SCHUYLERVILLE Written By Rick Abbot Directed by Dianne O'Neill

# Zahn talks about burnout at college

SUNY Adirondack offers *Addressing Burnout*, a free workshop, from 9:30 to 11 a.m. Friday, Oct. 25, at the college's Northwest Bay Conference Center.

"We all still feel the aftermath of the global pandemic," said Kim Comisky, director of Healthcare Pathways at SUNY Adirondack. "Since 2020, the rate of burnout has skyrocketed, and this program provides attendees with tools to put things back in perspective and prioritize our wellness."

The workshop will be led by Benita Zahn, a certified health and wellness coach, who will help attendees explore burnout and how our accelerating sense of the world contributes to it. Zahn will guide participants in building personal action plans to recognize and prevent burnout.

Offered by SUNY Adirondack's Healthcare Pathways in collaboration with Hudson Mohawk Area Health Education Center, this program is designed for those working in social work, physical therapy, occupational therapy, speech language pathology and other service fields, and qualifies for CEC content hours.

Registration is free and open to the public, but required at www.eventbrite.com/e/addressing-burnout-tickets-952580141847. To learn more about the program, contact kowens@hmahec.org.

Healthcare Pathways is funded by a State University of New York (SUNY) Future of Work Centers grant that allows the college to develop career pathways and provide support to individuals pursuing careers in health care.

Zahn earned Master of Science and Doctorate of Professional Studies in bioethics from the Alden March Bioethics Institute at Albany Medical College. She worked in commercial TV news for 40 years, earning a New York Emmy, New York State Broadcasters Award, International Radio and TV Awards, and was recognized by the American Heart Association, American Lung Association, American Society of Anesthesiologists Media Award, as well as many other



honors. Benita also hosted the long-running "Health Link" program at WMHT-PBS. She co-hosts the podcast "Everything Theater" and writes about health for a number of local magazines and newspapers.

# **Quilting in Cambridge**

Join the Cambridge Historical Society and Museum (CHSM) on Saturday, October 26th from 1-4 pm, for a celebratory Open House, when they will officially welcome our quilts back home from conservation. Refreshments will be served on their porch. Last winter the museum was chosen as a grant recipient through the NYSCA/ GHHN Conservation Grant Program, that was made possible with public funds from the New York State Council on the Arts, with the support of the Office of the Governor and the New York State Legislature. With additional support from the members of CHSM through their Collection Protection Fund, two whole cloth quilts in the collection were chosen to receive special care. Older textiles are extremely fragile and are vulnerable to damage from insects, environmental changes, and long-term storage. These guilts have now been stabilized, repaired, and given new safer storage containers.

Come meet wool cloth Calimanco Quilt and learn about its fascinating history, beginning in England in the early 1700's, and continuing into upstate New York in the early years of the 19th century. Unassuming in appearance, it is a conversational treasure trove of historical textile techniques. And its sister quilt, a white-onwhite cotton Greek Revival Medallion Trapunto guilt from around 1820, also has a lot to say about the early years of the Republic. The museum curator, Susannah White, will be on hand to explain the conservation process, the challenges of caring for historic textiles, and the importance of preserving these timeless artifacts.

The Museum is located at 12 Broad Street, Cambridge, NY. The first floor is accessible to all. For further information call or text 518-350-0627, or email: info.cambridge.ny.museum@gmail.com.



### Available weekly in Salem and Whitehall!



At Hudson Headwaters, we're making access to vital health services more convenient than ever. Our Mobile Health Center can be used as your primary care provider, or supplement your health care needs—including pediatric and adolescent medicine, and gynecology. All are welcome, regardless of your insurance or ability to pay. We're here for you—closer to home.



HHHN.org

### **FINANCIAL FOCUS**

## **Consider tax-smart charitable gifts**

Breanna Lundy Journal & Press

For a small community, we are lucky to have a handful of active nonprofits right here in Greenwich! As we enter the annual season of giving, you might be thinking of charities you wish to support. But you also might be wondering how to gain some tax benefits from your gifts.

It used to be pretty straightforward: You wrote a check to a charity and then deducted the amount of the gift, within limits, from your taxes. But a few years ago, as part of tax law changes, the standard deduction was raised significantly, so fewer people were able to itemize deductions. Consequently, there was less financial incentive to make charitable gifts.

Of course, this didn't entirely stop people from making them. And it's still possible to gain some tax advantages, too.

Here are a few tax-smart charitable giving strategies:

- Bunch your charitable gifts into one year. If you combine a few years' worth of charitable gifts in a single year, you could surpass the standard deduction amount and then itemize deductions for that year. In the years following, you could revert to taking the standard deduction.
- Make qualified charitable distributions. Once you turn 73 (or 75 if you were born in 1960 or later), you must start taking withdrawals from your traditional or inher-

ited IRA. These withdrawals — technically called required minimum distributions, or RMDs — are taxable at your personal income tax rate, so, if the amounts are large enough, they could push you into a higher tax bracket or cause you to pay larger Medicare premiums.

But if you donate these RMDs directly to a qualified charity, you can avoid the taxes. And because these donations, known as qualified charitable distributions (QCDs), will reduce the balance on your IRA, you may have lower RMDs in the future.

Of course, if you need some or all your RMDs to help sustain yourself in retirement, the use of QCDs may not be of interest to you. Keep in mind, though, that you can start making QCDs at 70½, even before you must start taking RMDs. QCDs up to \$105,000 can be taken in 2024.

· Consider a donor-advised fund. If you're interested in a long-term charitable giving arrangement, you might want to consider establishing a donor-advised fund. You can put many types of assets into this fund, and then direct it to make grants periodically to the charities you've chosen. You get an immediate tax deduction for your contribution, and, if you donate appreciated assets, such as stocks, you'll avoid the capital gains taxes you would have incurred if you simply sold the stocks and then gave the money to the charities. One note of caution, though — your contributions to a donor-advised fund are irrevocable, and once the assets are in the fund, you can't use them for anything except charitable giving.



These strategies — QCDs and donor-advised funds in particular — can be complex and involve several issues of which you should be aware. So, you should consult your tax advisor before taking action. But if any of these techniques are appropriate for your situation, give them some thought — because helping a charitable group and getting tax benefits for doing so is a "win" for everyone.

A Greenwich business owner, Breanna Lundy is a Certified Financial Planner and Exit Planning Advisor with Edward Jones at 2 Church St. Inspired by her unique upbringing on her family's 5th generation farm, she works with successful entrepreneurs and individuals on their journey to live a life they love through financial independence. She believes her impact can reach far beyond her work, with a vision to improve lives and financial security in Greenwich, by supporting causes like the "Paint the

Town Purple" event she started to raise awareness and revenue for Alzheimer's on The Longest Day in Greenwich each year. Contact her at breanna.lundy@ edwardjones.com or (518) 692-2649.



## **Reserve your Ham Supper**

Old Saratoga Reformed Church, 48 Pearl Street, Schuylerville, will host a Ham Supper on Sat. Oct. 26, 2024 from 4:00-6:00pm. The menu will feature baked ham, scalloped potatoes, green beans,

squash, Dutch kraut, roll and dessert. The cost is \$15 for adults and \$8 for children. Take-out with limited indoor seating. Call 518-695-6638 to reserve your dinner.

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### **OUTDOORS TOMORROW**

## **Snow goose migration**

Bob Henke Journal & Press

When Janice and I were in graduate school, the financial setting was always sort of grim. I did all manner of things to keep us afloat. My jobs ranged from training bird dogs to cutting up railroad ties to vaccinating and cutting calves. One day another graduate student, Emil, asked if he could use the garage for a couple days to work on his truck. Partway through the valve job. he got around to why he really was there. He had a great brainstorm about how we could supplement our income without the dirt, cold, and uncertainty associated with our various gigs. He proposed we pool our resources and buy a total wreck from one of the local insurance companies. We would rebuild this mess and sell it at a huge profit. The key to this was that we specialize in MGs, partly because Emil had always wanted an MG and partly because he had a friend in the insurance business who just handled an MG total.

We began work on the twisted carcass the next day, beginning by stripping off body parts. My tool kit was rudimentary—a half-inch drive socket set, breaker bar, and a torque wrench. Emil found great mirth in my "tractor tools." His kit included quarter inch drive sockets and a couple 3/8ths drive bars for stubborn bolts. He laughed when I broke off bolts and I laughed when he broke his extension cranking on a headbolt.

Emil would have loved me today.

I had an inch and a half socket on a ¾ inch drive breaker bar. The bar was 24 inches long and I had a seven foot piece of pipe hooked to it. I was removing the brushhog blades, starting by pushing the pipe around in a circle, like Conan in his developmental years, flipping the bar over, and repeating the process. The huge, fine-thread nut I finally got off weighed more than Emil's entire socket set.

Both of our approaches were correct. The point is, you use whatever sort of technique

and equipment is necessary, given the conditions presented by the job. This theory also explains a maior part of the wildlife scene at this time of the year. I have had several conversations with folks in the past couple weeks regarding geese; specifically, why we are not seeing the big flocks of migrating geese we expect to at this time of year.

There is a lot of mythology about bird migrations. This is likely a result of the huge variability in the way various species approach the process. Some are extremely time sensitive, triggered predominately by the

amount of daylight. Thus, we get various species of swallows arriving and leaving on a schedule that varies by only a few hours year after year. Some species of vultures are just as predictable. Other birds are triggered by temperature. When the thermometer first dips into the 40s, they are gone. These species tend to follow temperature gradient on both their north and south odvsseys. Then we come to the geese. Just as Emil and I chose our tools for a particular function, geese time their southern movements based on one particular function digestion. While their northern journeys are primarily a race to get to prime nesting sites in the north, the southern trip is sort of like a cruise, with attention to the buffet.

Geese are grazers, eating grasses in some cases, forbs and roots in others, for an average of 16 hours a day. During that time they will defecate once or twice an hour, some-

## **Sightings**

When Fall comes and the dew becomes heavy. suddenly begin to see spider webs everywhere, outlined with dew droplets and backlit by a low angle sun. It gives the impression of a huge increase in spiders but they have been there right along. The fun part of this time of year is seeing the huge array



of web types. The large delicate spirals are the work of orb weaver spiders. Every species builds a somewhat different pattern. This pretty lady is a shamrock orbweaver photographed by Dave O'Brien in Hampton.

times adding up to almost a pound of poo in a 24 hour period. When the food supply begins to diminish, they pick up and leave, in large flocks because family groups have gathered together at the feeding grounds.

We also tend to think of migrations as sudden, non-stop marathons. For the geese—not so much. They quite often start and then turn around and go back 50 miles to some delicious grassland they passed. Janice used to remark about the "dummies" flying the wrong way. I would point out that they tended to change leaders every few minutes because it was tiring to be in front. When one of the females was leading, I averred, they quite often got lost and went the wrong way. This exchange always yielded the expected result.

When the migration starts, a temptingly green field or shallow water area will draw

Please read more on the next page

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### **OUTDOORS TOMORROW**

## (cont.)

them down to eat and relax for a while. We have had years when, despite the cold, there was little snow, and the corn gleanings and water vegetation remained accessible. In these circumstances, a great many of the geese are perfectly content to spend the winter here. It makes good genetic sense as well for the first ones to reach the north in spring get the most desirable nesting sites and stand the best chance of hatching large broods. Even here the migration urge does not leave. It is not widely known but snow geese travel huge distances before they can fly. The most predator-free nesting sites are quite often not the best feeding sites. When the goslings are hatching, the parents are going through their annual molt and cannot fly until the new feathers grow in. Families typically take off on cross-country hikes from the thick nesting sites to grassy areas

around lakes and rivers. These travels are often for distances of up to 50 miles, which take them only a couple days to complete. One would think predation would take a terrible toll on these flightless families but actually snow geese are terrific runners and even the goslings can outdistance most of the predators found in the north. Their broken-field running techniques are also quite effective against avian predators.

The other factor in goose migration is the effect of the winds aloft. When they start their flights, they always seek a tail wind. If they get a favorable one, they will continue riding it and saving energy until they cross a pressure gradient and the wind diminishes, at which point they will begin to descend and seek food again. The best at this are the snow geese who continually gain and lose altitude until this prospecting brings them to a favorable wind. They prefer to fly on clear nights and have been sighted by aircraft at altitudes of up to 7500 feet. Even

at these great heights, the continually calling, which keeps family groups sorted out, is clearly audible on the ground.

Tonight, while I was out looking at the northern lights, there were several huge flights of snow geese, too high to see, but their clipped barking honks let me know the aurora was not the only natural marvel overhead in the cold sky. It will give me something to contemplate as I wrestle with the new mower blades and my "tractor tools" tomorrow.

Contact Bob Henke with your sightings or questions by mail c/o The Greenwich Journal & Salem Press, by email at outdoors.tomorrow@ gmail.com, on Twitter at @BobHenke, or on Facebook.



## **Barn to become pavillion**

The barn at Hudson Riverside Park in the hamlet of Clarks Mills in the Town of Greenwich is a dead man walking.

The Town has issued a legal notice this week saying:

Sealed bids for the Hudson Riverside Park 5149 County Route 113 Greenwich NY 12834 for barn demolition. Work includes removal of barn and two wing additions. Haul away and dispose of all refuse. Fill in basement area beneath the wing addition on the North end of the barn with clean fill. Snow fence must be used to contain light debris on demolition sight and to prevent entry of nonauthorized personnel. Old utilities must be removed/closed. Bring in topsoil to taper down from the existing slab to create a usable finish grade height. All bids will be received by the Town Clerk Deborah Tjarks, 2 Academy Street Greenwich, NY 12384 until 3:00 P.M. local time Monday, November 4, 2024. The bids will be publicly opened and read aloud on Tuesday, November 5, 2024, at 1:00P.M.

The plan is to put a pavilion on the slab. The razing may begin as soon as late November.

The property used to be home to Schuyler Prep. A former teacher there, Jack Jackson, recalled that the barn had been used for "daily gym classes, weekly feature films and occasional special events." He believed that the barn was erected when the property was owned by Governor Dix.

Via email, town supervisor Jim Nolan said the barn had been researched by local consultants, was probably built mid-century, and has no historic value. He also said:

"We are using a \$100,000 DASNY grant as well as \$24,000 Champlain Canalway grant to complete demolition of barn/classroom, erection of a 50' x 20' picnic pavilion, purchase of six picnic tables, erection of a 200' fence near the viewshed embankment, paving of the parking lot as well as a sidewalk around the side and back of the classroom building, and signage.



"The classroom building has been power washed, stained, and the inside meeting rooms are being primed and painted. This work is being done at no cost (except for materials) by the County Youth Bureau and Alternative Sentencing program.

"There are plans to put a playground and swing set in the park as well."

Asked who may populate the former classroom building, he added: "Some groups we are thinking about are: Senior Citizens, the School District, the Youth Center, Town Summer Youth Camp, DAR, and Scouts. Not an exhaustive list."

# FOSTER PARENTS NEEDED

Washington County Department of Social Services is looking for families who

are willing to provide a home for a child. Whether you can only devote a weekend a month to a child or care for a child until they can be reunified family, we still need your help.

We help families navigate the training and homestudy process. It does not cost you anything to learn more. Please reach out to us with

questions at (518)746-2284 or scan our QR code to follow us on Facebook.



## **Artist talk with Cyndy Barbone on Oct. 29**

Cyndy Barbone, a long-time resident of Greenwich, has been selected as a grant recipient of the Rural and Traditional Arts Fellowship for 2024. This prestigious fellowship, recognizes Barbone's artwork and her innovative project proposal.

As part of the project, Cyndy will use



data from the Comfort Food Community and present her finished work at the Greenwich Free Library with an exhibition and artist's talk on Tuesday, October 29 at 6:30pm.

Awarded by the Arts Council for Wyoming County and New York State Council on the Arts, this fellowship has been given to ten individual artists who live and work in rural communities in New York State.

Drawing inspiration from her personal connection to gardening and food, Cyndy is creating a symbolic textile piece that celebrates the work of the Food Recovery Program at the Comfort Food Community. This project visually documents the 10,350 pounds of produce gleaned by CFC from local farms in 2023, highlighting the importance of addressing food insecurity

in the region.

"I am deeply honored to receive the Rural and Traditional Arts Fellowship for 2024," said Cyndy Barbo-"Through ne. this project, I hope to show the community art be a means to spark conversations about im-



portant social issues. The bounty of food grown in this area is incredible, unfortunately, there are also many in our area who suffer from food insecurity."



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### **ON THE SQUARE**

## Hope

Lance Allen Wang Journal & Press

I've been thinking a lot about hope. Hope occupies an interesting place in my mind. For me, it exists in that nether region between concrete, iron-clad rational thought, and the equally important place where my faith resides. Now, some might think of "hope" as a touchy-feely place where child-like simplicity can steer us towards a coverall answer that says "everything is going to be all right" – and that wouldn't be entirely wrong.

But I don't think of hope that way. I think of it as a perspective, a lens. Hope is that which keeps me getting up in the morning with an optimistic outlook. It is what has helped me get through the worst times in my life, knowing that something better was coming – eventually.

United States Navy Admiral James Stockdale was held prisoner in the "Hanoi Hilton" after being shot down over North Vietnam. He said it was the optimists that died first — after all, they were expecting the best, and repeatedly got the worst. The heartbreak eventually drained all the hope they could muster. It was the "realistic optimists" who survived, he said. They thought, "I am going to get out of here. It may not be today, it may not be tomorrow, but I will." Hope is about playing the long game.

The Reverend Dr. Martin Luther King had a saying which captures the sense of hope. "The arc of the moral universe is long," he wrote, "But it bends towards justice." Much like the prisoners in Hanoi, he knew it may not be today or tomorrow that freedom was coming. But he took that as inspiration to redouble his efforts rather than abandon them. He said, "... I've been to the mountaintop ... I've seen the Promised Land. I may not get there with you. But I want you to know tonight, that we, as a people, will get to the Promised Land" in perhaps one of the most rhetorically beautiful expressions of hope ever uttered in America.

Sometimes that hope is not borne out, as Page 18 | Late October 2024 | Journal & Press

in the case of diarist and Dutch Jew. Anne Frank. In hiding from the occupying Germans from 1942-1944, she, along with her family were eventually betrayed and deported to the concentration camp at Auschwitz and then Bergen-Belsen where she died. My personal epitaph for her is something she wrote in her famous diary - "In spite of everything I still believe that people are really good at heart." I cannot imagine that, considering her circumstances, this was a conclusion that she reached lightly. She showed a willingness to look beyond the tortuous present which surrounded her and defied it with her view of mankind. She was not prepared to make a rash generalization that what surrounded her in Nazi-occupied Holland was normal or the general human condition. She's not the aberration - the Germans are. There is a better place. There is Rev. King's mountaintop. That is a fundamental basis for hope, and in the end, it drives my personal worldview.

Hope is intangible. Signs of it are quite tangible. I see it every time I talk to my Godkids. I am impressed by their minds, but even more by their empathetic hearts which seem to know that while not everyone is "good," people should be given the benefit of the doubt as their starting point.

So why bring all of this up? Why am I musing about all of this? Simple. We have an election coming and people are tense. As for seemingly every election since the turn of the 21st Century – this is the "most important one ever." Yes, it is an important one. But as the rhetoric heats up, we want to ensure that we do not become small and afraid.

The things I've heard the GOP say Democrats are does not reflect most of the Democrats I know. And there seem to be a whole bunch of Republicans who do not fit into the MAGA mold and are more or less ignored by their current candidate. So rash bumper-sticker generalizations defining people by their political party tend not contribute to the lens through which I view the world. Rather my hope is built on actual experi-



ence with people who are neighbors, not just political "isms."

Think about the last time you went into the Stewarts. That person who went in right before you, and stopped and held the door open? You know, as you sped up a little bit so they didn't have to hold the door for another second or two waiting for you? And then you said "Thanks," and they went on their way, and you went yours?

You went through that entire interaction, and never once did you consider whether they were a Democrat, a Republican, an Independent, a Christian, a Jew, a Muslim, a Buddhist, Black, white, gay, straight, trans, or any other subcategory. They may be a neighbor. Maybe not. But they were just doing what a decent human being would do. You didn't notice, of course, because you don't think about it – because we go through that drill several times every day.

But maybe it's time to be a bit more mindful and give people a little more credit for the fact of having done us this simple decency and kindness. And perhaps like oil poured upon a cloth, that kindness can spread. May not be fast. May not be far. But it's a start.

And that is a basis for hope. And maybe that's a perspective we should try on for size as we face forward into another new dawn.

Lance Allen Wang is an Iraq Veteran and retired Army Infantry officer who lives in Eagle Bridge, NY, with his wife Hatti.



### **OUR WASHINGTON COUNTY ENVIRONMENT**

# Aquifers and lack of 'forever chemicals'

Beth Ulion Journal & Press

On a sunny morning in early October, I waited at the bottom of SAW hill for a tour of Salem's Water Treatment Plant. Housed in a red metal-sided barn just outside of Salem Art Works, the plant treats water for 915 people, main street businesses, and Pizza World, the only customer outside the old village boundary. The wells are just behind the plant, drilled 60 feet deep in a brushy area.

Eric Rogers, Salem's Chief Water Treatment Plant Operator, pulled up apologizing for being late. His passion is the water system but most of his hours are spent with the Salem Highway Department. Eric worked as a field inspector for the company that installed Salem's water system in 2003. "I can picture the bones of the system to this day," Eric said standing in the spacious main room of the plant, a map of the pipes and hook ups on the wall.

This meeting was pre-Hurricane Helene so the biggest concern I had about local rivers and aquifers focused on the flood of invisible contaminants they might bring into our homes.

Industrial contaminants, namely the PFAS chemical family known as "forever chemicals." PFAS, specifically PFOA, is what our neighbors in Hoosick Falls have been dealing with. This group of chemicals has been manufactured since the 1940's. They are used in products across all industries because they repel water and oil, allow water and oil to mix, hold up at extreme temperatures, form foam, and facilitate cleaning. A 2024 ProPublica investigation found that 3M, one of the main manufacturers, discovered the harmful human health impacts of PFAS in the 1970's but kept it hidden. Negative health impacts can affect reproduction, children's development, the immune system, hormones, cholesterol levels, and cancer risk. These chemicals do not break down – in the environment or in us.

With the ubiquity of PFAS, I wondered about Salem's municipal water supply. This was an easy answer for Eric: Salem's town-supplied water is PFAS free. In 2020, New York State implemented the most rigorous PFAS testing requirements and limits in the country for public drinking water. Two chemicals within the chemical group, PFOA and PFOS, are limited to 10 parts per trillion or ppt. This means there could be 10 gallons of contaminant per trillion gallons of water. Testing has never found any trace of PFOA or PFOS in Salem's public water.

The NY Department of Health (DOH) requires public water supplies to test for a wide range of contaminants from coliform bacteria to lead. In the water treatment plant, Eric opened a cabinet high on the wall and pulled out an empty sample jar sent by the lab for sample collection. Some jars are glass, some plastic. Some come empty, some contain a powder. Each chemical or element tested has a specific protocol. When submitting samples for PFAS testing Eric cannot wear polyester and must use designated gloves, due to cross-contamination concerns.

In April 2024, the Environmental Protection Agency released new PFAS drinking water standards. PFOA and PFOS are limited to 4 ppt, and new generation PFAS (PFHxS, PFNA, HFPO-DA, and mixtures of these) are limited to 10 ppt. Since Salem's water supply has never tested positive for PFAS, it is unlikely any of these additional PFs will show up.

Eric explained that we are just lucky that no industrial user or manufacturer of PFAS set up shop within the two aquifers that converge in Salem. One aquifer runs under White Creek, along Route 153, while the other runs under Beaver Brook, north up Route 22. Surprisingly, Salem's aquifers do not seem to be a priority for US Geological Survey's mapping so I cannot confirm their locations through research.

This is also great news for the hundreds of Salem households that rely on water



from private wells drawn from the same aquifers. According to the DOH "private well testing for PFAS may not be warranted in an area where the public water source testing does not detect PFAS compounds and PFAS sources have not been identified in the environment." The DOH coordinates with the Department of Environmental Conservation to identify areas likely impacted by known sources of PFAS. Homeowners in these locations are often offered testing by the state. The DOH can also recommend trustworthy laboratories that do PFAS testing for homeowners still interested in testing their well.

A NY Senate bill to require PFAS testing of private wells upon the transfer of property has to make it out of committee since 2016. Several counties with documented PFAS contamination already require this so I understand the hesitation for a statewide rule. That said, the sources of PFAS are extraordinarily wide-ranging and seeing that "no trace" box checked when I purchased my home would have been a comforting welcome to the neighborhood.

Beth Ulion is an environmental journalist, community gardener, and non-profit schemer in Salem. Contact her at bethulion@gmail.com.



### **HUMOR HOTEL**

# When a good samaritan becomes the best birthday gift

**Greg Schwem** 

Tribune Content Agency Special to Journal & Press

Hey, it's my birthday today! The sun is shining and the day should be full of nothing more than fun and possibilities. I'll start my own personal celebration just as soon as I run a few errands. Let's do it quickly.

I just have to drop this mail at the post office. Why drive on a day like today? I'll walk, reminding myself that I am still healthy at my age. My Apple Watch confirms it with every step.

Theore, that's done. Now I'm going to walk home and seize the day. Wait, WHERE'S MY WALLET? Oh no, it was in my pocket with my phone. I remember pulling my phone out to accept a "Happy Birthday" call. Could it be that...? Yes, my wallet is now somewhere on the streets of Chicago.

Within seconds, my birthday has devolved into mental angst, heart palpitations and a series of profanities, spoken at various levels and heard, unfortunately, by passersby including school children. Sorry, kids. Yes, I should watch my language, but you have no idea what I'm facing. On my birthday nonetheless.

You see, in this city of 3 million people that wallet is now resting in the hands of somebody who just gained 80 bucks in cash. Someone who is eyeing two credit cards and could easily walk into any retail establishment from a grocery store to an electronics store and emerge with whatever he or she desires, courtesy of me. It's been nearly 30 minutes since I realized the wallet was missing. Plenty of time for multiple transactions.

What other scenario is there? This is Chicago, depicted by the media as a crime-infested hellhole brimming with homicides, crooked politicians and dishonesty. May as well begin the checklist of items I need

to complete for being so careless, so stupid, so... (insert profanity here).

I'll start with locking my credit cards. At least I still have my phone, so all it takes is one swipe on the bank's website. A call to the bank confirms nobody has purchased a new Playstation, or anything else for that matter. Do I feel better? Can I resume celebrating my new milestone?

Heck no, because I have to get to work. Now how exactly am I going to do that? My

driver's license is gone, and so is my bus pass. My cash was in my wallet, as were my ATM cards, so I can't make a withdrawal. Oh well, at least I can Uber. No, no I can't because I just locked my credit cards. How fast before rideshare drivers realize that?

I'm told I should receive new cards in five to seven business days. Of course, things like this only happen at the end of the work week, or on holidays. I'm heading overseas in three days. I need a credit card. At first pleasant but now annoyed, the bank agent says she will expedite a new card, which will only take one to three business days. Still not enough time. She gives me some convoluted explanation about how I can link Apple Pay to my new credit card. I have no idea what she's talking about.

I ride my bike to work. I check my phone. An email pops up with the subject line, "Your wallet." Somebody named Mario not only found it but took the time to research my social media accounts, leading him to my website and my email address.

He lives blocks from me. He found the



wallet outside a neighborhood drugstore. I meet him after work. He tells me he is from Croatia, sells Volkswagens and has two young children. He begrudgingly accepts 50 bucks.

I didn't ask for this on my birthday but received the best gift ever.

The realization that there are good people in the world. Honest people who put others before themselves and expect nothing in return

Washington could use a boatload of Marios.

Greg Schwem is a corporate stand-up comedian and author of two books: "Text Me If You're Breathing: Observations, Frustrations and Life Lessons From a Low-Tech Dad" and the recently released "The Road To Success Goes Through the Salad Bar: A Pile of BS From a Corporate Comedian," available at Amazon.com.

Visit Greg on the web at www.gregschwem.com.



### **IN GOOD FAITH**

## How can I help?

MaryAnne Brown Journal & Press

Catastrophic, devastating, never before seen. The weather reporters are running out of superlatives to describe the ferocity of the recent hurricanes. As we watch the footage of flattened and flooded communities and listen to the interviews of victims and survivors we are reluctantly brought to the frontline of the human suffering and material damage. Many scenes make us shudder; many survivor accounts cause us to weep.

Witnessing this massive storm damage and human tragedy can leave us, as by-standers, feeling helpless. We may tune out appeals for help, and experience frustration or guilt for not doing more. These are common symptoms of "compassion fatigue" which happens when we become overwhelmed by constant exposure to tragedy and need. Compassion fatigue can lead to emotional burnout and decreased empathy and does not just affect the ability to help others, it can also impact one's own mental health and sense of well-being.

As I grew more engulfed by the tragedy left behind by Hurricanes Helene and Milton, I knew this was unhealthy and I needed to counter my own compassion fatigue. I began by setting some emotional boundaries and limited my exposure to disaster media coverage. After resting and recharging so I could effectively help those needing hurricane relief, I had to do something. I started small by offering donations to a couple of organizations who were on the ground supporting those hit hardest.

How many of us in the rural community that this newspaper serves are feeling the pain of these events personally, knowing of friends and family in the region? What about police officers, emergency workers, business owners, farmers, those in schools, and members of places of worship in the region? We may not know them personally, yet we appreciate the fact that they are living through this trauma day and night, for an uncertain period of time. How can we

help in ways that are sustainable and meaningful?

Sacred texts from different traditions, remind us that, as fulltime believers, we are compelled to act. Hindu scripture states, "May we look at each other with the eye of a friend." Buddha teaches, "A generous heart, kind speech, and a life of service and compassion are the things which renew humanity." Jewish wisdom urges us to "Love your neighbor as yourself." Each of these teachings emphasizes the importance of kindness, compassion, and mutual support in sustaining a caring community. Even as nonbelievers, we must help others.

After all, we share a common humanity.

How can we help? Perhaps we can rethink holiday giving. Rather than slipping into excessive spending on material goods, we can offer meaningful gifts by donating more to hurricane relief. We can shift our focus from shopping for expensive items that provide only temporary satisfaction to making a long-lasting impact in affected communities. This will be the year that we will donate to reputable organizations on behalf of our loved ones, explaining to them how this money will help families like ours rebuild after the storms.

Another way to reframe holiday giving is to create care packages. Several organizations, such as Church World Service, provide instructions, materials or kits for local groups to assemble care packages for hurricane relief. These packages of hygiene products, clothing, toys, or tools for rebuilding bring hope and promise to those in greatest need. What a great service project for youth groups, scouts and retirees!

Relief organizations always need fundraisers. Our choir will polish up their voices for a Benefit Concert in the coming months. In 2022, after Hurricane Ian we connected with a small St. Joseph's Parish in Florida and sent the community the proceeds from



a choir concert. Partnering with a similar village, organization, or church, is a meaningful way to share the trouble. Then we are united with that village, that VFW, that Fire Department, that church. In this way we honor our shared humanity, and we stand with them through their recovery process, rather than simply offering a temporary handout.

Indeed, this Hurricane Relief effort will take a concerted effort by a skilled, dedicated nation. Now is the time to take the necessary steps to embrace our commonality with the hurricane survivors. Our call to action is to encourage one another to take small, meaningful steps to help hurricane victims. Our community routine of generosity contributes to the spirit of southern Washington County. Our natural question to our neighbors in need is always, "How can I help?"

MaryAnne Brown, RN, BSN, MA is a music minister at St. Joseph's Church and has

a special interest in spirituality and health. She serves on the Retreat Team at Dominican Retreat and Conference Center in Niskayuna and provides grantwriting services.



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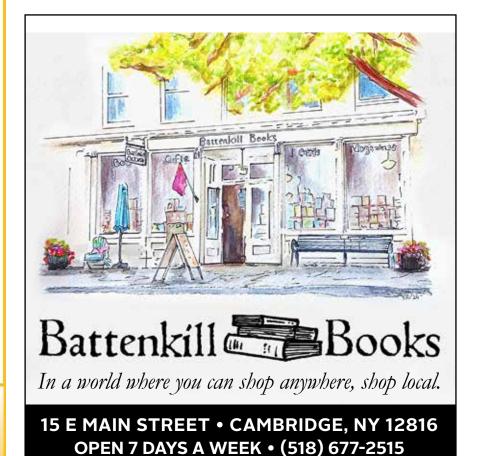
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## **Strong Woman Circle**

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The first Strong Woman Circle will be held on Fri., Nov. 1 from 6:30-8:30 in the Brieman Bldg. in the parking lot behind the Presbyterian Church, 81 E. Main St., Cambridge. Offered on a sliding scale of \$15-25/woman. Please bring a sacred object for our center table, your open heart, a journal, pen and cash or check. Facilitated by Teresa King. She has been facilitating circles and workshops for 27 years. Registration is required by contacting her at teresaking1@live.com or by visiting https://thelargerpicture.com.

Details can be found under Events. Strong Women circles are not affiliated with any religion. Attend when you are able.

## Last chance for art buying

November 9 & 10 will be the last weekend that Whiting Studio Art and Gallery will hold an Open Studio. The public and Plein Air painters are invited to visit the studio between 10am and 5pm. This will be the last chance to purchase art at a reduced price for holiday gift giving.

Plein Air painters are encouraged to set up to paint on location and bring examples of their work for the public it see and purchase. Each painter will be responsible for sales.

Located at 105 Holmes Road in Argyle NY, the studio is open from May until November each year. More information is available on their website www.whitingartwork.com.

## Pantry's \$5000 donation

The Cambridge Food Pantry received a \$5,000 donation from the Washington County Home for Aged Women, Inc. The money will be used toward building additional storage at the food pantry. As numbers of guests continue to grow every week, storage has become an issue this year. This money will go a long way to serving our neighbors in the Cambridge Valley. The Washington County Home for Aged Women, Inc. was created to help provide care for the elderly and Indigent people of Washington County. The income received from investments is necessary for the corporation

to give grants to not-for-profit organizations that directly provide care and services to elderly individuals. The Cambridge Food Pantry serves many area seniors. Find out more at https://cambridgefoodpantry.com.



## **Donate blood**

The American Red Cross continues to work to restock critically needed blood products uncollected due to the ongoing impact of Hurricane Helene's devastation in the Southeast. Donors outside of affected areas are encouraged to make an appointment to give now and help keep the blood supply stable in the weeks to come.

Since making landfall, the storm and its aftermath have led to the cancellation of more than 100 blood drives, causing thousands of blood and platelet donations to go uncollected. For so many people living with urgent medical care needs, blood transfusions are essential, and donations in the Southeast are key to keeping our nationwide network stocked. The Red Cross operates through a national inventory with the ability to move blood wherever and whenever it is needed most.

The time to give blood or platelets is now. Bring hope to those in need by visiting RedCrossBlood. org, calling 1-800-RED CROSS or by using the Red Cross Blood Donor App. As the Red Cross continues to urge people to give blood or platelets now, our teams are also on the ground providing vital relief – like food, water, shelter and support – in communities devastated by Hurricane Helene. If you're able to help those impacted by disasters big and small across the country, like Helene, please consider making a gift of any amount.

All who come to give blood, platelets or plasma through Oct. 31 will receive a \$10 Amazon. com Gift Card by email, plus be automatically entered for a chance to win one of three \$5,000 gift cards. For full details, visit RedCrossBlood. org/Treat.

#### Some upcoming donation events:

#### Saratoga Springs

10/24/2024: 8:30 a.m. - 1:30 p.m., Stewarts Ice Cream Building 2, 461 Church St.

10/24/2024: 12 p.m. - 5 p.m., St Paul's Lutheran Church, 149 Lake Ave

### Schuylerville

10/26/2024: 8 a.m. - 12 p.m., Notre Dame-Visitation Church, 18 Pearl St

#### Hartford

10/21/2024: 12 p.m. - 5 p.m., Hartford Fire Department, Rt 149 and Rt 40

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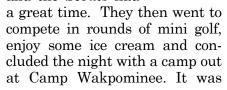
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## **Scout trip**

Recently members of the Troop attended a district wide shooting sports event held at the Hudson Falls Fish and Game Club. At this event they firearm learned safety and participated in skeet, trap, 3D archery and small caliber accuracy shooting events. Lunch was served by the Club and the Scouts had





said to be a great weekend filled with camaraderie and learning new skills. If anyone is interested in joining the Troop, they should contact Scoutmaster Jeff Conkey at troop27greenwich@gmail.com.

### **Cambridge tea time**

It's time again for the annual Victorian Tea at the Cambridge Historical Society & Museum at 12 Broad Street in Cambridge, New York at 2:00 p.m. on Sunday, October 20. Included in the afternoon tea are delicious savories and sweets, endless tea and a "Stylish Times" fashion show presented by the well-known Phyllis Chapman of Vintage Visitors. For over 20 years Phyllis has presented live historic fashion shows drawing from her large collection of hand-made, period correct reproduction clothing worn by live models.

On Sunday you can see ac-

tors dressed up in the fashions of long ago at the "Stylish Times" historic fashion show. Dress up yourself, if you'd like. \$30/\$15. Details: loissheaff@gmail.com. Preregistration is required and first-come, first-served.





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### THROUGH THE DECADES

## Klan meeting quashed

Here's our regular look at articles the appeared in the various editions of our Journal & Press family of newspapers from decades past...

100 Years Ago Oct. 15, 1924

A meeting held for the announced purpose of organizing a branch of the Ku Klux Klan, or at least of explaining the workings of the organization, resulted in riotous scenes in Glens Falls last Thursday night. Several persons who attended the meeting were attacked and police protection was necessary the rescue them. The meeting was held in Wilbur Evert's garage located a short distance outside the city limits on Bay Street. The organizers are said to have been Klansman from Schenectady and other nearby cities.

Not more than 40 or 50 person attended the meeting in the garage, but a mob of 1000 or more men and boys assembled outside and were successful in an effort to break it up. Every window in the garage was broken by stones or other missiles, and several persons inside the building were hit. Finally bottles of ammonia were thrown through the windows to force those inside to come out for air. When the men left the building, several of them were assaulted, and deputy sheriffs and police officers were called upon to furnish them protection.

Byron Baker of South Glens Falls, alleged to have been one of the organizers of the meeting, was arrested after he had been manhandled. He was charged with carrying concealed weapons when it was alleged he swung a hammer upon a person in the crowd. Baker was later discharged as the crowd moved downtown. There were additional disturbances as a person suspected of having attended the meeting was discovered. Rockwell Gardner of Luzerne was attacked near the garage, but was rescued by the police. Later

he was attacked in the city and was badly beaten before he was rescued by the police and taken to the station house.

Later in the night, a small crowd went to the Baker Brothers garage in South Glens Falls and broke in one of the large front windows. The officers were summoned, and the crowd was disbursed without further damage.

80 Years Ago Oct. 4, 1944

Officials of the town of Berlin down in Rensselaer County have denied reports that there is a movement afoot there to change the name of their village and post office because they think Berlin smells of Naziism. The suggestion was made, rumor said, to adopt the name of a village in Greece, which has been destroyed by German invaders. ... In the case of Berlin, the postal guide lists no less than 15 American towns and cities with that name. And why pick on Berlin when there are a dozen or so Germantown's, Germanvilles and Germanias?

70 Years Ago Oct. 20, 1954

There were 6816 people in the southern part of Washington county who received free chest x-rays when the mobile unit was here this fall. This is a more than 100% increase in the number x-rayed when compared with the same survey, which was made here three years ago. The Washington County Tuberculosis and Public Health Association, which arranged for the clinic, reports the numbers who responded to the invitation for a free chest x-ray were most satisfactory.



60 Years Ago Oct. 29, 1964

Adult education classes at Greenwich Central School, which started this week, include ceramics and chair caning Monday; high school equivalency, sewing and beginning furniture refinishing on Tuesday; advanced furniture refinishing and conversational French on Wednesday, and cake decorating on Thursday.

Men's physical fitness classes are expected to start next Monday for the

Please read more on next page

### THROUGH THE DECADES

# **Murder in Easton (cont.)**

younger men in the high school gym, and on Wednesday for the men over 35 in the elementary gym, with John Traver in charge.

Much interest was shown in the ABC shorthand or rapid writing class but it has been impossible to find a teacher in the surrounding area.

40 Years Ago Oct. 11, 1984

The New York State police announced Friday the arrest of Mark S. Lewis, 25, in connection with the murder of the Reverend James I. Borden of Easton. The murder occurred Monday, October 1. Warrants were filed before Easton Town Justice Ralph Briggs, charging second-degree murder....

The suspected murder weapon, a scuba diver's knife, was found with the subject and has been held as evidence in the case. Lewis has been charged with felony murder – a murder committed during the commission of a robbery. ...

When questioned about the events, captain Looney said, "We don't know all the details. In fact, we may never know them. We assume Lewis was invited into the house." There were two places set at the

kitchen table.

While Lewis had no prior record of being fingerprinted, the arrest and arraignment was made on the basis of fingerprints found in the house and truck. Louis was arrested at a sister's house and offered no resistance.

20 Years Ago Oct. 7, 2004

Corinth is gearing up for a halftime show during the Corinth – Greenwich game on Friday, October 15. The game will be played at 7 PM on the Corinth football field.

During halftime, there will be a ceremony honoring the armed service personnel from Corinth and Greenwich, currently deployed in Iraq and Afghanistan. Families of servicemen and women will be escorted onto the field, and there will

be a banner with her names on it. There will be patriotic music and a huge American flag will be unfolded. It is hoped that a human yellow ribbon can be formed.

Corinth resident and veteran Mitch Saunders came up with the idea to recognize these soldiers for all their sacrifices.



It will be an impressive ceremony. In addition, the entire game and the ceremony will be taped. Tapes will be sent to each soldier so they may watch their tape and know that there are a lot of people who appreciate what they are doing, and that they are not forgotten.

-Compiled by Darren Johnson

## **Trunk or Treat at college**

SUNY Adirondack's Office of Student and Residential Life cordially invites goblins, superheroes and princesses of all ages to Trunk or Treat, a free on-campus celebration from 4 to 6 p.m. Oct. 30.

This family-friendly event is free and open to the public. Enjoy candy, music, bounce houses and more in the north parking lot of the college's Queensbury campus. (Enter campus at the light at College Drive, off Bay Road, then take the first exit out of the rotunda.)

"We're excited to provide a safe, funfilled event to the community," said Dillon Murphy, assistant director of Student and Residential Life. "This is a great opportunity to celebrate Halloween and welcome our neighbors on to our beautiful campus."

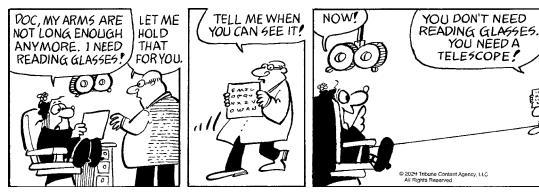


### **FUN & GAMES**

### **Animal Crackers** by Fred Wagner



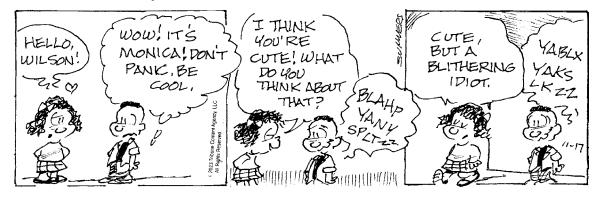
### **Broom Hilda** by Russell Myers



### Gasoline Alley by Jim Scancarelli



### The Middletons by Dana Summers



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### 9 to 5 by Harley Schwadron



"Your growth fund grew but you didn't? Maybe you had unrealistic expectations."

#### **Word Play** Answers Page 30

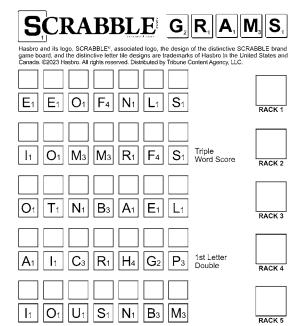
MISELL





### **FUN & GAMES**

### More Word Play Answers Page 30



**PAR SCORE 260-270 BEST SCORE 339** 

**FIVE RACK TOTAL** TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 5th Edition. **SOLUTION TOMORROW** 

### Word Find By Frank J. D'Agostino

Find these	Average	Depreciate	Revenue
words as-	Banker	Escrow	Sales
sociated with a money, (and find Frank's acrostic books on Amazon):	Bond	Fees	Savings
	Broker	Funds	Taxes
	Buyout	Gross	Teller
	Controller	Income	Wages
	Cost	Ledger	Yield
Assets Audit	Credit	Loss	
	Debit	Payment	
	Deficit	Rates	



### Filbert by LA Bonté







### **Political Cartoon of the Month** by Joel Pett



### Sudoku

Each column/row must contain the numbers from 1 to 9, without repetitions. The digits can only occur once per block. The sum of every single row, column and block must equal 45.

		8			9	2		5
3			1		8		4	
	1					6		
			9	4	3			
7								9
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Crossword Across 1 Includes, briefly 4 Bell hooks work whose title comes from a line often attributed to Sojourner Truth 15 Prune 16 Pink flower with a yellow center 17 "Oklahoma!" Tony winner Stroker 18 Mayonnaise-based condiment 19 Jedi on Dagobah 21 Taskbar lineup 22 Walked 23 Negligent 25 Aim 27 "Born a Trevor Noah memoir

41 Whirlpool subsidiary
43 Strike force?
44 Jellyfish's lack
45 Medicare Advantage
program
47 Hawk
48 Self-referential
49 Best possible
52 Forgets to charge the
phone say phone, say

28 pool 30 Elements of Byzantine

Integrity category 38 Quebec street 39 Equal-pay issue

architecture
31 Last-minute participant
35 Journalist Tarbell
36 Award with a Journalistic

54 "Okay, you got me" 57 NPR's Shapiro 58 Mail with a North Pole return address 59 -de-sac 60 Multipurpose piece 61 Problem that often grows with fame

Down 1 Tandoor material 2 System with shades of shades of meaning 3 Character who debuted in the 1962 comic book "Amazing Fantasy" 4 Germane 5 Game challes 6 Busters 7 N

7 Nickname of vodka-maker Beveridge 53 Isolated work group 55 Touch a touchscreen 56 Part of a chorus line? winning filmmaker Asghar Journal & Press | Late October 2024 | Page 29

Farhadi 9 Flight number 10 Director Anderson 11 Sojourner Truth forte 12 Grieve 13 Broad tie
14 Sine qua non
20 Brest friend
24 "That did me in"
26 Minor gridiron gain
28 Nick, Alabama coach
29 Sporty car roof
30 Unkind remark
31 Vacaciones destination
32 Rugged contest
33 Hallway accent
34 House call?
37 "Spamalot" co-creator
40 Vaudeville great
42 Cooked
44 Faith
45 Use the elliptical
46 Make reparations
47 Check words
48 Major in transgender
activism 13 Broad tie 50 Bucks in a forest 51 Treebeard and friends 53 Isolated work group 55 Touch a touchscreen 56 Part of a chorus line?

### **SCHOOL NEWS**

## **Greenwich honors 130 students**

On Thursday, October 10, the Greenwich Junior-Senior High School held its Annual Academic Awards assembly for students in grades 10-12 (a few accelerated 9th grade students also attended). During the assembly, students were recognized for academic excellence in the following areas:

- Achieving Mastery (a grade of 85% or better) on a NYS Regents exam
- Achieving the highest grade on a NYS Regents exam
- Achieving the highest grade in a course
- Achieving a score of 4 or 5 on an AP exam
- Earning a grade point average of between 84.5% and 89.4% for all four marking periods of the 2022-2023 school year (this award is known as the Honor Roll)
- Earning a grade point average of between 89.5% and 100% during all four marking periods of the 2022-2023 school year (this award is known as the High Honor Roll)
- Earning the Ashlar Lodge Award for the highest grade on the NYS Geometry Regents exam
- A handful of students were also recognized for earning very prestigious academic awards donated by various colleges, universities, and/or corporations including the Xerox Corporation.

Rensselaer Polytechnic Institute, St. Lawrence University, Clarkson College, Sage College, Alfred University, Saint Michaels College, the University of Rochester, the University of Vermont and the Bausch and Lomb Corporation.

Many of the students recognized during the assembly also received a gift certificate from Jay's Pizza in Greenwich. The gift certificates were purchased using money donated by the Hannaford Corporation as part of the Hannaford Helping Hands program. Principal George Niesz thanked the Hannaford Corporation and Mrs. Joann Sloan-Haynes for her ward work and dedication in promoting the Hannaford Helping Hands program at Greenwich. Mr. Niesz also recognized and thanked Mrs. Amy McPhail for her hard work in organizing the ceremony.

Altogether, one hundred and thirty students were recognized at least once during the assembly, with one hundred and five individuals receiving an actual award. Below is a list of those students that were recognized.

Ava Aierstok, Max Aierstok, Max Anatriello, David Arana Riese, Grace Autiello, William Bain, Andrew Baptie, Alexander Barbur, Kaden Bentley, Chloe Bentzen, Jonathan Bowling, Riley Brophy, Dylan Brown, Hunter Brown, Eli Buretea-Bloom, John Carnett, Joseph Carnett, Wyatt Cary, Ella Celani, Dmitri Chincola, Allison Chuh-

ta, Peter Chuhta, Keegan Clayton, Charlotte Collins, Jayden Conlen, Brooke Conlin, Michael Cronin, Madalynn Curley, Lyla Curtis, Olivia Davis, Rylee DeLuca, Brooke Demianenko, Samuel Dixson, Serena Drost, Emery DuBois, Hunter Dupuis, Mason Foster, Morgan Foster, Kate Fowler, Kaelie Fox, Madison Genevick, Alexis Godfrey, Emily Gonzalez, Carter Goodling, Avery Graves, Langston Hall, Kendall Hamilton, Avery Hawrysz, Ryan Hughes, Reese Hunt, Taber Hunt, Ryan Ingber, Claudia Johnson, Rockwell Johnson, Leo Jordan, Makenzie Keir, Lillian Kelley, Connor Kirk, Gabriel Kurland, Violet Kurland, Brooke Kuzmich, Hazen Lilley, Hudson Logan, Marley Loveland, McKenna Lyndaker, Olive Magowan, Samuel Magowan, Melody Mathys, Kendal Mattison, Harper McCarthy, Colby McCauliffe, Brenden McClay, Gabriel McFarren, Eliza McQueen, Isabelle Miller, Johnathan Morency, Finnoula Murray, Levi Murray, Max Nichols, Samuel Palacios, Luna Paradis Wiebe, Joseph Radovich, Sarah Radovich, Carson Reynolds, Izaiah Reynolds, Alexzander Rifenburg, Jack Scieszka, Julia Sgambelluri, Isla Shaw, Sarah Sievers, Joseph Skiff, Kaitlin Skiff, Jackson Slater, Bridget Smith, Ella Smith, Alyssa St. Mary, Kavla Stewart, Morgan Stone, Bravden Stutzman, Avery Timmins, Colin Traver, Addison Truax, Jessica Viscusi, Erik Wade and Brayden Wilbur.

Congrats, all!

### **FUN & GAMES SOLUTIONS**

Boggle: CHIC CIVIC CYNIC CUBIC COMIC **CRITIC CLERIC** 

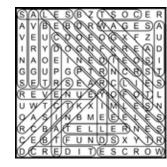
Jumble: LANKY SIGHT CLAMOR **PRANCE** 

Final Jumble: Party

Animals

SCRABBLE GRAMS SOLUTION					
$H_4$ $O_1$ $G_2$ $L_1$ $I_1$ $K_5$ $E_1$	RACK 1 =	80			
$ \begin{bmatrix} N_1 \\ A_1 \end{bmatrix} \begin{bmatrix} S_1 \\ S_3 \end{bmatrix} \begin{bmatrix} E_1 \\ N_1 \end{bmatrix} \begin{bmatrix} T_1 \end{bmatrix} $	RACK 2 =	59			
P <sub>3</sub> R <sub>1</sub> E <sub>1</sub> F <sub>4</sub> A <sub>1</sub> C <sub>3</sub> E <sub>1</sub>	RACK 3 =	64			
I <sub>1</sub> R <sub>1</sub> K <sub>5</sub> S <sub>1</sub> O <sub>1</sub> M <sub>3</sub> E <sub>1</sub>	RACK 4 =	73			
$H_4$ $E_1$ $R_1$ $E_1$ $S_1$ $Y_4$	RACK 5 =	12			
PAR SCORE 220-230	TOTAL	288			

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### INTERPERSONAL EDGE

# The best leadership is invisible

**Dr. Daneen Skube**Tribune Content Agency
Special to Jiurnal & Press

**Q:** I just landed a high-level management position and want to excel. Do you have general guidelines you advise your clients who want to shine as effective leaders?

A: Yes, I advise you to evaluate carefully who you admire as a leader. Being bossy doesn't make you the boss. Moreover, taking all the credit or constantly finding fault won't create an inspired team. The best leader invisibly motivates and helps people think. An effective leader's staff believes the ideas belong to them.

Lao Tzu, Chinese philosopher, nailed effective leadership when he said, "A leader is best when people barely know that he exists, not so good when people obey and acclaim him, and worst when they despise him. Fail to honor people, They fail to honor you. But of a good leader, who talks little, when his work is done, his aims fulfilled, they will all say, "We did this ourselves."

We have many examples of leaders on the world stage that lead through fear, intimidation, or narcissism. In the short-term leaders like this can grab power. In the long-term, eventually these same "bully" strategies will lead to an erosion of power and credibility from this leader.

If you have ever had a boss that used intimidation tactics, you know why employees working for a bully become demoralized, and start quietly quitting. Team members in such an environment will do the minimum, but never show up with their best selves.

Leaders who shine know how to use questions, paraphrasing, and observations to help each employee figure out solutions to problems. Such a leader then nods admiringly and encourages, "See you've got this. Go ahead and do what you just told me."

Be careful that when employees come with problems you don't become the answer man or woman for employees. If staff get accustomed to you doing all their thinking, you'll undermine their development. Be willing to use silence when employees are struggling with problems. If you expect them to think of solutions, they'll learn how to create ideas.

Coach your staff that you hire the best, and give them the tools and space to show off their stuff. Let employees know you never want them to come to you with a problem without bringing a possible solution to that meeting. When they struggle, do a lot of listening and directive questioning. Help them arrive at a solution that you already can see. With a few targeted questions, they will also see it.

Effective leaders know their essential job is to mentor and "raise" effective employees. Your people won't perform well if you do lots of hand holding or criticism when they fail.

When staff do fail, make a habit to ask what they've learned. Also normalize the idea that failure isn't the end of the road, but a fresh start knowing what doesn't work.

At the end of each week your staff can say, "We did it ourselves," and you can smile and know that you provided all the invisible support to make that success a reality.

#### The last word(s)

**Q:** My long list of responsibilities overwhelms me every week. Is there any easy way to prioritize everything I have to accomplish?

A: Yes, as Peter Drucker (1909-2005), an Austrian-American management consultant, observed: "Efficiency is doing things right; effectiveness is doing the right things." Run through your list and highlight the priorities that support all your other goals.

Daneen Skube, Ph.D., executive coach,

and speaker, also appears as the FOX Channel's "Work-place Guru" each Monday morning. She's the author of "Interpersonal Edge: Breakthrough Tools for Talking to Anyone, Anywhere, About Anything."

trainer, therapist



## **Veterans Day event**

Saratoga National Historical Park, where the bravery and sacrifice of some of America's first veterans helped change the world, will hold a Veterans Day Commemoration and Family Fun Day on Saturday, November 9 from 10:00 am to 2:00 pm.

The day will begin at 10:00 am with a ceremony honoring those who have served from the earliest American veterans in the Revolutionary War to today. This short ceremony will include speakers and a moment to remember those who are no longer with us.

Following the ceremony, representa-

tives of veteran's services, organizations, and local military units will be on hand to provide information and celebrate. Refreshments and family friendly activities will continue until 2:00 pm. Veterans can also pick up their free lifetime passes to federal public lands by bringing a veteran marked driver's license or ID.

This program is presented in partnership with the Daughters of the American Revolution, Sons of the American Revolution, Military order of the World Wars, Theodore Roosevelt Chapter (New York), and Friends of Saratoga Battlefield.





The Tri-County United Way VITA (Volunteer Income Tax Assistance) program has been honored with the National IRS "Hall of Fame" Award, a testament to its exceptional contributions and unwavering support for individuals and families with low to moderate incomes. Chosen from 14 national nominees, Tri-County United Way's VITA program distinguished itself through its remarkable service, community impact, and dedication to financial stability.

Over the past 21 years, more than 200 volunteers have played a vital role in earning this Hall of Fame accolade. While some have moved on and others have passed away, we remain deeply proud of the dedication and positive impact our VITA volunteers have had on our local economy. These dedicated individuals continue to assist low-income families and seniors with their tax returns across Washington, Warren, and Northern Saratoga Counties.

### Special thanks go to our most recent volunteers from the last two filing seasons:

Nanette Dohen
Nancy Douglas
Julie Gann
Gerry Geddis
Victor Greco
Thelma Hack
Lydia Hall
Bill Hamelin

Frances Hanna
Margaret Hurlburt
Kay Hutt
Sonya Jurnak
Daisy Kavanagh
ShannonKavanaugh
Jean Killian
Lee Lenhart

Frank Musso Donna Nichols Dee Park Bree Pisacane Joan Prouty Mary Provost Arlene Reduto

Will Sawma Mark Semon Kevin O'Brien Stanley Shattuck Nancy Skirkanich Rachelle Tessier Ann Thibideau Judith Tholl John Truchon

Heidi Villarini Donna Waite Rosemary White Mary Ellen Williams



VITA, an IRS-sponsored program, offers training to local volunteers, equipping them to complete income tax returns for our community. Volunteers begin their training in December and must pass certification tests before they can assist with tax returns. Without their commitment, many individuals who rely on this vital service would likely have to turn to paid tax preparers. To volunteer, contact Laura Jensen, Director of Community Engagement at Ljensen@tricountyunitedway.org or learn more at www.tricountyunitedway.org.

### **LEGAL NOTICE**

NOTICE TO BIDDERS AUDIO/VISUAL EQUIPMENT UPGRADE The Historic Salem Courthouse, County of Washington, State of New York is seeking bids for an upgrade of the audio/visual equipment in the upstairs courtroom of the courthouse. The system will be mainly used for public presentations, musical events, and occasional video presentations. All equipment shall be installed without direct attachment to the structure of the courthouse. Any mounts, trussing or cabling shall be supported by independent structures, not connected to the courthouse. For copy of Bid specifications and schedule walk thru email President Herb Perkins hperkins 450@ gmail.comPlease take notice this is a Public Work Project, see bid documents for the prevailing wage schedule (PRC#2019002387). All the bids are due in a sealed envelope, or email (hperkins450@gmail.com), no later

than 3PM on Friday, October 25, 2024 at the Director's office at the Historic Salem Courthouse PO Box 140, Salem, New York. The Historic Salem Cour house reserves the right to reject all bids. Dated: 9/25/24 Herb Perkins 1-518-859-3538 President **3X** 

### **LEGAL NOTICE**

Tru-Home Enhancements LLC. Arts. of Org. filed with the SSNY on 9/10/24. Office: Washington County. US Corp. Agents Inc. designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to Registered Agents Inc. at 7014 13th Ave suite 202 Brooklyn, NY 11228. Purpose: Any lawful purpose.

10/1

### **VILLAGE MATTERS**

## **The Giving Tree**

On Saturday, October 12th, among peak foliage, Mayor Amanda Hurley, Trustee Donna Frank Moore and residents of Greenwich celebrated the planting of a beautiful new tree in Memorial Park, across from the Baptist Church.

The tree is a Green Mountain Maple, and the Village is forming a Tree Committee that will work on bringing a good variety of trees into the Village in years to come, including Autumn Blaze Maples, Elm, Oak, and Chestnut, according to Trustee Moore.

The tree ceremony was part of the Village's quest to become a Tree City USA.

Mayor Hurley said, "We are also proud to be working towards earning the Tree City USA designation. For those who aren't familiar, Tree City USA is a program that recognizes communities that are dedicated to the care and management of their trees. By pursuing this goal, we are committing to sustainable urban forestry practices, ensuring that Greenwich remains a vibrant, green place for generations to come."

"The importance of trees goes far beyond beautification. They help clean our air and water, benefit wildlife, increase our property values, and are a good investment of our public dollars," added Trustee Moore.

Annabel Gregg of the Lands and Forests Division of the Department of Environmental Conservation was on hand for the celebration and said the tree would be one of the very first to be included in the upcoming database of the gubernatorial 25 Million Trees initiative.

The ceremony was brought to a close with a reading of Shel Silverstein's "The Giving Tree" by local Town Justice and Village Treasurer Rachel Clothier.





# Rebecca Dennison

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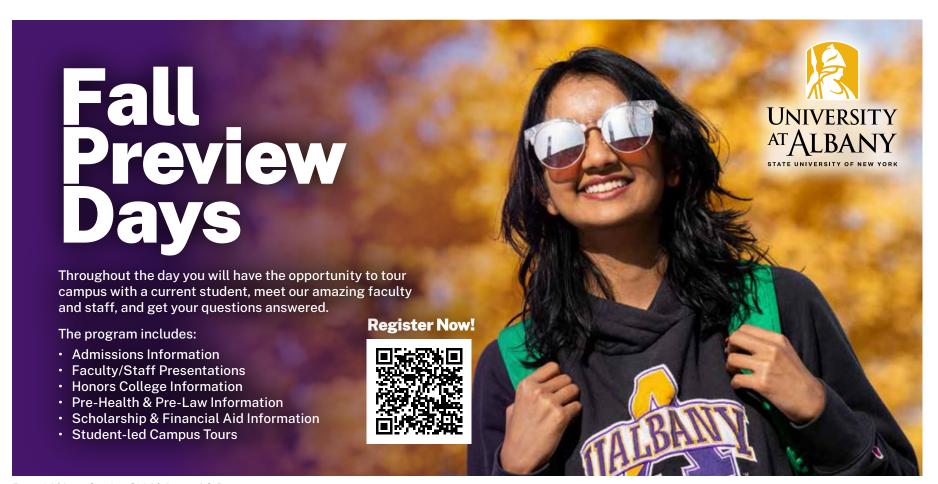


## **Canal songs**

"Reflections in Song – Canal Songs and Stories" will be presented on Friday, October 25, 7-8:30pm at Brookside Museum 21 Fairground Ave., Ballston Spa.

George Ward, folklorist and singer, "Canal Balladeer," will present a program of historical and personal songs and stories reflecting two hundred years of New York State's canals and their people.

Join Ward on a relaxing Friday night as he takes the audience back in time through the wistful voices of the past. His performance will include songs he has performed at folk festivals, in concert halls and coffeehouses, canal side and on tour boats for fifty years. This event is free to attend but donations are accepted.



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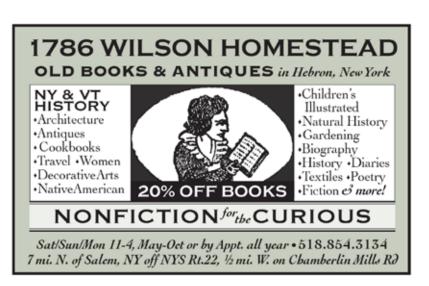
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We're here for all your septic tank needs!







## **Comfort Food earns Farm-to-School Grant**

As students head back to school, Comfort Food Community (CFC) announced that it has received a New York State Farm-to-School Grant to continue connecting schools and students with high-quality, locally sourced foods for the 2024-2025 and 2025-2026 school years. This grant will allow CFC to continue enhancing school meals, supporting local farmers, and promoting sustainable eating practices.

The Farm-to-School grant aims to increase the volume and variety of New York State farm products purchased by schools/ districts and served in school meal programs. In 2023, CFC distributed a remarkable \$217,000 worth of food through their Farm 2 School program, providing essential nourishment to approximately 17,535 students. This new, \$99,440 award guarantees funding for two more years of the program, including operation and staff. This will allow the 18 participating school districts- 33 individual schools- to continue sourcing a variety of local items—including apples, apple sauce, juice, frozen vegetables, fresh produce, dairy, and meat.

According to CFC Food & Farm Hub Account Manager, Lisa Wilson, "The goal is to increase the amount of local product served on school menus. Our food service directors often lack the time or resources to source local products due to large order minimums or storage restrictions. We handle this critical part of the process for them."

Working closely with school districts

across Warren. Washington, Saratoga and counties-including Argyle, Cambridge, and Greenwich-CFC is committed to improving food access and leading the community to end rural hunger. By facilitating direct partnerships between schools and New

York State food producers, CFC ensures that nutritious, fresh food makes its way into students' lunches.

Sarah Keen, Director of Food Service at Schuylerville Central School District, emphasizes the importance of this initiative: "I don't want Washington state or the West Coast to feed New York when we have so many farms right here. By prioritizing local products, they're not only fresher and more nutritious for our students, but we're also minimizing our carbon footprint by reducing the distance food travels to reach our schools. Most importantly, I aim to support our local economy and our farmers."

Keen adds, "Comfort Food Community is crucial to making this happen. Being a relatively small school district, we find it chal-

Food & Farm Hub Account Manager Lisa Wilson delivering New York apples to Salem School

lenging to source from multiple small farmers, while larger distributors don't always carry hyper-local products. CFC enables us to receive everything we need in a single delivery."

"In my dreams, everything that we serve would be local—Totally New York trays," Keen envisions.

Thanks to the New York State Farm-to-School Grant, Comfort Food Community is poised to continue its impactful work, ensuring that students not only enjoy high-quality meals but also cultivate a connection to their local food systems and communities.

For more information about Comfort Food Community and the Farm 2 School program, please visit www.comfortfoodcommunity.org/food-access.

### **New historic marker at Hebron Town Barn**

On Sunday, November 10, 2024 at 2:00 p.m., the Town of Hebron and the Hebron Preservation Society will hold a special rededication ceremony at the Town Barn on the corner of Bogtown Road and Chamberlin Mills Road.

Hebron historian Debi Craig has been working with Washington County Historical Society board member Sarah Hall to restore the Samuel Nelson historic marker which was placed in the 1990s. Samuel Nelson was born in Hebron November 10, 1792. Nelson, who grew up in Hebron, served 27 years on the Supreme

Court of the United States (you can tour his former law office at the Farmer's Museum in Cooperstown). The marker has been exposed to all kinds of weather and had lost much of its blue and gold paint over the years. Sarah Hall has taken on the project of preparing and restoring historic markers around the county over the past year. She has restored six markers so far. She prepared the surface and painted the blue background then she and Craig both repainted the gold letters.

For more information call 518-573-3758.

# Field hockey's overtime win

The Salem-Cambridge varsity field hockey team had an exciting overtime win against the Corinth Riverhawks on September 28 at Corinth high school.

The Riverhawks scored early in the game



at 7:20 in the first quarter. Salem-Cambridge controlled the 2nd and 3rd quarter fighting off several scoring opportunities for Corinth and just missing on their own. At 8:41 in the 4th and final quarter of regu-

lation, Junior Kady Crosier scored off a pass from eighth grader Maggie Patrick.

Kady's goal tied the game and forced overtime play, something these athletes are all too familiar with as their game on September 11 in Cambridge ended with S-C winning in double overtime. This time around, Salem-Cambridge won the overtime coin toss to earn possession. The team started the Corinth overtime knowing they had to be clean and manage the ball well.

Senior Captain Reagan Jackson had

key defensive stops giving Salem-Cambridge extra opportunities to attack the cage. With 3 minutes and 27 seconds left in the first 10 minute overtime. varsity rookie Maggie Patrick was able to collect the ball off the Corinth goalie pads and send it to the back of the cage for the Salem-Cambridge Varsity field hockey win.



# Football continues to win big

The Cambridge-Salem Varsity Football squad improved their record with a 58-0 run away in a sunny home game on October 4 on the Cambridge field. Photos: Jan Baxter

#### Pictured (clockwise):

- Cambridge-Salem's Quarterback Stephen Yakubec sets to toss the ball while his offensive line moves against the opposing Rensselaer team. Left to right: Yakubec, Brody Richter, Baxter Mattson, Norman White, Hayden Bauscher, Isaiah Lohret, Anthony Becker and Cooper Saddlemire.
- Senior back Isaiah Lohret runs it into the endzone to add 6 points during the first period of play.
- Caden Danio, senior, tips the Rensselaer QBs throw to deny a completion in the 2nd quarter.
- Quarterback Stephen Yakubec hands off to Abraham Custhing while the offensive line stands strong against the Rensselaer defense.









### Salem Christmas Parade cancelled

After many years of organizing Salem's Annual Christmas Parade on Small Business Saturday the Salem NY Chamber of Commerce have, sadly, reached the point of no longer having enough time and volunteers to host this beloved community event and will, instead, focus on an afternoon of holiday cheer later in December along with lighting up Main Street with beautiful locally sourced Christmas trees. The Chamber will announce details of these December events in the near future.

While the Chamber has loved organizing the Christmas Parade public event, the small but mighty organizing team has dwindled as folks have retired, moved, or become involved with other volunteer opportunities. Unfortunately, this has become

the case with many area organizations as the Salem Chamber has not been able to find another group able to take the reins of the parade.

The Chamber is proud to be a part of a community that comes together to help each other and encourages everyone to volunteer whenever possible. For more information about the Salem NY

Area Chamber of Commerce and how you can get involved, please visit the Chamber



website at www.salemnychamber.com or email salemnychamber@gmail.com.

## It's Trunk or Treat at the Courthouse

The Historic Salem Courthouse has three events coming up in the next few weeks, all of which look exciting to participate in and are open to the public.

On Sunday, Oct 20th at 3pm the Courthouse will host a Dessert Auction to benefit the Lunch, Learn & Play fundraising efforts. Exciting news that the dessert Auctioneer will be none other than Coach Charlie Perry of Salem! The event will auction off desserts, gift baskets and more. If you're interested in donating a dessert, gift basket or another item, please reach out to Marissa at the Courthouse

at officehscpa@gmail.com.

The highly anticipated Annual Trunks or Treats, with an added featured Barn Dance, will take place at the Historic Salem Courthouse on October 26th from 3 to 5pm. This safe Halloween event is free. Books In Kids' Hands, a locally organized group to promote literacy, will be at the event, giving away gently used books to kids at the Trunk or Treat. Photos from last year's event show the creativity and fun of Trunks or Treats. Families, local groups, businesses, and community members can sign up to sponsor a decorated 'trunk', please call to register at 518-854-7053 or courthousedirector@ gmail.com.



### **LOCAL THEATER**

## 'Rocky Horror' for Halloween

Put on your best boa and grab a bag of gags! SUNY Adirondack's Theater Club will deliver glam, camp and laughs in "Rocky Horror Picture Show" Shadow Cast performances Oct. 30 and 31.

"Last year, we put on a shadow cast, expecting fewer than 50 people, and more than 70 came," said Xandria Smith, a second-year Broadcast Media Production student who last year reinvigorated the college's Theater Club and serves as its president. "So, I said, 'Why not try doing something bigger?"

The result is two performances: Oct. 30 at The Strand Theatre in Hudson Falls and Halloween night in SUNY Adirondack's Theater in the Humanities Building/Adirondack Hall.

"Rocky Horror' is something I've loved since I was 10," Smith said. "It's more an experience kind of show because it's a really bad movie."

"Really bad," added Ethan Potter, a second-

year Math & Science major who is on the tech crew for the show. "There's a tradition that has been done for a long time, where they play the move on screen and a shadow cast plays out the characters in real time, in their own type of style."

Bags of props — toilet paper, streamers, confetti — to throw at the actors are part of the experience. "People have been doing this for many years," Potter said. "It's very niche."

"The movie's a cult classic for a reason," Smith added.

"The Rocky Horror Picture Show" is a 1975 independent musical comedy horror film that became a cultural phenomenon, in part because of shadow cast performances. The original movie stars Susan Sarandon and Barry Bostwick as a young couple stranded near a castle, where Dr. Frank-N-Furter, a transvestite mad scientist played by Tim Curry, cre-

ates a living muscle man named Rocky. In this homage to B-rated science fiction and horror movies of the mid-20th century, even famed rocker Meat Loaf makes an appearance.

"This is one of the biggest queer representative shows out there," Smith said. "People go dressed as whoever they want; it doesn't matter that night."

Doors open at 7 p.m. for both nights of the show. Tickets are \$10 and available at the door. Those who attend The Strand performance receive a voucher for \$5 off the Halloween-night show. A bag of gags is \$5.

Vendors, a photo booth and refreshments will be available in the lobbies both nights. A costume contest is part of the experience, so guests are encouraged to come dressed up.

"This is very much an experience, with community built around it," Smith said.

# **Scary tales at Fort Salem**

The Fort Salem Theater will host *Whispering Bones* | *Ghost Stories 2024* on October 25, 2024 at 7:00PM. It will be a new brew of ghost stories performed by Dr. Erastus Betterov-Underhill and Friends.

Once again Dr. Betterov-Underhill and Friends will materialize in local theaters with creepy, funny, and thought-provoking stories. Every year the show is new and different. This year's mix includes some strange, wonderful and rarely told stories:

The Dead Mother by Katharine Tynan, in which a ghost is woken by the cries of her needy children

La Morte Amoreuse by Theophile Gautier in which a young priest encounters a mysterious alluring woman

The Occupant in the Room by Algernon Blackwood, about an unnerving hotel room

The stories are performed by talented actors and storytellers, including Katherine Danforth-Hayes, Gabriel Fabian, Kelvin Keraga, Tony Malikowski, Mary Murphy, and others.

Dr. Betterov-Underhill will be on hand to promote his fine line of Dead People Products, including his Crème De Menthe Embalming Fluid. "The taste that stays with your forever, and for quite a while after that."

Join them on a spooky and sometimes silly journey to the dark side of our imagination.





It's about people, not politics.

